## FREE Social Service, Health, Financial, and Employment Resources in Delaware

Resources	
CONTACT:	IF YOU NEED HELP WITH:
Delaware Division of Social Services	• Food Benefits, Child Care Assistance, and Cash Assistance
Apply Online: assist.dhss.delaware.gov	Employment and Training Services for individuals
1-866-843-7212	receiving Food Benefits and Cash Assistance
www.dhss.delaware.gov/dhss/dss/	
Delaware Division of Medicaid and Medical Assistance	Medicaid, Healthy Children Program (CHIP), Prescription
Apply Online: assist.dhss.delaware.gov	Assistance, and Long-Term Care Services
1-866-843-7212	
www.dhss.delaware.gov/dhss/dmma/	
Delaware Division of State Service Centers	• Emergency Assistance for Rent, Utilities, Shelter, and Food
1-866-843-7212	Kinship Care Assistance
www.dhss.delaware.gov/dhss/dssc/	Energy Assistance
Delaware Department of Labor	Job Search and Training
labor.delaware.gov	Unemployment Benefits
www.joblink.delaware.gov	
Delaware State Housing Authority	Affordable Housing, Emergency Shelter, and Rental
1-888-363-8808	Assistance
www.destatehousing.com	
Delaware Women, Infant and Children (WIC) Program	• Food Assistance, Healthy Eating, Nutrition, and Health
302-605-4066 New Castle County	Care & Social Service Referrals for Pregnant Women, New
302-605-1833 Kent County	Mothers, and Young Children
302-605-4055 Sussex County	
www.dhss.delaware.gov/dhss/dph/chca/dphwichominf01.html	
Delaware Aging and Disability Resource Center	Resources for Older Persons and Adults with Physical
1-800-223-9074 www.delawareadrc.com	Disabilities
www.delawareadrc.com	Information about Food Delivery, Housing, Employment,
	Health Services, and Other Available Programs
Stand By Me	Financial Coaching
1-800-560-3372	Improving your Credit Score and Reducing Debt
www.standbymede.org	Homeownership Assistance
Delaware Hope Line	Mental Health, Stress, Anxiety, and Depression
1-833-9-HOPEDE or 1-833-946-7333	Substance Use Disorder and Addiction
www.HelpIsHereDE.com	Domestic Violence and Crisis Assistance
My Child DE	Child Care Resources and Search Tools
1-800-734-2388	
www.mychildde.org	
Community Legal Aid Society, Inc. (CLASI)	Legal Services
1-800-292-7980 New Castle County	
1-800-537-8383 Kent County	
1-800-462-7070 Sussex County	
www.declasi.org Food Bank of Delaware	Community Food Pantries
302-292-1305 New Castle County	
302-424-3301 Kent & Sussex Counties	Senior Nutrition Program
www.fbd.org/get-help/	
Delaware 2-1-1 Helpline	Food Assistance, Medical Care, Emergency Shelter,
Call 2-1-1 or 1-800-560-3372	<ul> <li>Food Assistance, Medical Care, Emergency Shelter, Housing, Utilities, Mental Health, Substance Use Disorder,</li> </ul>
Text your zip code to 898-211	Clothing, Transportation, and Legal Help
www.delaware211.org	
www.delawarez.ri.org	



## DELAWARE HEALTH AND SOCIAL SERVICES

**Division of Social Services** 

This institution is an equal opportunity provider.