



Delaware Department of Services for Children, Youth  
and Their Families

# Division of Prevention and Behavioral Health Services

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# Division of Prevention & Behavioral Health Services

## **Vision**

Resilient children and families living in supportive communities.

## **Mission**

To develop and support a family-driven, youth guided, trauma-informed prevention and behavioral health system of care.



# Division of Prevention & Behavioral Health Services

## Who We Serve

- Crisis & Prevention Services – All children below the age of 18 years
- Mental Health & Behavioral Services – Uninsured Children & Medicaid Enrolled Children





# Division of Prevention & Behavioral Health Services

## Prevention & Early Intervention Services – School Based

- **Early Childhood Mental Health Consultants (ECMHC)** -licensed behavioral health professionals that provide consultation and guidance to teachers in early learning centers on managing challenging behaviors.
- **Family Crisis Therapists (FCT)** -This K-5 Early Intervention Program addresses issues within the home that affect performance in the classroom. The goal is to enable families to support the social and academic growth and the healthy development of children so they may attain positive outcomes in school.
- **Behavioral Health Consultants (BHC)** -licensed behavioral health professionals that are located in 30 middle schools statewide. They are tasked with providing mental health screening and assessment (including trauma and suicide) to students referred by school personnel, families or others.



# Division of Prevention & Behavioral Health Services

## Prevention & Early Intervention Services – Community Based

- **Promoting Safe and Stable Families (PSSF)**- A community-based family support and preservation program which provides consultation services to families who are “at risk or in crisis” due to one or a combination of stressors that may lead to child maltreatment.
- **Delaware Fatherhood and Family Coalition (DFFC)** is an extension of PSSF.
- **Families and Centers Empowered Together – (FACET)**  
FACET is a family engagement, family support and empowerment program located in six diverse Early Learning Centers.

# **Community, Hospital and Residential Behavioral Health Services**

- **Crisis Bed Services**
- **Day Treatment**
- **Family Based Mental Health Services**
- **Family Peer Support**
- **Functional Family Therapy**
- **Inpatient Hospital**
- **Mobile Response and Stabilization Services**
- **Multisystemic Therapy**
- **Outpatient Services**
- **Partial Hospitalization/Day Hospital**
- **In-state and out-of-state Residential Services**
- **Therapeutic Support for Families**

# Silver Lake Treatment Center

Located in Middletown

## Facility Overview

- Serves 24 youth
  - 8 males (residential)
  - 8 females (residential)
  - 8 youth from community (day only)
- Ages 12 – 17
- Services
  - Individual, Family and Group Therapy
  - Jr – Senior High School Education
  - Community Activities
  - 24/7 Supervision/Involvement w/Kids



# Terry Children's Center

## Facility Overview

- Serves up to 26 children and youth
  - 10 children residentially (ages 6 - 12)
  - 10 children day treatment (ages 6 -12)
  - 6 youth in Crisis Stabilization (ages 6 - 17)
- Services
  - Individual, Family and Group Therapy
  - Jr - Senior High School Education
  - Community Activities
  - 24/7 Supervision/Involvement w/Kids

Located in New Castle







# Division of Prevention & Behavioral Health Services

## Quality Improvement

- Provider Monitoring
- Incident Reporting
- Process appeals for eligibility and higher level of care.
- Assist families/providers with filing complaints.
- Work with units to investigate concerns with services/providers



# **Division of Prevention & Behavioral Health Services**

## **Substance Abuse and Mental Health Services Administration (SAMHSA) Grants**

- **System of Care (SOC) Expansion Grant (\$1.5M, four years)**
  - Expanding services for children with intellectual disabilities and transitional age youth
- **Project DelAWARE (\$1.8M, five years)**
- **Clinical High-Risk (\$400K per year, four years)**
- **Delaware Child Psychiatry Access Program (\$445K, five years)**

# The Delaware Child Psychiatry Access Program

- The Delaware Children's Department was one of just twenty state agencies awarded a 5-year Health Resources Service Administration (HRSA) grant that totals \$2.225 million.
- The program provides **telehealth consultations between a child psychiatrist** and primary care providers such as **pediatricians, family doctors and nurse practitioners**.
- **Curbside consultations** and **free CME trainings** to strengthen primary care practitioner skills in diagnosing and managing youth behavioral health concerns.

# The Delaware Child Psychiatry Access Program

- Increases the **availability and accessibility** of child and adolescent psychiatric consultation to pediatric primary care practitioners caring for children and adolescents (ages birth to 21) with behavioral disorders.
- Provides **CME approved trainings and technical assistance** to primary care providers.

# Advisory Council

- American Academy of Pediatrics-- Delaware Chapter,
- Nemours / Al DuPont Children's Hospital, Integrated Primary Care Psychology,
- Tele-health Planning and Development-Department of Health and Social Services,
- AmeriHealth Caritas Delaware,
- Division of Public Health,
- Mental Health Association of Delaware,
- National Alliance on Mental Illness,
- Center for Drug and Health Studies, University of Delaware,
- Sussex County Health Coalition,
- La Red Health Center,
- Champions for Children's Mental Health,
- Westside Family Health



# Questions?

