

The DPH Bulletin

From the Delaware Division of Public Health

September 2016

Certified Food Protection Managers should be on duty at all times

To protect public health and prevent foodborne illness, Delaware's permitted food establishments must have at least one person-in-charge who is a certified food protection manager (CFPM) at all times.

The only exemptions to the *State of Delaware Food Code*, section 2-102.12 are temporary food establishments and those categorized as very low risk that are operated by non-profit organizations.

CFPMs monitor and manage food establishment operations to ensure the facilities comply with the Food Code. CFPMs must recognize foodborne illness symptoms and know how to minimize risk factors and make corrective actions if necessary.



The Division of Public Health's Office of Food Protection (OFP) works with Community Environmental Health Services (CEHS) in each county to permit and inspect restaurants, mobile units, and other food establishments. They educate owners, managers, and employees about food safety issues, provide information to consumers, and enforce Food Code compliance.

Since September is Food Safety Month, the Delaware Restaurant Association (DRA) is offering additional CFPM classes in New Castle and Sussex counties. The one-day course, from 9:00 a.m. to 6:00 p.m., includes lunch, a course book, the examination, and certification, upon successful completion. The fee is \$150 for DRA members and \$180 for non-members. To register, visit <http://www.delawarerestaurant.org/calendar/> or call 866-DRA-2545. Courses are offered year-round.

For more information on CFPM requirements, visit <http://www.dhss.delaware.gov/dhss/dph/hsp/ofpcfp.html>. For more information on food safety, visit www.dhss.delaware.gov/dph/hsp/foodsafety.html or www.foodsafety.gov/.



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health
Office of Health and Risk Communications



Vaping on the rise among students

Smoking among teens may be at an all-time low, but Delaware public high school students reporting "current use"

of electronic vaporizing devices (e-cigarettes, vape pens, and e-hookahs) through the 2015 Youth Tobacco Survey jumped from 2.1 percent in 2012 to 23.5 percent in 2015. About 40.5 percent of Delaware public high school students said they have tried e-cigarettes, which, **like cigarettes, are illegal for minors to buy in the First State.**

According to the Centers for Disease Control and Prevention (CDC), liquid e-cartridges typically contain nicotine and other toxic chemicals. One study demonstrated that people passively exposed to e-cigarette emissions absorb nicotine in levels comparable to passive smokers. Nicotine exposure in fetuses and infants has been shown to cause preterm births, Sudden Infant Death Syndrome, and to have detrimental effects on brain and lung development. Children and adolescents exposed to nicotine also can suffer lasting brain effects, and cases of nicotine poisoning are well documented.

Delaware women rank fifth-highest and men rank sixteenth-highest for national lung cancer mortality, according to the latest cancer report posted at <http://www.dhss.delaware.gov/dhss/dph/dpc/cancer.html>.

Prepare homes now for possible hurricanes

- Prune trees; remove damaged branches.
- Secure loose rain gutters and downspouts, and clear debris.
- Reinforce the roof, windows, doors, and garage doors.
- Purchase or install a portable generator. Keep it at least 20 feet from windows and doors and protected from moisture.

For more information, visit <https://www.ready.gov/hurricanes>.

