

*Preparing the Adult Mental Health Workforce to Succeed
in a Transformed System of Care*



Module 9: Peer Roles in Mental Health Settings

Post-test

- 1) The New Freedom Commission (2003) called for the complete inclusion of consumers and family members as providers and partners in care.
 - True
 - False

- 2) Peer support is just about being friends.
 - True
 - False

- 3) Consumer involvement in mental health settings adds something unique by: (Please check all the apply)
 - a. Sharing experiential knowledge
 - b. By helping themselves as they help others (helper principle)
 - c. Serving as credible role models

- 4) Many mental health programs are being developed and operated by consumers including some of the following: (check all that apply)
 - a. Drop-in centers and wellness programs
 - b. Alternative crisis programs
 - c. Employment programs
 - d. Military bases

5) Involving peers in an organization does little to promote recovery.

True

False

6) Appropriate roles for Peer Specialists can include (check all that apply)

A. Running groups

B. Working at McDonalds

C. Crisis intervention

D. Providing peer support/mentoring

7) Multiethnic Peer Support Specialists can contribute to creating a culturally competent, recovery-oriented environment.

True

False

8) Which of the following are personal benefits for mental health staff when partnering with Peer Specialists?

A. Obtaining information about living with a mental illness

B. Money

C. Hope and optimism

9) A Peer Bridger can provide a linkage to the community.

___ True

___ False