### **NEED HELP** NOW?

- ADRC staff are here to assist you Monday through Friday from 8:00 AM to 4:30 PM
- 24/7 phone service
- Foreign language service available
- Searchable website by service and by county

Delaware Aging & Disability Resource Center

**Visit the DSAAPD website** to download your FREE copy of the Guide to **Services for Older Delawareans and Persons** with Disabilities!

**Delaware Aging and Disability Resource Center** (ADRC)

1-800-223-9074 For Delaware Relay services, dial 711

www.DelawareADRC.com DelawareADRC@state.de.us

DELAWARE HEALTH AND SOCIAL SERVICES Division of Services for Aging and Adults with Physical Disabilities Home of the ADRC

www.dhss.delaware.gov/dsaapd





# WHAT IS AN AGING AND DISABILITY RESOURCE CENTER (ADRC)?

- A one-stop access point for information and services to help older Delawareans, adults with physical disabilities, and caregivers.
- A visible and trusted
   place where you can get information on long-term supports.
- A single point of entry to public long-term support services.

#### THE DELAWARE ADRC CAN HELP YOU...

- Learn more about available resources.
- Decide what services would be best for you.
- Find the services that you need.

## 1-800-223-9074 <a href="https://www.DelawareADRC.com">www.DelawareADRC.com</a> DelawareADRC@state.de.us

#### THE DELAWARE ADRC FEATURES...

- A comprehensive resource directory, <u>Guide to Services for Older</u>
   <u>Delawareans and Persons with Disabilities</u>.
- A call center with staff available to answer your questions and provide information.
- A dedicated website to search for and locate services in your county.