



## KIDS KARE

### What is KIDS KARE?

Kids Kare is a Delaware Division of Public Health program that offers special services to keep children healthy. Services include home visits to teach parents how to best care for their children. Visits include assessment, education and counseling for children and their families.

### Consider Kids Kare if:

- You are a teen-age parent.
- You are concerned about your child's growth and development.
- You have questions about your child's medical condition.
- Your child has an elevated blood lead level.
- You have financial, housing or transportation concerns that interfere with medical care for your child.
- You have questions about special feeding problems, diets or other nutrition needs.

### Services provided:

You and your family will receive home visits from a registered nurse, social worker or nutritionist. During the first visit, we will talk about how you and your infant/child are doing, what is going well and what needs you may have. We will talk about ways in which we can help you meet those needs through our services or through other community agencies. We will develop a plan of care with you (and your family) and will set goals for a healthy infant/child. We will also provide information on how to care for your infant/child. Topics include knowing what foods to prepare, offering vitamins, breastfeeding or bottle feeding, diapering, or using a car seat.

### Please tell us:

- Tell your care manager about your child's needs.
- Let your care manager know how to reach you.
- Keep your child up to date on immunizations.
- Keep all appointments.
- Help in setting goals that would help your child stay healthy.

### For more information:

Please call Public Health Central Intake at these numbers:

- New Castle County: (302) 995-8590  
Fax (302) 995-8260
- Kent and Sussex County: (302) 424-7300  
Fax (302) 422-1363

**Contact Numbers: (302) 995-8590 or (302) 424-7300 (8 a.m. to 4:30 p.m.)**

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