

Delaware Weekly Influenza Report MMWR Week 14 (March 31 – April 6, 2019) Delaware Division of Public Health

### National Influenza Synopsis 2018-2019:

National data are updated Friday of each week. Please visit <a href="http://www.cdc.gov/flu/weekly/">http://www.cdc.gov/flu/weekly/</a> for the most current information. During MMWR Week 14 (March 31 – April 6, 2019) influenza activity continues to decrease but remains elevated in the United States. Influenza A(H1N1)pdm09 viruses predominated from October to mid-February, and influenza A(H3N2) viruses have been more commonly identified since late February. Small numbers of influenza B viruses have also been reported.. Geographic spread during week 14 is: <a href="https://www.cdc.gov/flu/weekly/">Widespread influenza activity</a> was reported by 20 states (Arizona, California, Connecticut, **Delaware**, Georgia, Maine, **Maryland**, Massachusetts, Michigan, Nevada, New Hampshire, **New Jersey**, New York, North Carolina, Ohio, Rhode Island, South Carolina, Virginia, Washington and Wisconsin). <a href="https://www.cdc.gov/flu/weekly/">Regional influenza activity</a> was reported by 20 states (Arkansas, Colorado, Florida, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Minnesota, Mississippi, Missouri, Montana, New Mexico, North Dakota, Oklahoma, Oregon, **Pennsylvania**, Tennessee, Utah, Vermont, West Virginia and Wyoming). <a href="https://www.cdc.gov/flu/weekly/">Local influenza activity</a> was reported by the District of Columbia and five states (Alabama, Alaska, Nebraska, South Dakota and Texas). <a href="https://www.spected-by-the-District-of-columbia-and-five-states-current-influenza-activity">https://www.cdc.gov/flu/weekly/</a> for the most current information. During

#### Delaware Influenza Surveillance 2018-2019:

During MMWR Week 14 there were 130 laboratory-confirmed cases of influenza reported among Delaware residents, bringing the total to 6,197 for the 2018-2019 season. Reports of influenza-like illness (ILI) received from participating providers, facilities and institutions in Delaware show ILI decreased to 0.66%, below the 2018-2019 baseline of 2.0%. Nationally, ILI decreased to 2.8%, but remains above the national baseline of 2.2%.

#### Level of Influenza Activity in Delaware, MMWR Week 14

Widespread Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.

Influenza-like illness (ILI) is a patient that presents with fever of 100° F or greater, cough and/or sore throat in the absence of a known cause other than influenza.

No Activity: No laboratory-confirmed cases of influenza and no reported increase in the number of cases of ILI.

**Sporadic:** Small numbers of laboratory-confirmed influenza cases or a single laboratory-confirmed influenza outbreak has been reported, but there is no increase in cases of ILI.

Local: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in a single region of the state.

Regional: Outbreaks of influenza or increases in ILI and recent laboratory-confirmed influenza in at least two but less than half the regions of the state with recent laboratory evidence of influenza in those regions.<sup>3</sup>

Widespread: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.

<sup>1</sup> 2018-2019 Region 3 (DE, DC, MD, PA, VA and WV) baseline = 2.0%.

<sup>2</sup> Laboratory-confirmed case = case confirmed by viral culture or PCR.

<sup>3</sup> Region = population under surveillance in a defined geographical subdivision of a state. Regions typically include several counties. Regional doesn't apply to states with < four counties.

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Summary of International Influenza Activity 7

	rmed Flu s by Subtype / ge	Wks 40-49	Wk 50	Wk 51	Wk 52	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11	Wk 12	Wk 13	Wk 14	YTD	YTD Total	YTD County %
	A / 2009 H1N1	38	26	42	36	43	33	47	56	50	39	24	42	24	21	30	12	8	5	576		
	A / 2012 H3N2	3	2	5	5	4	0	4	7	26	37	60	92	74	44	53	36	31	14	497		
DE	A / no subtype	140	68	132	182	155	130	196	253	347	539	502	542	446	466	377	229	150	100	4,954		
EW	Co-infection	2	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	0	5	6,197	
STATEWIDE	B / Yamagata	3	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	0	0	5		
ò	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	1	2	1	0	3	7		
	B / no lineage	2	2	0	1	4	4	8	6	4	16	14	11	10	27	15	13	8	8	153		
	A / 2009 H1N1	23	21	31	24	29	26	32	39	34	24	16	20	10	8	11	10	6	3	367		
	A / 2012 H3N2	1	2	3	5	3	0	3	6	16	27	36	71	52	26	25	21	21	8	326		
y stle	A / no subtype	35	27	41	55	34	52	67	104	131	209	175	176	143	136	132	68	38	29	1,652	2 2,370	38.2%
ew Castle County	Co-infection	0	0	0	0	0	0	0	1	0	0	0	1	0	0	0	0	0	0	2		
New Co	B / Yamagata	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	1		
Z	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	0	2	5		
	B / no lineage	0	1	0	1	1	0	0	0	1	0	1	2	5	1	1	1	1	1	17	L	
	A / 2009 H1N1	13	4	6	6	6	2	6	9	10	15	3	12	10	8	10	2	2	2	126		
	A / 2012 H3N2	2	0	2	0	1	0	0	0	4	6	17	14	13	16	13	9	4	4	105		
it y	A / no subtype	83	27	48	50	47	20	35	51	63	133	103	141	132	139	115	76	50	30	1,343		
Kent County	Co-infection	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1,630	26.3%
0	B / Yamagata	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3		
	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
	B / no lineage	0	0	0	0	0	2	7	4	2	13	10	2	2	4	1	2	2	2	53		
	A / 2009 H1N1	2	1	5	6	8	5	9	8	6	0	5	10	4	5	9	0	0	0	83		
	A / 2012 H3N2	0	0	0	0	0	0	1	1	6	4	7	7	9	2	15	6	6	2	66		
sex nty	A / no subtype	22	14	43	77	74	58	94	98	153	197	224	225	171	191	130	85	62	41	1,959	í	
Sussex County	Co-infection	2	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	3	2,197	35.5%
5,0	B / Yamagata	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1		
	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	1	2		
	B / no lineage	2	1	0	0	3	2	1	2	1	3	3	7	3	22	13	10	5	5	83		

### Table 1a. Influenza positive<sup>1</sup> cases reported<sup>2</sup> statewide and county by subtype (A) or lineage (B)<sup>3</sup>, Delaware 2018-19

# Table 1b. Influenza positive<sup>1</sup> cases reported<sup>2</sup> statewide and county by age group, Delaware 2018-19

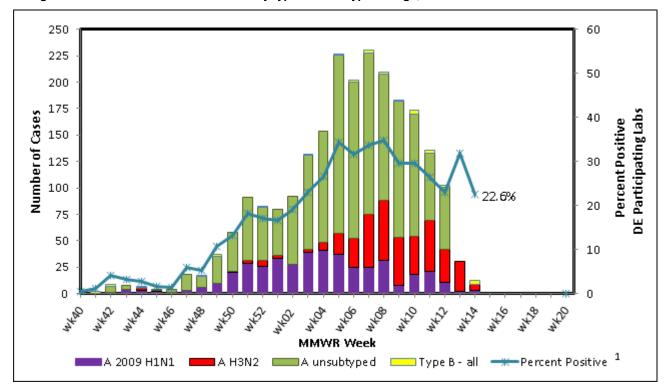
	rmed Flu s by Age o	Wks 40-49	Wk 50	Wk 51	Wk 52	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11	Wk 12	Wk 13	Wk 14	YTD	YTD Total	YTD County %
ш	0-4 years	38	25	40	62	58	55	69	77	87	121	128	137	114	101	116	59	32	19	1,338		
IDI	5-24 years	48	31	64	48	28	36	65	91	161	248	223	255	200	193	129	73	52	42	1,987		
STATEWID	25-49 years	45	20	45	54	48	32	57	71	80	114	82	120	93	90	73	49	36	20	1,129	6,197	
STA	50-64 years	28	16	17	31	33	24	37	46	56	69	81	96	53	80	63	39	28	22	819		
0)	65+ years	29	6	13	29	39	20	27	38	43	79	87	80	94	97	96	71	49	27	924		
	0-4 years	12	10	21	28	17	25	25	45	42	58	42	44	45	33	41	26	12	6	532		
y stle	5-24 years	14	18	27	20	12	14	22	40	64	86	73	108	75	48	38	32	20	17	728	2,370	38.2%
ew Cast County	25-49 years	14	11	13	21	16	17	25	25	39	51	36	50	30	26	26	14	7	6	427		
New Castle County	50-64 years	9	9	9	7	8	14	17	20	24	31	34	34	21	32	21	12	11	6	319		
z	65+ years	10	3	5	9	14	8	13	20	13	34	44	34	39	33	44	17	16	8	364		
	0-4 years	19	10	9	8	18	7	13	11	15	34	25	54	39	35	38	18	8	5	366		
	5-24 years	27	10	24	10	7	5	16	19	28	64	52	53	67	58	52	21	13	9	535		
Kent County	25-49 years	27	7	17	13	10	7	13	18	14	35	17	27	25	31	18	12	15	7	313	1,630	26.3%
So ¥	50-64 years	14	2	6	13	6	2	4	9	13	17	17	23	10	17	18	14	6	8	199		
	65+ years	14	2	0	12	13	3	2	7	9	17	22	12	16	26	13	24	16	9	217		
	0-4 years	7	5	10	26	23	23	31	21	30	29	61	39	30	33	37	15	12	8	440	2,197	
nty	5-24 years	7	3	13	18	9	17	27	32	69	98	98	94	58	87	39	20	19	16	724		
Sussex County	25-49 years	4	2	15	20	22	8	19	28	27	28	29	43	38	33	29	23	14	7	389		35.5%
<i>w</i> 0	50-64 years	5	5	2	11	19	8	16	17	19	21	30	39	22	31	24	13	11	8	301		
	65+ years	5	1	8	8	12	9	12	11	21	28	21	34	39	38	39	30	17	10	343		

<sup>1</sup> Based on patients with positive nucleic acid or viral culture test results reported to the Division of Public Health.

<sup>2</sup> Reports are by the date the laboratory results are obtained. As a result, prior weeks' counts may be adjusted to reflect additional cases received.

<sup>3</sup> The Division of Public Health Laboratory now has the capability to identify lineage for Influenza B. Since some laboratories in the state do not have this capability, those influenza cases are categorized as Influenza B, no lineage identified.

MMWR Week 14 = March 31 - April 6, 2019



	italized Flu s by Age	Wks 40-49	Wk 50	Wk 51	Wk 52	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11	Wk 12	Wk 13	Wk 14	YTD	YTD Total	YTD County %
	0-4 years	1	2	5	4	2	5	5	8	1	12	5	9	9	1	3	4	1	0	77		
ATEWIDE	5-24 years	0	1	5	0	1	2	4	4	5	4	7	4	4	2	4	5	1	0	53		
Σ	25-49 years	7	3	3	4	5	4	7	11	9	8	8	9	8	9	6	3	6	4	114	1,014	
STAI	50-64 years	7	9	6	14	9	6	12	14	21	17	27	25	10	37	17	11	11	4	257		
s	65+ years	19	5	7	18	24	10	17	30	21	45	48	42	40	54	54	36	31	12	513		
	0-4 years	0	1	1	2	1	3	4	6	1	5	4	7	6	0	1	4	1	0	47		
v stle	5-24 years	0	1	4	0	1	2	2	3	3	2	6	1	4	1	4	4	1	0	39	508	50.1%
New Castle County	25-49 years	3	2	1	2	2	3	5	5	6	7	5	6	4	3	5	2	3	1	65		
န္စပိ	50-64 years	2	6	1	4	2	4	7	6	9	10	14	9	5	18	7	4	7	2	117		
z	65+ years	6	2	4	5	11	7	8	19	6	22	28	19	20	24	27	11	14	7	240		
	0-4 years	0	1	3	1	1	0	0	0	0	4	0	2	0	0	1	0	0	0	13		
	5-24 years	0	0	0	0	0	0	1	0	1	1	0	1	0	0	0	0	0	0	4		
Kent County	25-49 years	4	1	2	1	2	0	1	3	2	0	1	1	2	0	1	0	2	2	25	237	23.4%
Sor⊼	50-64 years	4	1	4	7	3	0	1	4	9	5	8	9	2	8	4	4	2	0	75		
	65+ years	10	2	0	6	7	0	1	6	5	9	11	6	10	13	9	13	9	3	120		
	0-4 years	1	0	1	1	0	2	1	2	0	3	1	0	3	1	1	0	0	0	17		
sex nty	5-24 years	0	0	1	0	0	0	1	1	1	1	1	2	0	1	0	1	0	0	10		
Sussex County	25-49 years	0	0	0	1	1	1	1	3	1	1	2	2	2	6	0	1	1	1	24	269	26.5%
0,0	50-64 years	1	2	1	3	4	2	4	4	3	2	5	7	3	11	6	3	2	2	65		
	65+ years	3	1	3	7	6	3	8	5	10	14	9	17	10	17	18	12	8	2	153		

### Table 3. Influenza-related deaths, Delaware 2018-19

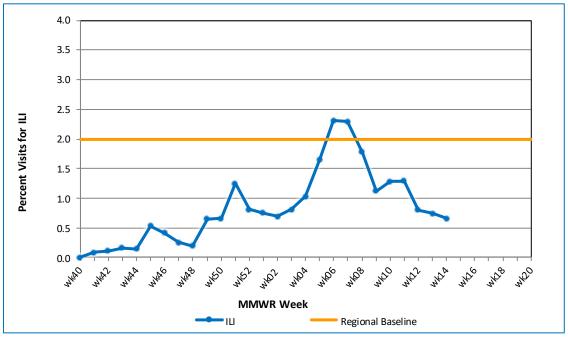
Influenza- Related Deaths	Wks 40-49		Wk 51	Wk 52	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11	Wk 12	Wk 13	Wk 14	YTD
	0	0	0	1	2	2	0	2	4	1	1	2	2	1	1	1	3	1	24

Influenza Season	Total Annual Influenza Cases
2004 – 2005	995
2005 – 2006	541
2006 – 2007	508
2007 – 2008	1,401
2008 – 2009	738
2009 – 2010	2,247
2010 – 2011	1,479
2011 – 2012	267
2012 – 2013	1,781
2013 – 2014	1,842
2014 – 2015	2,390
2015 – 2016	1,842
2016 – 2017	4,590
2017 – 2018	9,051
2018 – 2019 (YTD)	6,197

### Table 4. Annual number of influenza cases reported by flu season, Delaware 2004-05 through 2018-19

# U.S. Outpatient Influenza-Like Illness Surveillance Network (ILINet) Sentinel Providers

An ILINet (sentinel) provider conducts surveillance for influenza-like illness (ILI) in collaboration with the Delaware Division of Public Health and the Centers for Disease Control and Prevention (CDC). Data reported by ILINet providers, in combination with other influenza surveillance data, provide a national and statewide picture of influenza activity in the U.S.





<sup>1</sup> Ten of 12 sentinel providers reported.

<sup>2</sup> Regional baseline is calculated by CDC using non-influenza weeks from the previous three influenza seasons. Delaware is in Region 3 that also includes DC, MD, PA, VA and WV.

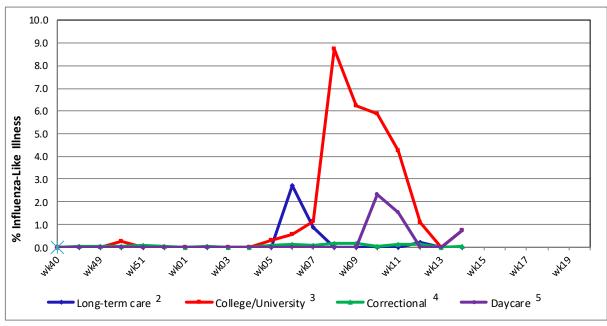


Figure 3. Influenza-like illness reported by influenza surveillance ILI reporting partners<sup>1</sup>, Delaware 2018-19

<sup>1</sup> ILINet reporting partners include long-term care facilities, colleges / universities, correctional facilities and daycare facilities.

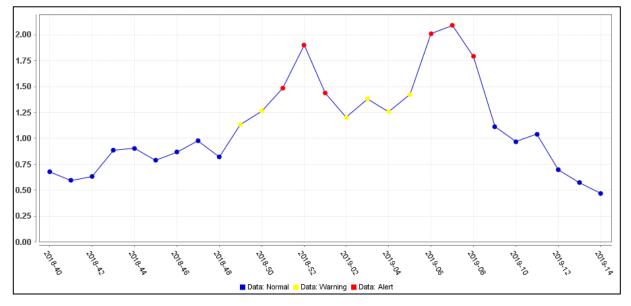
<sup>2</sup> % ILI= percentage of residents with ILI symptoms. Seven long-term care facilities reported.

 $^3$  % ILI= percentage of student visits for ILI; Two universities reported.

<sup>4</sup> % ILI= percentage of visits for ILI at the correctional facility; Nine correctional facilities reported.

 $^5$  % ILI= percentage of children absent with ILI; One daycare provider reported.





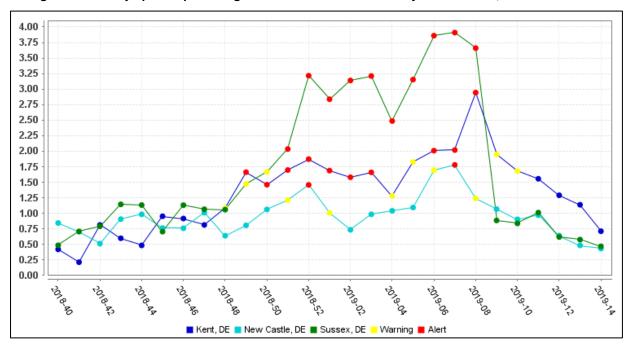


Figure 4b. County-specific percentages of ED visits due to ILI/Flu by MMWR Week, Delaware 2018-19

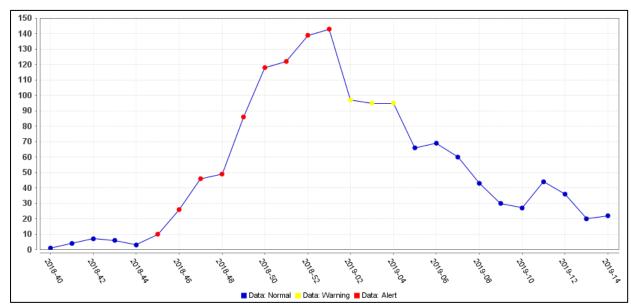


Figure 5a. Number of ED visits due to Respiratory Syncytial Virus (RSV) by MMWR Week, Delaware, 2018-19

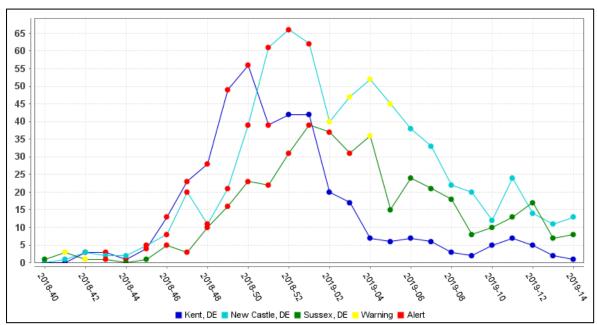


Figure 5b. County-specific numbers of ED visits due to RSV by MMWR Week, Delaware, 2018-19

# Summary of Worldwide Influenza Activity

Worldwide, seasonal influenza A viruses accounted for the majority of detections.

In the temperate zone of the northern hemisphere influenza activity decreased overall. In the temperate zones of the southern hemisphere, influenza activity remained at inter-seasonal levels, with the exception of some parts of Australia where influenza activity remained above inter-seasonal levels.

In North America, influenza activity appeared to decrease with influenza A(H3N2) the dominant virus, followed by influenza A(H1N1)pdm09.

In the United States and Canada, influenza A(H3N2) viruses caused an increased amount of the activity. In Mexico, influenza activity continued decreasing.

In the Caribbean, Central American countries, and the tropical countries of South America, influenza and RSV activity were low in general.

In Europe, influenza activity decreased across the continent. Both influenza A viruses co-circulated.

In North Africa, influenza activity was still reported in some countries.

In Western Asia, influenza activity appeared to decrease overall, with exception of some countries where activity remained elevated. In East Asia, although decreased influenza activity continued to be reported. Increased detections of influenza A(H3N2) and B (Victoria-lineage) viruses were reported in the recent weeks. In Southern Asia, influenza appeared to decrease with influenza A(H1N1)pdm09 virus predominating.

**Reference:** World Health Organization (WHO), 2019. Influenza Update number 338 (4/1/2019). Retrieved 4/5/19 from <a href="http://www.who.int/influenza/surveillance\_monitoring/updates/latest\_update\_GIP\_surveillance/en/">http://www.who.int/influenza/surveillance\_monitoring/updates/latest\_update\_GIP\_surveillance/en/</a> Reports are updated biweekly.

**NOTE:** Data provided do not reflect the total number of individuals who have been infected with the influenza virus in Delaware during the reporting period due to the following factors:

- > Many people ill with influenza-like symptoms do not seek medical care.
- Many who do seek medical care are not tested for influenza.
- The Delaware Public Health Laboratory is limited by capacity to processing a maximum of three specimens per day from each reporting entity.

The Delaware Division of Public Health (DPH) is committed to serving you better by providing the most accurate, up-to-date influenza data available.

- > For general information on influenza, visit <u>flu.delaware.gov</u> or <u>http://dhss.delaware.gov/dhss/dph/dpc/immunize-flu.html.</u>
- ➢ For specific information on DPH flu clinics, visit <u>http://dhss.delaware.gov/dhss/dph/fluclinics.html</u>.
- ➢ For questions on Delaware's weekly flu report, call the DPH Office of Infectious Disease Epidemiology: 302-744-4990.
- For questions regarding influenza vaccination, please call 302-744-1060.