The Charting the LifeCourse (CtLC) Framework is a set of principles and tools that help individuals and families plan for their future and articulate their goals. The Division of Developmental Disabilities Services (DDDS) has introduced the CtLC Framework to individuals and families who are eligible for DDDS services. This framework is used as part of the person-centered planning process to support individuals in identifying the information and resources they need to achieve a good life.

DDDS has also introduced the CtLC Framework internally and with Agency Partners for strategic planning purposes. By using this framework, DDDS aims to identify and strengthen resources and services that can better support families.

To further promote the understanding and application of the CtLC Framework, DDDS has established the BUCKET Club. This club serves as a virtual and interactive learning forum where individuals, families, and professionals from the disability community in Delaware can come together. The club also welcomes participants from the community at large. The main objective of The BUCKET Club is to centralize resources and provide a platform for capacity-building in applying the CtLC Framework.

Each month, The BUCKET Club focuses on a new topic related to the CtLC Framework. The club provides guided conversations and implementation strategies for participants, allowing them to plan, problem-solve, articulate their needs, and identify supports to achieve their goals. A representative from the Division of Developmental Disabilities is involved in each month's activities to offer guidance and support.

Overall, the BUCKET Club and the CtLC Framework aim to empower individuals and families with disabilities by providing them with the necessary tools, resources, and support to create a meaningful and fulfilling life plan.



Guided Implementation of Charting the Lifecourse Framework for any Individual, Family, or Professional

## **August Topic**

PLANNING WITH THE TRAJECTORY

Wednesdays Noon
&
Saturdays 9:00am

Wed 8/16, Sat 8/26

On Zoom

Meeting ID: 842 4147 0391

Passcode: 609542



