



**2016**

**Delaware**

**Behavioral Risk Factor Survey**

**Questionnaire**

**December 9, 2015**

# Behavioral Risk Factor Surveillance System 2016 Questionnaire

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## Interviewer's Script

### Landline

Form Approved  
OMB No. 0920-1061  
Exp. Date 3/31/2018

Public reporting burden of this collection of information is estimated to average 21 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-1061).

NOTE: Interviewers do not need to read any part of the burden estimate nor provide the OMB number unless asked by the respondent for specific information. If a respondent asks for the length of time of the interview provide the most accurate information based on the version of the questionnaire that will be administered to that respondent. If the interviewer is not sure, provide the average time as indicated in the burden statement. If data collectors have questions concerning the BRFSS OMB process, please contact Carol Pierannunzi at [ivk7@cdc.gov](mailto:ivk7@cdc.gov).

HELLO, I am calling for the **Delaware Division of Public Health**. My name is       (name)      . We are gathering information about the health of Delaware residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

Is this       (phone number)       ?

If "No"

Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **STOP**

Is this a private residence?

**READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."**

Yes                    **[Go to state of residence]**

No [Go to college housing]

No, business phone only

If “No, business phone only”.

Thank you very much but we are only interviewing persons on residential phones lines at this time.

STOP

### College Housing

Do you live in college housing?

**READ ONLY IF NECESSARY:** “By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.”

Yes [Go to state of residence]

No

If “No”,

Thank you very much, but we are only interviewing persons who live in a private residence or college housing at this time. STOP

### State of Residence

Do you currently live in \_\_\_\_ (state) \_\_\_\_?

Yes [Go to Cell(ular) Phone]

No

If “No”

Thank you very much, but we are only interviewing persons who live in the state of \_\_\_\_\_ at this time. STOP

NOTE: Items in parentheses at any place in the questions or response DO NOT need to be read.

**Cell(ular) Phone**

Is this a cell(ular) telephone?

**INTERVIEWER NOTE: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services).**

**Read only if necessary: "By cell(ular) telephone we mean a telephone that is mobile and usable outside of your neighborhood."**

**If "Yes"**

Thank you very much, but we are only interviewing by land line telephones and for private residences or college housing. **STOP**

**No**

**CATI NOTE: IF (College Housing = Yes) continue; otherwise go to Adult Random Selection Adult**

Are you 18 years of age or older?

- |          |                                  |                       |
|----------|----------------------------------|-----------------------|
| <b>1</b> | <b>Yes, respondent is male</b>   | <b>[Go to Page 6]</b> |
| <b>2</b> | <b>Yes, respondent is female</b> | <b>[Go to Page 6]</b> |
| <b>3</b> | <b>No</b>                        |                       |

**If "No",**

Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP**

**Adult Random Selection**

I need to randomly select one adult who lives in your household to be interviewed. Excluding adults living away from home such as students away at college, how many members of your household, including yourself, are 18 years of age or older?

\_\_\_ Number of adults

**If "1,"**

Are you the adult?

**If "yes,"**

Then you are the person I need to speak with. Enter 1 man or 1 woman below (Ask gender if necessary). **Go to page 6.**

**If "no,"**

Is the adult a man or a woman? Enter 1 man or 1 woman below. May I speak with **[fill in (him/her) from previous question]**? **Go to "correct respondent" on the next page.**



How many of these adults are men and how many are women?

\_\_\_ Number of men

CATI NOTE: CATI program to subtract number of men from number of adults provided

So the number of adult women in the household is

\_\_\_ Number of women

is that correct?

The person in your household that I need to speak with is \_\_\_\_\_.

**If "you," go to page # 10 (correct page).**

**To the correct respondent:**

HELLO, I am calling for the (health department). My name is (name). We are gathering information about the health of (state) residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about your health and health practices.

## Cell Phone

Form Approved  
OMB No. 0920-1061  
Exp. Date 3/31/2018

Public reporting burden of this collection of information is estimated to average 27 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-1061).

NOTE: Interviewers do not need to read any part of the burden estimate nor provide the OMB number unless asked by the respondent for specific information. If a respondent asks for the length of time of the interview provide the most accurate information based on the version of the questionnaire that will be administered to that respondent. If the interviewer is not sure, provide the average time as indicated in the burden statement. If data collectors have questions concerning the BRFSS OMB process, please contact Carol Pierannunzi at [ivk7@cdc.gov](mailto:ivk7@cdc.gov).

HELLO, I am calling for the     (health department)    . My name is     (name)    . We are gathering information about the health of     (state)     residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

**Is this a safe time to talk with you?**

**Yes**                    **[Go to phone]**  
**No**

**If "No",**

Thank you very much. We will call you back at a more convenient time. ([Set up appointment if possible]) **STOP**

### Phone

Is this     (phone number)     ?

**Yes**                    **[Go to cell(ular) phone]**  
**No**                    **[Confirm phone number]**

**If "No",**

Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **STOP**

### **Cell(ular) Phone**

Is this a cell(ular) telephone?

**READ ONLY IF NECESSARY:** “By cell(ular) telephone, we mean a telephone that is mobile and usable outside of your neighborhood.”

**Yes**                    **[Go to adult]**  
**No**

**If "No",**

Thank you very much, but we are only interviewing cell telephones at this time. **STOP**

### **Adult**

Are you 18 years of age or older?

1        **Yes, respondent is male**                    **[Go to Private Residence]**  
2        **Yes, respondent is female**                **[Go to Private Residence]**  
3        **No**

**If "No",**

Thank you very much, but we are only interviewing persons aged 18 or older at this time.  
**STOP**

### **Private Residence**

Do you live in a private residence?

**READ ONLY IF NECESSARY:** “By private residence, we mean someplace like a house or apartment.”

**Yes**                    **[Go to state of residence]**  
**No**                    **[Go to college housing]**

### **College Housing**

Do you live in college housing?

**READ ONLY IF NECESSARY:** “By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.”

**Yes**                    **[Go to state of residence]**  
**No**

**If "No",**

Thank you very much, but we are only interviewing persons who live in a private residence or college housing at this time. **STOP**



**State of Residence**

Do you currently live in \_\_\_\_\_ **(state)** \_\_\_\_\_?

<b>Yes</b>	<b>[Go to landline]</b>
<b>No</b>	<b>[Go to state]</b>

**State**

In what state do you currently live?

\_\_\_\_\_ ENTER FIPS STATE

**Landline**

Do you also have a landline telephone in your home that is used to make and receive calls?

READ ONLY IF NECESSARY: “By landline telephone, we mean a “regular” telephone in your home that is used for making or receiving calls.” Please include landline phones used for both business and personal use.”

Interviewer Note: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services.).

Yes  
No

**If College Housing = “Yes”, do not ask Number of adults Questions, go to Core.**

**NUMADULT**

How many members of your household, including yourself, are 18 years of age or older?

\_\_\_ Number of adults

(Note: If college housing = ”yes” then number of adults is set to 1.)

NOTE: Items in parentheses at any place in the questions or response DO NOT need to be read.
--

## Core Sections

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call **(give appropriate state telephone number)**.

### Section 1: Health Status

---

1.1 Would you say that in general your health is— (90)

**Please read:**

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

**Or**

- 5 Poor

**Do not read:**

- 7 Don't know / Not sure
- 9 Refused

### Section 2: Healthy Days — Health-Related Quality of Life

---

2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good? (91–92)

- – Number of days
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

**2.2** Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? (93–94)

- – Number of days
- 8 8 None **[If Q2.1 and Q2.2 = 88 (None), go to next section]**
- 7 7 Don't know / Not sure
- 9 9 Refused

**2.3** During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation? (95-96)

- – Number of days
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

### Section 3: Health Care Access

---

**3.1** Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service? (97)

- 1 Yes **[If using Health Care Access (HCA) Module go to Module 4, Q1, else continue]**
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**3.2** Do you have one person you think of as your personal doctor or health care provider?

**If “No,” ask: “Is there more than one, or is there no person who you think of as your personal doctor or health care provider?”**

(98)

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused

**3.3** Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

(99)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**CATI NOTE: If using HCA Module, go to Module 4, Q3, else continue.**

**3.4** About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

(100)

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
  
- 7 Don't know / Not sure
- 8 Never
- 9 Refused

**CATI NOTE: If using HCA Module and Q3.1 = 1 go to Module 4, Question 4a or if using HCA Module and Q3.1 = 2, 7, or 9 go to Module 4, Question 4b, or if not using HCA Module go to next section.**

## Section 4: Exercise

---

**4.1** During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(101)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Section 5: Inadequate Sleep

---

**5.1** On average, how many hours of sleep do you get in a 24-hour period?

**INTERVIEWER NOTE: Enter hours of sleep in whole numbers, rounding 30 minutes (1/2 hour) or more up to the next whole hour and dropping 29 or fewer minutes.**

(102-103)

--	Number of hours [01-24]
7 7	Don't know / Not sure
9 9	Refused

## Section 6: Chronic Health Conditions

---

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

**6.1** (Ever told) you that you had a heart attack also called a myocardial infarction? (104)

1	Yes
2	No
7	Don't know / Not sure
9	Refused

**6.2** (Ever told) you had angina or coronary heart disease? (105)

1	Yes
2	No
7	Don't know / Not sure
9	Refused

**6.3** (Ever told) you had a stroke? (106)

1	Yes
2	No
7	Don't know / Not sure
9	Refused

**6.4** (Ever told) you had asthma? (107)

1	Yes	
2	No	<b>[Go to Q6.6]</b>
7	Don't know / Not sure	<b>[Go to Q6.6]</b>
9	Refused	<b>[Go to Q6.6]</b>

**6.5** Do you still have asthma? (108)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**6.6** (Ever told) you had skin cancer? (109)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**6.7** (Ever told) you had any other types of cancer? (110)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**6.8** (Ever told) you have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis? (111)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**6.9** (Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia? (112)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**INTERVIEWER NOTE:** Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter's syndrome
- ankylosing spondylitis; spondylosis
- rotator cuff syndrome

- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis, polyarteritis nodosa)

**6.10** (Ever told) you have a depressive disorder (including depression, major depression, dysthymia, or minor depression)? (113)

1 Yes  
 2 No  
 7 Don't know / Not sure  
 9 Refused

**6.11** (Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence. (114)

**INTERVIEWER NOTE: Incontinence is not being able to control urine flow.**

1 Yes  
 2 No  
 7 Don't know / Not sure  
 9 Refused

**6.12** (Ever told) you have diabetes? (115)

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

If respondent says pre-diabetes or borderline diabetes, use response code 4.

1 Yes  
 2 Yes, but female told only during pregnancy  
 3 No  
 4 No, pre-diabetes or borderline diabetes  
 7 Don't know / Not sure  
 9 Refused

**CATI NOTE: If Q6.12 = 1 (Yes), go to next question. If any other response to Q6.12, go to Pre-Diabetes Optional Module (if used). Otherwise, go to next section.** (116-117)

**6.13** How old were you when you were told you have diabetes?

\_\_ Code age in years [**97 = 97 and older**]  
 9 8 Don't know / Not sure  
 9 9 Refused

**CATI NOTE: Go to Diabetes Optional Module (if used). Otherwise, go to next section.**

## Section 7: Oral Health

---

- 7.1** How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists. (118)

**Read only if necessary:**

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

**Do not read:**

- 7 Don't know / Not sure
- 8 Never
- 9 Refused

- 7.2** How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics.

**NOTE: If wisdom teeth are removed because of tooth decay or gum disease, they should be included in the count for lost teeth.**

- 1 1 to 5
- 2 6 or more but not all
- 3 All
- 8 None
- 7 Don't know / Not sure
- 9 Refused

(119)

## Section 8: Demographics

---

- 8.1** Are you ...

- 1 Male
- 2 Female
- 9 Refused

Note: This may be populated from information derived from screening, household enumeration. However, interviewer should not make judgement on sex of respondent.

(120)



8.2 What is your age? (121-122)

— — Code age in years  
0 7 Don't know / Not sure  
0 9 Refused

8.3 Are you Hispanic, Latino/a, or Spanish origin? (123-126)

If yes, ask: Are you...

**INTERVIEWER NOTE: One or more categories may be selected.**

1 Mexican, Mexican American, Chicano/a  
2 Puerto Rican  
3 Cuban  
4 Another Hispanic, Latino/a, or Spanish origin

**Do not read:**

5 No  
7 Don't know / Not sure  
9 Refused

8.4 Which one or more of the following would you say is your race? (127-154)

**INTERVIEWER NOTE: Select all that apply.**

**INTERVIEWER NOTE: 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategories underneath major heading.**

**Please read:**

10 **White**  
20 **Black or African American**  
30 **American Indian or Alaska Native**  
40 **Asian**  
41 Asian Indian  
42 Chinese  
43 Filipino  
44 Japanese  
45 Korean  
46 Vietnamese  
47 Other Asian

**50 Pacific Islander**

- 51 Native Hawaiian
- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander

**Do not read:**

- 60 Other
- 88 No additional choices
- 77 Don't know / Not sure
- 99 Refused

**CATI NOTE: If more than one response to Q8.4; continue. Otherwise, go to Q8.6.**

**8.5** Which one of these groups would you say best represents your race?

**INTERVIEWER NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategory underneath major heading.**

(155-156)

**10 White**

**20 Black or African American**

**30 American Indian or Alaska Native**

**40 Asian**

- 41 Asian Indian
- 42 Chinese
- 43 Filipino
- 44 Japanese
- 45 Korean
- 46 Vietnamese
- 47 Other Asian

**50 Pacific Islander**

- 51 Native Hawaiian
- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander

**Do not read:**

- 60 Other
- 77 Don't know / Not sure
- 99 Refused

**8.6** Are you...? (157)

**Please read:**

- 1 Married
- 2 Divorced
- 3 Widowed
- 4 Separated
- 5 Never married

**Or**

- 6 A member of an unmarried couple

**Do not read:**

- 9 Refused

**8.7** What is the highest grade or year of school you completed? (158)

**Read only if necessary:**

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)

**Do not read:**

- 9 Refused

NOTE: Items in parentheses at any place in the questions or response DO NOT need to be read.

**8.8** Do you own or rent your home? (159)

- 1 Own
- 2 Rent
- 3 Other arrangement
- 7 Don't know / Not sure
- 9 Refused

**INTERVIEWER NOTE:** "Other arrangement" may include group home, staying with friends or family without paying rent.

**NOTE:** Home is defined as the place where you live most of the time/the majority of the year.

**INTERVIEWER NOTE: We ask this question in order to compare health indicators among people with different housing situations.**

**8.9** In what county do you currently live? (160-162)

\_ \_ \_ ANSI County Code (formerly FIPS county code)  
 7 7 7 Don't know / Not sure  
 9 9 9 Refused

**8.10** What is the ZIP Code where you currently live? (163-167)

\_ \_ \_ \_ \_ ZIP Code  
 7 7 7 7 7 Don't know / Not sure  
 9 9 9 9 9 Refused

**CATI NOTE: If cell(ular) telephone interview skip to 8.14 (QSTVER GE 20)**

**8.11** Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (168)

1 Yes  
 2 No **[Go to Q8.13]**  
 7 Don't know / Not sure **[Go to Q8.13]**  
 9 Refused **[Go to Q8.13]**

**8.12** How many of these telephone numbers are residential numbers? (169)

\_ Residential telephone numbers **[6 = 6 or more]**  
 7 Don't know / Not sure  
 9 Refused

**8.13** Do you have a cell phone for personal use? Please include cell phones used for both business and personal use. (170)

1 Yes  
 2 No  
 7 Don't know / Not sure  
 9 Refused

**8.14** Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

**INTERVIEWER NOTE: Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.**  
(171)

- 1 Yes
- 2 No

**Do not read:**

- 7 Don't know / Not sure
- 9 Refused

**8.15** Are you currently...?

**INTERVIEWER NOTE: If more than one, select the category which best describes you.**

(172)

**Please read:**

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for 1 year or more
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired

**Or**

- 8 Unable to work

**Do not read:**

- 9 Refused

**8.16** How many children less than 18 years of age live in your household?

(173-174)

- Number of children
- 8 8 None
- 9 9 Refused

**8.17** Is your annual household income from all sources—

**If respondent refuses at ANY income level, code '99' (Refused)**

**Read only if necessary:**

- 0 4 Less than \$25,000 If "no," ask 05; if "yes," ask 03  
(\$20,000 to less than \$25,000)
- 0 3 Less than \$20,000 If "no," code 04; if "yes," ask 02  
(\$15,000 to less than \$20,000)
- 0 2 Less than \$15,000 If "no," code 03; if "yes," ask 01  
(\$10,000 to less than \$15,000)
- 0 1 Less than \$10,000 If "no," code 02
- 0 5 Less than \$35,000 If "no," ask 06  
(\$25,000 to less than \$35,000)
- 0 6 Less than \$50,000 If "no," ask 07  
(\$35,000 to less than \$50,000)
- 0 7 Less than \$75,000 If "no," code 08  
(\$50,000 to less than \$75,000)
- 0 8 \$75,000 or more

**Do not read:**

- 7 7 Don't know / Not sure
- 9 9 Refused

**8.18** Have you used the internet in the past 30 days? (177)

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

**8.19** About how much do you weigh without shoes? (178-181)

**NOTE: If respondent answers in metrics, put "9" in column 178.**

**Round fractions up**

\_ \_ \_ \_ Weight  
 (pounds/kilograms)  
 7 7 7 7 Don't know / Not sure  
 9 9 9 9 Refused

8.20 About how tall are you without shoes? (182-185)

**NOTE: If respondent answers in metrics, put "9" in column 182.**

**Round fractions down**

\_ \_ / \_ \_ Height  
 (f t / inches/meters/centimeters)  
 7 7 / 7 7 Don't know / Not sure  
 9 9 / 9 9 Refused

**If male, go to 8.22, if female respondent is 45 years old or older, go to Q8.22**

8.21 To your knowledge, are you now pregnant? (186)

1 Yes  
 2 No  
 7 Don't know / Not sure  
 9 Refused

The following questions are about health problems or impairments you may have.

Some people who are deaf or have serious difficulty hearing **may or may not** use equipment to communicate by phone.

8.22 Are you deaf or do you have **serious difficulty** hearing? (187)

1 Yes  
 2 No  
 7 Don't know / Not Sure  
 9 Refused

8.23 Are you blind or do you have serious difficulty seeing, even when wearing glasses? (188)

1 Yes  
 2 No  
 7 Don't know / Not Sure

9 Refused

**8.24** Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions? (189)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**8.25** Do you have serious difficulty walking or climbing stairs? (190)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**8.26** Do you have difficulty dressing or bathing? (191)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**8.27** Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping? (192)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Section 9: Tobacco Use

---

**9.1** Have you smoked at least 100 cigarettes in your entire life? (193)

**INTERVIEWER NOTE:** "For cigarettes, do not include: electronic cigarettes (e-cigarettes, NJOY, Bluetip), herbal cigarettes, cigars, cigarillos, little cigars, pipes, bidis, kreteks, water pipes (hookahs) or marijuana."

**NOTE: 5 packs = 100 cigarettes**

- 1 Yes
- 2 No **[Go to Q9.5]**
- 7 Don't know / Not sure **[Go to Q9.5]**
- 9 Refused **[Go to Q9.5]**



**9.2** Do you now smoke cigarettes every day, some days, or not at all? (194)

- 1 Every day
- 2 Some days
- 3 Not at all [Go to Q9.4]
- 7 Don't know / Not sure [Go to Q9.5]
- 9 Refused [Go to Q9.5]

**9.3** During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking? (195)

- 1 Yes [Go to Q9.5]
- 2 No [Go to Q9.5]
- 7 Don't know / Not sure [Go to Q9.5]
- 9 Refused [Go to Q9.5]

**9.4** How long has it been since you last smoked a cigarette, even one or two puffs? (196-197)

- 0 1 Within the past month (less than 1 month ago)
- 0 2 Within the past 3 months (1 month but less than 3 months ago)
- 0 3 Within the past 6 months (3 months but less than 6 months ago)
- 0 4 Within the past year (6 months but less than 1 year ago)
- 0 5 Within the past 5 years (1 year but less than 5 years ago)
- 0 6 Within the past 10 years (5 years but less than 10 years ago)
- 0 7 10 years or more
- 0 8 Never smoked regularly
- 7 7 Don't know / Not sure
- 9 9 Refused

**9.5** Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?

**Snus (rhymes with 'goose')**

**NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.** (198)

- 1 Every day
- 2 Some days
- 3 Not at all

**Do not read:**

- 7 Don't know / Not sure
- 9 Refused

## Section 10: E-Cigarettes

---

**Read if necessary:** Electronic cigarettes (e-cigarettes) and other electronic “vaping” products include electronic hookahs (e-hookahs), vape pens, e-cigars, and others. These products are battery-powered and usually contain nicotine and flavors such as fruit, mint, or candy.

**10.1** Have you ever used an e-cigarette or other electronic “vaping” product, even just one time, in your entire life? (199)

- 1 Yes
- 2 No [Go to next section]
- 7 Don't know / Not Sure
- 9 Refused [Go to next section]

**10.2** Do you now use e-cigarettes or other electronic “vaping” products every day, some days, or not at all? (200)

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not
- 9 Refused

## Section 11: Alcohol Consumption

---

**11.1** During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor? (201-203)

- 1 \_\_ Days per week
- 2 \_\_ Days in past 30 days
- 8 8 8 No drinks in past 30 days **[Go to next section]**
- 7 7 7 Don't know / Not sure **[Go to next section]**
- 9 9 9 Refused **[Go to next section]**

**11.2** One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? (204-205)

**NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.**

- Number of drinks
- 7 7 Don't know / Not sure
- 9 9 Refused

**11.3** Considering all types of alcoholic beverages, how many times during the past 30 days did you have **X [CATI X = 5 for men, X = 4 for women]** or more drinks on an occasion? (206-207)

- Number of times
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

**11.4** During the past 30 days, what is the largest number of drinks you had on any occasion? (208-209)

- Number of drinks
- 7 7 Don't know / Not sure
- 9 9 Refused

## Section 12: Immunization

---

Now I will ask you questions about the flu vaccine. There are two ways to get the flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist™.

**12.1** During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose? (210)

**Read if necessary:** A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

- 1 Yes
- 2 No **[Go to Q12.3]**
- 7 Don't know / Not sure **[Go to Q12.3]**
- 9 Refused **[Go to Q12.3]**

**12.2** During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose? (211-216)

- / -- -- -- Month / Year
- 7 7 / 7 7 7 7 Don't know / Not sure
- 9 9 / 9 9 9 9 Refused

**12.3** A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot? (217)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

**12.4.** Since 2005, have you had a tetanus shot? (218)

If yes, ask: "Was this Tdap, the tetanus shot that also has pertussis or whooping cough vaccine?"

- 1 Yes, received Tdap
- 2 Yes, received tetanus shot, but not Tdap
- 3 Yes, received tetanus shot but not sure what type
- 4 No, did not receive any tetanus since 2005
- 7 Don't know/Not sure
- 9 Refused

## Section 13: Falls

---

**If respondent is 45 years or older continue, otherwise go to next section.**

The next questions ask about recent falls. By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level.

**13.1** In the past 12 months, how many times have you fallen? (219–220)

- |     |                       |                             |
|-----|-----------------------|-----------------------------|
| —   | Number of times       | <b>[76 = 76 or more]</b>    |
| 8 8 | None                  | <b>[Go to next section]</b> |
| 7 7 | Don't know / Not sure | <b>[Go to next section]</b> |
| 9 9 | Refused               | <b>[Go to next section]</b> |

**13.2** [Fill in "Did this fall (from Q13.1) cause an injury?"]. If only one fall from Q13.1 and response is "Yes" (caused an injury); code 01. If response is "No," code 88.

How many of these falls caused an injury? By an injury, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor.

(221–222)

- |     |                       |                          |
|-----|-----------------------|--------------------------|
| — — | Number of falls       | <b>[76 = 76 or more]</b> |
| 8 8 | None                  |                          |
| 7 7 | Don't know / Not sure |                          |
| 9 9 | Refused               |                          |

## Section 14: Seatbelt Use

---

**14.1** How often do you use seat belts when you drive or ride in a car? Would you say—

(223)

**Please read:**

- |   |               |
|---|---------------|
| 1 | Always        |
| 2 | Nearly always |
| 3 | Sometimes     |
| 4 | Seldom        |
| 5 | Never         |

**Do not read:**

- |   |                              |
|---|------------------------------|
| 7 | Don't know / Not sure        |
| 8 | Never drive or ride in a car |
| 9 | Refused                      |

**CATI note: If Q14.1 = 8 (Never drive or ride in a car), go to Section 16; otherwise continue.**

## Section 15: Drinking and Driving

---

**CATI note: If Q11.1 = 888 (No drinks in the past 30 days); go to next section.**

**15.1** During the past 30 days, how many times have you driven when you've had perhaps too much to drink?

(224-225)

- |     |                       |
|-----|-----------------------|
| — — | Number of times       |
| 8 8 | None                  |
| 7 7 | Don't know / Not sure |
| 9 9 | Refused               |

## Section 16: Breast and Cervical Cancer Screening

---

**CATI NOTE: If male go to the next section.**

The next questions are about breast and cervical cancer.

**16.1** A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram? (226)

- 1 Yes
- 2 No [Go to Q16.3]
- 7 Don't know / Not sure [Go to Q16.3]
- 9 Refused [Go to Q16.3]

**16.2** How long has it been since you had your last mammogram? (227)

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago
- 7 Don't know / Not sure
- 9 Refused

**16.3** A Pap test is a test for cancer of the cervix. Have you ever had a Pap test? (228)

- 1 Yes
- 2 No [Go to Q16.5]
- 7 Don't know / Not sure [Go to Q16.5]
- 9 Refused [Go to Q16.5]

**16.4** How long has it been since you had your last Pap test? (229)

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago
- 7 Don't know / Not sure
- 9 Refused

Now, I would like to ask you about the Human Papillomavirus (**Pap-uh-loh-muh virus**) or HPV test.

**16.5** An HPV test is sometimes given with the Pap test for cervical cancer screening.

Have you ever had an HPV test?

(230)

- 1 Yes
- 2 No **[Go to Q16.7]**
- 7 Don't know/Not sure **[Go to Q16.7]**
- 9 Refused **[Go to Q16.7]**

**16.6** How long has it been since you had your last HPV test?

(231)

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago
- 7 Don't know / Not sure
- 9 Refused

**CATI NOTE: If response to Core Q8.21 = 1 (is pregnant); then go to next section.**

**16.7** Have you had a hysterectomy?

(232)

**Read only if necessary:** A hysterectomy is an operation to remove the uterus (womb).

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

## Section 17: Prostate Cancer Screening

---

**CATI note: If respondent is  $\leq 39$  years of age, or is female, go to next section.**

Now, I will ask you some questions about prostate cancer screening.

**17.1** A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Has a doctor, nurse, or other health professional EVER talked with you about the advantages of the PSA test?

(233)

- 1 Yes
- 2 No
- 7 Don't Know / Not sure
- 9 Refused

**17.2** Has a doctor, nurse, or other health professional EVER talked with you about the disadvantages of the PSA test? (234)

- 1 Yes
- 2 No
- 7 Don't Know / Not sure
- 9 Refused

**17.3** Has a doctor, nurse, or other health professional EVER recommended that you have a PSA test? (235)

- 1 Yes
- 2 No
- 7 Don't Know / Not sure
- 9 Refused

**17.4.** Have you EVER HAD a PSA test? (236)

- 1 Yes
- 2 No **[Go to next section]**
- 7 Don't Know / Not sure **[Go to next section]**
- 9 Refused **[Go to next section]**

**17.5.** How long has it been since you had your last PSA test? (237)

**Read only if necessary:**

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years)
- 3 Within the past 3 years (2 years but less than 3 years)
- 4 Within the past 5 years (3 years but less than 5 years)
- 5 5 or more years ago

**Do not read:**

- 7 Don't know / Not sure
- 9 Refused

**17.6.** What was the MAIN reason you had this PSA test – was it ...? (238)

**Please read:**

- 1 Part of a routine exam
- 2 Because of a prostate problem
- 3 Because of a family history of prostate cancer
- 4 Because you were told you had prostate cancer
- 5 Some other reason



**Do not read:**

- 7 Don't know / Not sure
- 9 Refused

## Section 18: Colorectal Cancer Screening

---

**CATI note: If respondent is  $\leq$  49 years of age, go to next section.**

The next questions are about colorectal cancer screening.

**18.1** A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit? (239)

- 1 Yes
- 2 No [Go to Q18.3]
- 7 Don't know / Not sure [Go to Q18.3]
- 9 Refused [Go to Q18.3]

**18.2** How long has it been since you had your last blood stool test using a home kit? (240)

**Read only if necessary:**

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago

**Do not read:**

- 7 Don't know / Not sure
- 9 Refused

**18.3** Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams? (241)

- 1 Yes
- 2 No [Go to next section]
- 7 Don't know / Not sure [Go to next section]
- 9 Refused [Go to next section]

- 18.4** For a SIGMOIDOSCOPY, a flexible tube is inserted into the rectum to look for problems. A COLONOSCOPY is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Was your MOST RECENT exam a sigmoidoscopy or a colonoscopy? (242)
- 1 Sigmoidoscopy
  - 2 Colonoscopy
  - 7 Don't know / Not sure
  - 9 Refused

- 18.5** How long has it been since you had your last sigmoidoscopy or colonoscopy? (243)

**Read only if necessary:**

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Within the past 10 years (5 years but less than 10 years ago)
- 6 10 or more years ago

**Do not read:**

- 7 Don't know / Not sure
- 9 Refused

## Section 19: HIV/AIDS

---

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

- 19.1** Not counting tests you may have had as part of blood donation, have you ever been tested for HIV? Include testing fluid from your mouth. (244)
- 1 Yes
  - 2 No **[Go to Q19.3]**
  - 7 Don't know / Not sure **[Go to Q19.3]**
  - 9 Refused **[Go to Q19.3]**

- 19.2** Not including blood donations, in what month and year was your last HIV test? (245-250)

**NOTE: If response is before January 1985, code “Don’t know.”**

**CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.**

__/__/__	Code month and year
77/7777	Don’t know / Not sure
99/9999	Refused / Not sure

**19.3** I am going to read you a list. When I am done, please tell me if any of the situations apply to you. You do not need to tell me which one. (251)

- You have used intravenous drugs in the past year.
- You have been treated for a sexually transmitted or venereal disease in the past year.
- You have given or received money or drugs in exchange for sex in the past year.
- You had anal sex without a condom in the past year.
- You had four or more sex partners in the past year.
- Do any of these situations apply to you?

- 1 Yes
- 2 No
- 7 Don’t know / Not sure
- 9 Refused

## Transition to Modules and State-Added Questions

**Please read:**

Finally, I have just a few questions left about some other health topics.

### 2015 State-Added Questions: Tobacco Use

**Ask SA1 of ALL respondents**

Previously, we asked you about cigarette smoking and use of chewing tobacco, snuff or snus. Now we’d like to know more about use of other tobacco or nicotine products.

- SA1. In the past 12 months, have you used **any** other tobacco or nicotine products – such as little cigars or cigarillos, cigars, e-cigarettes, hookahs or pipes, bidis, kreteks, dissolvable orbs or strips? ( )
- 1. Yes [continue to Question SA2]
  - 2. No [skip to Module 1: Pre-Diabetes]
  - 7. Don’t know / Not sure [skip to Module 1: Pre-Diabetes]
  - 9. Refused [skip to Module 1: Pre-Diabetes]

SA2. Do you currently smoke little cigars or cigarillos every day, some days, or not at all?

[Interviewer Note: If the respondent asks about “some days,” it can be described as “on at least one day in the past month.”]

( \_ )

1. Every day [continue to SA3]
2. Some days [continue to SA3]
3. Not at all [skip to SA4]

7. Don't know / Not sure [skip to SA4]
9. Refused [skip to SA4]

SA3. How old were you when you started smoking little cigars or cigarillos?

( \_ \_ )

\_\_ \_\_ Code age in years

- 0 7 Don't know / Not sure
- 0 9 Refused

SA4. How long has it been since you last smoked a little cigar or cigarillo?

( \_ )

1. Within the past week
2. Within the past month (less than a month ago)
3. Within the past three months (more than a month, but less than 3 months ago)
4. Within the past six months (more than 3 months, but less than 6 months ago)
5. Within the past year (more than six months ago, but less than a year)
6. More than a year ago

7. Don't know / Not sure
9. Refused

## Optional Modules

### Module 1: Pre-Diabetes

---

**NOTE: Only asked of those not responding “Yes” (code = 1) to Core Q6.12 (Diabetes awareness question).**

1. Have you had a test for high blood sugar or diabetes within the past three years? (300)

1 Yes  
2 No  
7 Don't know / Not sure  
9 Refused

**CATI note: If Core Q6.12 = 4 (No, pre-diabetes or borderline diabetes); answer Q2 “Yes” (code = 1).**

- 2 Have you ever been told by a doctor or other health professional that you have pre-diabetes or borderline diabetes?

**If “Yes” and respondent is female, ask: “Was this only when you were pregnant?”**

(301)

1 Yes  
2 Yes, during pregnancy  
3 No  
7 Don't know / Not sure  
9 Refused

### Module 2: Diabetes

---

**CATI note: To be asked following Core Q6.13; if response to Q6.12 is "Yes" (code = 1)**

1. Are you now taking insulin? (302)

1 Yes  
2 No  
9 Refused

2. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional. (303-305)

1	— —	Times per day
2	— —	Times per week
3	— —	Times per month
4	— —	Times per year
8	8 8	Never
7	7 7	Don't know / Not sure
9	9 9	Refused

**Interviewer Note: If the respondent uses a continuous glucose monitoring system (a sensor inserted under the skin to check glucose levels continuously), fill in '98 times per day.'**

3. About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional. (306-308)

1	— —	Times per day
2	— —	Times per week
3	— —	Times per month
4	— —	Times per year
5	5 5	No feet
8	8 8	Never
7	7 7	Don't know / Not sure
9	9 9	Refused

4. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes? (309-310)

—	—	Number of times [76 = 76 or more]
8	8	None
7	7	Don't know / Not sure
9	9	Refused

5. A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"? (311-312)

—	—	Number of times [76 = 76 or more]
8	8	None
9	8	Never heard of "A one C" test
7	7	Don't know / Not sure
9	9	Refused

**CATI note: If Q3 = 555 (No feet), go to Q7.**

6. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

(313-314)

— — Number of times [**76 = 76 or more**]  
8 8 None  
7 7 Don't know / Not sure  
9 9 Refused

7. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

(315)

**Read only if necessary:**

1 Within the past month (anytime less than 1 month ago)  
2 Within the past year (1 month but less than 12 months ago)  
3 Within the past 2 years (1 year but less than 2 years ago)  
4 2 or more years ago

**Do not read:**

7 Don't know / Not sure  
8 Never  
9 Refused

8. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

(316)

1 Yes  
2 No  
7 Don't know / Not sure  
9 Refused

9. Have you ever taken a course or class in how to manage your diabetes yourself?

(317)

1 Yes  
2 No  
7 Don't know / Not sure  
9 Refused

## Module 4: Health Care Access

---

1. Do you have Medicare? (326)
- 1 Yes
  - 2 No
  - 7 Don't know/Not sure
  - 9 Refused

**Note: Medicare is a coverage plan for people age 65 or over and for certain disabled people.**

2. What is the primary source of your health care coverage? Is it... (327-328)

**Please Read**

- 01 A plan purchased through an employer or union (**includes plans purchased through another person's employer**)
- 02 A plan that you or another family member buys on your own
- 03 Medicare
- 04 Medicaid or other state program
- 05 TRICARE (formerly CHAMPUS), VA, or Military
- 06 Alaska Native, Indian Health Service, Tribal Health Services
- Or
- 07 Some other source
- 08 None (no coverage)

**Do not read:**

- 77 Don't know/Not sure
- 99 Refused

**INTERVIEWER NOTE: If the respondent indicates that they purchased health insurance through the Health Insurance Marketplace (name of state Marketplace), ask if it was a private health insurance plan purchased on their own or by a family member (private) or if they received Medicaid (state plan)? If purchased on their own (or by a family member), select 02, if Medicaid select 04.**

**CATI NOTE: Go to Core Q3.2.**

3. Other than cost, there are many other reasons people delay getting needed medical care. Have you delayed getting needed medical care for any of the following reasons in the past 12 months? Select the most important reason. (329)

**Please read**

- 1 You couldn't get through on the telephone.
- 2 You couldn't get an appointment soon enough.



- 3 Once you got there, you had to wait too long to see the doctor.
- 4 The (clinic/doctor's) office wasn't open when you got there.
- 5 You didn't have transportation.

**Do not read:**

- 6 Other \_\_\_\_\_ (specify) (330-354)
- 8 No, I did not delay getting medical care/did not need medical care
- 7 Don't know/Not sure
- 9 Refused

**CATI NOTE: Go to Core Q3.4.**

**CATI NOTE: If Q3.1 = 1 (Yes) continue, else go to Q4b.**

**4a.** In the PAST 12 MONTHS was there any time when you did NOT have ANY health insurance or coverage? (355)

- 1 Yes [Go to Q5]
- 2 No [Go to Q5]
- 7 Don't know/Not sure [Go to Q5]
- 9 Refused [Go to Q5]

**CATI Note: If Q3.1 = 2, 7, or 9 continue, else go to next question (Q5).**

**4b.** About how long has it been since you last had health care coverage? (356)

- 1 6 months or less
- 2 More than 6 months, but not more than 1 year ago
- 3 More than 1 year, but not more than 3 years ago
- 4 More than 3 years
- 5 Never
- 7 Don't know/Not sure
- 9 Refused

**5.** How many times have you been to a doctor, nurse, or other health professional in the past 12 months? (357-358)

- Number of times
- 8 8 None
- 7 7 Don't know/Not sure
- 9 9 Refused

**6.** Not including over the counter (OTC) medications, was there a time in the past 12 months when you did not take your medication as prescribed because of cost? (359)

- 1 Yes
- 2 No

**Do not read:**

- 3 No medication was prescribed
- 7 Don't know/Not sure
- 9 Refused

7. In general, how satisfied are you with the health care you received? Would you say—

Please read: (360)

- 1 Very satisfied
- 2 Somewhat satisfied
- 3 Not at all satisfied

**Do not read:**

- 8 Not applicable
- 7 Don't know/Not sure
- 9 Refused

8. Do you currently have any health care bills that are being paid off over time? (361)

**INTERVIEWER NOTE:**

**This could include medical bills being paid off with a credit card, through personal loans, or bill paying arrangements with hospitals or other providers. The bills can be from earlier years as well as this year.**

**INTERVIEWER NOTE: Health care bills can include medical, dental, physical therapy and/or chiropractic cost.**

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

**CATI NOTE: Go to Core Section 4.**

## Module 7: Cognitive Decline

---

**CATI NOTE: If respondent is 45 years of age or older continue, else go to next module**

**Introduction:** The next few questions ask about difficulties in thinking or remembering that can make a big difference in everyday activities. This does not refer to occasionally forgetting your keys or the name of someone you recently met, which is normal. This refers to confusion or memory loss that is happening more often or getting worse, such as forgetting how to do things you've always done or forgetting things that you would normally know. We want to know how these difficulties impact you.

1. During the past 12 months, have you experienced confusion or memory loss that is happening more often or is getting worse? (376)

- 1 Yes
- 2 No [Go to next module]
- 7 Don't know [Go to Q2]
- 9 Refused [Go to next module]

2. During the past 12 months, as a result of confusion or memory loss, how often have you given up day-to-day household activities or chores you used to do, such as cooking, cleaning, taking medications, driving, or paying bills? (377)

**Please read:**

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never
- 7 Don't know
- 9 Refused

3. As a result of confusion or memory loss, how often do you need assistance with these day-to-day activities? (378)

**Please read:**

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely [Go to Q5]
- 5 Never [Go to Q5]
- 7 Don't know [Go to Q5]
- 9 Refused [Go to Q5]

**CATI NOTE: If Q3 = 1, 2, or 3, continue. If Q3 = 4, 5, 7, or 9 go to Q5.**

4. When you need help with these day-to-day activities, how often are you able to get the help that you need? (379)

**Please read:**

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never
  
- 7 Don't know
- 9 Refused

5. During the past 12 months, how often has confusion or memory loss interfered with your ability to work, volunteer, or engage in social activities outside the home? (380)

**Please read:**

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never
  
- 7 Don't know
- 9 Refused

6. Have you or anyone else discussed your confusion or memory loss with a health care professional? (381)

- 1 Yes
- 2 No
  
- 7 Don't know
- 9 Refused

## Module 8: Sugar Sweetened Beverages

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Now I would like to ask you some questions about sugary beverages.

1. During the past 30 days, how often did you drink regular soda or pop that contains sugar? Do not include diet soda or diet pop. (382-384)

Please read: You can answer times per day, week, or month; for example, twice a day, once a week, and so forth.

- 1 \_\_ Times per day
- 2 \_\_ Times per week
- 3 \_\_ Times per month

**Do not read:**

8 8 8          None  
7 7 7          Don't know / Not sure  
9 9 9          Refused

2. During the past 30 days, how often did you drink sugar-sweetened fruit drinks (such as Kool-Aid and lemonade), sweet tea, and sports or energy drinks (such as Gatorade and Red Bull)? Do not include 100% fruit juice, diet drinks, or artificially sweetened drinks.

*Please read: You can answer times per day, week, or month: for example, twice a day, once a week, and so forth.* (385-387)

1 \_\_ Times per day  
2 \_\_ Times per week  
3 \_\_ Times per month

**Do not read:**

8 8 8          None  
7 7 7          Don't know / Not sure  
9 9 9          Refused

## Module 21: Sexual Orientation and Gender Identity

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The next two questions are about sexual orientation and gender identity.

**INTERVIEWER NOTE:** We ask this question in order to better understand the health and health care needs of people with different sexual orientations.

**INTERVIEWER NOTE:** Please say the number before the text response. Respondent can answer with either the number or the text/word.

1. Do you consider yourself to be: (650)

**Please read:**

1          Straight  
2          Lesbian or gay  
3          Bisexual

**Do not read:**

4          Other  
7          Don't know/Not sure  
9          Refused

2. Do you consider yourself to be transgender? (651)

If yes, ask “Do you consider yourself to be 1. male-to-female, 2. female-to-male, or 3. gender non-conforming?”

**INTERVIEWER NOTE: Please say the number before the “yes” text response. Respondent can answer with either the number or the text/word.**

- |   |  |
|---|--|
| 1 | Yes, Transgender, male-to-female       |
| 2 | Yes, Transgender, female to male       |
| 3 | Yes, Transgender, gender nonconforming |
| 4 | No                                     |
| 7 | Don't know/not sure                    |
| 9 | Refused                                |

**INTERVIEWER NOTE: If asked about definition of transgender:**

Some people describe themselves as transgender when they experience a different gender identity from their sex at birth. For example, a person born into a male body, but who feels female or lives as a woman would be transgender. Some transgender people change their physical appearance so that it matches their internal gender identity. Some transgender people take hormones and some have surgery. A transgender person may be of any sexual orientation – straight, gay, lesbian, or bisexual.

**INTERVIEWER NOTE: If asked about definition of gender non-conforming:**

Some people think of themselves as gender **non-conforming** when they do not identify only as a man or only as a woman.

## Closing Statement

**Please read closing statement:**

That was my last question. Everyone’s answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.