

Department of Health and Social Services
Division of Services for Aging
and Adults with Physical Disabilities

Health Equity Forum
June 3, 2015





DSAAPD: Overview of Services, & Programs

Information and Support

- Delaware Aging and Disability Resource Center
- Information & Assistance/Referral
- Options Counseling (Planning & Enrollment Support)
- Care Transitions (Transition/Diversion Support)

Home and Community Based Services

- Attendant Services
- Home Delivered Meals
- Personal Care
- Home Modification
- Case Management
- Money Management
- Health & Disease Prevention

Assistance for Caregivers

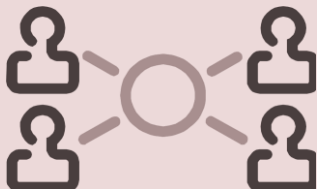

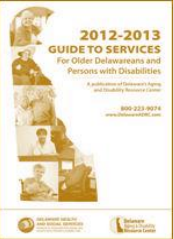

- Adult Day Services
- Alzheimer's Day Treatment
- Caregiver Support/Caregiver Resource Centers
- Respite Care

Rights and Protections

- Adult Protective Services
- Legal Services
- Long Term Care Residents Protection/Ombudsman
- Senior Medicare Patrol Program



Advancing Health Equity by Improving Access to Services

<p>Information and Assistance</p> 	<p>Options Counseling</p> 	<p>Services Guides</p> 	<p>Website</p> 
<p>Persons served</p> <p>21,341</p>	<p>Persons served</p> <p>1,047</p>	<p>Guides Distributed (hard copy and electronic)</p> <p>606,900</p>	<p>Web Hits (DSAAPD and ADRC)</p> <p>1,314,885</p>



Advancing Health Equity by Targeting Underserved Populations

Federal Requirements ACL/AoA

- Greatest economic or social need
- Race
- Ethnicity
- Low- income
- Rural

Other Target Areas

- Severely disabled
- Risk of institutionalization
- Limited English proficiency
- Alzheimer's and related disorders
- LGBTQ community
- Male Caregivers



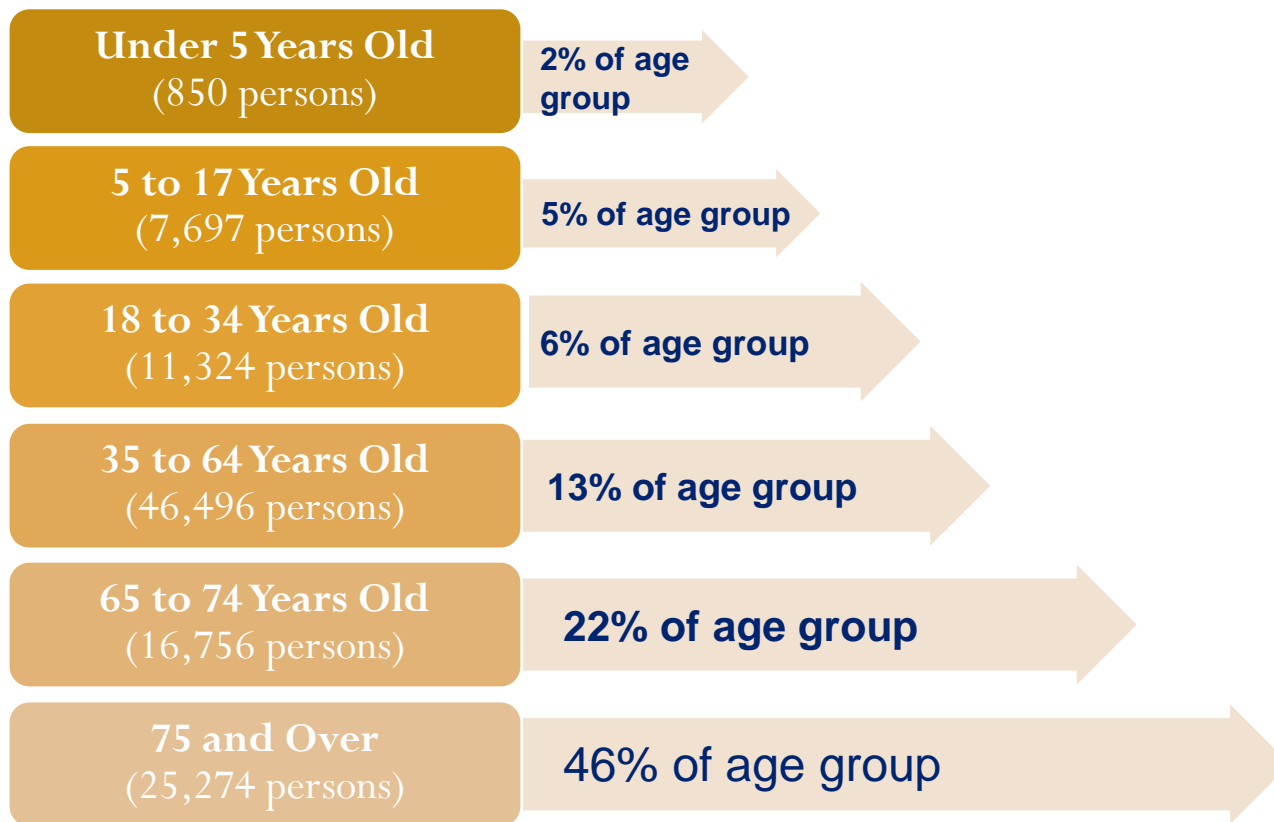
Advancing Healthy Equity through Prevention & Education

Health Promotion/Disease Prevention

- **Evidence-based programs and lead partners in DE/DHSS**
 - **A Matter of Balance/Fall Prevention - DSS/Volunteer DE 50+ (formerly RSVP)**
<http://www.mainehealth.org/>
 - **Tai-Chi: Moving for Better Balance/Fall Prevention-**
<http://www.ncoa.org/improve-health/center-for-healthy-aging/tai-chi-moving-for-better.html>
 - **Diabetes & Chronic Disease Self-Management Programs (DSMP/CDSMP)-Division of Public Health, Diabetes Management/Control Program**
<http://patienteducation.stanford.edu/programs/cdsmp.html>
- **NCOA's Center for Healthy Aging**
<http://www.ncoa.org/improve-health/center-for-healthy-aging/>
<http://www.ncoa.org/improve-health/center-for-healthy-aging/content-library/Title-IIID-Highest-Tier-Evidence-FINAL.pdf>



Persons with Disabilities in Delaware by Age (2012)



In total, 108,397 Delawareans (12% of the population) have one or more disabilities. The incidence of disability increases with age.



Delaware ADRC Contact Information

Toll Free Phone: 1-800-223-9074

TTY/TDD: (302) 391-3505 or (302) 424-7141

Email: DelawareADRC@state.de.us

Website: www.DelawareADRC.com

Division of Services for Aging & Adults with Physical Disabilities (DSAAPD)

dhss.delaware.gov/dsaapd