| Adult Behavorial Risk Factor Prevalence, 2020 Statewide and By County |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | State | Kent County | New Castle County | Sussex <br> County |
| Behavioral Risk Factors | $\begin{gathered} \% \\ (95 \% \mathrm{CI}) \\ \hline \end{gathered}$ | $\begin{gathered} \% \\ (95 \% \mathrm{CI}) \\ \hline \end{gathered}$ | $\begin{gathered} \% \\ (95 \% \mathrm{CI}) \\ \hline \end{gathered}$ | $\begin{gathered} \% \\ (95 \% \mathrm{CI}) \end{gathered}$ |
| Current Cigarette Smoker | $\begin{array}{\|c\|} \hline 15.1 \% \\ (13.5-16.8) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 17.7 \% \\ (14.6-20.8) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 14.0 \% \\ (11.6-16.4) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 15.9 \% \\ (13.2-18.6) \\ \hline \end{array}$ |
| Current e-Cigarette Users | $\begin{gathered} \hline 3.7 \% \\ (2.8-4.6) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 3.6 \% \\ (2.2-5) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 3.6 \% \\ (2.3-5) \\ \hline \end{gathered}$ | $\begin{gathered} 3.9 \% \\ (2.5-5.3) \\ \hline \end{gathered}$ |
| Total Tobacco Use ${ }^{1}$ | $\begin{array}{\|c\|} \hline 19.2 \% \\ (17.3-21.0) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 21.2 \% \\ (17.9-24.4) \\ \hline \end{array}$ | $\begin{gathered} 17.7 \% \\ (15-20.5) \\ \hline \end{gathered}$ | $\begin{array}{\|c} \hline 21.0 \% \\ (18.0-24.0) \\ \hline \end{array}$ |
| Obese | $\begin{array}{\|c\|} \hline 36.5 \% \\ (34.3-38.8) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 39.9 \% \\ (36.1-43.8) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 35.1 \% \\ (31.7-38.5) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 37.3 \% \\ (33.9-40.7) \\ \hline \end{array}$ |
| Overweight | $\begin{gathered} 32.1 \% \\ (30-34.2) \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline 30.7 \% \\ (27.3-34.2) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 31.5 \% \\ (28.3-34.6) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 34.8 \% \\ (31.4-38.1) \\ \hline \end{array}$ |
| Normal Weight | $\begin{array}{\|c\|} \hline 29.2 \% \\ (27.1-31.4) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 27.8 \% \\ (24.4-31.3) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 30.8 \% \\ (27.5-34.1) \\ \hline \end{array}$ | $\begin{array}{c\|} \hline 26.7 \% \\ (23.4-29.9) \\ \hline \end{array}$ |
| Adults Who Drank More than One SugarSweetened Beverage per Day | Not asked in 2020 |  |  |  |
| Sedentary Lifestyle | $\begin{array}{\|c\|} \hline 24.7 \% \\ (22.8-26.6) \\ \hline \end{array}$ | $\begin{array}{\|\|c\|} \hline 25.4 \% \\ (22.4-28.3) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 23.4 \% \\ (20.5-26.3) \\ \hline \end{array}$ | $\begin{gathered} 27.2 \% \\ (24.3-30.1) \\ \hline \end{gathered}$ |
| Did Met Federal PA guidelines' | Not asked in 2020 |  |  |  |
| Did not consume at least five fruits and/or vegetable per day | Not asked in 2020 |  |  |  |
| Binge Drinking | $\begin{gathered} \hline 14.3 \% \\ (12.7-16) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 12.7 \% \\ (10-15.4) \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline 16.1 \% \\ (13.5-18.7) \\ \hline \end{array}$ | $\begin{gathered} \hline 11.4 \% \\ (9.1-13.6) \\ \hline \end{gathered}$ |
| Chronic Heavy Drinking | $\begin{gathered} 5.9 \% \\ (4.8-7.1) \\ \hline \end{gathered}$ | $\begin{gathered} 5.8 \% \\ (3.9-7.6) \\ \hline \end{gathered}$ | $\begin{gathered} 5.9 \% \\ (4.2-7.7) \\ \hline \end{gathered}$ | $\begin{gathered} 6.0 \% \\ (4.3-7.7) \\ \hline \end{gathered}$ |
| Driven with Too Much to Drink in Past Month | $\begin{gathered} \begin{array}{c} 2.1 \% \\ (1.1-3) \\ \hline \end{array} \\ \hline \end{gathered}$ | $\begin{gathered} 2.1 \% \\ (0.6-3.7) \\ \hline \end{gathered}$ | $\begin{gathered} 2.2 \% \\ (0.9-3.6) \\ \hline \end{gathered}$ | $\begin{gathered} 1.5 \% \\ (0.3-2.7) \\ \hline \end{gathered}$ |
| No Seatbelt Use | $\begin{gathered} 2.6 \% \\ (1.9-3.4) \\ \hline \end{gathered}$ | $\begin{gathered} 2.3 \% \\ (1.2-3.4) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 2.8 \% \\ (1.6-4) \\ \hline \end{gathered}$ | $\begin{gathered} 2.5 \% \\ (1.4-3.7) \\ \hline \end{gathered}$ |
| Chronic Health Conditions |  |  |  |  |
| Disability ${ }^{2}$ | $\begin{array}{\|c\|} \hline 23.9 \% \\ (22.1-25.7) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 24.3 \% \\ (21.4-27.3) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 22.5 \% \\ (19.7-25.3) \\ \hline \end{array}$ | $\begin{array}{\|c} \hline 26.8 \% \\ (23.9-29.6) \\ \hline \end{array}$ |
| Diabetes | $\begin{gathered} 12.4 \% \\ (11-13.8) \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline 13.1 \% \\ (10.8-15.4) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 12.6 \% \\ (10.4-14.7) \\ \hline \end{array}$ | $\begin{array}{c\|} \hline 11.6 \% \\ (9.5-13.8) \\ \hline \end{array}$ |
| Pre-Diabetes | $\begin{gathered} \hline 10.8 \% \\ (9.4-12.1) \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline 12.8 \% \\ (10.3-15.3) \\ \hline \end{array}$ | $\begin{gathered} 9.8 \% \\ (7.8-11.7) \\ \hline \end{gathered}$ | $\begin{gathered} 11.5 \% \\ (9.3-13.7) \\ \hline \end{gathered}$ |
| High Cholesterol | Not asked in 2020 |  |  |  |
| Hypertension | Not asked in 2020 |  |  |  |
| Angina or Coronary Heart Disease | $\begin{gathered} 4.8 \% \\ (3.9-5.6) \end{gathered}$ | $\begin{array}{c\|} \hline 4.2 \% \\ (2.9-5.4) \end{array}$ | $\begin{gathered} 4.1 \% \\ (2.9-5.4) \end{gathered}$ | $\begin{gathered} \hline 6.7 \% \\ (5-8.3) \\ \hline \end{gathered}$ |
| Coronary Heart Disease or Myocardial Infartion ${ }^{3}$ | $\begin{gathered} 7.6 \% \\ (6.5-8.6) \\ \hline \end{gathered}$ | $\begin{gathered} 7.0 \% \\ (5.4-8.5) \\ \hline \end{gathered}$ | $\begin{gathered} 6.3 \% \\ (4.8-7.8) \\ \hline \end{gathered}$ | $\begin{gathered} 10.7 \% \\ (8.5-12.9) \\ \hline \end{gathered}$ |
| Stroke ${ }^{3}$ | $\begin{gathered} 3.4 \% \\ (2.6-4.1) \\ \hline \end{gathered}$ | $\begin{gathered} 3.3 \% \\ (2.2-4.5) \\ \hline \end{gathered}$ | $\begin{gathered} 3.2 \% \\ (2-4.4) \\ \hline \end{gathered}$ | $\begin{gathered} 3.8 \% \\ (2.5-5.1) \\ \hline \end{gathered}$ |
| Skin Cancer | $\begin{gathered} 6.4 \% \\ (5.5-7.3) \\ \hline \end{gathered}$ | $\begin{gathered} 6.0 \% \\ (4.5-7.6) \\ \hline \end{gathered}$ | $\begin{gathered} 4.7 \% \\ (3.6-5.8) \\ \hline \end{gathered}$ | $\begin{gathered} 10.5 \% \\ (8.6-12.5) \\ \hline \end{gathered}$ |
| Other Cancer | $\begin{gathered} 7.4 \% \\ (6.3-8.4) \\ \hline \end{gathered}$ | $\begin{gathered} 7.1 \% \\ (5.5-8.7) \\ \hline \end{gathered}$ | $\begin{gathered} 6.5 \% \\ (5-8.1) \\ \hline \end{gathered}$ | $\begin{gathered} 9.4 \% \\ (7.6-11.2) \\ \hline \end{gathered}$ |
| Asthma | $\begin{array}{c\|} \hline 10.8 \% \\ (9.3-12.2) \\ \hline \end{array}$ | $\begin{array}{c\|} \hline 11.1 \% \\ (8.7-13.5) \\ \hline \end{array}$ | $\begin{gathered} 11.6 \% \\ (9.3-14) \\ \hline \end{gathered}$ | $\begin{gathered} 8.5 \% \\ (6.7-10.3) \\ \hline \end{gathered}$ |
| COPD | $\begin{gathered} \hline 10.8 \% \\ (9.3-12.2) \\ \hline \end{gathered}$ | $\begin{gathered} 11.1 \% \\ (8.7-13.5) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 11.6 \% \\ (9.3-14) \\ \hline \end{gathered}$ | $\begin{array}{c\|} \hline 8.5 \% \\ (6.7-10.3) \\ \hline \end{array}$ |
| Arthritis | $\begin{array}{\|c\|} \hline 26.7 \% \\ (24.8-28.5) \\ \hline \end{array}$ | $\begin{gathered} \hline 27.0 \% \\ (24-30) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 24.5 \% \\ (21.7-27.2) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 31.4 \% \\ (28.3-34.5) \\ \hline \end{gathered}$ |
| Limited Work Ability Due to Arthritis | Not asked in 2020 |  |  |  |
| Depressive Disorder | $\begin{gathered} \hline 15.6 \% \\ (14-17.1) \\ \hline \end{gathered}$ | $\begin{array}{\|\|c\|} \hline 17.2 \% \\ (14.5-19.9) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 15.6 \% \\ (13.3-17.9) \\ \hline \end{array}$ | $\begin{gathered} \hline 14.3 \% \\ (12-16.5) \\ \hline \end{gathered}$ |
| Vision Impairment | $\begin{gathered} 4.9 \% \\ (4-5.8) \\ \hline \end{gathered}$ | $\begin{gathered} 6.5 \% \\ (4.6-8.3) \\ \hline \end{gathered}$ | $\begin{gathered} 4.6 \% \\ (3.2-6.1) \\ \hline \end{gathered}$ | $\begin{gathered} 4.4 \% \\ (3.2-5.6) \\ \hline \end{gathered}$ |
| Preventive Medicine: Immunizations and Screenings |  |  |  |  |
| All Adults Flu Shot in Past Year | $\begin{array}{\|c\|} \hline 48.7 \% \\ (46.4-50.9) \\ \hline \end{array}$ | $\begin{gathered} \hline 48.8 \% \\ (45-52.6) \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline 48.7 \% \\ (45.2-52.1) \\ \hline \end{array}$ | $\begin{gathered} \hline 48.6 \% \\ (45.1-52) \\ \hline \end{gathered}$ |
| Age $\geq 65$ Flu Shot in Past Year | $\begin{array}{\|c\|} \hline 67.8 \% \\ (63.9-71.7) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 67.2 \% \\ (61.4-73.1) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 66.8 \% \\ (60.1-73.6) \\ \hline \end{array}$ | $\begin{gathered} 69.3 \% \\ (64-74.7) \\ \hline \end{gathered}$ |
| Age $\geq 65$ Pneumonia Vaccine | $\begin{array}{\|c\|} \hline 71.6 \% \\ (67.9-75.3) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 68.7 \% \\ (62.5-74.8) \\ \hline \end{array}$ | $\begin{gathered} 70.7 \% \\ (64.4-77) \\ \hline \end{gathered}$ | $\begin{gathered} 74.3 \% \\ (69-79.5) \\ \hline \end{gathered}$ |
| Men 40 + Who Had PSA Test in Past 2 Years | $\begin{array}{\|c\|} \hline 33.2 \% \\ (29.7-36.6) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 40.8 \%^{*} \\ (34.3-47.3) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 28.5 \% \\ (23.2-33.7) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 37.1 \% \\ (31.5-42.7) \\ \hline \end{array}$ |
| Age 50-75 who Have Fully Met the USPSTF Recommendations | $\begin{array}{\|c\|} \hline 77.2 \% \\ (74.5-79.8) \\ \hline \end{array}$ | $\begin{gathered} 72.2 \% \\ (67.4-77) \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline 76.1 \% \\ (71.9-80.3) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 81.9 \%^{*} \\ (78.1-85.7) \\ \hline \end{array}$ |
| Women 40+ Who Had Mammogram in Past 2 Years | $\begin{array}{\|c\|} \hline 73.2 \% \\ (70.1-76.3) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 72.8 \% \\ (67.7-77.9) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 73.0 \% \\ (68.2-77.7) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 74.1 \% \\ (69.4-78.8) \\ \hline \end{array}$ |
| Women 21-65 Who Had Pap Test in Past 3 Years | $\begin{array}{\|c\|} \hline 77.0 \% \\ (73.4-80.6) \\ \hline \end{array}$ | $75.9 \%$ <br> $(70-81.8)$ | $\begin{array}{\|c} \hline 77.3 \% \\ (72.2-82.4) \\ \hline \end{array}$ | $\begin{gathered} \hline 77.3 \% \\ (70.4-84.2) \\ \hline \end{gathered}$ |
| Adults Ever Tested for HIV/AIDS | $\begin{array}{\|c\|\|} \hline 43.4 \% \\ (41-45.7) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 48.5 \%^{*} \\ (44.5-52.5) \\ \hline \end{array}$ | $\begin{gathered} \hline 44.7 \%^{*} \\ (41-48.3) \\ \hline \end{gathered}$ | $\begin{gathered} 36.7 \% \\ (33.2-40.2) \\ \hline \end{gathered}$ |
| Adults at Significant Risk for HIV/AIDS | $\begin{gathered} 6.4 \% \\ (5.1-7.7) \\ \hline \end{gathered}$ | $\begin{gathered} 6.6 \% \\ (4.1-9.1) \\ \hline \end{gathered}$ | $\begin{gathered} 7.2 \% \\ (5.1-9.2) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 4.4 \% \\ (2.8-6) \\ \hline \end{gathered}$ |
| Visited Dental Clinic In Past Year | $\begin{array}{c\|} \hline 64.5 \% \\ (62.4-66.5) \\ \hline \end{array}$ | $\begin{array}{\|\|c\|} \hline 58.0 \% \\ (54.4-61.7) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 69.7 \%^{*} \\ (66.6-72.8) \\ \hline \end{array}$ | $\begin{gathered} 57.3 \% \\ (54-60.6) \\ \hline \end{gathered}$ |
| Health Care Coverage/ Health Status |  |  |  |  |
| No Health Insurance (Age 18-64) | $\begin{array}{\|c\|} \hline 13.2 \% \\ (11.4-14.9) \\ \hline \end{array}$ | $\begin{array}{c\|} \hline 10.3 \% \\ (7.7-12.9) \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline 12.0 \% \\ (9.4-14.5) \\ \hline \end{array}$ | $\begin{gathered} \hline 18.9 \%^{*} \\ (15.7-22) \\ \hline \end{gathered}$ |
| Health Status: Poor to Fair | $\begin{array}{\|c\|} \hline 13.8 \% \\ (12.3-15.2) \\ \hline \end{array}$ | $\begin{array}{\|\|c\|} \hline 12.9 \% \\ (10.7-15.1) \\ \hline \end{array}$ | $\begin{array}{c\|} \hline 13.1 \% \\ (10.9-15.4) \\ \hline \end{array}$ | $\begin{array}{\|c} \hline 15.9 \% \\ (13.5-18.3) \\ \hline \end{array}$ |

Data Source: Delaware Behavior Risk Factor Survey, 2020
*County residents are a significantly more likely to have the behavior compared to the reference county. Reference county is the county with the lowest prevalence of risk behavior/chronic health condition/screening prevalence/health care status.
${ }^{1}$ Includes all tobacco products such as cigarettes, e-cigarettes, pipes, cigars, smokeless
products, hookahs, etc.
${ }^{2}$ Disability question series changed in 2018 to include those with hearing impairments
${ }^{3}$ For myocardial infartion and stroke, this prevalence only includes those who have suffer the condition and survivied.

