



Proposed 2015

Delaware “Aging in Place”

Community Forum Program

Presented to the Delaware Health Care Commission – April 2, 2015

by Dennis Leebel - Leader, Parkinson’s Education and Support Group of Sussex County

Project CAPABLE Background

Dr. Sarah Szanton, RN at Johns Hopkins, continuing a six-year study

- Goals:
- 1) Keeping aged in their homes longer
 - 2) Reducing hospitalizations of the aged

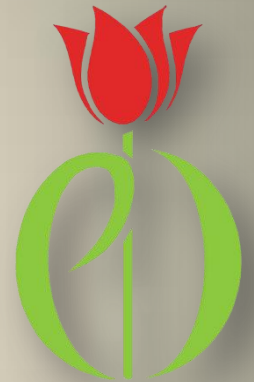
Patients: Baltimore inner-city poor

Visiting Team: Nurse, Occupational Therapist, Handyman

Cost per individual/home: \$3.3K.

\$3.3K. cost per person vs **significant Medicaid savings by the state!**

CMS partially funding study and plans 2015 nationwide adoption (Medicaid)



Project CAPABLE

Source: a Sarah Szanton email of Feb. 9, 2015

“Hi Dennis -

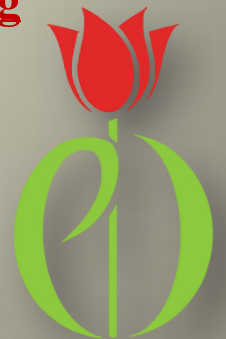
I am happy to hear of your progress.

That's exciting!

I am attaching our latest results paper which shows that CAPABLE is improving function in 80% of the participants and that we are essentially cutting disability in half for the average participant.

Do you have a sense of who would be the payor for CAPABLE in Delaware and what outcomes they would be most interested in (such as reducing hospitalizations or nursing home placement?)

Best regards, Sarah”



2015 Delaware Proposal

Develop state-wide effort to implement Project CAPABLE

- Private sector and government with DHSS lead

Hold “Aging in Place” series of Community Forums in Summer/Fall, 2015

- Start program with a Dr. Szanton 20 minute Project CAPABLE overview
- Follow with 15/20 minute implementation plans by:

DHSS, CCVNA, Univ. of DE, Hospitals, Others

One or two forums in each county

2015 continuation of 2008 to 2014 “Imagine Delaware” series of programs

