



Division of Developmental Disabilities Services

## The Learning Curve

*“Enhancing the Knowledge of DDDS Professionals”*

### Supplemental Review Questions

September 15, 2011/Volume 4 Issue 8

### The Fatal Four: *“Overview: Four Major Challenges that Impact People with Developmental Disabilities”*

#### Circle Either True or False

- 1) The Fatal Four are Aspiration, Dehydration, Constipation and Sterilization. (True or False)
- 2) Guidelines on how to prevent or minimize the risks of aspiration include changing diet consistency, texture and temperature. (True or False)
- 3) Individuals with developmental disabilities are less likely to have seizures. (True or False)
- 4) Dehydration occurs when the body loses more fluid than it replaces. (True or False)
- 5) Encouraging a healthy lifestyle does not help those with seizure disorders manage their condition. (True or False)

#### Fill in the Blanks

- 6) Stools are normal when they are soft, normal sized and passed easily out of the bowel. The frequency of bowel movements \_\_\_\_\_ from person to person.
- 7) Encouraging a healthy lifestyle helps those with \_\_\_\_\_ manage their condition.
- 8) Epilepsy is a disorder of the brain that is characterized by \_\_\_\_\_ seizures. Head injuries, brain tumors and brain \_\_\_\_\_ abnormalities are causes of epileptic seizures.
- 9) Aspiration is the inhalation of food, fluid, saliva, medication or other foreign \_\_\_\_\_ into the trachea and lungs.
- 10) Factors that place people at risk for constipation include neuromuscular \_\_\_\_\_ disorders.

