



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

**Division of Substance Abuse and  
Mental Health Training Office**

**Clayton Hall  
University of Delaware  
Newark, Delaware**

# Transforming Services



**The 35th  
Summer Institute  
on Substance Abuse  
and Mental Health  
July 24-28, 2006**

[www.dhss.delaware.gov/si06](http://www.dhss.delaware.gov/si06)

# Transforming Lives

## Welcome

Welcome to the 35th Summer Institute on Substance Abuse and Mental Health. This year's workshops emphasize the processes of "Transforming Services to Transform Lives." System transformation is driven by multiple factors including recent Institute of Medicine reports and the President's New Freedom Commission. What are the salient points of these driving forces and how do they influence individuals? The 35th Summer Institute will provide answers to these critical questions.

We have a responsibility both to understand quality system transformation as well as to create sustainable and compassionate respect for individual transformation. Transformative services are inclusive and integrated toward individual improvement. They are efficient, equitable, and effective. Participation in the 35th Summer Institute will provide an evidence-based path toward building individual and system confidence and certainty through education. Together, as a learning system, we will transform lives.



## SPECIAL EVENTS

### The All Sensory Therapeutic Room

Monday through Friday 8:30am - 4:30pm

You are invited to experience an All Sensory Therapeutic Room first-hand! Sensory Rooms provide a safe and non-threatening environment that offers gentle stimulation of the primary senses. Research findings support the Sensory Room's therapeutic benefits of improved communications, increased self-control, reduced tension, and enhanced self-esteem in children and adults with disabilities or other limiting conditions. The All Sensory Therapeutic Room is a wonderful experience to enjoy and share- a place that replenishes the spirit!

### Poster Session: Transforming Services to Transform Lives

Tuesday 8:00am - 8:45am, Clayton Hall

The transformation of services and service delivery depends upon the constant exploration and sharing of new ideas and thoughts. In that spirit, you are invited to attend this year's poster session and learn how other agencies and systems are transforming the services they provide for substance use and mental health conditions.

### Community Exhibitors

Wednesday and Thursday 8:00am - 3:00pm, Clayton Hall

Please be sure to visit the many community exhibitors who will be available with valuable information, literature, and educational resources. Among our list of Community Exhibitors are addiction and mental health providers, state agencies, pharmaceutical companies, local businesses, and area colleges. Borders bookstore will also be available with a selection of books on substance use and behavioral health conditions, and other related topics.

*On the cover: "Butterfly Mandala V3" Copyright 2002 by Annette Shacklett*



### 35th Summer Institute designed and developed by:

Carol Kuprevich, Ed.D	Laura Taylor, MA
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Kathleen M. Rupertus-Pearce, MA, MS	John Zuger
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Penny Chelucci	Harris Taylor
Steven Dettwyler, Ph.D	Maurice Tippet
Jack Kemp	



# The 35th Summer Institute on Substance Abuse and Mental Health

## INSTITUTE OBJECTIVES

By the conclusion of this Institute, participants will be able to:

- Demonstrate examples of how education and training has increased their personal capacity to deliver high-quality care for mental and substance-use conditions
- Explore evidence-based strategies and approaches that enhance day-to-day service delivery
- Cite supportive, adjunctive, person-centered, practical, evidenced, and age-appropriate interventions to maximize service outcomes within systems
- Identify at least three areas where services can be transformed to support individual preferences and needs
- Understand the importance of cultural competence as an integral component of system transformation and equitable individual recovery efforts
- Understand the essential role that treatment for mental and substance-use conditions plays in improving overall health and health care
- Identify additional workforce development needs that will increase confidence in implementing system transformation

## CERTIFICATION & CONTINUING EDUCATION CREDITS

In compliance with certification board requirements, certificates will be issued only to those who complete the entire duration of the workshop. Certificates of completion provided by Summer Institute are not guaranteed to be accepted by every licensing organization. Participants assume all responsibility for ensuring that the certificate of completion will be accepted by their professional licensing organization.

### Continuing education hours are as follows:

- Keynote Address = 3
- Keynote/Half Day Workshop = 6
- 5 Day Workshop = 27.5
- 3 Day Workshop = 16
- 2 Day Workshop = 11.5
- 1 Day Workshop (Tues. - Thurs.) = 6.5
- 1 Day Workshop (Friday only) = 5
- Mini-workshop = 3
- Evening Session = 2
- Afternoon Session = 1.25

**APA:** See Individual workshop descriptions to determine which are co-sponsored by the Delaware Psychological Association (DPA). DPA is approved by the American Psychological Association to offer continuing education credits for psychologists. DPA maintains responsibility for this program.

**CEAP:** Professional development hours for Certified Employee Assistance Professionals. \*

**DBN:** The Division of Substance Abuse and Mental Health is an approved provider under the rules and regulations for mandatory education set forth by the Delaware Board of Nursing. DBN approval does not necessarily imply endorsement or approval of individual offerings.

**DCB:** Delaware Certification Board, Inc. \*

**DSBSWE:** The Board will no longer "pre-approve" continuing education courses. Workshops will be evaluated for acceptability at the time they are submitted by individuals applying for license renewal.

**NAADAC:** The Division of Substance Abuse and Mental Health is an approved provider of continuing education for the National Association of Alcoholism and Drug Abuse Counselors (Provider #112). Courses leading to basic counselor training and/or personal self-improvement are not acceptable as continuing education courses.

**NCC:** The DSAMH Training Office is approved by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. NBCC approval is limited to the sponsoring organization/individuals and does not necessarily imply endorsement or approval of individual offerings.

**NCGC:** National Certified Gambling Council. Please call the Delaware Council on Gambling Problems at (302) 655-3261 if you have any questions. \*

**CE-** The DSAMH office will award an individual certificate of attendance to each participant for successful completion of each workshop.

\* Applications for continuing education credits have been submitted to these certification boards.





## The Delaware Summer Institute Welcomes

A. Kathryn Power, M.Ed. and Daniel Fisher, M.D., Ph.D.

Presenting The Dr. Mario Pazzaglini Keynote Address

Transforming Services to Transform Lives (Workshop #947, 3 CEUs)

Monday July 24, 2006 9:00 AM - Noon



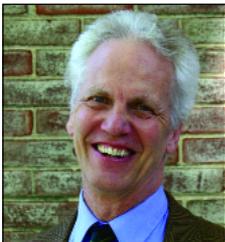
**Renata J. Henry, Director,  
Delaware Division of  
Substance Abuse and  
Mental Health**

Renata J. Henry, M.Ed. is the director of the Delaware Health and Social Services Division of Substance Abuse and Mental Health. As director, Ms. Henry is responsible for the administrative direction, oversight, development, and regulation of public sector substance abuse, mental health and compulsive gambling services for adults in Delaware. Ms. Henry is also president of the Board of Directors for the National Association of State Mental Health Program Directors and is serving a four-year term on the National Advisory Mental Health Council for the National Institutes of Health. Director Henry will be introducing the Pazzaglini Keynote speakers, A. Kathryn Power and Dr. Daniel Fisher. She will set the framework for their presentations by providing comments on the 2005 Institute of Medicine report Improving the Quality of Healthcare for Mental Health and Substance-Use Conditions: Quality Chasm Series; and the President's 2003 New Freedom Commission on Mental Health, Achieving the Promise: Transforming Mental Health Care in America.



**A. Kathryn Power, M.Ed.-  
Director of the Center  
for Mental Health  
Services**

A. Kathryn Power, M.Ed. is Director of the Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration (SAMHSA), an operating division of the US Department of Health and Human Services (DHHS). CMHS provides national leadership in mental health promotion, mental illness prevention, and the development and dissemination of effective mental health services. Director Power leads a staff of 126 professionals in facilitating the transformation of our nation's mental health care system into one that is recovery-oriented and consumer-centered. In 2005, Director Power received the U.S. Department of Health and Human Services Secretary's Award for Distinguished Service for spearheading the Federal Mental Health Transformation Team, an unprecedented interdepartmental coalition that produced the first ever Federal Action Agenda for Mental Health Transformation. Director Power will share the "New Reality" in mental health care by introducing fundamental changes in the way services are delivered in this country.



**Dan Fisher, MD, Ph.D.  
Executive Director of the  
National Empowerment  
Center**

Daniel Fisher, M.D., Ph.D., a psychiatrist and mental health consumer, runs the National Empowerment Center, a recovery resource for consumers of mental health services that focuses on hope and recovery. Dr. Fisher obtained a doctorate in biochemistry and carried out neurochemical research at the National Institutes of Health (NIH). During the course of his work with NIH, he was diagnosed with schizophrenia and hospitalized several times. Through the process of hope and empowerment, Dr. Fisher recovered from schizophrenia and continued on to earn his medical degree and become a psychiatrist. He is currently a community psychiatrist and Executive Director of the National Empowerment Center, and was a Commissioner on the New Freedom Commission on Mental Health. As a role model for others on the journey to recovery, Dr. Fisher will share his own story and his focus on helping consumers, survivors, families, and service providers to support recovery.





## HALF-DAY WORKSHOPS

Monday July 24, 2006 1:30pm- 4:30pm

The \$85.00 registration fee includes the Keynote and Awards Luncheon

### #926 How Safe is She? Risk Analysis and Safety Planning for Victims of Domestic Violence

Faculty: Noel Duckworth and Toni Durban

Violence in relationships is a serious, pervasive social problem with alarming statistics. It occurs among all ethnic, race, age, national origin, sexual orientation, religious, and socioeconomic lines. Studies show that 1 out of 3 American women report being physically or sexually assaulted by a husband or a boyfriend, and Delaware's rates of women killed by men ranks 8th in the nation. In this workshop, participants will learn how to identify, refer, and respond to individuals who are victims of domestic violence. Participants will learn how to analyze risks and assist victims in developing personalized safety plans.

#### Learning Objectives:

- Identify life-generated and batterer-generated risks
- Identify the benefits and limitations of risk assessments
- Identify elements of safety planning
- Gain knowledge of resources and options available to victims

### #937 Integrating Primary Care and Behavioral Health Services

Faculty: Christine Donohue-Henry, Kate McGraw, and Patricia Wright

In February 2006, Connections CSP Inc and Westside Health teamed up to foster an integrated health care practice with the goal to provide single-source access to both physical and behavioral health services. This workshop will address the challenges of such a venture, offer lessons learned, and review the positive outcomes for members. Co-location offers an array of services not previously available to the consumer and encourages the removal of barriers to care. This type of venture helps to insure a holistic approach and encourages the medical home concept for both physical and behavioral healthcare services.

#### Learning Objectives:

- Describe rationale for integrating behavioral health practices in a primary care setting
- Describe partnerships between mental health and primary care providers
- Explain the relationship between mental health conditions and chronic illness/pain states

### #927 Transformational Leadership in the 21st Century

Faculty: Renata J. Henry and A. Kathryn Power

This workshop is designed specifically for key decision makers in Delaware's behavioral healthcare system. Through facilitation by federal, state, and other content experts, Delaware's leadership will participate in a forum describing how to transfer learning into effective system change. Content will focus on identifying transformational approaches that chief executive officers, directors, and others can use to lead the Delaware workforce towards the newest approaches for delivering quality healthcare.

#### Learning Objectives:

- Identify strategies to create a continuous learning climate
- Discuss methods to incorporate evidence-based and best practice prevention and interventions into the existing system
- Understand the benefits of transformational leadership
- Create an action-oriented approach toward system transformation
- Use the strength of system leadership to facilitate system change
- Understand the benefit of incorporating evidence-based practices

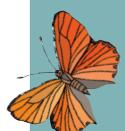
### #943 Identifying Individuals with Traumatic Brain Injury

Faculty: Glenn Brooks, Jim Burcham, Dan Keating, and a panel of TBI Survivors

Traumatic brain injury (TBI) is a major emerging disability. Every 22 seconds, someone in the United States suffers a TBI to some degree. According to findings released for the year 2000 by the Centers for Disease Control and Prevention, direct medical costs and indirect costs such as lost productivity due to TBI totaled approximately \$60 billion. Substance use and mental health conditions can both contribute to and result from TBI. This workshop will explore TBI from the perspective of both the clinician and the individual who has a TBI.

#### Learning Objectives:

- Understand TBI and its prevalence
- Identify the signs and symptoms that may suggest a previously undiagnosed TBI
- Describe the relationship between TBI and treatment for mental/substance use conditions
- Describe the impact of TBI on the individual and families/caregivers
- Identify resources to maximize recovery efforts





## 5-DAY INTENSIVE WORKSHOPS

### #805 The Twelve Core Functions of Substance Abuse Counseling

Faculty: Arthur Trundy

This workshop is designed for individuals who need to gain an understanding of the Twelve Core Functions of substance abuse counseling in order to prepare for the certification exam to become a certified drug and alcohol counselor. This workshop will focus on a comprehensive understanding of the twelve core functions and forty-six global criteria, which are used as measurements of competence in the substance abuse treatment field. Participants who complete this workshop will better understand how to apply and use the twelve core functions and their principles in almost any setting within behavioral healthcare. Particular emphasis will be paid to screening and counseling.

#### Learning Objectives:

- Understand and apply the twelve core functions and forty-six global criteria
- Define and describe the tasks and roles of a substance abuse counselor
- Be prepared to succeed at exams related to the twelve core functions and forty-six global criteria

### #941 Substance Abuse Prevention Specialist Training

Faculty: Sandra Puerini Del Sesto

This workshop is based on the curriculum for prevention specialists developed by the Western Center for the Application of Prevention Technologies. Core knowledge and skill areas for prevention specialists will be addressed. An introduction to the science and art of prevention, current prevention research findings, and theory base will be presented. Evaluation tools, logic models, cultural competency approaches, determining effective prevention strategies, and identifying readiness will all be examined as critical pieces in prevention program planning. A practical component of this workshop will provide participants the opportunity for hands-on learning.

#### Learning Objectives:

- Identify core concepts of prevention
- Describe effective approaches to prevention
- Enhance current prevention strategies
- Explain the Strategic Prevention Framework
- Describe effective, sustainable, and ethical implementation tactics

## 3-DAY WORKSHOPS

### #726 Basic Principles of Addiction Pharmacology and Drug Therapy

Faculty: Tony Tommasello

This comprehensive workshop covers core concepts in the identification and treatment of substance use conditions. Past participants have described this workshop as a "must have" for those new to the behavioral health field and a "must have it again" workshop for those who have extensive experience. Content focus will be on the pharmacology of commonly abused psychoactive substances, the treatment of opioid dependent individuals with buprenorphine, new treatment medications for substance use conditions, and the management of pain. Emphasis will include facts and information critical to individuals providing behavioral health services.

#### Learning Objectives:

- Describe the stages of transition from drug experimentation to chemical dependence
- Explain the physiological and psychological effects of substance use conditions.
- Create a treatment plan for chemical dependence recovery
- Evaluate the importance of drug therapy in the treatment of chemical dependence

### #887 Designing and Delivering Effective Psycho-Educational Groups

Faculty: Jim Wuelfing

This workshop will focus on the successful implementation of psycho-educational groups, and is designed for professionals in the substance abuse and mental health field. Many aspects related to psycho-educational groups will be examined, including group process, adult learning, educational design, and facilitation skills. Participants will become familiar with the design process of educational modules, create their own hour-long psycho-educational group, and strengthen skills for delivering effective groups to various populations.

#### Learning Objectives:

- Review important concepts of adult learning theory
- Describe skills essential for facilitation of psycho-educational groups
- Discuss group dynamics and stages
- Identify appropriate strategies for dealing with difficult situations





## 3-DAY WORKSHOPS

### #923 Understanding the Developmental Effects of Trauma

Faculty: Vicky Kelly

Complex, cumulative trauma is understood as having persistent and far-reaching effects on the trauma victim's development. This workshop will conceptualize these effects in many areas of functioning as a dysregulation of physiological, affective, cognitive, self-system, and interpersonal functioning. Important topics for discussion will be the neuroscience of trauma, conditioned emotional reactions, distorted internal working models, the role of shame in behavioral problems, failures in interactive repair, and empathy and moral development. An evidence-informed, developmentally-based treatment approach will be provided.

#### Learning Objectives:

- Distinguish between discrete and complex traumas
- Describe the impact of complex trauma on affect regulation and cognitive processing
- Understand the role that shame plays in the symptoms of complex trauma
- Describe the effects of complex trauma on interpersonal functioning

### #931 Relapse Prevention: Empirically Supported NIDA Models

Faculty: Thomas Coyne

Recovery Training and Self-Help seeks to reduce the association of psychological and social cues with substance use by teaching persons with substance use conditions self-sustaining alternative responses to stimuli previously associated with drug use. Cue extinction is a program that teaches recovering persons techniques for coping with cravings produced by drug-related stimuli. This workshop will provide an overview of the key components of relapse, relapse prevention planning, and the importance of developing an individualized, assessment-driven relapse prevention plan for recovery. Particular focus will be given to developing the knowledge and skills necessary to implement two empirically tested relapse prevention strategies in supporting clients to maintain recovery. This is an experiential workshop with group exercises, role playing, and a whole lot of fun!

#### Learning Objectives:

- Identify biopsychosocial factors and their role in the relapse process
- Identify the key components of relapse prevention planning
- Assess relapse potential and understand its implications for client placement, treatment planning, and developing appropriate response to relapse
- Understand the key components and phases of running a recovery training group

### #924 Mindfulness Based Stress Reduction

Faculty: James Walsh

The Mindfulness Based Stress Reduction (MBSR) program, developed by the University of Massachusetts Medical School's Center for Mindfulness, is a unique practice-oriented program that teaches individuals to integrate stress management skills into their everyday lives. The MBSR program, which has been documented in a number of scientific journal articles and in Jon Kabat-Zinn's seminal book *Full Catastrophe Living*, integrates instruction in mindfulness meditation and its philosophical underpinnings with cognitive therapy in a supportive and compassionate group environment. This workshop will include scientific data describing the efficacy of mindfulness training in the treatment of a number of stress-related disorders.

#### Learning Objectives:

- Establish a formal mindfulness meditation practice including sitting, body scanning, yoga, and walking
- Examine the treatment efficacy of mindfulness meditation
- Understand how mindfulness may be useful as a part of psychotherapy

### #950 Post Traumatic Stress Disorder: A True Biopsychosocial Disorder

Faculty: Craig Strickland

Research indicates that prevalence rates for individuals at risk for the development of trauma-related symptomology are as high as 58 percent. Furthermore, post traumatic stress disorder (PTSD) can be difficult to diagnose and differentiate from other disorders, and the symptoms tend to be variable and long-term in nature. For these reasons, current research is attempting to explain why some individuals develop the disorder and others, also exposed to specific traumatic events, do not. This workshop will provide possible explanations to these and other questions and will focus on the clinical, neurobiological, and psychopharmacological aspects of PTSD.

**NOTE:** Scholarships for this workshop may be available to personnel who work in Delaware's private hospitals and the Wilmington Veterans Administration Medical Center. For more information call 255-2779.

#### Learning Objectives:

- List the three categories of symptoms of PTSD
- Describe the role of the limbic system in memory dysfunction resulting from trauma
- Summarize the benefits and side-effects of pharmacological agents used to treat PTSD
- Summarize the physiological mechanism of the "fight or flight" response





## 2-DAY WORKSHOPS

### #888 Motivational Interviewing: An Experiential Introduction

Faculty: Joseph Ciarrocchi

This workshop describes the model of Motivational Interviewing, an empirically tested and proven strategy for use with substance use conditions that is now being extended to a wide range of behavioral and diagnostic issues. The model is a brief intervention format that uses a variety of interviewing styles and strategies to help motivate clients. Values, a topic ordinarily avoided in counseling, are explicitly addressed and utilized in Motivational Interviewing.

#### Learning Objectives:

- Understand how the core of motivational interviewing helps to resolve client ambivalence
- Understand resistance that relies on the interpersonal aspects of the counseling relationship to minimize client defensiveness
- Use the client's value system and spirituality as a tool to motivate change
- Refine selective empathy skills
- Enhance rapport with clients and support change

### #932 Dreams & Unergi Body Psychotherapy

Faculty: Ute Arnold

Dreamscapes reveal our beliefs, fears, joys, and desires. It is said that 'an unexamined dream is an unexamined life.' In this workshop we will access participants' night and day dream messages ingeniously stored in the cellular body memory. Each participant becomes a natural storyteller with Unergi Body-Psychotherapy, which simultaneously uses healing touch, the Alexander technique, Gestalt therapy, and Unergi core support movements. Participants will be introduced to self-care methods based on Chakras, the seven major body energy centers, to redirect emotional and physical pain. By amplifying the body's voices we will clear pathways to meaningful choices and deeper personal connections. Your immense creative spiritual self may dare you to play!

#### Learning Objectives:

- Interpret metaphors with body language and Gestalt dialogue
- Access intuitive brain memories stored in body cells to recover metaphoric dream messages with Alexander Technique touch
- Utilize Chakra energy balancing techniques to create self-care objectives and prevent physical, mental, and emotional burnout
- Learn to sense that your body can be the pathway to your spiritual self

### #917 Asperger's Syndrome: Real Solutions for Promoting Change

Faculty: Cathy Grayson

As recognition of Asperger's Syndrome increases across the United States, so does the need for practical techniques to use when working with individuals with Asperger's. Participants will learn how the individual with Asperger's perceives, feels, understands, and responds differently from the rest of the world. By using Cognitive Social Integration Therapy (CSIT), participants will learn to design proactive and skill-based programs, while promoting positive changes that go beyond simple behavioral interventions. Effective strategies for managing anxiety and increasing flexibility in the individual with Asperger's will be addressed. This workshop is appropriate for therapists, counselors, family members, parents, educators, and others who have a relationship with an individual with Asperger's.

#### Learning Objectives:

- Identify the characteristics of Asperger's Syndrome
- Apply three proactive techniques of CSIT to promote positive change
- Describe how flexibility is used as a coping strategy
- Describe crisis intervention as an opportunity to promote problem solving

### #934 Critical Issues in Counseling Men

Faculty: Courtland Lee

Men are continually grappling with evolving issues of masculinity as they reassess their roles with women and with each other. This workshop will provide participants with the awareness, knowledge, and skills for effective counseling with male clients. In addition, this workshop will provide new directions for counseling men from culturally diverse backgrounds, with a focus on working with African American men.

#### Learning Objectives:

- Review traditional and contemporary views of men and masculinity
- Consider challenges to male psychosocial development
- Learn skills for effective counseling intervention with men
- Consider views on the psychosocial development and counseling interventions with men from culturally diverse backgrounds





## 2-DAY WORKSHOPS

### #935 Treatment for Persons with Co-Occurring Conditions

Faculty: Senior Staff of SAMHSA's Co-occurring Center for Excellence

In recognition of the high prevalence of persons with co-occurring disorders (COD), SAMHSA has designed a Treatment Improvement Protocol (TIP 42) entitled Substance Abuse Treatment for Persons With Co-Occurring Disorders. New evidenced-based developments in the field and state-of-the-art treatment strategies, techniques, and models will be described and captured in an experiential manner to assist service providers in utilizing integrated approaches in treatment. This workshop curriculum will provide keys to successful programming in special settings with specific populations, as well as in traditional settings and models.

#### Learning Objectives:

- Use consistent definitions and terms related to mental health/substance use conditions
- Understand the importance of workforce development to meet the needs of clients with COD
- Describe the relationship between mental health/substance use conditions
- Describe emerging models of treatment for COD

### #940 Successful Outcomes for Borderline Personality Disorder

Faculty: Jane Dresser and Pam Marcus

This workshop will present current theory on the development of borderline personality disorder (BPD), and practical treatment strategies for continued and expanded treatment gains. It will focus on strategies to move the client to greater self sufficiency and a truly productive life. This workshop will also address alexithymia, a condition where the client has difficulty finding words to identify and express feelings and experiences. Alexithymia can add to the complexity of treating the client with BPD, and is also common with substance use conditions and post traumatic stress disorder. Participants will develop a context for understanding alexithymia through experiential activities used to improve communication skills, feelings identification, and problem solving.

#### Learning Objectives:

- Describe three behaviors driven by a lack of object constancy
- Discuss emerging theories of the biological underpinnings of client behaviors
- Discuss the need for concretizing metaphors as part of effective treatment
- Utilize non-verbal interventions used to assist clients with alexithymia
- Identify safety issues for the therapeutic use of the arts by non-art therapists

### #938 Preparedness for a Mass Casualty Incident

Faculty: Steve Crimando, Leroy Hathcock, and Rick Hong

During any mass casualty incident, mental health issues are among the most common reasons people seek medical care. An overview of disaster mental health, psychological first aid, the psycho-emotional impact of a disaster, and ethical considerations will be discussed. Information on avian influenza, its potential to become a pandemic, and a summary of chemical, and radiation weaponry will be reviewed. Information will include how surveillance systems are developed, the systems currently in place, and the function and organization of the investigation Respose Team (IRT) within the response process for a bioterrorist event.

**NOTE: Scholarships for this workshop may be available to personnel who work in Delaware's private hospitals and the Wilmington Veterans Administration Medical Center. For information call 255-2779.**

#### Learning Objectives:

- Describe potential consequences of pandemic influenza and weapons of mass destruction
- Discuss mental health issues related to a mass casualty incident
- Understand the basic principles of psychological first aid interventions
- Describe the principles of disease surveillance and the relationship to a bioterrorism event
- Explain the function of the IRT's during a bioterrorism event

### #945 System Change Via Problem Solving Courts

Faculty: Valerie Brown, Clifford Butzin, David Festinger, the Honorable Joseph Flickinger, Martha Gregor, Susan Harris, Susan McLaughlin, Dawn Williams, and Representatives from the Attorney General's Office, Family Court, Drug Court and Truancy Court

Behavioral health consumers are often involved in criminal matters as they work to address the challenges associated with mental health/substance use conditions. Problem-solving courts provide a new approach to handling cases where, social, human, and legal problems intersect. This workshop will provide an overview of Delaware's approach to case processing and outcomes in the problem-solving courts. The principles of problem-solving courts will be explored along with case examples from Delaware's Mental Health Court, Family Drug Court, Truancy Court, Drug Diversion Court, and the Treatment Access Center. Researchers from the Center for Drug and Alcohol Studies at the University of Delaware and the Treatment Research Institute will present recent studies completed on the efficacy of Delaware's adult drug court system.

#### Learning Objectives:

- Increase awareness of the challenges for consumers and providers in multi-systems
- Describe the components of Delaware's criminal justice system as they relate to Problem-Solving Courts
- Collaborate and share resources to improve outcomes





## 1-DAY WORKSHOPS

Tuesday through Thursday 9:00am- 4:30pm and Friday 9:00am- 3:00pm  
Registration fee for 1-Day workshops is \$100.00  
and includes Monday Keynote and Luncheon

### Tuesday July 25, 2006

#### #922 Empowerment for Recovery and Transformation: A Workshop for Consumers

Faculty: Dan Fisher

Dr. Dan Fisher, himself a mental health consumer, runs the National Empowerment Center, a recovery resource for consumers of mental health services that focuses on hope and recovery. This workshop, designed for emerging consumer leaders, will present the ten P's of system advocacy tailored for consumers of mental health services. Consumers attending this workshop will learn how to advocate for change in the systems that provide mental health care, and how to support their own recovery and the recovery of others.

**Note:** Participation in this workshop is limited to consumers only. Consumer scholarships may be available. For information call (302) 255-9421

#### Learning Objectives:

- Understand the role consumers play in their recovery
- Learn how to direct one's own recovery
- Describe at least three essential changes to mental health practices that support empowerment and recovery

### Tuesday July 25, 2006

#### #925 Cognitive Behavioral Therapy with Children

Faculty: Elizabeth Gosch

This advanced workshop will discuss the application of key cognitive behavioral therapy (CBT) components for working with children experiencing internalizing and externalizing disorders. In particular, the use of contingency management, problem-solving, role-plays, cognitive restructuring, relaxation, imaginal and in vivo exposure tasks, and homework assignments will be reviewed. These strategies will be illustrated through the use of clinical cases and selected videotaped examples from therapy sessions. Discussion will address how to deliver these techniques in a flexible manner while respecting the child's individual needs and familial context.

**Note:** This workshop is sponsored by the Delaware Psychological Association (DPA). DPA is approved by the American Psychological Association to offer continuing education credits for psychologists.

#### Learning Objectives:

- Identify key components involved when implementing CBT with youth
- Conceptualize cases from a CBT framework
- Implement at least three CBT techniques
- Utilize CBT techniques to work effectively with families of troubled youth

### Tuesday July 25, 2006

#### #939 CircleWorks

Faculty: Manny Brandt

CircleWorks, developed by The National Center for Cultural Healing, is an experiential and skills-building group process providing the foundation for results-oriented learning, change, and productivity. CircleWorks provides a "system-map" that allows groups to identify strengths and weaknesses, deepen understanding and appreciation of self and others, and gain hands-on experience with "tools" and conditions for success. This workshop will increase individual and group cultural fluency and competency.

#### Learning Objectives:

- Identify and support conditions that produce cultural competency
- Identify at least 3 ways to work toward cultural competency
- Describe at least 3 strategies to assess, plan, and implement cultural change

### Wednesday July 26, 2006

#### #915 Harm Reduction Cognitive Behavioral Treatment of Individuals with Co-Occurring Mental Health and Substance Use Conditions

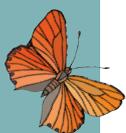
Faculty: Frederick Rotgers

This advanced workshop will present a harm reduction cognitive behavioral therapy model for working with individuals who have co-occurring mental health/substance use conditions. The model is based on empirically supported approaches as well as other research evidence suggesting that a low threshold of entry approach, one that does not immediately emphasize lifelong abstinence from substances, may be the best way to engage and retain individuals with significant difficulties in treatment. The workshop will outline the harm reduction cognitive behavioral therapy model and follow a case from treatment entry to completion using this model.

**Note:** This workshop is sponsored by the Delaware Psychological Association (DPA). DPA is approved by the American Psychological Association to offer continuing education credits for psychologists.

#### Learning Objectives:

- Describe the basic aspects of the harm reduction CBT model
- Describe at least four techniques used to engage clients in treatment
- Describe the ethical and legal issues involved in using the harm reduction approach to treatment





## 1-DAY WORKSHOPS

**Wednesday July 26, 2006**

### #929 Promoting Healthy Outcomes for Lesbian, Gay, and Bisexual Youth

Faculty: Jeanne Doe Dukes and Hank Tomlinson

This workshop will provide participants with current research and data regarding the unique health needs of lesbian, gay, and bisexual (LGB) youth. This workshop will present findings from the American Psychological Association's needs assessment regarding knowledge and provision of services to LGB youth, and a tailored model of preventive intervention. Participants will assess personal strengths and biases in working with this population, gain an in-depth understanding of the professional's role in addressing health and mental health needs of LGB youth, and identify action steps to take. Particular attention is paid to the need for HIV prevention with this population.

**Learning Objectives:**

- Describe recent research and data on the unique health needs of LGB youth
- Identify personal strengths and challenge biases to meeting the needs of LGB youth
- Explain the Standards and Codes of Ethics for addressing LGB issues

**Wednesday July 26, 2006**

### #949 Suicidal and Aggressive Behaviors: Assessment and Intervention

Faculty: Pam Marcus

Evaluating and providing services for an individual or family in crisis is an important skill set. This workshop will provide information and skill building for crisis assessment, predicting impending violence, and de-escalating individuals using a respectful, non-coercive manner. Participants will learn how to conduct a comprehensive assessment for suicidal ideation and intent, as well as differentiate self-mutilation from suicidal ideation. This workshop will also describe the physiological factors of alcohol and/or heroin withdrawal that may contribute to aggressive behaviors.

**Learning Objectives:**

- Conduct a comprehensive crisis assessment
- Identify at least three indicators of impending violence
- Discuss two methods of preventing loss of impulse control
- Identify an appropriate intervention based on the stages of suicidal ideation model
- Describe the differences between suicidal ideation, gesture, and self-mutilation

**Thursday July 27, 2006**

### #921 Cognitive Behavioral Therapy for Personality Disorders

Faculty: Gina Fusco

Individuals who have personality disorders can present a challenge to therapists in case conceptualization, goal setting, rapport building, and positive treatment outcomes. This advanced workshop will define the concept of a personality disorder; introduce the original diagnostic system as devised by Millon; utilize case conceptualization strategies; and provide a review of goal setting and treatment planning formats. Each personality disorder will be described, including key traits and cognitive distortions. In addition, treatment strategies including crisis management and intervention, countertransference issues and impediments to treatment will be discussed.

**Note:** This workshop is sponsored by the Delaware Psychological Association (DPA). DPA is approved by the American Psychological Association to offer continuing education credits for psychologists.

**Learning Objectives:**

- Describe the main traits consistent with each personality disorder
- Understand Millon's case conceptualization strategies and goal-setting techniques
- Describe the cluster system of the DSM-IV-TR system
- Increase awareness of countertransference issues, multicultural competencies, and impediments to treatment

**Thursday July 27, 2006**

### #946 The Transforming Face of the Aging and HIV/AIDS

Faculty: Dorcas Baker, Rene Beaman, and Jane Fowler

With the aging of the baby-boom generation and extended life span, the older population is expected to increase at an unprecedented rate over the next 20 years. Despite these rising numbers, health care and service providers frequently overlook the need to assess risk factors and test for HIV/AIDS infections in older individuals. This workshop will investigate this public health issue, prevalence, risk factors, and its impact on the rapidly growing aging population. Strategies for awareness, prevention, and intervention will also be addressed. Of special interest to participants will be Jane Fowler, herself an older individual living with HIV/AIDS. Jane will share her inspiring personal story of hope, activism, and volunteerism and how she has found new meaning and purpose in life.

**Learning Objectives:**

- Describe changes in demographics, lifestyles, and health status of the aging population
- Describe risk factors related to HIV, AIDS, and STDs impacting older adults
- Identify local resources and community partners





## 1-DAY WORKSHOPS

**Thursday July 27, 2006**

### **#951 Strategies for Implementing Evidence-Based Supported Employment**

Faculty: Steven Baker

This workshop will introduce the basic principles of evidence-based supported employment and strategies for achieving full implementation of its components. Participants will learn about the service components of supported employment, agency leadership, consumer engagement, integration of mental health treatment with employment, skill development of employment specialists, collaboration with vocational rehabilitation, the use of leadership teams, and fidelity assessments. The critical role of these service components for successfully implementing and sustaining evidence-based supported employment will also be addressed.

**Learning Objectives:**

- Understand the important role that supported employment plays in recovery
- Identify two strategies for engaging consumers in supported employment
- Describe two services for sustaining consumer involvement in supported employment

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**Friday July 28, 2006**

### **#936 Depression and Mood Disorders: Cognitive-Behavioral Conceptualization and Treatment**

Faculty: Donna Martin

Major Depression and the other mood disorders continue to be a challenge experienced almost daily in clinical practice with children, adolescents, adults, and older adults. These disorders often constitute a part of dual diagnoses or co-occurring disorders, and treatment planning can be complicated. This advanced workshop will emphasize the cognitive-behavioral conceptualization of mood disorders and CBT strategies and interventions. A review of other evidence-based treatments for mood disorders will also be included.

**Note:** *This workshop is sponsored by the Delaware Psychological Association (DPA). DPA is approved by the American Psychological Association to offer continuing education credits for psychologists.*

**Learning Objectives:**

- Describe and differentiate between the three most common mood disorders
- Recognize how depression presents and is assessed among different populations
- Describe how to choose and apply at least five CBT techniques for mood disorders

**Friday July 28, 2006**

### **#933 Forensic Psychiatry in the First State: Legal Defenses, Competency Evaluations, and Treatment Issues**

Faculty: Curtis Cornish, Andrew Donohue, and Charlotte Selig

The issue of criminal culpability being mitigated by mental illness has a long and complex history. This workshop will review the development and transformation of legal defenses related to mental illness. Areas of discussion will include not guilty by reason of insanity, competency to stand trial, guilty but mentally ill, and evaluation of a defendant's state of mind at the time of the offense. Restoration of competency to stand trial, will also be examined. Case examples will illustrate the process of forensic examination and treatment.

**Learning Objectives:**

- Understand factors relevant to the determination of legal insanity
- Explain the difference between cognitive and volitional tests of legal insanity
- Summarize the differences between a forensic evaluation and a treatment-oriented mental health evaluation
- Understand how barriers to competency can be caused by mental illnesses

**Friday July 28, 2006**

### **#948 Self-Mutilation: A Means to Communicate, Not Manipulate**

Faculty: Pam Marcus

There has been a tremendous increase in the numbers of individuals who utilize self-mutilation as a means of reducing and expressing intense emotional feelings. When used this way, self-mutilation interferes with the individual's ability to develop healthy forms of communication and problem-solving skills. This workshop will explore self-mutilation, theoretical reasons for its occurrence, how to assess an individual who may be at risk, and suggest interventions that may assist to diminish this behavior.

**Learning Objectives:**

- Describe the components of an assessment for an individual who is self-mutilating
- Differentiate self-mutilation from suicidal gestures
- Discuss three main causal factors for self-mutilation
- Describe three interventions to decrease the incidence of self-mutilation





## MINI WORKSHOPS

6:00pm - 9:00pm

(PLEASE NOTE: Mini Workshops require Pre-Registration and Payment)

### Monday July 24, 2006

#### #679 Ethics in Counseling: An Update

Faculty: Joyce Breasure  
(\$50.00 registration fee)

This workshop is intended for persons who have had a previous introduction to ethics. Content will include information and discussion about disclosure statements, multiculturalism, spirituality, and the new ACA Code. Confidentiality issues involving support staff and volunteers will also be covered. Each participant will receive an updated reading list.

##### Learning Objectives:

- Explain three ways multiculturalism can impact the practice of psychotherapy
- Describe two ways to ethically integrate spirituality into the counseling session
- List at least five items that should be included in a disclosure statement
- Describe four methods of engaging a client in the process of disclosure

### Tuesday July 25, 2005

#### #787 Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) Training

Faculty: Kenneth Burton and Stephen Drake  
(\$30.00 registration fee)

Administration of adult CPR allows oxygenated blood to circulate to vital organs and can keep a person alive until more advanced procedures can treat the cardiac arrest. An AED analyzes the heart's rhythm and, if necessary, directs the rescuer to deliver an electrical shock to the victim to reestablish an effective rhythm of its own. Training in CPR and AED skills will enable the rescuer to use all the steps in the cardiac chain of survival. Successful completion of this training will result in American Heart Association certification in adult CPR.

##### Learning Objectives:

- Define cardiac arrest symptoms and the chain of survival concept
- Understand and practice CPR techniques
- Understand the role of the AED





## AFTERNOON & EVENING SESSIONS

All afternoon & evening sessions are held in Clayton Hall.  
They are free of charge and do NOT require pre-registration.  
Most sessions are eligible for continuing education credits.  
Afternoon sessions 4:45pm - 6:00pm.  
Evening sessions 7:00pm - 9:00pm.

### Monday July 24, 2006

Afternoon Session

#### #423 Presentation On The Delaware Alcohol & Drug Counselor Certification Process\*

Faculty: DCB Board Member

This presentation will provide an overview of the certification process for those who are new to the field and those renewing certification.

### Monday July 24, 2006

Evening Session

#### #928 HIV: Defining Prevention with Positives\*

Faculty: Nina Bennett and Patricia Lincoln

Until recently, assessment and prevention efforts have targeted persons at identified risk for HIV infection. However, of the estimated 900,000 people in the US living with HIV infection, roughly one-half are untested, untreated, or both. This attests to the importance of prevention programs for individuals living with HIV and their partners. Individuals who are aware of their infection can take advantage of available treatments to improve their health. Further, prevention research has found that individuals who are aware of their infection are more likely to make informed decisions to protect partners. HIV Prevention with Positives is one of the Health Resources Services Administration's intense interventions addressing HIV assessment and prevention needs. This workshop will introduce curricula and interventions that are being used throughout the United States.

### Tuesday July 25, 2006

Afternoon Session

#### Al-Anon Open Meeting

Alcoholism and other substance use conditions affect the entire family. For over 50 years, Al-Anon has been providing non-professional, mutual support meetings where members share their experiences, strength, and hope to help one another recover from the effects of their loved one's substance use. Service providers who would like to learn about the Al-Anon program are welcome. Al-Anon materials will be available.

### Tuesday July 25, 2006

Evening Session

#### #942 All Sensory Therapeutic Room: A Transforming Experience\*

Faculty: Lisa Satterly

Therapeutic sensory rooms are safe and non-threatening environments for both children and adults, providing gentle stimulation under the self-control of the participant. Multi-sensory rooms afford both participants and caregivers the opportunity to improve communication, reduce stress and anxiety, and build trust. These rooms are an adjunct to traditional therapy and are used with individuals who have developmental disabilities, autism, mental health/substance use conditions, dementia, brain injury, and post traumatic stress disorder. These rooms have also been successfully employed with those requiring pain management protocols. Workshop participants will experience a sensory room designed to stimulate the five senses of touch, taste, smell, sight, and hearing.

\* CEU's available for this session





## AFTERNOON & EVENING SESSIONS

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Most sessions are eligible for continuing education credits.  
Afternoon sessions 4:45pm - 6:00pm.  
Evening sessions 7:00pm - 9:00pm.

### Wednesday July 26, 2006

Afternoon Session

#### #930 Medicare Part D: Transforming Prescription Drug Coverage for Medicare Beneficiaries\*

Faculty: Donna Murray

Medicare launched a new prescription drug program on January 1, 2006. This program changed the way Medicare beneficiaries receive prescription drugs by offering coverage from private insurance companies. This session will focus on the procedures for drug formulary exceptions and appeals involving a plan in order to best meet the medication needs of clients. Information on changes in the program guidelines for 2007 will be highlighted.

### Wednesday July 26, 2006

Afternoon Session

#### Narcotics-Anonymous Open Meeting

Does your work bring you into contact with individuals who are addicted to narcotics? Narcotics Anonymous is a 12-step program for recovering addicts who meet regularly to help each other stay clean. This session will introduce how NA operates and how their program can help both the general public and professionals. Informational materials and resources will be available.

### Wednesday July 26, 2006

Evening Session

#### #918 Teens Are Awesome: Secrets to Effectively Working with This Amazing Population\*

Faculty: Mark DeWitt Lanyon

Teenagers are awesome. Each one is unique, special, and worthy of respect and dignity. There is no such thing as a "bad" teenager — there is only "bad" behavior. Abnormal behavior in abnormal circumstances is normal. This workshop will introduce a variety of ways to effectively interact and work with the teenage population.

### Thursday July 27, 2006

Afternoon Session

#### #919 Psychological Testing Informs Juvenile Justice Decisions\*

Faculty: Linda Phillips

This session will introduce participants to a battery of psychological tests currently used in the Michigan juvenile justice system. Through case examples, participants will learn the benefits of incorporating psychological test findings with other evaluation and assessment methods.

### Thursday July 27, 2006

Evening Session

#### #944 Heroin Alert Program\*

Faculty: New Castle County Police Department, Community Services Unit

Heroin is a narcotic that is extremely addicting, even with first-time use. Early intervention, education, and family involvement is the key to successful heroin-use prevention and rehabilitation. This educational session will discuss the signs of heroin use, the short-term and long-term effects of heroin use, heroin withdrawal, and resources available for the user as well as concerned family members and loved ones.

\* CEU's available for this session





## MONDAY JULY 24, 2006

### All Sensory Therapeutic Room:

8:30am - 4:30pm

### Keynote Address and Awards Luncheon:

9:00am - Noon Keynote: Transforming Services to Transform Lives

Noon - 1:15pm Awards Luncheon

### Half-Day Workshops:

1:30pm - 4:30pm Transformational Leadership in the 21st Century  
 How Safe is She? Risk Analysis and Safety Planning for Victims of Domestic Violence  
 Integrating Primary Care and Behavioral Health Services  
 Identifying Individuals with Traumatic Brain Injury

### 5-Day Workshops Start:

1:30pm - 4:30pm Twelve Core Functions of Substance Abuse Counseling  
 Substance Abuse Prevention Specialist Training

### 3-Day Workshops Start:

1:30pm - 4:30pm Basic Principles of Addiction Pharmacology  
 Designing and Delivering Effective Psycho-Educational Groups  
 Understanding the Developmental Effects of Trauma  
 Relapse Prevention: Empirically Supported NIDA Models  
 Mindfulness Based Stress Reduction  
 Post Traumatic Stress Disorder: A Real Biopsychosocial Disorder

### Afternoon Session:

4:45pm - 6:00pm The Delaware Alcohol & Drug Counselor Certification Process

### Mini-Workshop:

6:00pm - 9:00pm Ethics in Counseling: An Update

### Evening Session:

7:00pm - 9:00pm HIV: Prevention with Positives

## TUESDAY JULY 25, 2006

### Poster Session:

8:00am - 8:45am Transforming Services to Transform Lives

### Borders Bookstore

8:30am - 4:30pm

### All Sensory Therapeutic Room:

8:30am - 4:30pm

## TUESDAY JULY 25, 2006 (cont.)

### 5-Day Workshops Continued:

9:00am - 4:30pm Twelve Core Functions of Substance Abuse Counseling  
 Substance Abuse Prevention Specialist Training

### 3-Day Workshops Continued:

9:00am - 4:30pm Basic Principles of Addiction Pharmacology  
 Designing and Delivering Effective Psycho-Educational Groups  
 Understanding the Developmental Effects of Trauma  
 Relapse Prevention: Empirically Supported NIDA Models  
 Mindfulness Based Stress Reduction  
 Post Traumatic Stress Disorder: A Real Biopsychosocial Disorder

### 1-Day Workshops:

9:00am - 4:30pm Cognitive Behavior Therapy with Children  
 Empowerment for Recovery and Transformation: A Workshop for Consumers CircleWorks

### Afternoon Session:

4:45pm - 6:00pm Al-Anon, Open Meeting

### Mini-Workshop:

6:00pm - 9:00pm CPR/AED

### Evening Session:

7:00pm - 9:00pm All Sensory Therapeutic Room: A Transforming Experience

## WEDNESDAY JULY 26, 2006

### Community Exhibitors

8:00am - 3:00pm

### Borders Bookstore

8:30am - 4:30pm

### All Sensory Therapeutic Room:

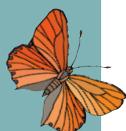
8:30am - 4:30pm

### 5-Day Workshops Continued:

9:00am - 4:30pm Twelve Core Functions of Substance Abuse Counseling  
 Substance Abuse Prevention Specialist Training

### 3-Day Workshops Continued:

9:00am - 4:30pm Basic Principles of Addiction Pharmacology  
 Designing and Delivering Effective Psycho-Educational Groups  
 Understanding the Developmental Effects of Trauma





## WEDNESDAY JULY 26, 2006 (cont.)

Relapse Prevention: Empirically Supported NIDA Models  
Mindfulness Based Stress Reduction  
Post Traumatic Stress Disorder: A Real Biopsychosocial Disorder

**1-Day Workshops:**  
9:00am- 4:30pm

Suicidal and Aggressive Behaviors: Assessment and Intervention  
Harm Reduction CBT of Individuals with Co-Occurring Conditions  
Promoting Healthy Outcomes for Lesbian, Gay, and Bisexual Youth

**Afternoon Sessions:**  
4:45pm- 6:00pm

Narcotics Anonymous, Open Meeting  
Medicare Part D: Transforming Prescription Drug Coverage for Medicare Beneficiaries

**Evening Session:**  
7:00pm- 9:00pm

Teens Are Awesome: Secrets to Effectively Working With This Amazing Population

## THURSDAY JULY 27, 2006

**Community Exhibitors**  
8:00am- 3:00pm

**Borders Bookstore**  
8:30am - 4:30pm

**All Sensory Therapeutic Room:**  
8:30am - 4:30pm

**5-Day Workshops Continued:**  
9:00am - 4:30pm  
Twelve Core Functions of Substance Abuse Counseling  
Substance Abuse Prevention Specialist Training

**2-Day Workshops Start:**  
9:00am - 4:30pm  
Motivational Interviewing: An Experiential Introduction  
Asperger's Syndrome: Real Solutions for Promoting Change  
Successful Outcomes for Borderline Personality Disorder  
Critical Issues in Counseling Men  
Dreams and Unergi Body Psychotherapy  
Treatment for Persons With Co-Occurring Conditions  
System Change Via Problem Solving Courts  
Preparedness for a Mass Casualty Incident

## THURSDAY JULY 27, 2006 (cont.)

**1-Day Workshops:**  
9:00am- 4:30pm  
Cognitive Behavior Therapy for Personality Disorders  
The Transforming Face of the Aging and HIV/AIDS  
Strategies for Implementing Evidence-Based Supported Employment

**Afternoon Session:**  
4:45pm- 6:00pm  
Psychological Testing Informs Juvenile Justice Decisions

**Evening Session:**  
7:00pm- 9:00pm  
Heroin Alert Program

## FRIDAY JULY 28, 2006

**Borders Bookstore**  
8:30am - 4:30pm

**All Sensory Therapeutic Room:**  
8:30am - 4:30pm

**5-Day Workshops Continued:**  
9:00am - 3:00pm  
Twelve Core Functions of Substance Abuse Counseling  
Substance Abuse Prevention Specialist Training

**2-Day Workshops Continued:**  
9:00am - 3:00pm  
Motivational Interviewing: An Experiential Introduction  
Asperger's Syndrome: Real Solutions for Promoting Change  
Successful Outcomes for Borderline Personality Disorder  
Critical Issues in Counseling Men  
Dreams and Unergi Body Psychotherapy  
Treatment for Persons With Co-Occurring Conditions  
System Change Via Problem Solving Courts  
Preparedness for a Mass Casualty Incident

**1-Day Workshops:**  
9:00am - 3:00pm  
Depression and Mood Disorders: Cognitive-Behavioral Conceptualization and Treatment

Forensic Psychiatry in the First State: Legal Defenses, Competency Evaluations, and Treatment Issues

Self-Mutilation: A Means to Communicate, Not Manipulate



# Summer Institute Faculty



**UTE ARNOLD** developed the Unergi Body-Psychotherapy method by integrating the Alexander Technique, Feldenkrais Method, Gestalt Therapy, Art Therapy, and the Healing Forces of Nature. She has led workshops in Scandinavia, France, Greece, Canada, and the United States. She holds degrees in Art and Design from Schaeffer School of Design in San Francisco and the Chelsea School of Art in London, England.

**DORCAS BAKER** is a registered nurse of thirty years and a graduate of the former Church Home and Hospital School of Nursing and the Johns Hopkins University School of Nursing. She is employed by Johns Hopkins University as the Site Director for Pennsylvania/Mid-Atlantic AIDS Education and Training Center where she develops and implements HIV education programs for providers caring for HIV-positive persons.

**STEPHEN BAKER** has twenty-five years of professional experience in the field of supported employment. He has developed supported employment policies, procedures, and funding guidelines for the Maryland and Washington, DC Mental Health Authorities. Currently Mr. Baker serves as a supported employment consultant for the Dartmouth College Psychiatric Research Center, Johnson and Johnson-Evidence-Based Practice Project.

**RENE BEAMAN, RN** began her career as a pediatric nurse at the world-renowned Egleston Hospital for Children. She became involved in her work with HIV/AIDS in 1985. Ms. Beaman established the AIDS Task Force Ministry, which focuses on HIV prevention education in the community of Wilmington, and was recently appointed to the Governor's cabinet as a member of the Health Disparities Task Force Committee.

**NINA BENNETT, MS** is the HIV Education Coordinator with the Pennsylvania/MidAtlantic AIDS Education and Training Center located at Christiana Care Health Services in Wilmington, DE. She is the lead educator for Minority Community Based Organizations and a consultant to Delaware HIV Consortium.

**MANNY BRANDT** has more than thirty years of experience building diverse systems and communities that are safe, healthy, and filled with opportunities. He has worked as a consultant with the President's Initiative on Race and similar national initiatives. His skills include program and community development, systems planning and development, multicultural issues, network and team-building, facilitating change, strategic planning and management, and substance use.

**JOYCE M. BREASURE, CCMHC, NCC, NCGC** has been in private practice in counseling and consulting for over twenty years. She retired from teaching at Delaware State University and is on staff at Genesis Elder Care at Silver Lake Nursing and Rehabilitation Center and at the Milford Center as a gerontological counselor.

**GLENN C. BROOKS, JR., PHD** is a licensed neuropsychologist in private practice and consulting neuropsychologist with Health South Rehabilitation Hospital and Peachtree Acres. He is a Diplomate of the American Academy of Pain Management and the American Board of Forensic Examiners.

**VALERIE BROWN, MED, CADC** is program manager of Brandywine Counseling's Court of Common Pleas Drug Diversion Program, where she has worked since 1998. She has over eighteen years' experience in substance abuse and mental health counseling for adults, adolescents, youth, and families.

**JIM BURCHAM, MED** is executive director of the Brain Injury Association of Delaware's resource center. His forty-plus years' experience in human services includes serving as deputy director of a state agency for blind and visually impaired clients, creating and managing an educational program for at-risk high school students, and developing benefits planning, assistance, and outreach programs. Mr. Burcham is a past recipient of New Directions — Delaware's Professional of the Year award and the University of Delaware Education Alumni Association's Outstanding Contribution to Education award.

**KENNETH BURTON, LPN** has worked for Delaware Psychiatric Center for thirty-five years. He has received the Delaware Award for Excellence and Commitment in State Service, National Remotivator of the Year award, Governor's Award for Most Outstanding Personal Achievement, and is a two-time recipient of the DHSS Employee of the Quarter award. He is a certified CPR instructor and an HIV counselor educator.

**CLIFFORD A. BUTZIN, PHD** is a scientist with the Center for Drug and Alcohol Studies, University of Delaware. He was Co-Principal Investigator of the study Drug Court Offenders in Outpatient Treatment, a NIDA-funded project. His publications include articles on judgmental processes in psychology, HIV disease, and other topics in medical research.

**JOSEPH W. CIARROCCHI, PHD** is chairperson of the graduate programs in pastoral counseling, Loyola College in Maryland. He has a doctorate in clinical psychology from The Catholic University of America and a graduate degree in theology. He has written books and published research in the areas of family environments of pathological gambling, personality profiles of addicted persons, and the relationship between spirituality and emotional well-being. He has given numerous workshops in the United States, Canada, New Zealand, Taiwan, and Hong Kong.

**CO-OCCURRING CENTER FOR EXCELLENCE (COCE)** was created by the Substance Abuse and Mental Health Services Administration as the vital link between the agency and states, communities, and providers. COCE provides resources needed for the dissemination of knowledge and evidence-based practices to programs that serve persons with co-occurring disorders.

**CURTIS CORNISH, RN** is nurse manager of the Mitchell forensic unit at Delaware Psychiatric Center. He works with the multi-disciplinary treatment team to ensure clinical supervision of all clients while setting the clinical standard of practice for approximately fifty nursing staff in five different disciplines, and ensures the therapeutic flow and safety of all unit activities.

**THOMAS COYNE, LCSW** is a nationally recognized adult educator, providing training and in the assessment and treatment of substance abuse, and the evaluation and outcomes monitoring of treatment. He is a doctoral candidate at Columbia University, studying the key components of the Learning Transfer Systems of Community Based Treatment Programs.

**STEVEN MARC CRIMANDO, MA, BCETS** is a Board Certified Expert in Traumatic Stress and Diplomate, American Academy of Experts in Traumatic Stress. He is managing director of Extreme Behavioral Risk Management and is the Disaster Field Operations Supervisor for Project Phoenix, New Jersey Division of Mental Health Services.

**SANDRA PUERINI DEL SESTO, MED, CPPS** is the founder and executive director of Human Ecology Associates, an agency that provides training, community planning, and program development in prevention. She is also the executive director of Initiatives for Human Development where she develops programs and trainings for the promotion of health. She is a recipient of the Rhode Island Partners in Philanthropy Award and the Appreciation Award from the Genesis Center.

**ANDREW DONOHUE, DO** completed his psychiatry residency at Brown University and a sub-specialty fellowship in Forensic Psychiatry at the University of Maryland. Prior to joining the Delaware Psychiatric Center in 2006, he worked at Clifton T. Perkins Hospital, a maximum security forensic hospital, where he was a member of the University of Maryland's Forensic Psychiatry faculty.

**CHRISTINE DONOHUE-HENRY, MD** is the chief medical officer of Westside Health, a Wilmington based community health center. She is active in Westside's chronic disease management program for diabetes and cancer screening. Dr. Donohue-Henry graduated as a National Health Service Corps Physician from the Georgetown University School of Medicine. She is bilingual in Spanish and English, and is board certified by the American Board of Family Practice.

**STEPHEN DRAKE, RN** is a psychiatric nurse at the Delaware Psychiatric Center. Prior to this he worked at Johns Hopkins in Baltimore, Maryland. He has been an American Heart Association certified instructor for seven years, and an instructor trainer for the past four years.

**JANE G. DRESSER, APN, MED** has extensive experience in in-patient and out-patient settings. She specializes in the care of persons with borderline personality disorder and other highly recidivistic behaviors. Her workshops are clinically driven and practical, and she presents across the United States and in Canada as a consultant and educator through The Medical-Psychiatric Nursing Consultation Service.

**NOEL DUCKWORTH** is a training coordinator for the Delaware Coalition Against Domestic Violence. She served as the program administrator for the Delaware Health and Social Services' Adopt-a-Family Program, providing technical assistance and training to non-profits as a liaison with the State Office of Volunteerism, and has worked with military families as the Program Manager for the U.S.O. in Hanau, Germany.

**JEANNE DUKES, MSW** is a unit director for the Boys and Girls Clubs of Delaware. She has worked with JUST for Youth, a coalition of Delaware organizations advocating and offering trainings to Delaware schools and community agencies on sexual minority youth issues. She also has experience as a sexual health counselor for the Sussex County AIDS Council in Rehoboth, Delaware.

**TONI DURBANO, MS** is a training and prevention specialist for the Delaware Coalition Against Domestic Violence. Her experience includes working as a victim advocate for military families at McGuire Air Force Base, a volunteer advocate at the Victim Advocacy Center in New Castle County Family Court, and a victim assistant at the National Center for Victims of Crime.

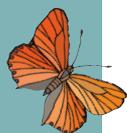
**DAVID S. FESTINGER, PHD** is a senior scientist in the Section on Law and Ethics Research at Treatment Research Institute, and an adjunct assistant professor of psychiatry at the University of Pennsylvania School of Medicine. His research focuses on evaluating the clinical and ethical impacts of judicially based interventions for substance-abusing criminal offenders.

**HONORABLE JOSEPH F. FLICKINGER III** holds a Juris Doctor degree from Widener University School of Law and was admitted to the Delaware Bar in 1979. He served as Register of Wills for New Castle County Delaware from 1987 until 2000. In November, 2003 he became the presiding judge for Delaware's first Mental Health Court Diversion Program.

**JANE P. FOWLER**, a career journalist for more than 30 years, now serves as an HIV/AIDS prevention educator, presenting programs at state, regional, national, and international meetings and conferences. In 2002, she founded the national HIV Wisdom for Older Women program, which she directs from an office at the non-profit Southwest Boulevard Family Health Care Services in the Kansas City area.

**GINA M. FUSCO, PSYD** is executive clinical director for the Northeastern Region for Alternative Behavioral Services. Her responsibilities include the design, program development, and implementation of a residential unit for adolescent male juveniles, and overseeing a continuum of care for high-risk adolescents. She has published two books on borderline personality disorder, and numerous textbook chapters on crisis intervention, borderline personality disorder, and cognitive behavioral therapy.

**ELIZABETH A. GOSCH, PHD, ABPP** is a nationally recognized expert on anxiety disorders in youth and an associate professor of psychology at the Philadelphia College of Osteopathic Medicine. She is involved in numerous treatment outcome studies, including an NIMH-funded study of treatment for anxiety disorders in youth. She has published on several topics but is best known for co-editing *Comparative Treatments for Anxiety Disorders* and articles on the treatment of internalizing disorders in children.



**CATHY GRAYSON, MA** specializes in Asperger's syndrome and high functioning autism. She provides consultant services to families, schools, and agencies, focusing upon behavioral skills, social skills, language skills, assessment, inclusion, and developing individualized programs. Her book, *Parenting Your Asperger Child*, co-authored with Alan Sohn, offers a problem-solving approach for helping parents and educators to teach enduring skills that will allow individuals with Asperger's to function in the real world.

**MARTHA GREGOR, MSW** has been working with the Division of Youth Rehabilitation Services and Family Court to develop and implement a drug court program for treatment management. She has worked in substance use detoxification and rehabilitation, and with adolescents, adults, and families in crisis.

**SUSAN HARRIS, CADC** has been professionally involved in the addictions field for over twenty years. She is the treatment services director of Thresholds, Inc. in Georgetown, DE, where she is responsible for the clinical and administrative integrity of the outpatient treatment program. She is also an adjunct instructor at Delaware Technical and Community College and a former president of the Delaware Certification Board.

**LEROY HATHCOCK, PHD** is a bioterrorism epidemiologist in Health Information and Science of Delaware's Division of Public Health. He has previously worked as an epidemiologist for the Indiana Department of Health, the Centers for Disease Control and Prevention, and the Department of Defense. He received his doctorate in epidemiology, geography, and system science from the University of Louisville.

**RICK HONG, MD** is associate chairman of Emergency Preparedness and an emergency department attending physician at Christiana Care Health System. He is also medical director of Delaware's Public Health Preparedness Section, and has been involved in the development of the National Bioterrorism Hospital Preparedness Program and the Pandemic Influenza Plan.

**DAN KEATING, PHD** is executive vice president of Life Span Services at Bancroft NeuroHealth, where he is responsible for residential, clinical, and vocational services to adults with brain injuries and other neurological disorders. He has worked in several rehabilitation environments including Bryn Mawr Rehabilitation and Moss Rehabilitation Hospital's Drucker Brain Injury Center.

**VICKY KELLY, LCSW, PSYD, MHA** has over twenty-five years experience in child mental health and child welfare. She is clinical director of Upper Bay Counseling and Support Services and Upper Bay Adoption and Counseling Services of Delaware. She is also president of the International Association for Treatment and Training in the Attachment of Children. She is the author of *Theoretical Rationale for Attachment Focused Therapy* and is currently working on a book *The Developmental Effects of Trauma*.

**MARK DEWITT LANYON, PHD, CADC, LPC** is the program director of an outpatient drug and alcohol facility in Wilmington, DE. He also has a private practice where he works with troubled adolescents. Dr. Lanyon has presented workshops for judges, attorneys, CASA coordinators, and DFS and CASA workers for the Family Court of the State of Delaware.

**COURTLAND C. LEE, PHD** is a professor and director of the counselor education program at the University of Maryland. He is the author, editor, or co-editor of seven books on multicultural counseling and counseling African American males. Dr. Lee has been a counselor educator for twenty-five years and has held faculty positions at the University of North Carolina at Chapel Hill and the University of Virginia. A former teacher and school counselor, Dr. Lee serves as an educational consultant in the United States and abroad.

**PAT LINCOLN, RN, BSN** is the education coordinator for the Pennsylvania/Mid-Atlantic AIDS Education and Training Center. She was instrumental in the development of the infectious disease clinic and has given many lectures and workshops on AIDS and AIDS-related topics both locally and nationally.

**KATE MCGRAW, PHD** is a clinical psychologist at Connections, CSP, Inc. She has initiated the first truly integrated behavioral health service in the state at Westside Health in Wilmington, Delaware. She has practiced in university, military, and civilian settings and works with patients across the lifespan. Her specialty areas include children, sleep, the mind-body connection, and performance psychology.

**SUSAN K. MCLAUGHLIN, CADC** is director of the Treatment Access Center and is responsible for the management of a statewide program that provides assessment, case management, referral and diversion services for both Superior Court and the Court of Common Pleas drug court programs. She is a member of the Delaware Certification Board, NAADAC, and National TASC.

**PAMELA MARCUS, RN, APRN/PMH-BC** is an advanced practice nurse psychotherapist in private practice in Maryland. She has developed a theoretical continuum of suicide potential for application with clients with chronic suicidal ideation. She is an associate professor of nursing at Prince George's Community College and lectures and consults extensively on client care issues and psychiatric nursing. She has a three module videotape series, *Psychiatric Emergencies*.

**DONNA MARTIN, PSYD** is a clinical psychologist who works for the Penn Foundation, a community mental health agency in Sellersville, PA. She works with clients of all ages and specializes in cognitive behavioral therapy. She is currently involved in research measuring the effectiveness of academic support interventions in the first year of medical school. Dr. Martin has published several articles and chapters and has recently edited and co-authored a chapter in the second edition of *Cognition and Psychotherapy*.

**DONNA MURRAY** is a management analyst for the Division of Substance Abuse and Mental Health, where her responsibilities include the review of regulations for the new Medicare Part D Prescription Drug Plan. She was part of a team that developed the initial training curriculum on Medicare Part D. She is also a contract monitor on programs in substance abuse and mental health with a focus on program quality and accountability.

**NEW CASTLE COUNTY POLICE DEPARTMENT, COMMUNITY SERVICES UNIT** has a primary objective of increasing community awareness and involvement through education and participation. They offer a diverse selection of programs to introduce preventative measures to the community, and provide a variety of free presentations. For more information, call 302 395-8050.

**LINDA PHILLIPS, MA, LLP** is a clinical psychologist who provides psychological assessments and reports to the Juvenile Justice Center in Wayne County, Michigan. She has clinical experience in urban community mental health settings working with a diverse population, in substance abuse treatment in clinical and legal settings, and as a clinical proffreader. Ms. Phillips also has a Certificate in Gerontology.

**FREDERICK ROTGERS, PSYD, ABPP** is associate professor of psychology at Philadelphia College of Osteopathic Medicine. He has over thirty years' experience in the assessment, treatment, and study of persons with substance use conditions. He has authored and edited numerous books on substance use conditions, the most recent of which, *Treating Alcohol Problems*, focuses on a harm reduction approach to treatment. He is a Fellow of the American Psychological Association's Division on Addictions and has taught and lectured internationally on harm reduction based approaches to treatment.

**LISA N. SATTERLY, COTA** is an activity therapist with the Delaware Division of Public Health at the Emily P. Bissell Hospital, where she has developed and implemented multi-sensory room programming for the residents. She has five years' experience working with adults with dementia, physical disabilities, and mental disabilities.

**CHARLOTTE SELIG, PSYD** is a licensed psychologist and forensic specialist at the Jane E. Mitchell Building Forensic Unit at Delaware Psychiatric Center. She conducts psychological assessments, forensic evaluations, risk assessments, and treatment and sentencing recommendations. Dr. Selig has twenty years' experience in the mental health field including individual, family and group therapy, intake evaluations and referral to appropriate level of services, and the supervision of university students and clinical staff.

**CRAIG STRICKLAND, PHD** has been program director of the Behavioral Health Training and Education Network in Philadelphia for ten years. He conducts research and teaches on the biological etiology of substance use, mental health conditions, and psychopharmacology. He lectures on psychopharmacology for recovery from dual-diagnoses, medication adherence, attention deficit disorder, herbal treatments, the biology of the co-occurring diagnoses, and the neurobiology and pharmacological treatment of post-traumatic stress disorder.

**HANK TOMLINSON, PHD** is assistant director of the Healthy Lesbian, Gay & Bisexual Students Project at the American Psychological Association, where he manages a national training cadre of school professionals. Dr. Tomlinson completed his doctoral work at Duke University, where he directed a three-year project investigating the relationship among obesity, body image dissatisfaction, and risk for depression in adolescent girls.

**TONY TOMMASELLO, PHD** is an associate professor of clinical pharmacology at the University of Maryland School of Pharmacology, and is founder/director of the Office of Substance Abuse Studies. He is published in the areas of general principles of assessment and treatment, methadone maintenance care, and adolescent drug abuse and addiction.

**ARTHUR TRUNDY, MED, CADAC, ACRPS** is the immediate past president of the International Certification and Reciprocity Consortium that oversees substance abuse counselor, clinical supervisor, and prevention specialist standards and testing in forty states, the U.S. Army, Navy, and Air Force, and many foreign countries. He has taught in Japan, Panama, Canada, and throughout the United States.

**JAMES M. WALSH, PHD** is an assistant professor and assistant program coordinator of the Master of Science in Community Counseling program at Wilmington College. As a licensed, board-certified counselor, he provides services to individuals with chronic mental health conditions. He also maintains a private practice in pastoral counseling, and is a psycho-forensic evaluator for the Office of the Public Defender in Delaware.

**DAWN M. WILLIAMS, ESQ** has worked for the Office of the Public Defender since 1999. She has worked in the mental health court since its inception and is involved in the CCP drug diversion program. Ms. Williams is also a volunteer attorney for the child advocate's office. Past experiences include serving as a judicial law clerk at the Court of Federal Claims in Washington, DC, and working as a deputy attorney general in the family court unit of the criminal division of the Attorney General's office.

**PATRICIA WRIGHT, BSW** is the director of behavioral health services for Delaware Physicians Care, Incorporated (DPCI), and has been involved with the behavioral health community in Delaware for the past twelve years. She helped establish the framework for the integration of services with DPCI providers, and will introduce the "Enhanced Access" program in Delaware in 2006.

**JIM WUELFING, CPP-R** is owner of the New England Center, a company dedicated to quality training and technical assistance services. His specialties include problem gambling prevention, cultural competency, curriculum development, and stress management. He has been on faculty of the New England School of Alcohol Studies for twelve years and serves on faculty of the New England School of Prevention Studies. Mr. Wuefiling received the Lifetime Achievement Award from the Massachusetts Association of School Committees for his support of children and public education.



# General Information



## 35th SUMMER INSTITUTE CALENDAR WORKSHOP SCHEDULE

All registrations for a half, 1, 2, 3, and 5 Day workshops include Monday's Keynote and Awards Luncheon. Participants may select from and combine the following options:

<b>Keynote/Awards Luncheon</b>	Monday July 24
<b>Keynote/ Awards Luncheon, and Half-Day Workshops</b>	Monday July 24
<b>5-Day Intensive Workshops</b>	Monday July 24 - Friday July 28
<b>3-Day Workshops</b>	Monday July 24 - Wednesday July 26
<b>2-Day Workshops</b>	Thursday July 27 and Friday July 28
<b>1-Day Workshops</b>	Tuesday July 25, Wednesday July 26, Thursday July 27, and Friday July 28
<b>Afternoon Sessions</b>	Monday July 24, Tuesday July 25, Wednesday July 26, and Thursday July 27
<b>Mini-Workshops</b>	Monday July 24 and Tuesday July 25
<b>Evening Sessions</b>	Monday July 24, Tuesday July 25, Wednesday July 26, and Thursday July 27

## REGISTRATION AND PAYMENT:

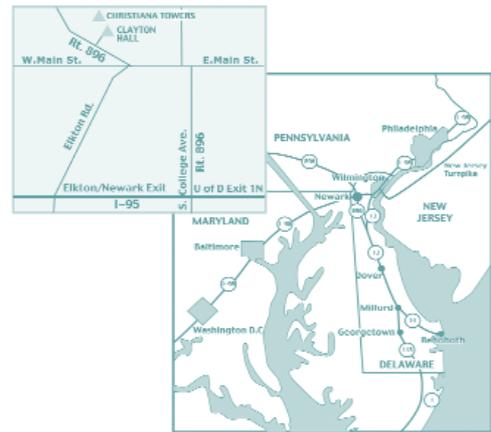
- Walk-in registrations will be accepted on a space-available basis.
- Registration fees are listed on the Registration Form at the back of the brochure.
- Registrations should be received by Friday July 21, 2006 and can be completed via U.S. mail, fax, or on-line at [www.dhss.delaware.gov/si06](http://www.dhss.delaware.gov/si06).
- FAX and ON-LINE registrations are accepted ONLY if payment is by credit card. Send faxes to: University of Delaware, Conference Services, to the attention of Gail Lanius at (302) 831-2998.
- Payment in the form of cash, check, or credit card MUST accompany all registrations
- If a scholarship has been awarded, a copy of the scholarship award letter MUST accompany the registration. Registrations will not be processed if fees and copy of scholarship award letter (as applicable) are missing.

## CANCELLATION/NO SHOW/REFUND POLICY

Registrants who do not cancel and do not attend will forfeit all fees paid and are obligated to pay any outstanding balance. Cancellations received **in writing** at Conference Services by Friday July 21, 2006 will receive a refund of all fees paid. Cancellations after that date will not be eligible for a refund.

## ACCOMMODATIONS

Overnight accommodations are available in the University's air-conditioned Christiana Towers Dormitory Apartments or George Read Hall Dormitory Rooms. Rates are listed on the registration form. Participants may also opt to stay at The Courtyard Newark at The University of Delaware, phone (302) 737-0900, located adjacent to Clayton Hall. The Courtyard daily rates for conference participants are \$109.00 plus 8% occupancy tax. You must identify yourself as a conference participant at the time you make your reservation in order to get this conference rate. Participants may also stay at any of the surrounding hotels. Reservations for hotel accommodations should be made separately by participants.



## LOCATION

The Summer Institute is held at The University of Delaware-Clayton Hall in Newark, Delaware. It is located off Route 896, approximately 5 miles north of Interstate 95. Clayton Hall is easily accessible by car (I-95), train (Amtrak Station, Wilmington), or air (Philadelphia Airport with limousine service to Newark between 6:30 am and 1:30 am).

## DISABILITY ACCOMMODATIONS

Designated handicapped parking is available to the right of the front entrance of Clayton Hall. To request other disability accommodations, contact Conference Services at the University of Delaware at least 10 days in advance of the program. Phone (302) 831-2216; TDD (302) 831-4552; Fax (302) 831-2998

The University of Delaware is committed to assuring equal opportunity to all persons and does not discriminate on the basis of race, color, gender, religion, ancestry, national origin, sexual orientation, veteran status, age or disability in its educational programs, activities, admissions or employment practices as required by Title IX of the Education Amendments of 1972, Title VI of the Civil Rights Act of 1964, the Rehabilitation Act of 1973, The American with Disabilities Act, and other applicable statutes. Inquiries concerning these statutes and information regarding campus accessibility should be referred to the Affirmative Action Officer, 305 Hullen Hall. Phone (302) 831-2835, TDD (302) 831-4552 Fax (302) 831-4552.

## MEALS

### Keynote Awards Luncheon

The Keynote Address and Awards Luncheon on Monday July 24 is open to **all** participants who are registered for a half, 1, 2, 3 or 5-day workshop at no additional charge.

### Pencader Cafeteria

You may pre-register on the registration form, but walk-ins are also welcome

<b>Breakfast</b>	Monday through Friday	\$6.60 per meal
<b>Lunch</b>	Tuesday through Friday	\$9.90 per meal
<b>Dinner</b>	Monday through Friday	\$12.00 per meal

### Catered Lunch in Clayton Hall

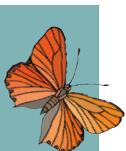
You must pre-register for these meals as indicated on the registration form  
Tuesday through Friday \$25.00 per meal

## FOR ADDITIONAL INFORMATION

Registration, fees, cancellations, rooms and meals:  
Gail Lanius (302) 831-2214 or e-mail [glanus@udel.edu](mailto:glanus@udel.edu)

## Other Issues:

Contact John Zugger (302) 255-9480 at the DSAMH Training Office or e-mail [DSAMH.training@state.de.us](mailto:DSAMH.training@state.de.us)





# Registration

**TO REGISTER ONLINE, GO TO: [www.dhss.delaware.gov/si06](http://www.dhss.delaware.gov/si06)**

Please PRINT neatly and fill out both sides of this form. Illegible registrations will not be processed!

Mail completed registrations to: Conference Services, University of Delaware, Newark, DE 19716-7430

Business Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Gender:  Male  Female  
 Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Disabled:  Yes  No  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Organization: \_\_\_\_\_ Title: \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_

Highest Grade Completed: (Circle One): 12 GED AA LPN RN BA/S MA/S MSW PH/MD  
 Ethnicity/Culture (Circle One): African American Alaskan Native Asian American Caucasian Hispanic Native American Pacific Islander Other  
 Do you request any of the following services?  Sign Language Interpreter  Oral Interpreter  Other  
 I will be applying for CE credit with  APA  CEAP  DBN  DCB  DSBSWE  NAADAC  NCC  NCGC  
 Please check here if you do not want to be included on the distributed List of Attendees for the 2006 Summer Institute

**PLEASE INDICATE FIRST, SECOND AND THIRD CHOICES BY USING 1, 2 OR 3 WHEN THERE IS MORE THAN ONE OPTION**

**KEYNOTE: MONDAY JULY 24, 2006 9:00AM- NOON**

\_\_\_\_\_ **#947** TRANSFORMING SERVICES TO TRANSFORM LIVES

**KEYNOTE AND HALF DAY WORKSHOPS: MONDAY JULY 24, 2006 9:00AM- 4:30PM**

\_\_\_\_\_ **#926** HOW SAFE IS SHE? RISK ANALYSIS AND SAFETY PLANNING FOR VICTIMS OF DOMESTIC VIOLENCE

\_\_\_\_\_ **#927** TRANSFORMATIONAL LEADERSHIP IN THE 21ST CENTURY

\_\_\_\_\_ **#937** INTEGRATING PRIMARY CARE AND BEHAVIORAL HEALTH SERVICES

\_\_\_\_\_ **#943** IDENTIFYING INDIVIDUALS WITH TRAUMATIC BRAIN INJURY

**FIVE-DAY INTENSIVE WORKSHOPS: MONDAY through FRIDAY JULY 24 – JULY 28, 2006**

\_\_\_\_\_ **#805** THE TWELVE CORE FUNCTIONS OF SUBSTANCE ABUSE COUNSELING

\_\_\_\_\_ **#941** SUBSTANCE ABUSE PREVENTION SPECIALIST TRAINING

**THREE-DAY WORKSHOPS: MONDAY through WEDNESDAY JULY 24 - JULY 26, 2006**

\_\_\_\_\_ **#726** BASIC PRINCIPLES OF ADDICTION PHARMACOLOGY AND DRUG THERAPY

\_\_\_\_\_ **#887** DESIGNING AND DELIVERING EFFECTIVE PSYCHO-EDUCATIONAL GROUPS

\_\_\_\_\_ **#923** UNDERSTANDING THE DEVELOPMENTAL EFFECTS OF TRAUMA

\_\_\_\_\_ **#924** MINDFULNESS BASED STRESS REDUCTION

\_\_\_\_\_ **#931** RELAPSE PREVENTION: EMPIRICALLY SUPPORTED NIDA MODELS

\_\_\_\_\_ **#950** POST TRAUMATIC STRESS DISORDER: A REAL BIOPSYCHOSOCIAL DISORDER

**TWO-DAY WORKSHOPS: THURSDAY and FRIDAY JULY 27 – JULY 28, 2006**

\_\_\_\_\_ **#888** MOTIVATIONAL INTERVIEWING: AN EXPERIENTIAL APPROACH

\_\_\_\_\_ **#917** ASPERGER'S SYNDROME: REAL SOLUTIONS FOR PROMOTING CHANGE

\_\_\_\_\_ **#932** DREAMS AND UNERGI BODY PSYCHOTHERAPY

\_\_\_\_\_ **#934** CRITICAL ISSUES IN COUNSELING MEN

\_\_\_\_\_ **#935** TREATMENT FOR PERSONS WITH CO-OCCURRING CONDITIONS

\_\_\_\_\_ **#938** PREPAREDNESS FOR A MASS CASUALTY INCIDENT

\_\_\_\_\_ **#940** SUCCESSFUL OUTCOMES FOR BORDERLINE PERSONALITY DISORDER

\_\_\_\_\_ **#945** SYSTEM CHANGE VIA PROBLEM SOLVING COURTS

**ONE-DAY WORKSHOPS:**

**TUESDAY JULY 25, 2006 9:00AM- 4:30PM**

\_\_\_\_\_ **#922** EMPOWERMENT FOR RECOVERY AND TRANSFORMATION

\_\_\_\_\_ **#925** COGNITIVE BEHAVIORAL THERAPY WITH CHILDREN

\_\_\_\_\_ **#939** CIRCLEWORKS

**WEDNESDAY JULY 26, 2006 9:00AM- 4:30PM**

\_\_\_\_\_ **#915** HARM REDUCTION CBT OF INDIVIDUALS WITH CO-OCCURRING MENTAL HEALTH AND SUBSTANCE USE CONDITIONS

\_\_\_\_\_ **#929** PROMOTING HEALTHY OUTCOMES FOR LESBIAN, GAY, AND BISEXUAL YOUTH

\_\_\_\_\_ **#949** SUICIDAL AND AGGRESSIVE BEHAVIOR: ASSESSMENT AND INTERVENTION

**THURSDAY JULY 27, 2006 9:00AM- 4:30PM**

\_\_\_\_\_ **#921** COGNITIVE BEHAVIORAL THERAPY FOR PERSONALITY DISORDERS

\_\_\_\_\_ **#946** THE TRANSFORMING FACE OF THE AGING AND HIV/AIDS

\_\_\_\_\_ **#951** STRATEGIES FOR IMPLEMENTING EVIDENCE-BASED SUPPORTED EMPLOYMENT

**FRIDAY JULY 28, 2006 9:00AM- 3:00PM**

\_\_\_\_\_ **#933** FORENSIC PSYCHIATRY IN THE FIRST STATE: LEGAL DEFENSES, COMPETENCY EVALUATIONS, AND TREATMENT ISSUES

\_\_\_\_\_ **#936** DEPRESSION AND MOOD DISORDERS: COGNITIVE-BEHAVIORAL CONCEPTUALIZATION AND TREATMENT

\_\_\_\_\_ **#948** SELF-MUTILATION: A MEANS TO COMMUNICATE, NOT MANIPULATE

**MINI-WORKSHOPS 6:00PM- 9:00PM:**

**MONDAY JULY 24, 2006**

\_\_\_\_\_ **#679** ETHICS IN COUNSELING: AN UPDATE

**TUESDAY JULY 25, 2006**

\_\_\_\_\_ **#787** CPR/AED



# REGISTRATION



**Registration Fees:** All registration fees for **daytime** workshops include admission to the Keynote and Luncheon on Monday July 24

**1. Tuition:**

5 Day Workshop or 3 Day + 2 Day Workshops (includes Keynote/Luncheon)	\$400.00	\$ _____
3 Day Workshop Only (includes Keynote/Luncheon)	\$330.00	\$ _____
2 Day Workshop Only (includes Keynote/Luncheon)	\$250.00	\$ _____
1 Day Workshop Only (includes Keynote/Luncheon)	\$100.00	\$ _____
Keynote, Luncheon, and Half-Day Workshop	\$80.00	\$ _____
Keynote and Luncheon Only	\$50.00	\$ _____
Ethics Mini-Workshop	\$50.00	\$ _____
CPR/AED Mini-Workshop	\$30.00	\$ _____
<b>Total Tuition</b>		<b>\$ _____</b>

I \_\_\_\_\_ will \_\_\_\_\_ will not be attending the Keynote and Luncheon on Monday

**2. Lodging Options:** Enter number of nights desired in space:

<b>Dormitory Apartments at Christiana Towers</b>		
_____ 1 bedroom, 1 person	\$54.00/night	\$ _____
_____ 2 bedroom, 2 people	\$43.50 per person/night	\$ _____
<b>Dormitory Rooms with semi-private bathroom at George Read Hall</b>		
_____ 2 bedroom, 2 people	\$32.00 per person/night	\$ _____
Date of check-in _____ Date of checkout _____		
Roommate(s) Name _____		
Note: If you select other than a single room, you must indicate a roommate.		
<b>Total Lodging (Number of Days x Daily Rate)</b>		<b>\$ _____</b>

**3. Meals Desired:** (Please circle each day that you will need that meal)

<b>Pencader Cafeteria</b>							
Breakfast	\$6.60/day	M	T	W	TH	F	\$ _____
Lunch	\$9.90/day		T	W	TH	F	\$ _____
Dinner	\$12.00/day	M	T	W	TH	F	\$ _____
<b>Catered Lunch at Clayton Hall</b>							
\$25.00/day			T	W	TH	F	\$ _____
Vegetarian option?	Yes	No					\$ _____
<b>Total Meals</b>							<b>\$ _____</b>
Tuition, Lodging, and Meals _____ \$ _____							
Scholarship Amount (if applicable- include copy of award) _____ minus \$ _____							

**4. TOTAL AMOUNT DUE** \_\_\_\_\_ **\$ \_\_\_\_\_**

**PAYMENT METHOD:**

\_\_\_\_\_ Enclosed is a check made payable to: University of Delaware  
 \_\_\_\_\_ Please charge my credit card:  VISA  MasterCard  Discover  Amex

**Visa, MasterCard, or Discover:** Please enter your account number (include all raised numbers on your credit card) followed by the last 3 imprinted digits on the **back** of the card.  
 Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

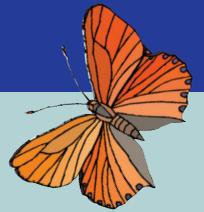
**American Express:** Please enter your account number (include all raised numbers on your credit card) followed by the last 4 imprinted digits on the **front** of the card.  
 Account Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

AUTHORIZED SIGNATURE ON CREDIT CARD \_\_\_\_\_





**THE DIVISION OF SUBSTANCE  
ABUSE AND MENTAL HEALTH**  
acknowledges the contributions  
of the following agencies and  
corporations who have given  
their support for the  
**35th Summer Institute**



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Department of Corrections

**GOLD PARTNER**

Central East Addiction Technology Transfer Center

Civigenics, Inc.

Delaware Council on Gambling Problems

Department of Services for Children, Youth, and  
Their Families - Child Mental Health Services and Office  
of Prevention and Early Intervention

Gateway Foundation

MeadowWood Hospital

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Brandywine Counseling, Inc.

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CRC Health Group

Department of Education

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**BRONZE PARTNER (cont.)**

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Kent Sussex County Counseling Services

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**NETWORKING AND COLLABORATION SPONSORSHIPS**

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Delaware Psychological Association

Johnson & Johnson – Dartmouth Community Health Program

Just For Youth Coalition

Narcotics Anonymous

National Empowerment Center

New Castle County – Heroin Alert Team

Pennsylvania/Mid-Atlantic AIDS Education and Training Center

Substance Abuse and Mental Health Services Administration –  
Center for Mental Health Services and The Co-Occurring Center  
for Excellence

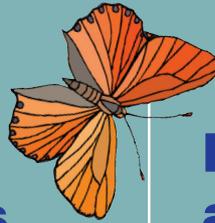
Suicide Prevention Research Center

Westside Health, Inc.



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

**Division of Substance Abuse and  
Mental Health Training Office**



**Participate in the  
Summer Institute's  
Transformation  
Poster Session.  
[www.dhss.delaware.gov/si06](http://www.dhss.delaware.gov/si06)  
Call (302)255-9480**

**Nominations are being  
accepted for the  
Kelley/Pazzaglini Award  
Deadline July 14. Go to  
[www.dhss.delaware.gov/si06](http://www.dhss.delaware.gov/si06)  
Or call (302)255-9480**

## CONFERENCE HIGHLIGHTS

- **A. Kathryn Power** presents at the Key Note Address on her work spearheading the Federal Mental Health Transformation Team.
- **Dr. Daniel Fisher** shares his dual perspectives of the mental health system, as a psychiatrist and as a person in recovery having been diagnosed with schizophrenia.
- Experience the **All Sensory Room**, designed to promote relaxation & heighten awareness.
- **FREE** sessions each afternoon and evening.
- Experience a **12-step** program first hand.
- Increase your knowledge in HIV prevention or become acquainted with the Heroin Alert Program and more.

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Delaware Division of Substance Abuse and Mental Health  
Springer Building  
1901 N. DuPont Highway  
New Castle, Delaware 19720

**Sign up early to ensure your choice of workshops**

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