CEREAL
CHILD & ADULT BRANDS LISTED ONLY

- General Mills Cheerios
- General Mills Multi-Grain Cheerios
- General Mills Kix
- General Mills Corn Chex
- General Mills Rice Chex
- General Mills Wheat Chex
- General Mills Wheaties
- Kellogg's Corn Flakes
- Kellogg's Crispix
- Kellogg's Frosted Mini-Wheats
- Kellogg's All Bran Complete Wheat Flakes
- B&G Cream of Wheat Whole Grain
- B&G Cream of Wheat Original
- Quaker Instant Oatmeal (regular/original)
- CANNOT BUY: any cereal or brand not listed; or organic

FRUITS & VEGETABLES
FRESH FRUITS & VEGETABLES

- Any variety of fresh, bulk fruits and vegetables
- Bagged fruit and vegetables
- Bagged salad mixes (without dressing, croutons, nuts or meat added)
- Tubs of cut fruit or vegetables (without dressing or dip)
- Organic

CANNOT BUY: frozen fruit, frozen vegetables, canned fruit, canned vegetables, dried fruit, dried vegetables, herbs (i.e., basil, cilantro, parsley), spices (i.e., vanilla bean, cinnamon sticks) or fruit cups (i.e., Del Monte, Dole)

IMPORTANT:
- WIC participant pays the remainder of the purchase price, which exceeds the maximum amount allotted on the eWIC card.
- Payment may be made by one of the following methods: cash, credit/debit card, SNAP, or personal/business check.

YOGURT
32 OZ CONTAINERS ONLY | PLAIN OR VANILLA FLAVORS ONLY
Whole Fat, Lowfat, Nonfat as listed on Food Package

CANNOT BUY: Greek, Organic, Drinkable yogurts, Yogurts with non-nutritive sweeteners, Yogurts with mix-in-ingredients such as: granola, candy pieces, honey, nuts

QUESTIONS?
Call the state WIC Vendor Unit at 1-800-222-2189 or (302) 741-2900

DELTAWARE HEALTH AND SOCIAL SERVICES
Division of Public Health
WIC Program
## INFANTS

### INFANT FORMULA

**Contract Brand**

### INFANT CEREAL

**Gerber Brand or Beech–Nut Brand**
- Rice, oatmeal, multigrain, whole wheat, barley

*CANNOT BUY* organic, DHA, formula or Cereal mixed with fruit

### INFANT VEGETABLES

**Gerber Brand - 2nd Foods (2 pack)**

**Beech–Nut Classics Brand - 2nd Foods (4 oz jar)**
- Single or mixed vegetables
- Fruit & Veggie Blend

*CANNOT BUY* organic, dinners, DHA, added sugar, starch or salt, added ARA

### INFANT FRUITS

**Gerber Brand - 2nd Foods (2 pack)**

**Beech–Nut Classics Brand - 2nd Foods (4 oz jar)**
- Single or mixed fruit
- Fruit & Veggie Blend

*CANNOT BUY* desserts or medleys, custards or puddings, organic, DHA, cobbler, delights and yogurts

### INFANT MEAT

**Gerber Brand - 2nd Foods**

**2 1/2 oz. containers**
- Single meats with broth
- Single meats with gravy

*CANNOT BUY* graduates, sticks, dinners or organic

### EGGS

**Store or Store Designated Brand**

**1 dozen**
- Large, white only

*CANNOT BUY* brown, free-range, specialty eggs (Eggland’s Best or EggsPlus) or organic

### CHEESE

**Store or Store Designated Brand**
- Pasteurized Process American cheese, cheddar & mozzarella
- 1 lb. or 16 oz. package only

*CANNOT BUY* 8 oz. packages, Velveeta, Cheese Wiz, Kraft Singles, low fat or low sodium products, grated, shredded, cheese sticks, deli-sliced cheese, variety packs (i.e., American/Swiss), imported cheese, cheese food, product or spread, cheese with added flavors, individually wrapped slices or organic

## MILK

### STORE OR STORE DESIGNATED BRAND

- Fresh (not flavored)
- Whole, Low Fat (1%), Skim
- Lactose Reduced (Whole, Low Fat (1%), Skim)
- Evaporated Milk (Whole, Low Fat (1%))
- UHT “Ultra High Temperature” (Whole, Low Fat (1%), Skim) (example: Parmalat, Natrel, etc.)
- Soy Milk (8th Continent: Original or Vanilla) (Silk: Original)
- Dry Milk

*CANNOT BUY* flavored milk, raw unpasteurized milk, non-dairy milk substitutes, rice milk, organic or almond milk

## PEANUT BUTTER

### STORE OR STORE DESIGNATED BRAND

- Creamy or crunchy, 16 - 18 oz. jar

*CANNOT BUY* powdered peanut butter, peanut butter spreads, peanut butter with added flavors or fortified peanut butter, natural or organic

## DRIED BEANS

### STORE OR STORE DESIGNATED BRAND

- 1 pound package (16 oz.)
- Any mature variety

*CANNOT BUY* canned beans or soup mixes (added spices or meat)

## BREAD/TORTILLAS

### STORE OR STORE DESIGNATED BRAND

- 1 pound loaf/package (16 oz.)
- 100% Whole Wheat only

## CANNED FISH

### TUNA

**STORE OR STORE DESIGNATED BRAND**
- Chunk Light, water packed

### SALMON

**STORE OR STORE DESIGNATED BRAND**
- Wild Alaska or Pink Salmon, water packed

*CANNOT BUY* albacore tuna, tuna spreads, or any other type of salmon, lunch packs, or fish with added flavoring, low sodium, diet or ready-to-serve

## JUICE

### CANNOT BUY

- Calcium/fiber fortified juice, juice drinks, juice ades, juice beverages, sweetened juices, no sugar added, no organic, no infant juice

#### 64 OZ. BOTTLED, UNSWEETENED, SINGLE STRENGTH

- Seneca Apple (red label)
- Juicy Juice All Varieties 100% Juice (No Harvest Surprise)
- Musselman’s Premium Apple
- Lucky Leaf Apple
- Old Orchard All Varieties 100% Juice
- White House Apple

#### 11.5 - 12 OZ. FROZEN CONCENTRATE, UNSWEETENED

- All Available in Apple and Orange

- Best Yet
- Essential Everyday
- Old Orchard All Varieties (must have green tear stripe)
- Food Lion
- Giant
- Great Value
- Shop Rite
- Signature Kitchens
- Seneca Grape (purple label)
- Tipton Grove
- Orange Juice
- TreeTop
- Wel’s All Varieties (must have yellow tear stripe)
- Weis