

# The DPH Bulletin

From the Delaware Division of Public Health

June 2018

## Free HIV tests available on June 27

On June 27, 2018, National HIV Testing Day, the Division of Public Health (DPH) will offer free Human Immunodeficiency Virus (HIV) tests to individuals ages 12 years and older.

In New Castle County, DPH will provide HIV tests at the Porter State Service Center, located at 511 W. 8<sup>th</sup> St. in Wilmington, between 10 a.m. and 2:30 p.m. In Sussex County, HIV tests will be provided at the Shipley State Service Center, located at 350 Virginia Ave. in Seaford, from 8 a.m. to noon and 1 p.m. to 3:30 p.m. Walk-ins are welcome.



DPH urges all Delawareans to know their HIV status to protect their health and prevent its spread to others. The Centers for Disease Control and Prevention (CDC)

recommends routine testing for

HIV infection in health care settings for persons ages 13 to 64 years, and testing at least annually for those at high risk, according to its *Morbidity and Mortality Weekly Report, Volume 66*. High risk behaviors include injecting drugs, having unprotected sex, and men having sex with other men. Treatment lessens the risk of illnesses and sexual transmission.

For more information about testing, contact the Porter Center at 302-777-2860 or the Shipley Center at 302-628-6772.

## “Stopping the Bleed” at Legislative Hall

Hospital trauma teams held a “Stop the Bleed” training in Legislative Hall on May 10, 2018. Representatives from each hospital taught first aid skills for use when a victim is bleeding profusely, such as how to pack dressings, apply ample pressure, and wrap tourniquets.



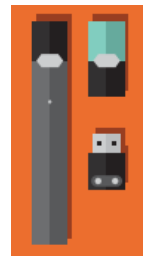
At left, Bruce Pearce, Sergeant-At-Arms of the Delaware Senate, applies a tourniquet to the arm of Brian King, NRP, Flight Paramedic at Christiana Care Health System (CCHS) as Heather Panichelli, APRN, Clinical Nurse Specialist, CCHS, observes. At right, Megan Williams, vice president of the Delaware Healthcare Association, applies a tourniquet to a computerized simulated limb under the instruction of Janet Hammond, BSN, RN, Bayhealth/Milford Trauma Coordinator.



The Delaware Healthy Mother and Infant Consortium (DHMIC) presented the 2018 Community Health Champion Awards at its April 17 conference in Wilmington. Jessica Baxter, FNP of Nanticoke Family Practice in Georgetown, at left, received the individual award for assisting a longtime patient who had lost her health insurance coverage. Mawuna Gardesey of DPH delivered the award to Jessica. At right, the Society of St. Vincent DePaul, Council of Wilmington, received the group award for providing home visits, food, utility assistance, rent/mortgage help, prescriptions, and medical transportation. Pictured in the group photo, from left, are DPH Director Dr. Karyl Rattay, Lynne Betts and LaVaida Owens-White of the Society of St. Vincent DePaul, and Dr. David Paul of DHMIC.

## Tobacco’s latest risk: JUULing

DPH warns teachers, parents, and guardians about a trending nicotine product among middle and high school students. An increasingly popular e-cigarette, called JUUL, looks identical to a USB flash drive and delivers a high dose of nicotine. Nicotine is highly addictive and can harm adolescent brain development. The CDC advises that tobacco use in any form is unsafe. For tips for talking to youth, visit: <https://e-cigarettes.surgeongeneral.gov/resources.html>. For cessation resources featuring the Delaware Quitline, visit [www.healthylouisiana.org](http://www.healthylouisiana.org).



CDC

## Peers select Phelps, Wyatt as top nurses

Two DPH nurses are featured in the May issue of *Delaware Today* magazine as Top Nurses for Public Health. Lisl Phelps, MSN, RN, Nurse Consultant in the Office of Public Health Nursing; and Jessi L. Wyatt, MSN, MBA, RN III of the Child Development Watch program, were selected through a survey of nursing professional peers. Visit <http://www.delawaretoday.com/Delaware-Today/May-2018/Top-Nurses-2018/>.



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Division of Public Health