THE FUTURE

Redefining Health Care Systems and Improving Health

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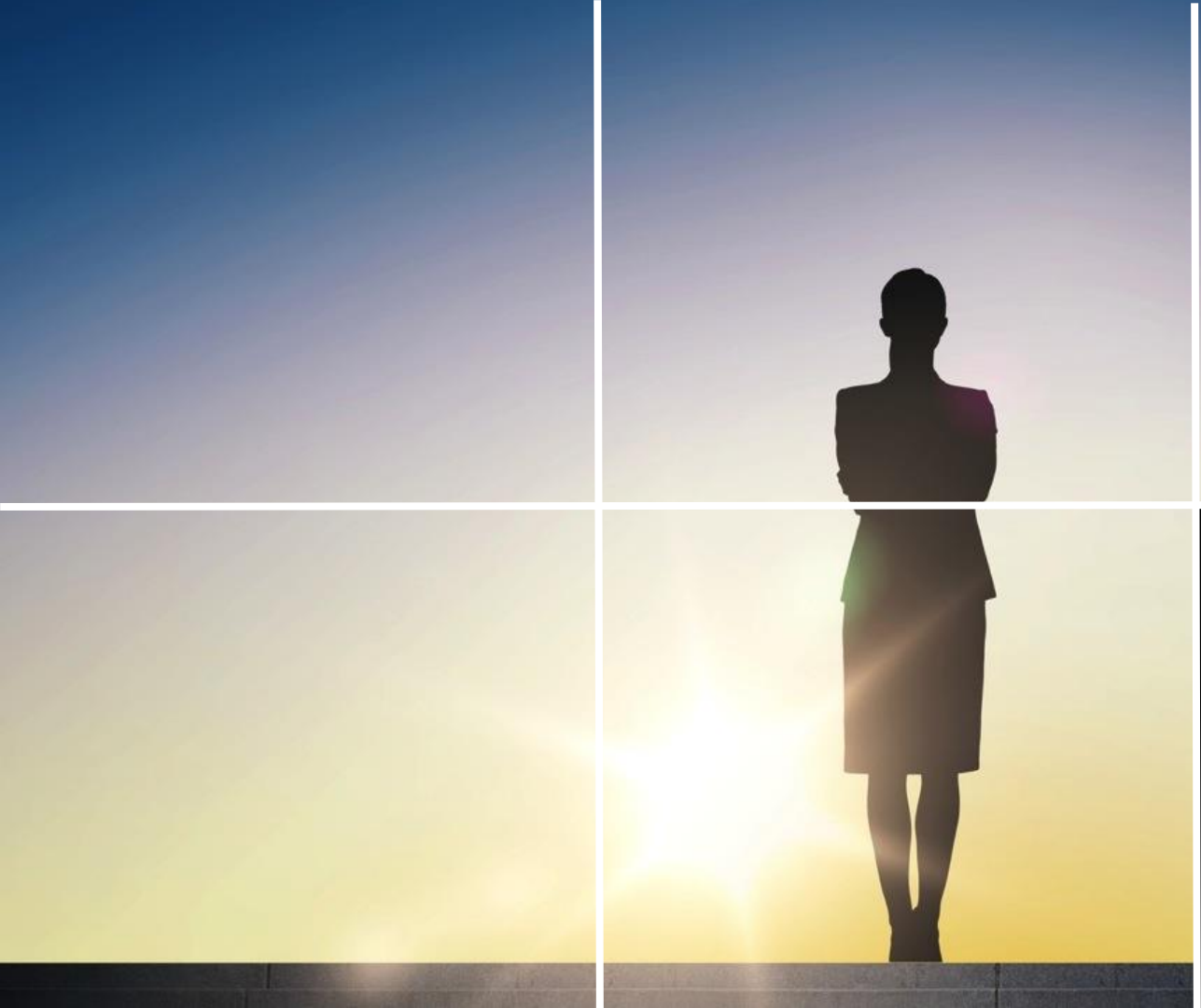
3 assumptions about the future

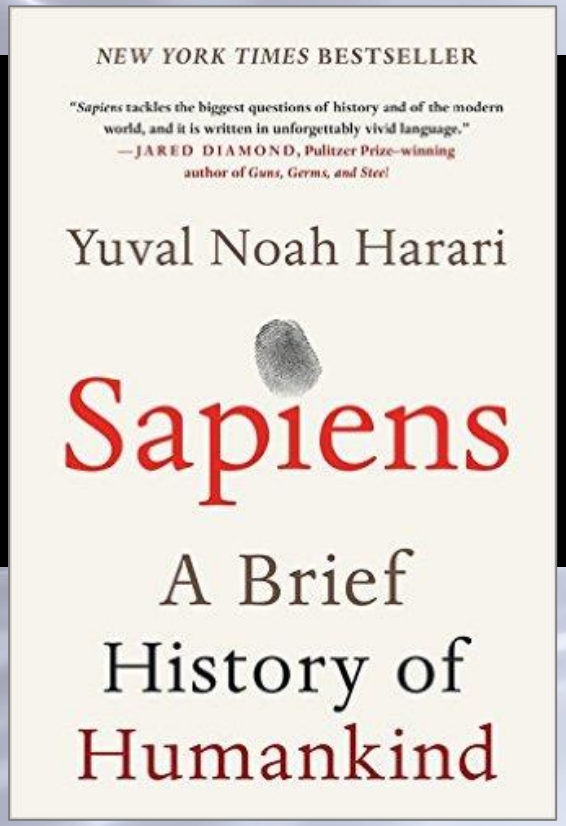
Humans
will exist

Most cities
won’t be
under water



Women will not be immortal; therefore, men will still exist

A few thoughts about the human race

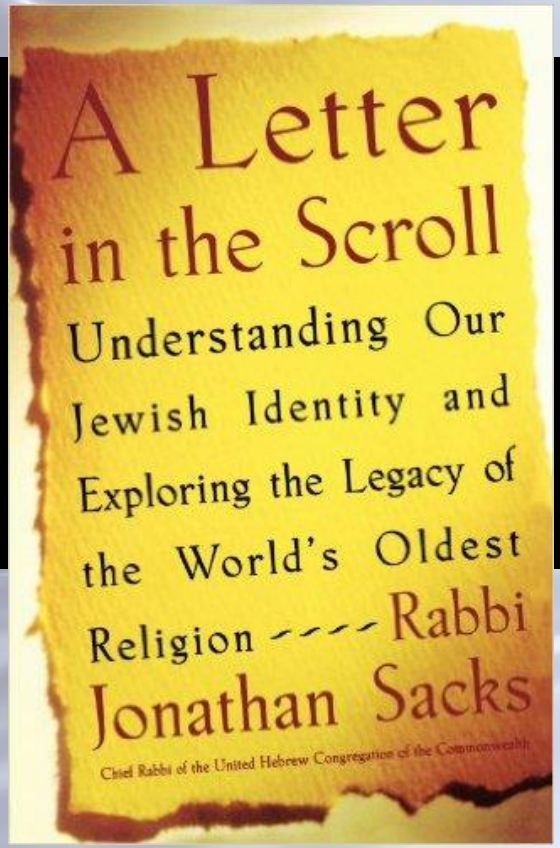


God-like

Undecided

Dangerous

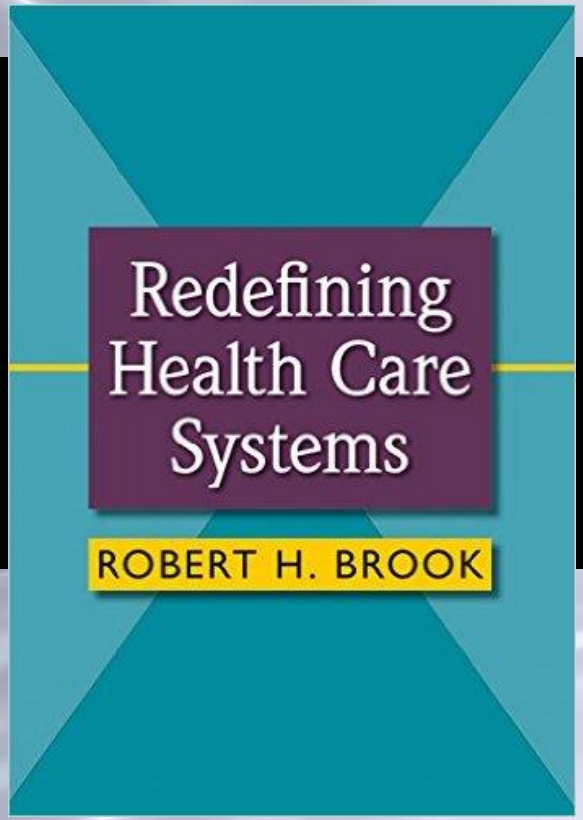
What is the function of a rabbi?*



"To redress the grievances of those who are abandoned or alone, to protect the dignity of the poor, and to save the oppressed from the hands of his oppressor" (Rabbi Hayyim of Brisk) *and add "to eliminate the teaching of hate to our children*"

*Or the head of a state health department?

What do I want in terms of health?



Basic science makes us all immortal

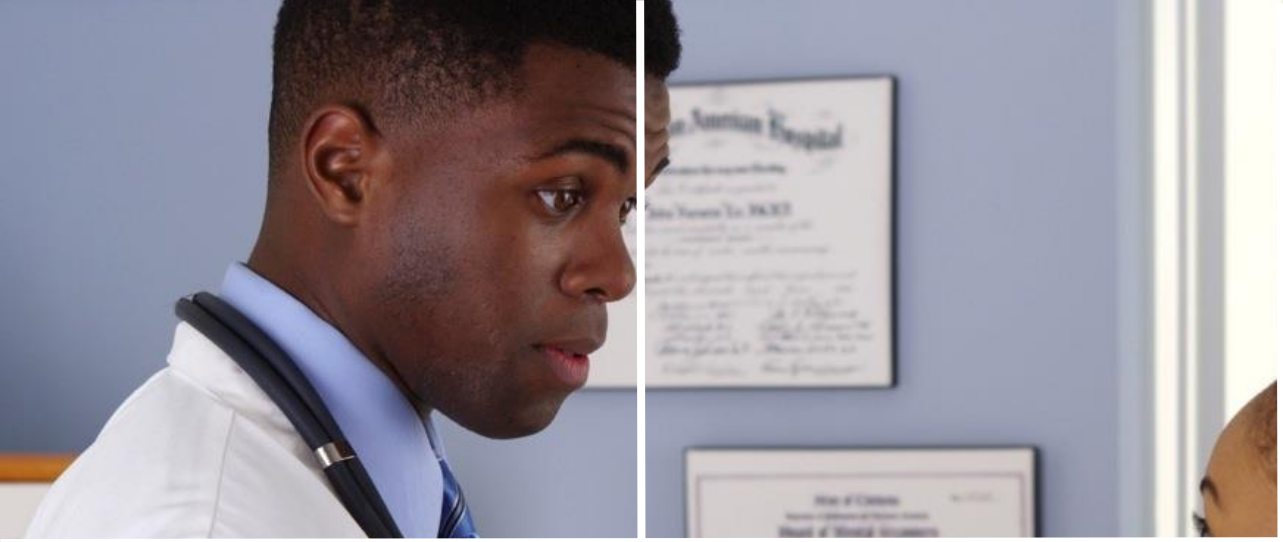
Eliminate social determinants

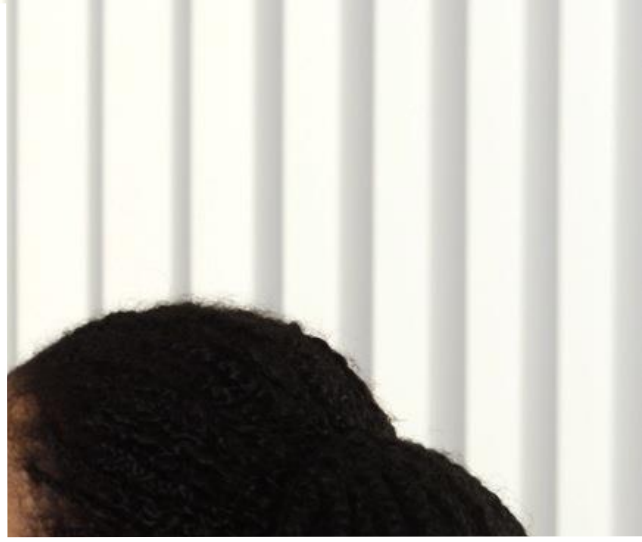
We need
a movement to do
multiple things at once

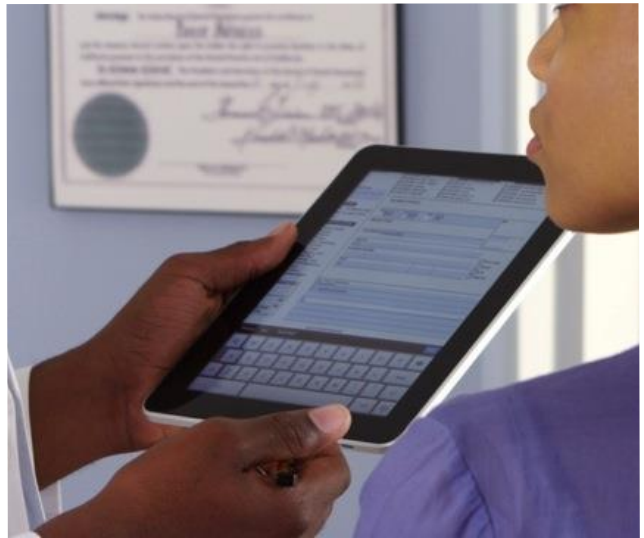
We The People

Everyone must have insurance

Valeriya Potapova via Fotolia







Simplify
health system
administration
and billing costs

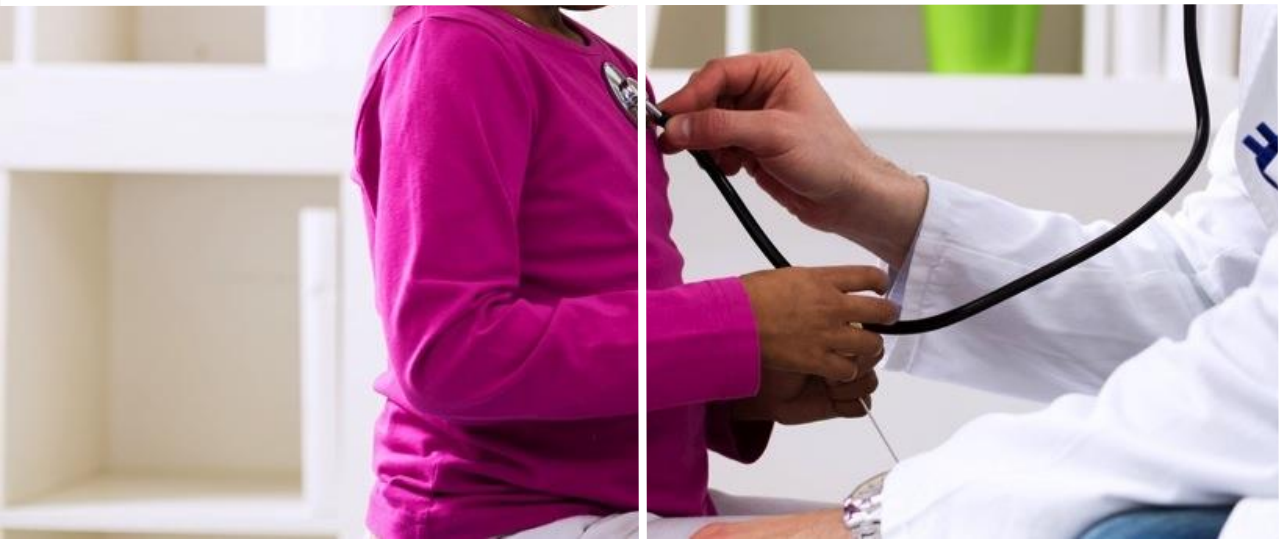
Pay only for care that is effective and based on evidence.

People must be responsible, seek out preventative care, and take their medicine

Work together to build a healthy environment and reduce social isolation

Accept that some effective but costly care can’t be covered by insurance

Require parents to produce their child’s report card at each visit



Urge parents to demand weekly feedback from their children’s school

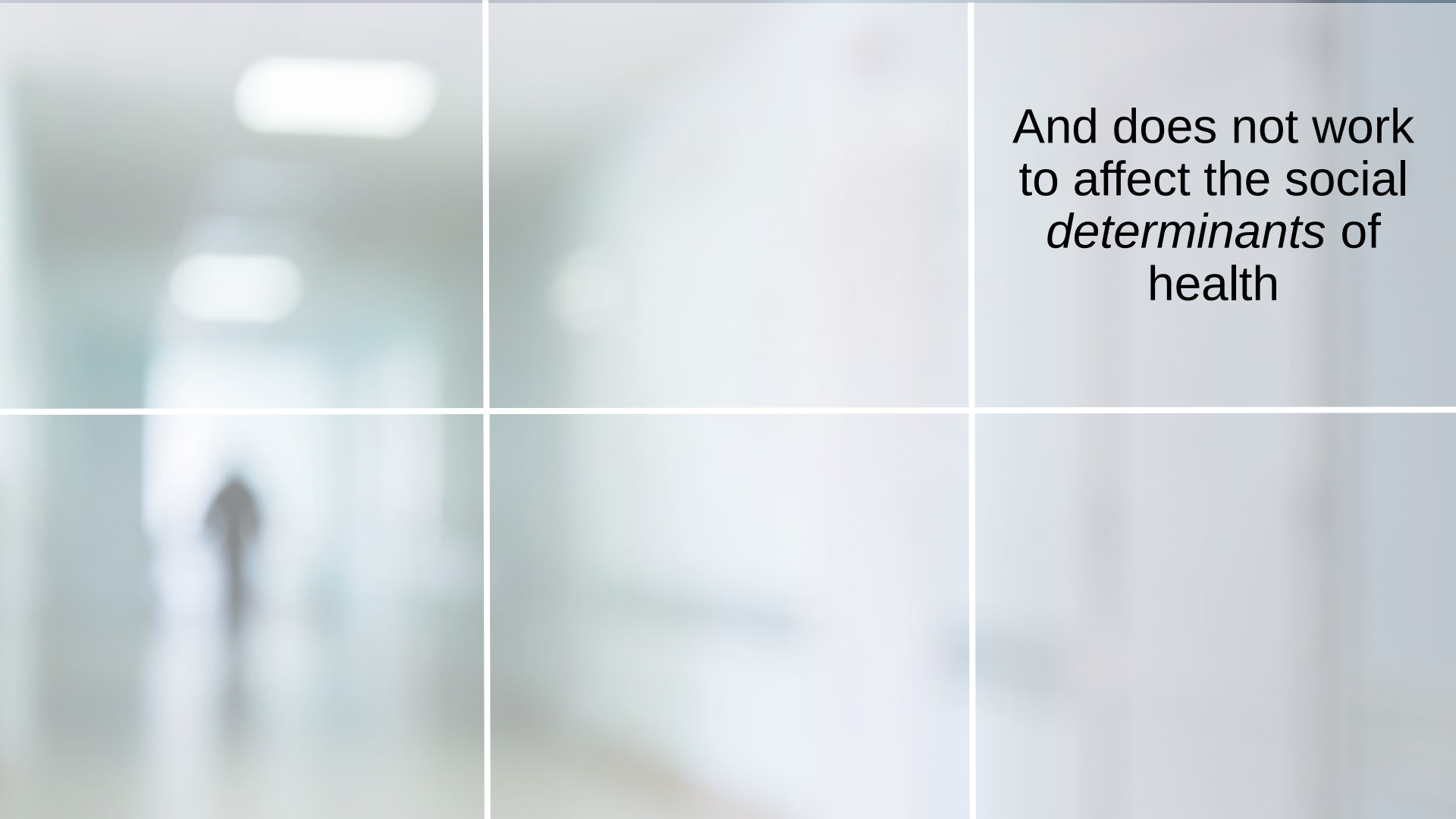
How many people it serves

The health status of those who are alive

How many people died in the last 24 hours

How many people died a good death

Do not work in any health system that does not know…



And does not work to affect the social *determinants* of health

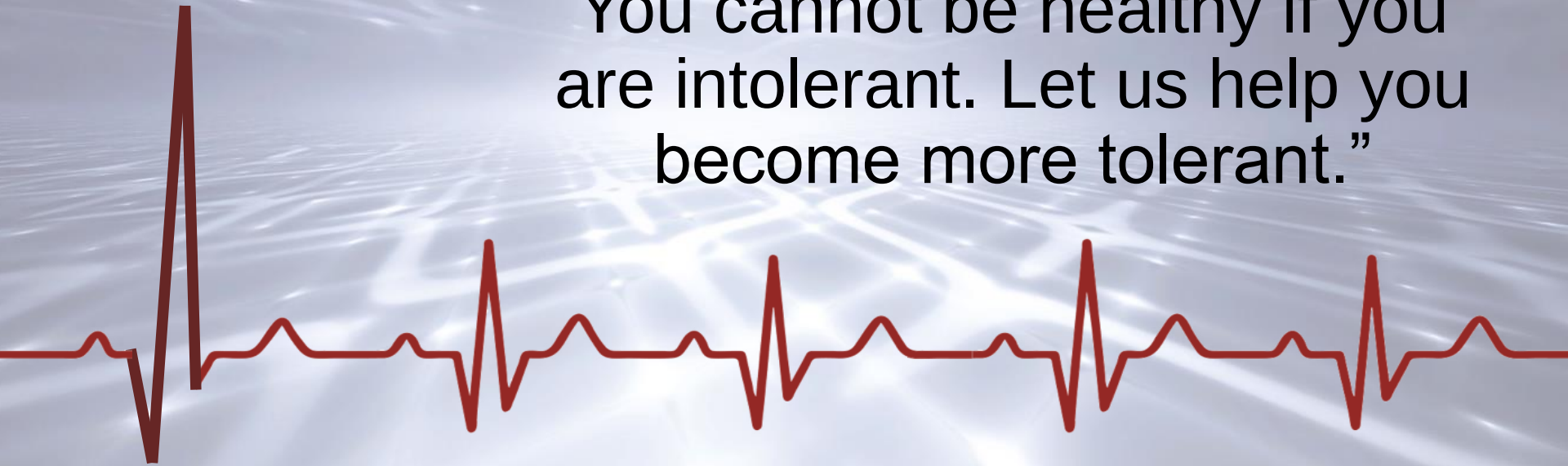
We need disruptive change

What if…

health included
a measure of hate and
intolerance…

What if…

…and every health facility had a sign that said, “We are all here to improve your health. You cannot be healthy if you are intolerant. Let us help you become more tolerant.”



What if…

we integrated measurements of health status into the health care system and paid attention to loneliness, social isolation, and despair?

What if…

we eliminated differences in quality of care by doctor, nurse, or health system?

What if…

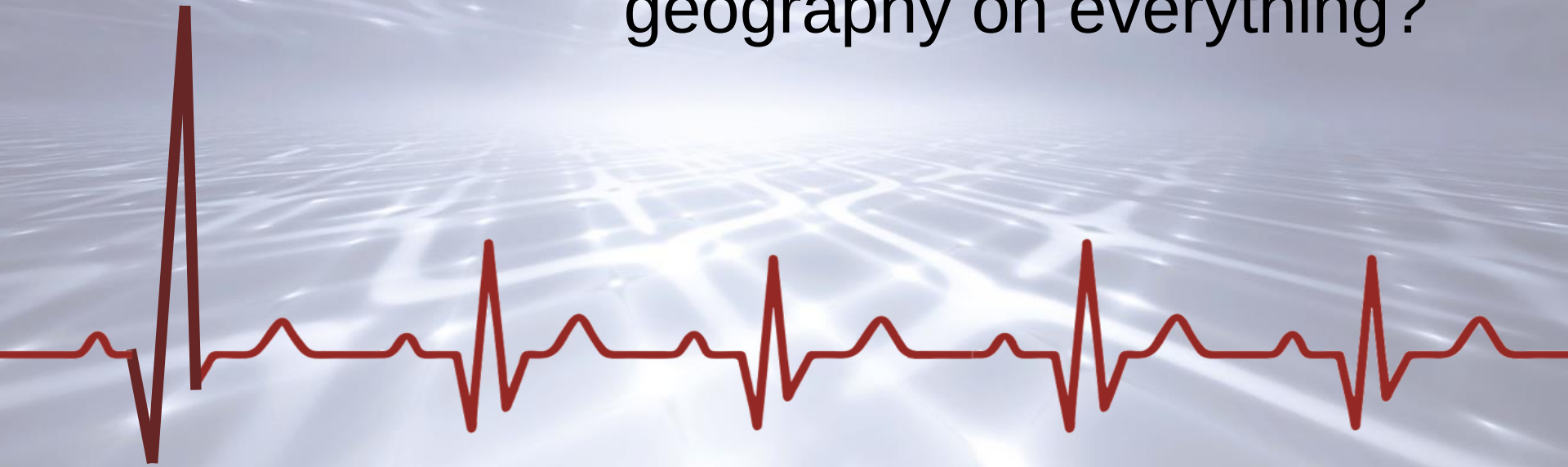
we educated people in school and providers and gave them smart decision tools to make wiser choices?

What if…

cities and individuals
had trusted analytical tools
that allowed both to thrive

What if…

we eliminated the effect of geography on everything?



What if…

we eliminated the social determinants of health?

What if…

we dramatically altered how care is delivered to achieve value and control costs?

What if…

academic medical centers began educating doctors for a value-based culture?

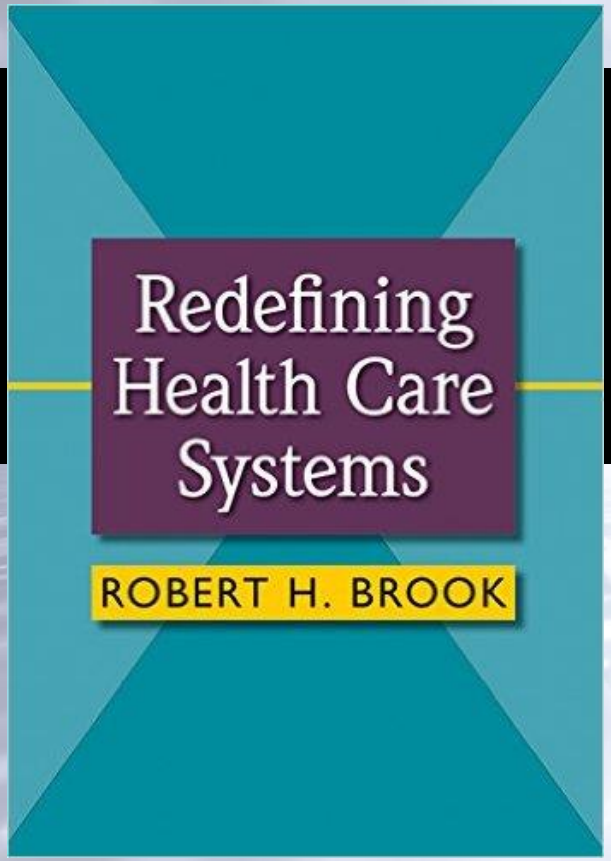
What if…

all new policies were evaluated on whether they will reduce variation in health

Last but not least

Be humble.
It’s not
about you

Download the book for free



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