



### First Garden Fair August 8 to Celebrate Benefits of Community Gardening

The Planting Hope in Delaware initiative is growing plants and tending gardens to enhance the well-being and improve the health of the greater Herman Holloway Campus community in Wilmington/New Castle. The initiative's goal is to encourage and support the growing of gardens that provide fresh, healthy food, stimulate the senses, offer respite, and create common ground for people of all abilities.

To raise funds to support the Herman

*Garden Fair... continued on page 2*

### Core Solutions Kicks Off DSAMH MIS Overhaul

Electronic Health Records are coming to DPC and DSAMH! This is the beginning of a long-overdue modernization of DSAMH's data systems that was first contemplated over five years ago. Demands placed on the existing MIS data keeping by the USDOJ Settlement Agreement have proven too great for the current capabilities. More data, along with more accessibility to it and the ability to analyze and report on it, have made revamping the system a top priority for DSAMH.

The contractor, Core Solutions, kicked off its efforts with a series of meetings with DSAMH staff that began in May. Sessions will continue throughout the summer as needs are identified, systems are designed and the details of how to move from existing (and non-existing) systems are developed. News about this important effort will continue to be shared!

### Register now!

[dhss.delaware.gov/dsamh/si2013.html](http://dhss.delaware.gov/dsamh/si2013.html)

**42nd Summer Institute 29 July - 2 August 2013**

*Addressing Trauma  
Across the Lifespan*

### 42nd Summer Institute Has Trauma-Informed Focus

Good news! When you visit <http://dhss.delaware.gov/dhss/dsamh/si2013.html> you will find 70 spectacular workforce development opportunities at the 42nd Summer Institute, *Addressing Trauma Across the Lifespan*.

To take advantage of this opportunity registrants should complete the registration page, available online or in the back of the Summer Institute program book and follow the instructions provided.

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### NEW! DSAMH Employees' Council

DSAMH Employees' Council (DEC) is here! What is it? It's an organization of elected DSAMH employee representatives that meets monthly to discuss issues of importance to staff, including recognition of the work we do and policies and procedures that affect us. It acts as the receiver of comments and suggestions from

*DEC... continued on page 3*

### 1915(i) - Change is Coming

DSAMH has been hard at work with its consultant, Mercer, on a Medicaid State Plan amendment that would allow the State to recoup Federal dollars for a variety of home and community based services to clients with Serious Persistent Mental Illness (SPMI) that the State currently pays for, leaving more State money available for service expansion. Typically, it takes about nine months for CMS review and approval. Stay tuned for details!

### DSAMH ADMINISTRATION

Kevin A. Huckshorn, DSAMH Director

Melissa A. Smith, DSAMH Deputy Director

Greg Valentine, DPC Hospital Director

Steven Dettwyler, Director,  
Community Mental Health & Addiction Services

Marc Richman, Assistant Director,  
Community Mental Health & Addiction Services;  
Director, Court Services & Prevention

Amy M. Kevis, Assistant Director,  
Community Mental Health & Addiction Services,  
Crisis Intervention & Law Enforcement

Rosanne Faust, Assistant Director,  
Community Mental Health & Addiction Services,  
Substance Use Disorders

Nana Odoi, Chief of Administration

Penny Chelucci, Director, Consumer Affairs

Joseph Hughes, Director, Planning & Development

Carol Kuprevich, Director Community Planning,  
Program Development & Training

Carlyle Hooff, Director, Behavioral Health Community  
Integration - Housing

Mary Diamond, M.D., DPC Chief Psychiatrist

Dara Schumaier, DSAMH Community Relations Officer  
(and *Progress Notes* Editor [dara.schumaier@state.de.us](mailto:dara.schumaier@state.de.us))



Holloway Community Garden, DHSS and the Delaware Department of Agriculture will be hosting a Garden Fair on August 8. The Fair will promote healthy foods and the consumption of fruits and vegetables, especially to individuals served by Delaware's Department of Health and Social Services. Fair attendees can sample a variety of dishes that incorporate Garden-grown produce, enjoy a variety of health-inspiring, energizing and relaxing activities, and take home recipes and preparation ideas for healthy meals. They can also learn about locations and local sources of fresh produce, set-up and installation procedures for home gardens, and types and sources of tools that make gardening easy for people of all abilities.

The campus garden was created to provide a healthy activity for persons with disabilities and a place for DHSS and volunteers to grow fresh,

healthy food to enhance and improve the health of the greater community. Surplus food will be donated to local food banks. The Garden Fair, to be held August 8 from 9 a.m. to 2 p.m. on the campus, with activities taking place in tented spaces adjacent to the garden, as well as in the Springer Gym. There will be mini-workshop offerings to promote community gardening, gardening for people with disabilities, healthy foods and the consumption of fruits and vegetables.

There's still time to get involved and

support this new Garden event. Planners are seeking sponsorships to raise funds as part of the "Planting Hope in Delaware" initiative. The sponsorship levels and benefits are:

- ✓ Seed Starter: \$100. Thanks and acknowledgement in the Aug. 8 Garden Fair program.
- ✓ Herbs, Flowers and Butterflies: \$500. Thanks and acknowledgement in the Aug. 8 Garden Fair program, name on Garden marker, free exhibitor's table.
- ✓ Tomatoes, Peppers and Cucumbers: \$1,000. Thanks and acknowledgement in the Aug. 8 Garden Fair program, name on Garden marker, acknowledgement in press releases, free exhibitor's table.
- ✓ Garden Guardian: \$2,500. Name and logo in Aug. 8 Garden Fair program, name on Garden marker, ac-

knowledge in press releases, name in radio public service announcement, name and logo on fair banner, and free exhibitor's table.

Garden Fair exhibitors are also being sought to **display** gardening and health-related information for a fee of \$15. Exhibitors **selling** wares are welcome as Seed Starter sponsors. Tables are available indoors or outdoors. The Garden Committee will be selling T-shirts with the Planting Hope in Delaware DPC consumer-created logo (image above) to support the future development of the Herman Holloway Garden. If they don't sell out, T-shirts may also be available at the weekly Garden Market where Garden produce is sold.

To be a "Planting Hope in Delaware" sponsor or exhibitor, complete and return the sponsorship form available at <http://de.gov/plantinghope>. Make checks payable to the Delaware Department of Agriculture, with "Garden Project" in the memo line. Mail the form and payment to: Delaware Department of Agriculture – Garden Project, Faith Kuehn, Plant Industries, 2320 S. DuPont Hwy., Dover, DE 19901. You may also pay by credit card; email [faith.kuehn@state.de.us](mailto:faith.kuehn@state.de.us) for more information on sponsorship and exhibitor opportunities, or call 302-698-4587.



**It's that time of year! The Garden's bounty will be available for sale weekly, on Fridays in the Springer Lobby. 3rd Friday of Month in Main Administration Lobby!**

## Summer Institute *continued from page 1*

Workshops fill up quickly so be sure to list first, second, and third choices on each registration. Training workshops will be until they are full, so the earlier you register, the greater the opportunity for obtaining your first choice workshops.

There are many additional evening workshop opportunities this year. These are offered to ensure that everyone will have an opportunity to attend the Summer Institute AND still staff DSAMH programs! Also note that each night there are two FREE to everyone workshops – Please encourage service recipients, friends, families, other professionals, etc., to take advantage of these opportunities at no cost to them! And finally, SAMHSA, through the Addiction Transfer Technology Center, is sponsoring a full day on Evidence-Based Practices for the Blending Model. IT IS FREE to EVERYONE and there is space for 300 persons on a first come, first served basis.

The 42nd Summer Institute's Keynote address this year is being given by Terri Pease, Ph.D. She is an educator, clinician, and consultant with the National Center on Domestic Violence, Trauma and Mental Health. In the 2013 Pazzagliani Keynote Address, Terri Pease, Ph.D. will expand our understanding of trauma-informed practice by examining how communities and their members are influenced by distant historical, cultural, and intergenerational trauma. This broad and integrated view of trauma-informed practice can: influence how we help current generations; re-frame our understanding of the value of considering community and cultural context in behavioral health services; and, integrate sensitivity to cultural and historical trauma into the services we pro-



*Terri Pease, Ph.D.*

vide. Dr. Pease describes this instruction as “Tracks of Their Tears” — The Lasting Influence of Ancestral Experience.

The Summer Institute is also the venue for the announcement of the winner of the annual Kelly/Pazzagliani Award. Please consider nominating a deserving professional for the esteemed Kelly/Pazzagliani Award! This is a very special and meaningful honor in Delaware. This award recognizes an individual who has demonstrated a significant commitment to the field of behavioral healthcare and whose involvement, service, and contributions to the improvement of the field are noteworthy and exceptional. The nominee's contribution should be recognized as making an important and ongoing impact in the field, which is above and beyond the expectations of their day-to-day work. This award is intended to recognize someone who considers personal and professional development as critical to the effective provision of services and who has clearly demonstrated this in his or her practice. For more information on this award and a nomination form, visit the Summer Institute website at the address above.

Should you have any questions about the Summer Institute, please contact the DSAMH Summer Institute/Training Office at 302-255-9480 or email [dsamh.training@state.de.us](mailto:dsamh.training@state.de.us)

## DPC Doings

In the midst of post-Joint Commission citation follow-up, DPC held its Employee Appreciation and Recognition barbeque on June 19. The following DPC staff were recognized:

### **DPC Employee of the Year:**

Darice Lane (Nursing)

### **DPC Employee of the Quarter:**

Kenji Wilson (Recovery Academy)

### **DPC Outstanding Achievement**

**Award:** Roxina Rumley (Administration)

### **Teamwork Award:**

Yvonne Owens  
Darice Lane  
Dr. Ramita Shresta  
Magdaline Epie  
Joyce Nsiah  
Dawn Robinson  
Bright Simpson  
Sue Gross  
Peace Chiedu  
(Falling Star Program)

### **Heroic Act:**

Yvette Fenn  
Ken Creasey  
Misty Speight  
Ken Burton  
Lynn Shepherd

Sussex 1 is getting a facelift! As soon as the work is done, S3 clients will move in and S3 will close. DPC continues its transition to becoming an acute care facility rather than a long-term psychiatric institution. Once the remaining CRISP clients find housing, DPC will begin accepting acute admissions—important because having more beds available at DPC will reduce the numbers of clients who are admitted to IMDs, which costs additional money.

## DEC *continued from page 1*

staff and makes recommendations to the DSAMH executive staff. Its primary purpose is to increase the means and opportunities for up and down communications between line staff and managers, enhance opportunities for cross-unit collaboration and foster greater camaraderie, cooperation and recognize staff achievement.

DEC doesn't take the place of collective bargaining organizations or have a role in benefits or policy making, beyond its communication and advisory capacity. Neither does it resolve individual staff issues, be they conflicts between individual coworkers or issues between supervisors and their staff. DEC does discuss and disseminate important information about what is happening within the agency, collects opinions and suggestions from staff on areas for change and improvement, and provides regular updates to staff. DEC Executive Committee members will meet with DSAMH leadership to collaboratively solve issues and exchange views. DEC also will plan staff activities, including fundraising for annual recognition activities and rewards, and facilitate communication among staff at all levels of the agency.

The DEC meets monthly; anyone can attend. Representatives and alternates will eventually be elected from each functional unit of the agency. The first meeting was held on May 29 to begin the work of self-organization: the creation of a statement of purpose and of operating procedures. The minutes will be posted after approval at the next meeting, to be held 6/24 9-11 a.m. in Springer Classroom 3.

If you are interested in learning more about DEC, please contact Dara Schumaier, 302-255-2717 or email [dara.schumaier@state.de.us](mailto:dara.schumaier@state.de.us)

## All About Us—DSAMH Staff News, Comings and Goings



Former DSAMH Planner Matt Ebling (center) with Joe Hughes, Director of Planning (left) and DSAMH Director Kevin Ann Huckshorn.

DSAMH Planning staff and others celebrated with former Planner Matt Ebling at an overdue farewell party on May 3 recognizing his fifteen years of State service.

Matthew Ebling served as the Substance Abuse Prevention and Treatment (SAPT) Block Grant Planner for the Division of Substance Abuse and Mental Health (DSAMH) for more than eight years. Matt was responsible for completing the annual SAPT Block Grant application every year, as well as the annual report for the Block Grant. Matt also completed the SYNAR Survey Studies each year, which canvassed areas of the state for businesses that sold tobacco, but were not licensed to do so.

DPC said farewell in May to Laquita Johnson, Alethea Miller and Earl Robinson.

DSAMH's New Castle Crisis Intervention Services unit recently completed a move from the Fernhook facility on Central Avenue to the Springer Building. Springer is home now, too, to Director of Consumer Relations , Penny Chelucci whose office is located in what was the old Medical Conference Room. Moves continue as DSAMH moves in the direction of being an oversight agency and out of the business of being a direct service provider. Most DSAMH Administrative staff are now located in Springer, with only about a dozen staff left on the first floor of the Main Administration Building.

DSAMH had 20 peer specialist staff recently complete their training using the curriculum developed by DSAMH. DSAMH is working on a formal credentialing process for peer specialists.

## **NEW! Consumer Issue Resolution Hotline**

Clients who are experiencing problems with their service providers are encouraged to call DSAMH for help in resolving them.

**855-649-7944**

**Prevention! It's SAMHSA's top priority!** Below is a calendar, excerpted from an exceptional publication, *Month-by-Month Prevention and Promotion Call to Action and Planning Guide: A Comprehensive Guide to Help Plan Your Monthly Substance Abuse Prevention and Mental Health Promotion Awareness Events*. This booklet was produced by the 2011-13 Cohort of the CSAP Prevention Fellowship Program. DSAMH has been fortunate to have our own Prevention Fellow, Usoa-maka Aneke, who contributed to this important work which is chock-full of ideas. You can access the entire 174-page document online at: <http://dhss.delaware.gov/dhss/dsamh/preventresources.html>.

## YEARLY AWARENESS CALENDAR AT-A-GLANCE

<p style="text-align: center;"><b>JANUARY</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Fetal Impact Awareness</b></p> <ul style="list-style-type: none"> <li>• National Birth Defects Month</li> <li>• National Drug Facts week (Last Week)</li> </ul>	<p style="text-align: center;"><b>FEBRUARY</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>COA Awareness</b></p> <ul style="list-style-type: none"> <li>• National Heart Month</li> <li>• National Wear Red Day (1st Friday)</li> <li>• Children of Alcoholics Week (3rd Week)</li> </ul>	<p style="text-align: center;"><b>MARCH</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Drugs and the Brain Awareness</b></p> <ul style="list-style-type: none"> <li>• Brain Injury Awareness Month</li> <li>• Inhalant &amp; Poison Awareness Week (3rd Week)</li> <li>• Kick Butts Day (3rd Wednesday)</li> </ul>	<p style="text-align: center;"><b>APRIL</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Alcohol Abuse Awareness</b></p> <ul style="list-style-type: none"> <li>• Alcohol Awareness Month</li> <li>• National Alcohol Screening Day (1st Thursday)</li> <li>• Alcohol Free Weekend (1st Weekend)</li> <li>• World Health Day (1st Saturday)</li> </ul>
<p style="text-align: center;"><b>MAY</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Mental Health Promotion Awareness</b></p> <ul style="list-style-type: none"> <li>• Mental Health Month</li> <li>• National Children's Mental Health Awareness Week (2nd Week)</li> <li>• ATOD Related Birth Defects Week (2nd Week)</li> <li>• National Prevention Week (3rd Week)</li> <li>• World No Tobacco Day (May 31)</li> </ul>	<p style="text-align: center;"><b>JUNE</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Marijuana Use and Abuse Awareness</b></p> <ul style="list-style-type: none"> <li>• International Day Against Drug Abuse (June 26)</li> <li>• National HIV Testing Day (4th Wednesday)</li> </ul>	<p style="text-align: center;"><b>JULY</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Rx. Drug Abuse</b></p> <ul style="list-style-type: none"> <li>• World Hepatitis Day</li> </ul> <p style="text-align: center;"><i><b>DSAMH Recovery Month MiniGrant Proposals will be due July 26. (info to come)</b></i></p>	<p style="text-align: center;"><b>AUGUST</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Your Community Needs</b></p> <ul style="list-style-type: none"> <li>• International Overdose Awareness Day (August 31)</li> <li>• National Night Out (August 6)</li> </ul>
<p style="text-align: center;"><b>SEPTEMBER</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Recovery Awareness</b></p> <ul style="list-style-type: none"> <li>• National Recovery Month</li> <li>• FASD Awareness Day (2nd Sunday)</li> <li>• National Suicide Prevention Week (2nd Week)</li> <li>• World Heart Day (September 30)</li> </ul>	<p style="text-align: center;"><b>OCTOBER</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Prevention Awareness</b></p> <ul style="list-style-type: none"> <li>• National Substance Abuse Prevention Month</li> <li>• Mental Health Awareness Week (2nd Week)</li> <li>• World Mental Health Day (October 10)</li> <li>• College Alcohol Awareness Week (3rd Week)</li> <li>• National Red Ribbon Week (4th Week)</li> </ul>	<p style="text-align: center;"><b>NOVEMBER</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Tobacco Awareness</b></p> <ul style="list-style-type: none"> <li>• Lung Cancer Awareness Month</li> <li>• COPD Awareness Month</li> <li>• Great American Smoke-out (3rd Thursday)</li> <li>• International Survivors of Suicide Day (November 17)</li> </ul>	<p style="text-align: center;"><b>DECEMBER</b></p> <p style="text-align: center;"><i>Focus On:</i> <b>Drinking, Drugs &amp; Driving Awareness</b></p> <ul style="list-style-type: none"> <li>• National 3-D Month (Drugged, Drinking &amp; Driving)</li> <li>• World AIDS Awareness Day</li> </ul>

# Overcoming Obstacles to Oral Health

*A training program for caregivers of people with disabilities and frail elders*



The Center for Disabilities Studies and the Delaware Division of Public Health will be holding five trainings for caregivers of people with disabilities throughout Delaware this June. Direct support professionals, group home staff, family members of individuals with disabilities and dental hygienists are invited to attend. Caregivers will learn about:

- The causes of oral health problems.
- Daily mouth care.
- Creating conditions for oral health success.
- Maintaining a healthy mouth in people with disabilities.

**There is no fee for this training, but pre-registration is required.** Register now: <http://bit.ly/1zAe8O>. Lunch will be served for the daytime sessions, and dinner will be served for the evening sessions.

**Thursday, June 20, 4 p.m. to 9 p.m.**

Clayton Hall, University of Delaware  
100 David Hollowell Drive, Newark, DE 19716

**Friday, June 21, 9 a.m. to 2 p.m.**

Delaware Technical and Community College, Stanton Campus  
400 Stanton-Christiana Road, Newark, DE 19713

**Tuesday, June 25, 4 p.m. to 9 p.m.**

Delaware Technical and Community College, Terry Campus  
100 Campus Drive, Dover, DE 19904

**Thursday, June 27, 4 p.m. to 9 p.m.**

Delaware Technical and Community College, Owens Campus  
18800 Seashore Highway, Georgetown, DE 19947

**Friday, June 28, 9 a.m. to 2 p.m.**

Milford Library  
11 SE Front Street, Milford, DE 19963