

Ellendale Recovery Response Center Recovery Innovations 700 Main Street, Ellendale, DE 19941 302 424-5660

Our mission is to create opportunities and environments that empower people to recover, to succeed in accomplishing their goals, and to reconnect to themselves, others and meaning and purpose in life.

www.recoveryinnovations.org



The Ellendale Recovery Response Center is a 23 hour crisis assessment and engagement program for individuals 18 years of age and older with significant mental health and/or substance use challenges. The goals of the Recovery Response Center services are to prevent, when possible, hospitalization and higher levels of care by rapidly getting to know the person's needs, engaging in a voluntary recovery opportunity, and connecting people to community services and supports.

Recovery Innovations has extensive experience operating similar programs in five other locations around the country and has been a leader in the behavioral health field by the development and application of the best practices of no-force-first, trauma-informed care, peer support, and recovery outcomes.

Currently the State is implementing a comprehensive initiative to increase availability of community based behavioral health services and transform the service system to be recovery-oriented. Under this initiative, the Ellendale center is funded through a contract with the Delaware Division of Substance Abuse and Mental Health so individuals will be served without regard to income or insurance status.

Our highly trained staff works under the supervision of skilled mental health administrators, Patricia Friend and Rachelle Weiss. A nurse practitioner is either on-site or on-call 24/7 and works under the supervision of our Medical Director, psychiatrist Dyanne Simpson. Additional 24/7 staff includes mental health professionals, psychiatric nurses, and peer support specialists. A constable is on duty 24/7.

We welcome referrals 24/7 from hospital emergency departments, law enforcement, mobile crisis teams, community agencies, family/friends, and of course self referrals. Whenever possible, please call us in advance with referral information so we can coordinate services and be prepared for an immediate response upon arrival. 302 424-5660.

What you can expect.

- 1. Law enforcement personnel will be greeted immediately and released back to duty within 15 minutes or less. Individuals who appear to be medically or physically unstable should first be taken to a hospital emergency room.
- 2. Hospital Emergency Departments can expect to reduce the emergency room boarding of patients being held for placement in an inpatient psychiatric hospital. We will accept referrals of individuals who have been medically cleared, including those that remain on a 24-hour involuntary emergency hold.
- 3. No one will be released to the street without transportation and a follow up plan for continuing services and supports.
- 4. Our language is welcoming and friendly. We offer a hospitality culture and refer to the people we serve as guests.
- 5. Family and friends are welcome to visit with permission from our guest.

Here are some guidelines to help you make referrals:

- 1. Adults (18 years of age or older).
- 2. All those willing to voluntarily accept the services provided by the Recovery Response Center.
- 3. Referrals will also be accepted for individuals whose mental condition causes them to be dangerous to self or dangerous to others and are unwilling to accept voluntary services. Involuntary individuals may be brought to the Recovery Response Center by "designated transport personnel." At the Recovery Response Center these individuals will be detained for up to 24 hours for evaluation and disposition. The recently enacted revised mental health law defines "Designated transport personnel" as police officers, peace officers and constables, private ambulances, state employees, and contracted transportation staff.
- 4. The person is experiencing current behavioral health challenges that without immediate intensive support could result in hospitalization or incarceration.
- 5. Do not consider the following for referral to the Recovery Response Center. If you have questions about a specific referral, please call us to discuss. Our medical staff is available to consult 24/7. 302 424-5660.
 - a. Suspected drug overdose or ingestion of unknown substance until medically cleared.
 - b. Medically unstable individuals. For example, temperature above 101 degrees F; Heart rate outside of 50 120 range; Blood pressure below 90 diastolic or above 200 systolic; Respiratory rate below 24. Or, any combination of these conditions that would present an obvious medical concern.
 - c. Toxic or rising levels of medications or other substances (some substances or medications may require lab tests to determine potential toxicity).
 - d. Conditions requiring medical monitoring/management that is not available at the Recovery Response Center. Examples may include:
 - i. Vital sign monitoring more frequent than every hour;
 - ii. Stat (within four hours) x-rays and blood work;
 - iii. Nebulizers and respiratory therapy (though arrangements could be made to have a nebulizer delivered);
 - iv. IV therapies, NG tubes, central catheter insertion and maintenance;
 - v. Medical isolation; extensive skin care programs;
 - vi. Renal or peritoneal dialysis;
 - vii. Cardiac telemetry;
 - viii. Monitoring of blood gases;
 - e. Individuals in moderate to acute alcohol or drug withdrawal (abnormal vitals, tachycardia, dehydration, hallucinations, nausea and vomiting).

Please feel free to call us if you have questions or if we can provide further information. And, we'd love to meet you. Please call either one of our administrators, Patricia or Rachelle for a tour.



Ellendale Recovery Response Center 700 Main Street Ellendale, DE 19941 302 424-5660