



Spotlight on... Mental Health Awareness Month

May was Mental Health Awareness Month. Mental illness is all too common in Delaware and across the United States. In fact, 1 in 4 people will experience a form of mental illness during their lifetime. Many suffer from more than one mental illness at any given time. Visit dhss.delaware.gov/dhss/dsamh/promise.html for information on how Delaware is changing the way mental health services are delivered in the state. You can also visit delaware.networkofcare.org for information on where to seek help.



Drinking Hurts Thinking Campaign



Robert Kracyla, Deputy Director of the Delaware Division of Alcohol & Tobacco Enforcement walks with a Sussex Central High School student wearing "fatal vision" goggles, which simulate alcohol impairment.

In April, DHSS/DSAMH launched a new statewide campaign aimed at curbing underage drinking and binge drinking. The new campaign is an extension of the Underage? Understand. Don't Drink! campaign seen statewide. Students from high schools across the state had the chance to walk through an inflatable brain to see the toxic effects alcohol can cause on the body and brain. Students also had an opportunity to walk with fatal vision goggles which simulate impaired vision while intoxicated.

Drinking Hurts Thinking Continued...

This aggressive campaign is critical to our overall strategy of reducing the toll that the addiction epidemic is taking in our state, DHSS Secretary Rita Landgraf said. Our young people need to know that using and abusing alcohol can be harmful to their immediate health and can be the first step down a path that eventually leads to addiction. Education and prevention are important to helping them understand those risks. The Center for Drug Alcohol Studies at the University of Delaware found that 31 percent of 11th graders in Delaware reported using alcohol at least once in the past month in 2014, with 57 percent saying they had used it in the past year and 65 percent saying they had used it in their lifetimes.

Read the Article Below:

<http://www.delawareonline.com/story/news/local/2015/04/22/new-underage-binge-drinking-campaign-delaware/26190605/>

Have something you would like to see in a future edition of progress notes?

Contact Community Relations Officer and **Progress Notes** editor Bryan Gordon at Bryan.Gordon@state.de.us.

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DSAMH ADMINISTRATION

Gerard Gallucci, Acting DSAMH Director

Melissa A. Smith, DSAMH Deputy Director

Greg Valentine, DPC Hospital Director

Dyanne Simpson, D.O., DSAMH Medical Director

Steven Dettwyler, Director,
Community Mental Health & Addiction Services

Marc Richman, Assistant Director,
Community Mental Health & Addiction Services;

Amy M. Kevis, Assistant Director,
Community Mental Health & Addiction
Services, Crisis Intervention & Law Enforcement

Rosanne Faust, Assistant Director,
Community Mental Health & Addiction
Services, Substance Use Disorders

Penny Chelucci, Director, Consumer Affairs

Valerie Devereaux, Performance Improvement

Tom Johnson, Director, Provider Relations

Carol Kuprevich, Director Community
Planning, Program Development & Training

Carlyle Hooff, Director, Behavioral
Health Community Integration-Housing

Debra Crosson, Director, Eligibility and
Enrollment

Angie Walker, Director, Quality Assurance

Rockford at the Orchards Grand Opening



Provider Relations Director Tom Johnson joins Rockford staff at the grand opening celebration.

In March, the Rockford Center launched Rockford at the Orchards, a new adult day hospital and adult substance abuse IOP program. The new facility is located on Kirkwood Highway in Wilmington, and will offer comprehensive outpatient mental health and substance abuse programs for adults. For more information about services offered at Rockford at the Orchards, please call (302)996-5480.

NAMI Mental Health Awareness Walk



Pictured above: Team Justice"-Statewide TASC team

On May 2, several DSAMH employees participated in the National Alliance of Mental Illness NAMI Delaware Mental Health Awareness walk. Among the participants were members of the

NAMI Walk Continued...

DSAMH statewide Treatment Access Center (TASC) team. Going under the name Team Justice, they raised \$640 for NAMI Delaware. Great work!

Food Bank Backpack Program



In May, DHSS employees, including many from DSAMH joined Governor Markell during their lunch hour to help pack over 5,200 bags of food for the Food Bank of Delaware's Back Pack Program for children in need. Each bag represents one week's worth of food for Delaware children who need it the most. The bags are often distributed at local schools and community centers. To learn more about the backpack program, or how to help, visit fbd.org.



Pictured above are Lucy Williams and Chardae Burton from the DSAMH Mobile Crisis Unit assisting at the food bank backpack drive.

Free Training Workshop For Providers!

On June 22nd and 23rd, there will be a free training for providers hosted at the Embassy Suites in Newark. The training is a joint effort by DSAMH and DelARF to provide better knowledge on topics of most importance to providers. Outside experts will be on hand to discuss topics such as negotiation with MCO's, rate setting strategies, billing, collections, and utilization review. The training is open to any provider staff member who wishes to attend. RSVP's are due by close of business on Tuesday, June 16th. If you have not yet registered, please fill out the form on the last page of this newsletter and email it to Carolyn Petrak at cpetrak@delarf.org or fax it to (302)622-9254.

Substance Abuse Facility Licensing Standards

On June 1, 2015 the new substance abuse facility licensing standards went live on the state of Delaware's Registrar of Regulations website. These revised regulations reflect months of work between DSAMH, DelARF and many SUD providers. The regulations are now online for public review. At the end of the public review period, DSAMH will review any comments to determine if further changes need to be made. If you wish to view the regulations, please visit the website below: <http://regulations.delaware.gov/services/register.shtml>

DSAMH Consumer Issue Resolution Hotline

Clients who are experiencing problems with their service providers are encouraged to call DSAMH for help in resolving them.

855-649-7944

DSAMH Professional Development Day Spring 2015



DSAMH employees took part in a one day professional development day. The trainings focussed on the topics of HIPAA Compliance and team building activities. To see more pictures from the DSAMH professional development day, please visit the DSAMH intranet page at <http://intranet.dhss.state.de.us/dsamh/index.html>



Congratulations to Donna Murray from the Quality Assurance Unit on her 35 years of service to the State of Delaware! Donna is seen here receiving her award from Sec. Landgraf and Dr. Gallucci. To see more pictures from the DSAMH professional development day, please visit the DSAMH intranet page at <http://intranet.dhss.state.de.us/dsamh/index.html>



Staff members take a break from presentations to participate in a Tai Chi demonstration conducted by our very own DSAMH team member Tita Gontang from the Georgetown Clinic/PROMISE Assessment Center. Thanks to Tita for providing some relaxation and energy to DSAMH staff! To see more pictures from the DSAMH professional development day, please visit the DSAMH intranet page at <http://intranet.dhss.state.de.us/dsamh/index.html>

Lonliness Conference



DSAMH Director of Community Mental Health and Addiction Services, Steve Dettwyler speaks to attendees at the Lonliness Conference on April 1st.

Secretary Landgraf joined DSAMH staff and several statewide mental health professionals and advocates for the Lonliness Conference held in April at Arsht Hall. Attendees had the opportunity to hear from speakers about the impact of loneliness on the lives of people with a serious mental illness. The event also included a consumer panel, experts on statistics and trends, and recommendations for reaching out to people with serious mental illness.

SATURDAY, JUNE 13TH 2015

PREVENTION WORKS

YOUTH SYMPOSIUM
10:00am - 4:30pm

REGISTRATION BEGINS @ 9:30AM

AGES 12-20
RAFFLES & GIVEAWAYS

Choose from **3 WORKSHOPS**
YOUTH LEADERSHIP
THE ARTS & PREVENTION
PhotoVoice

LOCATION TRANSPORTATION FROM EACH COUNTY
DELAWARE TECHNICAL AND COMMUNITY COLLEGE - TERRY CAMPUS
EDUCATIONAL & TECHNOLOGY BUILDING-CONFERENCE CENTER
100 CAMPUS DRIVE | DOVER, DE 19904

TO REGISTER, VISIT [HTTPS://WWW.SURVEYMONKEY.COM/S/PREVENTIONWORKSYOUTHSYMPO](https://www.surveymonkey.com/s/preventionworksyouthsympo)

Funding for this project (SP15607) has been provided by the Department for Health and Social Services, Division of Substance Abuse and Mental Health-State of Delaware through a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).

PREVENTION WORKS!
IT STARTS WITH YOU!

DELAWARE HEALTH AND SOCIAL SERVICES
Division of Substance Abuse and Mental Health



Behavioral Health Provider Workshop
Co-sponsored by the DHSS Division of Substance Abuse and Mental Health
June 22-23, 2015

Embassy Suites Newark-Wilmington South
654 South College Avenue
Newark, DE 19713

www.newark.embassysuites.com

REGISTRATION FORM

Registration Deadline: Close of Business Tuesday, June 16, 2015.

Please complete this form and return a scanned or faxed copy to Carolyn Petrak at cpetrak@delarf.org or 302-622-9254.

Organization: _____

Please list all participants from your organization who will be attending this training. You can check more than one box for each participant. There is no cost to attend this workshop.

Participant 1: _____ Title: _____ Email: _____

- Monday June 22, 2015 8:30-12:30 Policy Issues w/ Matt Wolf
- Monday, June 22, 2015 12:30-4:30 & Tuesday, June 23, 2015 8:30AM – 4:30PM
Billing & Collection Practices w/ Ann Cox and Ann Premazon

Participant 2: _____ Title: _____ Email: _____

- Monday June 22, 2015 8:30-12:30 Policy Issues w/ Matt Wolf
- Monday, June 22, 2015 12:30-4:30 & Tuesday, June 23, 2015 8:30AM – 4:30PM
Billing & Collection Practices w/ Ann Cox and Ann Premazon

Participant 3: _____ Title: _____ Email: _____

- Monday June 22, 2015 8:30-12:30 Policy Issues w/ Matt Wolf
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Billing & Collection Practices w/ Ann Cox and Ann Premazon

Participant 4: _____ Title: _____ Email: _____

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