

THE FUTURE

Redefining Health Care Systems and Improving Health

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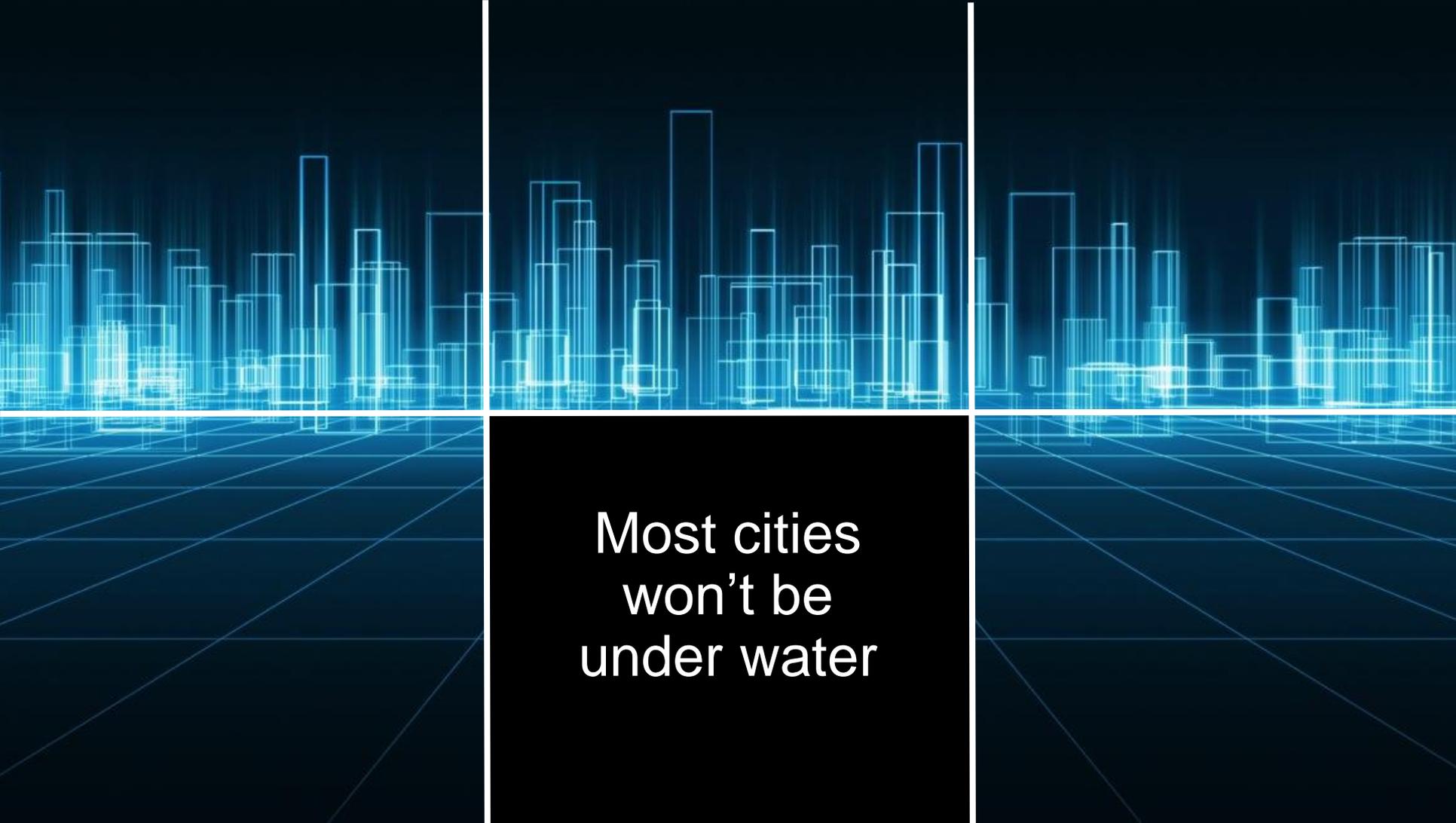


3 assumptions about the future

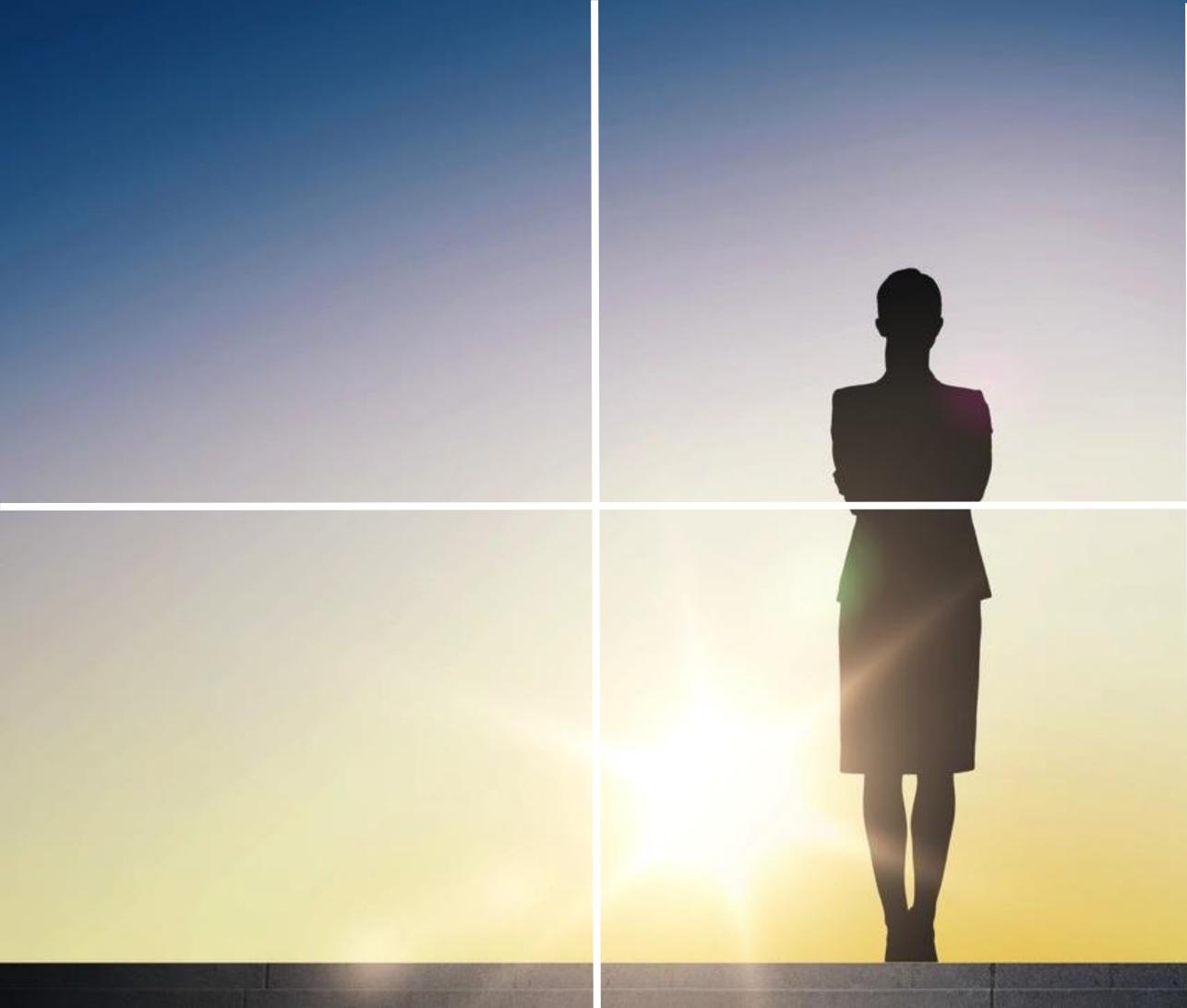


Humans
will exist



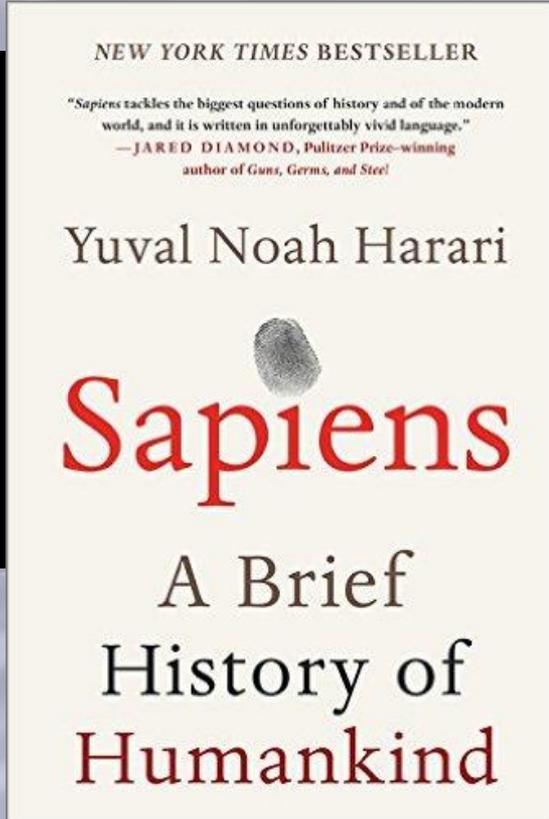


Most cities
won't be
under water



Women will not
be immortal;
therefore, men
will still exist

A few thoughts about the human race



God-like

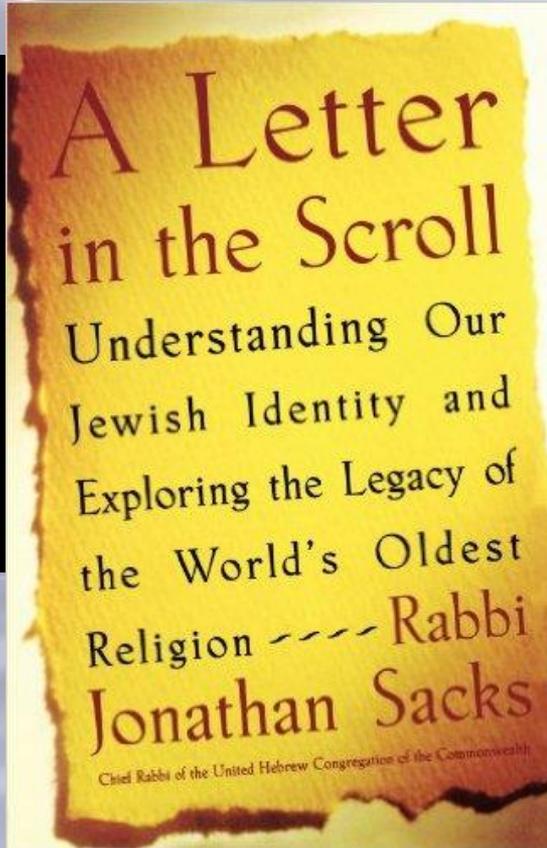


Undecided



Dangerous

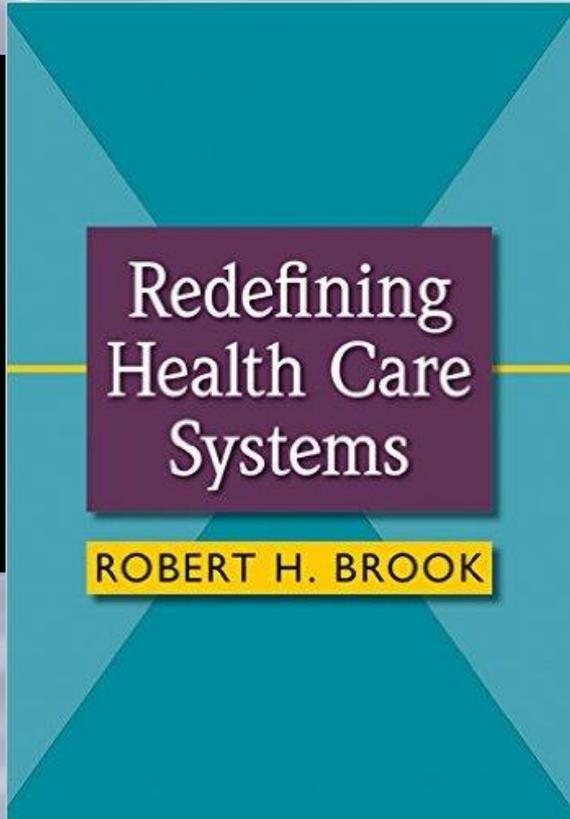
What is the function of a rabbi?*



“To redress the grievances of those who are abandoned or alone, to protect the dignity of the poor, and to save the oppressed from the hands of his oppressor” (Rabbi Hayyim of Brisk) *and add “to eliminate the teaching of hate to our children”*

*Or the head of a state health department?

What do I want in terms of health?



Basic science
makes us all
immortal



Eliminate
social
determinants

The background is a complex, abstract composition of light. It features a central bright point from which numerous thin, white lines radiate outwards, creating a starburst or sunburst effect. These lines intersect to form a grid-like pattern on the lower half of the image. The overall color palette is a range of light blues and whites, with a soft, ethereal glow. The text is centered and rendered in a clean, black, sans-serif font.

**We need
a movement to do
multiple things at once**

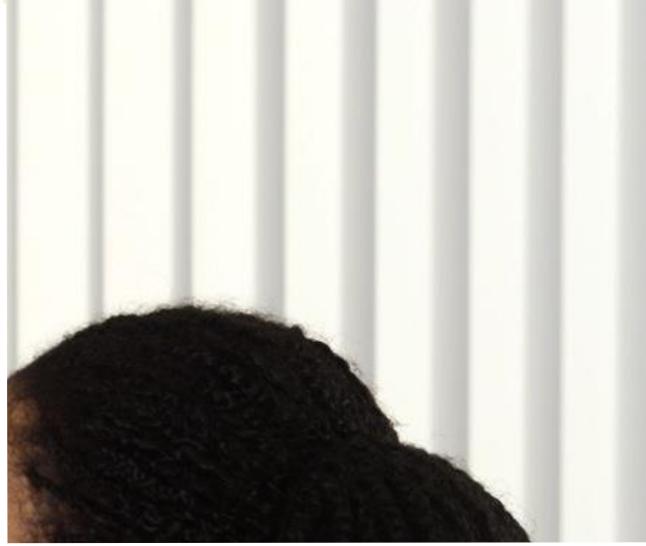


We The People



Everyone must
have insurance

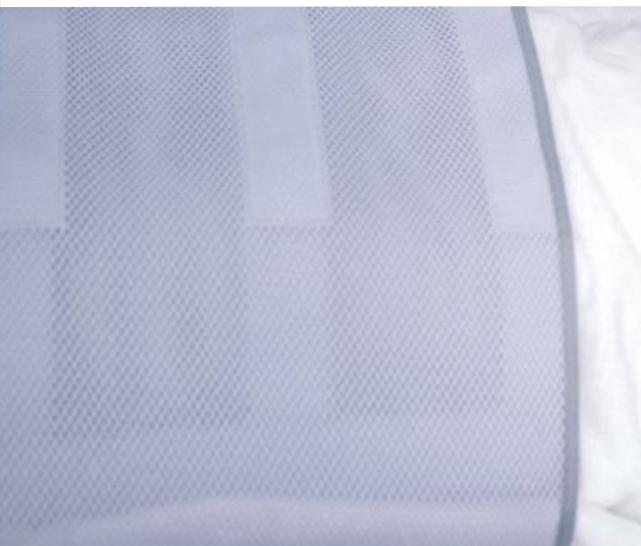




Simplify
health system
administration
and billing costs



Pay only for care that is effective and based on evidence.



People must be responsible, seek out preventative care, and take their medicine



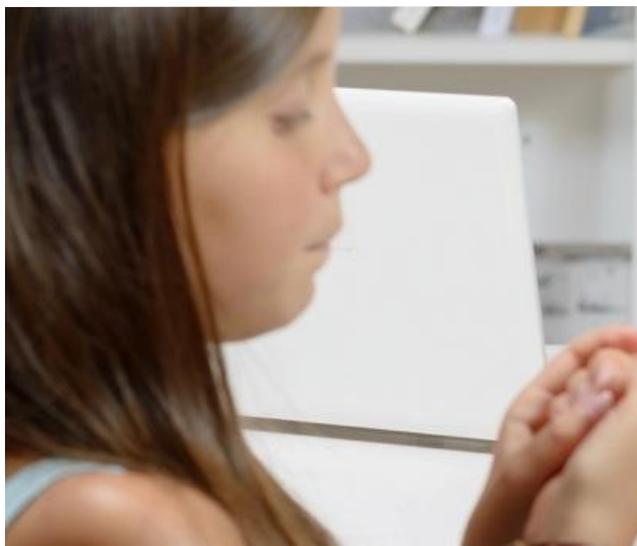


Work together to
build a healthy
environment and
reduce social
isolation

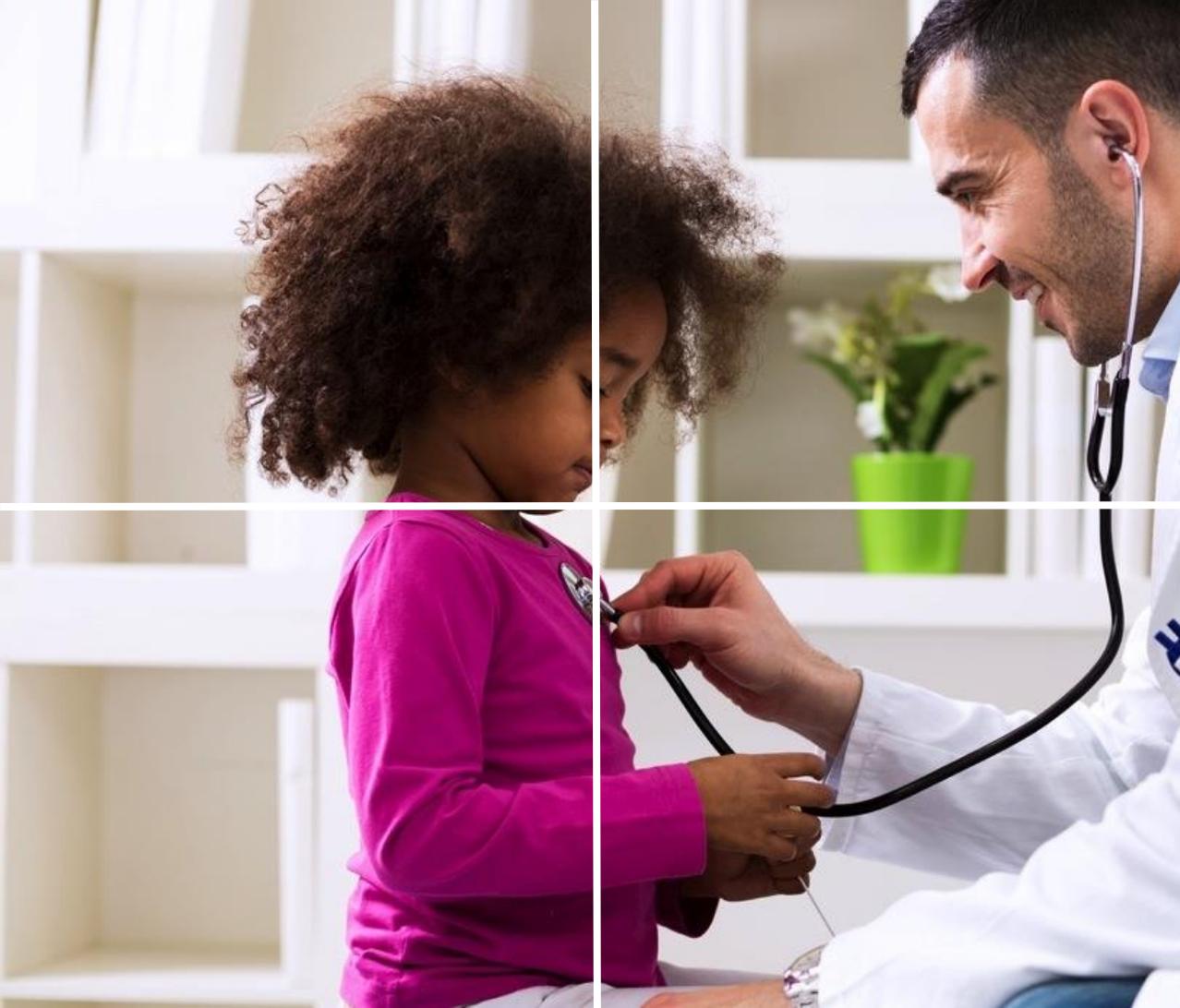




Accept that some effective but costly care can't be covered by insurance



Require parents to produce their child's report card at each visit



Urge parents
to demand
weekly feedback
from their
children's school

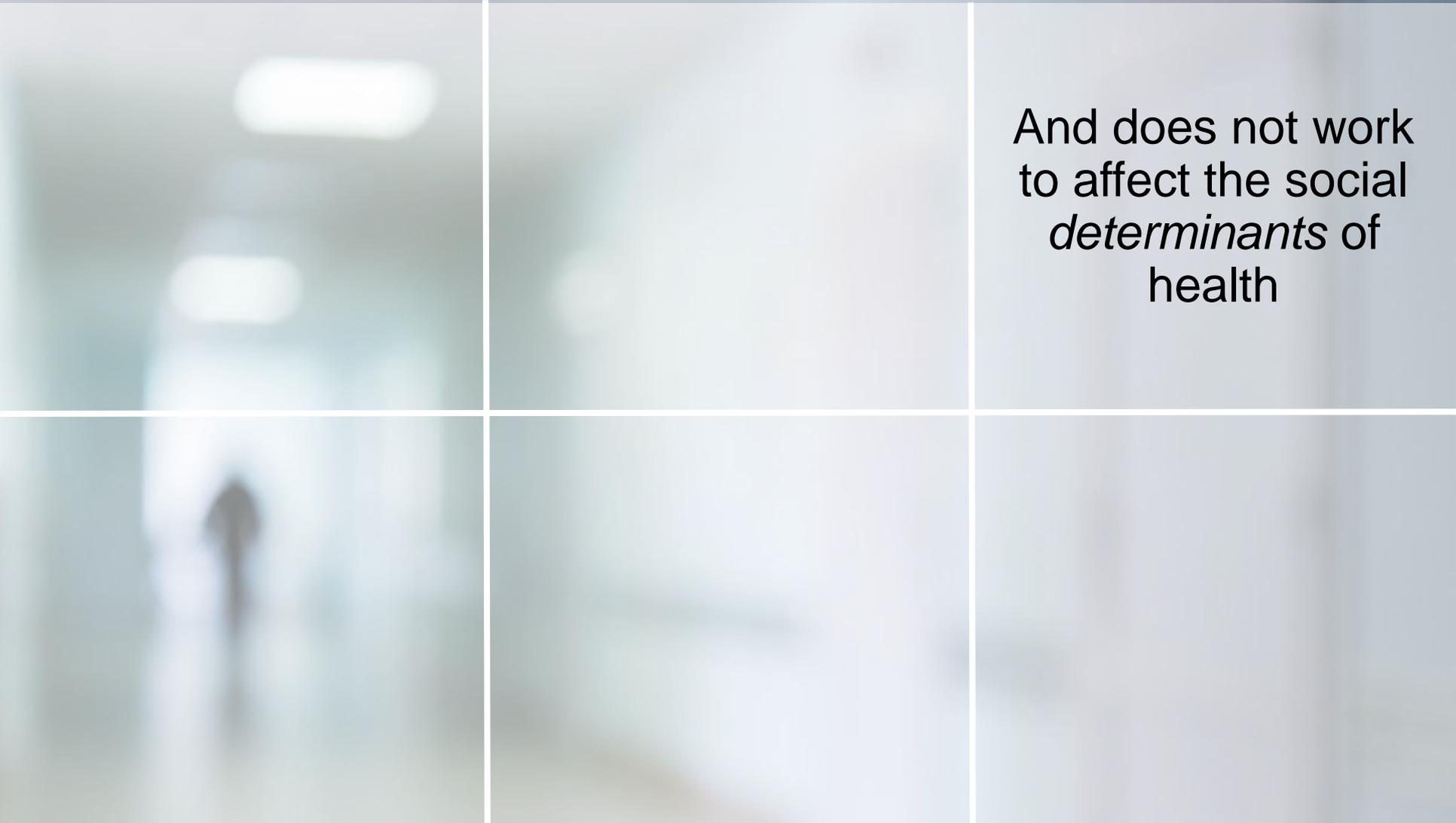
How many
people it
serves

The health
status of those
who are alive

How many people
died in the last
24 hours

How many
people died
a good death

Do not work
in any health
system that
does not know...



And does not work
to affect the social
determinants of
health

We need
disruptive
change



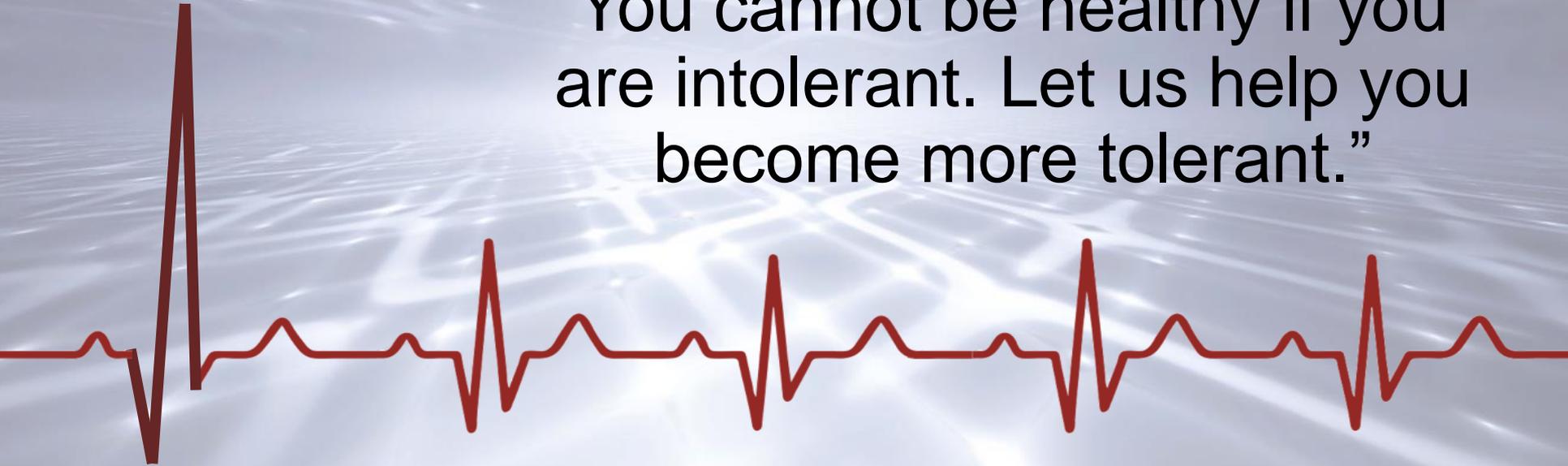
What
if...

health included
a measure of hate and
intolerance...



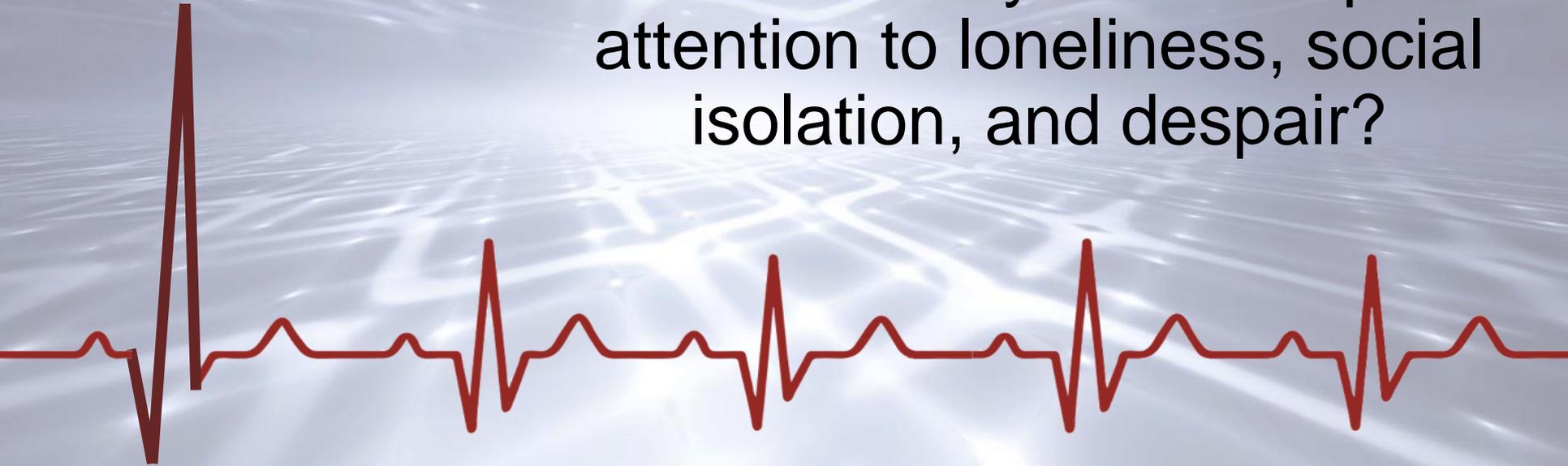
What if...

...and every health facility had a sign that said, “We are all here to improve your health. You cannot be healthy if you are intolerant. Let us help you become more tolerant.”



What if...

we integrated measurements
of health status into the
health care system and paid
attention to loneliness, social
isolation, and despair?



What

if...

we eliminated differences
in quality of care by doctor,
nurse, or health system?



What if...

we educated people in
school and providers and
gave them smart decision
tools to make wiser
choices?



What

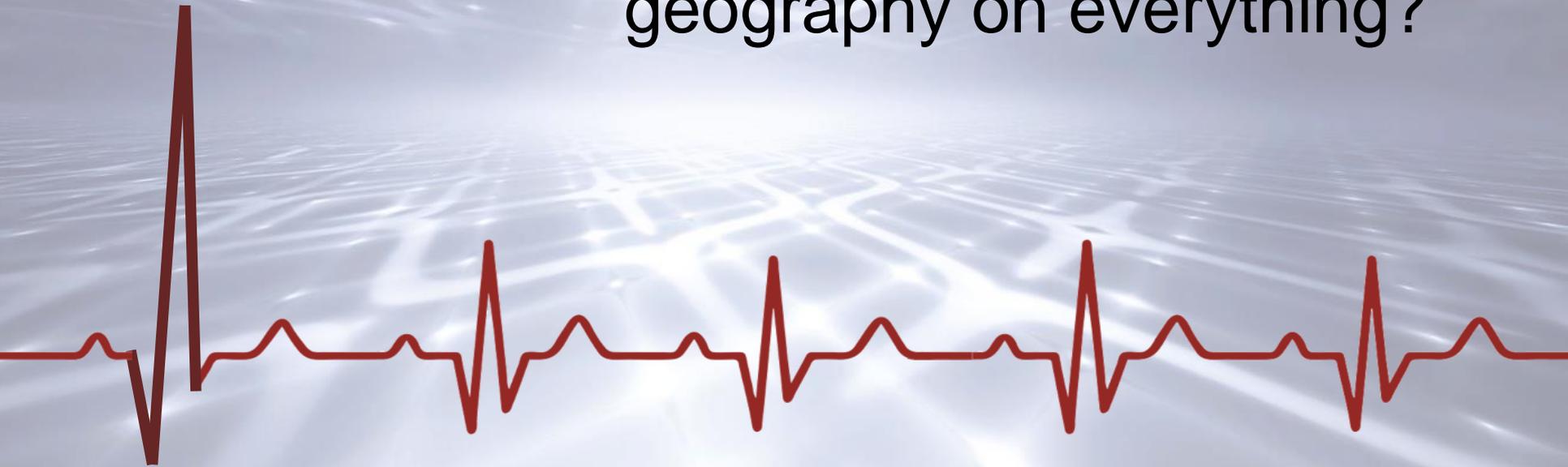
if...

cities and individuals
had trusted analytical tools
that allowed both to thrive



What if...

we eliminated the effect of
geography on everything?



What
if...

we eliminated the social
determinants of health?



What

if...

we dramatically altered how care is delivered to achieve value and control costs?



What

if...

academic medical centers
began educating doctors
for a value-based culture?



What

if...

all new policies were
evaluated on whether they will
reduce variation in health



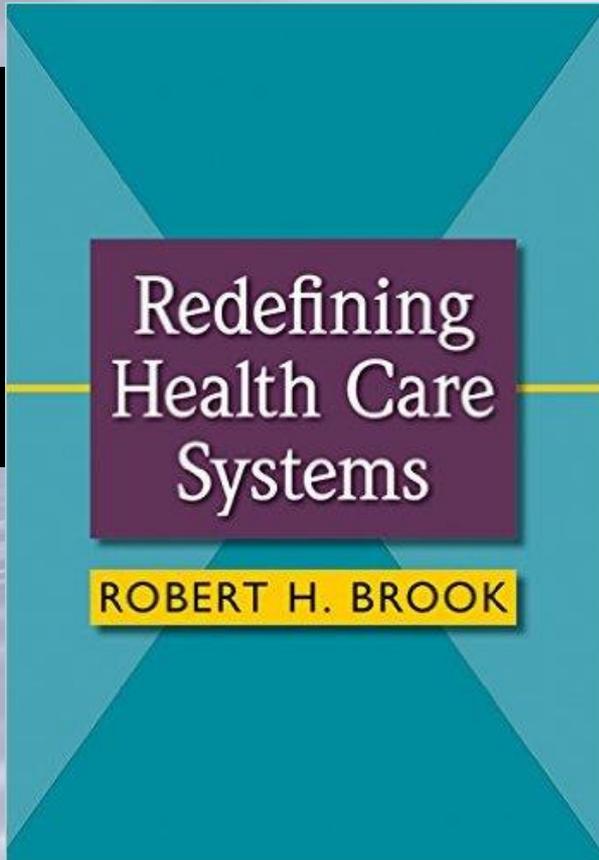
The background is a futuristic, abstract scene. It features a perspective view of a floor with a glowing grid pattern that recedes into the distance. The floor is composed of bright, interconnected lines that create a sense of depth and movement. Above the floor, there are numerous bright, glowing rays of light that fan out from a central point, creating a starburst effect. The overall color palette is dominated by cool blues and bright whites, giving it a clean, high-tech appearance. The text "Last but not least" is centered in the middle of the image in a simple, black, sans-serif font.

Last but not least



Be humble.
It's not
about you

Download the book for free



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[RAND.org](https://www.rand.org)



UCLA