| 1                                      | SEVENTH REPORT OF THE COURT MONITOR   |  |  |  |  |  |
|--|---|--|--|--|--|--|
| 2                                      | <b>ON PROGRESS TOWARD COMPLIANCE</b>  |  |  |  |  |  |
| 3                                      | WITH THE AGREEMENT:   |  |  |  |  |  |
| 4                                      | U.S. v. STATE OF DELAWARE   |  |  |  |  |  |
| 5                                      | U.S. District Court for the District of Delaware, Civil Action No: 11-591-LPS   |  |  |  |  |  |
| 6                                      | June 11, 2015   |  |  |  |  |  |
| 7                                      |   |  |  |  |  |  |
| 8                                      |   |  |  |  |  |  |
| 9                                      | I. <u>Introduction</u> :  |  |  |  |  |  |
| 10<br>11<br>12<br>13<br>14<br>15<br>16 | This is the seventh report of the Court Monitor (Monitor) on the implementation by the State of Delaware (State) of the above-referenced Settlement Agreement (Agreement). <sup>1</sup> Prior reports of the Monitor have reviewed the State's progress with regard to each element of the Agreement, as well as related reforms it is making to support the Agreement's goals. With the concurrence of the parties, this is an abbreviated report. It focuses upon those provisions of the Agreement for which the Monitor has concluded that the State was not in Substantial Compliance per the Monitor's sixth report. <sup>2</sup> These provisions relate to: |  |  |  |  |  |
| 17<br>18<br>19                         | a. Reducing the number of State-funded psychiatric inpatient bed-days used by the population of people with Serious and Persistent Mental Illness (SPMI) that the Agreement targets (Section III.D.3 of the Agreement),   |  |  |  |  |  |
| 20<br>21<br>22                         | b. Discharge planning for individuals who are hospitalized in Delaware Psychiatric Center (DPC) or one of the private psychiatric hospitals (IMDs <sup>3</sup> ) that serve members of the target population through State funding (Section IV),  |  |  |  |  |  |
| 23<br>24                               | c. The State's Assertive Community Treatment programs (ACT) and their fidelity to the TMACT program standards (Section III.F <sup>4</sup> ), and  |  |  |  |  |  |
|  |   |  |  |  |  |  |

<sup>&</sup>lt;sup>1</sup> This report generally covers the period from July 1, 2014 through February 28, 2015.

<sup>&</sup>lt;sup>2</sup> Section VI.B.3.g presents criteria by which the Monitor is responsible for evaluating the State's performance with regard to the Agreement's provisions, through ratings of: Substantial Compliance, Partial Compliance, and Noncompliance. For the period ending July 15, 2014, the Monitor found the State to be in Substantial Compliance with the relevant provisions of the Agreement that are *not* discussed in this report. Although not reviewed here, the State is required to maintain Substantial Compliance for these provisions. Based upon the Monitor's ongoing evaluations, including the "dashboard" data provided by the State on a monthly basis, Delaware is, indeed, fulfilling its responsibility to sustain compliance with these provisions.

<sup>&</sup>lt;sup>3</sup> IMD refers to the federal classification of such facilities under Medicaid as "Institutions for Mental Diseases." Three privately operated IMDs serve members of the target population.

<sup>&</sup>lt;sup>4</sup> In 2012, the Monitor and the parties agreed that the TMACT model of fidelity would be substituted for the Dartmouth model, which is specified in the Agreement.

d. The State's risk management program, which is intended to reduce the risk of harm to
individuals covered by the Agreement (Section V.B).

27 In addition to these four provisions, this report also presents an update on the State's efforts to 28 increase the number of individuals who receive supported employment services (per Section 29 III.J) and who ultimately secure jobs in the mainstream workforce. The State has been in 30 Substantial Compliance with respect to providing the supported employment services required by this provision of the Agreement, however, the Agreement has no specific targets for the actual 31 32 employment outcomes of these services. As was referenced in prior reports of the Monitor, the Governor has made employment of Delawareans with disabilities a priority of his administration. 33 Furthermore, employment of people with disabilities in the mainstream of their communities is 34 35 one essential goal of the Americans with Disabilities Act (ADA), upon which the Agreement is substantially based. For these reasons, an update on the State's success in securing jobs for 36 members of the target population is included in this report. 37

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## II. <u>Review of Delaware's Status with Respect to Specific Provisions of the Agreement:</u>

A. Annual Inpatient Bed-Days Used & Discharge Planning

Reducing psychiatric hospitalizations among the target population is an important benchmark 43 44 contained in the Agreement in that it reflects the collective impact of the various communitybased services and supports that the Agreement requires. At the time the last Monitor's report 45 was written, the State had not demonstrated the overall reduction in annual state-funded bed-days 46 47 as is required in Section III.D.3; it was found to be in Partial Compliance with this provision. 48 Based upon data provided by the State at that time, Delaware had achieved significant reductions 49 in bed-days for individuals receiving long-term care services at DPC, and more modest reductions in acute inpatient care—which is what this provision of the Agreement specifically 50 references—for those individuals whose services were managed by the Division of Substance 51 Abuse and Mental Health (DSAMH). However, for those individuals whose care was under 52 management of the Division of Medicaid and Medical Assistance (DMMA)<sup>5</sup> and the private 53 Managed Care Organizations (MCOs) with which it contracts, the number of acute bed-days 54 used had actually increased, relative to the "base year" of 2011.<sup>6</sup> 55

Figure-1 presents updates on the cumulative number of state-funded hospital bed-days used by
the target population this fiscal year with respect to the 30% and 50% reduction targets [relative

to the baseline of the State's fiscal year (FY) 2011] required by the Agreement.<sup>7</sup> The data

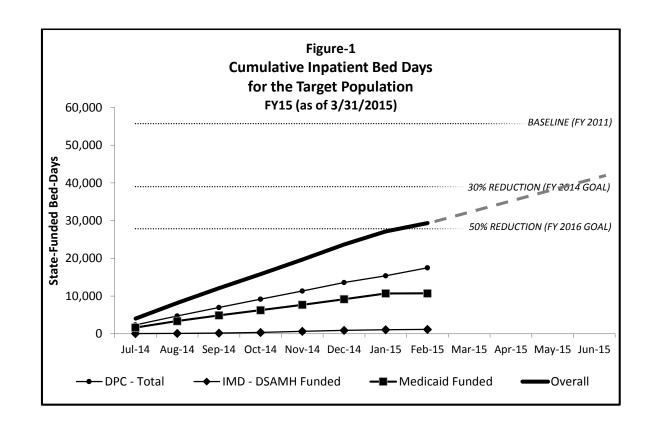
<sup>&</sup>lt;sup>5</sup> Both DSAMH and DMMA are divisions of the State's Department of Health and Social Services (DHSS).

<sup>&</sup>lt;sup>6</sup> It is noted that the State has improved its monthly reporting of Medicaid-funded bed-days since the Monitor's last report. The State's Bed-Day Reporting Memorandum, dated February 3, 2015, describes its corrective actions.

<sup>&</sup>lt;sup>7</sup> Agreement, Sections III.D.3-4.

- represent the period from July, 2014 through February, 2015, and the reduction targets represent
- where the State's overall bed-days are required to be as of June 30 in 2014 and 2016. Figure-1
- 61 includes the State's total bed-day use for the target population ("Overall"), as well as cumulative
- 62 data for the three components that are comprised by the overall total. The DPC total reflects
- 63 bed-days for acute, intermediate, and long-term hospital care within that State-operated facility.
- 64 The IMD data for DSAMH and Medicaid are only for acute-care that is provided within those
- 65 privately-operated settings.
- 66 Relative to the base year, the State projects an overall reduction in hospital bed-days of 21.0% at
- 67 the end of this fiscal year (this projection is represented by the dashed portion of the "Overall"
- 68 line in the graph). In other words, its expected bed use for this fiscal year will exceed the 2014
- 69 reduction goal (Section III.D.3). This projection contemplates continued lower numbers of long-
- 70 term care days at DPC, as well as reductions in acute care managed through DSAMH at DPC
- 71 and the IMDs.





- Figure-2 presents the State's projections of bed-day use for acute-care this fiscal year, based upon current trends.<sup>8</sup> As is reflected in these data, overwhelmingly, the acute inpatient care
- 77 provided to the target population is managed through DMMA; the State projects a 25.9%

<sup>&</sup>lt;sup>8</sup> Sections III.D.3-4 of the Agreement specifically reference acute inpatient settings.

- increase in hospital bed days for this group relative to FY 2011, which is clearly inconsistent
- 79 with the Agreement's targets.
- 80 In interpreting this projection, however, there are some important additional factors to consider.
- 81 The data presented in Figure-2 from July through December, 2014 essentially represent
- 82 management of inpatient care as it has taken place since the Agreement took effect. Beginning
- in January, 2015 some significant changes began to occur. Inpatient psychiatric care for
- 84 DSAMH clients who have Medicaid coverage was no longer "carved out" of the State's
- 85 Medicaid managed care program and subject to approval (and reimbursement) through DSAMH.
- 86 Instead, it came to be managed as for other Medicaid recipients, by DMMA through the
- contracted MCOs. For the Medicaid population of people with SPMI not served through
- 88 DSAMH, there were changes as well; annual limits on psychiatric hospital care were no longer
- applied to these individuals.<sup>9</sup> And other changes in the State's Medicaid program will shift
- 90 further responsibility for the management of acute inpatient psychiatric care from DSAMH to
- 91 DMMA.<sup>10</sup>
- 92

Figure-2 Cumulative State-Funded Bed-Days for Acute Care

|       | Jul-<br>14 | Aug-<br>14 | Sep-<br>14 | Oct-<br>14 | Nov-<br>14 | Dec-<br>14 | Jan-<br>15 | FY<br>Projected<br>Total | Change<br>Relative to<br>Base Year |
|-------|------------|------------|------------|------------|------------|------------|------------|--------------------------|------------------------------------|
| DSAMH | 142        | 254        | 412        | 650        | 984        | 1254       | 1439       | 2336                     | 40.7% Red.                         |
| DMMA  | 1645       | 3374       | 4886       | 6268       | 7686       | 9172       | 10,700     | 16,086                   | 25.9% Inc.                         |

94 These developments do not mean that management of inpatient psychiatric care for the

- 95 Agreement's target population became the sole responsibility of DMMA and the MCOs. As is
- 96 explained in the next section, the State is in the process of implementing some significant
- 97 reforms in how Medicaid-funded services for individuals with SPMI are managed. These
- 98 measures should result in more consistent involvement of DSAMH in the coordination of care to
- 99 individuals whose care is managed through DMMA, and they should improve the process for
- 100 ensuring that individuals in need of specialized services and housing—both of which can reduce
- 101 the risk of hospitalization—are appropriately referred to DSAMH. As a consequence of these
- 102 multiple changes, there will likely be significant revisions in the number of bed-days used for
- acute care by the end of this fiscal year.

<sup>&</sup>lt;sup>9</sup> Prior to this, DSAMH assumed responsibility for managing inpatient care when individuals' annual Medicaid benefits for psychiatric hospitalization were exhausted.

<sup>&</sup>lt;sup>10</sup> For instance, greater numbers of heretofore uninsured individuals will qualify for Medicaid and DSAMH will no longer be the funder and manager of their inpatient psychiatric care.

105

#### 1. The State's Measures to Reduce Inpatient Psychiatric Bed Days

106 As a general matter, the parties agree that the bed-day reduction targets contained in the Agreement were intended as a proxy measure of the impact of the newly created array of 107 community services upon the target population, particularly with respect to these individuals 108 successfully living stably, integrated within their communities and outside of institutions. These 109 goals are in keeping with the requirements of the ADA. Such a reduction may indicate that 110 members of the target population are being appropriately served in the community in accordance 111 with the ADA. Also important with regard to this provision are individuals' access to 112 specialized services and supportive housing that allow them to live successfully in their 113 114 communities, and the interrelated issue of discharge planning which should be a pivotal point in

115 connecting people to these services (e.g., Section IV). The Monitor had in the past found that,

116 for individuals whose care is managed through DMMA, the overall process of referring

117 individuals for DSAMH's specialized services has been vague and not closely overseen by the

118 State. In addition, discharge planning in the IMDs was found to be poorly coordinated with

119 community providers.

120 As was referenced in the last Monitor's report, DSAMH and DMMA have collaboratively

developed a bed-day reduction plan that is intended to not only continue the trend toward

decreased numbers of long-term care bed-days at DPC, but also impact the acute-care bed-days

used. This plan incorporates a variety of approaches, including such elements as: PROMISE, an

amendment to State's Medicaid waiver;<sup>11</sup> new collaborative agreements involving, variously,

DMMA, DSAMH, the MCOs, and the IMDs; Medicaid funding for detoxification services in

126 IMDs for individuals whose acute needs relate to substance use; and replication of the successful

- 127 Recovery Resource Center (a crisis walk-in center serving southern Delaware) in New Castle
- 128 County.

129 Since the last report, progress has continued in this overall effort. The State has provided

- additional information about the new collaborative agreements, which include measures intended
- to address many of the problems cited in past Monitor reports that may underlie the increasing
- rates of hospital use. These measures should improve coordination among these entities prior to
- and following hospital admissions and improve discharge planning. In addition, they should
- help ensure that all members of the target population—particularly the sizable population of
- people with SPMI who are not served through DSAMH—are appropriately afforded access to
- the housing and specialized services that were created pursuant to the Agreement. This has been
- referenced in several previous Monitor reports. Some of the State's corrective measures have
- been implemented only recently, and others are still pending. Thus, their effects would not be
- 139 expected to be fully seen in the bed-use data reported above. But, if implemented as planned, the

<sup>&</sup>lt;sup>11</sup> Through PROMISE, Medicaid now covers an array of new services relevant to the Agreement and its target population, including: Care Management, Individual Employment Supports, Short-Term Small Group Supported Employment, Financial Coaching, Benefits Counseling, Peer support, Non-Medical Transportation, Psychosocial Rehabilitation, Respite, Independent Activities of Daily Living/Chore Services, Personal Care, and Community Transition Services.

- 140 new agreements and revisions in operational protocols should have a favorable impact in
- 141 reducing the annual bed-day numbers.
- The new contracts and collaborative agreements with the MCOs and with the IMDs provide astructure to significantly improve matters. For instance:

| 144                      | Contracts between the State and the IMDs:   |
|--------------------------|---|
| 145<br>146<br>147        | • Embed principles of community integration, mainstream employment, informed personal choice, and involvement of peer supports—all of which reflect the requirements of the ADA and the Agreement. <sup>12</sup>  |
| 148<br>149<br>150        | • Specifically reference the Agreement <sup>13</sup> and require IMDs to comply with its requirements relating to timely involvement by a community provider upon hospital admission (Section IV of the Agreement). <sup>14</sup>   |
| 151                      | Contracts between the State and the MCOs:   |
| 152<br>153<br>154<br>155 | • Require a collaborative protocol involving the MCO and DSAMH to ensure that individuals are being appropriately referred to PROMISE (The PROMISE program comprises the array of specialized services provided through DSAMH, most of which are directly or indirectly required under the Agreement.). <sup>15</sup>         |
| 156<br>157<br>158        | • Require that, with respect to involuntary inpatient or outpatient treatment, comprehensive discharge and crisis plans are developed including, as appropriate, referrals for PROMISE services. <sup>16</sup>  |
| 159<br>160               | • Require MCOs to actively assist in discharge planning for individuals receiving institutional care. <sup>17</sup>   |
| 161<br>162<br>163<br>164 | • Indicate that DSAMH has primary responsibility for developing and monitoring care provided under the PROMISE program and that MCOs have responsibility for service coordination, <sup>18</sup> and require DSAMH and the MCOs to devise protocols for collaboration to effectively carry out these functions. <sup>19</sup> |
| 165<br>166               | • Require MCOs to work with DSAMH to devise collaborative strategies to achieve the bed-use reductions required in the Agreement, <sup>20</sup> including in the process of   |

<sup>19</sup> *Ibid.,* Section 3.8.9.10.3.

<sup>&</sup>lt;sup>12</sup> Contract for Involuntary Patient Psychiatric Services between DHSS/DSAMH and IMDs, Appendix A-1 (e.g., Contract #j 021508).

<sup>&</sup>lt;sup>13</sup> *Ibid*., Appendix B-4, p.1.

<sup>&</sup>lt;sup>14</sup> *Ibid.*, Appendix B, p.2.

<sup>&</sup>lt;sup>15</sup> MCO Final Contract, 2015, Section 3.8.4.1.

<sup>&</sup>lt;sup>16</sup> *Ibid.,* Section 3.4.6.9.4.

<sup>&</sup>lt;sup>17</sup> *Ibid.*, Section 3.8.4.2.3.

<sup>&</sup>lt;sup>18</sup> *Ibid.,* Section 3.8.9.10.1.1.

<sup>&</sup>lt;sup>20</sup> *Ibid.,* Section 3.12.4.1.

167admission to an IMD, in utilization review during the hospital stay, and in168discharge planning.<sup>21</sup>

At this juncture, the State's contracts with the IMDs are in effect and operational. DSAMH, 169 170 DMMA and the MCOs are having regular meetings to discuss implementation of the State's 171 contracts with the MCOs, and DSAMH and DMMA are having regular interdivisional 172 agreements to discuss related matters. The State is finalizing the specifics about procedures relating the new agreements, how it will oversee these processes, and how it will report progress 173 174 relevant to the Agreement as a part of the Monitor's monthly dashboard. As was explained earlier, elements such as these are critical in augmenting the inpatient bed-use numbers to 175 demonstrate the State's status with respect to Section III.D and other provisions of the 176 177 Agreement.

- 178
- 179

#### 2. Referrals for Specialized Mental Health Services & Supported Housing

As was referenced earlier, the Monitor has found significant problems in the State's processes to 180 ensure that individuals covered by the Agreement are being appropriately referred to DSAMH 181 for the specialized services and housing that are not otherwise available to them.<sup>22</sup> While such 182 referrals may be made at any time, they are particularly relevant as a part of discharge planning 183 184 following an acute hospitalization, and they should be part of a seamless transition from the 185 hospital to the community service system. The Monitor's last report noted that the State has identified 454 individuals whose care is managed through DMMA and who, based upon their 186 psychiatric diagnoses and a history of repeated hospitalizations in IMDs, likely should have been 187 referred for intensive services such as ACT, Peer Services, and Supported Housing. Because 188 189 these referrals were not made in a timely way (i.e., at the point of hospital discharge), beginning in September, 2014, the State launched an intensive effort to connect with these individuals and 190 to work through this backlog of referrals. Unfortunately, due to the time that elapsed between the 191 hospitalizations and this referral initiative, significant numbers of these individuals cannot now 192 be located. As of the beginning of March 2015, the State attempted to connect—by phone or in 193 person-to 185 people on the list of 454, beginning with those who ostensibly have the greatest 194 need.<sup>23</sup> Notwithstanding DSAMH's intensive outreach efforts, the State has not been able to 195 locate 44.3% of this group due to inaccurate contact information. An additional 13% refused the 196 offer of services. And only 22 of the 185 (11.8%) are being successfully engaged in services. 197

198 In order to get a sense of the individuals who were not being successfully engaged, the Monitor

reviewed records at one of the IMDs of 11 individuals whom the State had not been able to

200 locate. Each these individuals had in excess of 3 psychiatric hospitalizations during a two-year

201 period ending in July, 2014. All told, they accounted for at least 45 admissions to this one

<sup>&</sup>lt;sup>21</sup> *Ibid.*, Section 3.12.4.1.4, Section 3.10.2.1.58.

<sup>&</sup>lt;sup>22</sup> Most of these services, other than housing, will be covered through the new PROMISE program, which also entails referral to DSAMH.

<sup>&</sup>lt;sup>23</sup> Based upon the number of recent hospitalizations.

202 hospital alone during this period. Their records indicated significant problems that strongly

- suggest a need for ACT or other intensive services provided through DSAMH. Most were
- repeatedly admitted due to suicidality. At least 6 of the 11 individuals were repeatedly admitted
- and identified as homeless, without being referred for the supported housing available through
- 206 DSAMH. At least one individual was repeatedly admitted and discharged back to a living
- arrangement that was reported to be exploitive.

As the State continues its efforts to reconnect with such high-risk individuals, moving forward, its new collaborative arrangements involving the MCOs, DSAMH, and the IMDs should ensure

- a much more systematic approach to referring at-risk individuals with SPMI to ACT, supportive
- 211 housing, and other specialized services. Nevertheless, the intensity of the issues identified in the
- records review speaks to the importance of the State vigorously continuing its efforts to
- reconnect with them and offer needed services. DMMA has indicated that, by the end of April, it will provide the MCOs with the names of their beneficiaries who are among the 454 prioritized
- 215 for review by DSAMH.<sup>24</sup>

216 The State is now working with the Monitor to establish monthly dashboard measures relating to

the new agreements discussed above, including their impact in ensuring that individuals are

appropriately connected with the services and housing required by the Agreement. One such

measure will be the number of individuals newly referred to DSAMH for services (this numberwill ultimately include referrals for the new PROMISE program). To this end, the State has

compiled baseline data reflecting new referrals to DSAMH's Eligibility and Enrollment Unit

(EEU) since January, 2014; these data can be compared with referral patterns after the new

initiatives are operational. For the calendar year 2014, the monthly average number of such

- referrals was 19.1. January, 2015, when several new components of the State's collaborative
- agreements began to go into effect, already showed an increase, with 29 new referrals for that
- 226 month. The State will continue to provide monthly data relating to EEU referrals, as well as

227 other new dashboard indicators in order to monitor progress relating to this important measure

- and to help detect problems in implementation as they may arise.
- In addition, to better identify members of the target population who are homeless or are living in
- unstable or inappropriate housing, the State is now requiring that IMDs complete a housing
- assessment form for all admitted Medicaid clients with SPMI; heretofore, this form had been
- used only for DSAMH-funded clients and there was no systematic means of evaluating the
- housing status of other members of the target population.<sup>25</sup> This measure should significantly
- assist the State in capturing housing information relevant to members of the target population
- served through MCOs who, as exemplified in the cases referenced above, may be appropriate for
- the supported housing created pursuant to the Agreement. The State is taking additional steps to

<sup>&</sup>lt;sup>24</sup> This process was delayed somewhat because, as of January 1, 2015, there were changes among the MCOs working under contract with the State and not all individuals affected had yet expressed their choices as to which MCO they preferred to manage their Medicaid benefit.

<sup>&</sup>lt;sup>25</sup> This form was developed to facilitate the State's compliance with Sections II.B.2.f, II.E, and III.I.

237 identify members of the target population who are homeless through consultation with

238 Delaware's Homeless Planning Council.

### 239 <u>Recommendation</u>:

| 240 • | The State's list of individuals whose care is managed through MCOs and who are     |
|-------|--|
| 241   | considered to be at elevated risk of hospitalization or other adverse outcomes has |
| 242   | not been updated since July, 2014. Although there are measures in various phases   |
| 243   | of implementation that should improve the referral of such individuals to          |
| 244   | DSAMH (or the new PROMISE program), it is recommended that the State               |
| 245   | update this list and include newly identified individuals in its outreach efforts  |
| 246   | until the improved processes for collaboration and coordination are fully          |
| 247   | functional.  |

248 249

#### 250 B. Assertive Community Treatment

ACT is an essential community-based service for many individuals who have SPMI—

252 particularly those who have histories of adverse outcomes such as repeated hospitalizations,

criminal justice contact, and homelessness. Properly implemented, ACT programs provide

flexible clinical and psychosocial services outside of office settings and, instead, in the home,

work, and other community environments where individuals spend their days. In this way, ACT teams gain a first-hand understanding of the individual's success and challenges in meeting the

teams gain a first-hand understanding of the individual's success and challenges in meeting th demands of community life, and when issues arise, they can tailor interventions accordingly.

258 Section III.F of the Agreement requires the State to have a total of 11 ACT teams operational by

259 September 1, 2015. As has been discussed in prior reports by the Monitor, the State has

exceeded the number of ACT teams required and, in fact, at the end of 2013 it had already met

its 2015 goal. It also upgraded most of its Intensive Case Management teams  $(ICM)^{26}$  to the ACT model in order to more appropriately meet the needs of the individuals who were being

ACT model in order to more appropriately meet the needs of the individuals who were being served through those teams. The parties have recognized that the conversion of ICM teams to

ACT teams actually represents more intensive community services than are required by Section

265 III.G for ICM clients. Thus they agreed that, as long as the number of individuals being served

was not reduced as a result of this upgrade and as long as the ACT fidelity standards were met,

the State's compliance with the Agreement's requirements regarding ICM teams would not be

- 268 negatively affected.
- Figure-3 reconciles the numbers of teams and individuals being served before the conversion
- 270 (December, 2013) with current data from March, 2015 (following the conversion). It shows that
- the State continues to exceed the upcoming September, 2015 requirements and that the total

<sup>&</sup>lt;sup>26</sup> ICM teams are required in Section III.G of the Agreement.

number of individuals served by ACT and ICM following the conversion has increased by about

**273** 10%.<sup>27</sup>

|                      | Dec             | c, 2013 | Sep, 2015        | Mar, 2015 |  |
|----------------------|-----------------|---------|------------------|-----------|--|
|                      | Required        | Actual  | Required         | Actual    |  |
| ACT Teams            | 9 <sup>28</sup> | 11      | 11 <sup>29</sup> | 16        |  |
| ICM Teams            | 4 <sup>30</sup> | 5       | 4 <sup>31</sup>  | 1         |  |
| <b>Total Clients</b> |                 | 1,587   |                  | 1,751     |  |

#### Figure-3 ACT and ICM Services Prior-To and Following ICM Conversions

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The Agreement specifically requires the State to operate its ACT programs in conformance to standardized fidelity measures. Figure-4 presents comparisons of ten of the ACT teams' overall

scores according to the TMACT model which the State uses.<sup>32</sup> The remaining teams which are

not represented in Figure-4 are in various stages of preliminary assessment, so scores were not

279 yet available. Following a start-up period when preliminary assessments and consultations by

the State's experts are provided, ACT teams are evaluated at least annually. For teams that have

been operational long enough to have more than annual assessment, trending of their

282 performance according to TMACT is included in Figure-4.

283 When teams are evaluated, DSAMH generates detailed reports of findings, including

recommendations for improvement or requirements for corrective action plans. It subsequently

285 monitors teams' efforts to comply with such plans and, as indicated, provides technical

assistance in furtherance of these efforts. As is reflected in the above chart, some ACT teams

have improved in their scores over time, others have scored more poorly, and some have stayed

fairly consistent. Such variance is common within State systems, influenced in part by factors

including staff turnover, vacancies, level of experience and provider management.

290 Notwithstanding the State's assistance, some teams have not performed adequately during the

course of the Agreement's implementation; there have been instances where DSAMH has

terminated ACT contracts and reformulated teams under the auspices of different provider

organizations. While such events are unfortunate (and certainly not reflective of most ACT

teams that were developed pursuant to the Agreement), they do demonstrate that DSAMH is

actively monitoring and holding providers accountable for the quality of services being provided.

<sup>&</sup>lt;sup>27</sup> It is standard that ACT teams each serve about 100 individuals, so the required 11 teams should serve a total of 1,100 people. There are no such general standards for ICM; the Agreement specifies minimum staff-to-client ratios for ICM, but not a specific number of clients to be served.

<sup>&</sup>lt;sup>28</sup> Agreement, Section III.F.3

<sup>&</sup>lt;sup>29</sup> Agreement, Section III.F.4

<sup>&</sup>lt;sup>30</sup> Agreement, Section III.G.2

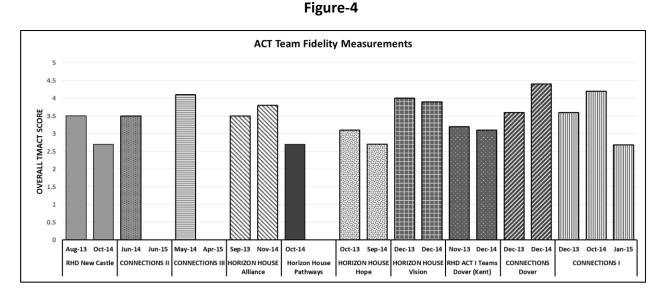
<sup>&</sup>lt;sup>31</sup> *Ibid.* 

<sup>&</sup>lt;sup>32</sup> The maximum score that can be achieved is 5.

As the State compiles TMACT data on the ACT teams that are not included in Figure-4, it is

- expected that it will able to demonstrate Substantial Compliance with the Agreement's SectionsIII.F-G.
- 298 1

299



#### 300

Complementing the above fidelity data, prior reports by the Monitor have presented the impressive array of trending data that the State collects to measure positive outcomes (such as employment) and adverse events (such as hospitalizations) among individuals served by ACT teams. In addition, in concert with the University of Pennsylvania, the State is carrying out ongoing comprehensive qualitative assessments of how ACT clients are faring.<sup>33</sup> The State regularly presents these data and consults with the Monitor about its quality control and performance improvement measures relating to ACT.

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#### 309 C. Risk Management

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The State continues to make progress in its efforts to reduce the risk of harm to members of the 311 target population, both within institutional settings and within the community programs that are 312 required under the Agreement. As has been described in prior reports of the Monitor, the relevant 313 risk management systems within DHSS had been disjointed and significantly defined by where 314 an incident involving harm occurred (for instance, a state-operated facility as opposed to a 315 community setting). It did not promote the identification and remediation of issues that cut 316 317 across various settings and bureaucratic divisions. The State is moving forward with a major restructuring of its system, with the goals of unifying its reporting and investigations, individual 318 and aggregate reviews of adverse events, and corrective actions-both on a case-level and 319

<sup>&</sup>lt;sup>33</sup> This quality of care research also includes the State's CRISP program, which provides ACT-like services through a capitated funding mechanism designed to encourage flexible use of resources to address clients' needs.

320 systemically. Based upon these plans, the State has been evaluated as being in Partial

321 Compliance with respect to the requirements of Section V.B of the Agreement.

Revision of the risk-reduction processes affecting the target population is a complex endeavor, 322 323 involving multiple levels of staff and provider entities. As such, system redesign, training, and the development of data systems are involving a significant staff effort. This body of work is 324 proceeding according to timeframes established last year; the State is anticipating rolling out 325 major changes in risk management this spring. DSAMH is already conducting intensive 326 327 training, both internally and with its contractual providers, relating to its refined risk-reduction program. This training includes comprehensive sections on the identification of adverse 328 incidents (such as abuse, neglect, and inappropriate restraint practices); mandatory reporting 329 requirements for state employees and employees of contractual providers; uniform protocols for 330 reporting and investigations; staff background checks; and the State's structures for oversight 331 and review. The risk-reduction requirements covered by the training apply not only to services 332 currently managed by DSAMH, but to the new PROMISE program, as well. 333

If this effort continues as anticipated, the State is positioned to vastly improve its riskmanagement of services to the target population. In the interim, the State is providing the

336 Monitor with monthly updates, as well as critical incident reports and investigations.

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#### 338 D. Supported Employment

The requirements of the Agreement harmonize with Governor Markell's priority to promote the employment of Delawareans who have disabilities. This priority has been embraced by DHSS and the State's Department of Labor (DOL). As has been previously reported by the Monitor, the State has consistently met or surpassed its annual numeric goals for supported employment, per Section III.J of the Agreement. These goals relate to the number of individuals within the target population who receive supported employment services.

345 DOL's Division of Vocational Rehabilitation (DVR) has a longstanding, close working

relationship with DSAMH. It maintains detailed data about services provided to its clients—

including the substantial proportion who are members of the target population. Because

348 supported employment entails several levels of service (from application through actual

engagement on a job), for purposes of evaluating the State's compliance with Section III.J, the

350 parties have agreed to count only those members of the target population who are at least at the

point of having active individualized employment plans in place. The Monitor's last report

noted that the State was meeting its requirements under the Agreement with respect to the

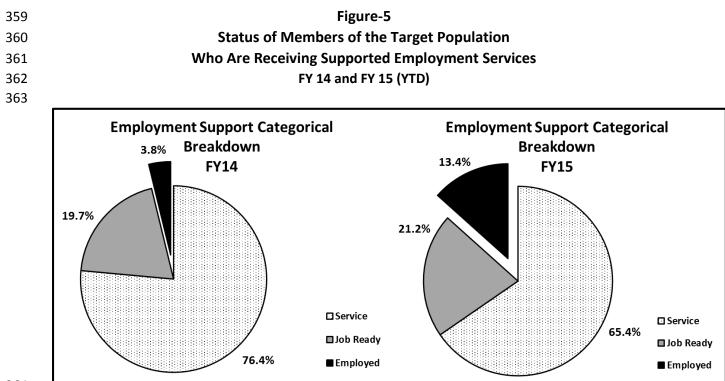
number of people receiving such services, but that about 20% of these individuals were jobready but unemployed, and only about 4% were actually employed. Figure-5 presents an update

for the current fiscal year. Whereas the proportion of people served who are considered job-

ready has remained about the same (21.2%) there has been an approximate 400% increase in the

proportion of individuals who are now employed (3.9% in FY 14, as compared with 13.4% in

358 FY 15).



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To further understand the employment status of members of the target population, DSAMH has developed a detailed spreadsheet through which its contractual providers will report such factors as where individuals are employed, at what hourly rate, and for what duration. These data will be incorporated in its monthly dashboard of compliance indicators.

In addition, the State has been receiving expert technical assistance and the Monitor hasdiscussed providing additional technical assistance resources should the State request them.

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#### 373 <u>Recommendation</u>:

374 As is reflected above, the State is making some significant improvement in • 375 moving people with SPMI through the supported employment process and into jobs in the mainstream workforce. While the job market remains competitive, the 376 State has indicated that it could likely achieve even further improvements if 377 additional trained employment specialists were available to work with the targeted 378 population and prospective employers. While the State is in Substantial 379 Compliance with the numerical requirements relating to supported employment 380 servicers, mainstream employment (like mainstream housing) is an outcome that 381 goes to the core of the Agreement's intent. Accordingly, and consistent with the 382 State's priority of promoting the employment of Delawareans who have 383

disabilities, it is recommended that the State carefully consider an expansion in
the number of trained employment specialists working with the target population.

# 386387 III. Summary:

This abbreviated report documents that Delaware is making progress in addressing issues raised in prior Monitor's reports and toward fulfilling its requirements under the Agreement. As has been explained above, several key measures have not yet been fully implemented, but systems and processes that support the goals of the Agreement are now being developed. Data over the coming months should begin to demonstrate the impact of the State's new processes and, as has been reflected in the State's approach throughout implementation of the Agreement, should inform further ongoing system refinements.

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