



Practice Transformation Update & Sustainability

Nancy Fan, MD, Chair, Delaware Health Care Commission, 5/3/18



ChooseHealth
DELAWARE

Overview

- All activities voluntary, no direct cost to practices
- Coaching for primary care practices since 2016
- Behavioral Health Integration initiative launched late 2017
- Primary Care Workgroup launched April 2018

Practice Transformation Activities

- With SIM funds, DHCC supported 4 vendors to work with more than 120 DE practices
- Practices enrolled at different times; some received 18+ months of coaching
- Coaching focused on 9 milestones associated with Patient-Centered Medical Home criteria
- With consultants, DHCC in process of surveying practices, assessing results
- Sustainability depends on payment reform
 - To support care coordination, collaboration
 - To support prevention, pro-active care

Participating Practices

Medical Doctors	Nurse Practitioners /Physician Assistants	Total # of clinicians	Total # of Sites	Clinicians per site
293	131	424	129	3.3

- Had broad participation in all 3 counties
- Approximately 40% of practices have hospital affiliation
- 30% of participating clinicians were Nurse Practitioners or Physician Assistants
- We see more NCQA PCMH recognized practices in DE
- Some practices working with ACOs for PT support
- Some systems (Nemours) have own resources/model

Participating Sites by Health System

Health System	Sites	Primary Care clinicians
Nanticoke	5	15
Christiana Care	13	63
Bayhealth	8	12
Beebe	9	20
St. Francis	3	8
Westside FQHC	6	36
Henrietta Johnson FQHC	3	9
La Red FQHC	3	16

Behavioral Health Integration

Launched at the end of 2017 and led by Health Management Associates

- HMA did site visits and readiness assessments
- 14 practices recruited for Cohort 1 (7 PC, 7 BH)
- Virtual learning community established
- 2 learning collaborative held
- Cohort 2
- Looking at collaborative care codes to support practices in short term

Behavioral Health Integration

Cohort I

- 14 practices participating in the technical assistance (TA) program since October 2017
 - Individualized practice coaching and assessing readiness for level of integration
 - Learning Collaboratives (2) and Knowledge Sharing Opportunity
 - Content webinars: Billing for BH in primary care, Use of a registry, and Psychotropic Prescribing
- Learning Collaborative I: February 2018
- Learning Collaborative II: April 2018
- Knowledge Sharing Opportunity: June 2018
 - Panels including practice participants on Enhanced Referrals and Measurement Based Care Outcomes

Behavioral Health Integration

Cohort I Successes

- Practices identified opportunities for partnerships and referrals
- Practice coaches identified initial practice goals, documenting coaching activities, progress and next steps. All 14 practices developing workflows, expanding referral networks, and implementing tools for measurement
- HMA held the full-day Learning Collaborative #1 on February 22, with 56 participants in attendance. Individual session ratings ranging from 4.68 to 4.92 on a scale of 1 (poor) to 5 (excellent)
- HMA conducted Financing Options webinar on March 22
- HMA held the full-day Learning Collaborative #2 on April 19, with 41 participants in attendance
- Alignment of data registry and quality outcome measures is complete and initial work drafting BH/PH registry has begun

Behavioral Health Integration

Cohort II

- Recruitment of practices
- Webinar to share information about the TA program and answer questions
 - May 16, 2018; 7:00am and 12:00pm
- To date, 10 practices have applied to participate in Cohort II

Primary Care Workgroup

- Co-sponsored by DHCC, DCHI Clinical Committee
- Co-chaired by Dr. Fan and Dr. Alan Greenglass
- Supported by HMA and DHCC
- Deliverables: strategies to strengthen and sustain primary care in Delaware
- Timeline: By end of 2018

Scope of Primary Care Workgroup

- Review
 - Best available workforce data and trends in Delaware
 - Delaware workforce pipeline and programs
 - Definitions and models of care
- Assess
 - SIM sponsored primary care initiatives
 - Role of payment reform
 - Role of ACOs to support ongoing transformation
- Consult
 - Wide group of Delaware stakeholders (Roundtable on June 19)
 - National experts (Milbank, PCPCC)
- Provide options and recommendations to HCC

Upcoming June HCC Meeting

- Highmark Delaware
 - To describe it's True Performance Value-based Payment Program
 - To review Delaware 2017 results