Case Study Mrs. R

Mrs. R is 79 years old, Alert and Oriented who was admitted 11 days ago with a primary Dx of s/p ORIF of her left hip secondary to a fall from a ladder at home. Her plan is to return to the community after receiving skilled rehab services. She is HOH and does not wear hearing aids, positive for urinary stress incontinence. She currently uses a w/c to get around the nursing home, she does ambulate with therapy and in her room with a 4ww, one staff member assist. Mrs. R needs extensive assist with all ADL's. She is slowly but steadily improving. Her Height of 5'4", weight of 250 lbs and decrease sensation in her legs makes her feel unsteady and requires staff to encourage her to perform ADL's. Her BIMS score was 15 and PHQ-9 score was 12. She reports pain is controlled stays under a "3" per the intensity scale and has not utilized her PRN pain medications in the last 3 days.

Current medical Dx/conditions:

Essential HTN – metoprolol 100 mg ER daily at HS
DM with insulin in use last HgA1C was high at 11 at admission
       Currently on a sliding scale, while adjusting long acting insulin
DM Peripheral Neuropathy – gabapentin 500 mg BID
CAD – ASA 81 mg daily
CHF – Lasix 20 mg daily

CAAs Triggered:

Communication –
       Hearing item has a value of 1 through 3 indicating hearing problems on the current assessment
       as indicated by:
              B0200 >= 1 AND B0200 <= 3
ADL Functional/Rehabilitation Potential –
       Cognitive skills for daily decision making has a value of 0 through 2 or BIMS summary score is 5
       or greater, while ADL assistance for bed mobility (and all others) was needed as indicated by:
              (G0110A1 >= 1 AND G0110A1 <= 4) AND
              ((C1000 >= 0 AND C1000 <= 2) OR
              (C0500 >= 5 AND C0500 <= 15))
Urinary Incontinence and Indwelling Catheter –
       ADL assistance for toileting was needed as indicated by:
              (G0110I1 >= 2 AND G0110I1 <= 4)
       Urinary incontinence has a value of 1 through 3 as indicated by:
              H0300 >= 1 AND H0300 <= 3
Psychosocial Well-Being –
       Resident mood interview indicates the presence of little interest or pleasure in doing things as
       indicated by:
              D0200A1 = 1
Mood State –
       The resident mood interview is successfully completed, and the current total severity score has
       a value of 10 through 27 as indicated by:
              D0300 >= 10 AND D0300 <= 27

Falls –

For OBRA admission assessment: fall history at admission indicates resident fell anytime in the last month prior to admission as indicated by:

If A0310A = 01 AND J1700A = 1

Nutritional Status –

Body mass index (BMI) is too low or too high as indicated by:

BMI < 18.5000 OR BMI > 24.9000

Pressure Ulcer/Injury –

Frequent urinary incontinence as indicated by:

H0300 = 2 OR H0300 = 3 and

Resident at risk for developing pressure ulcers as indicated by:

M0150 = 1