

**DELAWARE HEALTH CARE COMMISSION
JUNE 5, 2008
DELAWARE TECHNICAL & COMMUNITY COLLEGE
CONFERENCE CENTER, ROOM 400 B
DOVER**

Action Item

MINUTES

Commission Members Present: Lt. Governor John C. Carney, Jr., Chair; Lisa Barkley, MD; Theodore W. Becker, Jr., Richard Cordrey, Secretary of Finance; A. Richard Heffrom; and Dennis Rochford, President, Maritime Exchange for the Delaware River and Bay Authority.

Members Absent: Matthew Denn, Insurance Commissioner; Carol Ann DeSantis, Secretary, Department of Services for Children, Youth and Their Families; Vincent Meconi, Secretary, Delaware Health and Social Services; and Janice E. Nevin, MD, MPH

Staff Attending: Paula Roy, Executive Director; Leah Jones, Director of Planning and Policy; Marlyn Marvel, Community Relations Officer; and Linda G. Johnson, Administrative Specialist

CALL TO ORDER

The meeting was called to order at 9:10 AM by chairman John Carney.

MEETING MINUTES OF MAY 1, 2008

Chairman Carney asked that the May meeting minutes be revised to reflect that he left the meeting early and Ted Becker assumed the role of Acting Chair. Dennis Rochford made a motion to accept the minutes as revised. Ted Becker seconded the motion. There was a voice vote and the motion carried.

UNINSURED ACTION PLAN

COMMUNITY HEALTHCARE ACCESS PROGRAM (CHAP)

Dr. James Gill, of Delaware Valley Outcomes Research, presented the results of his evaluation of the CHAP program. This year the evaluation focused on CHAP patients with high risk conditions. His presentation focused on results of a Health Risk Assessment (HRA) and offered recommendations for future evaluation topics.

Health Risk Assessment Report

James Gill, MD, MPH, Delaware Valley Outcomes Research, presented a comparison of Health Risk Assessment (HRA) baselines to 1 year follow-up survey data and summarized the third round of chart review data.

Survey Methodology

CHAP enrollees were contacted by EDS for a Health Risk Assessment (HRA), and questions were included to identify high risk conditions. High risk persons were asked additional questions, which focused on quality of care for that high risk condition measured against national guidelines for that particular condition.

Action

The May 1, 2008 meeting minutes were accepted as revised.

Dr. James Gill, of Delaware Valley Outcomes Research, presented the results of his evaluation of the CHAP Program.

The HRA Baseline and 1 year survey data included persons who were high risk, completed the baseline and 1 year HRA survey, and were still enrolled in CHAP for 12 months. One hundred eleven high risk patients met the criteria and were surveyed from May 1, 2007 to April 30, 2008. Their baselines were then compared to 1 year HRA survey data.

Survey Results

Survey results indicate:

- Small improvement in smoking behavior
- Increase in most services for diabetics
- Slight improvement in lifestyle for hypertensive patients (self-reporting)
- Improvements in asthma symptoms, flu shots
 - Asthmatics are more likely to use their health home rather than an Emergency Room
- Results consistent with previous evaluation of HRA data

Chart Review Methodology

- Coordinated with Electronic Data System (EDS) to obtain list of enrollees
- Targeted enrollees:
 - With a high risk condition: diabetes, hypertension and asthma
 - Enrolled in CHAP for at least 6 months
 - With at least 2 visits after enrollment
- Coordinated visits with Community Health Centers and VIP offices
- Reviews conducted by research assistants

Community Health Center Participants

One hundred ninety eight high risk enrollees were surveyed and 119 met the criteria at 5 Community Health Centers:

- Claymont Family Health Services
- Delmarva Rural Ministries
- Henrietta Johnson Medical Center
- La Red Health Center
- Westside - 4th, BP & WHA

Voluntary Initiative Program (VIP) Offices Chart Review Participants

- 258 high risk enrollees to VIP offices
- Chart reviews not done at VIP offices:
 - With 2 or fewer eligible enrollees
 - If unable to schedule visits
 - Does not include enrollees that ended up at a Community Health Center despite initial VIP assignment.

Number of High Risk Enrollees Identified

- 166 Enrollees (Community Health Centers and VIP offices) were found to have high risk conditions
 - Asthma - 32
 - Diabetes - 64
 - Hypertension - 117
 - Enrollees can have multiple high risk conditions

Summary of Results from Chart Reviews

- Results indicate:
 - Improvement in quality of care for diabetics (exception is cholesterol control)
 - Improvement in control of high blood pressure for hypertensive patients
 - Very high percent on medication if not controlled
 - Increase in controller medication for asthma patients
- Quality of care for diabetes is as good or better than national data
- Results consistent with previous evaluation of chart review data

Future Evaluation Topics

The chart reviews are very labor intensive, time consuming and, therefore, costly, and reveal essentially the same information that has previously been established ~ that having a health home through CHAP improves health outcomes.

In this latest round of evaluation activity, the improvements observed are consistent with rational data. Therefore, for Fiscal Year 2009, it may not be necessary to undertake the time and expense to continue chart reviews.

Dr. Gill's recommendations for future evaluation topics are as follows:

- Revise (simplify) high risk condition baseline screening process
 - Discontinue use of full baseline HRA survey
 - Continue to screen for Asthma, Diabetes, and Hypertension in new CHAP enrollees
 - Identify a method of determining pregnancy in baseline screening in order to establish a link between CHAP and pre-natal care and improved birth outcomes.
- Create a new process to measure quality of care
 - Discontinue Chart Reviews and follow-up HRA survey
 - Determine new source of outcome data and explore a preliminary analysis of a pilot group
 - Explore collaboration potential with DHIN
 - Explore collaboration potential with State infant mortality programs to monitor CHAP and a health home's impact on birth outcomes.

Discussion

Chairman Carney asked Ted Becker, Chair of the CHAP Oversight Committee, for his observations about Dr. Gill's "numbers." Mr. Becker responded that the numbers are extremely low for the information being obtained through such a labor intensive HRA process. He stated that we need to find a more retrievable way to get the data.

CHAP Oversight Workgroup Report: Fiscal Year 2009 CHAP Design

Mr. Becker updated the Commissioners on progress made at the CHAP Oversight Workgroup meeting on May 27.

- The Workgroup reviewed responses to the Request for Proposals (RFP) for CHAP health homes and program management.
- Site visits were conducted with all the CHAP vendors. It was noted that the hospital model seems to be working very well; with most of the hospitals integrating CHAP into their charity care programs. The health homes are demonstrating integration of CHAP into their programs and the VIP program has seen remarkable success in linking CHAP patients with needed prescription drugs.
- For the previous two years the Commission has had the benefit of carry-over funding that could be applied to the CHAP program. This funding is no longer available this year. Therefore, assuming the requested \$1.250 million is funded in the budget, at best vendors will be level funded. In many cases, cuts will be necessary.

Discussion

Mr. Carney asked for a description of the CHAP hospital model.

Mr. Becker responded that the hospital model combines community outreach with integration of charity care services for CHAP enrollees. Integration of social services, outreach and patient financial assistance activities within individual hospital organizations is resulting in better access to care for patients.

Mr. Becker said that the Workgroup is recommending that the Commission step back from the current labor and time intensive Health Risk Assessment process. He, Ms. Roy and Dr. Gill have had preliminary discussions on the need to come up with a tool to continue monitoring health status in a more cost-effective, less labor intensive way.

Ms. Roy said that it is time to begin discussions with DHIN about potential collaboration; however, no potential work with CHAP can divert DHIN from its current scope and priorities.

Mr. Becker added that 53 percent of CHAP enrollees are female of child bearing age. The Workgroup would like to discuss with Dr. Gill whether there is a cost effective way of measuring birth outcomes resulting from prenatal care available through CHAP. Perhaps collaboration with the Delaware Healthy Mother and Infant Consortium (DHMIC) would be a good idea.

Dennis Rochford asked if the \$1.25 million dollar budget for CHAP, with no carry over money from the previous year, will impact or restrict the services provided. Mr. Becker responded that it might impact the services somewhat. Some expansion of services was requested in the proposals but services will continue at the level previously offered in Fiscal Year 2008.

Action

Ted Becker made a motion to approve funding for the new programs reviewed by the CHAP Oversight Workgroup on May 27, 2008, contingent upon approval of the FY09 budget for \$1.25 million. Richard Heffron seconded the motion. There was a voice vote and the motion carried.

Action

The Commission approved funding for the new programs reviewed by the CHAP Oversight Workgroup on May 27, 2008, contingent upon approval of the FY09 budget for \$1.25 million.

Screening for Life/CHAP Integration

Paula Roy said a meeting has been scheduled with representatives from the Screening for Life program to discuss integration with CHAP. Chairman Carney added that there should be integration of tracking enrollees and a detailed discussion about the best way to do so. The lack of reimbursement to providers should also be part of the discussion. Screening for Life not only screens for cancer but provides for one annual primary care visit. Mr. Carney believes that it makes sense to integrate the two programs and expand the network.

Cover the Uninsured Month Activity Report

Ms. Roy reminded the Commission that they heard a presentation in May about the Delaware Public Policy Institute's (DPPI) summits on the uninsured. Astra-Zeneca's commitment to addressing the uninsured was partially responsible for the DPPI initiative. In addition, Astra-Zeneca has sponsored a *Healthy Delawareans Today and Tomorrow* initiative, which is also aimed at reducing the uninsured, largely by linking people to coverage. The Commission is part of the *Healthy Delawareans Today and Tomorrow* initiative.

On April 2 an event was held to kick off *Cover the Uninsured* month. Governor Minner signed a proclamation declaring April *Cover the Uninsured Month*, and the event was well covered in the press.

Mr. Carney observed that Astra Zeneca made about a half million dollars available to augment the CHAP network through the *Healthy Delawareans Today and Tomorrow* initiative.

Betsy Wheeler told the Commissioners that partners of both CHAP and Covering Kids and Families (CKF) completed a number of activities to commemorate *Cover the Uninsured Month* in April:

- On April 2 the Governor proclaimed *Cover the Uninsured Month* at a press event conducted in conjunction with Astra Zeneca's *Healthy Today and Tomorrow* initiative at Christiana Care Health System's Wilmington Hospital Campus.
- A televised panel discussion on the topic of the uninsured on WHYY that included Dr. Kelly Eshbach, president of the Medical Society of Delaware, Aishia Cole, from Henrietta Johnson Medical Center, and a representative from Generations Home Health Care who provides free medical transportation to the uninsured (as a result of Astra Zeneca investment).
- The Medical Society sponsored weekly Saturday radio slots "Health Minutes" throughout the month. Each included a coverage promotion tagline.
- Henrietta Johnson Medical Center held a community enrollment event
- Exhibited CHAP at Public Health Day at Modern Maturity Center, Dover
- Conducted a CHAP, Medicaid, SCHIP application training program for statewide WIC employees in order that they can assist women with benefits as they apply for nutrition supports.
- Annual CKF service excellence awards were presented by the Lieutenant Governor to two businesses, two physicians, and two individuals. This year's honorees were particularly relevant because a large component of their service excellence includes inherent promotion of the CHAP and service delivery to CHAP enrollees. 2008 awardees

included Beebe Medical Center, Christiana Care Health System, Dr. Charles Stanislav (Sussex County VIP doctor FAMMED), Dr. Dorothy Moore (NCC VIP doctor, SPECIALTY), Cynthia Smith, and Reverend Robert Hall.

- The CKF program produced its first commercial. It ran approximately 500 times during April on WBOC, FOX, and Comcast stations.

Because of Astra-Zeneca's contributions, this year is the first time that resources have been available to produce paid media. The commercial aired on television 600 times during the month of April, and estimates were that the average consumer would see the commercial 5.94 times.

Ms. Roy was contacted by a local reporter from MTV and did an interview aimed at conveying the message to the 18 to 24 year olds that having health care insurance is important.

A video highlighting the April events has been prepared. Although edits are needed, it was shown to the Commissioners. It can be used in multiple ways to raise awareness about the uninsured.

HEALTH PROFESSIONAL WORKFORCE DEVELOPMENT

State Loan Repayment Program

The Loan Repayment Committee met on Thursday, May 1, 2008, the DIDER Board of Directors met on Tuesday, May 20, 2008, and the DIMER Board of Directors met on Wednesday, May 21, 2008. The following recommendations for funding were made.

Delaware Institute of Dental Education & Research (DIDER)

Loan Repayment for Dentists and Dental Hygienists

The current available balance of state DIDER funds through June 30, 2008 is \$251,979. An additional \$100,000 is anticipated in Fiscal Year 2009, effective July 1, 2008.

The current available balance of federal matching funds is \$53,000.

The Loan Repayment Committee and DIDER Board of Directors reviewed the following applications for the Loan Repayment Program and made the following recommendations.

Recommendations for Dentists and Dental Hygienists

Westside Family Healthcare (FQHC)

The Committee needs more information on the debt burden of the recruitment candidate in order to designate funds to assist Westside with recruitment efforts. The site was approved for recruitment, pending compliance with a request from the Loan Repayment Committee and the DIDER Board to successfully recruit a candidate during the period of June 1, 2008 through August 15, 2008. Westside has been asked to report back to the Committee on its progress.

There is no specific dollar amount attached to that recommendation because it is not known who might be hired and what their debt burden is. Dennis Rochford asked what the average loan repayment award is. Leah

Jones responded that for advanced degree practitioners (including Dentists and Family Practitioners) approximately \$35,000 is awarded for a two year service commitment, but that is not a guaranteed level of funding. This should provide Westside Family Healthcare with an idea on average loan repayment awards to assist in recruitment efforts. Westside will report to the Commission in the fall if a dentist is successfully recruited. At that time an award amount will be established.

ACTION:

Ted Becker made a motion to approve Westside's recruitment of a candidate contingent upon available funds. Dennis Rochford seconded the motion. There was a voice vote and the motion carried.

Summary of Applications

a) Site application only: Westside Health (FQHC), Wilmington & Newark

- This facility has already been approved as a loan repayment site and qualifies for federal matching funds.
- This site, located at 1802 West Fourth Street, Wilmington, DE 19805, treats 10,875 patients per year.

b) Site: Gentle Touch Dentistry, Smyrna and Wilmington

- Gentle Touch has facilities in two locations in Delaware: Smyrna and Wilmington.
- Gentle Touch had recruited two candidates. However, neither are currently employed there and are no longer under consideration for loan repayments.

Delaware Institute of Medical Education and Research (DIMER)

Loan Repayment for Physicians and Mid-level Practitioners

The current available balance of State DIMER funds through June 30, 2008 is \$18,714. An additional \$150,000 is anticipated in Fiscal Year 2009, effective July 1, 2008.

The current available balance of federal matching funds is \$53,000.

The Loan Repayment Committee and DIMER Board of Directors reviewed the following applications for loan repayment and recommend approval at the following levels.

Recommendations for Physicians and Mid-level Practitioners

1) Ian Michael Baxter, DO, FACOG

- Philadelphia College of Osteopathic Medicine, Philadelphia, PA in 2001; Completing residency in Dayton, OH, a joint civilian-military program with Wright State University and Wright-Patterson Air Force Base
- Specialty: OB-GYN

Action:

Approval was given to set aside funds for Westside to recruit a dentist, based upon availability of funds.

- Practice Site: Nanticoke Women's Health Center, Seaford
- Debt: \$206,000.00
- **Recommendation - \$30,000.00 (\$15,000 state funds plus \$15,000 federal funds) for a 2 year contract.**

2) Katy Goodman, MD

- Jefferson Medical College at Thomas Jefferson University, Philadelphia, PA, in 2005; Completing residency at Abington Memorial Hospital's Family Medicine Residency Program in Jenkintown, PA, in July 2008.
- Specialty: Family Practice
- Practice Site: Family Practice Associates, PA Wilmington
- Debt: \$190,000.00
- **Recommendation - \$28,000.00 state funds for a 2 year contract.**

3) Westside Health (FQHC)

- Recruitment
- One Family Practice physician for the Wilmington site and 1 Family Practice physician for the Newark site
- Sites: approved Wilmington and Newark
- The Loan Repayment Committee and DIMER Board needs more information on recruitment candidates' debt burden in order to attach FY 09 funds.
- **Recommendation - Site approved for recruitment, pending compliance with a request from the Loan Repayment Committee and the DIMER Board to successfully recruit candidates for the two site locations between June and August 15, 2008. Will report back to the Committee on progress in the fall.**

4) Carmelo DiSalvo, MD

- American University of the Caribbean, Cupecoy, St. Maarten in 2004; Completing residency at Drexel University's Family Medicine Program, Philadelphia, PA in June 2008
- Specialty: Family Practice
- Practice Site: Mid-Atlantic Family Practice, Lewes
- Debt: \$166,000.00
- **Recommendation - \$24,000.00 state funds for a 2 year contract**

5) Danielle Giddins, MD

- Jefferson College of Thomas Jefferson University, Philadelphia, PA, in 2002. Malcolm Grow Medical Center, Andrews Air Force Base, MD, in Family Medicine in 2005
- Specialty: Family Practice
- Practice Site: Ocean View Family Medicine, Millville
- Debt: \$21,600.00
- **Recommendation - \$3,000.00 state funds for a 2 year contract.**

Hold or NOT Recommended:

1) Jemine Wayman, CNM

- Wesley College in Dover, DE; M.S.N. degree as a Clinical Nurse Specialist in 2003; University of Medicine and Dentistry of New Jersey, certificate in midwifery in 2006
- Specialty: Certified Nurse Midwife
- Practice site: Dedicated to Women, OBGYN Associates of Dover
- Debt: \$114,000
- NOT approved due to limited funds and retention

2) Jenna L. Seiff, MD:

- New Jersey Medical School, Newark, NJ in 2002; Completed residency at the Department of Pediatrics at Mount Sinai Medical Center, New York, NY in 2005
- Specialty: Pediatrician
- Practice site: Pediatric & Adolescent Center, Lewes
- NOT approved; declined to submit an application

3) Joseph Kim, D.O.

- Philadelphia College of Osteopathic Medicine in 2003; Completed residency at St. Francis Hospital Family Practice Center, Wilmington, DE in 2006
- Specialty: Family Practice
- Practice site: Dr. Curtis Smith, D.O., Laurel
- Debt: \$116,892
- Requesting to extend current contract for one additional year
- HOLD until next review meeting; Retention

Dennis Rochford asked if the Commission could, based on available FY 09 and FY 10 funds, go back to any of the contracts with the physicians and enhance their contracts? Ms. Roy said it could be done and would depend on what other candidates are in the pipeline.

Ted Becker reminded the Commission that if these individuals worked in a facility that qualified for a federal match, more funds could have been given.

ACTION:

Dennis Rochford made a motion to approve the recommendations and contracts, contingent upon available FY09 funds for the State Loan Repayment Program. Ted Becker seconded the motion. There was a voice vote and the motion carried.

State Planning Program

Ms. Roy reported on Dr. Gruber's progress since his presentation and discussion before the Commission in May. Dr. Gruber took the feedback he received from the Commission and the Universal Coverage Committee meetings and is doing more revisions. He anticipates a progress report at the end of June.

Action:

State Loan Repayment Program recommendations and contracts were approved, based on availability of FY09 funds.

INFORMATION & TECHNOLOGY

Update: Delaware Health Information Network

Gina Perez presented an update on the activities of the Delaware Health Information Network (DHIN).

- There is continuing work toward enabling physicians to pull data on a single patient from all of the participating data senders. It is anticipated that the new function of patient record inquiry will go live in September.
- Quest Diagnostics and Doctors Pathology Services are being integrated as data senders.
- There have been ongoing conversations with St. Francis Hospital. Most of their questions are related to the budget: an integration is expected soon.
- There have been conversations with a large imaging center in New Castle County interested in participating with DHIN.

On June 18, an overview on the DHIN progress will be presented to the Delaware House of Representatives and Senate Health Committees.

Offers of employment were extended and accepted by a management analyst and a project manager for DHIN. The new employees work for Ms. Perez under the staffing contract.

Thirty nine practices, 70 practice offices and 384 users are enrolled in DHIN. An additional 23 practices are in the enrollment process. Robert White, Chairman of the DHIN Board of Directors, added that things are going very well and that, after just a little more than a year of being into the implementation phase, DHIN has about 10 percent of the active physicians in the state receiving information.

Update: Health Care Workforce Development Committee

Leah Jones reported that the revitalized Health Care Workforce Development Committee held its first meeting April 3. The group established groundwork for the Committee and created three work groups to focus more narrowly on three areas and determine strategies that could impact the health workforce shortages in Delaware. The three work groups include: 1.) Data and Information Management Work Group; 2.) Workforce Competencies Work Group; and 3.) Policy and Resource Development Work Group. The work groups will convene over the summer, develop and prioritize recommendations and report back to the full Committee in the fall. The next meeting of the Workforce Development Committee is immediately following the Commission meeting.

J-1 Visa Review Board

Ms. Jones provided background on the J-1 Visa program. In an effort to ensure adequate supply of health professionals in underserved health professional shortage areas, Delaware Health and Social Services participates in a federal J-1 Visa Waiver Program for international medical school graduates. Under this program, international medical graduates who pursue graduate medical training in the United States can work in underserved areas for a minimum of three years, rather than returning to their home country. The goal of that program is similar to the goal State Loan Repayment Program.

The J-1 Visa Committee is looking to fill a vacant position on the Review Board. The Committee is comprised of one member from a hospital in an underserved area of the state, one member from the Medical Society of Delaware, and representatives from Delaware Health Care Commission and Delaware Health and Social Services.

Dr. Joseph Lieberman, who retired from the Health Care Commission in June 2007, was the previous representative. Ms. Jones offered to represent the Commission on the J-1 Visa Committee Review Board until the vacancy is filled. Chairman Carney asked Commissioners to let him know if they would like to serve on the J 1 Visa Review Board.

OTHER BUSINESS

Cari DeSantis Resolution

Chairman Carney asked for a motion to approve a resolution for Commission member Cari DeSantis, Secretary of the Department of Services for Children, Youth and their Families, who is leaving state service for a national children's program. Richard Cordrey made a motion to approve the resolution. Richard Heffron seconded the motion. There was a voice vote and the motion carried.

Annual Strategic Planning Retreat

Ms. Roy explained that it has been very difficult to pinpoint a date in September when a majority of Commissioners are available to attend the annual strategic planning retreat. Due to the upcoming election and subsequent changes in Commission membership, she suggested that the retreat be postponed until January 2009 when new Commissioners would be able to attend.

PUBLIC COMMENT

Dr. Frelick suggested that someone carry a microphone to speakers during Commission meetings to allow public observers to hear the discussions more clearly.

Regarding evaluation, Dr. Frelick suggested that information already being collected be reviewed to learn about cost factors. For example, the cost impact of noncompliance with appointments by Medicaid patients; the cost of teenage pregnancies, in terms of high school drop outs; etc.

NEXT MEETING

The next meeting of the Delaware Health Care Commission will be held on Thursday, September 4, 2008 at 9:00 a.m. at Del Tech Terry Campus in Room 400 B.

ADJOURN

The meeting adjourned at 11:00 AM.

Action:

A resolution for Cari DeSantis, who is leaving state service, was approved.

NEXT MEETING

The next meeting of the Delaware Health Care Commission will be held on Thursday, September 4, 2008 at 9:00 a.m. at Del Tech Terry Campus in Room 400 B.

GUESTS

Anthony Brazen, DO
Barbara DeBastiani
Michael Duva
Robert Frelich, MD
James Gill
Angie Grimes
Joann Hasse
Katie Rosch Hegedus
Barbara Jackson
Lolita Lopez
George Meldrum
Linda Nemes
Sheila Nutter
Brian Olson
Gina Perez
Rosa Rivera
Albert Shields
Debra Singletary
Betsy Wheeler
Rob White
Stephanie Williams

Division of Medicaid and Medical Assistance
Wheeler and Associates
Delaware Healthcare Association
Medical Society of Delaware
Delaware Valley Outcomes Research
Delaware Valley Outcomes Research
League of Women Voters
Delaware Valley Outcomes Research
Electronic Data Systems
Westside Family Healthcare
Nemours Foundation
Department of Insurance
Electronic Data Systems
La Red Health Center
Advances in Management/DHIN
Henrietta Johnson Medical Center
Office of the Lt. Governor
Delmarva Rural Ministries
Wheeler and Associates
Delaware Physicians Care
Delmarva Rural Ministries