

<b>Adult Behavioral Risk Factor Prevalence, 2013 Statewide and By County</b>				
	<b>State</b>	<b>New Castle County</b>	<b>Kent County</b>	<b>Sussex County</b>
<b>Behavioral Risk Factors</b>				
Current Cigarette Smoker	19.6%	19.3%	20.1%	19.9%
BMI ≥ 30 = "Obese"	31.0%	29.4%	<b>36.2%*</b>	31.2%
BMI 25 - 29.9 = "Overweight"	33.5%	33.6%	32.3%	34.4%
Sedentary (No Phys. Activity)	27.8%	26.7%	<b>31.3%*</b>	27.9%
Binge Drinking	17.0%	17.9%	17.1%	14.4%
Chronic Heavy Drinking	6.6%	6.7%	6.5%	6.5%
Don't Use Seatbelts	2.0%	2.0%	2.3%	1.6%
<b>Chronic Health Conditions</b>				
Limited Activity / Disability	20.6%	19.7%	<b>23.4%*</b>	20.5%
Diagnosed Diabetes	11.1%	8.9%	<b>14.2%*</b>	<b>14.3%*</b>
Diagnosed Asthma	10.6%	10.9%	10.4%	10.0%
Diagnosed Depressive Disorder	17.7%	17.5%	17.6%	18.1%
Blind or Visually Impaired	4.4%	4.0%	5.6%	4.2%
<b>Preventive Medicine: Adult Immunizations and Screenings</b>				
Age ≥ 65 Flu Shot in Past Year	65.8%	66.1%	59.4%	69.0%
Age ≥ 65 Pneumonia Vaccine	72.4%	71.4%	72.6%	74.0%
Men 40 + Who Had PSA Test in Past 2 Years	47.3%	<b>45.3%*</b>	45.5%	53.1%
Age 50+ Who Ever Had Colonoscopy	75.7%	76.1%	75.1%	75.2%
<b>Health Care Coverage/ Health Status</b>				
No Health Insurance (Age 18-64)	14.3%	13.2%	14.3%	17.8%
Health Status: Poor to Fair	17.3%	17.0%	17.9%	17.6%

Source: Delaware Health & Social Services, Division of Public Health, Behavioral Risk Factor Survey (BRFS), 2013.

\* Statistically significant difference, statistically higher than other county(s).