

A Mini Institute:

Ethics and Treatment Strategies



Attend one or both days and evenings. Choose from twenty different workshops, five offered each day and five offered each evening. CE credits are available for all workshops, except CPR Heartsaver.

Tuesday, June 27, 2017

Day: 9:00 AM—4:00 PM

- ◆ **Ethics in Behavioral Health Care: Cases and Controversies**—includes modules on the Foundations of Behavioral Health care Ethics, capacity, consent, coerced treatment, Tarasoff, and psychiatric LTC.
- ◆ **In Search of the Conscience: Antisocial Personality Disorder, Gang Activity, Criminality, and Addiction**—exposure to treatment strategies to develop coping mechanisms, address depression and antisocial personality, counter-dependence/co-dependent aspects of antisocial personality, and gang activity.
- ◆ **A Room So Quiet and Empty It Hurts: Reassessing Suicide Risk Assessment**—work with the ABC model of suicide risk assessment: Aloneness, Burdensomeness, and Capacity, review the epidemiology of suicide and the evidence for the ABC Algorithm and evidence that supports this risk assessment.
- ◆ **Trauma's Role in People with Co-Occurring Disorders**—look at trauma's role in the process of addiction, explain trauma's impact on the brain, how to recognize trauma reactions, and how use two trauma screening tools.
- ◆ **Essentials for Cognitive Behavior Therapy: A Beck Institute Workshop**—interactive workshop that provides the foundation needed to provide effective treatment, hone therapeutic skills, and meet the pre-requisite for the no-cost 2017-2018 CBT series.

Evening: 6:00—9:30 PM

- ◆ **The Future of Counseling and the Importance of Humor: An Oxymoron?**—stresses the role of therapeutic humor, ten key areas that will impact the future of counseling, and non-traditional funding streams.
- ◆ **Mindfulness-Based Wellness Education: An Introduction**—introducing mindfulness practices associated with wellness, and introduce the free eight-week Mindfulness-Based Wellness Education program for 2017-2018.
- ◆ **CPR Heartsaver® AED**—chest compressions and respirations for victims of cardiac arrest, use of an automated external defibrillator and CPR for children and infants.
- ◆ **Naloxone Treatment in the Community**—identify and respond to an opioid overdose, use Naloxone, and hear testimonials from persons in recovery who survived an overdose.
- ◆ **The Individual with Impossible Challenges: Ethical Issues in Helping Individuals Who Have Cluster B Personality Disorders**—examine ethical challenges of maintaining boundaries, managing countertransference, and addressing stigma when working with persons with borderline, narcissistic, and anti-social personality disorders.

You must register in advance on-line via the Delaware Learning Center @:

(non-state) <https://stateofdelaware.csod.com/default.aspx?c=dsamh-selfreg>

(state employees) www.de.gov/lms

Having technical issues with registering? Please send an e-mail to: Learningcenter@state.de.us

Questions regarding workshop content? Send an e-mail to: DSAMH.Training@state.de.us



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Wednesday, June 28, 2017

Day: 9:00 AM—4:00 PM

- ◆ **Managing the Behavioral Consequences of Violence**—explore types and nature of acts of mass violence, as well as continued exposure to violence and emotional and behavioral reactions.
- ◆ **Trauma Informed Care in an Ethical Arena**—work with individuals exposed to trauma, adverse childhood trauma, and identify strategies to ethically address five types of traumatic stress disorders.
- ◆ **Through a Trauma Informed Lens: Rethinking Addiction and Mental Health Treatment**—use a trauma informed approach to address addiction, create trauma-sensitive environment, and improve outcomes.
- ◆ **Addressing Suicidality and Co-Occurring Mental Health/Substance Use Conditions**—examine suicidal thoughts and behaviors, suicide methods and lethality, options for suicidality assessment, negotiate a safety plan, and improve self-care.
- ◆ **Cognitive Behavior Therapy for Depression: A Beck Institute Workshop**—conceptualize treatment for depression, use CBT strategies to motivate clients to modify their thinking, behavior, and problem solve, elicit and respond to client feedback and meet the pre-requisite for the no-cost 2017—2018 CBT series.

Evening: 6:00—9:30 PM

- ◆ **When Addiction and Motherhood Collide: Treating Pregnant and Parenting Women with Substance Use and Co-Occurring Conditions**—explore the intersectionality of motherhood, addiction, mental health, and child protection, and examine best treatment practices.
- ◆ **Ethics and Cultural Competence**—focus on ethics when services are provided to a diverse client base, in cross-cultural counseling, in group and family sessions, and identify strategies for creating an inclusive organization.
- ◆ **CPR Heartsaver® AED**—chest compressions and respirations for victims of cardiac arrest, use of an automated external defibrillator and CPR for children and infants.
- ◆ **Mindfulness-Based Wellness Education: An Introduction**—introducing mindfulness practices associated with wellness, and introduce the free eight-week Mindfulness-Based Wellness Education program for 2017—2018.
- ◆ **Synthetic Opioids and Other Emerging Drug Trends**—update on the opioid epidemic in Delaware, the move of the drug trade epicentre from Philadelphia to Wilmington, the evolution of a new generation of designer and synthetic drugs, their desired, toxic, mental, and physical effects, and toxicology testing.

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(state employees) www.de.gov/lms (non-state)

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