

The Delaware Health Care Commission (DHCC) Meeting May 5, 2022 9:00 a.m. to 11:00 a.m.

Meeting Attendance and Minutes

Commission Members Present: Theodore W. Becker (Mayor of Lewes), Dr. Nancy Fan (St. Francis), Secretary Rick Geisenberger (DOF), Dr. Roger Harrison (Nemours), Richard Heffron, Melissa Jones, Dr. Jan Lee (DHIN), Cabinet Secretary Molly Magarik (DHSS), Dr. Richard Margolis (DSCYF), Nick Moriello (Highmark), and Insurance Commissioner Trinidad Navarro (DOI),

Meeting Facilitator: Dr. Nancy Fan (Chair)

Commission Members Absent: None

Health Care Commission Staff: Elisabeth Massa (Executive Director), Stephanie Hartos (Public Health Administrator), Eschalla Clarke (Social Services Senior Administrator), Latoya Wright (Manager of Statistics and Research), and Tynietta R. Congo-Wright (Administrative Specialist III)

CALL TO ORDER

Dr. Fan called the meeting to order at approximately 9:00 a.m. via WebEx. Dr. Fan asked public attendees to virtually sign-in by placing their name and affiliation in the chat box or by sending their name and contact information to the DHCC Resource Account (<u>dhcc@delaware.gov</u>). She wished everyone a happy Cinco De Mayo and recognized May is National Nurses Appreciation Month and Mental Health Awareness Month.

BOARD BUSINESS

ACTION ITEM: Approve April 7, 2022, meeting minutes

It was determined a quorum was present. Dr. Fan asked the commissioners to review the draft April 7, 2022, meeting minutes. Nick Moriello made a motion to approve the minutes. Ted

Becker seconded. The motion to approve the minutes was unanimously accepted by all commissioners present. The approved minutes are available on the <u>DHCC website</u>.

ACTION ITEM: Approve 2021 DHCC Annual Report

Dr. Fan shared a draft of the DHCC 2021 Annual Report was shared with the commissioners for their review prior to the meeting. The report was compiled by DHCC staff and highlights the work of the Commission and its various programs and initiatives. Dr. Fan asked if there were any comments from the commissioners. Secretary Geisenberger shared he thought the staff did a very nice job. Hearing no additional comments, she asked for a motion to approve. Secretary Geisenberger made a motion to approve and Ted Becker seconded. The report is available on the <u>DHCC website</u>.

ACTION ITEM: Format for future DHCC meetings

Dr. Fan asked Elisabeth Massa to share what feedback was received regarding the format for future DHCC meetings. At the April DHCC meeting, the commissioners were asked to send their feedback to Dr. Fan and Ms. Massa. Ms. Massa summarized the feedback received. There is interest to keep the meetings fully virtual, conduct 1-3 meeting where in-person is strongly encouraged, and to always have a virtual meeting option available. Dr. Fan and Ms. Massa discussed and suggested moving forward the Commission considers three in-person meetings annually with the Retreat being one of those meetings. The location of the in-person meetings is to-be-determined. The room and technology capabilities need to considered. Since the State of Delaware's Public Health Emergency (PHE) is still in place, the DHCC meetings will for now stay the current course and run as fully virtual. When the PHE is lifted, the Commission will shift to a hybrid meeting model. The Retreat will possibly be scheduled in October or November. Ms. Massa will also be collecting feedback from the public attendees to survey their preference.

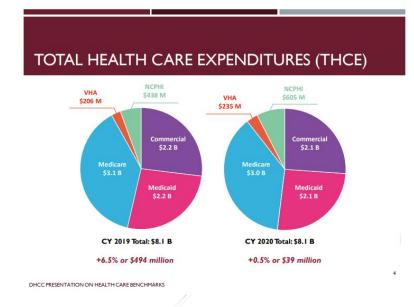
POLICY DEVELOPMENT

Benchmark Trend Report

Secretary Magarik share an overview of the Benchmark Trend Report Calendar Year 2020 results. The spending benchmark is the annual change in the State level per capita value of total health care expenditures for all Delaware residents based on data voluntarily submitted by Delaware payers. The report includes Delaware's results on several quality benchmarks. This data represents the second time DHCC collected benchmark spending and quality data from all payers. The Health Care Commission and consulting team collected final calendar year 2019 data as well as the initial calendar year 2020 data from all payers.

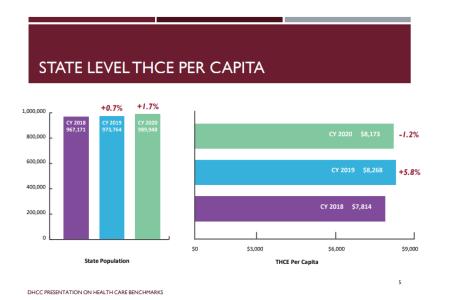
Due to the pandemic, calendar year 2020 was an unprecedented year for the nation and Delaware. The Secretary shared Delaware received a very large amount of money in health care related relief funds which went directly to health systems, providers, or the administration who then made money available to providers or entities. In total, Delaware received approximately \$700 million in health care-related relief monies. Since the COVID-19 monies are not easily allocated to a specific year or market, the COVID-19 relief monies are not included in the spending totals contained in the benchmark trend report.

With respect to Total Health Care Expenditures (THCE) which represents the sum of all reported health care spending as well as insurers' administrative and operating costs and their respective gains/losses, Secretary Magarik shared for 2020, the total was approximately \$8.1 billion. Compared to the relatively large increase seen in calendar year 2019 (pre-COVID-19), the 2020 change was a modest 0.5% growth in total health care expenditures.



She also shared State Level THCE results. Per capita is computed by dividing total health care expenditures by Delaware's total population. Delaware's total population increased 1.7% in 2020 whereas total health care spending increase only 0.5%. As a result, on a per capita basis, Delaware's estimated 2020 State level per capita decreased 1.2% to \$8,173 compared to the 2019 figure of \$8,268.

The 2020 benchmark was set at a 3.5% growth rate. 2020's computed per capita represents a 1.2% decrease from the 2019 per capita figure which is well below the 3.5% benchmark growth rate. Based on the refreshed 2019 data, the revised 2019 per capita change was a 5.8% growth rate.



Delaware stayed under the benchmark. Secretary Geisenberger cautioned that for transparency, we could have the opposite news in Calendar Year 2021. Secretary Magarik shared that for the next benchmark data collection cycle, the DHCC will begin the process of collecting 2021 data later in the fall to account for claims lags and adjudication.

Secretary Magarik shared additional information about the market THCE per capita change verses the benchmark. This includes commercial, Medicaid, Medicare, and Veterans Administration. Data was also shared about the Total Medical Expense (TME) by service category (for example: physician, hospital inpatient, hospital outpatient, etc.)

Commissioner Navarro commented about the Medicare Advantage numbers. Dr. Lee asked about the per capita spending in relation to the cost to insurance. Fred Gibison, with Mercer, stated the denominators are different for the various calculations. Dr. Lee said it was important to look at the impact on individual citizens and their costs on healthcare. Steven Costantino noted other states are seeing similar benchmark trends due likely to deferred care during the pandemic. Nick Moriello commented insurance premiums go directionally what you are seeing for the total cost for the population will have relativity to the insurance premiums. Commissioner Navarro shared Delaware may likely have one or two other insurers on the Marketplace. Dr. Lee thanked Highmark for staying on the Marketplace.

Next, Secretary Magarik provided a summary of the quality benchmark results. In general, 2020 results were similar to 2019. The Secretary wrapped up her presentation by asking if there were any additional questions.

Dr. Roger Harrison asked with respect to the quality benchmarks, as we think about targeting intervention and spending are we looking as some of the racial demographic difference for some of those areas such as obesity, opioid use, and cardiac conditions?

The Secretary replied we would have to go back and look at some of these data points as some are from national level entities. The quality benchmarks are to the purview of the commission, and we can look at what we can change or add to racial and demographics.

Melissa Jones asked, if we are setting the benchmarks going forward, would it be too much to add the racial, age, and gender contributions to the reports as well? Secretary Magarik replied we can take that as adding additional data as demographic plus geography to include race ethnicity and age. Secretary Geisenberger agreed with Sec. Magarik

The <u>trend report</u> and <u>Secretary's presentation</u> are available on the DHCC website.

From the WebEx Chat Box:

UPDATES

DIDER

Ted Becker, as the DIDER liaison for the Commission, share an update on DIDER activities. The board met on April 13 and welcomed a new member Dr. Vince Daniels. The DIDER board reviewed the annual report from Temple University Kornberg School of Dentistry. The Admissions Director, Dr. David Dams, has taken a very strong personal interest in the outreach to Delaware students. Kornberg has started a welcoming program to the Delaware students from the University of Delaware (UD) – a day long program of information sessions which will help the recruiting of dental students from UD. Kornberg's class of 2022

Mr. Becker shared was no information provided in regard to the breakdown of the students and that information has been requested.

The Dental Manpower and Capacity Study is still ongoing. There will be a joint meeting with DIMER on June 8th.

DIMER

The board met on April 6th. There are two new board members, Joseph Rubacky III, DO, and Michael Axe, MD. The board reviewed the annual reports from Delaware affiliated medical schools and the Christiana Care Branch Campus. Our DIMER students are coming back to join the branch campus.

Each of the schools that are in each of the hospitals that have residency programs to do a report describing what is going on in their programs. We have new residency matches in

Delaware Health Systems. Our goal is to attract more DIMER students who want to practice down state.

The Delaware Health Sciences Alliance report is complete. For a copy, please contact the

Delaware Health Care Commission at delaware.gov

Sec. Geisenberger asked where's the data housed as we try to track these people over time? Sherman responded in the past, there was data, and it is no longer available in the state system. We keep excellent records on all applicants that go through the programs. Looking to form a system to maintain contact yearly with all applicants that graduate and go on to practice.

Jan Lee asked if it would be helpful for us to do some assessment of the people who are currently practicing in those areas and just ask the question. What made you come here?

Sherman stated the key is that many of us survive and do well. The vision is creating a true networking project with all of our DIMER students and maintain and make them part of the family.

Dr. Fan noted one of the barriers has always been that this is all self-reported. Students and residents move on and do not report. Another key issue is there as a group of states that don't have a medical school and have been able to really enhance their community.

Health Care Provider Loan Repayment Program

Applications ae now being accepted for the program. Visit this link for more details and to apply:

https://dhss.delaware.gov/dhss/dhcc/loanrepaymentnew.html

All applications are on a six-week rolling interval. Residency Waivers are relevant only to application cohorts 1 and 2. Practitioners who graduated or completed a residency program after July 2021 are eligible to apply in cohorts 1 and 2.

Health Workforce Subcommittee-Update

Meeting was held April 20th. The ARPA State and Local Fiscal Recovery Fund Agreement between Delaware and the Delaware Academy of Medicine became effective April 2022. A breakdown of the budge was explained.

Data for DHF sourced from the Division of Professional Regulation (DPR) and Delaware Health information Network (DHIN) report will be published in early summer. Data integration with the National Provider Identifier (NPI) is ongoing.

Delaware Academy of Medicine "Healthcare Workforce in 2022: Action and Opportunity report will be published this summer. The population demographics and Projections, Disease trends, workforce infographics and geographic distributions with discussion of forecasting current solutions and shorter and longer term.

Primary Care Reform Collaborative (PCRC)

Met in April. The Office of Value Based Health Care gave a presentation on their 2023 rate filing requirements. There was a lot of really good information that was shared with us.

Dr. Robert Phillips resented n the recent NASEM report, which is 400 pages. Dr. Fan's slides are available on the <u>DHCC website</u>.

The Payment and Attribution Workgroup has met three times and has a fourth meeting scheduled for May 11th. They discussed the PV model and recommendations and made a few of their own. Attribution was a major discussion.

The Care Coordination Workgroup met April 14th. Their next meeting is May 6th. This group reviewed the current recommendations of the payment and Attribution Workgroup, discussed. differences between Care Coordination and Care Management.

The next PCRC meeting is scheduled for May 16, 2022.

Strategic Retreat

This will be a little of an in-depth discussion. One topic of discussion will be Diversity/Inclusion/Equity in Health Care Policy.

From the Chat:

<u>ADJOURN</u>

Next meeting will be June 2, 2022 9:00am-11:00am

Public Meeting Attendees May 5, 2022

Anthony Onugu **Brian Olson Bruce Matthews Bryan Gordon** Carmen Olariu **Charles Constant Cheryl Heiks** Chris Haas Chris Otto Christina Crooks Bryan David Roose **Delaney McGonegal** Frank Pyle Fred Gibison **Gurpreet Kaur** Jenna Moffitt Jessica Luff Jill Fredel Joann Hasse Jonathan Mathieu Juan Arjona Judy Chaconas Juliann Villecco Kathy Collison Katie Macklin Kiki Evinger **Kim Blanch Kim Hammond** Laurie Klanchar Lincoln Willis Liz Brown Lizzie Lewis Lolita Lopez Lori Ann Rhoads Maggie Norris Bent Mary Kate McLaughlin Mashiya Williams MBittle Melanie Anderson Melissa Marlin **Mollie Poland**

La Red Health Center DIDER Christiana Care

Delaware Health Care Facilities Association Department of Insurance Christiana Care DHA Department of Finance Mid-Atlantic Association of Community Health Centers Department of Insurance Mercer DHIN

DHSS League of Women Voters of Delaware Freedman Health Care DHIN

DHSS DHSS Alzheimer's Association Delaware Valley Chapter DHSS

Highmark Mercer The Willis Group, LLC DHSS 302 Strategies Westside Family Healthcare Medical Society of Delaware Westside Family Healthcare

DELCF

Highmark Finance Nemours Nicole Freedman Nicole Moxley Nina Figueroa Nora Hoban Pam Garnder Pam Price Pat Redmond Paula Roy **Reid Millius** Richard Holladay **Richard Schroder** Rishika Gupta **Russ Larson** Ryan O'Connor Sally Frechette Sarah Noonan Davis Sherman Townsend Stacey Schiller Stacey Worthy Steven Costantino Tori Harris Tyler Blanchard Victoria Brennan Wayne Smith Zugui Zhang

Morris James DHSS DHR Christiana Care Highmark Nemours DHSS DHIN CVS Health Freedman Healthcare DOI DHSS DIMER DHIN DHSS

Office of Controller General DEHA Christiana Care