

THE FUTURE

Redefining Health Care Systems
and Improving Health

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3 assumptions about the future

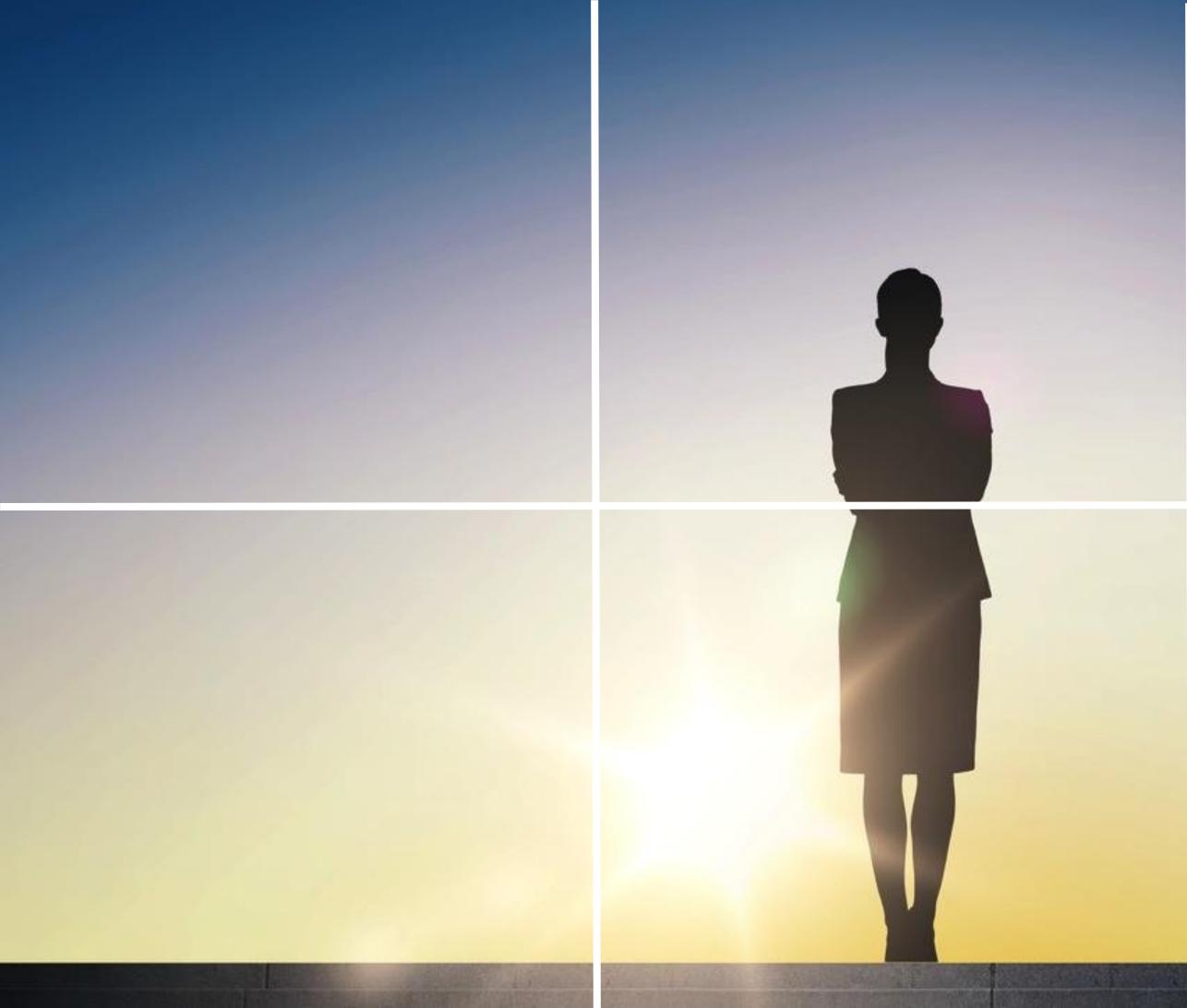


Humans
will exist



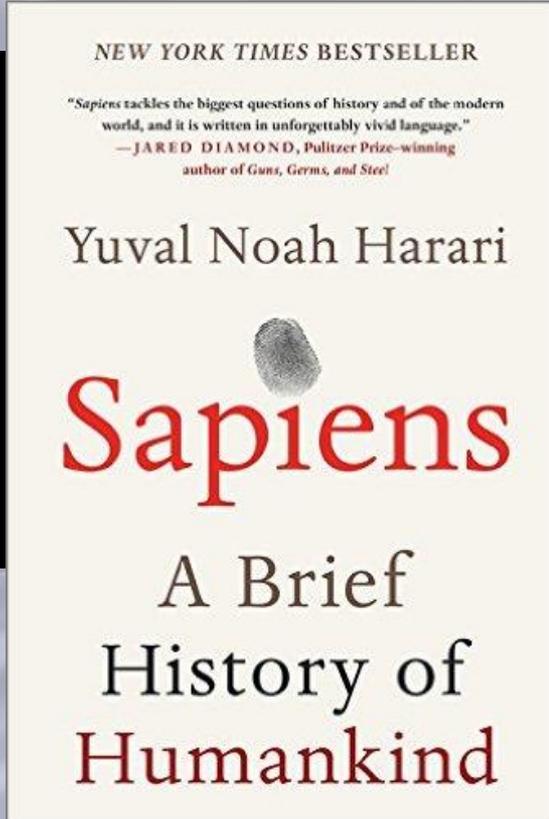


Most cities
won't be
under water



Women will not
be immortal;
therefore, men
will still exist

A few thoughts about the human race



God-like

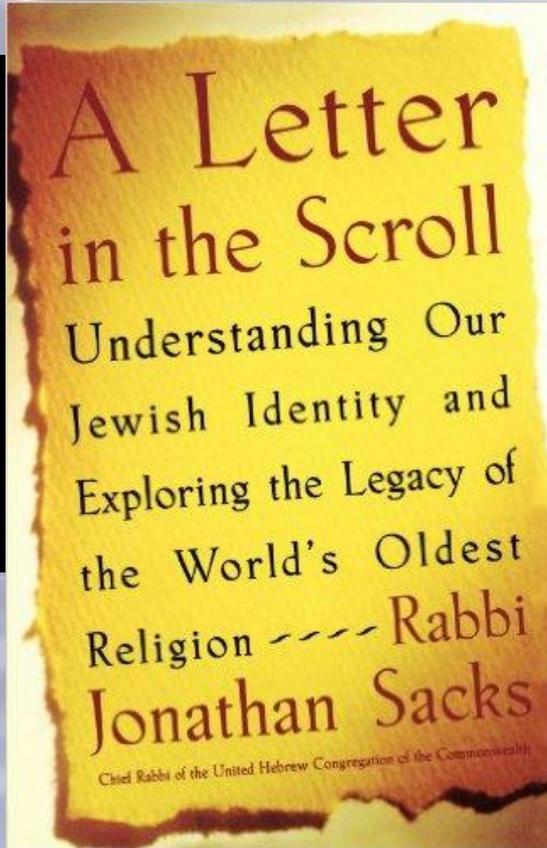


Undecided



Dangerous

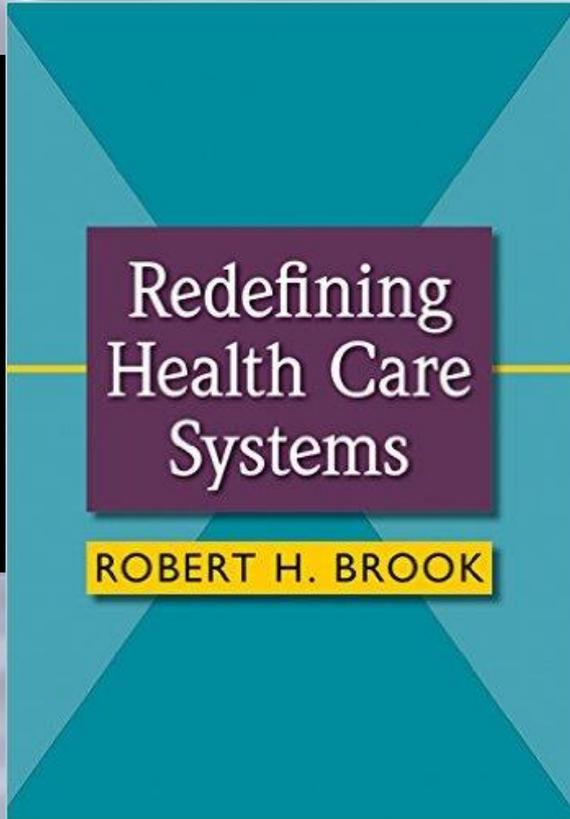
What is the function of a rabbi?*



“To redress the grievances of those who are abandoned or alone, to protect the dignity of the poor, and to save the oppressed from the hands of his oppressor” (Rabbi Hayyim of Brisk) *and add “to eliminate the teaching of hate to our children”*

*Or the head of a state health department?

What do I want in terms of health?



Basic science
makes us all
immortal



Eliminate
social
determinants

The background is a complex, abstract composition of light. It features a central point from which numerous bright, white light rays radiate outwards, creating a starburst or sunburst effect. These rays are set against a lighter, hazy blue background. In the lower portion of the image, there is a grid-like pattern of glowing white lines that recede into the distance, suggesting a perspective of a tiled floor or a digital grid. The overall aesthetic is clean, modern, and futuristic.

**We need
a movement to do
multiple things at once**



We The People



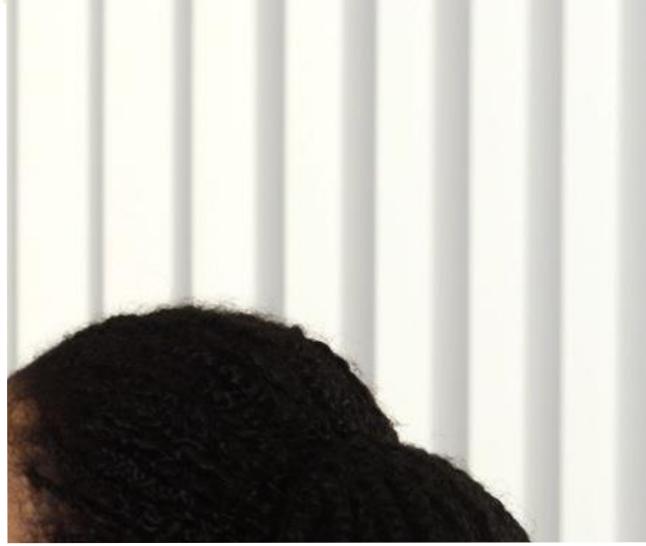
Everyone must
have insurance

A close-up photograph of a red and gold pen resting on a health insurance application form. The form contains various fields and checkboxes, including:

- STATE
- PATIENT'S DATE OF BIRTH (DD / YY)
- RELATIONSHIP TO INSURED (SPOUSE, CHILD, OTHER)
- PATIENT'S STATUS (Married, Full Time Student, Part-Time Student)
- PATIENT'S EMPLOYMENT?
- AN AUTO ACCIDENT?
- OTHER ACCIDENT?
- RESERVED

A close-up photograph of a blue stethoscope resting on a health insurance application form. The form contains various fields and checkboxes, including:

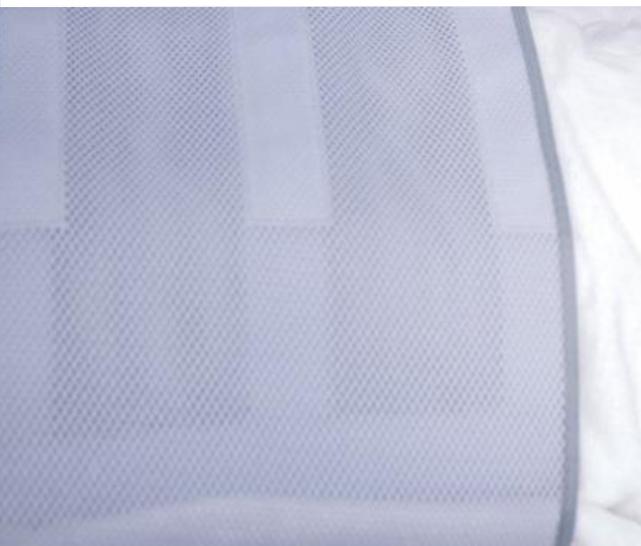
- INSURED'S NAME (First Name, Middle Initial, Last Name)
- INSURED'S ADDRESS (No., Street)
- CITY
- ZIP CODE



Simplify
health system
administration
and billing costs



Pay only for care
that is effective
and based on
evidence.



People must be responsible, seek out preventative care, and take their medicine



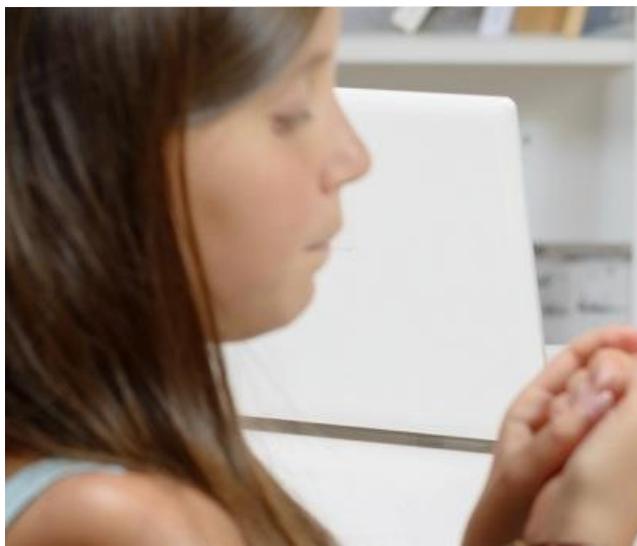


Work together to
build a healthy
environment and
reduce social
isolation





Accept that some effective but costly care can't be covered by insurance



Require parents to produce their child's report card at each visit



Urge parents
to demand
weekly feedback
from their
children's school



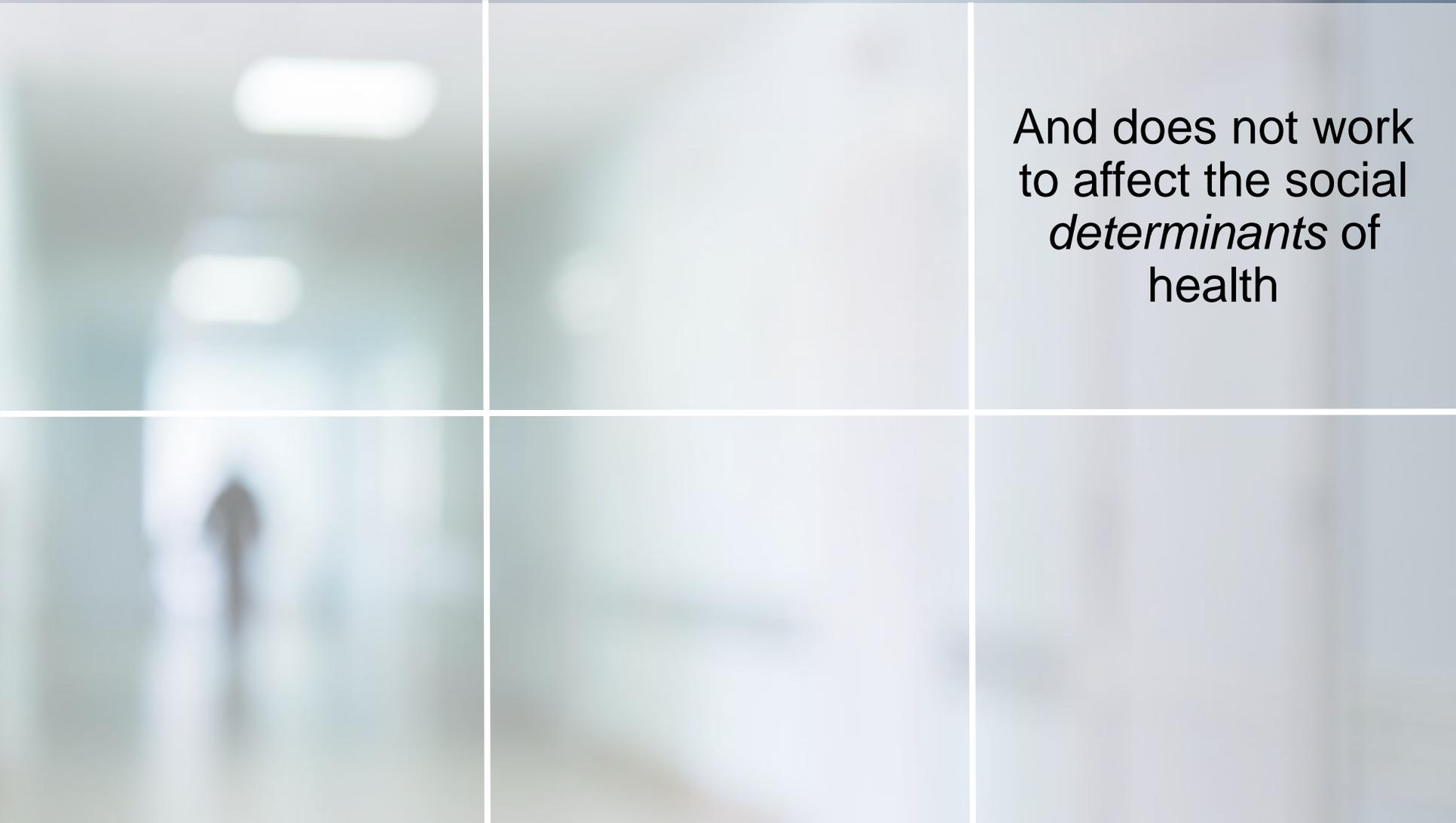
How many
people it
serves

The health
status of those
who are alive

How many people
died in the last
24 hours

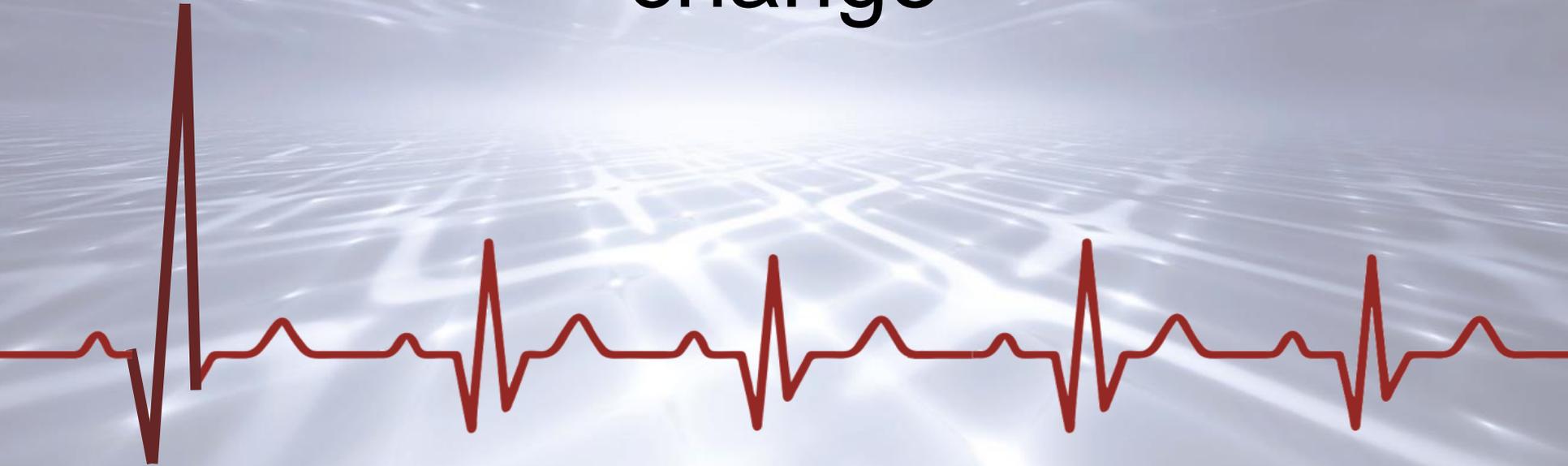
How many
people died
a good death

Do not work
in any health
system that
does not know...



And does not work
to affect the social
determinants of
health

We need
disruptive
change



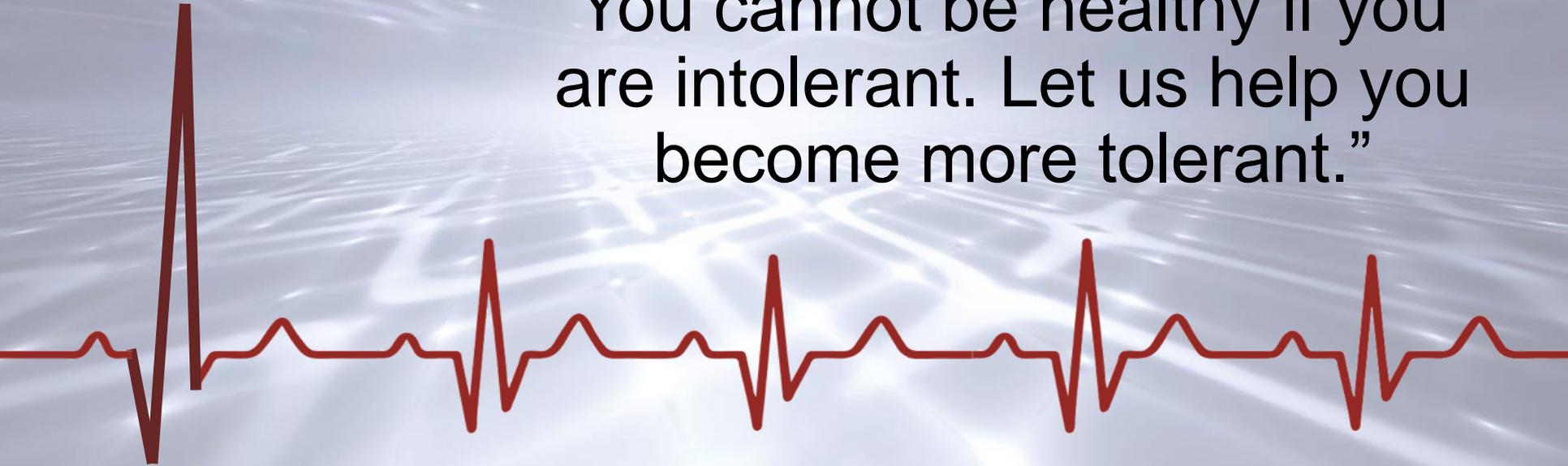
What
if...

health included
a measure of hate and
intolerance...



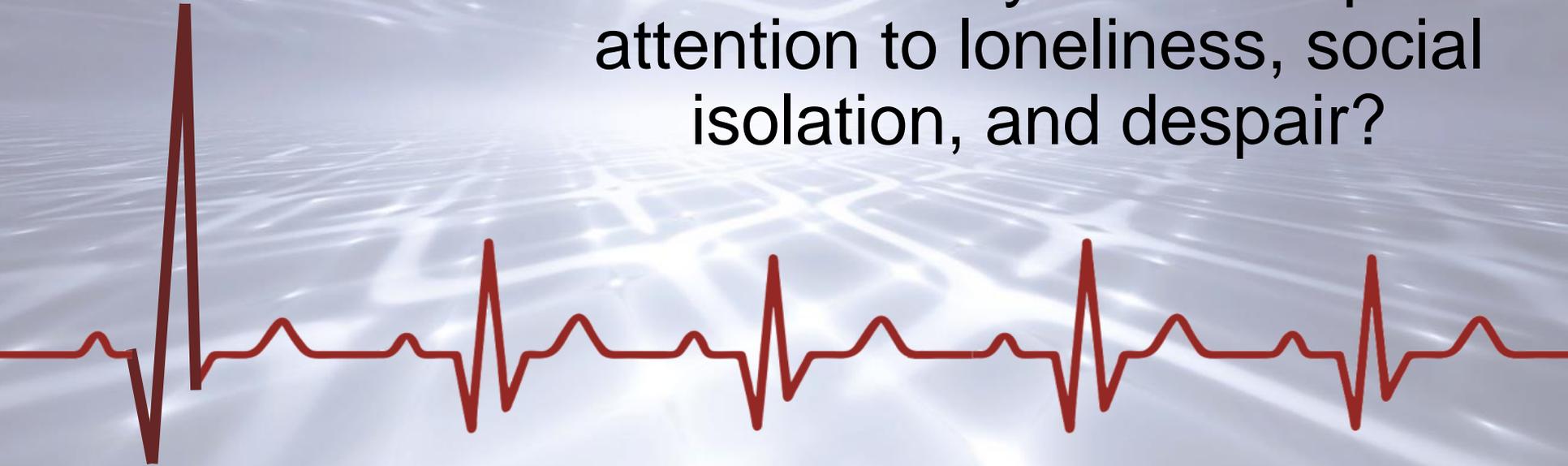
What if...

...and every health facility had a sign that said, “We are all here to improve your health. You cannot be healthy if you are intolerant. Let us help you become more tolerant.”



What if...

we integrated measurements
of health status into the
health care system and paid
attention to loneliness, social
isolation, and despair?



What

if...

we eliminated differences
in quality of care by doctor,
nurse, or health system?



What if...

we educated people in
school and providers and
gave them smart decision
tools to make wiser
choices?



What

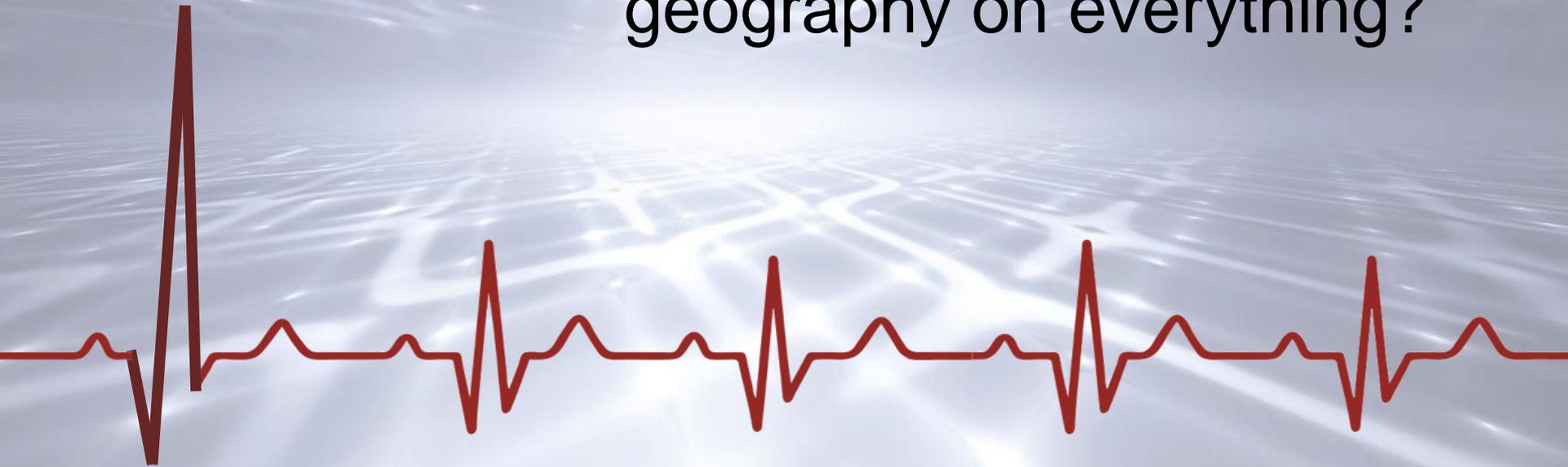
if...

cities and individuals
had trusted analytical tools
that allowed both to thrive



What if...

we eliminated the effect of
geography on everything?



What if...

we eliminated the social
determinants of health?



What

if...

we dramatically altered how care is delivered to achieve value and control costs?



What

if...

academic medical centers
began educating doctors
for a value-based culture?



What

if...

all new policies were
evaluated on whether they will
reduce variation in health



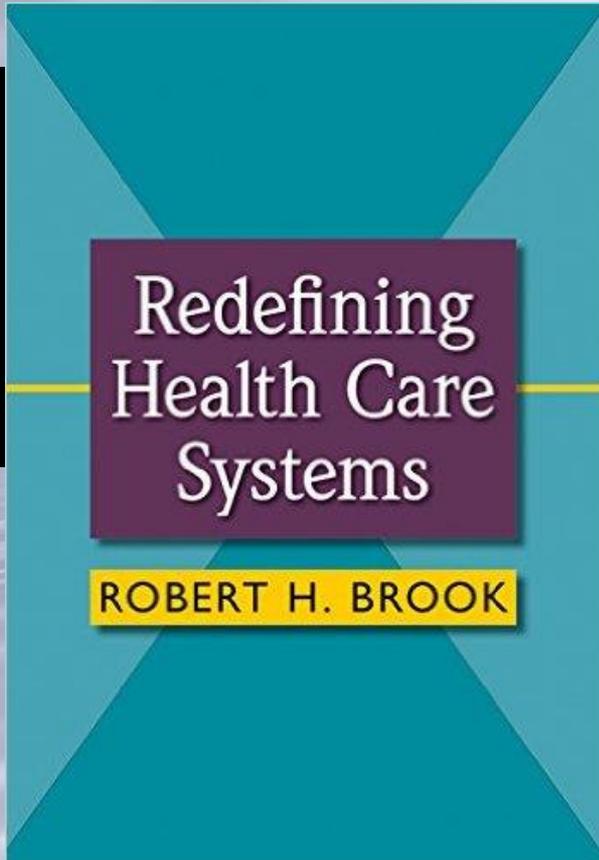
The background is a futuristic, abstract scene. It features a perspective view of a floor with a glowing grid pattern that recedes into the distance. The walls and ceiling are composed of smooth, curved, translucent surfaces that emit a bright, ethereal light. Numerous light rays and beams of light crisscross the space, creating a sense of depth and movement. The overall color palette is dominated by cool blues and bright whites, giving it a clean, high-tech aesthetic.

Last but not least



Be humble.
It's not
about you

Download the book for free



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[RAND.org](https://www.rand.org)



UCLA