

The Delaware Psychiatry Residency Program  
**Life-long Learning Skills Evaluation**

<b>Date:</b>		<b>Resident Name:</b>		<input type="checkbox"/> <b>PGY-I</b>	<input type="checkbox"/> <b>PGY-II</b>	<input type="checkbox"/> <b>PGY-III</b>	<input type="checkbox"/> <b>PGY-IV</b>
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At the end of your residency or fellowship, you will be independent and competent in planning and monitoring your life-long educational progress. If you have not already done so, you should get into the habit of noticing how you learn most effectively, what you know now that you didn't know last month, and you should be thinking about what you want to know by next six months.

In order to facilitate and document the growth of these skills, you will be asked to complete this form every six months. Consider the six core competency areas when evaluating yourself (*Patient Care, Medical Knowledge, Practice-Based Learning and Self-Improvement, Interpersonal and Communication Skills, Professionalism, and System-Based Practice.*) Make sure to define "know" broadly, to include skills and attitudes, as well as facts.

**1. List a few examples of what you know or how you are different compared to six months ago:**

**2. List what you have read in the past six months (List topic and source; it is not necessary to give bibliographic detail):**

**3. List topics you have reviewed and databases you have used:**

**4. List your personal and educational goals for the next six months:**

**5. List any other attitudes/behaviors/improvements that you would like to work on within the next six months:**