

Bathe or shower within
two hours of coming indoors

Look for ticks on your
body and remove them

Apply repellent to your
body and clothes

Spray your yard

Treat your pet



What is it?

Lyme disease is a bacterial infection, spread through the bite of a “black-legged tick” or “deer tick.” These ticks are commonly found in Delaware.

1-888-295-5156
de.gov/lyme



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health