

CEREAL

CHILD & ADULT BRANDS LISTED ONLY



General Mills **Cheerios**



Cheenos General Mills **Multi-Grain** Cheerios



General Mills



General Mills **Corn Chex**



General Mills Rice Chex



General Mills Wheat Chex



General Mills Wheaties



Kellogg's **Corn Flakes**



Kellogg's Crispix



Kellogg's Frosted Mini-Wheats



Kellogg's All Bran Complete Wheat Flakes



Cream of Wheat **Whole Grain** NO Individual



B&G **Cream of Wheat** Original NO Individual serving packages



Quaker **Instant Oatmeal** (regular/original) Individual serving packages only

CANNOT BUY: any cereal or brand not listed; or organic

YOGURT

32 OZ CONTAINERS ONLY | PLAIN OR VANILLA FLAVORS ONLY

Whole Fat, Lowfat, Nonfat as listed on Food Package

CANNOT BUY: Greek, Organic, Drinkable yogurts, Yogurts with non-nutritive sweeteners, Yogurts with mix-in-ingredients such as: granola, candy pieces, honey, nuts



















FRUITS & VEGETABLES

FRESH FRUITS & VEGETABLES

- · Any variety of fresh, bulk fruits and vegetables
- Bagged fruit and vegetables
- · Bagged salad mixes (without dressing, croutons, nuts or meat added)
- Tubs of cut fruit or vegetables (without dressing or dip)
- Organic

CANNOT BUY: frozen fruit, frozen vegetables, canned fruit, canned vegetables, dried fruit, dried vegetables, herbs (i.e., basil, cilantro, parsley), spices (i.e., vanilla bean, cinnamon sticks) or fruit cups (i.e., Del Monte, Dole)

IMPORTANT:

- which exceeds the maximum amount allotted on the eWIC card.
 - Payment may be made by one credit/debit card, SNAP, or personal/business check



QUESTIONS?

Call the state WIC Vendor Unit at 1-800-222-2189 or (302) 741-2900















INFANTS

FANT FORMULA

Contract Brand

INFANT CEREAL

Gerber Brand or Beech-Nut Brand

• Rice, oatmeal, multigrain, whole wheat, barley

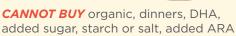


CANNOT BUY organic, DHA, formula or Cereal mixed with fruit

INFANT VEGETABLES

Gerber Brand - 2nd Foods (2 pack) Beech-Nut Classics Brand - 2nd Foods (4 oz jar)

- Single or mixed vegetables
- Fruit & Veggie Blend



INFANT FRUITS

Gerber Brand - 2nd Foods (2 pack) Beech-Nut Classics Brand - 2nd Foods (4 oz jar)

- Single or mixed fruit
- Fruit & Veggie Blend

CANNOT BUY desserts or medleys, custards or puddings, organic, DHA, cobblers, delights and yogurts

INFANT MEAT

Gerber Brand - 2nd Foods 2 1/2 oz. containers



- · Single meats with broth
- Single meats with gravy

CANNOT BUY graduates, sticks, dinners or organic



Store or Store Designated Brand 1 dozen

· Large, white only

CANNOT BUY brown, free-range, specialty eggs (Eggland's Best or EggsPlus) or organic

CHEESE

Store or Store Designated Brand

- Pasteurized Process American cheese, cheddar & mozzarella
- 1 lb. or 16 oz. package only

CANNOT BUY 8 oz. packages, Velveeta, Cheese Wiz, Kraft Singles, low fat or low sodium products, grated, shredded, cheese sticks, deli-sliced cheese, variety packs (i.e., American/Swiss), imported cheese, cheese food, product or spread, cheese with added flavors, individually wrapped slices or organic

MILK

Store or Store Designated Brand

- Fresh (not flavored)
- Whole, Low Fat (1%), Skim
- Lactose Reduced (Whole, Low Fat (1%), Skim)
- Evaporated Milk (Whole, Low Fat (1%))
- UHT "Ultra High Temperature" (Whole, Low Fat (1%), Skim) (example: Parmalat, Natrel, etc.)
- Soy Milk (8th Continent: Original or Vanilla) (Silk: Original)
- Dry Milk

CANNOT BUY flavored milk, raw unpasteurized milk, non-dairy milk substitutes, rice milk, organic or almond milk

PEANUT BUTTER

Store or Store Designated Brand

• Creamy or crunchy, 16 - 18 oz. jar

CANNOT BUY powdered peanut butter, peanut butter spreads, peanut butter with added flavors or fortified peanut butter, natural or organic

DRIED BEANS



Store or Store Designated Brand

- 1 pound package (16 oz.)
- Any mature variety

CANNOT BUY canned beans or soup mixes (added spices or meat)

BREAD/TORTILLAS

Store or Store Designated Brand

- 1 pound loaf/package (16 oz.)
- 100% Whole Wheat only

CANNED FISH

TUNA

Store or Store Designated Brand

· Chunk Light, water packed

SALMON

Store or Store Designated Brand

· Wild Alaska or Pink Salmon, water packed

CANNOT BUY albacore tuna, tuna spreads, or any other type of salmon, lunch packs, or fish with added flavoring, low sodium, diet or ready-to-serve

JUICE

CANNOT BUY calcium/fiber fortified juice, juice drinks, juice ades, juice beverages, sweetened juices, no sugar added, no organic, no infant juice

64 OZ. BOTTLED, UNSWEETENED, SINGLE STRENGTH



Seneca **Apple** (red label)



Juicy Juice **All Varieties** 100% Juice (No Harvest Surprise)



Musselman's **Premium Apple**



Old Orchard **All Varieties 100% Juice**



Lucky Leaf Apple



White House **Apple**

Old Orchard

All Varieties (must have green

tear stripe)

Seneca

Apple

(red label)

Seneca

Grape

(purple label)

11.5 - 12 OZ. FROZEN **CONCENTRATE, UNSWEETENED**

All Available in Apple and Orange



Best Yet



Essential Everyday











Great Value



Shop Rite



Signature Kitchens



Tipton Grove



TreeTop





Welch's **All Varieties** (must have yellow tear stripe)