



Delaware Weekly Influenza Report

MMWR Week 15 (April 7 - 13, 2019)

Delaware Division of Public Health

National Influenza Synopsis 2018-2019:

National data are updated Friday of each week. Please visit <http://www.cdc.gov/flu/weekly/> for the most current information. During MMWR Week 15 (April 7 – 13, 2019) influenza activity continues to decrease but remains elevated in the United States. Influenza A(H1N1)pdm09 viruses predominated from October to mid-February, and influenza A(H3N2) viruses have been more commonly identified since late February. Small numbers of influenza B viruses have also been reported. Geographic spread during week 15 is **Widespread influenza activity** was reported by 11 states (Arizona, California, Connecticut, **Delaware**, Maine, Massachusetts, New Hampshire, New York, Ohio, Rhode Island and Virginia). **Regional influenza activity** was reported by Puerto Rico and 20 states (Alabama, Florida, Georgia, Illinois, Kentucky, Louisiana, **Maryland**, Michigan, Missouri, Montana, Nevada, **New Jersey**, New Mexico, North Dakota, **Pennsylvania**, South Carolina, Tennessee, Utah, Washington and Wisconsin). **Local influenza activity** was reported by the District of Columbia and 17 states (Alaska, Arkansas, Colorado, Hawaii, Idaho, Iowa, Kansas, Minnesota, Mississippi, Nebraska, North Carolina, Oklahoma, Oregon, South Dakota, Vermont, West Virginia and Wyoming). **Sporadic influenza activity** was reported by the U.S. Virgin Islands and two states (Indiana and Texas). Guam did not report. Both national and state data are provisional and subject to change as additional reports are received.

Delaware Influenza Surveillance 2018-2019:

During MMWR Week 15 there were 111 laboratory-confirmed cases of influenza reported among Delaware residents, bringing the total to 6,321 for the 2018-2019 season. Reports of influenza-like illness (ILI) received from participating providers, facilities and institutions in Delaware show ILI decreased to 0.35%, below the 2018-2019 baseline of 2.0%. Nationally, ILI decreased to 2.4%, but remains above the national baseline of 2.2%.

Level of Influenza Activity in Delaware, MMWR Week 15

Widespread	Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.
Influenza-like illness (ILI) is a patient that presents with fever of 100° F or greater, cough and/or sore throat in the absence of a known cause other than influenza.	
<p>No Activity: No laboratory-confirmed cases of influenza and no reported increase in the number of cases of ILI.</p> <p>Sporadic: Small numbers of laboratory-confirmed influenza cases or a single laboratory-confirmed influenza outbreak has been reported, but there is no increase in cases of ILI.</p> <p>Local: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in a single region of the state.</p> <p>Regional: Outbreaks of influenza or increases in ILI and recent laboratory-confirmed influenza in at least two but less than half the regions of the state with recent laboratory evidence of influenza in those regions.³</p> <p>Widespread: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state with recent laboratory evidence of influenza in the state.</p>	

¹ 2018-2019 Region 3 (DE, DC, MD, PA, VA and WV) baseline = 2.0%.

² Laboratory-confirmed case = case confirmed by viral culture or PCR.

³ Region = population under surveillance in a defined geographical subdivision of a state. Regions typically include several counties. Regional doesn't apply to states with ≤ four counties.

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Table 1a. Influenza positive¹ cases reported² statewide and county by subtype (A) or lineage (B)³, Delaware 2018-19

Confirmed Flu Cases by Subtype / Lineage	Wks 40-49	Wk 50	Wk 51	Wk 52	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11	Wk 12	Wk 13	Wk 14	Wk 15	YTD	YTD Total	YTD County %
STATEWIDE																						
A / 2009 H1N1	38	26	42	36	43	33	47	56	50	39	24	42	25	24	30	12	8	6	1	582	6,321	
A / 2012 H3N2	3	2	5	5	4	0	4	7	26	37	60	92	74	45	54	36	33	15	18	520		
A / no subtype	140	68	132	182	155	130	196	253	347	539	502	542	446	469	377	229	150	99	83	5,039		
Co-infection	2	0	0	0	0	0	0	1	0	0	0	1	0	1	0	0	0	0	0	5		
B / Yamagata	3	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	0	0	0	5		
B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	1	2	1	0	3	1	8		
B / no lineage	2	2	0	1	4	4	8	6	4	16	14	11	11	27	15	13	8	8	8	162		
New Castle County																						
A / 2009 H1N1	23	21	31	24	29	26	32	39	34	24	16	20	10	9	11	10	6	4	0	369	2,403	38.2%
A / 2012 H3N2	1	2	3	5	3	0	3	6	16	27	36	71	52	26	26	21	21	9	8	336		
A / no subtype	35	27	41	55	34	52	67	104	131	209	175	176	143	136	132	68	38	28	22	1,673		
Co-infection	0	0	0	0	0	0	0	1	0	0	0	1	0	0	0	0	0	0	0	2		
B / Yamagata	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	1		
B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	1	0	2	0	5		
B / no lineage	0	1	0	1	1	0	0	0	1	0	1	2	5	1	1	1	1	1	0	17		
Kent County																						
A / 2009 H1N1	13	4	6	6	6	2	6	9	10	15	3	12	11	10	10	2	2	2	0	129	1,670	26.4%
A / 2012 H3N2	2	0	2	0	1	0	0	0	4	6	17	14	13	17	13	9	6	4	3	111		
A / no subtype	83	27	48	50	47	20	35	51	63	133	103	141	132	142	115	76	50	30	26	1,372		
Co-infection	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
B / Yamagata	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	3		
B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
B / no lineage	0	0	0	0	0	2	7	4	2	13	10	2	3	4	1	2	2	2	1	55		
Sussex County																						
A / 2009 H1N1	2	1	5	6	8	5	9	8	6	0	5	10	4	5	9	0	0	0	1	84	2,248	35.6%
A / 2012 H3N2	0	0	0	0	0	0	1	1	6	4	7	7	9	2	15	6	6	2	7	73		
A / no subtype	22	14	43	77	74	58	94	98	153	197	224	225	171	191	130	85	62	41	35	1,994		
Co-infection	2	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	3		
B / Yamagata	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	1		
B / Victoria	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	1	1	3		
B / no lineage	2	1	0	0	3	2	1	2	1	3	3	7	3	22	13	10	5	5	7	90		

Table 1b. Influenza positive¹ cases reported² statewide and county by age group, Delaware 2018-19

Confirmed Flu Cases by Age Group	Wks 40-49	Wk 50	Wk 51	Wk 52	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11	Wk 12	Wk 13	Wk 14	Wk 15	YTD	YTD Total	YTD County %
STATEWIDE																						
0-4 years	38	25	40	62	58	55	69	77	87	121	128	137	114	101	116	59	33	19	23	1,362	6,321	
5-24 years	48	31	64	48	28	36	65	91	161	248	223	255	200	195	129	73	52	42	24	2,013		
25-49 years	45	20	45	54	48	32	57	71	80	114	82	120	93	93	73	49	37	20	17	1,150		
50-64 years	28	16	17	31	33	24	37	46	56	69	81	96	53	81	64	39	28	23	17	839		
65+ years	29	6	13	29	39	20	27	38	43	79	87	80	96	98	96	71	49	27	30	957		
New Castle County																						
0-4 years	12	10	21	28	17	25	25	45	42	58	42	44	45	33	41	26	12	6	7	539	2,403	38.0%
5-24 years	14	18	27	20	12	14	22	40	64	86	73	108	75	48	38	32	20	17	5	733		
25-49 years	14	11	13	21	16	17	25	39	51	36	50	30	27	26	14	7	6	4	4	432		
50-64 years	9	9	9	7	8	14	17	20	24	31	34	34	21	32	22	12	11	7	6	327		
65+ years	10	3	5	9	14	8	13	20	13	34	44	34	39	33	44	17	16	8	8	372		
Kent County																						
0-4 years	19	10	9	8	18	7	13	11	15	34	25	54	39	35	38	18	9	5	5	372	1,670	26.4%
5-24 years	27	10	24	10	7	5	16	19	28	64	52	53	67	60	52	21	13	9	14	551		
25-49 years	27	7	17	13	10	7	13	18	14	35	17	27	25	33	18	12	16	7	4	320		
50-64 years	14	2	6	13	6	2	4	9	13	17	17	23	10	18	18	14	6	8	5	205		
65+ years	14	2	0	12	13	3	2	7	9	17	22	12	18	27	13	24	16	9	2	222		
Sussex County																						
0-4 years	7	5	10	26	23	23	31	21	30	29	61	39	30	33	37	15	12	8	11	451	2,248	35.6%
5-24 years	7	3	13	18	9	17	27	32	69	98	98	94	58	87	39	20	19	16	5	729		
25-49 years	4	2	15	20	22	8	19	28	27	28	29	43	38	33	29	23	14	7	9	398		
50-64 years	5	5	2	11	19	8	16	17	19	21	30	39	22	31	24	13	11	8	6	307		
65+ years	5	1	8	8	12	9	12	11	21	28	21	34	39	38	39	30	17	10	20	363		

¹ Based on patients with positive nucleic acid or viral culture test results reported to the Division of Public Health.

² Reports are by the date the laboratory results are obtained. As a result, prior weeks' counts may be adjusted to reflect additional cases received.

³ The Division of Public Health Laboratory now has the capability to identify lineage for Influenza B. Since some laboratories in the state do not have this capability, those influenza cases are categorized as Influenza B, no lineage identified.

Figure 1. Confirmed cases¹ of influenza by type and subtype/lineage, Delaware 2018-2019 influenza season*

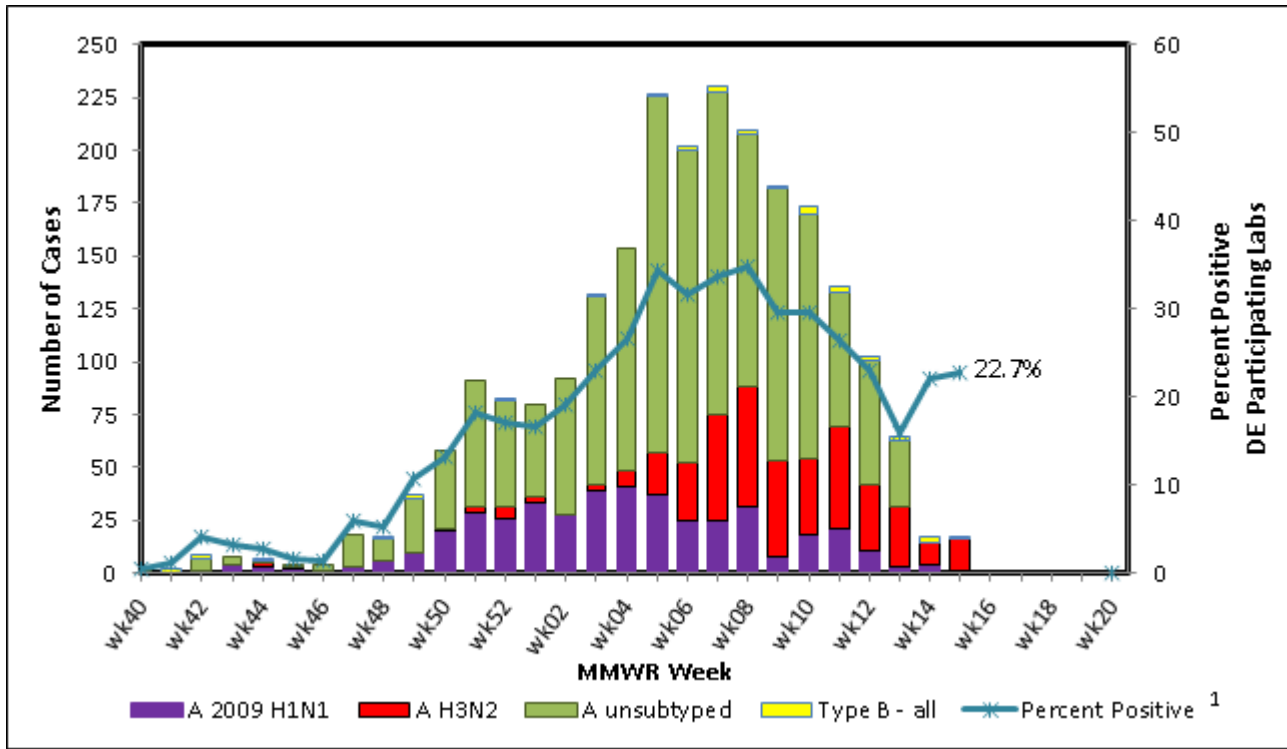


Table 2. Influenza-related hospitalizations statewide and county, by age group, Delaware 2018-19

Hospitalized Flu Cases by Age Group		Wks 40-49	Wk 50	Wk 51	Wk 52	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11	Wk 12	Wk 13	Wk 14	Wk 15	YTD	YTD Total	YTD County %
STATEWIDE	0-4 years	1	2	5	4	2	5	5	8	1	12	5	9	9	1	3	4	1	0	2	79	1,035	
	5-24 years	0	1	5	0	1	2	4	4	5	4	7	4	4	2	4	5	1	0	0	53		
	25-49 years	7	3	3	4	5	4	7	11	9	8	8	9	8	9	6	3	6	4	0	114		
	50-64 years	7	9	6	14	9	6	12	14	21	17	27	25	10	37	17	11	11	4	4	261		
	65+ years	19	5	7	18	24	10	17	30	21	45	48	42	40	54	54	36	31	12	15	528		
New Castle County	0-4 years	0	1	1	2	1	3	4	6	1	5	4	7	6	0	1	4	1	0	1	48	516	49.9%
	5-24 years	0	1	4	0	1	2	2	3	3	2	6	1	4	1	4	4	1	0	0	39		
	25-49 years	3	2	1	2	2	3	5	5	6	7	5	6	4	3	5	2	3	1	0	65		
	50-64 years	2	6	1	4	2	4	7	6	9	10	14	9	5	18	7	4	7	2	1	118		
	65+ years	6	2	4	5	11	7	8	19	6	22	28	19	20	24	27	11	14	7	6	246		
Kent County	0-4 years	0	1	3	1	1	0	0	0	0	4	0	2	0	0	1	0	0	0	0	13	240	23.2%
	5-24 years	0	0	0	0	0	0	1	0	1	1	0	1	0	0	0	0	0	0	0	4		
	25-49 years	4	1	2	1	2	0	1	3	2	0	1	1	2	0	1	0	2	2	0	25		
	50-64 years	4	1	4	7	3	0	1	4	9	5	8	9	2	8	4	4	2	0	2	77		
	65+ years	10	2	0	6	7	0	1	6	5	9	11	6	10	13	9	13	9	3	1	121		
Sussex County	0-4 years	1	0	1	1	0	2	1	2	0	3	1	0	3	1	1	0	0	0	1	18	279	27.0%
	5-24 years	0	0	1	0	0	0	1	1	1	1	1	2	0	1	0	1	0	0	0	10		
	25-49 years	0	0	0	1	1	1	1	3	1	1	2	2	2	6	0	1	1	1	0	24		
	50-64 years	1	2	1	3	4	2	4	4	3	2	5	7	3	11	6	3	2	2	1	66		
	65+ years	3	1	3	7	6	3	8	5	10	14	9	17	10	17	18	12	8	2	8	161		

Table 3. Influenza-related deaths, Delaware 2018-19

Influenza-Related Deaths	Wks 40-49	Wk 50	Wk 51	Wk 52	Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11	Wk 12	Wk 13	Wk 14	Wk 15	YTD
	0	0	0	1	2	2	0	2	4	1	1	2	2	1	1	1	3	1	0	24

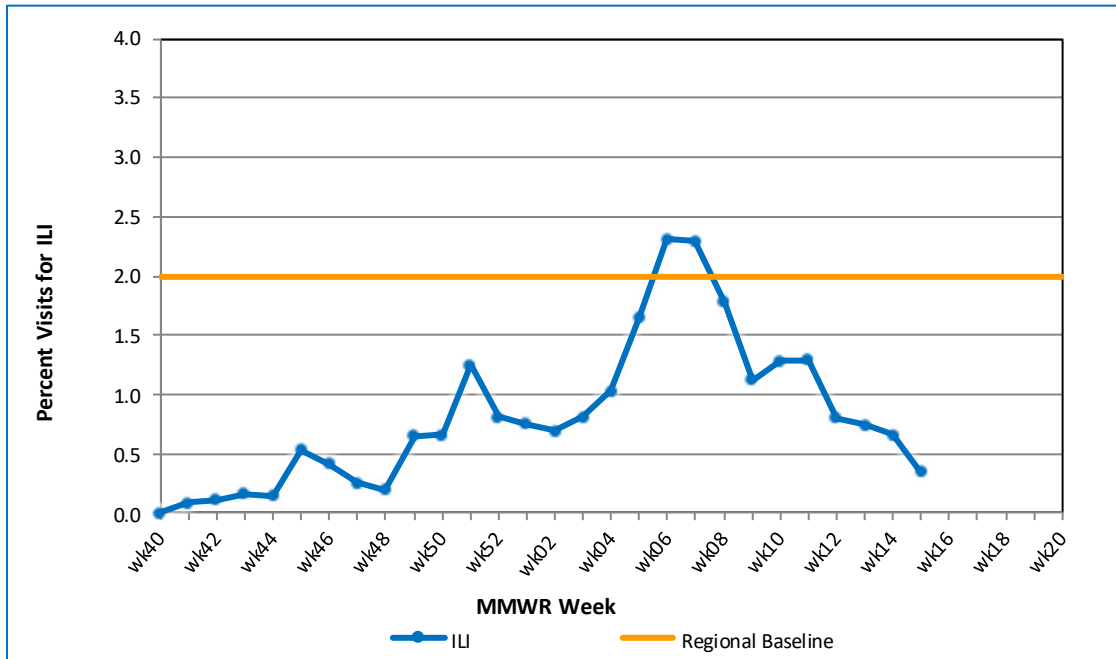
Table 4. Annual number of influenza cases reported by flu season, Delaware 2004-05 through 2018-19

Influenza Season	Total Annual Influenza Cases
2004 – 2005	995
2005 – 2006	541
2006 – 2007	508
2007 – 2008	1,401
2008 – 2009	738
2009 – 2010	2,247
2010 – 2011	1,479
2011 – 2012	267
2012 – 2013	1,781
2013 – 2014	1,842
2014 – 2015	2,390
2015 – 2016	1,842
2016 – 2017	4,590
2017 – 2018	9,051
2018 – 2019 (YTD)	6,321

U.S. Outpatient Influenza-Like Illness Surveillance Network (ILINet) Sentinel Providers

An ILINet (sentinel) provider conducts surveillance for influenza-like illness (ILI) in collaboration with the Delaware Division of Public Health and the Centers for Disease Control and Prevention (CDC). Data reported by ILINet providers, in combination with other influenza surveillance data, provide a national and statewide picture of influenza activity in the U.S.

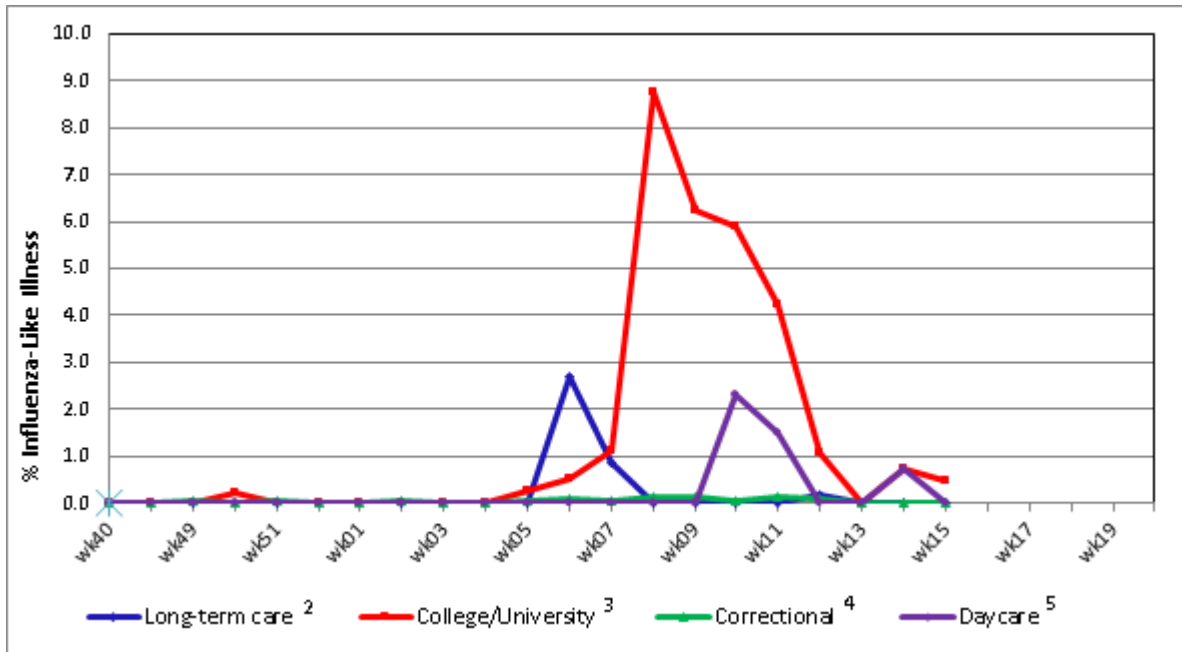
Figure 2. Percentage of visits for influenza-like illness reported by sentinel providers¹ participating in the U.S. Outpatient ILI Surveillance Network (ILINet), Delaware 2018-19



¹ Ten of 12 sentinel providers reported.

² Regional baseline is calculated by CDC using non-influenza weeks from the previous three influenza seasons. Delaware is in Region 3 that also includes DC, MD, PA, VA and WV.

Figure 3. Influenza-like illness reported by influenza surveillance ILI reporting partners¹, Delaware 2018-19



¹ ILINet reporting partners include long-term care facilities, colleges / universities, correctional facilities and daycare facilities.
² % ILI= percentage of residents with ILI symptoms. Seven long-term care facilities reported.
³ % ILI= percentage of student visits for ILI; Two universities reported.
⁴ % ILI= percentage of visits for ILI at the correctional facility; Nine correctional facilities reported.
⁵ % ILI= percentage of children absent with ILI; One daycare provider reported.

Figure 4a. Percentage of emergency department (ED) visits due to ILI/Flu by MMWR Week, Delaware, 2018-19

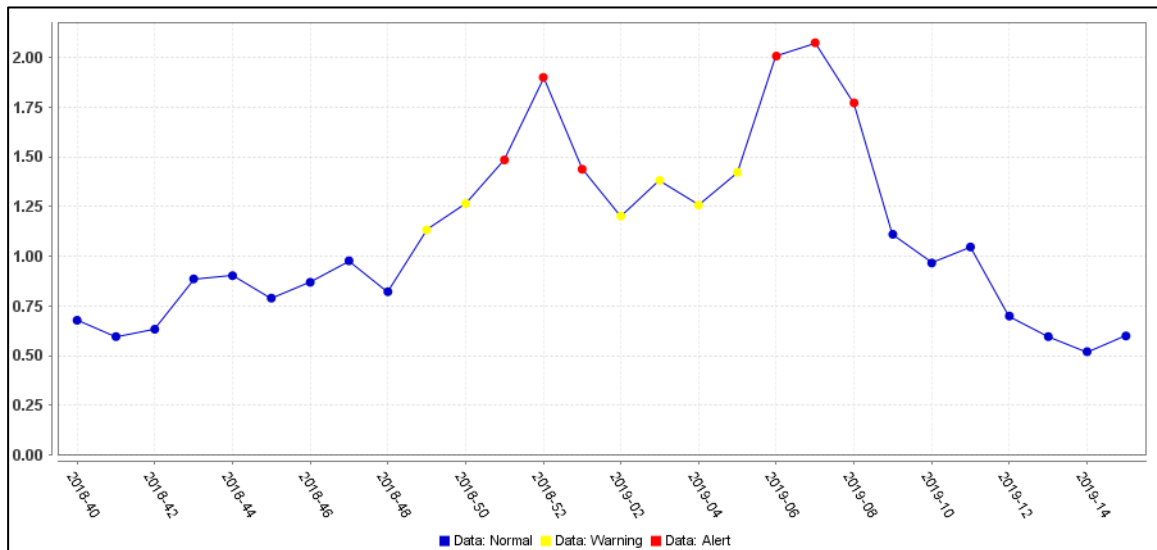


Figure 4b. County-specific percentages of ED visits due to ILI/Flu by MMWR Week, Delaware 2018-19

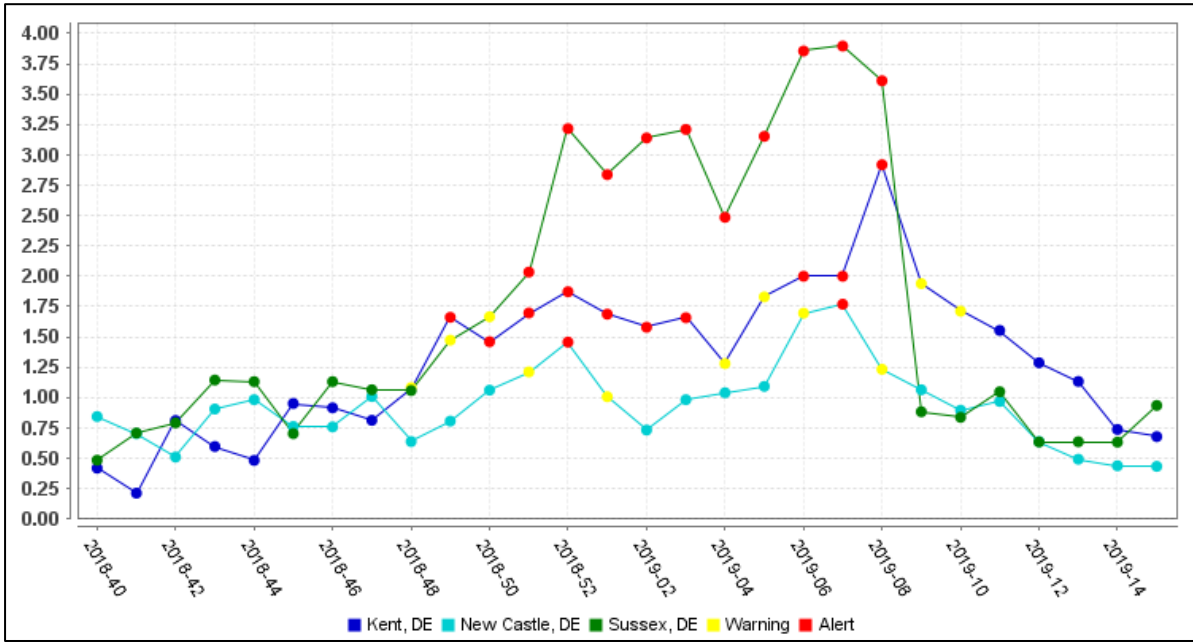


Figure 5a. Number of ED visits due to Respiratory Syncytial Virus (RSV) by MMWR Week, Delaware, 2018-19

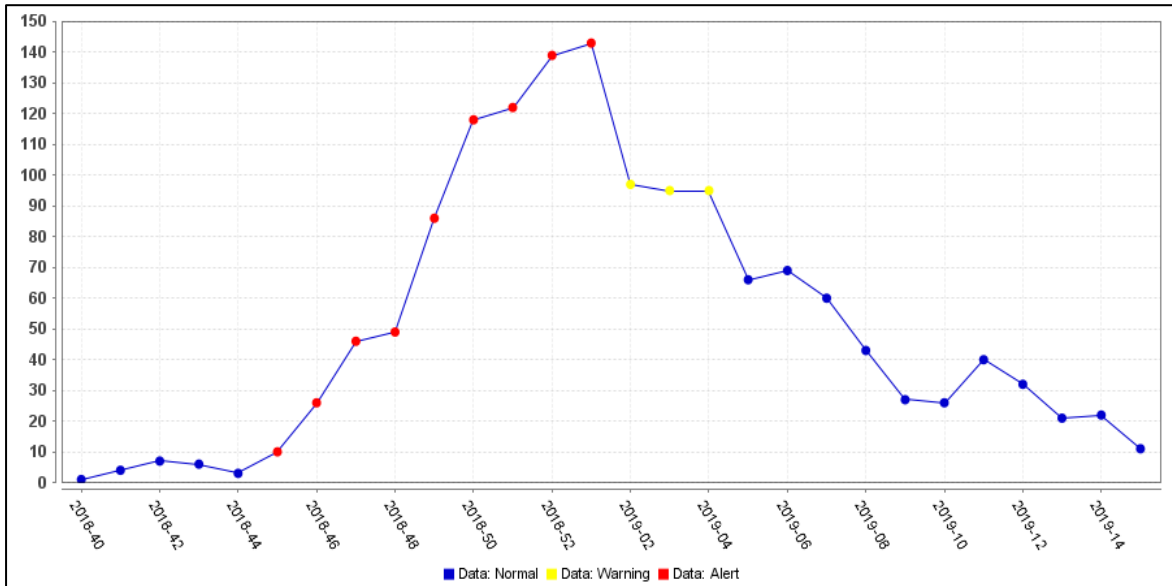
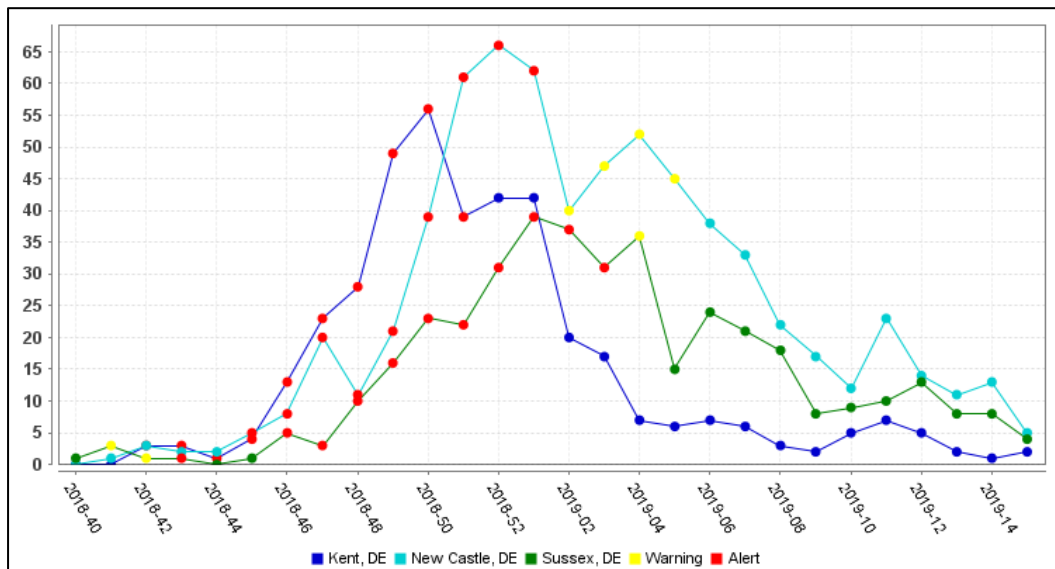


Figure 5b. County-specific numbers of ED visits due to RSV by MMWR Week, Delaware, 2018-19



Summary of Worldwide Influenza Activity

Worldwide, seasonal influenza A viruses accounted for the majority of detections.

In the temperate zone of the northern hemisphere influenza activity decreased overall. In the temperate zones of the southern hemisphere, influenza activity remained at inter-seasonal levels, with the exception of some parts of Australia where influenza activity remained above inter-seasonal levels.

In North America, influenza activity appeared to decrease with influenza A(H3N2) the dominant virus, followed by influenza A(H1N1)pdm09.

In the United States and Canada, influenza activity continued decreasing but A(H3N2) virus caused an increased amount of the activity

In the Caribbean, Central American countries, and the tropical countries of South America, influenza and RSV activity were low in general.

In Europe, influenza activity decreased across the continent. Both influenza A viruses co-circulated; influenza A(H3N2) was the most frequently identified subtype.

In North Africa, influenza detections were low across reporting countries.

In Western Asia, influenza activity appeared to decrease overall, with exception of Saudi Arabia where activity remained elevated. In East Asia, although decreased influenza activity continued to be reported. Influenza B was the most frequently detected virus followed by influenza A(H3N2). In Southern Asia, influenza activity continued to decrease with influenza A(H1N1)pdm09 virus predominating.

Reference: World Health Organization (WHO), 2019. Influenza Update number 339 (4/15/2019). Retrieved 4/22/19 from http://www.who.int/influenza/surveillance_monitoring/updates/latest_update_GIP_surveillance/en/ Reports are updated biweekly.

NOTE: Data provided do not reflect the total number of individuals who have been infected with the influenza virus in Delaware during the reporting period due to the following factors:

- Many people ill with influenza-like symptoms do not seek medical care.
- Many who do seek medical care are not tested for influenza.
- The Delaware Public Health Laboratory is limited by capacity to processing a maximum of three specimens per day from each reporting entity.

The Delaware Division of Public Health (DPH) is committed to serving you better by providing the most accurate, up-to-date influenza data available.

- For general information on influenza, visit flu.delaware.gov or <http://dhss.delaware.gov/dhss/dph/dpc/immunize-flu.html>.
- For specific information on DPH flu clinics, visit <http://dhss.delaware.gov/dhss/dph/fluclinics.html>.
- For questions on Delaware’s weekly flu report, call the DPH Office of Infectious Disease Epidemiology: 302-744-4990.
- For questions regarding influenza vaccination, please call 302-744-1060.