A Proposal to the Health Care Commission

## IMPROVING END-OF-LIFE CARE IN DELAWARE

### **ISSUE BACKGROUND**



- Health reform efforts are shifting focus to quality, person-centered care.
- "Baby boomers" demanding a more active role in health care decisions, including end-of-life decisions.
- People are living longer, with more chronic illnesses.

Getting End-of-Life Care right is a challenge.

### **PEOPLE ARE TALKING ABOUT EOL CARE**

### **Palliative Care** everyone's bysiness

**National Palliative Care** 19-25 May 2

KEEP CALM

CALIVI AND CHOOSE HOSPICE

Can't we talk about something more

#### DYING IN AMERICA

JTE OF MEDICIN

Improving Quality and Honoring Individual Preferences Near the End of Life

the conversation project

"I NEW YORK TIMES BESTSELLER

Atul Gawande

Being Mortal

ONING - OLIVER SACKS

Medicine and What Matters in the End

PICADOR

# **PROBLEM:**

Delaware has received the lowest rating (F) in a state-bystate Report Card for Palliative Care.



- Too many people don't get they care they need or want
- We can do better

### GROUNDSWELL OF INTEREST= OPPORTUNITIES TO IMPROVE CARE



- DE recently passed legislation to create a set of portable end-of-life medical orders.
- Sen. Coons recently convened an End-of Life Roundtable to consider ideas for improving EOL care in Delaware.
- There have been Public Forums to discuss physician aid-in-dying.

# **OTHER STATES**

 Several other states have created End-of-Life Advisory Councils (MD)

 Some have passed legislation to promote palliative care.



### HOW CAN WE ENSURE DELAWAREANS GET THE VERY BEST CARE?



Bring the best innovative ideas to the table.

 Coordinate improvements in EOL care with larger health re-design efforts

### RECOMMENDATION: CONVENE A WORK GROUP

### **PURPOSE:**

- Look at resources currently available
- Consider ideas from leading health policy groups
- Make recommendations to improve care of advanced illness in Delaware.



# **PROPOSAL:**

- Delaware should create an Advanced Care and End-of-Life Working Group.
- Purpose: To develop a set of recommendations for improving the care of advanced illness in our State by Spring of 2016.
- Make-up of the group-about 10 members,
  - Representatives from Sen. Coons' May Roundtable
  - Hospice community,
  - Religious community,
  - Legislature,
  - State government,
  - Patient advocates,
  - Legal community
  - Medical community.

### HEALTH CARE COMMISSION-ADMINISTRATIVE HOME FOR WORK GROUP (?)



- The Health Care Commission should serve as an administrative home.
- The Work Group would require minimal administrative support.
- Existing resources from the Health Care Commission, along with volunteer efforts from the Work Group would be sufficient.
- HCC, as the center of health care innovation, is a logical place to house this work group.

### REFERENCES

- Being Mortal: Medicine and What Matters in the End by Atul Gawande
- The Conversation Project, dedicated to helping people talk about their wishes for end-of-life care. <u>http://theconversationproject.org/</u>
- Institute of Medicine Report, Dying in America: Improving Quality and Honoring Individual Preferences Near the End of Life <u>http://iom.nationalacademies.org/Reports/2014/Dying-In-America-Improving-Quality-and-Honoring-Individual-Preferences-Near-the-End-of-Life.aspx</u>
- Coalition to Transform Advanced Care report, A Roadmap for Success: Transforming Advanced Illness Care in America <u>http://issuu.com/ctac5/docs/a\_roadmap\_for\_success</u>
- Center to Advance Palliative Care, State-by-State Report Card, 2011
- http://reportcard.capc.org/pdf/state-by-state-report-card.pdf
- Maryland State Advisory Council on Quality Care at the End of Life <u>http://msa.maryland.gov/msa/mdmanual/26excom/html/30qual.html</u>