

Appendix A:

DDDS Fall Risk Assessment Tool

Name: _____

MCI: _____

Address: _____

D. O. B. : _____

Provider: _____

Mark appropriate response per category, then add total points				
Points	0	1	2	3
Age	50 or below	51 to 60	61 to 69	79 or above
Mental Status	Oriented, cooperative		Oriented, uncooperative or depressed/agitated	Confused, not oriented
Physical Status	Well	Documented orthostasis	Dizziness, vertigo, syncope	Cachexia, wasting
Elimination	Independent, continent	Catheter or ostomy	Elimination with assistance; diarrhea or incontinent	Independent but incontinent; urgency/frequency
Sensory	No vision or hearing issues	Hearing loss only	Vision loss only	Hearing and Vision Loss
Neuromotor	No paralysis or spasticity	Upper extremity only	Lower extremity only	Both upper and lower
Gait	Unable to walk/stand (not at risk), or fully ambulated	Physically unable to walk/stand (but may attempt to)	Walks with help (e.g. mobility aids; cane, walker, holds onto furniture, etc.)	Balance problems-walking or standing; unsteady gait
Fall History, past 6 months,	None	Near falls or fear of falling	Has fallen one or two times	Multiple falls (more than two)
Medications	None below	1 med below`	2 meds below	3 or more
Circle: alcohol Anesthetic, Antihypertensive, Anti-seizure, benzodiazepine, diuretics, cathartics, hypoglycemics, narcotics, psychotropics, sedative/hypnotics.				
Subtotal Pts.				
Total Points				
0-5 points: Low Risk; 6-10 points: Moderate Risk; 10 or more points: High Risk				
* If the person scores 6 or more than implement the Safety Section of the ELP.				

Signature of Nurse: _____

Date: _____