

## Who Should Attend?

Family, caregivers, nurses, personal attendants, CNAs, hospice workers, social workers, physical therapists—anyone who provides direct care to individuals with dementia will benefit from this program.

## An Overview

In this one-day conference attendees will hear from professional, family and other caregiver experts. The goal of the conference is to present creative and innovative approaches for providing care and managing the behavioral and psychiatric symptoms associated with dementia. Conference faculty will provide information related to dementia, delirium, and depression through a lecture format, smaller breakout sessions, and a panel discussion.

## The Presenters



### Laura Gitlin, Ph.D.

Dr. Gitlin will focus on non-pharmacological approaches to working with persons with dementia.

Dr. Gitlin is an internationally-recognized expert on interventions that enhance life quality for adults with disabilities. In 2011, Dr. Gitlin joined the faculty of the Johns Hopkins School of Nursing with a joint appointment to the Johns Hopkins Department of Psychiatry.



### Peter V. Rabins, M.D., M.P.H.

Dr. Rabins presents a special interest topic based on his coauthorship of *The 36-Hour Day: A Family Guide to Caring for Persons With Alzheimer Disease, Related Dementing Illnesses, and Memory Loss in Later Life*.

Dr. Rabins is a professor of psychiatry, with joint appointments in medicine, mental hygiene and health policy and management, Co-Director, Division of Geriatric Psychiatry and Neuropsychiatry, and director of the T. Rowe and Eleanor Price Teaching Service of the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine.

### A panel of caregivers— professional and family members

will share their experiences with creative approaches to care for individuals with dementia

**DSAMH is offering a  
free conference on dementia,  
providing insight and creative  
approaches to caring for  
individuals with dementia—ideal  
for family caregivers, nurses,  
CNAs, hospice workers, social  
workers, physical therapists,  
respite care workers, adult day  
care staff—  
anyone who lives with or cares for  
someone living with dementia.**

*DSAMH gratefully acknowledges the assistance  
and participation of:*

**Long Term Care Ombudsman Program**

**Division of Services for Aging and Adults  
with Physical Disabilities**

**Delaware Health and Social Services  
Division of Substance Abuse and Mental Health  
Springer Building, #381  
1901 North Dupont Highway  
New Castle, DE 19720**

# Demystifying Dementia



## Creative Approaches to Care

**Wednesday, May 23, 2012**

**7:30 a.m. – 4:30 p.m.**

**Embassy Suites Hotel  
Newark/Wilmington South  
654 South College Avenue  
Newark, DE 19713**



**DELAWARE HEALTH AND SOCIAL SERVICES**  
Division of Substance Abuse and Mental Health

## Demystifying Dementia: Creative Approaches to Care

- 7:30 a.m. Registration/Continental Breakfast  
8:45 a.m. Opening Remarks – Rita Landgraf, Cabinet Secretary, Delaware Department of Health & Social Services  
9 a.m. Keynote Address – Laura Gitllin, Ph.D.  
10 a.m. Break  
10:15 a.m. Dementia – Peter Rabins, M.D., M.P.H.  
11:15 a.m. Family & Professional Panel – Overcoming Barriers To Optimal Care  
Noon Luncheon (provided)  
1 p.m. Workshop Session I \*  
2:30 p.m. Break  
2:45 p.m. Workshop Session II \*  
4:15 p.m. Evaluations/CEUs

\* Conference participants choose two workshops, one for each session, from those listed below:

**Activity Therapy** (Session I or II) Presenter: Steve Vozzella, N.C.A.A.P.

**Skills for Daily Living and Mealtime Challenges** (Session I or II) Presenter: Wanda Goldschmidt, M.S.N.

**Prevention/Management of Aggressive Behaviors** (Session I or II) Presenter: Cynthia Steele, R.N., M.P.H.

**Depression/Delirium** (Session I only) Presenters: Allan Anderson, M.D. & Gerard Gallucci, M.D., M.H.S.

**Restorative Care** (Session II only) Presenter: Elizabeth Galik, Ph.D., C.R.N.P.

Presenter Bios are available online at: [www.dhss.delaware.gov/dhss/dsamh](http://www.dhss.delaware.gov/dhss/dsamh)

### Certification and Continuing Education

Participants assume all responsibility for ensuring that the certificate of completion will be accepted by their professional licensing organization. In compliance with certification requirements, certificates will be issued to those who register for and complete the entire conference. Applications for 6 CEUs have been submitted by the Division of Substance Abuse and Mental Health Training Office to the following boards for this conference or for approved provider status: Delaware Board of Nursing; National Association of Alcoholism and Drug Abuse Counselors; National Board of Certified Counselors; National Association of Social Workers Delaware Chapter; Commission on Rehabilitation Counselor Certification; Delaware Certification Board; Delaware Examining Board of Physical Therapists and Athletic Trainers; and Delaware Board of Examiners of Nursing Home Administrators.

**This conference is offered at *NO CHARGE*. There are four easy ways to register:**

**By Mail:** detach completed registration form and mail to DSAMH T.O., #381 Springer Building, 1901 N. Dupont Highway, New Castle, DE 19720

**By Email:** DSAMH.Training@state.de.us Provide name, telephone number, and email address for conference confirmation, as well as your two workshop choices.

**By FAX:** to 302.255.4450 or by phone, call the DSAMH Training Office at 302.255.9480

**NOTE: Confirmations will be sent via email. If you do not receive a confirmation, call 302.255.9480.**

### REGISTRATION FORM *(Please print)*

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Organization \_\_\_\_\_

E-mail Address \_\_\_\_\_

Business Telephone ( \_\_\_\_\_ ) \_\_\_\_\_

Cell/Home Telephone ( \_\_\_\_\_ ) \_\_\_\_\_

Check **ONE** activity for each afternoon breakout session.

- |  |  |   |  |
|--|--|---|--|
| Workshop Session I   | <input type="checkbox"/> Activity Therapy                              | Workshop Session II                       | <input type="checkbox"/> Activity Therapy                              |
| <input type="checkbox"/> Depression/Delirium                           | <input type="checkbox"/> Prevention/Management of Aggressive Behaviors | <input type="checkbox"/> Restorative Care | <input type="checkbox"/> Prevention/Management of Aggressive Behaviors |
| <input type="checkbox"/> Skills for Daily Living & Mealtime Challenges | <input type="checkbox"/> Skills for Daily Living & Mealtime Challenges |   |  |

Please return this registration form to:

Delaware Health and Social Services/DSAMH, Springer Building, #381, 1901 North Dupont Highway, New Castle, DE 19720  
or FAX to 302.255.4450 or email the above information to [dsamh.training@state.de.us](mailto:dsamh.training@state.de.us)

Questions? Call the Training Office at 302.255.9480. Registration will be confirmed by email; if you don't receive confirmation, please call.