

The DPH Bulletin

From the Delaware Division of Public Health

November 2018



Division of Public Health (DPH) Director Dr. Karyl Rattay, far left, visited Delaware Technical Community College's Wilmington campus on Oct. 30 to celebrate Radiation Protection Week with Radiologic Technology students and professors. Also pictured are Frieda Fisher-Tyler (second from left), who leads DPH's Office of Radiation Control; Authority on Radiation Protection Chair Dr. Frances Esposito (third from left); and DTCC President Dr. Mark Brainard, third from right. Photo by Donna Sharp.

DPH and partners celebrate Radiation Protection Week Nov. 4-10, 2018

Division of Public Health Director Dr. Karyl Rattay and the Office of Radiation Control (ORC) traveled to Delaware Technical Community College's (DTCC) Wilmington campus on Oct. 30 to celebrate Radiation Protection Week, which Governor John Carney proclaimed as November 4-10, 2018 in Delaware. DTCC's Radiologic Technology students are educated through a partnership with Christiana Care Health System to achieve national credentials in radiologic technology, nuclear medicine technology, and dental assisting. ORC certifies radiation technologists and technicians, and inspects radiation service sites and equipment.

Visit the Authority on Radiation Protection at www.deradiationprotection.org to learn how radiation protects and enhances personal health.

Diabetes Wellness Expo is Nov. 13

The Delaware Diabetes Coalition is hosting the 2018 Diabetes Wellness Expo on Nov. 13, 2018 from 9:00 a.m. to 3:00 p.m. at the Dover Downs Conference Center, located at 1131 N. DuPont Hwy. in Dover, Delaware. Free admission provides access to diabetes information, exhibitors, giveaways, health screenings, and educational information on diabetes management, nutrition, exercise, and related health issues. For more information, visit www.dediabetescoalition.org or call 302-388-9728.



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health

Expedited Partner Therapy now legally permitted in Delaware

Expedited Partner Therapy (EPT) is now allowed by law in Delaware, following the signing of Senate Bill 157. EPT is the clinical practice of treating the sexual partners of patients clinically diagnosed with an STD by providing a prescription, or dispensing medications to the patient to take to his/her partner without the health care provider first examining the partner. EPT's purpose is to decrease the rate of reinfection and transmission of STDs to other partners.



EPT is not a mandate. For more information, visit DPH's EPT website: <http://www.dhss.delaware.gov/dhss/dph/dpc/ept.html>.

Prepare now for winter weather

When the leaves fall, review how prepared you are for winter storms, extreme cold, and power outages. The Delaware Emergency Management Agency (DEMA) provides these suggestions:

- Have a household emergency kit containing water and food for household members and pets. Also keep an emergency kit in your vehicle. Visit PrepareDE.org for helpful checklists.
- Keep extra blankets on hand and within reach. Each household member should have a warm coat, gloves or mittens, a hat, and water-resistant boots. Hypothermia, when the body becomes chilled, can be deadly.
- Stay inside during storms.
- Keep gas tanks full in case of emergency and to prevent fuel lines from freezing.
- Avoid unnecessary driving during storms and be aware of traffic restrictions before you drive. Let someone know your destination, your route, and when you expect to arrive.
- A winter storm WARNING means that severe weather such as heavy snow or ice is coming. A BLIZZARD WARNING means to expect strong winds, blinding wind-driven snow, and dangerous wind chill. Seek shelter immediately!