



**DELAWARE HEALTH & SOCIAL SERVICES  
DIVISION OF DEVELOPMENTAL DISABILITIES SERVICES**

**Medical Appointment Information Record [MAIR]**

**Name:** \_\_\_\_\_ **MCI:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Ht:** \_\_\_\_\_ **Wt:** \_\_\_\_\_ **BP:** \_\_\_\_\_ **P:** \_\_\_\_\_ **Temp:** \_\_\_\_\_

**Doctor seen:** \_\_\_\_\_ **Specialty:** \_\_\_\_\_

**Known Drug Allergies:** \_\_\_\_\_

**Symptoms Present:**

\_\_\_\_\_

**Physical findings:**

\_\_\_\_\_

**Tests Done:**

\_\_\_\_\_

**Diagnosis and Prognosis:**

\_\_\_\_\_

**Restrictions:**

\_\_\_\_\_

**Prescriptions & Treatment:**

\_\_\_\_\_

**Return Appointment Date:** \_\_\_\_\_

**Signature of Doctor:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

NAME: \_\_\_\_\_

**MEDICAL APPOINTMENT CHECKLIST**

This form must be completed and taken on every doctor's appointment:

- **The following items must accompany you on this appointment:**

<input type="checkbox"/> Medical Appointment Information Record	<input type="checkbox"/> COR (Client Oriented Record)
<input type="checkbox"/> Physical Exam form and Standing Medical Orders (for annual physical only)	<input type="checkbox"/> Current MAR

- **The following questions must be answered prior to the doctor's appointment:**

What is the nature (purpose) of this appointment?

- An annual physical                       A follow up appointment                       An illness

What symptoms are being experienced? How long have the symptoms been present? (Include when the illness started, how often does it occur and how long does it last?)

\_\_\_\_\_

Has this occurred before?  YES               NO      If yes when and what was done for it?

\_\_\_\_\_

What has been done for the individual to help with this condition?

\_\_\_\_\_

Signature/Title: \_\_\_\_\_ Date: \_\_\_\_\_

=====

At the end of the appointment, these questions should be asked of the doctor:

What care is being ordered?

\_\_\_\_\_

If medication is prescribed, what is the medication supposed to do? (What is the desired effect?)

\_\_\_\_\_

Are there any side effects that we should be concerned about?

\_\_\_\_\_

Signature/Title: \_\_\_\_\_ Date: \_\_\_\_\_