

*Addressing Substance Use
Disorders Through Interprofessional
Collaborative Practices*



December 7th & 8th, 2015

*Division of Substance Abuse &
Mental Health Training Office*

*Embassy Suites
Newark, DE*



DELAWARE HEALTH
AND SOCIAL SERVICES
Division of Substance Abuse
and Mental Health Training Office



ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

The Conference will begin with introductory remarks from
Delaware Department of Health and Social Services Secretary *Rita Landgraf*,
Division of Public Health Director *Karyl Rattay, MD, MS*
Division of Substance Abuse and Mental Health Director *Michael Barbieri, PhD*, and
Executive Director, Danya Institute *Renata Henry, Med*
Moderated by **Gerard Galluci, MD**, Delaware Health and Social Services Medical Director

Join us for two plenary sessions,
Interprofessional Practice: Implications for Improving the Care Continuum.
& **Self-Care Strategies for Professionals** (pg. 6)



“Addressing Substance Use Disorders Through Interprofessional Collaborative Practices”

People are complex. Individuals living with a substance use condition are not defined solely by that condition. They may also be a parent, a caretaker, are homeless, or being physically abused. Consequently, the support system they require cannot be one-dimensional. When people seek out assistance, the service they connect to is oftentimes isolated from other disciplines, each having different concepts of the person, their needs, and the type of response needed to address the person’s numerous and complex situations. Service providers must have the capacity to identify the complex nature of the individual’s condition and be able to work collaboratively with other disciplines in order to achieve successful and integrated outcomes.

“Alone we can do so little; together we can do so much” — Helen Keller

Interprofessionality is defined as the development of a cohesive practice between professionals from different disciplines. It is the process by which professionals reflect on and develop ways of practicing that provides an integrated and cohesive answer to the needs of the client/family/population (D’Amour, Oandasan, 2005). This two-day conference will bring together over 20 speakers from numerous disciplines to explore ways in which interprofessional collaboration is being employed in our community, in the nation, and in a host of contrasting settings. The objective of the conference is that each participant leaves with an understanding of how their practice can be woven into that of others to create a strong fabric of support for the individual.

Participants can attend both days or either day individually.

5.5 CEU's and CME's Available Daily—No Cost to Attend!

See page 4 for details

To Register ...

Space is limited for all
workshops!

Click on this link:



Or

Send an E-Mail to:

DSAMH.Training@state.de.us

- To ensure proper registration, make sure to include workshop number(s).
- Choose only one workshop for each day.
- Plenary Sessions are included with registration for Monday, December 7th.

****REMEMBER! PRINT OUT & BRING YOUR CONFIRMATION E-MAIL!****

Legal Disclaimer: *The views and opinions contained in the educational offerings described in this publication do not necessarily reflect those of the Division of Substance Abuse and Mental Health or the Department of Health and Social Services, and should not be construed as such.*

Embassy Suites

654 South College Avenue,
Newark, Delaware, 19713

Directions: *From I-95 South, take the Route 896 North exit towards Newark. Once on 896 North, travel through three traffic lights. At the fourth traffic light, make a U-turn and then access hotel on the righthand side. From I-95 North, take Exit 1B Route 896 North towards Newark. Once on 896 North, travel through three traffic lights. At the fourth traffic light, make a U-turn and then access hotel on the righthand side.*

Certification and Continuing Education

Participants assume all responsibility for ensuring that the certificate of training will be accepted by their professional licensing organization. **In compliance with certification requirements, workshop certificates will be issued only to those who register for and complete an entire workshop.**

The number of Continuing Education hours awarded is listed immediately following each workshop title.

The Division of Substance Abuse and Mental Health (DSAMH) Training Office is an approved provider of Continuing Education as noted below:

Delaware Board of Nursing (DBN): The DSAMH Training Office is an approved provider of Continuing Education credits under the rules and regulations for mandatory education set forth by the DBN.

National Association of Alcoholism and Drug Abuse Counselors (NAADAC): The DSAMH Training Office is an approved NAADAC Education Provider.

National Board of Certified Counselors (NBCC): The DSAMH Training Office has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5047. Programs that do not qualify for NBCC credit are clearly identified. The DSAMH Training Office is solely responsible for all aspects of the programs.



National Association of Social Workers -Delaware Chapter (NASW-DE): The DSAMH Training Office is an approved provider for social work continuing education.

CE: The DSAMH Training Office will award an individual certificate of training to each participant for completion of each workshop.

Applications for continuing education units have been submitted to the following boards:

- Certified Employee Assistance Professionals Association, Inc. (CEAP)
- Commission on Rehabilitation Counselor Certification (CRCC)
- Delaware Certification Board (DCB)

Individual workshops may be approved by your accrediting body. Contact your certification board for clarification.

Continuing Medical Education for Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Medical Society of Delaware and the DSAMH Training Office. The Medical Society of Delaware is accredited by the ACCME to provide CME activities for physicians.

The Medical Society of Delaware designates this live continuing medical education activity for a maximum of **11 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

It is the policy of the Medical Society of Delaware to comply with the ACCME Standards for Commercial Support of Continuing Medical Education. In keeping with these standards, all faculty participating in continuing medical education activities jointly provided by the Medical Society of Delaware are expected to disclose to the activity audience any real or apparent conflicts of interest related to the content of their presentation.

Joint providership of CME by the Medical Society of Delaware in no way implies endorsement or recommendation of any product or service.

This activity is not supported by commercial funding.





Conference at a Glance



December 7 & 8, 2015, 9:00 am to 4:00 pm

Daily Registration 8:00 to 9:00 am

Networking lunch provided 12:00 to 1:00pm

Workshop Tracks	MONDAY 12/7 9:00 am—4:00 pm Plenary and Afternoon Workshops	TUESDAY 12/8 9:00 am—4:00 pm Full Day, Skill-Based Workshops
Women & Addiction	# 1774 - Gender Matters: Effective Interventions for Women with SUDs	# 1780 - Identification & Treatment of Women with Opioid Use Disorders
Medical Issues & Addiction	# 1773 -Using Collaborative Practices & The U.S. National HIV/AIDS Strategy to Integrate Treatment for Mental Health & Substance Use Disorders	# 1784—Understanding the Behavioral Risks, Prevention, & Challenges in the Treatment of Hepatitis C and Sexually Transmitted Infections
Mindfulness & Addiction	# 1770 - Mindfulness & the Counselor: A Way of Being	# 1769 - Mindfulness & Addiction: Strengthening Recovery
CBT & Addiction	# 1771 - An Introduction to Cognitive Therapy for Substance Use Disorders	# 1772 - Integrating CBT & Motivational Interviewing in the Treatment of Substance Use Disorders
Medications & Brain Development	# 1782 - Pharmacologic Treatment of Alcohol, Nicotine, & Opioid Use Disorders	# 1779 - Young Adult Substance Use: Brain Development, Risk Gateways, & Treatment Implications
Technology / Motivational Interviewing	# 1783 - Technology & Social Media in Professional Practice: Its Impact on Ethics and Clinical Supervision for Behavioral Health Providers	# 1775 - Motivational Interviewing – Beyond the Basics
Synthetic Drugs / SBIRT	# 1781 - Another Wave of Emerging Drug Trends	# 1778 - What is SBIRT & Why Should We Use It?

MONDAY, December 7, 2015



PLENARY SESSIONS 9 am—12 noon
Included in Full Day Registration

AFTERNOON WORKSHOPS 1—4:00 pm

Plenary Sessions



Interprofessional Practice: Implications for Improving the Care Continuum and Self-Care Strategies for Professionals (2.75 hrs.)

Linda Rose Frank, PhD, MSN, CS, ACRN, FAAN
Chad D. Morris, PhD

These sessions will provide a description and discussion of Core Competencies for Interprofessional Collaborative Practice. This approach to care is critical to transforming clinical care and treatment to a deliberate team-based approach to improve access, continuity, efficiency, quality of service delivery to improve client satisfaction and to improve measurable clinical outcomes. Strategies for self-care, resiliency, and whole-health will be described, as well as integrating the eight dimensions of wellness into the professional's well being.

Learning Objectives:

- Define interprofessional practice
- Discuss a framework for the interdependence between health profession education and practice
- Discuss interprofessional collaborative practice competency domains
- Identify implications for practice across settings
- Describe self-care strategies

1770 Mindfulness & The Counselor: A Way of Being (2.75 hrs.) *James Walsh, PhD, LPCMH, BACC*

In seeking to understand best practices for good outcomes in substance use and other treatments, one finds frequent reference to the so-called "Common Factors." All forms of evidence-based practices shown to be effective share these Common Factors, which typically include goal collaboration, empathy, therapeutic alliance, positive regard, and authenticity. Counselor education programs teach theory-driven counseling techniques e.g. ways of understanding clients and ways of intervening with clients, but are less apt to teach counselor "presence," or "Way of Being," with clients. This workshop presents Mindfulness as a construct that appears to be strongly related to therapist's "Way of Being." Recent studies suggest that a counselor's regular practice of Mindfulness may be associated with strengthening the ability to facilitate the Common Factors.

Learning Objectives:

- Describe Mindfulness as a psychological construct
- Identify how Mindfulness can be used in therapy
- Practice Mindfulness by sitting meditation, mindful yoga, and mindful visualization



MONDAY, December 7, 2015



PLENARY SESSIONS 9 am—12 noon
Included in Full Day Registration

AFTERNOON WORKSHOPS 1—4:00 pm

1783 Technology and Social Media in Professional Practice: Its Impact on Ethics and Clinical Supervision for Behavioral Health Providers (2.75 hrs.)
Nancy A Roget, MS, MFT, LADC

Advances in technology and the uptake in use of social media are influencing how behavioral health professionals deliver treatment/recovery support and clinical supervision services. These changes affect ethical issues like therapist self-disclosure, boundary crossings, confidentiality, and informed consent. While the adoption of technology may help expand the delivery of clinical supervision services, especially in rural and frontier areas, it has risks for privacy and security issues. This workshop will provide an overview of the role of technology and social media in two critical behavioral health areas – ethics and clinical supervision - especially since guidelines and regulatory codes are now being put in place to address these issues.

Learning Objectives:

- Describe how involvement with social network sites may impact therapist self-disclosure
- Identify three risks associated with texting/emailing patients
- Discuss six key benefits of using technology to extend the reach of clinical supervision
- Identify three key ingredients needed to do effective technology-based clinical supervision



1782 Pharmacologic Treatment of Alcohol, Nicotine, and Opioid Use Disorders (2.75 hrs.)
Jeffrey Hsu, MD

The definition of addiction has evolved over time and is currently viewed as a chronic disease of the brain's circuitry. Likewise, treatment approaches have advanced, and now include a variety of medications used in combination with behavioral therapies, commonly referred to as Medication Assisted Treatment (MAT). This workshop will describe the chronic disease model of addiction and will review the pharmacotherapy of alcohol, nicotine and opioid use disorders. The workshop will review the medications available to treat substance use disorders, the biological underpinnings of these medications' effectiveness as a treatment option, and methods for incorporating MAT collaboratively with the individual.

Learning Objectives:

- Identify pharmacotherapeutic options to treat alcohol, nicotine, and opioid use disorders
- Describe the biological mechanisms of action
- Describe the rationale for using pharmacotherapy as a treatment option
- Discuss how pharmacotherapy can be incorporated into a collaborative treatment model



MONDAY, December 7, 2015



PLENARY SESSIONS 9 am—12 noon
Included in Full Day Registration

AFTERNOON WORKSHOPS 1—4:00 pm

1771 An Introduction to Cognitive Therapy for Substance Use Disorders (2.75 hrs.)
Fred Rotgers, PsyD, ABPP

Cognitive Behavioral Therapy (CBT) is based on the concept that how we think -cognition, how we feel-emotions and how we act-behaviors interact together. Specifically, our thoughts determine our feelings and our behavior. Cognition, emotion, and behavior form what is known as the “cognitive triad.” This workshop will present the basic assumptions, theory, and an overview of techniques that comprise the cognitive-behavioral, and especially the cognitive therapy approach, to treatment of substance users.

Learning Objectives:

- Articulate the basic assumptions behind CBT approaches
- Define the basic concepts of CBT including the cognitive triad, and the relationship between thoughts, feelings, and behaviors
- Describe three basic techniques of cognitive therapy
- Describe how techniques address issues in the development and maintenance of substance use disorders



1773 Using Collaborative Practices and The U.S. National HIV/AIDS Strategy to Integrate Treatment for Mental Health and Substance Use Disorders (2.75 hrs.)
Arlene Bincsik, RN, MS, CCRC, ACRN; Patricia S. Lincoln, RN, BSN, ACRN; and Nina Bennett, MS

This workshop will discuss the current epidemic in Delaware, and offer a model of interprofessional and integrated services utilizing a chronic care paradigm which is in place within the HIV Program at Christiana Care Health Services (CCHS). With seven locations statewide, this program offers comprehensive, integrated services for the complex co-morbidities associated with HIV/AIDS and is the only clinical recipient of federal Ryan White funding in Delaware. The U.S. National HIV/AIDS Strategy will be reviewed. The national strategy, first published in July 2010, was intended to serve as a roadmap, and originally started with three major goals. The five major goals added to the strategy since 2010 will be outlined

Learning Objectives:

- Outline current Delaware epidemiology of HIV and Hepatitis
- Describe interprofessional makeup of Christiana Care Health Services (CCHS) HIV Program
- Identify nested specialty clinics within CCHS HIV Program
- Recognize the U.S. National HIV/AIDS Strategy
- List Updates to the 2020 U.S. National HIV/AIDS Strategy



MONDAY, December 7, 2015



PLENARY SESSIONS 9 am—12 noon
Included in Full Day Registration

AFTERNOON WORKSHOPS 1—4:00 pm

1781 **Another Wave of Emerging Drug Trends (2.75 hrs.)**
Kenneth A. Dickinson, MS, RPh, Hon DSc

According to the United Nations Office on Drugs and Crime, more than one New Psychoactive Substance (NPS) per week has appeared on the internet since 2012. The emergence of “Bath Salts” compounds and “Synthetic Cannabinoids” in the United States was only the first wave of a new trend in emerging substances. Become familiar with unregulated drugs, while being updated on current changing trends with drugs such as “Flakka,” “Honey,” edible marijuana, and others. Find out about the newest generations of “Synthetic Cathinones” and “Synthetic Cannabinoids” that continue to account for almost half of the NPS. This workshop will describe the epidemiology, marketing, desired effects, toxic effects, mental/emotional effects, physical and withdrawal effects, signs/symptoms of use, packaging, paraphernalia, methods of use, legal status, legal responses, and advancements in detection toxicology of these compounds. Images of the drugs and of the packaging and web resources will be provided.

Learning Objectives:

- Describe how NPS’s are trafficked within our communities
- Identify the newest NPS’s such as Flakka and Gravel
- Understand the trend to vaporize psychoactive substances
- List the effects associated with the newest emerging drugs



1774 **Gender Matters: Effective Interventions for Women with SUDs (2.75 hrs.)**
Deborah Werner, MA, PMP

Gender Matters! Girls and women have different pathways to substance use and abuse. They experience different consequences, barriers and motivation for treatment, and recovery. There are engagement, intervention and recovery supports that significantly improve women’s outcomes. Special considerations including trauma, pregnancy, family needs, co-occurring psychiatric disorders, gender roles, power dynamics, and health concerns all impact women’s recovery. This workshop integrates women’s stories, research and practice evidence to provide an overview of gender-responsive approaches for women and girls. Participants will have the opportunity to discuss gender and culture.

Learning Objectives:

- Describe three barriers to treatment engagement and retention for women
- List three characteristics of gender-responsive services
- Identify components of effective, evidence-based treatment approaches that are effective with women
- Write at least one concrete action step to implement within their current practice or program



TUESDAY, December 8, 2015

FULL DAY WORKSHOPS 9:00 am—4:00 pm

1769

Mindfulness & Addiction: Strengthening Recovery (5.5 hrs.)

James Walsh, PhD, LPCMH, BACC

Recovery from a variety of addictions, including gambling disorders, requires a multi-faceted approach that addresses the personal and interpersonal schemata of the person with addiction. While it is helpful to develop insight into the belief systems that drive the affects and behaviors of addiction, the counselor must also address issues of attentional control and metacognitive awareness in order to facilitate the improvements in self-control that lead to arresting the addictive behavior. Mindfulness training has been shown in outcomes research to be a pathway to enhancing attentional control and metacognitive awareness. Research provides evidence that persons with an addiction, trained in mindfulness, may be more successful at behavior change that supports recovery processes. Therapist Mindfulness has been shown to have a strong relationship to empathic skills and the development of stronger therapeutic alliances.

Learning Objectives:

- Describe Mindfulness as a psychological construct
- Understand how Mindfulness can be used in therapy
- Practice Mindfulness to use with clients



1780

Identification and Treatment of Women with Opioid Use Disorders (5.5 hrs.)

*Hendree Jones, PhD and a Delaware Panel facilitated by
Renata Henry, MEd, Executive Director, Danya Institute*

A panel of Delaware leaders from child welfare, criminal justice, and Medicaid, often the first point of contact for women who use substances, will discuss the need for collaboration strategies to connect women and children to treatment and services and the system challenges in Delaware. The prevalence of opioid use disorders has risen dramatically in the past decade and this health issue has had a devastating impact on women, children and families. This workshop will review the myths and truths about women who have opioid use disorders and the medications used to treat such a disorder. Medications to treat opioid use disorders during pregnancy will be addressed and the short and long-term effects of prenatal substance use exposure on child outcomes will be summarized, as well as strategies to build resilience in these children. Current research and clinical practices regarding Neonatal Abstinence Syndrome will be highlighted.

Learning Objectives:

- Identify strategies to address stigma associated with women who use substances while pregnant
- List options for Medication Assisted Treatment for women and pregnant women
- Review the risks and benefits of medications to treat opioid use disorders during pregnancy
- Understand how Neonatal Abstinence Syndrome/Neonatal Opioid Withdrawal is identified, assessed, and treated
- Identify evidence-based strategies to support resilience among children who have been exposed prenatally to opioids



TUESDAY, December 8, 2015

FULL DAY WORKSHOPS 9:00 am — 4:00 pm

1784

Understanding the Behavioral Risks, Prevention, and Challenges in the Treatment of Hepatitis C and Sexually Transmitted Infections (5.5 hrs.)

Carlo C. DiClemente, PhD, ABPP, Anne M. Rompalo, MD, ScM, and Diana Padilla

This workshop will inform behavioral and health care professionals on current information on Hepatitis C (HCV), including risk groups, how to counsel and promote HCV screening and testing, support and link infected persons to HCV health care, and provide a review of current therapies. HCV is the leading cause of liver disease, predominantly impacting persons unaware of their infection. Dr. Rompalo, using case studies, will illustrate management issues associated with common sexually transmitted infections (STIs) and will emphasize the 2015 treatment guidelines and prevention strategies. Dr. DiClemente will use those case studies to highlight the need for providers to be able to ask questions regarding behaviors that put individuals at-risk for HIV, and other STIs, along with behavioral health issues that contribute to the mix of health conditions affecting so many.

Learning Objectives:

- Review HCV disease progression and impacting factors for at-risk groups
- List at least three opportunities to link persons infected to health care
- Discuss the reasons for the changes to the new treatment guidelines
- Describe behaviors that put individuals at risk for multiple issues
- Discuss the use of brief screening and the method of questioning using stages of change to identify risk



1779

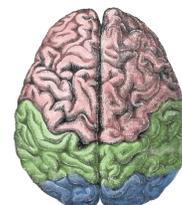
Young Adult Substance Use: Brain Development, Risk Gateways, and Treatment Implications (5.5 hrs.)

Marc Fishman, MD

Young adult psychological and brain development informs our understanding of risk for substance use disorders and their progression to addiction. It should also inform our approaches to treatment. This workshop will summarize the normal maturation process and its challenges, which can help families and professionals better appreciate young adult vulnerability and resilience. The workshop will also provide an overview of developmentally-informed treatment approaches for young adults with substance use disorders. Additional topics will include: marijuana use and treatment, opioid addiction and treatment, and co-occurring psychiatric disorders and treatment.

Learning Objectives:

- Describe how psychological and brain development impacts the risk for substance use disorders
- Recognize warning signs and symptoms that place young people at risk for addiction
- Identify best practices for addiction treatment, recovery, and support in young adults



TUESDAY, December 8, 2015

FULL DAY WORKSHOPS 9:00 am — 4:00 pm

1786 Motivational Interviewing – Beyond the Basics (5.5 hrs.)
Amy Shanahan, MS, CADC

Motivational Interviewing (MI) focuses on exploring and resolving ambivalence and centers on motivational processes within the individual that facilitate change. Participants will be provided with multiple opportunities to enhance their use of open-ended questions, affirmations, reflections and summaries (OARS) beyond the basics. The use of Motivational Interviewing requires ongoing practice, including the use of complex reflections. Participants will be provided the opportunity to practice more complex reflections through interactions, exercises, and role plays.

Learning Objectives:

- Recognize the spirit and skills used in MI
- Practice using OARS to shape the direction of a session
- Observe and practice active listening, reflections, open-ended questions, affirmations and summaries
- Practice reflective listening to deal with discord

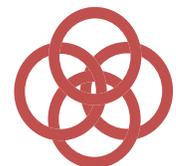


1787 What is SBIRT and Why Should We Use It? (5.5 hrs.)
Holly Hagle, PhD and Victoria Lahey, MS Ed, NCC

Screening, Brief Intervention and Referral to Treatment (SBIRT) is a comprehensive public health approach for delivering prevention, early intervention, and referral to treatment services to people using substances in a harmful or risky way. Although as effective and cost-effective as other preventative services, such as giving flu shots, screening for risky alcohol use is not nearly as common. This workshop provides the opportunity to learn content, gain knowledge and practice skills to use an evidence-based practice, SBIRT, and its component parts to reduce the progression of the disease in individuals.

Learning Objectives:

- Describe SBIRT as a public health model
- Apply SBIRT to multiple health and behavioral settings
- Practice conducting screening and brief intervention techniques



1785 Integrating CBT and Motivational Interviewing in the Treatment of Substance Use Disorders (5.5 hrs.)
Fred Rotgers, PsyD, ABPP

In this workshop participants will learn the basic theory and practice of an integrated treatment model that encompasses both cognitive-behavioral approaches and motivational interviewing to help clients initiate and maintain changes in substance use over time. A particular emphasis will be placed on techniques that can be helpful in jumpstarting the change process when it has slowed down or stalled. Socratic Questioning or Socratic Dialogue, the cognitive/empathic process which attempts to tease out what the client has learnt from their experiences, will also be explored.

Learning Objectives:

- Articulate the basic concepts of CBT and MI and describe how they link to each other
- Articulate how Motivational Interviewing, 3rd Edition, differs from earlier versions of MI
- Demonstrate the role of Socratic Dialogue in CBT
- Describe three basic cognitive-behavioral techniques for jumpstarting change



FACULTY

Nina Bennett, MS is the lead trainer with the Delaware Local Performance Site of the Pennsylvania/MidAtlantic AIDS Education & Training Center (AETC). Ms. Bennett has worked in the HIV/AIDS field since the beginning of the epidemic. She was in the first group of people trained by the Delaware Division of Public Health to conduct anonymous HIV counseling and testing. Ms. Bennett works with the HIV Community Program at Christiana Care Health Services, where she is responsible for developing curricula, training health care providers in all aspects relating to HIV/AIDS, and precepting participants through an experiential day in the HIV treatment setting. She is published nationally and internationally.

Arlene Bincsik, MS, RNC, CCRC, ACRN is the Program Director for the statewide HIV program at Christiana Care. She has served in this position since 1986 when the disease was an unknown and cause and treatment were mostly palliative. Ms. Bincsik is certified as an HIV Specialist and is published both nationally and internationally on issues related to HIV. She serves as President of the Board of Directors for the Delaware HIV Consortium. She has a Masters in Science from the University of Delaware and is Certified as a Clinical Research Coordinator by the Associates of Clinical Pharmacology and as an AIDS Certified Registered Nurse

Kenneth A. Dickinson, M.S., RPh, Hon DSc. is a co-founder and past President of the Board of Directors for both the PA Recovering Pharmacist Program, PARPH, the Pennsylvania Nurses Assistance Program, PNAP, and a Board Member of Pro-A, a Pennsylvania state-wide recovery advocacy organization. He has taught psychopharmacology and other behavioral health related classes at more than seven universities. Mr. Dickinson has been certified as an Addictions Counselor, Prevention Specialist and an Employee Assistance Professional. In 2015 he was bestowed an Honorary Doctorate in Science for the University of Sciences. He is employed as the Director of Marketing for Gaudenzia, Inc., a non-profit drug and alcohol treatment with over 144 programs in Delaware, Pennsylvania, and Maryland.

Carlo C. DiClemente, PhD, ABPP is a Professor of Psychology at the University of Maryland, Baltimore County and he co-authored the Transtheoretical Model for Intentional Behavior Change, often called “Stages of Change”, which examines health and addictive behaviors, and has published more than 200 articles and book chapters addressing behavior. His focus propels the practical application of scientific methods used as behavior change tools to help providers ask about and understand risk.

FACULTY

Marc Fishman MD is an addiction psychiatrist and a faculty member of the Department of Psychiatry at the Johns Hopkins University School of Medicine. He is the Medical Director of Maryland Treatment Centers, a regional behavioral healthcare provider, which offers programs for residential and outpatient treatment of drug-involved and dually-diagnosed adolescents and adults. He is a national expert on adolescent addiction treatment and program development. His academic work has focused on models of care and treatment outcomes for addictions in youth and young adults, in particular opioid dependence. He is a co-editor of the ASAM Patient Placement Criteria and has written widely on various addiction topics. He is a past President of the Maryland Society of Addiction Medicine.

Linda Rose Frank, PhD, MSN, ACRN, FAAN is an Associate Professor and Director of the MPH Program at the University of Pittsburgh, Graduate School of Public Health, Department of Infectious Diseases and Microbiology. She has secondary appointments in the School of Nursing, Community and Health Systems, and the School of Medicine, Center for Translational Science Institute & the Center for Russian & Eastern European Studies. She is the Director and Principal Investigator, MidAtlantic AIDS Education & Training Center. Previously, she worked within the Department of Psychiatry at Western Psychiatric Institute and Clinic as a nurse clinician for 15 years, working in the adult inpatient program, serving as assistant director of child/adolescent inpatient services, and within psychiatric emergency and diagnostic center.

Holly Hagle, PhD joined the Institute for Research, Education and Training in Addictions in 2003. She is the Director of the National Screening, Brief Intervention and Referral to Treatment Addiction Technology Transfer Center. Dr. Hagle oversees the curriculum development and project coordination for three Health Resources and Services Administration SBIRT federally funded projects with the University of Pittsburgh School of Nursing since 2006. She is an Adjunct Assistant Professor of Health and Community Systems, University of Pittsburgh, School of Nursing. Dr. Hagle has her Bachelor's of Science in Psychology, Master's in Education, Curriculum and Instruction and a Doctorate in Education, Instructional Management and Leadership.

Dr. Jeffrey Hsu, MD is an Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine and is board certified in Psychiatry and Addiction Medicine. He is the Director of both the Substance Abuse Services' First Step Day Program as well the Motivated Behaviors Unit at Johns Hopkins. He has specialized in the field of substance addiction for over 15 years and focuses his work on the treatment of substance withdrawal, co-occurring psychiatric disorders and HIV infected, injection drug users.

FACULTY

Hendree Jones, PhD is a Professor in the Obstetrics and Gynecology Department, University of North Carolina, Chapel Hill and Executive Director of Horizons, a comprehensive drug treatment program for pregnant and parenting women and their drug-exposed children. She is an internationally recognized expert in the development and examination of both behavioral and pharmacologic treatments for pregnant women and their children in risky life situations. She has received continuous NIH funding since 1994 and has published over 160 publications, two books on treating substance use disorders and multiple book and textbook chapters. She is a consultant to the United Nations and World Health Organization.

Pat Lincoln, RN, BSN, ACRN is the Education Coordinator for the MidAtlantic AIDS Education and Training Center of Delaware. She was instrumental in establishing the Infectious Disease Clinic. In addition to her responsibilities as the Educational Coordinator, she was responsible for the care of pregnant women and children who were HIV exposed. She has been a member of the Delaware Task Force for Pediatric Issues. She is a member of the Delaware HIV Consortium, she is published, and has presented programs both nationally and internationally concerning HIV issues. She is certified in AIDS Nursing by the National Association of Nurses in AIDS Care.

Victoria E. Lahey, MS Ed, NCC is a therapist in private practice providing group and individual therapy as well as training and clinical consultation. She has provided professional development, training, curriculum development and consultation on SBIRT and Motivational Interviewing for the Pennsylvania Department of Drug and Alcohol Programs and the Danya Institute. She is a consultant with the Institute for Research, Education, and Training in Addictions and is an adjunct professor in the Master's level Counseling Program at both Seton Hill and Waynesburg Universities.

Chad D. Morris, PhD is an Associate Professor at the University of Colorado Denver, Department of Psychiatry, and Director of the Behavioral Health & Wellness Program and interdisciplinary Wellness Leadership Institute. He received his Doctorate in Counseling Psychology from the Colorado State University and went on to complete a Postdoctoral Fellowship in Public Psychiatry at the University of Colorado Health Sciences Center. He has led a number of initiatives to study and implement effective organizational, psychosocial, and pharmacologic wellness strategies across the age range. In 2006, he created the Behavioral Health & Wellness Program at the University of Colorado, School of Medicine, which has an interdisciplinary team specializing in community-based wellness research, consultation, and training.

FACULTY

Diana Padilla is a program manager at NDRI-USA, Inc. and has over 18 years in public health services. She has developed a host of Hepatitis C curricula for the NYS AIDS Institute in recent years and presently serves as the Hepatitis C specialist for the Northeast & Caribbean Addiction Transfer Technology Center Network. She has trained behavioral health providers, prevention professionals, treatment specialists, and drug court practitioners on topics effecting behavior change such as Substance Abuse, HIV/AIDS, Hepatitis C, Cultural Proficiency, Trauma Informed Care, and Harm Reduction. She is also the leading author of the, 'Increasing HCV Knowledge for Behavioral Health and Medical Providers' curricula.

Nancy A Roget, MS, MFT, LADC is the Executive Director of the Center for the Application of Substance Abuse Technologies at the University of Nevada, Reno, a grant-funded organization providing training and technical assistance in substance abuse prevention, treatment, and recovery with an annual budget over four million dollars. She is the Project Director for several federal and state grants. She was awarded the National Frontier and Rural ATTC grant with a focus on telehealth technologies, and has created innovative initiatives, including an online minor in addiction counseling and prevention services. Previously, she directed community-based substance abuse treatment programs for adolescents and their family members for 14 years. She has written training manuals and peer-reviewed journal articles.

Delaware Panel Members:

Michael Barbieri, PhD, Director, Division of Substance Abuse & Mental Health, DHSS

Stephen Groff, Director, Division of Medicaid & Medical Assistance, DHSS

Vicki Kelly, PhD, Director, Division of Family Services, DSCYF

Marc Richman, PhD, Bureau Chief, Division of Health Care Services, DOC

Anne Marie Rompalo, MD, ScM is a Professor of Medicine at the Johns Hopkins University School of Medicine and is recognized as a skilled clinical provider and teacher; a noted scholar in the field of Infectious Disease; is an internationally recognized expert in the field of STIs; and has taught classes in countries as diverse as China and Uganda. She has been the Medical Director and Primary Investigator for the Region III STD/HIV Prevention Training Center. She is one of two Principal Investigators of the Baltimore site HIV Epidemiology Research Study (HERS), and recently completed CDC funded cooperative agreement to conduct research studies evaluating demonstration projects on feasibility of STD treatment and HIV prevention.



FACULTY

Fred Rotgers PsyD, ABPP is a Consultant to the Veteran's Administration's Cognitive-Behavioral Treatment for Substance Use Disorders program and in private practice in Cranford, NJ. He was faculty at the Philadelphia College of Osteopathic Medicine where he was a tenured Associate Professor, and was on the faculty of the Rutgers Graduate School of Professional Psychology, John Jay College of Criminal Justice, and is past Director of the Clinical Psychology PhD Program at Walden University. Dr. Rotgers has over 30 years of experience in the assessment and treatment of persons with substance use disorders. He is the author of numerous books and articles on the cognitive-behavioral treatment of substance use disorders, and is past American Editor-in-Chief of the journal *Addiction Research and Theory*. He has lectured and presented worldwide.

James Walsh, PhD LPCMH, BACC is a pastoral counselor in private practice in Wilmington, Delaware and is a program assistant at Wilmington University in the Masters in Clinical Mental Health Counseling program. He has received extensive training in the applications of mindfulness meditation within clinical mental health practice, including instruction at the Center for Mindfulness at the University of Massachusetts Medical School with Jon Kabat-Zinn. Dr. Walsh is a Board Approved Clinical Consultant through the National Council on Problem Gambling and has taught workshops for several state gambling councils, most notably in Delaware and Maryland. Dr. Walsh has taught graduate courses in Pastoral Counseling at Neumann College.

Amy Shanahan, MS, CADC is an Administrator of Addiction Medicine Services and the Director of Staff Development and Training for Ambulatory Programs at the University of Pittsburgh's Western Psychiatric Institute and Clinics. Previously, she was the Director of Performance Improvement at Pyramid Healthcare, and was the Training Director at the Institute of Research, Education, and Training in Addictions. She facilitates train-the-trainer workshops in evidenced-based practices, such as Motivational Incentives & Interviewing. Her trainings are designed around the principles of adult learning – where a comfortable environment is created for participants to explore, interact, practice, and share in the teaching and learning.

Deborah (Deb) Werner, MA is a senior program manager at Advocates for Human Potential, Inc. and the project director for the SAMHSA TA and Training Center on Women and Families Impacted by Substance Use and Mental Health Disorders. She is the co-creator, director and facilitator of SAMHSA's Women's Addiction Services Leadership Institute. Her previous positions include serving as the Associate Director, at Beyond Shelter, Inc. and as the Executive Director of the California Women's Commission on Alcohol and Drug Dependencies. Ms. Werner holds a Master Degree in Urban Planning from the University of California, L.A. (UCLA)