



# Delaware Weekly Influenza Report

## MMWR Week 1 (January 1 – 7, 2017)

### Delaware Division of Public Health

#### National Influenza Synopsis 2016-2017:

National data are updated Friday of each week. Please visit <http://www.cdc.gov/flu/weekly/> for the most current information. During MMWR Week 1 (January 1 – 7, 2017) influenza activity increased in the United States. The most frequently identified influenza virus subtype reported by public health laboratories during week 1 was influenza A (H3). The percentage of respiratory specimens testing positive for influenza in clinical laboratories increased. **Widespread influenza activity** was reported by Puerto Rico and 21 states (Alaska, California, Connecticut, Delaware, Idaho, Kentucky, Maryland, Massachusetts, Montana, Nebraska, New Hampshire, New Jersey, New York, North Carolina, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, Virginia and Washington). **Regional influenza activity** was reported by Guam and 21 states (Alabama, Arizona, Arkansas, Colorado, Florida, Hawaii, Indiana, Louisiana, Maine, Michigan, Minnesota, Mississippi, Missouri, Nevada, North Dakota, South Carolina, South Dakota, Texas, Utah, Wisconsin and Wyoming). **Local influenza activity** was reported by the District of Columbia and eight states (Georgia, Illinois, Iowa, Kansas, New Mexico, Tennessee, Vermont and West Virginia). **No influenza activity** was reported by the U.S. Virgin Islands. Both national and state data are provisional and subject to change as additional reports are received.

#### Delaware Influenza Surveillance 2016-2017:

During MMWR Week 1 there were 85 laboratory-confirmed cases of influenza reported among Delaware residents. Reports of influenza-like illness (ILI) received from participating providers, facilities and institutions in Delaware show ILI is 0.10% (Delaware's 2016-2017 baseline is 2.2%). Nationally, ILI is 3.2%, above the national baseline of 2.2%.

#### Level of Influenza Activity in Delaware, MMWR Week 1:

<b>Widespread</b>	Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.
Influenza-like illness (ILI) is defined as patients presenting with fever of 100° F or greater, cough and/or sore throat in the absence of a known cause other than influenza.	
<b>No Activity:</b> No laboratory-confirmed cases of influenza and no reported increase in the number of cases of ILI.	
<b>Sporadic:</b> Small numbers of laboratory-confirmed influenza cases or a single laboratory-confirmed influenza outbreak has been reported, but there is no increase in cases of ILI.	
<b>Local:</b> Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in a single region of the state.	
<b>Regional:</b> <i>Outbreaks of influenza or increases in ILI and recent laboratory-confirmed influenza in at least two but less than half the regions of the state with recent laboratory evidence of influenza in those regions.</i> <sup>3</sup>	
<b>Widespread:</b> Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.	

<sup>1</sup> 2016-2017 Region 3 (DE, DC, MD, PA, VA and WV) baseline = 2.2%.

<sup>2</sup> Laboratory-confirmed case = case confirmed by viral culture or PCR.

<sup>3</sup> Region = population under surveillance in a defined geographical subdivision of a state. Regions typically include several counties. Regional doesn't apply to Delaware and other states with ≤ four counties.

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**Table 1a. Influenza positive<sup>1</sup> cases reported<sup>2</sup> statewide and county, by subtype (A) / lineage (B)<sup>3</sup> and MMWR week, Delaware 2016-17**

Confirmed Flu Cases by Subtype / Lineage		Week 40	Week 41	Week 42	Week 43	Week 44	Week 45	Week 46	Week 47	Week 48	Week 49	Week 50	Week 51	Week 52	Week 01	YTD	YTD Total	YTD County %
STATEWIDE	A / 2009 H1N1	0	0	0	0	1	0	0	0	0	0	0	0	0	1	2	285	
	A / 2012 H3N2	0	0	0	2	0	2	3	6	18	12	12	13	21	26	116		
	A / no subtype	0	0	1	1	0	0	3	2	4	7	16	26	44	46	149		
	B / Yamagata	0	0	0	0	0	0	0	0	1	0	0	0	0	1	2		
	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	2	2		
B / no lineage	0	0	0	0	0	0	0	0	0	0	0	1	4	9	14			
New Castle County	A / 2009 H1N1	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	138	48.4%
	A / 2012 H3N2	0	0	0	2	0	2	2	6	15	11	10	6	14	20	89		
	A / no subtype	0	0	0	0	0	0	1	1	1	1	7	6	5	21	42		
	B / Yamagata	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1		
	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	2	2		
B / no lineage	0	0	0	0	0	0	0	0	0	0	0	1	2	0	3			
Kent County	A / 2009 H1N1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	93	32.6%
	A / 2012 H3N2	0	0	0	0	0	0	1	0	3	0	1	4	3	0	12		
	A / no subtype	0	0	1	1	0	0	1	1	3	6	8	12	23	15	71		
	B / Yamagata	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
B / no lineage	0	0	0	0	0	0	0	0	0	0	0	0	2	8	10			
Sussex County	A / 2009 H1N1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	54	19.0%
	A / 2012 H3N2	0	0	0	0	0	0	0	0	0	1	1	3	4	6	15		
	A / no subtype	0	0	0	0	0	0	1	0	0	0	1	8	16	10	36		
	B / Yamagata	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1		
	B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
B / no lineage	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1			

**Table 1b. Influenza positive<sup>1</sup> cases reported<sup>2</sup> statewide and county, by age group and MMWR week, Delaware 2016-17**

Confirmed Flu Cases by Age Group		Week 40	Week 41	Week 42	Week 43	Week 44	Week 45	Week 46	Week 47	Week 48	Week 49	Week 50	Week 51	Week 52	Week 01	YTD	YTD Total	YTD County %
STATEWIDE	0-4 years	0	0	0	0	1	0	0	0	0	3	5	6	12	15	42	285	
	5-24 years	0	0	0	0	0	1	2	2	4	6	4	10	13	23	65		
	25-49 years	0	0	1	1	0	0	2	0	8	5	8	13	14	13	65		
	50-64 years	0	0	0	1	0	0	2	2	2	2	7	5	13	14	48		
	65+ years	0	0	0	1	0	1	0	4	9	3	4	6	17	20	65		
New Castle County	0-4 years	0	0	0	0	0	0	0	0	0	1	2	1	3	9	16	138	48.4%
	5-24 years	0	0	0	0	0	1	1	2	2	2	2	6	4	10	30		
	25-49 years	0	0	0	0	0	0	1	0	6	4	4	3	8	8	34		
	50-64 years	0	0	0	1	0	0	1	1	1	2	5	2	2	5	20		
	65+ years	0	0	0	1	0	1	0	4	8	3	4	1	4	12	38		
Kent County	0-4 years	0	0	0	0	0	0	0	0	0	2	3	4	9	6	24	93	32.6%
	5-24 years	0	0	0	0	0	0	1	0	2	3	1	4	7	8	26		
	25-49 years	0	0	1	1	0	0	0	0	2	1	3	5	3	2	18		
	50-64 years	0	0	0	0	0	0	1	1	1	0	2	0	4	3	12		
	65+ years	0	0	0	0	0	0	0	0	1	0	0	3	5	4	13		
Sussex County	0-4 years	0	0	0	0	1	0	0	0	0	0	0	1	0	0	2	54	19.0%
	5-24 years	0	0	0	0	0	0	0	0	0	1	1	0	2	5	9		
	25-49 years	0	0	0	0	0	0	1	0	0	0	1	5	3	3	13		
	50-64 years	0	0	0	0	0	0	0	0	0	0	0	3	7	6	16		
	65+ years	0	0	0	0	0	0	0	0	0	0	0	2	8	4	14		

<sup>1</sup> Based on patients with positive nucleic acid or viral culture test results reported to the Division of Public Health.

<sup>2</sup> Reports are by the date the laboratory results are obtained. As a result, prior weeks' counts may be adjusted to reflect additional cases received.

<sup>3</sup> The Division of Public Health Laboratory now has the capability to identify lineage for Influenza B. Since some laboratories in the state do not have this capability, those influenza cases will be categorized as Influenza B, no lineage identified.

MMWR Week 1 = January 1 - 7, 2017

Figure 1. Confirmed cases<sup>1</sup> of influenza by type and subtype / lineage, by MMWR week, Delaware 2016-17\*

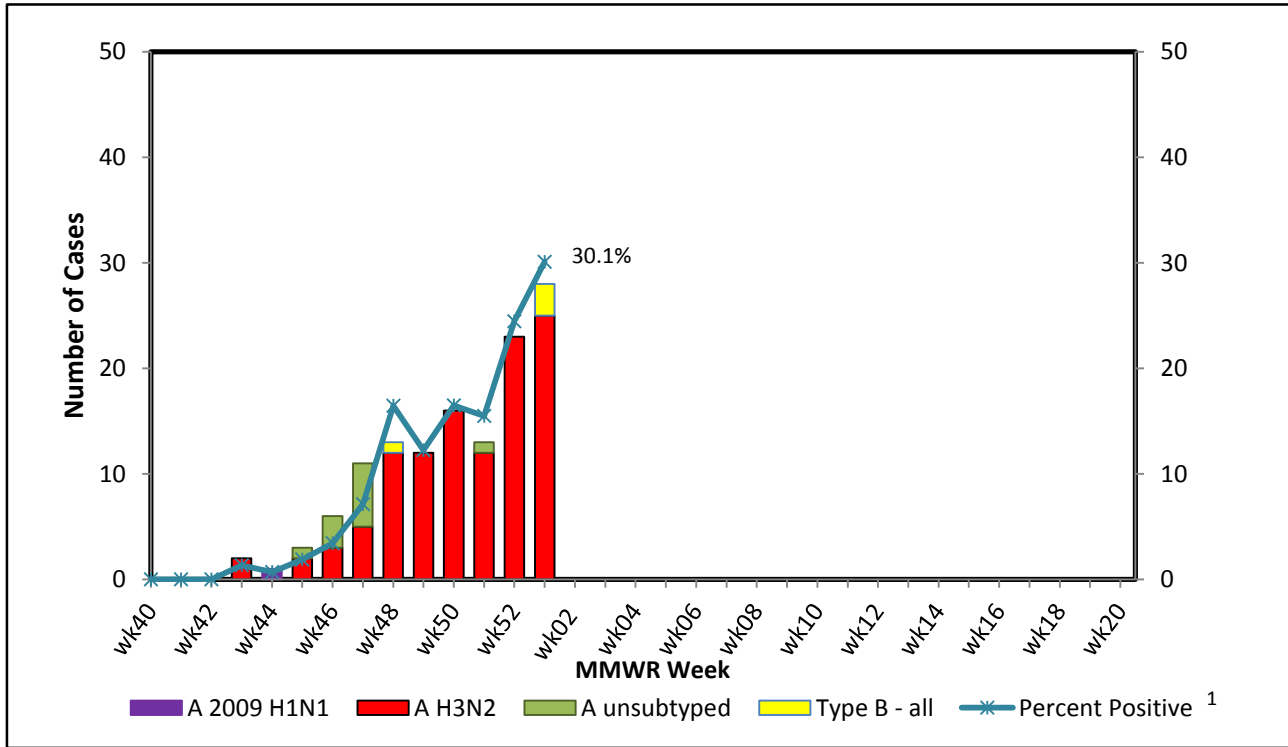


Table 2. Influenza-related hospitalizations statewide and county, by age group and MMWR week, Delaware 2016-17

Hospitalized Flu Cases by Age Group		Week 40	Week 41	Week 42	Week 43	Week 44	Week 45	Week 46	Week 47	Week 48	Week 49	Week 50	Week 51	Week 52	Week 01	YTD	YTD Total	YTD County %
STATEWIDE	0-4 years	0	0	0	0	0	0	0	0	0	0	1	1	0	2	4	77	
	5-24 years	0	0	0	0	0	0	0	0	0	2	0	1	0	1	4		
	25-49 years	0	0	0	0	0	0	1	0	2	1	0	0	4	2	10		
	50-64 years	0	0	0	0	0	0	0	0	0	0	2	1	6	5	14		
	65+ years	0	0	0	1	0	1	0	3	8	1	3	3	12	13	45		
New Castle County	0-4 years	0	0	0	0	0	0	0	0	0	0	1	1	0	2	4	46	59.7%
	5-24 years	0	0	0	0	0	0	0	0	0	0	0	1	0	1	2		
	25-49 years	0	0	0	0	0	0	0	0	2	1	0	0	3	1	7		
	50-64 years	0	0	0	0	0	0	0	0	0	0	1	1	1	4	7		
	65+ years	0	0	0	1	0	1	0	3	7	1	3	0	4	6	26		
Kent County	0-4 years	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19	24.7%
	5-24 years	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1		
	25-49 years	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1		
	50-64 years	0	0	0	0	0	0	0	0	0	0	1	0	3	1	5		
	65+ years	0	0	0	0	0	0	0	0	1	0	0	2	5	4	12		
Sussex County	0-4 years	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12	15.6%
	5-24 years	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1		
	25-49 years	0	0	0	0	0	0	1	0	0	0	0	0	0	1	2		
	50-64 years	0	0	0	0	0	0	0	0	0	0	0	0	2	0	2		
	65+ years	0	0	0	0	0	0	0	0	0	0	0	1	3	3	7		

Table 3. Influenza-related deaths by MMWR week, Delaware 2016-17

Influenza-Related Deaths	Week 40	Week 41	Week 42	Week 43	Week 44	Week 45	Week 46	Week 47	Week 48	Week 49	Week 50	Week 51	Week 52	Week 01	YTD
	0	0	0	0	0	0	0	0	0	1	0	0	0	0	1

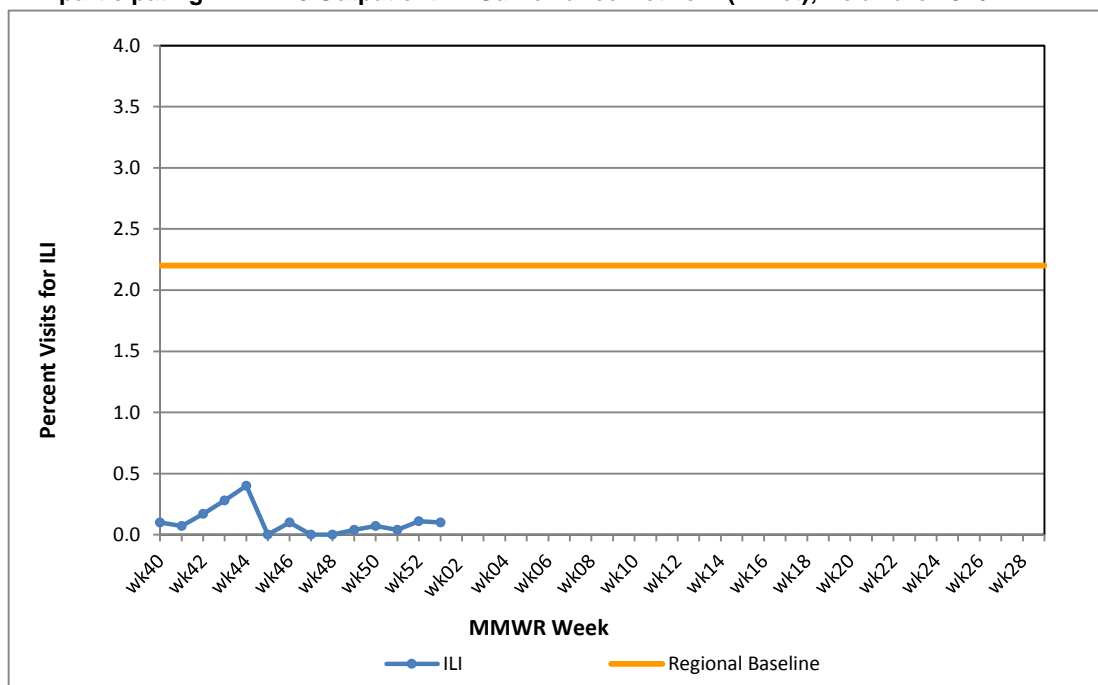
**Table 4. Numbers of influenza cases reported by flu season, Delaware 2004-05 through 2016-17**

Influenza Season	Total Annual Influenza Cases
2004 – 2005	995
2005 – 2006	541
2006 – 2007	508
2007 – 2008	1,401
2008 – 2009	738
2009 – 2010	2,247
2010 – 2011	1,479
2011 – 2012	267
2012 – 2013	1,781
2013 – 2014	1,842
2014 – 2015	2,390
2015 – 2016	2,251
<b>2016 – 2017 (YTD)</b>	<b>285</b>

**U.S. Outpatient Influenza-Like Illness Surveillance Network (ILINet) Sentinel Providers**

An ILINet (sentinel) provider conducts surveillance for influenza-like illness (ILI) in collaboration with the Division of Public Health and the Centers for Disease Control and Prevention (CDC). Data reported by ILINet providers, in combination with other influenza surveillance data, provide a national and statewide picture of influenza activity in the U.S.

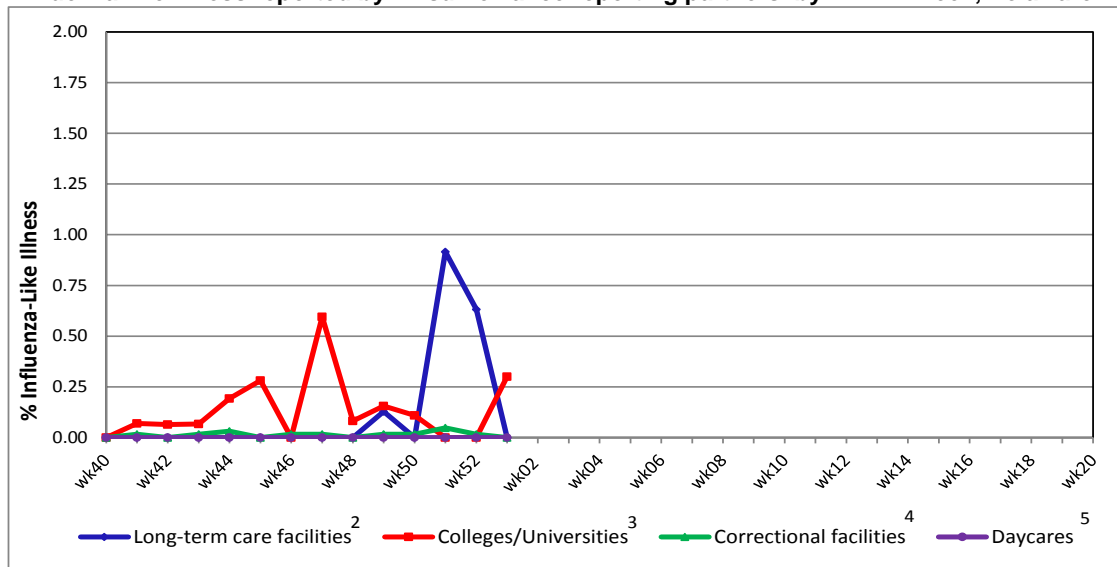
**Figure 2. Percentage of visits for influenza-like illness reported by sentinel providers<sup>1</sup> participating in CDC’s Outpatient ILI Surveillance Network (ILINet), Delaware 2016-17**



<sup>1</sup> Twelve of 18 sentinel providers reported.

<sup>2</sup> Regional baseline is calculated by CDC using non-influenza weeks from the previous three influenza seasons. Delaware is in Region 3 that also includes DC, MD, PA, VA and WV.

**Figure 3. Influenza-like illness reported by ILI surveillance reporting partners<sup>1</sup> by MMWR week, Delaware 2016-17**



<sup>1</sup> ILINet reporting partners include long-term care facilities, colleges / universities, correctional facilities and daycare facilities.

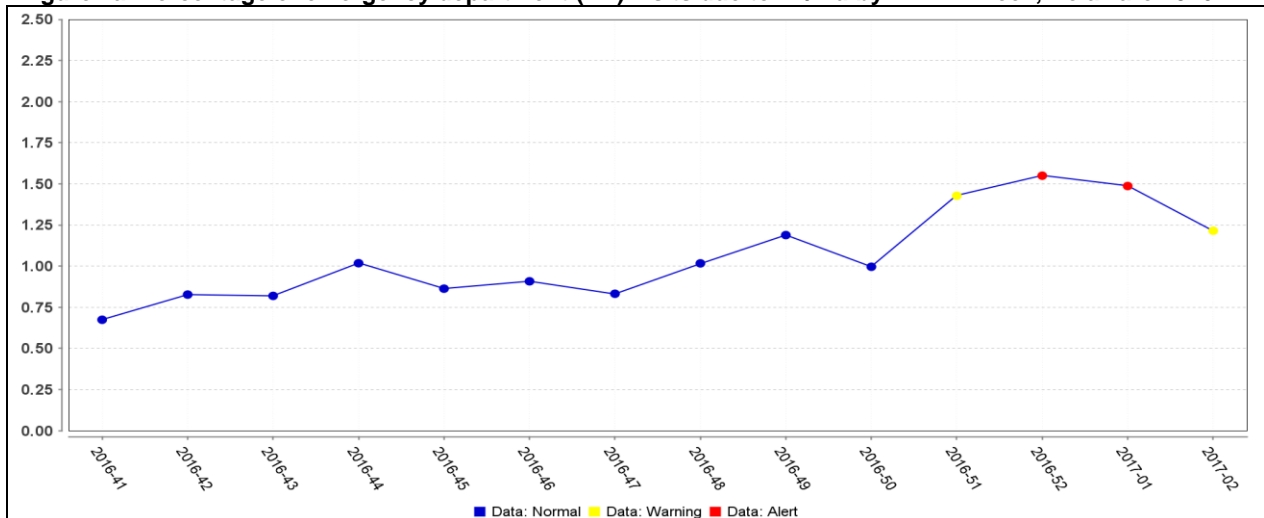
<sup>2</sup> % ILI= percentage of residents with ILI symptoms Eight long-term care facilities reported.

<sup>3</sup> % IL= percentage of student visits for ILI; One university reported.

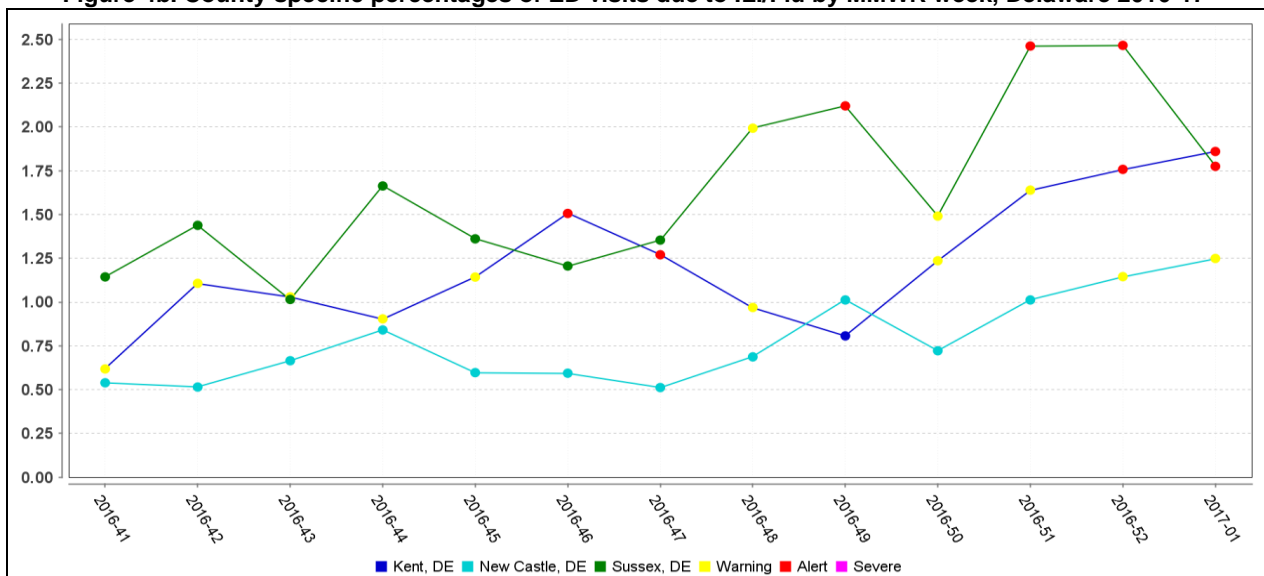
<sup>4</sup> % ILI= percentage of visits for ILI at the correctional facility; Nine correctional facilities reported.

<sup>5</sup> % ILI= percentage of children absent with ILI; No daycare providers reported.

**Figure 4a. Percentage of emergency department (ED) visits due to ILI/Flu by MMWR week, Delaware 2016-17**



**Figure 4b. County-specific percentages of ED visits due to ILI/Flu by MMWR week, Delaware 2016-17**



## **Summary of International Influenza Activity**

Influenza activity in the temperate zone of the northern hemisphere continued to increase, with many countries especially in Europe and East Asia passing their seasonal threshold early in comparison with previous years. Worldwide, influenza A(H3N2) virus was predominant. The majority of influenza viruses characterized so far is similar antigenically to the reference viruses representing vaccine components for 2016-2017 influenza season. The majority of recently circulating viruses tested for antiviral sensitivity is susceptible to the neuraminidase inhibitor antiviral medications.

In North America, influenza activity continued to increase with influenza A(H3N2) virus predominating. Influenza-like illness (ILI) levels just surpassed the seasonal thresholds in the United States. In the United States, respiratory syncytial virus (RSV) activity increased. In Canada, influenza activity increased with influenza A(H3) predominating, and ILI consultations increased. In Mexico, influenza activity and acute respiratory infection activity remained below the average epidemic curve, while pneumonia activity increased above the seasonal threshold.

In the Caribbean countries and Central America, influenza and other respiratory virus activity remained low in general.

In tropical South America, influenza and other respiratory viruses activity remained low. In the temperate zone of the Southern Hemisphere, influenza activity is at inter-seasonal levels.

In Europe, influenza activity was increasing, with influenza A (H3N2) virus being the most prominent subtype. Persons aged over 65 years were most frequently associated with severe disease.

In Western Asia, influenza activity increased slightly. In East Asia, influenza activity continued to increase with influenza A(H3N2) viruses predominant. In Southern Asia, influenza activity increased mainly due to influenza A(H3N2). In South East Asia, influenza activity continued to decrease, with influenza A(H3N2) virus and influenza B predominating in the region.

In Northern Africa, continued increased influenza detections were reported in Morocco and Tunisia with influenza A(H3N2) virus dominating. In West Africa, influenza continued to be detected in Ghana with B viruses dominating.

In Oceania, influenza virus activity was reported at inter-seasonal levels.

**Reference:** World Health Organization (WHO), 2017. Influenza update number 280 (1/9/17). Retrieved January 13, 2017, from [http://www.who.int/influenza/surveillance\\_monitoring/updates/latest\\_update\\_GIP\\_surveillance/en/](http://www.who.int/influenza/surveillance_monitoring/updates/latest_update_GIP_surveillance/en/). Reports are updated biweekly.

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**NOTE:** The data provided do not reflect the total number of individuals who have been infected with the influenza virus in Delaware during the reporting period due to the following factors:

- Many people ill with influenza-like symptoms do not seek medical care.
- Many who do seek medical care are not tested for influenza.
- The Delaware Public Health Laboratory is limited by capacity to processing a maximum of three specimens per day from each reporting entity.

The Delaware Division of Public Health (DPH) is committed to serving you better by providing the most accurate, up-to-date influenza data available.

- For general information on influenza, visit [flu.delaware.gov](http://flu.delaware.gov) or <http://dhss.delaware.gov/dhss/dph/dpc/immunize-flu.html>.
- For specific information on DPH flu clinics, visit <http://dhss.delaware.gov/dhss/dph/fluclinics.html>.
- For questions on Delaware's weekly flu report, call the DPH Office of Infectious Disease Epidemiology: 302-744-4990.
- For questions regarding influenza vaccination, please call 302-744-1060.