

DRAFT

Health Promotion Disease Prevention Council

March 15, 2011
Eden Hill Medical Center
3rd Floor Conference Room
Dover, DE

Attendees

Members

Attended	Michael A. Barbieri	State Representative
Attended	Vickie K. George	Yes You Can Corporation
Did Not Attend	Bethany Hall-Long, RNC, PhD	State Senator
Attended	Sandra G. Hassink, MD, FAAP	Nemours Children's Clinic
Attended	Patricia P. Hoge, PhD	American Cancer Society
Did Not Attend	Paul Kaplan, MD	Blue Cross Blue Shield Delaware
Did Not Attend	Ed Kee	Delaware Department of Agriculture
Did Not Attend	Rita Landgraf	Delaware Department of Health and Social Services (DHSS)
Attended	Robert Laskowski, MD, MBA	Christiana Care Health Services
Did Not Attend	Alan B. Levin	Delaware Economic Development Office
Did Not Attend	Lillian Lowery	Delaware Department of Education (DOE)
Did Not Attend	Kathleen S. Matt, PhD	College of Health Sciences at the University of Delaware
Did Not Attend	John G. Moore	United Way of Delaware
Did Not Attend	Collin O'Mara	Delaware Department of Natural Resources and Environmental Control (DNREC)
Did Not Attend	Vivian Rapposelli	Department of Services for Children, Youth and their Families
Attended	Paula Rose, MD, MPH	Allen Family Foods
Did Not Attend	Ann S. Visalli	Office of Management and Budget (OMB)
Did Not Attend	Karen Weldin Stewart	Delaware Department of Insurance
Did Not Attend	Carolann Wicks	Delaware Department of Transportation

Designated Representatives

Attended	Dr. Karyl Rattay	DHSS
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Did Not Attend	Ray Bivens	DNREC
Attended	Teresa Strawder	OMB
Did Not Attend	Brenda Lakeman	OMB
Did Not Attend	Linda Wolfe	DOE
Attended	Rachel Onorato	DEDO
Attended	Drew Slater	Legislative Hall- State Senate

Public Attendees/Others

Attended	Kate Salvato	Bayhealth Medical Center
Attended	Suzanne Raab Long	DE Healthcare Association
Attended	Eileen Sparling	Center for Disabilities Studies, University of Delaware
Attended	Anthony Paolini	BEP
Attended	Melody Rose	DHSS
Attended	Candace Jones	DSSC
Attended	J' Aime Conrad	Pfizer
Attended	Candida Weber	
Attended	Lawanna Mayberry	

Staff

Attended	Fred Breukelman	Division of Public Health
Attended	Jill Rogers	Division of Public Health
Attended	Katie Hughes	Division of Public Health

Old and New Business

Welcome

Dr. Sandra Hassink called the meeting to order, and reviewed the items on the agenda.

Approval of Minutes

Minutes from the January and February Council on Health Promotion and Disease Prevention meetings were approved without revision.

Concept Mapping Process

Ms. Jill Rogers informed the council that as of March 14, 2011 there were 405 statements generated through 149 logins to the brainstorming website. She stated that close to 700 people were invited to

participate in the brainstorming process. Ms. Rogers confirmed that a reminder letter was sent to all invitees on March 10, 2011 and another letter will be sent out on March 16, 2011. The brainstorming site will close at 5:00 p.m. on March 23, 2011.

Ms. Vicky George and Dr. Paula Rose asked how additional participants could be invited to contribute to the brainstorming process. Ms. Rogers stated that they could forward the invitation onto individuals wishing to participate in the brainstorming process.

Next Steps

Ms. Rogers stated that the next step in the concept mapping process is for Dr. Hassink, members of the Division of Public Health (DPH) and Concept Systems Incorporated (CSI) to meet on April 5 to review the brainstormed ideas to determine the final statement set that will be used in sorting and rating.

Ms. Rogers informed the Council the sorting and rating activities are expected to begin April 11 and close May 6. She stated that Mary Kane from CSI will attend the April 19 Council meeting to provide a live demo of the sorting activity via the project website, and to facilitate the rating in person with Council members. The sorting activity will ask participants to group thematically similar statements into categories or piles that make the most sense to them as individuals while the rating activity will ask participants to rate each statement on perceived importance and feasibility.

Ms. Rogers said that 100 individuals, including all of the Council members, will be invited to participate in the sorting activity. The remaining participants will be determined at the April 5 meeting. All individuals who were invited to brainstorm will also be invited to rate.

Testimonials

Ms. Rogers introduced Ms. Melody Rose and Ms. Candice Jones to the members of the Council. Ms. Rose and her supervisor Ms. Jones shared their experiences with the DelaWELL program with members of the Council. Ms. Rose informed that Council that by utilizing information she learned at DelaWELL workshops she lost 100 pounds over the course of year. Ms. Jones told the Council that Ms. Rose's success inspired her co-workers to begin taking steps towards getting healthy. They began attending DelaWELL workshops, and participating in walking and Zumba sessions held after work at the Laurel State Service Center.

Ms. Rogers then introduced Ms. Candita Weber and Ms. Lawanna Mayberry to the members of Council. Ms. Weber and Ms. Mayberry shared their personal struggles with diabetes with members of the Council. Both women stated that the information they initially received after being diagnosed with diabetes was grim. Ms. Weber said she was presented with worst case scenarios, and did not feel like there was much she could do to control her diabetes until she attended a class given by Ms. Kathy Stroh, a trainer educator for the State of Delaware's Diabetes program. Ms. Weber stated that Ms. Stroh empowered them with practical advice and tips on how to live with, and manage diabetes.

Discussion

The Council members discussed ways to apply the information given in the testimonials. Dr. Patricia Hoge summed up the presentations by stating that she heard the speakers mention several tools that they successfully utilized such as classes, healthy incentives, food diaries, support groups, coaches, and gym discounts. She also stated that she heard all of the speakers mention things that they wish were in place such as gym equipment in work place. Dr. Robert Laskowski applauded Ms. Rose and Ms. Jones for creating a healthy culture in their workplace, and challenged the Council to think of ways that they can create a healthy culture in Delaware.

At the conclusion of the discussion the meeting was adjourned.

Public Comment

Public Comment was not provided.

Documentation

Meeting agenda and minutes are available at your request. Any requests for documents should be emailed to Katie Hughes at HughesKatherine@yahoo.com.

Future Meeting(s)

The next Health Promotion Disease Prevention Council meeting is scheduled for **April 19, 2011** at **Eden Hill Medical Center 3rd Floor Conference Room, Dover, DE.**