					Heal	th Risk	Behavi	ior and	Percei	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
															-			
										or other vehicle o								
																Decreased, 2013-2021	Not available [§]	Not availabl
30 day	Percei	e the sur	rvey, an	nong stu	idents v	vho had	driven	a car oi	r other v		during th	35.8	45.0	re the su	36.4	,	Not available [§]	Not availab

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Total Injury	and V	iolence																
					Heal	th Risk	Behavi	ior and	Percen	ıtages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
-		_				go to sc before t			ey felt	unsafe a	at schoo	l or on	their wa	y to or i	from			
				9.5	7.2	4.8	4.6	5.3	6.3	5.1	8.2	5.3	5.1		7.6	No linear change	Decreased, 1999-2003 No change, 2003-2021	Not available
						reatened onths be				pon on s	school p	property	(such a	s a gun,	, knife,			
				8.2	8.3	7.7	6.2	5.6	7.8	6.4	5.6	6.2	6.0		4.7	Decreased, 1999-2021	No quadratic change	Not available
QN16 survey		ntage of	studen	ts who	were in	a physic	cal fight	(one or	r more t	imes du	iring the	e 12 mo	nths bef	ore the	•	-		
				37.6	34.1	34.9	30.3	33.0	30.4	28.0	25.1	21.2	20.0		15.8	Decreased, 1999-2021	Decreased, 1999-2009 Decreased, 2009-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
		ntage of the sur		ts who	were in	a physic	cal fight	on sch	ool prop	perty (o	ne or m	ore time	es durin	g the 12				
				11.6	11.9	11.4	9.8	10.5	8.6	8.8	9.3	8.1	8.4		3.4	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
QN19	: Percei	ntage of	studen	ts who	were ev	er physi	cally fo	rced to	have se	xual int	ercours	e (wher	they di	d not wa	ant to)			
					8.6	7.6	7.5	7.6	9.9	8.5	7.7	6.6	6.3		7.6	Decreased, 2001-2021	No quadratic change	Not available
			, touchi	ing, or b	eing ph	ysically	forced							ings [co				
such t	_	mes du	ring the	12 mor	iths befo	ore the	survey)											

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Total **Injury and Violence Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 * 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey) Not available§ Not available 10.4 7.9 5.2 6.9 Decreased, 2013-2021 QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey) 8.9 8.6 9.5 5.6 Decreased. Not available Not available 2013-2021 QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey) 15.9 16.5 18.5 16.4 14.1 10.2 Increased, 2009-2013 Not available Decreased, 2009-2021 Decreased, 2013-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Total Injury	and V	iolence			Heal	th Risk	Behavi	ior and	Percen	ıtages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
			student								ıllied th	ough te	exting, I	nstagraı	m,			
											13.4	11.7	10.1		9.7	Decreased, 2013-2021	Not available [§]	Not available
			student							for >=2	weeks	in a rov	so that	they sto	opped	-		
				26.9	27.0	27.4	27.5	26.9	26.5	26.8	22.9	24.2	27.6		36.9	Increased, 1999-2021	Decreased, 1999-2015 Increased, 2015-2021	Not available
QN26	: Percei	ntage of	studen	ts who s	seriousl	y consid	lered att	temptin	g suicid	le (durii	ng the 12	2 month	s before	e the sur	vey)	-		
				17.2	16.3	15.6	12.7	11.1	13.5	13.5	12.8	14.0	16.1		18.3	No linear change	Decreased, 1999-2007 Increased, 2007-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

,,	una v	iolence			Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN27 the su		ntage of	studen	ts who i	made a	plan abo	out how	they w	ould atte	empt su	icide (d	uring th	e 12 m	onths be	fore			
				12.5	12.1	11.7	11.0	9.2	9.9	10.3	9.9	11.0	12.0		15.7	No linear change	Decreased, 1999-2011 Increased, 2011-2021	Not available
QN28 survey		ntage of	studen	ts who a	actually	attempt	ted suic	ide (one	or mor	e times	during	the 12 r	nonths l	pefore th	ne	-		
				7.5	7.1	8.6	7.1	6.2	8.2	7.8	7.0	7.6	7.2		8.7	No linear change	No quadratic change	Not available
							tempt th			n injury	, poisoi	ning, or	overdo	se that h	ad to			
				2.4	2.4	2.7	2.3	2.1	2.4	2.4	2.1	2.3	2.2		2.2	No linear change	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Total Tobac	co Use								_							* *		
					Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change*	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN30:	Percei	ntage of	f studen	ts who	ever trie	ed cigar	ette smo	king (e	ven one	or two	puffs)							
				70.4	65.5	62.4	55.0	51.7	47.7	46.4	37.3	30.2	22.7		13.3	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
QN31:	Percei	ntage of	f studen	ts who i	first trie	d cigare	ette smo	king be	fore age	e 13 yea	ırs (evei	n one or	two pu	ffs)		-	-	_
													9.6		5.1	Decreased, 2017-2021	Not available [§]	Not available
QN32: survey		ntage of	f studen	ts who	currentl	y smok	ed cigar	ettes (o	n at leas	st 1 day	during	the 30 c	lays bef	ore the		-		
				32.2	24.2	23.5	21.2	20.2	19.0	18.3	14.2	9.9	6.2		2.7	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
		Percenta e surve		udents v	who cur	rently s	moked	cigarett	es frequ	ently (c	on 20 or	more d	ays duri	ng the 3	0	-		
				17.7	12.8	12.1	9.6	8.5	7.8	7.6	4.9	4.0	1.7		0.2	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Total Tobac	co Use																	
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNDA the sur		Percei	ntage of	student	ts who c	currently	smoke	d cigar	ettes dai	ly (on a	all 30 da	ıys duri	ng the 3	30 days	before			
				14.7	9.9	10.4	7.9	6.7	6.2	5.1	3.5	2.9	1.6		0.2	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
						more the				y (on th	ne days	they sm	oked d	uring th	e 30			
				15.7	15.6	15.0	15.0	9.8	13.7	8.7	9.6	11.9	6.9		2.0	Decreased, 1999-2021	No quadratic change	Not available
						ed an ele s [such a							vapes,	vape pe	ens,	-		
												40.5	37.9		33.4	Decreased, 2015-2021	Not available§	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Total Tobacco Use **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey) 23.5 13.6 17.9 Decreased, Not available§ Not available 2015-2021 QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey) 3.2 2.2 5.5 Increased. Not available Not available 2015-2021 ONDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey) 2.3 1.9 3.9 Not available Not available Increased,

25.8 15.4

2015-2021

Decreased.

2015-2021

Not available

Not available

17.8

QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day

during the 30 days before the survey)

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Total **Tobacco Use Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey) 3.5 1.6 Not available§ Decreased. Not available 2017-2021 QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey) 1.6 0.1 Decreased. Not available Not available 2017-2021 QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey) 1.5 0.1 Decreased. Not available Not available 2017-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Total Tobac	co Use																	
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	: Perce				currentl	y smok	ed cigar	s (cigar	s, cigari	llos, or	little ci	gars, on	at least	1 day d	luring			
				15.2	12.7	12.2	11.3	12.5	11.8	12.9	12.0	10.9	7.3		2.1	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
_		_				-	ked cig before		_	s or use	d smoke	eless tob	pacco or	electro	nic			
													17.7		18.3	No linear change	Not available§	Not available
					who cu		smoked	cigars	frequent	tly (ciga	ars, ciga	rillos, o	r little c	igars, o	n 20	.		
				1.5	1.4	1.3	1.6	2.0	2.3	2.2	2.3	2.7	1.7		0.4	No linear change	Increased, 1999-2015 Decreased, 2015-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Total Tobac	cco Use																	
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNTE the su		centage	of stude	ents who	o currer	ntly smo	ked cig	arettes o	or cigars	s (on at	least 1	day duri	ing the 3	30 days l	before			_
				36.6	27.8	26.1	24.0	23.4	21.9	21.9	18.4	14.1	9.6		3.7	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
-	AYCGR luring th		_			current	ly smok	ed ciga	rs daily	(cigars,	cigarill	los, or li	ttle ciga	rs, on al	11 30	-		
				1.2	1.1	0.9	1.2	1.4	1.8	1.5	1.7	2.2	1.4		0.3	No linear change	Increased, 1999-2015 Decreased, 2015-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

		Other I			Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change fron 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN40:	Percei	ntage of	studen	ts who l	nad thei	r first d	rink of a	lcohol	before a	ige 13 y	ears (ot	her thar	n a few	sips)				
				31.8	28.8	30.3	27.2	24.9	23.5	22.7	19.8	15.3	16.1		12.9	Decreased, 1999-2021	No quadratic change	Not available
		ntage of e the sur		ts who	currentl	y drank	alcohol	(at leas	st one di	rink of a	alcohol,	on at le	ast 1 da	y durin	g the			
				46.9	46.4	45.4	43.1	45.2	43.7	40.4	36.3	31.4	28.7		20.2	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
were f	emale o		r more o	drinks o	f alcoho		binge dr									-		
													14.9		8.4	Decreased, 2017-2021	Not available§	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	or and	Percent	ages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
			student						er of drin	ks they	had in	a row v	vas 10 c	r more				
											4.9	3.4	2.6		1.4	Decreased, 2013-2021	Not available§	Not available
QN45	: Perce	ntage of	student	ts who e	ever use	d marij	uana (oi	ne or me	ore time	s during	g their l	ife)						_
				48.8	46.9	48.9	42.2	43.9	42.8	46.0	42.6	41.5	44.1		29.4	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
						-				000 12		-				-		
QN46	: Perce	ntage of	student	ts who t	ried ma	rijuana	for the	first tim	e before	age 15	years							
QN46	: Perce	ntage of	student	ts who t	ried ma 12.2	rijuana 13.4	for the 1	first tim 10.0	e before 11.4	10.4	9.6	7.8	7.4		4.1	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
				12.7	12.2	13.4	11.3	10.0	11.4	10.4	9.6			re the sur		,	,	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Alcoh	ol and (Other I	Orug Us	se	Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN48	: Perce	ntage of	student	ts who e	ever use	d synth	etic mar	ijuana ((one or	more tii	mes duri	ng thei	r life)					
												7.1	5.4		3.5	Decreased, 2015-2021	Not available [§]	Not available
	ow a do	ctor tol	d them t								a doctor			or differ	ently	-		
Perco	et, one		times c	during tl							ny comi	n, Hyar	ocodon	e, and	•			
Perco	et, one		times C								ny comi	n, Hydr	ocodon	e, and	8.0	Decreased, 2017-2021	Not available	Not available
QN50	: Perce	ntage of		luring the	heir life		ne (any		cocaine	e, includ	ding pov		10.1		8.0	,	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	Percer luring th			ts who	ever use	d heroi	n (also c	called "s	smack,"	"junk,"	or "Chi	na Whi	te," one	or mor	e			
				3.3	2.7	2.3	2.6	2.4	2.5	3.1	2.8	2.6	1.6		0.6	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available
					ever use their lif		ampheta	mines (also cal	led "spe	eed," "cı	rystal m	eth," "c	crank," "	ice,"	-		
				7.0	6.8	6.2	5.5	4.3	4.0	3.7	2.7	2.7	1.7		0.6	Decreased, 1999-2021	No change, 1999-2005 Decreased, 2005-2021	Not available
QN54: heir li		ntage of	student	ts who	ever use	d ecstas	sy (also	called '	'MDMA	\" or "M	folly," o	one or m	ore tim	es durir	ng	-		
						9.6	6.7	5.6	6.6	7.2	5.7	4.7	3.0		1.6	Decreased, 2003-2021	Decreased, 2003-2013 Decreased, 2013-2021	Not available

0.5

Decreased,

1999-2021

No change, 1999-2015

Decreased, 2015-2021

QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)

1.7 2.2 2.2 2.6 2.7 2.3 2.4 1.4

Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Total Alcoho	ol and (Other I	Orug Us	se														
					Heal	lth Risk	Behav	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
_		ntage of		ts who	were of	fered, so	old, or g	iven an	illegal	drug on	school	propert	y (durin	g the 12	2			
				29.1	26.9	27.9	26.1	22.9	20.9	23.1	19.1	15.6	16.8		10.6	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not availabl

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Total	
Sexual	Behaviors

Total Sexual	l Behav	iors																
					Heal	th Risk	Behavi	ior and	Percen	ıtages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
QN57:	Percei	ntage of	studen	ts who	ever had	d sexual	interco	urse										
				54.6	52.7	57.3	55.1	59.3	57.5	59.0	48.7	46.8	45.4		30.7	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available
QN58:	Percei	ntage of	f studen	ts who l	had sex	ual inter	course	for the	first tim	e before	e age 13	years						_
				10.2	9.6	11.3	10.8	9.6	9.7	8.8	5.9	6.8	3.6		2.6	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
QN59:	Percei	ntage of	fstuden	ts who l	had sex	ual inter	course	with fo	ır or mo	ore pers	ons duri	ng their	life					
				20.3	16.7	20.6	19.1	21.8	21.0	21.7	15.2	12.9	12.4		5.5	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available
			f studen before th			rrently	sexually	active	(had se	xual inte	ercourse	with at	least o	ne perso	on,			
				40.0	39.2	42.7	39.2	45.3	42.9	42.9	33.9	33.5	33.4		20.5	Decreased, 1999-2021	No change, 1999-2009 Decreased, 2009-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Total Sexua	l Behav	iors																
					Heal	th Risk	Behav	ior and	Percen	tages						Linear Change*	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
-		ntage of sexual			drank al	cohol o	r used c	lrugs be	fore las	t sexual	interco	urse (ar	nong st	udents v	vho			
				22.1	22.1	23.9	21.0	21.6	22.1	20.0	21.8	22.8	20.3		15.4	No linear change	No quadratic change	Not available
	: Perce		studen	ts who i	used a c	ondom	during	last sex	ual inter	course	(among	student	s who v	vere cur	rently	-		
				62.0	62.2	62.5	63.7	69.2	62.0	58.7	63.4	57.0	52.7		51.9	Decreased, 1999-2021	Increased, 1999-2007 Decreased, 2007-2021	Not available
		ntage of onated l		ts who	were ev	er tested	l for hu	man im	munode	ficiency	y virus (HIV) (1	not cour	nting tes	ts			
												13.3	13.5		6.6	Decreased, 2015-2021	Not available§	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN66	Perce	ntage o	f studen	its who	describe	ed them:	selves a	s slight	ly or ve	ry overv	weight							
				29.1	30.2	31.4	31.1	27.3	27.9	27.8	31.8	31.5	33.4		31.4	No linear change	No quadratic change	Not available
			e-specif									rcentile	for bod	y mass i	index,			
												rcentile	for bod	y mass i	15.4	No linear change	No quadratic change	Not available
based	on sex-	and age	e-specif	ic reference 14.2	ence dat	a from	14.9	17.3	growth 15.6	charts) [§]	16.3	15.8	16.6		15.4	No linear change	No quadratic change	Not available
QNOF	on sex-	and ago		14.2	14.8 who ha	a from 16.5 d obesit	14.9 y (>= 9	17.3 5th perc	growth 15.6	charts) [§]	16.3	15.8	16.6		15.4	No linear change	No quadratic change	Not available
QNOF	on sex-	and ago	e-specif	14.2	14.8 who ha	a from 16.5 d obesit	14.9 y (>= 9	17.3 5th perc	growth 15.6	charts) [§]	16.3	15.8	16.6		15.4	No linear change Increased, 1999-2021	No quadratic change	Not available
QNOF age-sp	BESE:	Percent	e-specif	14.2 students rom the	14.8 who ha 2000 C 10.7	d obesit DC gro	14.9 Ty (>= 9 wth cha 14.0	17.3 5th percrets) 13.2	15.6	charts) [§] 16.9 or body	16.3	15.8	16.6		15.4	Increased,		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

					Heal	th Risk	Behavi	or and	Percer	ıtages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
						drink a o							oke, Pe _l	psi, or S	prite,			
								19.0	20.4	21.6	25.3	29.0	31.8		31.8	Increased, 2007-2021	Increased, 2007-2015 No change, 2015-2021	Not available
																	2 ,	
						ank a ca soda or c								er day (such			
														er day ((such	Decreased, 2007-2021	No quadratic change	Not available
as Col	DDA2:	i, or Sp	age of si	counting	ng diet s		n, bottle	32.4 e, or gla	28.8 ass of so	26.1 oda or p	22.2 op two	survey) 19.1 or more	18.3		13.0	,	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
0115	ъ																	
QN76	Percei	itage of	student	ts who	did not	eat brea	kfast (d	uring th	ie 7 day	s before	e the sur	vey)						
Ų N76.	Percei	itage of	studen	ts who	did not	eat brea	kfast (d	uring th	ne 7 day 15.1	s before	e the sur	13.0	11.0		19.6	Increased, 2009-2021	Decreased, 2009-2015 Increased, 2015-2021	Not available
							kfast (d		15.1	14.8	12.2	13.0		ey)	19.6	,	,	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

Total **Physical Activity Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 43.5 41.4 43.3 43.5 41.2 No linear change Not available§ Not available QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 18.0 19.1 18.5 17.0 19.6 No linear change Not available Not available QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 24.9 23.7 24.7 25.1 21.6 No linear change Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
									am (cou	ınting aı	ny team	ıs run by	their s	chool or	-			
		ntage of coups, d							am (cou	inting a	ny team 56.6	s run by 54.7	their so	chool or	47.6	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available
QN81	unity gr	oups, d	uring th	57.3 ts who l	56.0 nad a co	53.4	survey 56.0	55.0	53.2		56.6	54.7	53.3		47.6	· · · · · · · · · · · · · · · · · · ·		Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Total Other					Heal	th Risk	Behav	ior and	Percen	atages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
QN86:	: Perce	ntage of	studen	ts who	got 8 or	more h	ours of	sleep (c	n an av	erage sc	chool ni	ght)						
									27.4	27.1	26.6	24.2	23.8		19.9	Decreased,	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Total Site-A	dded																	
					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	20	013 201	5 2017	2019	2021	-		
	Percei		studen	ts who ı	usually	did not s	sleep in	their pa	rent's c	or guard	dian's	s home (d	uring the	30 days				
													3.3		1.5	Decreased, 2017-2021	Not available§	Not available
QN88:		ntage of	studen	ts who t	think ot	her peop	ole at sc	hool wo	ould des	scribe th	hem	as equally	feminin	e and				
mascu.	ime												13.7		14.4	No linear change	Not available	Not available
QN89:	Perce	ntage of	studen	ts who a	are trans	sgender						-						
													1.4		2.0	No linear change	Not available	Not available
						their m			level of	f compl	leted	l education	n is some	high sc	hool,			
													13.7		10.6	Decreased, 2017-2021	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Total Site-A	dded																	
					Healt	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN91: the sur		ntage of	studen	ts who	describe	d their	grades i	n schoo	l as mo	stly A's	or B's (during 1	the 12 n	nonths b	efore			
					61.2	57.4	56.9	57.8	60.9	61.4	68.1	68.5	65.8		72.8	Increased, 2001-2021	No quadratic change	Not available
	Percer duty in			ts who i	reported	that eit	ther of t	heir par	ents or	other ad	lults in t	heir far	nily are	serving	on			
										14.7	14.7	11.5	13.2		10.6	Decreased, 2011-2021	Not available [§]	Not available
							•	diffion	ltr: boom	ina			-					
QN94:	Percer	ntage of	studen	ts who a	are deaf	or have	serious	s difficu	my near	mg								

6.9

8.1

8.4 No linear change

Not available

Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

					Healt	h Risk	Behavio	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN96:	Percer	itage of	ctudent	a who k														
							ficulty c	oncenti	rating, r	ememb	ering, or	makin	ig decisi	ions (be	cause			
of a ph					roblem)		ficulty c	oncenti	rating, r	ememb	ering, or	makin	ig decisi	ions (be	cause			
of a ph							ficulty c	oncenti	rating, r	ememb	ering, or	makin	g decisi 24.7	ions (be	34.3	Increased, 2015-2021	Not available [§]	Not available
	ysical,	mental,	or emo	tional p	roblem)		ficulty c							ions (be		,	Not available [§]	Not available
	ysical,	mental,	or emo	tional p	roblem)									ions (be		,	Not available [§] Not available	Not available

4.4 5.2 4.7 5.0

9.1

1.4

Decreased,

1999-2021

Decreased,

1999-2021

Increased, 1999-2009

Decreased, 2009-2021

No change, 1999-2015

Decreased, 2015-2021

Not available

Not available

for a sport such as target shooting, on at least one day during the 30 days before the survey)

5.8 5.4

4.8

5.0

15.8 14.5 16.0 16.6 17.1 18.5 13.5 14.4 13.0 13.5

6.2 6.3

QN99: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Site-A	dded				Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
them owith, b	r emoti eing hu s before	onally l miliate	nurt thei d in froi	m one o	r more there, or	times (s being th	uch thin reatene	ngs as b d if the	eing tol y did no	d who	they co hat they		ould no during					
													22.5		23.1	No linear change	Not available [§]	Not available
				nts who			nailed, o	or poste	ed electr	ronicall	y a reve	ealing or		photo of		No linear change	Not available [§]	Not available
							nailed, o	or poste	ed electi	ronicall	y a reve	ealing or		photo of		No linear change Decreased, 2017-2021	Not available [§]	Not available
QN103	elves (di	uring th	e 30 da	ys befor	re the su	irvey)	ealing o	r sexua	l photo	of them			sexual _I	photo of	7.6	Decreased,		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Total Site-Added **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN104: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey) 13.5 21.1 Increased, Not available§ Not available 2017-2021 QN106: Percentage of students who currently took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey) 5.8 4.0 Decreased, Not available Not available 2017-2021 QN107: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse) 13.4 11.2 No linear change Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Total
Site-Added

Site-A	dded				Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN108	3: Perc	entage	of stude	ents who	have b	een pre	gnant oi	gotten	someon	e pregn	ant (one	e or mo	re times)				
				8.0	6.4	7.7	7.2	7.4	8.6	8.0	4.1	5.1	3.4		1.2	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available
QN109	e: Perc	entage	of stude	ents who	have e	ver give	n or rec	eived o	ral sex				•				_	
							53.8	57.6	54.9	56.9	47.6	45.8	45.9		31.3	Decreased, 2005-2021	No change, 2005-2011 Decreased, 2011-2021	Not available
				ents who	did no	t eat veg	getables	or salad	d (not co	ounting	potatoe	s, one o	r more	imes du	ıring	·		
tne / d	ays bef	ore tne	survey)									13.1		14.8	No linear change	Not available [§]	Not available
				ents who			ne or al	ways wo	ent hung	gry beca	use the	re was r	not enou	gh food	l in	-		
their h	ome (di	aring th	e 30 da	iys befor	e the su	irvey)							4.0		2.3	Decreased, 2017-2021	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Total

					Healt	th Risk	Behavi	ior and	Percen	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN11:	5: Perce	entage (of stude	nts who	ever be	en told	by a do	octor or	a nurse	that the	y have a	ısthma						
											25.8	25.4	24.3	<u>,</u>	21.2	Decreased, 2013-2021	Not available§	Not available
				nts who		y agree	or agre	e that th	neir pare	ents or o	other adu	ılts in tl	heir fam	ily have o	elear			
						y agree	or agre	e that th	neir pare	ents or o	other adı	alts in th	heir fam		clear 74.6	Decreased, 2015-2021	Not available	Not available
rules a	nd cons	entage (es for the	neir beh	avior reporte	d their	parents					78.5	79.7		74.6	,	Not available	Not available
rules a	nd cons	entage (es for the	neir beh	avior reporte	d their	parents					78.5	79.7	n about w	74.6	,	Not available Not available	Not available Not available
QN120they ex	nd consolir Perce the Perc	entage em to d	of stude	nts who	reporte when it c	d their comes to	parents o sex noderate	or other	r adults	in their	family	78.5 talked v	79.7 with ther 62.6	n about w	74.6 That	Decreased,		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Total Site-Added **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN122: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they have five or more drinks of an alcoholic beverage (once or twice a week) 70.4 72.9 74.6 No linear change Not available§ Not available QN123: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they smoke marijuana once or twice a week 42.9 No linear change 41.4 37.9 Not available Not available QN124: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they use prescription drugs that are not prescribed to them 82.2 79.2 80.5 Increased. Not available Not available 2015-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Total Site-A	dded				Haak	th Diale	Dobová	low owd	Donoon	tagas					I incon Change*	Ovedvetic Change*	Change from
					пеаі	th Risk	Dellavi	or and	rercen	uages					Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 202	21		
QN125		entage (of stude	nts who	reporte	ed their	parents	feel it v	vould be	e wrong	g or very	wrong	for the	m to smoke			
												87.7	86.1	92.	0 Increased, 2015-2021	Not available§	Not available
						ed their j		feel it v	vould be	e wrong	g or very	wrong	for the	m to have on	e	-	
					,	<i>y y</i>	,					83.2	84.9	87.	1 Increased, 2015-2021	Not available	Not available
QN127		entage o	of stude:	nts who	reporte	ed their j	parents	feel it v	vould be	e wrong	g or very	wrong	for the	m to smoke			
												79.6	74.1	80.	8 No linear change	Not available	Not available
				nts who			parents	feel it v	vould be	e wrong	g or very	wrong	for the	m to use			
												90.5	91.4	92.	0 No linear change	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Total

Total Site-Added																	
				Heal	th Risk	Behav	ior and	Percer	itages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN129: Pero tobacco	entage o	of stude	nts who	reporte	d their	friends	feel it v	vould be	wrong	or very	wrong	for then	n to smo	ke			
											68.4	69.1		73.6	Increased, 2015-2021	Not available [§]	Not available
QN130: Percor two drinks							feel it v	vould be	wrong	or very	wrong	for then	n to have	e one			
											62.3	59.7		67.9	Increased, 2015-2021	Not available	Not available
QN131: Perc	entage o	of studer	nts who	reporte	d their	friends	feel it v	would be	wrong	or very	wrong	for then	n to smo	ke			
											40.9	36.0		48.5	Increased, 2015-2021	Not available	Not available
QN132: Pero						friends	feel it v	vould be	wrong	or very	wrong	for then	n to use		.		
											78.6	79.1		84.4	Increased, 2015-2021	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
									ng a car other v									
											40.8	27.0	42.8		33.6	Decreased.	Not available§	Not available
											40.6	37.9	42.8		33.0	2013-2021	not available	Not availabl
			f studen			a weapo	on on sc	hool pro	operty (such as				n at leas		,	Not available	ivot avaitable
						a weapo	on on sci	hool pro	operty (s	such as				n at leas		,	No quadratic change	
day dı QN14	Perce	e 30 day	s before	10.1	9.0 did not	6.6	8.1	7.0		7.1	a gun, l	enife, or	club, o		st 1	Decreased,		Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Male Injury	and V	iolence																
					Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							l or inju fore the			pon on :	school p	property	(such a	s a gun,	knife,			
				9.5	11.0	9.7	7.9	6.9	8.8	8.5	6.8	7.8	7.5		5.7	Decreased, 1999-2021	No quadratic change	Not available
QN16 survey		ntage of	f studen	ts who	were in	a physi	cal fight	t (one o	r more t	times du	iring th	e 12 mo	nths be	ore the				
				45.9	43.1	42.2	36.7	38.4	36.2	33.9	32.4	25.4	24.7		19.0	Decreased, 1999-2021	No quadratic change	Not available
	Perces s before			ts who	were in	a physi	cal fight	t on sch	ool pro	perty (o	ne or m	ore time	es durin	g the 12	,			
				14.0	16.8	15.5	13.2	13.0	9.6	11.1	11.7	10.1	10.4		4.5	Decreased, 1999-2021	No change, 1999-2003 Decreased, 2003-2021	Not available
QN19	Perce	ntage of	fstuden	ts who	were ev	er phys	ically fo	rced to	have se	exual int	tercours	se (wher	they d	d not w	ant to)			
					6.4	5.0	4.8	4.5	5.8	4.6	5.4	4.4	3.4		2.9	Decreased, 2001-2021	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

Male **Injury and Violence Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey) 4.6 No linear change Not available Not available§ QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey) 8.4 5.7 3.2 2.1 Decreased. Not available Not available 2013-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

injui y	anu v	iolence			Heal	th Risk	Behavi	ior and	Percer	itages						Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
someo with a	ne they 1 object	were da or wea	ating or pon] on	going o	out with re time:	counti] s during	ng such the 12	things months	as bein	g hit, sl	ammed	into soi	on purpo nething, dents wh	or inju				
											6.8	7.2	7.6		4.3	No linear change	Not available§	Not available
 QN23:	Percei	ntage of	studen	ts who v	were bu	llied on	school	propert	y (ever	during			7.6	ne surve		No linear change	Not available [§]	Not available
QN23:	Percei	ntage of	studen	ts who v	were bu	llied on	school	propert	y (ever 12.7	during 13.8		months 1		ne surve		Decreased, 2009-2021	Not available [§] Increased, 2009-2013 Decreased, 2013-2021	Not available
QN24:	Percei	ntage of	studen		were ele	ectronica	ally bul	lied (co	12.7	13.8	the 12 r	months 1	pefore th		y) 6.9	Decreased,	Increased, 2009-2013	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

mjur	y and V	iolence	;															
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
				ts who						for >=2	2 weeks	in a row	so that	they sto	opped			
				21.1	21.3	21.0	19.9	18.4	20.2	19.2	15.7	15.3	18.4		23.3	No linear change	Decreased, 1999-2015 Increased, 2015-2021	Not available
QN26	: Perce	ntage o	f studen	ts who	seriousl	y consid	dered at	temptin	g suicid	le (durir	ng the 1	2 month	s before	the sur	vey)	-		
QN26	: Perce	ntage o	f studen	its who		y consid	lered at	temptin 9.2	g suicid	le (durin		2 month	s before	the sur	vey) 9.4	No linear change	No quadratic change	Not available
	: Perce			12.3	12.9	11.0	9.6	9.2	9.8	10.3	10.4	10.0	10.8	e the sur	9.4	No linear change	No quadratic change	Not available
QN27	: Perce			12.3	12.9	11.0	9.6	9.2	9.8	10.3	10.4	10.0	10.8		9.4	No linear change	No quadratic change No quadratic change	
QN27 the su	: Perce	ntage o	f studen	12.3 ts who :	12.9 made a 10.3	11.0 plan ab	9.6 out how 8.8	9.2 they w 7.8	9.8 ould att 7.4	10.3 empt su 8.7	10.4 nicide (d 7.5	10.0 during th	10.8 e 12 mo 8.9		9.4 fore 7.7			Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Male Injury	and V	iolence																
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2022
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
										n injury	, poisor	ning, or	overdos	se that had	d to			
							tempt th			n injury	, poisor	ning, or	overdos	se that had	d to			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	co Use				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021
QN30	Perce	ntage of	studen	ts who e	ever trie	d cigare	ette smo	king (e	ven one	or two	puffs)							
				69.2	65.0	60.5	53.3	52.0	44.8	46.2	39.4	29.8	23.7		11.9	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
QN31	Perce	ntage of	studen	ts who f	first trie	d cigare	ette smo	king be	fore age	e 13 yea	rs (ever	one or	two put	ffs)		-		
													10.3		4.3	Decreased, 2017-2021	Not available [§]	Not available
QN32		ntage of	studen	ts who	currently	y smoke	ed cigar	ettes (or	at leas	t 1 day	during	the 30 d	ays befo	ore the		· · · · · · · · · · · · · · · · · · ·		
survey				31.1	247	21.8	19.7	20.7	18.7	17.3	15.6	10.3	7.2		1.5	Decreased,	D 1 1000 2012	
survey				31.1	24.7	21.8	19.7	20.7	10.7	17.5	13.0	10.3	1.2		1.5	1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
		Percenta ne surve									,			ng the 3		,	,	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Male Tobac	co Use																	
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
QNDA the sur		Percei	ntage of	student	ts who c	currently	y smoke	ed cigare	ettes dai	ily (on a	all 30 da	ys durii	ng the 3	30 days l	before			
				14.2	10.7	9.5	7.9	6.6	6.0	5.2	4.5	3.2	2.7		0.1	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
-		_								•	ing e-cig		vapes,	vape pe	ens,	-		
												42.2	39.7		28.3	Decreased, 2015-2021	Not available§	Not available
pens, e	-cigars	, e-hook	cahs, ho		ens, and									apes, vaj least 1 c				
												26.8	14.8		13.4	Decreased, 2015-2021	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Male **Tobacco Use Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey) 3.5 No linear change 4.2 3.6 Not available§ Not available QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey) No linear change 2.7 3.1 2.8 Not available Not available QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey) 28.5 17.4 13.4 Decreased. Not available Not available 2015-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Male **Tobacco Use Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey) 5.5 2.0 Not available§ Decreased. Not available 2017-2021 QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey) 2.8 0.3 Decreased. Not available Not available 2017-2021 QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey) 2.7 0.2 Decreased. Not available Not available 2017-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Male Tobac	cco Use																	
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	: Perce				currentl	y smok	ed cigar	s (cigar	s, cigari	llos, or	little ci	gars, on	at least	1 day d	luring			
				21.7	18.3	15.6	15.6	17.7	14.5	17.0	15.2	13.3	9.6		2.5	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
_		_				-	oked cig before		_	s or use	d smoke	eless tob	acco oi	electro	nic			
													20.0		14.2	Decreased, 2017-2021	Not available [§]	Not available
	RCGR: re days						smoked	cigars	frequen	tly (ciga	ars, ciga	rillos, o	r little o	igars, o	n 20			
				2.2	2.5	1.9	2.2	3.1	3.1	3.3	3.1	3.8	2.5		0.3	No linear change	Increased, 1999-2015 Decreased, 2015-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Tobac	cco Use				Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
				_		_	_											
	32: Pero	centage	of stude	ents who	curren	tly smo	ked cig	arettes (or cigars	s (on at	least 1 o	day duri	ing the 3	30 days	before			
QNTI the su		centage	of stude	ants who	30.1	25.5	ked cig 24.1	arettes of 25.1	or cigars	22.8	least 1 o	day duri 14.8	ing the 3	30 days	before 2.9	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
the su		: Perce	ntage o	38.3 f studen	30.1 ts who	25.5	24.1	25.1	22.6	22.8	20.5	14.8	11.0		2.9	,	,	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change fron 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN40	Percei	ntage of	studen	ts who l	nad thei	r first dı	rink of a	alcohol	before a	nge 13 y	ears (ot	her thar	a few	sips)				
				35.6	34.4	32.5	30.9	27.8	23.6	26.1	23.3	16.2	17.8		10.8	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
-		ntage of e the sur		ts who	currently	y drank	alcohol	(at leas	st one di	rink of	alcohol,	on at le	ast 1 da	y during	g the			
				46.7	47.8	43.7	43.4	44.6	41.3	38.8	35.6	27.4	27.1		15.3	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
were f	emale o		r more o	drinks o	f alcoho						ore drink couple							
													14.9		5.8	Decreased.	Not available§	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

		Other I	J		Heal	th Risk	Behavi	or and	Percen	ıtages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
							e largest		er of dri	nks they	y had in	a row v	vas 10 c	or more				
											7.4	5.4	3.5		1.8	Decreased, 2013-2021	Not available§	Not available
				-				-			-					.	_	_
QN45	Perce	ntage of	f studen	ts who	ever use	ed marij	uana (oi	ne or m	ore time	es durin	g their l	ife)						
QN45	: Perce	ntage of	f studen	ts who	ever use 51.5	ed marij 50.3	uana (oi 46.0	ne or m 46.5	ore time 43.5	es during	g their 1 46.1	ife) 41.6	42.9		25.6	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
				51.6	51.5	50.3		46.5	43.5	47.7	46.1		42.9		25.6			Not available
				51.6	51.5	50.3	46.0	46.5	43.5	47.7 e age 13	46.1		9.7	_	25.6			Not available Not available
QN46	: Perce	ntage of	f studen	51.6 ts who t	51.5 tried ma 18.0	50.3 arijuana 16.2	46.0	46.5 first tim 12.8	43.5 ne befor 14.2	47.7 e age 13 13.9	46.1 3 years 12.8	10.4	9.7	re the si	4.5	1999-2021 Decreased,	Decreased, 2015-2021 Decreased, 1999-2015	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

			Orug Us	ie	Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN48	Perce	ntage of	studen	ts who e	ever use	d synth	etic maı	ijuana ((one or	more tii	mes duri	ng thei	r life)					
												8.3	5.3		3.2	Decreased, 2015-2021	Not available [§]	Not available
ONIAG		-																
than h	ow a do	ctor tol		to use it	(counti	ng drug					a doctor xyConti				rently			
than h	ow a do	ctor tol	d them t	to use it	(counti	ng drug									rently 5.2	Decreased, 2017-2021	Not available	Not available
than h Percoo	ow a do	or more	d them to times of	to use it during the	(counti	ing drug	s such a	as codei	ne, Vice	odin, O		n, Hydr	9.2	e, and	5.2	,	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	ior and	Percer	itages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		ntage of heir life		ts who	ever use	ed heroi	n (also o	called "	smack,"	"junk,	or "Ch	ina Wh	ite," one	or more	;			
				3.5	3.7	3.2	3.8	3.1	2.7	4.2	4.0	3.3	2.1		0.6	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available
					ever use their lif		ampheta	mines	(also ca	lled "sp	eed," "c	crystal n	neth," "c	crank," "i	ce,"			
				6.9	8.1	6.7	6.1	4.6	4.0	4.9	3.8	2.8	2.4		0.6	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
QN54: heir li		ntage of	studen	ts who	ever use	ed ecstas	sy (also	called '	'MDM	A" or "N	Molly,"	one or n	nore tim	es during	g	-		
						9.4	7.5	6.8	7.1	8.2	7.0	5.5	3.7		1.1	Decreased, 2003-2021	Decreased, 2003-2015 Decreased, 2015-2021	Not available
			studen nes duri			ected an	ıy illega	l drug (used a ı	needle t	o inject	any ille	gal drug	g into the	ir			
				2.8	2.9	2.4	3.1	2.9	3.1	3.7	3.3	3.4	1.9		0.6	Decreased,	No change, 1999-2015	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Male Alcoh	ol and (Other I	Orug U	se														
					Heal	lth Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		ntage of		ts who	were of	fered, so	old, or g	iven an	illegal	drug on	school	propert	y (durin	g the 12	2			
				34.3	33.2	33.4	30.2	26.9	24.4	26.4	24.4	18.1	18.1		10.3	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not availab

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

Sexual Behaviors **Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 [†] 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN57: Percentage of students who ever had sexual intercourse 58.2 56.1 58.5 58.6 61.7 57.9 60.8 51.4 49.2 46.9 32.4 Decreased, No change, 1999-2011 Not available 1999-2021 Decreased, 2011-2021 QN58: Percentage of students who had sexual intercourse for the first time before age 13 years 13.7 15.0 15.9 16.9 14.5 13.4 13.7 8.6 2.7 No change, 1999-2005 Not available 10.9 5.4 Decreased,

QN59: Percentage of students who had sexual intercourse with four or more persons during their life

QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person,

23.3 20.9 23.3 22.1 27.3 23.9 26.5 19.5 16.4 16.9

Male

during the 3 months before the survey)

Decreased, 2005-2021

No change, 1999-2011

Decreased, 2011-2021

Not available

1999-2021

Decreased, 1999-2021

6.1

^{41.3 39.9 40.7 38.6 44.3 41.5 42.7 34.3 31.6 32.0 19.8} Decreased, No change, 1999-2011 Not available 1999-2021 Decreased, 2011-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

Sexua	l Behav	TOPS			Heal	th Risk	Behav	ior and	Percen	ıtages						Linear Change*	Quadratic Change*	Change fron 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
_	: Percer	_			drank al	lcohol o	r used c	lrugs be	fore las	t sexual	interco	urse (ar	nong st	udents v	vho			
				27.3	27.7	30.9	26.0	26.3	28.3	24.7	24.8	26.4	26.4		9.9	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available
	: Percei		f studen	ts who	used a c	condom	during	last sex	ual inter	course	(among	student	ts who v	vere cur	rently			
				72.2	69.8	71.0	70.8	75.9	69.5	64.1	71.5	66.3	61.8		58.7	Decreased, 1999-2021	No quadratic change	Not available
-	: Percei	_		ts who	were ev	er teste	d for hu	man im	munode	eficienc	y virus ((HIV) (ı	not cour	nting tes	sts	-		
	- 3 -		/									12.2	10.3		6.1	Decreased, 2015-2021	Not available§	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN66:	Perce	ntage o	f studen	its who	describe	ed them:	selves a	s slight	ly or ve	y overv	weight							
				22.0	24.2	26.7	25.0	22.6	23.7	21.7	26.8	25.6	27.0		29.3	Increased, 1999-2021	No quadratic change	Not available
	7 D	rcentag	e of stu	dente w	ho wara	OVOTV	sight (s	_ 05+h .		. 1	05.1	. * 1	c 1 1					
			e-specif									14.3	15.4	y mass :	14.5	No linear change	No quadratic change	Not availabl
 Qnob	on sex-	and ago		15.3	15.2 who ha	16.4 d obesit	14.3 by (>= 9	15.9 5th perc	growth	charts) [§]	15.3	14.3	15.4		14.5	No linear change	No quadratic change	Not available
QNOB	on sex-	and ago	e-specif	15.3	15.2 who ha	16.4 d obesit	14.3 by (>= 9	15.9 5th perc	growth	charts) [§]	15.3	14.3	15.4		14.5	No linear change Increased, 1999-2021	No quadratic change No quadratic change	Not available
QNOB	BESE:	and ago	e-specif	15.3 tudents rom the	who ha 2000 C 12.9	d obesit DC gro	the 2000 14.3 xy (>= 9) with cha 17.4	15.9 5th percents) [§] 15.6	14.8	charts) [§] 14.1 or body	15.3	14.3	15.4		14.5	Increased,		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
											pop (su survey)		oke, Pep	osi, or Sp	prite,			
								15.6	16.6	20.7	22.8	26.6	25.8		30.8	Increased, 2007-2021	No quadratic change	Not available
											op one o		times p	er day (s	such			
								37.9	32.1	29.8	25.2	20.7	22.6		13.8	Decreased, 2007-2021	No quadratic change	Not available
						•	11		ss of so	da or no	on two	or more	times p	er dav (s	such	-		
			age of st rite, not								ore the							

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

weigi	it Mana	igemen	t and D	песагу	Behavi Heal		Behav	ior and	Percer	ıtages						Linear Change*	Quadratic Change*	Change from
																		2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
ON76	Percei	ntage of	etudan	· 1	11.1	. 1	10 /1											
		ituge oi	Studen	ts wno	did not	eat brea	ıktast (d	uring th	ne 7 day	s before	e the sur	vey)						
Q		ituge of	studen	is wno	did not	eat brea	iktast (d	uring tl	ne 7 day 14.7	s before		• ,	10.8		16.8	No linear change	Decreased, 2009-2015 Increased, 2015-2021	Not available
									14.7	16.8		12.4			16.8	No linear change	,	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

•		-			Healt	th Risk	Behavi	or and	Percen	tages					Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	_		
of phy		tivity th												(in any kind e 7 days			
										52.1	51.9	53.1	51.9	49.1	No linear change	Not available§	Not available
day (iı	n any ki	nd of pl		ectivity									ctivity o	n at least 1 ne time			
										14.5	12.0	14.1	13.6	16.2	No linear change	Not available	Not availabl
		Darcar	ntage of	student	s who v	vere phy	vsically	active a	it least 6	50 minu	tes per			rs (in any		_	
kind o		al activ								the hard	l some o	of the ti	me duri	ng the 7 days			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
				-		-	-											
-		_							am (cou	inting a	ny team	ıs run by	y their s	chool or	•			
_		_	studen uring th						am (cou	inting a	ny team 62.8	s run by 58.5	y their s	chool or	51.4	Decreased, 1999-2021	No change, 1999-2013 Decreased, 2013-2021	Not available
QN81	unity gr	ntage of	uring th	61.5 ts who l	62.0	60.4	survey 60.6	59.4	62.5	60.3	62.8	•	56.5		51.4	,		Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Male Other					Heal	th Risk	Behav	ior and	Percen	ntages						Linear Change*	Quadratic Change [*]	Change from 2019-2021 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN86:	Percei	ntage of	studen	ts who į	got 8 or	more h	ours of	sleep (c	n an av	erage so	chool ni	ght)						
									29.0	28.8	28.5	26.6	24.5		21.7	Decreased, 2009-2021	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Male Site-A	dded																
					Heal	th Risk	Behavi	or and	Percen	tages					Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015 2	017	2019 2021	-		
	Percei the sur		studen	ts who ı	ısually	did not	sleep in	their pa	arent's o	r guard	ian's ho	me (during	the :	30 days			
													4.2	1.5	Decreased, 2017-2021	Not available [§]	Not available
QN88:		ntage of	studen	ts who t	hink otl	ner peop	ole at sc	hool wo	ould des	scribe th	nem as e	equally fen	ninine	e and			
												1	0.6	10.4	No linear change	Not available	Not available
QN89:	Percei	ntage of	studen	ts who a	are trans	gender								,		-	
													1.7	1.5	No linear change	Not available	Not available
				ts who i					level of	f compl	eted edı	acation is s	ome	high school,			
												1	2.7	10.3	No linear change	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Male Site-A	dded																	
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN91: the sur		ntage of	studen	ts who	describe	ed their	grades i	n schoo	ol as mo	stly A's	or B's (during	the 12 r	nonths b	efore			
					52.6	51.6	48.9	52.4	55.4	55.1	61.8	61.9	57.8		67.6	Increased, 2001-2021	No quadratic change	Not available
		ntage of the mil		ts who	reported	l that eit	ther of t	heir par	ents or	other ac	lults in	their fai	nily are	serving	on			
										14.1	14.6	12.5	13.4		11.0	No linear change	Not available§	Not available
QN94:	Percei	ntage of	studen	ts who	are deaf	or have	e serious	s difficu	ılty hear	ring		-						
												1.2	2.3		1.8	No linear change	Not available	Not available
QN95:	Percei	ntage of	studen	ts who l	have ser	rious dif	ficulty	seeing (even w	hen wea	aring gla	asses)		•				
												5.0	6.6		5.8	No linear change	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Male Site-A	dded																	
					Heal	lth Risk	Behav	ior and	l Percei	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					have ser		fficulty	concen	trating,	remem	bering,	or maki	ng decis	sions (be	cause			
or u pr	iy sicui,	mentur,	or cino	cionar p	7 GOICH	•9						14.7	20.5		24.6	Increased, 2015-2021	Not available§	Not available
QN97	: Perce	ntage of	studen	ts who	have se	rious di	fficulty	walking	g or clir	nbing s	tairs		:	-				_
												2.4	2.1		1.3	No linear change	Not available	Not available
	: Perce		studen	ts who	carried	a weapo	on (as a	gun, kn	nife, or o	club, on	at least	1 day d	luring th	ne 30 day	ys		_	
				25.6	24.8	24.8	26.4	25.5	26.7	20.3	23.3	19.6	20.5		13.0	Decreased,	No change, 1999-2009	Not available

1999-2021

Decreased,

1999-2021

2.3

Decreased, 2009-2021

No change, 1999-2015

Decreased, 2015-2021

8.5

QN99: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least one day during the 30 days before the survey)

9.0 10.0 9.3 10.4 10.2 7.3 8.8 8.2 8.2

Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	or and	Percer	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
them owith, leading the second th	or emoti being hu s before	onally l ımiliate	hurt the	m one o	r more ners, or	times (s being th	uch thin reatene	gs as b d if the	eing tol y did no	d who	they cor hat they		ould no during					
survey																		
survey	,												14.7		15.1	No linear change	Not available [§]	Not available
QN10	1: Perco			nts who			nailed, o	or poste	ed electi	ronicall	y a reve	aling or		photo of		No linear change	Not available [§]	Not available
	1: Perco						nailed, o	or poste	ed electi	ronicall	y a reve	aling or		photo of		No linear change Decreased, 2017-2021	Not available [§] Not available	
QN10 themse	1: Perce elves (de 3: Perce	uring th	ne 30 da	ys befor	re the su	irvey) ed a reve	ealing o	r sexual	l photo	of them			sexual I	photo of	6.0	Decreased,		Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Male Site-Added **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN104: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey) 8.6 10.9 No linear change Not available§ Not available QN106: Percentage of students who currently took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey) 6.0 2.5 Decreased, Not available Not available 2017-2021 QN107: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse) 8.2 No linear change Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Male

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN10	8: Perc	entage	of stude	nts who	have b	een preg	gnant or	gotten	someon	e pregn	ant (one	e or mo	re times)				
				5.4	5.8	6.4	6.6	6.5	7.2	6.5	4.0	4.7	3.9		1.3	Decreased, 1999-2021	No change, 1999-2009 Decreased, 2009-2021	Not available
QN10	9: Perc	entage (of stude	nts who	have e	ver give	n or rec	eived o	ral sex								-	
							57.5	61.9	55.4	58.0	50.8	48.2	45.5		32.1	Decreased, 2005-2021	No change, 2005-2011 Decreased, 2011-2021	Not available
			of stude survey)		did not	t eat veg	getables	or salac	d (not co	ounting	potatoe	s, one o	r more	times du	iring			
													14.9		16.2	No linear change	Not available§	Not available
			of stude	nts who	most o	f the tin	ne or alv	vavs we	ent huns	rv beca	use the	re was r	not enou	igh food	in	-		
			e 30 day							, ,				U				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Male Site-Added **Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN115: Percentage of students who ever been told by a doctor or a nurse that they have asthma 26.4 26.5 25.1 21.4 Decreased. Not available§ Not available 2013-2021 QN119: Percentage of students who strongly agree or agree that their parents or other adults in their family have clear rules and consequences for their behavior 78.2 77.7 No linear change Not available Not available QN120: Percentage of students who reported their parents or other adults in their family talked with them about what they expect them to do or not to do when it comes to sex 58.7 57.5 48.5 Decreased. Not available Not available 2015-2021 QN121: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they smoke one or more packs of cigarettes per day

69.3 75.4

77.0

Increased, 2015-2021

Not available

Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Male Site-Added **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN122: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they have five or more drinks of an alcoholic beverage (once or twice a week) 65.5 65.8 72.2 Increased, Not available§ Not available 2015-2021 QN123: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they smoke marijuana once or twice a week 37.6 No linear change 35.2 35.1 Not available Not available QN124: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they use prescription drugs that are not prescribed to them 78.8 No linear change 74.8 75.9 Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Mala

Male Site-Added																	
				Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN125: Percetobacco	entage o	of stude	nts who	reporte	d their	parents	feel it v	vould be	e wrong	g or very	wrong	for ther	n to smo	oke			
											84.2	81.4		90.9	Increased, 2015-2021	Not available§	Not available
QN126: Perco							feel it v	would be	e wrong	g or very	wrong	for ther	n to hav	e one			
											77.1	80.6		85.1	Increased, 2015-2021	Not available	Not available
QN127: Perce	entage o	of stude	nts who	reporte	ed their	parents	feel it v	vould be	e wrong	g or very	wrong	for ther	n to smo	oke			
											74.9	71.1		80.6	Increased, 2015-2021	Not available	Not available
QN128: Perceprescription d						parents	feel it v	vould be	e wrong	g or very	wrong	for ther	n to use			_	
											88.6	89.1		91.9	Increased, 2015-2021	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Male

				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN129: Pero obacco	centage	of stud	ents who	reporte	d their	friends	feel it w	ould be	wrong	or very	wrong	for then	to smok	ce .			
											63.4	64.9		72.0	Increased, 2015-2021	Not available [§]	Not available
							feel it w	ould be	wrong	or very	wrong	for then	to have	one	-		
							feel it w	ould be	wrong	or very	wrong 1	for them		one 67.6	Increased, 2015-2021	Not available	Not available
Or two drinks QN131: Pero	of an a	alcoholi	c bevera	ge nearl	y every	day					56.7	54.0		67.6	,	Not available	Not available
Or two drinks QN131: Pero	of an a	alcoholi	c bevera	ge nearl	y every	day					56.7	54.0	to smok	67.6	,	Not available Not available	
QN130: Percor two drinks QN131: Percor marijuana QN132: Percor prescription of	centage	of stud	ents who	ge nearl	y every	day friends	feel it w	ould be	wrong	or very	56.7 wrong : 36.8	54.0 for them 35.0	ı to smok	67.6 ke	Increased,		Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

	le y and V	iolence																
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					exted o													
											39.8	33.4	47.1		39.8	No linear change	Not available§	Not available
		ntage of 230 day			carried a	weapo	n on scl	nool pro	operty (s	such as	a gun, k	nife, or	club, o	n at leas	st 1		_	_
						a weapo	on on scl	nool pro	operty (s	such as	a gun, k	nife, or	club, or	at leas	st 1	Decreased, 1999-2021	Increased, 1999-2007 Decreased, 2007-2021	Not available
day du	ring the	e 30 day	s before	1.9	rvey)	2.9	3.2	3.9	4.1	3.3	1.6	2.6	1.5		1.1	,	,	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
			studen imes du							on on s	school p	roperty	(such a	s a gun, l	knife,			
				6.7	5.6	5.5	4.4	4.0	6.3	4.4	4.3	3.8	4.2		3.8	Decreased, 1999-2021	No quadratic change	Not available
QN16 survey		ntage of	studen	ts who	were in	a physic	cal fight	(one or	more t	imes du	ring the	12 moi	nths bef	ore the			-	
				28.6	25.2	27.5	23.9	26.0	24.2	22.0	17.6	15.9	15.2		12.6	Decreased, 1999-2021	No quadratic change	Not available
		ntage of									17.6			g the 12	12.6	,	No quadratic change	Not available
														g the 12	2.3	,	No quadratic change Decreased, 1999-2015 Decreased, 2015-2021	Not available
month	s before	e the sur	vey)	9.2	were in 7.2	a physic	cal fight	7.5	ool prop	oerty (or 6.4	ne or me	ore time	s during	g the 12	2.3	Decreased,	Decreased, 1999-2015	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

Female Injury and Violence Health Risk Behavior and Percentages Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey) 10.4 13.1 No linear change Not available Not available§ QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey) 12.3 9.8 6.7 11.9 No linear change Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Femal Injury	e and V	iolence																
					Heal	th Risk	Behavi	ior and	Percer	itages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	3 2015	2017	2019	2021	-		
someor	ne they n object	were da or wea	ating or pon] or		out with ore times	[counti s during	ng such the 12	things months	as bein	g hit, s	lammed	l into so	mething	oose by g, or inju ho dated				
											10.7	9.8	11.1		7.0	Decreased, 2013-2021	Not available [§]	Not available
QN23:	Percei	ntage of	studen	ts who v	were bu	llied on	school	propert	y (ever	during	the 12	months	before t	the surve	ey)	•		
									18.8	19.3	20.4	18.6	17.1		13.4	Decreased, 2009-2021	No change, 2009-2013 Decreased, 2013-2021	Not available
				ts who v							oullied t	hrough	texting,	Instagra	ım,			
											17.5	16.0	12.4		12.6	Decreased, 2013-2021	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Female Injury	-	iolence	:															
					Heal	lth Risk	Behav	ior and	Percen	ıtages						Linear Change [*]	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
						or hope 12 mon				for >=2	weeks	in a rov	v so tha	t they st	opped			
				33.3	32.3	33.7	35.3	35.7	32.8	34.0	30.1	32.5	36.9		50.2	Increased, 1999-2021	No change, 1999-2015 Increased, 2015-2021	Not available
QN26:	Percei	ntage of	f studen	ts who	seriousl	y consid	dered at	temptin	g suicid	le (durir	ng the 1	2 month	ns befor	e the su	rvey)			
				22.4	19.6	20.0	16.2	12.9	17.2	16.7	15.5	17.5	21.3		26.6	Increased, 1999-2021	Decreased, 1999-2011 Increased, 2011-2021	Not available
QN27: the sur		ntage of	f studen	ts who	made a	plan ab	out how	they w	ould att	empt su	icide (d	luring th	ne 12 m	onths be	efore			
				16.8	13.9	14.0	13.4	10.5	12.2	11.8	12.3	14.8	14.8		23.1	Increased, 1999-2021	Decreased, 1999-2011 Increased, 2011-2021	Not available
QN28: survey		ntage of	f studen	ts who	actually	attemp	ted suic	ide (on	e or moi	re times	during	the 12 1	nonths	before t	he	-		
				10.7	8.9	11.5	8.7	7.6	10.8	8.8	8.2	10.2	9.1		12.9	No linear change	Decreased, 1999-2013 Increased, 2013-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

, ,		iolence			Healt	h Risk	Behavi	or and	Percent	ages					Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	_		
					ad a sui					injury,	poison	ing, or	overdos	e that had to			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Femal Tobac	e co Use																	
					Heal	th Risk	Behav	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN30:	Percei	ntage of	studen	ts who	ever trie	d cigar	ette smo	king (e	ven one	or two	puffs)							
				71.6	65.8	64.0	56.1	51.8	50.6	46.2	35.4	30.1	21.9		15.2	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
QN31:	Percei	ntage of	studen	ts who	first trie	d cigare	ette smo	king be	fore age	e 13 yea	ars (eve	n one or	two pu	ffs)		=	-	
													8.9		6.0	Decreased, 2017-2021	Not available [§]	Not available
QN32: survey		ntage of	studen	ts who	currentl	y smoke	ed cigar	ettes (o	n at leas	t 1 day	during	the 30 d	lays befo	ore the				
				33.4	23.4	25.1	22.8	19.1	19.1	18.7	12.7	9.2	5.2		3.9	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
		ercenta e surve		udents	who cur	rently s	moked	cigarett	es frequ	ently (o	on 20 or	more d	ays duri	ng the 3	0	-		
				18.0	12.2	12.8	9.8	8.2	7.6	7.1	3.8	2.9	0.6		0.3	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Femal Tobac	e co Use																	
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNDA the sur		Percer	ntage of	student	s who c	currently	/ smoke	d cigare	ettes dai	ly (on a	ıll 30 da	ıys duri	ng the 3	0 days l	efore			
				14.9	9.1	11.1	7.7	6.7	6.2	4.6	2.6	2.4	0.5		0.3	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
-		_				ed an ele				•		_	, vapes,	vape pe	ens,			
Ü	,	,	,	,				,	,		,	38.3	35.9		39.2	No linear change	Not available [§]	Not available
						y used a												
•	_		fore the	•		inous [sucii as	JOOL,	owioix,	Suorm	, vusc,	ana ora	j, on at	icast i c	iay			
												20.2	12.6		22.8	Increased, 2015-2021	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Female Tobacco Use Health Risk Behavior and Percentages Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey) 1.9 7.6 Not available§ 0.7 Increased, Not available 2015-2021 QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey) 1.4 0.6 5.0 Increased, Not available Not available 2015-2021 QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey) 23.1 13.7 22.6 No linear change Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Tobac	le cco Use				Heal	th Risk	Behavi	or and	Percent	tages					Linear Change [*]	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	_		
dissolv	vable to	bacco p	roducts		s Coper	hagen,	Grizzly,	Skoal,				snuff, dip ounting a		or tronic vapor			
													1.4	1.3	No linear change	Not available§	Not available
snus, c	or dissol		bacco p	products	s [such	as Cope	nhagen,	Grizzly	y, Skoal	, or Ĉan				snuff, dip,			
electro		·	,	. 20 OI II	iore day	ys durin	g the 30	days b	efore the	e survey		sj, not ee	0.4	0.0	Not available	Not available	Not available
QNDA or diss	AYSKL solvable	: Percei	ntage of	student	ts who o	currently	/ used si	mokele	ss tobac	co daily	y)	ing tobac	0.4 eco, snu	·	Not available	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Femal Tobac	e co Use																	
					Heal	th Risk	Behav	ior and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		ntage of			currentl	y smok	ed cigar	s (cigar	s, cigari	llos, or	little ci	gars, on	at least	1 day c	luring			
				8.1	7.2	8.5	7.0	7.4	8.6	8.6	8.4	8.0	5.0		1.7	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available
-		_		ents who		-			_	s or use	d smoke	eless tol	oacco oi	electro	nic			
													15.4		22.8	Increased, 2017-2021	Not available [§]	Not available
				tudents ays befo			smoked	cigars	frequen	tly (ciga	ars, ciga	rillos, c	or little o	cigars, o	on 20			
				0.6	0.4	0.7	1.0	0.9	1.3	1.1	1.4	1.3	0.9		0.4	No linear change	Increased, 1999-2013 Decreased, 2013-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	32: Pero	centage	of stude	nts who	curren	tly smo	ked cig	arettes o	or cigars	s (on at	least 1 o	day duri	ing the 3	30 days	before			
QNTE the sur		eentage (of stude	nts who	25.3	tly smo	ked cig	arettes of	or cigars	s (on at 2	least 1 o	day duri 13.0	ing the 3	30 days	before 4.6	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
he sur		: Perce	ntage of	34.7	25.3 ts who	26.5	24.1	21.2	20.9	20.6	16.2	13.0	8.3		4.6	,	,	Not availabl

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN40	Percei	ntage of	studen	ts who l	nad thei	r first d	rink of a	alcohol	before a	ige 13 y	ears (ot	her thar	a few s	sips)				
				27.6	23.4	28.1	23.2	21.2	23.0	19.4	16.4	14.0	14.6		15.2	Decreased, 1999-2021	No quadratic change	Not availabl
-		ntage of e the sur		ts who	currently	y drank	alcohol	(at leas	st one di	rink of a	alcohol,	on at le	ast 1 da	y during	g the			
				47.4	45.0	46.9	42.6	44.7	46.2	41.9	37.1	35.6	30.9		25.7	Decreased, 1999-2021	No change, 1999-2009 Decreased, 2009-2021	Not availabl
were f	emale o		r more o	drinks o	f alcoho		oinge dr											_
													15.2		11.2	No linear change	Not available [§]	Not availah

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	lth Risk	Behavi	ior and	Percen	ıtages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
						d that th			er of dri	nks the	y had in	a row v	vas 10 c	or more				
											2.4	1.1	1.7		1.0	No linear change	Not available§	Not available
											-			-				
QN45	: Perce	ntage of	f studen	45.7	ever use	ed marij 47.2	uana (o	ne or m 41.6	42.0	es durin 43.8	g their l	life) 40.9	45.0		33.6	Decreased, 1999-2021	No quadratic change	Not available
				45.7	42.5	_	38.3	41.6	42.0	43.8	39.0		45.0		33.6	,	No quadratic change	Not available
				45.7	42.5	47.2	38.3	41.6	42.0	43.8	39.0		45.0 5.1		33.6	,	No quadratic change No quadratic change	
QN46	: Perce	ntage of	f studen	45.7 ts who 10.4	42.5 tried ma	47.2 arijuana 10.5	38.3 for the 7.3	41.6 first tin 6.6	42.0 ne befor 8.5	43.8 e age 13 7.0	39.0 3 years 6.1	40.9	5.1	re the su	3.7	1999-2021 Decreased,		Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	or and	Percent	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN48	: Percei	ntage of	student	ts who e	ever use	d synth	etic mar	ijuana (one or i	more tir	nes duri	ng thei	r life)					
												5.2	5.3		3.9	No linear change	Not available [§]	Not available
ONT 40	ъ																	
than h	ow a do	ctor tol		to use it	(counti	ng drug					a doctor xyConti				ently			
than h	ow a do	ctor tol	d them t	to use it	(counti	ng drug									ently	No linear change	Not available	Not available
Perco QN50	ow a docet, one	octor tole or more	d them te times o	to use it during the	(counti heir life	ng drug	s such a	is codei	ne, Vico	odin, Oz		n, Hydr	10.7	e, and	10.6	No linear change	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Femal Alcoh	le ol and	Other I	Orug Us	se													
					Heal	th Risk	Behavi	ior and	Percen	itages					Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	_		
	: Perce			ts who	ever use	ed heroi	n (also o	called "	smack,"	"junk,	or "Ch	ina Wh	ite," one	or more			
				2.8	1.6	1.3	1.3	1.5	2.1	1.8	1.3	1.5	1.0	0.5	Decreased, 1999-2021	No quadratic change	Not available
	: Perce						ampheta	mines	(also ca	lled "sp	eed," "c	crystal n	neth," "o	rank," "ice,"			_
				6.8	5.6	5.7	4.9	3.8	3.5	2.4	1.5	2.3	0.9	0.6	Decreased, 1999-2021	No quadratic change	Not available
QN54 their li		ntage of	f studen	ts who	ever use	ed ecsta	sy (also	called	"MDMA	A" or "N	Molly,"	one or r	nore tin	es during			
						9.6	5.8	4.5	5.7	6.0	4.2	3.5	2.2	2.1	Decreased, 2003-2021	No quadratic change	Not available
	: Perce					ected an	y illega	l drug ((used a ı	needle t	o inject	any ille	gal drug	into their	-		
				1.7	0.5	0.9	1.2	1.3	1.9	1.8	1.2	1.0	0.7	0.4	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Femal Alcoh	e ol and (Other I	orug Us	e														
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
-	: Percei s before	_		s who	were of	fered, so	old, or g	iven an	illegal	drug on	school	propert	y (durin	g the 12	2			
				23.7	21.0	22.1	22.1	18.9	17.2	19.9	14.0	12.7	15.6		10.9	Decreased,	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

Sexual Behaviors **Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 [†] 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN57: Percentage of students who ever had sexual intercourse 50.9 49.4 56.2 51.3 56.5 57.1 57.1 46.0 43.9 29.5 Decreased, Increased, 1999-2011 Not available 1999-2021 Decreased, 2011-2021 QN58: Percentage of students who had sexual intercourse for the first time before age 13 years 2.6 No quadratic change Not available 6.7 4.5 5.8 4.3 3.3 1.7 Decreased, 1999-2021 QN59: Percentage of students who had sexual intercourse with four or more persons during their life 16.8 12.8 17.8 15.7 16.7 18.0 17.0 10.7 8.8 5.0 Decreased. No change, 1999-2011 Not available

1999-2021

Decreased,

1999-2021

21.5

Decreased, 2011-2021

Increased, 1999-2009

Decreased, 2009-2021

QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person,

38.6 38.4 44.6 39.8 46.5 44.2 42.9 33.6 34.3 34.7

Female

during the 3 months before the survey)

Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Femal Sexua	ie l Behav	viors																
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change fron 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
_		ntage of y sexual			drank al	lcohol o	r used d	lrugs be	fore las	t sexual	interco	urse (ar	nong stu	ıdents v	vho			
				16.5	16.4	17.5	15.7	16.1	16.0	15.9	18.4	19.2	15.1		20.5	No linear change	No quadratic change	Not available
	: Perce	ntage of	f studen	ts who	used a c	ondom	during l	last sexu	ıal inter	course	(among	student	s who v	vere cur	rently			_
				50.5	54.6	54.9	56.9	62.8	55.2	54.1	55.8	48.0	45.4		46.0	Decreased, 1999-2021	Increased, 1999-2007 Decreased, 2007-2021	Not available
		ntage of lonated l		ts who	were ev	er tested	d for hu	man im	munode	eficiency	y virus (HIV) (r	ot cour	ting tes	its			
												13.6	16.6		7.1	Decreased, 2015-2021	Not available§	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

		-		Dietary			Behav	ior and	Percen	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN66	: Perce	ntage o	f studen	ts who	describe	d them	selves a	s slight	y or ve	ry overv	weight							
				36.8	35.7	36.1	37.7	31.8	32.0	33.6	36.7	37.7	39.6		32.9	No linear change	No quadratic change	Not available
				dents w								rcentile	for bod	y mass i	ndex,			
												rcentile 17.3	for bod	y mass i	ndex,	Increased,	Increased, 1999-2011	Not available
based	on sex-	and age	e-specif	ic reference 13.1	ence dat	a from 16.6	the 2006	18.8	growth 16.5	charts) [§]	17.3	17.3	17.8		16.4	Increased, 1999-2021	Increased, 1999-2011 No change, 2011-2021	Not available
based QNOE	on sex-	and age	e-specif	ic reference 13.1	14.4 who ha	a from 16.6 d obesit	15.6 $y >= 9$	18.8 5th perc	growth 16.5	charts) [§]	17.3	17.3	17.8	y mass i	16.4	,	,	Not available
oased QNOE	on sex-	and age	e-specif	13.1 tudents	14.4 who ha	a from 16.6 d obesit	15.6 $y >= 9$	18.8 5th perc	growth 16.5	charts) [§]	17.3	17.3	17.8		16.4	,	,	Not available
QNOE	on sex- BESE: 1	and ago	e-specif age of s e data fi	13.1 tudents	14.4 who ha 2000 C 8.6	a from 16.6 d obesit DC gro 9.4	15.6 Ty (>= 9) with chair 10.4	18.8 5th percents)§ 10.7	16.5	charts) [§] 19.7 For body	17.3	17.3	17.8		16.4	1999-2021 Increased,	No change, 2011-2021	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

					Heal	th Risk	Behavi	or and	Percen	tages					Liı	near Change [*]	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 20	21			
											pop (su survey)		oke, Pej	osi, or Sprite	,			
								23.2	23.8	21.9	27.7	31.2	37.7	32		Increased, 2007-2021	No quadratic change	Not available
ONICO	D 4 1.	Percent	and of a	. 1 .								-				<u> </u>		
											op one of		times p	er day (such				
									the 7 d	lays bef			times p	er day (such	.1	Decreased, 2007-2021	No quadratic change	Not available
as Col	DDA2:	i, or Sp	age of si	countir	ng diet s	oda or o	liet pop	, during 26.4 e, or gla	25.6 ass of so	22.5 da or p	19.2	survey) 16.9 or more	13.9	•	.1	,	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

					Heal	th Risk	Behavi	or and	Percen	itages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
ONIZ	D		1										-					
QN/6	Percei	ntage of	studen	ts who	did not	eat brea	kfast (d	uring th	ie 7 day	s before	e the sur	vey)						
QN /6	Percei	itage oi	studen	ts who	did not	eat brea	kfast (d	uring th	ne 7 day 15.1	s before	e the sur	(vey) 13.5	10.9		22.3	Increased, 2009-2021	No change, 2009-2015 Increased, 2015-2021	Not available
					,				15.1	12.7	13.0	• /		 ey)	22.3	,		Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

Female Physical Activity Health Risk Behavior and Percentages Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 35.1 31.5 33.3 34.9 33.6 No linear change Not available§ Not available QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 21.5 25.8 22.9 20.2 22.6 No linear change Not available Not available QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 17.6 14.8 17.6 16.8 No linear change Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

^{*}Not enough years of data to calculate.

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
_		ntage of oups, di			-				am (cou	ınting a	ny team	s run by	their so	chool or	•			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Femal Other					Heal	th Risk	Behav	ior and	Percen	ıtages						Linear Change*	Quadratic Change [*]	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021
QN86:	Percei	ntage of	studen	ts who į	got 8 or	more h	ours of	sleep (c	n an av	erage sc	chool ni	ght)						
									25.8	25.3	24.3	22.0	23.2		18.6	Decreased, 2009-2021	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Femal	-																	
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	201	3 2015	5 2017	2019	2021	-		
	Percei the sur		student	ts who ı	ısually	did not s	sleep in	their pa	arent's o	r guard	lian's l	nome (d	uring the	30 days	3			
													2.2		1.4	No linear change	Not available§	Not available
QN88: mascul		ntage of	student	ts who t	hink otl	ner peop	ole at sc	hool wo	ould des	scribe th	nem a	s equally	feminin	e and				
													16.7		17.8	No linear change	Not available	Not available
QN89:	Percei	ntage of	student	ts who a	are trans	gender				-			-			·		
													0.9		2.1	Increased, 2017-2021	Not available	Not available
						their m			level of	f compl	eted e	ducation	is some	high sc	hool,			
													14.5		10.9	Decreased, 2017-2021	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Female
Site-Added

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change [*]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN91: the sur		ntage of	f studen	ts who	describe	d their	grades i	n schoo	l as mos	stly A's	or B's (during t	the 12 n	nonths b	efore			
					69.8	63.4	65.2	63.1	66.7	68.0	74.7	75.1	74.1		78.0	Increased, 2001-2021	No change, 2001-2005 Increased, 2005-2021	Not available
																	,	
		ntage of the mil		ts who	eported	that eit	ther of the	heir pare	ents or o	other ad	lults in t	heir fan	nily are	serving	on		<u> </u>	
				ts who i	eported	that eit	ther of the	heir parc	ents or o	other ad	lults in t	heir fan	nily are	serving	on 10.4	Decreased, 2011-2021	Not available [§]	Not available
active	duty in	the mil	itary				ther of the			15.4				serving		,		Not available
active	duty in	the mil	itary							15.4				serving		,		Not available Not available
QN94	Perce	the mil	itary f studen	ts who a	are deaf	or have		difficu	lty hear	15.4	14.5	2.0	12.7	serving	10.4	2011-2021	Not available [§]	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Femal Site-A	-				Heal	th Risk	Behav	ior and	Percer	ıtages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
			studen or emo				fficulty	concent	trating,	rememb	pering, or	makir	ng decis	ions (be	cause			
												21.4	28.5		43.7	Increased, 2015-2021	Not available§	Not available
QN97:	Perce	ntage of	studen	ts who l	have se	rious di	fficulty	walking	g or clin	nbing st	airs		-			-		
QN97:	Perce	ntage of	studen	ts who l	have ser	rious di	fficulty	walking	g or clin	nbing st	airs	3.6	2.7		4.2	No linear change	Not available	Not available
QN98:		ntage of		,				_			airs at least 1			e 30 dag		No linear change	Not available	Not available
QN98:	Perce	ntage of		,				_						e 30 da		No linear change	Not available Increased, 1999-2009 Decreased, 2009-2021	_
QN98: before QN99:	Percer Percer	ntage of vey)	studen	ts who o	4.7	a weapo	on (as a 6.5	gun, kn 8.0	ife, or c	lub, on 6.6 Then the	at least 1	day d 6.0 I a gun	uring th	,	ys 5.2		Increased, 1999-2009	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Site-A					Heal	th Risk	Behavi	ior and	Percen	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
them o with, l	or emoti being hu s before	onally l miliate	hurt thei d in froi	m one o	r more thers, or	times (so being th	uch thin reatene	ngs as b d if the	eing tol y did no	ld who to t do wl	they cou hat they		ould no during					
,, (0)													29.4		30.8	No linear change	Not available [§]	Not available
QN10			of stude				nailed, o	or poste	ed electr	ronicall	y a reve	aling or		photo of		No linear change	Not available [§]	Not available
QN10							nailed, o	or poste	ed electr	ronicall	y a reve	aling or		photo of		No linear change Decreased, 2017-2021	Not available [§]	Not available Not available
QN10 themse	elves (d	uring th	ne 30 da	ys before	re the su	irvey)	ealing or	r sexual	l photo	of them			sexual _I 16.6	photo of led, or po	9.2	Decreased,		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Female Site-Added **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN104: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey) 18.4 31.0 Increased, Not available§ Not available 2017-2021 QN106: Percentage of students who currently took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey) 5.4 No linear change Not available Not available QN107: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse) 18.6 14.6 No linear change Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Female

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991 19	993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN108: I	Perce	ntage c	of stude	nts who	have b	een preg	gnant or	gotten	someon	e pregn	ant (one	e or mo	e times)				
				10.7	7.0	9.1	7.7	8.8	9.9	9.0	4.1	4.9	2.8		1.1	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available
QN109: I	Perce	ntage c	of stude	nts who	have e	ver give	n or rec	eived o	ral sex								-	
							50.1	53.5	54.0	55.7	44.6	42.7	46.3		30.9	Decreased,	Increased, 2005-2009	Not available
																2005-2021	Decreased, 2009-2021	
				nts who	did no	eat veg	etables	or salad	l (not co	ounting	potatoe	s, one o	r more t	imes du	ing	2005-2021	Decreased, 2009-2021	
QN110: I the 7 days				nts who	did no	eat veg	etables	or salac	l (not co	ounting	potatoe	s, one o	r more t	imes du	ing 13.0	No linear change	Decreased, 2009-2021 Not available [§]	Not available
	s befo	ntage o	survey) of stude	nts who	most o	f the tin			,				11.3	,	13.0			Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Female

	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2019-2021 [†]			
1991 199	93 19	995	1997	1999	2001	001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021												
QN115: Po	ercenta	age of	fstuder	nts who	ever be	en told	by a do	ctor or a	a nurse t	that the	y have a	asthma						
											25.3	24.4	23.4		20.9	Decreased, 2013-2021	Not available§	Not available
QN119: Perules and co						y agree	or agree	e that th	eir pare	nts or o	ther ad	ults in tl	heir fam	ily have	clear			
												79.0	81.9		73.3	Decreased, 2015-2021	Not available	Not available
QN120: Pe								or other	adults i	in their	family	talked v	vith ther	n about v	vhat			
												67.7	67.8		53.4	Decreased,	Not available	Not available
																2015-2021		
QN121: Poways when									eatly ris	k harm	ing ther	nselves	physica	ally or in	other	2015-2021		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Female Site-Added **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN122: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they have five or more drinks of an alcoholic beverage (once or twice a week) 75.6 80.0 77.0 No linear change Not available§ Not available QN123: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they smoke marijuana once or twice a week 48.1 No linear change 47.3 40.7 Not available Not available QN124: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they use prescription drugs that are not prescribed to them 85.5 No linear change 83.9 85.6 Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Femal Site-A	-																
					Heal	th Risk	Behavi	or and	Percen	tages					Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	_		
QN125		entage o	of stude	nts who	reporte	ed their j	parents	feel it w	vould be	e wrong	g or very	wrong	for ther	n to smoke			
tobacc	O											91.4	91.0	93.2	No linear change	Not available§	Not available
QN126	6: Perce	entage o	of stude:	nts who	reporte	ed their	parents	feel it w	vould be	wrong	g or very	wrong	for ther	n to have one	-	_	
				beverag							•	89.3	89.0		Na linear shares	Not available	Not available
												69.3	69.0	89.0	No linear change	Not available	Not available
QN127		entage o	of stude:	nts who	reporte	ed their	parents	feel it w	vould be	e wrong	g or very	wrong	for ther	n to smoke	-	-	
J												84.3	77.3	81.1	No linear change	Not available	Not available
				nts who			parents	feel it w	vould be	e wrong	g or very	wrong	for ther	n to use			
•	•		•			,						93.0	94.2	92.3	No linear change	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Femal Site-A	-																
					Heal	th Risk	Behavi	or and	Percen	tages					Linear Change [*]	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	_		
QN129		entage o	of stude:	nts who	reporte	ed their	friends 1	feel it w	ould be	wrong	g or very	wrong	for then	n to smoke			
												73.6	73.3	75.0	No linear change	Not available§	Not available
ON130): Perce	entage o	of stude	nts who	reporte	ed their	friends t	feel it w	ould be	wrong	or verv	wrong	for then	n to have one			
				beverag				icci ii vi	oura oc	wrong	, 01 (01)	_					
												68.4	65.2	68.4	No linear change	Not available	Not available
QN131		entage o	of stude:	nts who	reporte	ed their	friends	feel it w	ould be	wrong	g or very	wrong	for then	n to smoke			
												45.2	37.4	46.7	No linear change	Not available	Not available
ON12). Doro	antogo (of stude	nto who	ranarta	d thair	friands	faal it u	ould be	. Hirona	or Horn	urong	for then	n to 1150	-	_	
				ribed to			menas	ieei ii w	outa be	wiong	g or very	wrong	ioi men	n to use			
												83.2	84.5	86.1	No linear change	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
-		_	f studen rvey, an						_			,		-	_			
											15.0	20.7	12.0		20.0	Dagwagad	Not available [¶]	NI - (11 - 1 - 1
											45.2	39.7	43.9		39.8	Decreased, 2013-2021	Not available	Not available
_		_	f studen			a weapo	on on scl	hool pro	operty (such as				n at leas		,	inot available	Not available
_		_				a weapo	on on scl	hool pro	operty (such as				n at leas		,	Decreased, 1999-2015 Decreased, 2015-2021	Not available
day dı QN14	ring the	e 30 day		5.2 ts who	4.8 did not	4.2	5.4 hool bed	4.5	3.7	3.8	a gun, k 2.9	nife, or	club, o		o.5	Decreased,	Decreased, 1999-2015	_

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

White [:] Injury		iolence																
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
							l or inju fore the			pon on s	school p	property	(such a	s a gun,	knife,			
				7.6	7.6	7.7	6.2	5.0	5.4	4.3	4.6	4.2	4.8		3.9	Decreased, 1999-2021	No quadratic change	Not available
QN16: survey		ntage of	studen	ts who	were in	a physic	cal fight	(one or	r more t	imes du	iring the	e 12 mo	nths bet	ore the				
				35.3	32.5	33.7	28.8	28.8	26.7	23.9	19.8	15.1	16.5		13.3	Decreased, 1999-2021	No quadratic change	Not available
		ntage of the sur		ts who	were in	a physic	cal fight	on sch	ool prop	perty (o	ne or m	ore time	es durin	g the 12				
				8.7	10.4	10.6	9.1	9.0	6.5	5.2	6.4	4.4	5.0		1.7	Decreased, 1999-2021	No change, 1999-2003 Decreased, 2003-2021	Not available
QN19:	Percei	ntage of	studen	ts who	were ev	er physi	ically fo	rced to	have se	xual int	ercours	e (wher	they di	d not wa	ant to)		-	
					7.5	6.3	7.7	6.5	8.4	7.2	6.5	5.9	5.0		8.9	No linear change	No quadratic change	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

White* **Injury and Violence Health Risk Behavior and Percentages** Linear Change[†] Quadratic Change[†] Change from 2019-2021 § 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey) 7.4 10.5 No linear change Not available ¶ Not available QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey) 8.6 8.1 4.7 10.5 No linear change Not available Not available

^{*}Non-Hispanic.

Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

White [:] Injury		iolence			Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
someor	ne they 1 object	were da or weap	nting or pon] on	going o	ut with re times	[counti during	ng such	things a	s being	g hit, sla	ammed	into sor		ose by or injurno dated				
											9.0	7.4	8.1		5.9	No linear change	Not available¶	Not available
QN23:	Percei	ntage of	student	s who v	vere bu	llied on	school	property	(ever	during t	the 12 n	nonths b	pefore th	ne surve	y)	_		
									18.2	19.3	21.5	18.9	15.4		13.9	Decreased, 2009-2021	Increased, 2009-2013 Decreased, 2013-2021	Not available
											-					-		_
							ally bull months				ıllied th	rough to	exting, I	nstagrar	m,			

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

White Injury	* y and V	iolence																
					Heal	th Risk	Behav	ior and	Percer	ntages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							eless (ali			for >=2	2 weeks	in a rov	v so tha	they stop	ped			
				25.1	24.6	28.0	27.7	26.2	24.3	24.0	23.5	21.6	26.9	:	35.9	Increased, 1999-2021	Decreased, 1999-2015 Increased, 2015-2021	Not available
QN26:	: Perce	ntage of	f studen	ts who	seriousl	y consid	dered at	temptin	g suicic	le (durii	ng the 1	2 month	s before	e the surve	ey)	-		
				18.5	16.8	18.1	15.4	11.4	12.8	11.8	13.0	14.2	17.1		18.8	No linear change	Decreased, 1999-2011 Increased, 2011-2021	Not available
QN27:		ntage of	f studen	ts who	made a	plan ab	out how	they w	ould att	empt su	iicide (during th	ne 12 m	onths befo	ore			
	•			13.6	12.3	13.1	12.7	9.0	8.3	7.6	9.5	10.8	11.9		16.6	No linear change	Decreased, 1999-2011 Increased, 2011-2021	Not available
QN28: survey		ntage of	f studen	ts who	actually	attemp	ted suic	ide (one	e or mo	re times	during	the 12 1	nonths	before the	;			
				7.5	6.8	9.3	7.8	5.6	6.0	4.6	6.3	6.5	5.9		7.7	No linear change	No quadratic change	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

White Injury		iolence																
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
		ntage of a doctor								n injury	, poisoi	ning, or	overdo	se that h	ad to			
				2.5	2.3	3.1	2.4	1.3	1.6	1.6	1.8	1.8	1.0		2.4	No linear change	No quadratic change	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

White Tobac	* co Use																	
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN30:	Percei	ntage of	studen	ts who e	ever trie	ed cigare	ette smo	king (e	ven one	or two	puffs)				•			
				72.4	66.7	62.5	56.3	55.9	48.8	49.0	41.0	30.9	27.2		16.9	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
QN31:	Percei	ntage of	studen	ts who f	first trie	d cigare	tte smo	king be	fore age	e 13 yea	ırs (evei	one or	two pu	ffs)			-	
													-					
													9.5		4.5	Decreased, 2017-2021	Not available¶	Not available
		ntage of	student	ts who c	currently	y smoke	ed cigar	ettes (o	n at leas	st 1 day	during	the 30 d		ore the	4.5	,	Not available [¶]	Not available
		ntage of	studen	39.2	currently 28.4	y smoke 28.2	ed cigar 26.5	ettes (or 26.6	n at leas	23.4		the 30 d		ore the	4.5	,	Not available¶ Decreased, 1999-2013 Decreased, 2013-2021	
survey QNFR) CIG: F		ge of st	39.2	28.4	28.2	26.5	26.6	23.2	23.4	19.3	11.1	ays before 9.3	ore the	4.2	Decreased,	Decreased, 1999-2013	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

White Tobac	* co Use																	
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNDA the sur		Percer	ntage of	student	ts who c	currently	smoke	d cigare	ettes dai	ly (on a	ıll 30 da	ys duri	ng the 3	0 days t	pefore			
				18.8	12.2	14.0	10.7	8.8	7.8	6.4	4.8	2.5	2.3		0.1	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
						ed an ele s [such a							, vapes,	vape pe	ens,		_	_
	,	, , , , ,		,,		. [, ~	,	,	,	41.0	39.7		36.9	No linear change	Not available¶	Not available
						y used a												
	_		cahs, ho fore the			mods [such as	JUUL,	SMOK,	Suorin	, Vuse,	and blu], on at	least 1 d	lay			
												26.4	15.8		22.7	No linear change	Not available	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

10040	cco Use				Healt	h Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
	EVP: I the 30					rently u	sed elec	etronic v	apor pr	oducts	frequen	tly (on 2	20 or m	ore day	S	,		
												3.9	2.9		10.2	Increased, 2015-2021	Not available [¶]	Not availabl
)ND	YEVP:			student	ts who c	urrently	used e	lectroni	c vapor	produc	ts daily	/ 11 ·				-		
											as dully	(on all	30 days	during	the 30			
	erore in	e surve	<i>y)</i>								us duriy	2.4	30 days 2.6	during	7.4	Increased, 2015-2021	Not available	Not availabl
days b		entage	of stude			tly smol	ked ciga	arettes o	r used e	electron	ic vapoi	2.4	2.6		7.4	,	Not available	Not availabl

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

White Tobac	* cco Use																
					Heal	th Risk	Behavi	or and l	Percenta	ges					Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009 2	2011 20	13 2015	2017	2019	2021			
dissol	vable to	bacco p	roducts	[such a	s Copei	nhagen,		, Skoal,			co, snuff, o			vapor			
												4.7		1.7	Decreased, 2017-2021	Not available [¶]	Not available
snus, o	or dissol	lvable to	bacco j	products	s [such	as Cope	nhagen,	Grizzly		or Camel	(chewing Snus], not			dip,	-		
												2.3		0.3	Decreased, 2017-2021	Not available	Not available
or diss	solvable	tobacco	o produ	cts [suc]	h as Co	penhage	n, Grizz		al, or Car		hewing tob						
												2.1		0.2	Decreased,	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

White Tobac	co Use																	
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
			student		currently	y smoke	ed cigar	s (cigar	s, cigari	llos, or	little ciş	gars, on	at least	1 day d	luring			
				16.8	13.3	13.9	13.4	14.5	13.4	15.2	13.2	10.0	8.6		2.4	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
						ntly smo 30 days				s or use	d smoke	eless tob	acco or	electro	nic			
					8				,				21.5		23.1	No linear change	Not available [¶]	Not available
ONFR	CGR: 1	Percent	age of s	tudents	who cu	rrently	smoked	cioars 1	frequent	ly (cigs	ors ciga	rillos o	r little c	igars o	n 20			
			he 30 da				лиокеа	Ciguis i	requen	ily (Cigo	iis, eigu	111103, 0	i iittie c	15415, 0	11 20			
				1.6	1.2	1.2	1.7	1.3	1.6	1.1	2.4	2.4	1.8		0.0	Not available	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

20000	co Use				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
_		entage	of stude	ents who	o curren	tly smo	ked cig	arettes o	or cigars	s (on at	least 1 o	day duri	ng the 3	30 days	before			
_		entage	of stude	ents who	32.0	atly smo	ked ciga	arettes of 29.6	or cigars	27.0	23.5	day duri 14.6	13.0	30 days	before 5.0	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
he sur	vey)	: Perce		43.8 f studen	32.0	30.8	29.9	29.6	26.1	`	23.5	14.6	13.0		5.0	,	,	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

Alcon	oi anu v	Other I	orug Os	SC	Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change fron 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN40:	Percei	ntage of	studen	ts who l	had thei	r first d	rink of a	alcohol	before a	age 13 y	ears (ot	her thar	a few	sips)				
				31.9	28.5	31.8	27.5	22.8	22.0	21.2	18.2	13.8	15.4		13.7	Decreased, 1999-2021	No quadratic change	Not available
		ntage of e the sur		ts who	currently	y drank	alcohol	(at leas	st one di	rink of	alcohol,	on at le	ast 1 da	y durin	g the			
				53.5	52.7	52.6	50.6	54.5	49.0	46.5	42.6	34.7	33.2		27.5	Decreased, 1999-2021	No change, 1999-2009 Decreased, 2009-2021	Not available
were fo	emale o		r more o	drinks o	f alcoho						ore drink couple							
													18.6		13.9	Decreased, 2017-2021	Not available¶	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

Alcoh	ol and (Other I	Orug Us	se	Heal	th Risk	Behavi	ior and	Percen	ıtages						Linear Change [†]	Quadratic Change [†]	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021 §
							e larges the sur		er of dri	nks the	y had in	a row v	was 10 c	or more		,		
											6.8	4.3	4.0		2.1	Decreased, 2013-2021	Not available¶	Not available
QN45	Perce	ntage of	studen	ts who	ever use	ed marij	uana (o	ne or m	ore time	es durin	g their	life)						
				50.0	46.9	49.5	44.0	46.1	43.3	45.9	43.3	37.2	41.5		30.1	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
QN46	Perce	ntage of	studen	ts who	tried ma	rijuana	for the	first tin	ne befor	e age 1	3 years							
				12.8	11.3	14.4	11.1	8.6	11.1	9.3	8.1	6.8	6.2		3.5	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
QN47	Perce	ntage of	studen	ts who	currentl	y used 1	narijuar	na (one	or more	times o	during t	he 30 da	ays befo	re the s	urvey)			
				30.8	26.8	28.6	25.6	27.2	27.2	29.3	26.4	20.9	22.7		17.6	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

Alcon	or and v	other 1	Orug Us	e	Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN48	Perce	ntage of	studen	ts who e	ever use	ed synth	etic mar	rijuana	(one or	more tii	mes dur	ing thei	r life)	:	:			
												6.3	5.5		4.4	No linear change	Not available¶	Not available
										-					-			
than h	ow a do	ctor tol		to use it	(counti	ing drug					a doctor xyConti				ently			
than h	ow a do	ctor tol	d them t	to use it	(counti	ing drug									rently 6.6	Decreased, 2017-2021	Not available	Not available
than h Percoo	ow a do	octor tole or more	d them to times of	to use it during the	(counti	ing drug	s such a	as codei	ine, Vice	odin, O		n, Hydr	9.8	e, and	6.6	,	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

White Alcoho		Other I	Orug Us	se														
					Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		ntage of heir life		its who	ever use	ed heroi	n (also o	called "	smack,'	' "junk,	" or "Ch	nina Wh	ite," one	e or more				
				3.5	2.7	2.6	3.3	2.2	1.8	2.8	3.3	1.8	1.5		0.2	Decreased, 1999-2021	No change, 1999-2013 Decreased, 2013-2021	Not available
					ever use		ampheta	nmines	(also ca	lled "sp	eed," "o	erystal r	neth," "	crank," "io	ce,"			
				8.2	8.5	8.5	7.6	4.9	3.8	3.5	2.8	2.1	1.5		0.2	Decreased, 1999-2021	No change, 1999-2003 Decreased, 2003-2021	Not available
QN54: their li		ntage of	fstuden	its who	ever use	ed ecstas	sy (also	called '	'MDM	A" or "N	Molly,"	one or i	nore tin	nes during	,			
						12.3	8.6	6.6	7.4	8.0	5.6	4.7	3.3		1.4	Decreased, 2003-2021	Decreased, 2003-2015 Decreased, 2015-2021	Not available
				its who		ected an	y illega	l drug (used a	needle t	to inject	any ille	egal dru	g into thei	r		-	_
				2.4	1.8	1.8	2.6	1.8	2.0	1.9	2.1	1.5	1.5		0.1	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

White Alcoho		Other I	Orug Us	se														
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
	Percei s before			ts who	were of	fered, so	old, or g	iven an	illegal	drug on	school	propert	y (durin	g the 12	,			
				31.2	29.3	31.7	27.8	26.8	23.4	22.7	20.1	16.7	16.7		11.0	Decreased, 1999-2021	No change, 1999-2003 Decreased, 2003-2021	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

White Sexua	* l Behav	viors																
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN57:	Perce	ntage of	f studen	ts who e	ever had	l sexual	interco	urse	:	:								
				49.0	47.1	51.2	49.7	53.7	51.7	55.7	46.8	40.4	42.3		33.3	Decreased, 1999-2021	Increased, 1999-2011 Decreased, 2011-2021	Not availabl
QN58:	Perce	ntage of	f studen	ts who l	had sex	ual inter	course	for the	first tim	e before	e age 13	years						
				5.4	5.3	8.2	6.9	4.0	5.6	4.0	3.3	2.7	1.5		1.3	Decreased, 1999-2021	Increased, 1999-2003 Decreased, 2003-2021	Not availabl
QN59:	Perce	ntage of	f studen	ts who l	had sex	ual inter	course	with for	ur or mo	ore pers	ons duri	ng thei	life					
				14.6	12.6	14.9	14.8	15.6	15.0	19.6	12.4	8.3	8.9		6.3	Decreased, 1999-2021	Increased, 1999-2011 Decreased, 2011-2021	Not available
_		_		ts who v		rrently	sexually	active	(had se	xual int	ercourse	with a	t least o	ne perso	on,			
				36.1	36.6	38.7	36.9	42.0	40.9	42.2	33.6	28.9	32.5		23.1	Decreased,	Increased, 1999-2011	Not availabl

1999-2021

Decreased, 2011-2021

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Sexua	l Behav	viors			Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		ntage of y sexual			drank al	lcohol o	r used d	lrugs be	fore las	t sexual	interco	urse (ar	nong sti	idents v	vho	;		
				24.2	23.7	26.3	24.1	24.3	24.8	22.4	21.9	22.8	23.1		22.1	No linear change	No quadratic change	Not available
_	: Perce	_	studen	ts who	used a c	condom	during l	ast sexi	ıal inter	course	(among	student	s who v	ere cur	rently			
				57.9	59.1	58.5	61.7	69.0	61.9	56.5	63.3	55.8	55.0		55.8	No linear change	Increased, 1999-2007 Decreased, 2007-2021	Not available
_		ntage of onated		ts who	were ev	er teste	d for hu	man im	munode	ficienc	y virus (HIV) (r	ot cour	ting tes	ts	-	-	
30110 1	u	- Interes										9.3	10.4		7.5	No linear change	Not available¶	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

White Weigh		agemen	t and D	Dietary	Behavi	ors												
					Heal	th Risk	Behav	ior and	Percer	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN66:	Perce	ntage of	f studen	ts who	describe	ed them	selves a	s slight	ly or ve	ry over	weight					:		
				29.7	31.3	34.0	32.7	27.2	27.6	29.1	31.0	32.4	31.6		27.4	No linear change	No quadratic change	Not available
				12.3	13.3	14.1	14.0	14.1	13.2	16.2	13.6	13.7	15.6		13.0	No linear change	No quadratic change	Not available
		Percenta eference							centile f	or body	mass i	ndex, ba	ised on	sex- and	l			
				8.0	8.6	12.7	11.6	10.9	11.1	10.0	13.0	14.7	13.4		11.9	Increased, 1999-2021	No quadratic change	Not available
QN67:	Perce	ntage of	f studen	ts who	were try	ing to 1	ose wei	ght	-				-					
				42.7	45.4	46.5	46.1	43.9	43.8	48.6	48.5	46.8	45.3		40.7	No linear change	Increased, 1999-2015 Decreased, 2015-2021	Not available

^{*}Non-Hispanic.

 $^{^{\}dagger}$ Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
											pop (su survey)		oke, Pej	osi, or S	prite,			
								18.6	20.2	21.3	24.2	30.9	32.4		28.4	Increased, 2007-2021	Increased, 2007-2015 No change, 2015-2021	Not availabl
											op one o			er day (such			
														er day (such	Decreased, 2007-2021	No quadratic change	Not available
as Col	e, Peps	i, or Sp. Percent	age of si	tudents	ng diet s	oda or c	n, bottle	33.3 e, or gla	28.0 ass of so	25.6 oda or po	ore the	17.2 or more	19.4 times p		12.5		No quadratic change	Not availabl

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

J		-		·	Behavi Heal		Behavi	ior and	Percen	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
ONIZC	D				•		•			•		•						
QN /6	Percei	itage of	studen	ts who	did not	eat brea	kfast (d	uring th	ne 7 day	s before	e the sur	vey)						
QIV/6	Percei	itage of	studen	ts who	did not	eat brea	kfast (d	uring th	ne 7 day 14.3	s before 12.0		rvey) 11.2	10.6		20.6	Increased, 2009-2021	Decreased, 2009-2015 Increased, 2015-2021	Not available
			,						14.3	12.0		11.2		ey)	20.6	,	,	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

White* **Physical Activity Health Risk Behavior and Percentages** Linear Change[†] Quadratic Change[†] Change from 2019-2021 § 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 ON77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 45.8 43.3 47.2 47.6 45.8 No linear change Not available ¶ Not available QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 14.0 No linear change Not available 10.6 15.7 15.2 11.6 Not available QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 26.0 23.7 25.6 27.7 25.3 No linear change Not available Not available

^{*}Non-Hispanic.

Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

	003 2005 200	7 2009 2	2011 2013	2015 20	2017 2019	2021	•		
					2017 2017	2021			
ts who played on at e 12 months before	t least one sports the survey)	s team (count	ting any team	s run by th	neir school o				
58.2 58.6 55	5.5 56.1 57.	7 57.1	58.5 57.2	55.9 5	52.6	52.6	Decreased, 1999-2021	No quadratic change	Not availab
ts	58.2 58.6 55	58.2 58.6 55.5 56.1 57.	58.2 58.6 55.5 56.1 57.7 57.1 s who had a concussion from playing a sport or	58.2 58.6 55.5 56.1 57.7 57.1 58.5 57.2 s who had a concussion from playing a sport or being physic	58.2 58.6 55.5 56.1 57.7 57.1 58.5 57.2 55.9 5 s who had a concussion from playing a sport or being physically active	58.2 58.6 55.5 56.1 57.7 57.1 58.5 57.2 55.9 52.6 s who had a concussion from playing a sport or being physically active (one or more	58.2 58.6 55.5 56.1 57.7 57.1 58.5 57.2 55.9 52.6 52.6 s who had a concussion from playing a sport or being physically active (one or more	58.2 58.6 55.5 56.1 57.7 57.1 58.5 57.2 55.9 52.6 52.6 Decreased, 1999-2021 s who had a concussion from playing a sport or being physically active (one or more	58.2 58.6 55.5 56.1 57.7 57.1 58.5 57.2 55.9 52.6 52.6 Decreased, 1999-2021 s who had a concussion from playing a sport or being physically active (one or more

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White Other					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
QN86:	: Percei	ntage of	studen	ts who g	got 8 or	more h	ours of	sleep (o	n an av	erage so	chool ni	ght)						
									27.2	28.5	28.0	24.1	26.2		20.8	Decreased,	No quadratic change	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

White Site-A																	
					Healt	th Risk	Behavi	or and	Percent	tages					Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013 201	5 2017	2019 20)21			
	Percei the sur		student	s who u	isually o	did not s	sleep in	their pa	rent's o	r guardi	an's home (during the	30 days	·			
												1.9	C	.7	No linear change	Not available¶	Not available
QN88: mascu		ntage of	student	s who t	hink oth	her peop	ole at scl	nool wo	uld des	cribe the	em as equal		e and		-		
												13.6	12	2.0	No linear change	Not available	Not available
QN89:	Percei	ntage of	student	s who a	are trans	sgender											
QN89:	Percei	ntage of	student	s who a	are trans	sgender						1.3	1	.8	No linear change	Not available	Not available
QN90:	Percei	ntage of	student	s who r	eported				evel of	comple	ted educatio				No linear change	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

White*	
Site-Add	ed

White* Site-Ao					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021 §
QN91: the surv		ntage of	studen	ts who	describe	d their	grades i	n schoo	l as mo	stly A's	or B's (during	the 12 n	nonths b	efore			
					67.3	64.8	62.2	64.4	68.0	67.2	72.2	75.9	71.0		79.8	Increased, 2001-2021	No change, 2001-2005 Increased, 2005-2021	Not available
				ts who i	reported	that eit	her of the	neir par	ents or	other ad	lults in t	heir far	nily are	serving	on	-	_	
active of	iuty in	the min	пагу							13.3	13.8	6.8	11.4		10.1	No linear change	Not available [¶]	Not available
QN94:	Percer	ntage of	studen	ts who a	are deaf	or have	serious	difficu	lty hear	ring								_
												1.0	1.5		1.8	No linear change	Not available	Not available
QN95:	Percer	ntage of	studen	ts who l	nave ser	ious dif	ficulty	seeing (even wl	hen wea	ring gla	isses)						
												4.8	5.0		7.7	Increased, 2015-2021	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Site-A	dded				Heal	th Risk	Behavi	or and	Percen	ıtages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
			f studen , or emo				ficulty	concent	rating,	rememb	pering, o	or makii	ng decis	ions (be	cause			
												18.8	23.8		36.0	Increased, 2015-2021	Not available¶	Not available
QN97:	Percei	ntage of	f studen	ts who	have sei	ious dif	ficulty	walking	or clin	nbing st	airs						-	
		J					j		,	C		1.2	1.5		2.0	No linear change	Not available	Not available
	Percei		f studen	ts who	carried a	a weapo	n (as a	gun, kni	ife, or c	lub, on	at least	1 day d	uring th	e 30 day	/S			_
				14.5	14.5	16.1	16.9	17.4	16.6	14.4	16.1	15.2	15.1		11.4	No linear change	No change, 1999-2007 Decreased, 2007-2021	Not available
							ot coun						only fo	r hunting	g or			
				4.4	4.1	5.1	4.9	5.0	4.9	3.8	5.2	3.9	3.2		0.4	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

White* Site-Added **Health Risk Behavior and Percentages** Linear Change[†] Quadratic Change[†] Change from 2019-2021 § 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN100: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey) 22.7 25.7 No linear change Not available ¶ Not available QN101: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey) 15.7 9.0 Decreased, Not available Not available 2017-2021 QN103: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey) 1.4 No linear change Not available Not available

^{*}Non-Hispanic.

Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Health Risk Behavior and Percentages

Health Risk Behavior and Percentages

Linear Change†
Quadratic Change†
Change from 2019-2021 §

1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021

QN104: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

14.1 22.4 Increased, 2017-2021

Not available¶
Not available¶
Not available¶

4.6

2.4

QN107: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)

QN106: Percentage of students who currently took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey)

9.9 9.7 No linear change Not available Not available

Not available

Decreased.

2017-2021

White*

Not available

^{*}Non-Hispanic.

Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{{}^{\}S}B$ ased on t-test analysis, p < 0.05.

Not enough years of data to calculate.

	odents who	have b	4.5	4.5	4.4	someon	5.8	2013 nant (on 2.2			2019 202	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available
	5.4	4.8	4.5	4.5	4.4	4.4	5.8					,	C ,	Not available
ge of stu				en or rec				2.2	2.1	2.3	0.5	,	C ,	Not available
ge of stu	idents who	have e	ver give		ceived o	oral sex		-	-					
				55.3	57.8	55.9	58.5	49.7	44.0	46.0	35.3	Decreased, 2005-2021	No change, 2005-2011 Decreased, 2011-2021	Not available
ge of stu he surve		o did no	t eat veg	getables	or sala	d (not c	ounting	potatoe	es, one o	or more ti	mes during			
										10.5	10.2	No linear change	Not available¶	Not available
				ne or alv	ways w	ent hun	gry beca	ause the	ere was	not enoug	gh food in			
	days befo	re the su	ırvey)											Not available
				f students who most of the tire 30 days before the survey)							f students who most of the time or always went hungry because there was not enoug	f students who most of the time or always went hungry because there was not enough food in 20 days before the survey)	f students who most of the time or always went hungry because there was not enough food in a 30 days before the survey)	f students who most of the time or always went hungry because there was not enough food in a 30 days before the survey)

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

					Heal	th Risk	Behavi	ior and	Percen	ıtages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN115	5: Perc	entage o	of stude	nts who	ever be	een told	by a do	ctor or	a nurse	that the	y have	asthma						
											22.1	23.6	21.8		18.5	Decreased, 2013-2021	Not available¶	Not available
			of stude es for th			y agree	or agre	e that th	neir pare	ents or o	other ad	ults in t	heir fan	nily have	e clear	-		
		1																
					avioi							80.0	80.8		76.4	No linear change	Not available	Not available
			of stude		reporte			or other	r adults	in their	family			m about		No linear change	Not available	Not available
			of stude	nts who	reporte			or other	adults	in their	family			m about		No linear change Decreased, 2015-2021	Not available Not available	
they ex QN121	: Perc	em to d	of stude:	nts who	reporte when it on think p	people m	sex noderate	ely or gr				talked v	with the	m about	what 50.7	Decreased,		Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

44.1 36.9

QN124: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they use prescription drugs that are not prescribed to them

QN123: Percentage of students who think people moderately or greatly risk harming themselves physically or in other

84.9 84.1 86.1 No linear change Not available Not available

Not available

Not available

41.2 No linear change

White*

ways when they smoke marijuana once or twice a week

^{*}Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{{}^{\}S}$ Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

White* Site-Added																
			Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991 1993 199	5 1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
QN125: Percentag tobacco	e of stude	nts who	reporte	d their	parents	feel it w	ould be	wrong	or very	wrong	for ther	n to smo	ke			
										90.0	85.9		92.1	Increased, 2015-2021	Not available [¶]	Not available
QN126: Percentag or two drinks of an						feel it w	ould be	wrong	or very	wrong	for ther	n to have	e one	-		
			,	<i>J</i> • • • <i>J</i>	,					85.5	84.7		86.7	No linear change	Not available	Not available
QN127: Percentag marijuana	e of stude	nts who	reporte	d their	parents	feel it w	ould be	wrong	g or very	wrong	for ther	n to smo	ke			
										81.2	73.7		80.8	No linear change	Not available	Not available
QN128: Percentag prescription drugs					parents	feel it w	ould be	wrong	g or very	wrong	for ther	n to use				
										94.2	92.9		94.2	No linear change	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

White ^s Site-A																		
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 20	21			
QN129		entage o	of stude	nts who	reporte	d their	friends	feel it w	ould be	wrong	or very	wrong	for then	n to smoke				
												69.5	67.0	68	3.1	No linear change	Not available¶	Not available
				nts who beveraș				feel it w	ould be	wrong	or very	wrong 64.8	for then 58.5	n to have or	ne 2.8	No linear change	Not available	Not available
QN131 marijua		entage o	of stude	nts who	reporte	d their	friends	feel it w	ould be	wrong	or very	wrong	for then	n to smoke		-		
												43.6	36.1	43	3.4	No linear change	Not available	Not available
				nts who			friends	feel it w	ould be	wrong	or very	wrong	for then	n to use				
			_									82.1	81.9	85	5.7	Increased, 2015-2021	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

mjur	y and V	ioience			Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							led whil driven											
											34.1	29.0	44.8		32.4	No linear change	Not available¶	Not available
											34.1	27.0	44.0		32.4	Tro finear change	rvot avanable	Not available
	: Perce					a weapo	on on sc	hool pro	operty (s	such as				n at leas			Tot available	ivot available
						a weapo	on on sci	hool pro	operty (s	such as				n at leas		Decreased, 1999-2021	No quadratic change	_
day dı QN14	ring the	e 30 day	s before	6.8 ts who	frvey) 6.5 did not g	5.9 go to sc		5.2	5.4	5.7	a gun, k	xnife, or	club, o		st 1 2.7	Decreased,		Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

Injury	and V	iolence					-		_							*		
					Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2	2021	-		
						reatened onths be				pon on s	school p	property	(such a	s a gun, k	nife,			
				9.5	7.7	7.4	5.7	4.8	8.5	7.5	5.3	8.5	7.8		5.7	No linear change	No quadratic change	Not available
QN16: survey		ntage of	f studen	ts who	were in	a physic	cal fight	t (one o	r more t	imes du	uring the	e 12 mo	nths bef	ore the				
				41.7	37.2	37.2	34.7	36.8	33.0	34.4	33.3	26.5	24.9	2	20.0	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
		ntage of the sur		ts who	were in	a physic	cal fight	t on sch	ool prop	perty (o	ne or m	ore time	es durin	g the 12				
				17.3	15.3	12.1	11.3	11.5	10.2	13.8	14.4	11.0	13.3		5.1	Decreased, 1999-2021	No quadratic change	Not available
QN19:	Percei	ntage of	f studen	ts who	were ev	er physi	ically fo	orced to	have se	xual int	tercours	e (when	they di	d not wan	t to)			
					8.8	9.8	6.7	<i>c</i> 0	11.4	0.6	7.7	7.6	6.4		6.7	No linear change	No quadratic change	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Injury	and V	iolence			Healt	h Risk	Behavio	or and	Percen	tages						Linear Change [†]	Quadratic Change	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
									eing for									
such th			, touchi ring the	ng, or b				to have				at they o	did not v	want to d	5.3	No linear change	Not available¶	Not available
QN21: going ointerco	Percerout with	ntage of a to do s	student sexual the	ng, or b 12 mon as who enings [cowant to	experien ounting do, one	ced sex such th	ual datii	ng viole kissing, during	ence (be	eing for	ourse] th	someone ysically	6.8 e they w	vere dating to have song stude	5.3 ng or sexual	No linear change	Not available [¶]	Not availab

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Black [;] Injury	* / and V	iolence			Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			2019-2021 5
someo with a	ne they n object	were da or wea	nting or pon] on	going o	out with ore times	[counti	ng such the 12	ating vion things a months	as being	g hit, sla	mmed	into sor	nething,	or injur				
											8.7	9.1	12.8		4.5	No linear change	Not available¶	Not available
QN23:	: Percei	ntage of	student	s who v	were bu	llied on	school	property	y (ever	during t	he 12 m	nonths b	pefore th	ne surve	y)			_
									10.5	11.9	15.3	12.9	13.2		7.8	No linear change	No change, 2009-2013 Decreased, 2013-2021	Not available
								lied (cou			llied th	rough to	exting, I	nstagrar	n,			

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Black [†] Injury		iolence																
					Heal	th Risk	Behav	ior and	Percer	ıtages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
						or hope 12 mon				for >=2	2 weeks	in a rov	v so tha	t they stop	pped			
				27.0	28.2	24.8	25.0	25.7	26.1	26.5	19.9	22.6	28.8		33.4	No linear change	Decreased, 1999-2015 Increased, 2015-2021	Not available
QN26:	Perce	ntage of	studen	ts who	seriousl	y consid	dered at	temptin	g suicio	le (durii	ng the 1	2 month	ns befor	e the surv	ey)	-		
				10.7	12.5	9.9	8.4	8.7	11.2	12.6	11.1	11.9	15.4		16.4	Increased, 1999-2021	No change, 1999-2005 Increased, 2005-2021	Not available
QN27:		ntage of	studen	ts who	made a	plan ab	out how	they w	ould att	empt su	iicide (d	during th	ne 12 m	onths befo	ore			
	3,			7.4	9.5	8.4	7.9	7.2	8.6	10.7	8.6	9.8	11.7		15.6	Increased, 1999-2021	No change, 1999-2013 Increased, 2013-2021	Not available
QN28: survey		ntage of	f studen	ts who	actually	attemp	ted suic	ide (on	e or mo	re times	during	the 12 i	months	before the	e			
·				4.5	6.2	6.3	5.2	5.5	9.4	8.7	6.3	8.5	9.0		8.8	Increased, 1999-2021	No quadratic change	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Black Injur	* y and V	iolence																
					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change f 2019-20
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
					2001 had a su													
					ng the 12					•								
be trea																		

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Black* Tobac																		
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN30:	Percer	ntage of	studen	ts who	ever trie	ed cigar	ette smo	king (e	ven one	or two	puffs)			:				
				66.7	62.7	62.2	53.4	44.2	45.0	39.9	30.9	28.1	16.6		8.2	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
QN31:	Percei	ntage of	studen	ts who	first trie	d cigare	ette smo	king be	fore age	e 13 yea	ırs (eve	n one or	two pu	ffs)				
													10.1		4.7	Decreased, 2017-2021	Not available¶	Not available
QN32: survey)		ntage of	studen	ts who	currentl	y smoke	ed cigar	ettes (o	n at leas	t 1 day	during	the 30 d	ays bef	ore the				
				17.7	12.7	14.4	11.0	8.5	12.9	10.9	6.8	8.0	2.0		0.9	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
		ercenta e surve		udents	who cur	rently s	moked (cigarett	es frequ	ently (c	on 20 or	more d	ays duri	ng the 3	80			
				6.9	5.2	4.5	3.1	2.6	4.3	3.6	2.1	3.7	1.0		0.0	Not available	Not available	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

1000	cco Use				Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QNDA		Percer	tage of	student	ts who c	currently	smoke	d cigare	ettes dai	ly (on a	ll 30 da	ys durir	g the 3	0 days b	efore			
				5.7	3.7	3.3	2.6	2.1	3.5	2.5	1.7	3.1	1.0		0.0	Not available	Not available¶	Not available
					ever use nd mods								vapes,	vape pe	ens, 28.7	Decreased, 2015-2021	Not available	Not available
	. D	ntage of	student	is who c	currently	y used a	n electr	onic va	por proc									
pens,	e-cigars,	e-hook		okah pe survey)	ens, and	mods [s	such as	JUUL,	SMOK,	Suorin	, Vuse, a	ınd blu]	, on at	least 1 d	lay			

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black [*] Tobac	* co Use																	
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
			age of st			rrently u	ised elec	etronic	vapor p	roducts	frequen	tly (on	20 or m	ore day	S			
												1.9	1.0		1.2	No linear change	Not available¶	Not available
_		: Perce	_	f studen	ts who	currently	y used e	lectron	c vapor	produc	cts daily	(on all	30 days	during	the 30	-		
•			• /									1.6	0.7		0.8	No linear change	Not available	Not available
			of stude			ntly smo	ked ciga	arettes o	or used	electron	nic vapo	r produ	ets (on	at least	1 day			
												22.3	11.6		11.9	Decreased, 2015-2021	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	201	13 2015	2017	2019	2021	-		
dissolv	able to	bacco p	roducts		s Coper	hagen,	Grizzly	, Skoal,				co, snuff, cot counting			vapor			
													1.7		1.3	No linear change	Not available¶	Not available
					-								-					
snus, o	r dissol	vable to	obacco j		s [such	as Cope	nhagen	, Grizzl	y, Skoal	l, or Ĉa	mel S	(chewing Snus], not	countin		•	Nat available	Net available	Not and lab.
snus, o	r dissol	vable to	obacco j	products	s [such	as Cope	nhagen	, Grizzl	y, Skoal	l, or Ĉa	mel S	`			dip, 0.0	Not available	Not available	Not available
QNDA	or dissolonic vap	vable to or prod	ntage of	products 20 or n	s [such and an	as Cope ys durin currentl penhage	nhagen g the 30 y used s	, Grizzl) days b mokele zly, Sko	y, Skoal efore the ss tobac pal, or C	l, or Ca le surve	mel S ey)	`	0.7	g any	0.0 , snus,	Not available	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black Tobac	* cco Use																	
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
		ntage of			currentl	y smoke	ed cigar	s (cigar	s, cigari	llos, or	little ciş	gars, on	at least	1 day d	luring			
				10.6	10.1	8.9	6.6	7.7	8.7	9.5	11.4	10.1	5.1		1.9	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available
		centage ts (on at								s or use	d smoke	eless tob	pacco oi	electro	nic		_	
•	1			j	C	ĵ			3,				12.6		13.1	No linear change	Not available¶	Not available
		Percent during t					smoked	cigars	frequen	tly (ciga	ars, ciga	rillos, o	r little c	igars, o	n 20			
01 11101	c augs	aaring (50 u	0.7	1.8	1.1	0.9	1.9	2.9	3.5	2.7	1.9	1.6		0.4	No linear change	Increased, 1999-2013 Decreased, 2013-2021	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

Black Tobac	co Use																	
					Healt	th Risk	Behavi	or and	Percen	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
		centage	of stude	ents who	curren	tly smo	ked cig	arettes (or cigars	s (on at	least 1 o	day duri	ng the 3	30 days	before			
.7		centage	of stude	ents who	curren	tly smo	ked cig	arettes o	or cigars	s (on at	least 1 o	day duri 12.7	ang the 3	30 days	before 2.5	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
the sur	rvey) 	: Perce	entage o	22.1	16.9	17.0	13.0	11.9	16.0	16.2	13.9	•	4.7		2.5	,	· · · · · · · · · · · · · · · · · · ·	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

	or una	Other D	rug os	, .	Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change fron 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN40:	Percei	ntage of	studen	ts who l	nad thei	r first d	rink of a	alcohol	before a	age 13 y	ears (ot	her thar	a few	sips)				
				28.4	25.8	25.9	26.9	24.7	21.6	19.0	21.0	15.4	17.0		10.3	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
		ntage of the sur		ts who	currently	y drank	alcohol	(at leas	st one di	rink of a	alcohol,	on at le	ast 1 da	y durin	g the	-		
				32.2	30.7	31.9	29.6	29.2	38.5	32.1	27.3	24.2	23.0		10.9	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
were f	emale o	r five o	r more o		f alcoho						ore drink couple							
													8.7		1.5	Decreased,	Not available [¶]	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

					Heal	th Risk	Behavi	or and	Percen	ntages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
						d that these before			er of dri	nks the	y had in	a row v	vas 10 c	or more				
											2.0	1.0	0.9		0.6	No linear change	Not available¶	Not available
QN45	: Perce	ntage of	f studen	ts who	ever use	ed marij	uana (oi	ne or m	ore time	es durin	g their l	life)						
QN45	: Perce	ntage of	f studen	49.2	ever use 49.6	ed marij 49.0	uana (oi 40.1	ne or m 42.1	ore time	es durin 46.4		life) 49.0	48.9		33.7	Decreased, 1999-2021	No quadratic change	Not available
				49.2	49.6		40.1	42.1	43.5	46.4	43.5		48.9		33.7	,	No quadratic change	Not available
				49.2	49.6	49.0 arijuana	40.1	42.1	43.5	46.4	43.5 3 years		48.9 8.5		33.7	,	No quadratic change No change, 1999-2013 Decreased, 2013-2021	Not available
QN46	: Perce	ntage of	f studen	49.2 ts who t	49.6 tried ma 13.4	49.0 arijuana 11.7	40.1 for the 11.6	42.1 first tim 10.1	43.5 ne befor 11.2	46.4 re age 11 11.2	43.5 3 years 11.4	49.0	8.5	re the su	4.9	1999-2021 Decreased,	No change, 1999-2013	

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

Black ^a		Other I	Orug Us	se	Heal	th Risk	Behavi	ior and	Percen	ıtages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN48	Perce	ntage of	studen	ts who e	ever use	ed synth	etic ma	rijuana	(one or	more ti	mes dur	ing thei	r life)					
												6.2	4.0		2.5	No linear change	Not available¶	Not available
than h	ow a do	ctor tol		to use it	(counti	ing drug					a doctor xyConti				rently			
													10.0		8.8	No linear change	Not available	Not available
			student their lif		ever use	ed cocai	ne (any	form of	cocain	e, inclu	ding po	wder, cı	rack, or	freebas	e, one		_	
				2.0	1.8	2.2	1.8	1.9	2.9	3.5	2.9	2.8	1.9		0.4	No linear change	No change, 1999-2015 Decreased, 2015-2021	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

					Heal	th Risk	Behavi	or and	Percer	ntages						Linear Change [†]	Quadratic Change [†]	Change fron 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
		ntage of their life		ts who	ever use	ed heroi	n (also o	called "	smack,	' "junk,'	" or "Ch	ina Whi	ite," one	or mor	e			
				1.1	1.3	1.1	0.6	1.1	2.0	1.9	2.2	2.6	1.1		0.4	No linear change	Increased, 1999-2015 Decreased, 2015-2021	Not availabl
03150	· Darca	ntage of	f studen	ts who	ever use	ed meth	ampheta	mines	(also ca	lled "sp	eed." "c	rvstal m	neth." "c	rank." "	ice."	-	-	
			re times				•		`		,	J	,	,	100,			
							1.2	1.2	2.3	-	2.4	1.9	1.4	,	0.6	No linear change	No change, 1999-2013 Decreased, 2013-2021	Not available
or "me	eth," on	e or mo	re times	during 1.3	their lift 2.1	fe) 1.2	1.2	1.2	2.3	2.2		1.9	1.4		0.6	No linear change		Not available
or "mo	eth," on	e or mo	re times	during 1.3	their lift 2.1	fe) 1.2	1.2	1.2	2.3	2.2	2.4	1.9	1.4		0.6	No linear change		Not available
QN54 their 1	: Perce	ntage of	f studen	1.3 ts who	2.1 ever use	1.2 ed ecsta:	1.2 sy (also 2.4	1.2 called 2.9	2.3 "MDM/ 2.7	2.2 A" or "N 3.9	2.4 Molly,"	1.9 one or n 3.7	1.4 nore tim	es durir	0.6 ng 1.2		Decreased, 2013-2021	_

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

					Healt	th Risk	Behavi	or and		Linear Change [†]	Quadratic Change [†]	Change from 2019-2021						
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
	Percei s before			ts who v	were off	ered, so	old, or g	iven an	illegal	drug on	school	propert	y (durin	g the 12	,			
				25.4	19.9	20.9	22.5	17.8	16.1	18.2	17.3	11.6	14.2		9.0	Decreased, 1999-2021	No quadratic change	Not availab

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Black Sexua	* l Behav	viors																
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
QN57	Perce	ntage of	f studen	ts who	ever had	l sexual	interco	urse	:		:	:	:			:		
				70.5	68.4	72.3	66.9	71.3	67.8	67.4	56.0	58.7	49.4		32.9	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available
QN58	Perce	ntage of	f studen	ts who	had sexi	ual inter	course	for the	first tim	e before	e age 13	years						
				22.3	18.5	18.3	17.7	15.9	14.8	15.7	11.1	14.4	6.4		4.5	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
QN59	Perce	ntage of	f studen	ts who	had sexi	ual inter	course	with for	ar or mo	ore pers	ons dur	ing their	rlife					
				34.0	25.3	33.1	27.3	32.1	32.5	25.6	21.8	21.8	17.8		6.2	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
			f studen before th			rrently s	sexually	active	(had se	xual int	ercours	e with a	t least o	ne perso	on,	-		
				51.4	47.4	53.2	44.1	52.8	49.9	45.7	37.5	40.6	33.8		21.0	Decreased, 1999-2021	No change, 1999-2009 Decreased, 2009-2021	Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Black* Sexual		viors																
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
-		ntage of			drank al	lcohol o	r used d	rugs be	fore las	t sexual	interco	ourse (ar	nong sti	udents v	who			
				18.2	16.7	19.9	15.5	12.7	20.6	16.0	22.7	23.3	16.4		6.5	No linear change	No quadratic change	Not available
QN62: sexual			studen	ts who	used a c	condom	during l	ast sex	ual inter	course	(among	student	s who v	vere cur	rently			
				70.9	69.4	70.2	67.2	71.2	65.8	63.9	60.1	59.9	51.3		47.2	Decreased, 1999-2021	No change, 1999-2007 Decreased, 2007-2021	Not available
		ntage of		ts who	were ev	er tested	d for hu	man im	munode	eficienc	y virus	(HIV) (ı	not cour	nting tes	sts		_	
												16.9	17.3		5.4	Decreased, 2015-2021	Not available [¶]	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

					Heal	th Risk	Behavi	ior and	Percen	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
QN66:	Perce	ntage o	f studen	its who	describe	ed them	selves a	s slight	y or ve	ry overv	weight				:			
				26.6	26.8	25.8	28.8	22.9	26.5	26.6	30.8	30.0	32.2		33.5	Increased, 1999-2021	No quadratic change	Not available
	T. Do	rcentag	e of stu	dents w	ho were	overwe	aight (\	- 85th r	oroonti	la bort /	0541		C 1		indov			
			e-specif						growth	charts)¶		17.5	19.4	y mass .	17.7	No linear change	No quadratic change	Not availabl
based QNOE	ESE: 1	and ag		17.3	20.5 who ha	21.5 d obesit	17.7 ty (>= 9	20.6 5th perc	growth 18.3	charts)¶ 18.9	20.6	17.5	19.4		17.7	No linear change	No quadratic change	Not availabl
based QNOE	ESE: 1	and ag	e-specif	17.3	20.5 who ha	21.5 d obesit DC gro	17.7 ty (>= 9	20.6 5th percents)¶	18.3	charts)¶ 18.9	20.6 mass in	17.5	19.4		17.7	No linear change Increased, 1999-2021	No quadratic change No quadratic change	Not available
QNOE	ESE: 1	and ag	e-specif	17.3 tudents rom the 13.9	20.5 who ha 2000 C 15.5	21.5 d obesit DC gro 14.5	the 2000 17.7 ty (>= 9 wth cha 17.8	20.6 5th percents) [¶] 16.2	18.3	charts) [¶] 18.9 For body	20.6 mass in	17.5	19.4 sed on		17.7	Increased,		

^{*}Non-Hispanic.

 $^{^{\}dagger}$ Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
											pop (su survey)		oke, Pep	osi, or S	prite,			
								19.6	19.1	22.4	25.6	27.4	31.4		35.7	Increased, 2007-2021	No quadratic change	Not availabl
											op one o		times p	er day (such	_		
									the 7 d	lays bef		survey)	times p	er day (13.9	Decreased, 2007-2021	No quadratic change	Not availabl
as Col	te, Peps	i, or Spa	rite, not	countin	ng diet s	oda or o	n, bottle	30.4 e, or gla	32.4 ass of so	27.6 da or po	ore the	21.2 or more	16.9 times p		13.9	,	No quadratic change	Not availabl

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Risk Behavior and Percentages Linear Change [†] Quadratic Change [†]	Change from 2019-2021 §
03 2005 2007 2009 2011 2013 2015 2017 2019 2021	
oreakfast (during the 7 days before the survey)	
12.9 15.4 13.2 14.5 11.0 19.0 No linear change No quadratic change	Not available
	Not available
reakfast on all 7 days (during the 7 days before the survey)	Not available
oreakfast on all 7 days (during the 7 days before the survey)	_

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2	021			
of phy		tivity th												(in any kii e 7 days	nd			
										40.2	35.9	37.3	40.4	4	0.4	No linear change	Not available¶	Not available
day (ir		nd of pl	iysical a	activity			participa heir hea							on at least in the time	[
										26.1	26.6	24.6	23.3	2	6.4	No linear change	Not available	Not available
ONDA														ys (in any ng the 7 da	ays	-		
kind o	the surv	vey)																

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

					Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
									am (cou	inting a	ny team	ns run by	their s	chool or	•	,		
			student uring the			fore the	survey		am (cou	inting a		is run by	their so	chool or	47.3	No linear change	No quadratic change	Not availab
				e 12 mc	onths be	fore the	survey)						chool or		No linear change	No quadratic change	Not availab
QN81:	nity gr	oups, di	aring the	54.4 ts who h	51.0 nad a co	50.2	survey 56.1	54.4	49.6	54.3	56.8	53.5	57.2	chool or	47.3	No linear change	No quadratic change	Not availa

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Health	ı Risk Behavio	r and Perce	4								
		n and I cicc	ntages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
997 1999 2001	2003 2005	2007 2009	2011	2013	2015	2017	2019 20	021			
						997 1999 2001 2003 2005 2007 2009 2011 2013 2015 adents who got 8 or more hours of sleep (on an average school night)					

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Black [*] Site-A																		
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	Percei		studen	ts who i	usually	did not	sleep in	their pa	arent's o	r guard	ian's ho	me (du	ring the	30 days		;		
													4.8		1.6	Decreased, 2017-2021	Not available [¶]	Not available
QN88:		ntage of	studen	ts who t	think otl	her peop	ole at sc	hool wo	ould des	scribe th	nem as e	qually	feminin	e and				
													14.6		13.8	No linear change	Not available	Not available
QN89:	Perce	ntage of	studen	ts who a	are trans	sgender												
													1.3		1.3	No linear change	Not available	Not available
						their m			level of	f comple	eted edu	ıcation	is some	high scl	hool,			
													14.9		8.3	Decreased, 2017-2021	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Black* Site-A																		
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
QN91: the sur		ntage of	studen	ts who	describe	ed their	grades i	n schoo	ol as mo	stly A's	or B's (during	the 12 r	nonths b	efore			
					45.1	42.9	48.0	46.2	51.4	53.2	59.3	58.5	59.4		64.5	Increased, 2001-2021	No quadratic change	Not available
		ntage of the mili		ts who	reported	that eit	ther of t	heir par	ents or	other ac	lults in	their far	nily are	serving	on			
										18.5	15.1	16.0	16.2		12.5	Decreased, 2011-2021	Not available [¶]	Not available
QN94:	Percei	ntage of	studen	ts who a	are deaf	or have	serious	s difficu	ılty hear	ring								
												1.5	2.1		1.6	No linear change	Not available	Not available
QN95:	Percei	ntage of	studen	ts who l	have ser	rious dif	ficulty	seeing (even w	hen wea	ring gla	asses)						
												8.7	10.1		8.4	No linear change	Not available	Not available

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

Black Site-A																		
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2	021	-		
					have ser problem)		fficulty	concent	rating,	rememb	ering, o	or makir	ng decis	ions (becar	ise			
												15.4	25.6	3	1.8	Increased, 2015-2021	Not available [¶]	Not available
N97	Percer	ntage of	student	ts who l	have ser	ious dif	ficulty	walking	or clin	nbing st	airs							
							-					4.6	2.1	:	3.4	No linear change	Not available	Not available
	Percer		studen	ts who	carried a	a weapo	on (as a	gun, kni	ife, or c	lub, on	at least	1 day d	uring th	e 30 days				
				15.7	13.0	15.8	15.6	14.2	16.3	10.8	12.5	10.3	10.9	,	7.5	Decreased, 1999-2021	No quadratic change	Not available
					carried a								only fo	r hunting o	r			

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Black* Site-Added **Health Risk Behavior and Percentages** Linear Change[†] Quadratic Change[†] Change from 2019-2021 § 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN100: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey) 19.6 18.4 No linear change Not available ¶ Not available QN101: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey) 12.6 6.1 Decreased, Not available Not available 2017-2021 QN103: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)

2.2

No linear change

Not available

Not available

^{*}Non-Hispanic.

Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Black* Site-Added **Health Risk Behavior and Percentages** Linear Change[†] Quadratic Change[†] Change from 2019-2021 § 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN104: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey) 10.9 19.2 Not available ¶ Not available Increased. 2017-2021 QN106: Percentage of students who currently took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey) 7.6 No linear change Not available Not available QN107: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse) 18.5 11.4 Not available Not available Decreased.

2017-2021

^{*}Non-Hispanic.

Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Black*	
Site-Adde	c

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN10	8: Perc	entage (of stude	nts who	have b	een preg	gnant or	gotten	someon	e pregn	ant (on	e or mo	re times)				
				12.8	10.2	13.9	11.6	11.1	15.6	10.1	5.9	10.2	3.6		0.9	Decreased, 1999-2021	No change, 1999-2009 Decreased, 2009-2021	Not available
QN10	9: Perc	entage (of stude	nts who	have e	ver give	en or rec	eived o	ral sex					-		·		
							53.1	58.2	57.2	60.1	48.8	51.7	46.5		32.6	Decreased, 2005-2021	No change, 2005-2011 Decreased, 2011-2021	Not available
	0: Percelays bef			nts who	did not	eat veg	getables	or salac	d (not co	ounting	potatoe	s, one o	r more t	imes du	ring			
													16.6		21.0	No linear change	Not available¶	Not available
	1. Perce	entage (ne or alv	vays we	ent hung	gry beca	use the	re was r	not enou	gh food	in			_
	ome (di		e 30 day	s befor	e the su	rvev)												

^{*}Non-Hispanic. † Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. $^{\$}$ Based on t-test analysis, p < 0.05. $^{\$}$ Not enough years of data to calculate.

Black* Site-Adde	ed																	
					Heal	th Risk	Behavi	ior and	Percer	itages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991 19	993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN115: F	Perce	ntage o	of stude	nts who	ever be	een told	by a do	ctor or	a nurse	that the	y have a	asthma						
											32.6	28.9	27.3		28.4	No linear change	Not available [¶]	Not available
QN119: F rules and o						ly agree	or agre	e that th	neir parc	ents or o	other adi	11ts in tl	heir fam 78.1	nily have	clear 76.8	No linear change	Not available	Not available
QN120: F they expec								or othe	r adults	in their	family	talked v	vith thei	m about	what			
												69.4	69.2		59.6	Decreased, 2015-2021	Not available	Not available
QN121: F ways when									reatly ri	sk harm	ing ther	nselves	physica	ally or in	other			
												64.0	74.9		75.4	Increased, 2015-2021	Not available	Not available

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Black* Site-Added Quadratic Change[†] Change from **Health Risk Behavior and Percentages** Linear Change[†] 2019-2021 § 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN122: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they have five or more drinks of an alcoholic beverage (once or twice a week) 68.9 73.8 75.8 No linear change Not available ¶ Not available QN123: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they smoke marijuana once or twice a week

37.0 35.7

QN124: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they use prescription drugs that are not prescribed to them

71.0 74.4 75.9 No linear change Not available Not available

Not available

Not available

39.7 No linear change

^{*}Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{{}^{\}S}B$ ased on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Site-Ao	dded				Healt	th Risk	Behavi	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 20	21			
QN125		entage o	of stude	nts who	reporte	d their	parents	feel it w	ould be	wrong	or very	wrong	for ther	n to smoke				
												84.1	85.8	90	0	No linear change	Not available [¶]	Not available
												04.1	05.0	,	.0	110 inicar change	1100 41 4114010	
								feel it w	ould be	wrong	or very			n to have or		Two micur change		
				nts who beverag				feel it w	ould be	wrong	or very				ie	Increased, 2015-2021	Not available	Not available
or two	drinks	of an al	coholic	beverag	ge nearly	y every	day					wrong 79.4	for ther	n to have or	ie	Increased,		Not available

87.4 90.2

89.5 No linear change

Not available

Not available

^{*}Non-Hispanic. †Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\$}}$ Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

				Healt	h Risk	Behavio	or and	Percen	tages						Linear Change [†]	Quadratic Change [†]	Change from 2019-2021 §
1991 1993	3 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
QN129: Per obacco	centage	of stude	nts who	reporte	d their f	friends f	eel it w	ould be	wrong	or very	wrong	for them	to smo	ke			
											67.7	71.3		79.5	Increased, 2015-2021	Not available [¶]	Not available
															2010 2021		
							eel it w	ould be	wrong	or very	wrong	for them	to have	e one			
							eel it w	ould be	wrong	or very	wrong t	for them	to have	e one 73.4	Increased, 2015-2021	Not available	Not available
Or two drink QN131: Per	s of an a	lcoholic	beverag	ge nearly	y every	day					62.0	59.1		73.4	Increased,	Not available	Not available
or two drink QN131: Per	s of an a	lcoholic	beverag	ge nearly	y every	day					62.0	59.1		73.4	Increased,	Not available Not available	Not available
QN130: Per or two drink QN131: Per narijuana QN132: Per orescription	s of an a	of stude	nts who	reporte	d their f	day friends f	eel it w	ould be	wrong	or very	62.0 wrong t	59.1 for them 32.0	to smo	73.4 oke	Increased, 2015-2021 Increased,		

^{*}Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.
Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Hispanic **Injury and Violence Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey) 41.6 40.7 49.8 33.9 Decreased, Not available§ Not available 2013-2021 QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey) 11.6 8.1 5.8 3.8 9.2 6.2 2.7 5.4 4.2 1.7 Decreased. No quadratic change Not available 1999-2021 QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey) 10.7 16.2 10.1 10.4 8.5 8.4 7.8 10.1 8.7 7.0 7.9 Decreased, No quadratic change Not available 1999-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Hispa Injury	nic y and V	iolence															
					Heal	th Risk	Behavi	ior and	Percen	tages					Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 202	1		
						reatened onths be				pon on	school p	property	(such a	s a gun, knife	·,		
				10.6	12.4	10.3	7.3	7.5	13.5	7.7	8.2	8.1	5.5	5.6	Decreased, 1999-2021	No quadratic change	Not available
QN16 survey		ntage of	studen	ts who	were in	a physi	cal fight	t (one o	r more t	imes du	iring the	e 12 mo	nths bef	ore the			
·				48.8	40.7	39.6	25.3	41.1	35.1	26.1	28.9	27.1	21.0	16.	Decreased, 1999-2021	No quadratic change	Not available
	: Perce			ts who	were in	a physi	cal fight	t on sch	ool proj	perty (o	ne or m	ore time	es durin	g the 12			
				14.0	13.3	14.2	10.0	13.1	10.5	6.9	10.6	11.4	9.8	4.5	Decreased, 1999-2021	No quadratic change	Not available
QN19	: Perce	ntage of	studen	ts who	were ev	er phys	ically fo	rced to	have se	xual in	tercours	e (wher	they di	d not want to)		
					12.3	9.8	7.5	12.2	10.8	7.6	10.3	7.4	8.7	7.6	Decreased, 2001-2021	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

Hispanic **Injury and Violence Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey) 9.0 No linear change Not available§ Not available QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey) 15.8 11.7 6.7 5.4 Decreased. Not available Not available 2013-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

^{*}Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

					Healt	th Risk	Behavi	ior and	Percei	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
someo with a	ne they n object	were da or wea	ating or	going o	ut with re times	s during	ng such the 12	things months	as bein	g hit, sla	ammed	into sor	nething,	ose by or injunt o dated				
went (_				/										
wein C								,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			9.1	11.3	7.2		8.2	No linear change	Not available§	Not availabl
			student			,			y (ever	during t				e surve		No linear change	Not available [§]	Not available
			student			,			y (ever 16.3		the 12 r		pefore th	ne surve		No linear change Decreased, 2009-2021	Not available [§] No quadratic change	Not available
QN23 QN24	: Percer	ntage of	student	s who v	vere bu	llied on	school	propert lied (co	16.3	13.6	the 12 r	nonths t	pefore th	ne surve	y) 8.4	Decreased,		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Hispa Injury		iolence																
					Heal	th Risk	Behav	ior and	l Percei	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
						or hope				for >=2	2 weeks	in a rov	v so tha	t they stop	pped			
				36.2	42.6	33.6	36.6	35.6	34.1	34.8	25.3	35.5	27.8		45.9	No linear change	Decreased, 1999-2013 Increased, 2013-2021	Not available
QN26:	Perce	ntage of	studen	ts who s	seriousl	y consid	dered at	temptin	ng suicio	de (duri	ng the 1	2 month	ns before	e the surv	ey)	_		
				27.8	21.9	13.2	7.9	12.3	21.9	16.6	14.8	14.8	13.9		18.4	No linear change	Decreased, 1999-2003 No change, 2003-2021	Not available
QN27:		ntage of	studen	ts who	made a	plan ab	out how	they w	ould att	tempt su	iicide (d	luring th	ne 12 m	onths befo	ore			
	7			15.9	14.4	9.4	9.0	12.1	16.7	13.5	13.1	12.2	12.1		12.5	No linear change	No quadratic change	Not available
QN28: survey		ntage of	studen	ts who a	actually	attemp	ted suic	cide (on	e or mo	re times	during	the 12 r	nonths	before the	;	-		_
				15.3	7.8	10.9	5.5	7.3	14.3	13.3	8.7	8.4	7.8		11.3	No linear change	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	Hea	lth Risk	Behavi	or and	Percent	ages					Linear Change [*]	Quadratic Change*	Change from 2019-2021 †
95 1997 19	999 2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	_		
		95 1997 1999 2001	95 1997 1999 2001 2003	95 1997 1999 2001 2003 2005		95 1997 1999 2001 2003 2005 2007 2009			· · · · · · · · · · · · · · · · · · ·	<u> </u>	<u> </u>		

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Hispar Tobac	nic co Use																	
					Heal	th Risk	Behav	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN30:	Percei	ntage of	studen	ts who	ever trie	ed cigar	ette smo	king (e	ven one	or two	puffs)							
				76.6	77.7	67.2	48.0	51.1	55.0	49.9	42.1	33.7	23.7		14.5	Decreased, 1999-2021	Decreased, 1999-2013 Decreased, 2013-2021	Not available
QN31:	Percei	ntage of	studen	ts who	first trie	d cigar	ette smo	king be	fore age	e 13 yea	ars (eve	n one or	two pu	ffs)				
													8.9		6.1	No linear change	Not available [§]	Not available
QN32: survey		ntage of	studen	ts who	currentl	y smok	ed cigar	ettes (o	n at leas	t 1 day	during	the 30 d	lays bef	ore the				
				29.5	27.4	20.6	17.9	20.4	19.0	16.1	11.9	8.9	6.4		2.9	Decreased, 1999-2021	Decreased, 1999-2011 Decreased, 2011-2021	Not available
	CIG: F			udents	who cui	rently s	moked	cigarett	es frequ	ently (o	on 20 oı	r more d	ays duri	ng the 3	30			
				13.6	14.1	7.9	6.7	9.4	6.1	3.7	2.8	3.8	1.7		0.9	Decreased, 1999-2021	No quadratic change	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Hispa Tobac	nic co Use																	
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QND/ the sur		Percei	ntage of	student	ts who	currently	/ smoke	d cigar	ettes dai	ily (on a	all 30 da	ys durii	ng the 3	0 days l	before			
				9.6	9.0	6.8	4.1	8.5	5.8	3.2	2.2	3.2	1.4		0.9	Decreased, 1999-2021	No quadratic change	Not available
_		_				ed an ele				•			vapes,	vape pe	ens,			
2	,	ŕ	,	,						ŕ		45.7	38.0		36.1	Decreased, 2015-2021	Not available§	Not available
pens, e	e-cigars	, e-hool		okah pe	ens, and	y used a mods [-	-	
	,	3			,							26.5	12.0		18.3	No linear change	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Hispanic **Tobacco Use Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey) 3.3 No linear change 3.2 2.2 Not available§ Not available QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey) Not available 2.9 1.9 No linear change Not available QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey) 28.3 14.6 17.8 No linear change Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Hispai Tobac	nic co Use																	
					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019 2	2021	-		
dissolv	able to	bacco p	roducts		s Coper	hagen,	Grizzly	, Skoal,				snuff, dip ounting		or ctronic va	por			
													3.5		2.6	No linear change	Not available§	Not available
snus, o	r dissol	vable to	bacco j		s [such	as Cope	nhagen,	Grizzl	y, Skoal	l, or Ĉar	nel Snu	ewing to s], not c		•	0.0	Not available	Not available	Not available
or diss	olvable	tobacco	o produ		h as Co _l	penhage	n, Grizz	zly, Sko	al, or C					uff, dip, s				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Toba	cco Use				Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change [*]	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	: Perce				currentl	y smoke	ed cigar	s (cigar	s, cigari	llos, or	little ci	gars, on	at least	1 day d	luring			
				22.3	16.7	9.9	12.3	15.1	11.7	11.8	11.5	12.7	7.4		1.8	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
_	34: Peroproduct	_				-			_	s or use	d smoke	eless tob	acco or	electro	nic			
													16.4		18.1	No linear change	Not available [§]	Not available
QNFF	RCGR:		age of s				smoked	cigars	frequent	tly (ciga	ars, ciga	rillos, o	r little c	igars, o	n 20			
or mo	ic days																	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Hispa Toba	anic cco Use																	
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QNTI the su	B2: Perd rvey)	centage	of stude	ents who	curren	tly smo	ked cig	arettes (or cigars	s (on at	least 1	day duri	ng the 3	30 days l	before			
				33.5	32.5	22.0	20.6	24.0	20.6	18.1	13.7	13.7	9.7		3.2	Decreased, 1999-2021	Decreased, 1999-2015 Decreased, 2015-2021	Not available
	AMOOR	. D																
	AYCGR during th					currentl	ly smok	ed cigaı	s daily	(cigars,	cigarill	os, or li	ttle ciga	rs, on al	11 30			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

			Orug Us		Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN40:	Percei	ntage of	studen	ts who l	nad thei	r first d	rink of a	alcohol	before a	ige 13 y	ears (ot	her thar	a few	sips)				
				46.2	40.5	34.1	23.9	28.5	33.9	31.6	23.7	16.5	18.8		15.2	Decreased, 1999-2021	No quadratic change	Not available
_		ntage of e the sur		ts who	currently	y drank	alcohol	(at leas	st one di	rink of a	alcohol,	on at le	ast 1 da	y durin	g the			
				46.6	54.6	36.2	35.8	45.5	44.8	44.3	35.8	35.9	28.8		21.4	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available
were fo	emale o	r five o	r more		f alcoho		binge dr											
													17.6		8.7	Decreased, 2017-2021	Not available§	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Hispa Alcoh		Other I	Orug Us	se														
					Heal	th Risk	Behavi	ior and	Percer	ntages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
							e larges the sur		er of dri	nks the	y had in	a row v	was 10 d	or more				
											4.6	5.1	1.8		1.0	Decreased, 2013-2021	Not available§	Not available
QN45	: Perce	ntage of	studen	ts who	ever use	ed marij	uana (o	ne or m	ore time	es durir	ng their	life)			•			
				51.6	49.3	47.3	32.8	46.4	46.5	46.4	43.8	43.8	40.0		23.1	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available
QN46	: Perce	ntage of	studen	ts who	tried ma	rijuana	for the	first tin	ne befor	e age 1	3 years					-	-	
				19.4	15.7	13.0	10.6	13.9	14.0	10.7	9.0	9.3	8.4		3.0	Decreased, 1999-2021	No quadratic change	Not available
QN47	: Perce	ntage of	studen	ts who	currentl	y used 1	narijuar	na (one	or more	times	during t	he 30 da	ays befo	re the si	urvey)			
				35.1	28.7	21.8	16.0	25.7	24.2	25.8	26.7	26.3	23.7		11.1	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

					Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN48	: Perce	ntage of	studen	ts who e	ever use	d synth	etic maı	rijuana ((one or	more tii	mes duri	ng thei	r life)					
												10.3	6.8		4.0	Decreased, 2015-2021	Not available [§]	Not available
han h	ow a do	ctor tol		to use it	(counti	ng drug					a doctor xyConti				rently			
than h	ow a do	ctor tol	d them t	to use it	(counti	ng drug									rently	No linear change	Not available	Not available
than h Perco	ow a docet, one	octor tole or more	d them to times of	to use it during the	(counti	ng drug	gs such a	as codei	ne, Vic	odin, O		n, Hydr	ocodon	e, and	10.6	No linear change	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Based on t-test analysis, p < 0.05.

Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Hispanic Alcohol and Other Drug Use **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life) 8.3 3.2 4.5 4.5 4.2 6.0 3.2 2.6 5.2 2.1 1.6 Decreased, No quadratic change Not available 1999-2021 QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life) 10.8 6.3 5.1 6.1 5.7 6.4 3.9 2.4 5.3 2.5 1.2 No quadratic change Not available Decreased. 1999-2021 QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life) 9.7 5.1 9.6 7.7 7.2 6.1 3.6 2.6 Decreased, No quadratic change Not available 2003-2021 QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life) 4.0 4.8 5.6 4.8 2.9 1.4 3.3 4.7 1.8 1.2 Decreased. No quadratic change Not available 1999-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Alcoh			3 - · ·		Heal	th Risk	Behavi	or and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
		ntage of the sur		ts who	were of	fered, so	old, or g	iven an	illegal	drug on	school	propert	y (durin	g the 12	2			
				32.7	31.6	22.2	27.6	21.7	24.6	30.8	21.6	18.7	19.4		11.3	Decreased,	No change, 1999-2011	Not availabl

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

Hispanic

Sexua	nic l Behav	iors																
					Heal	th Risk	Behavi	or and	Percen	ıtages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN57:	Percei	ntage of	f studen	ts who	ever had	d sexual	interco	urse										
				61.0	64.0	62.1	50.3	62.8	61.9	59.7	52.0	47.9	46.6		26.4	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available
QN58:	Percei	ntage of	f studen	ts who	had sex	ual inter	course	for the f	first tim	e before	e age 13	years						
				13.3	19.5	13.0	12.7	14.9	14.0	7.8	5.9	7.1	4.1		1.9	Decreased, 1999-2021	No change, 1999-2009 Decreased, 2009-2021	Not available
QN59:	Percei	ntage of	f studen	ts who	had sex	ual inter	course	with for	ır or mo	ore pers	ons duri	ng thei	life					
				26.8	24.8	25.6	17.8	26.3	23.7	20.6	14.9	11.6	11.8		2.3	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available
-		_	f studen before th			rrently s	sexually	active	(had se	xual int	ercourse	with a	t least o	ne perso	on,			
				41.7	48.3	45.6	37.0	50.1	42.4	45.2	36.0	35.9	34.8		16.7	Decreased, 1999-2021	No change, 1999-2011 Decreased, 2011-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Hispa Sexua	nic l Behav	viors																
					Heal	th Risk	Behavi	ior and	Percen	tages						Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
			f studen lly activ		drank al	cohol o	r used d	lrugs be	fore las	t sexual	interco	urse (ar	nong st	udents v	who			
				26.3	22.4	21.4	20.9	24.0	22.3	17.1	19.2	23.5	19.7		12.1	No linear change	No quadratic change	Not available
	Perce	-	f studen	ts who	used a c	ondom	during l	ast sexi	ual inter	course	(among	student	s who v	vere cur	rently			
				58.5	63.3	53.5	57.4	66.6	50.5	57.9	65.3	55.1	47.2		45.7	No linear change	No quadratic change	Not available
		ntage of	f studen blood)	ts who	were ev	er tested	d for hu	man im	munode	eficiency	y virus ((HIV) (ı	not cour	nting tes	sts			
												18.0	14.5		6.1	Decreased, 2015-2021	Not available [§]	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Weigh	Health Risk Behavior and Percentages															Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
QN66	Perce	ntage o	f studen	ts who	describe	ed them	selves a	s slightl	y or vei	y overv	weight							
				29.2	30.4	32.0	28.0	36.1	30.4	29.3	39.0	34.2	39.5		39.1	Increased, 1999-2021	No quadratic change	Not available
ONOV																		
							the 2000 12.3) CDC	growth			16.3	18.1	,	20.8	No linear change	No quadratic change	Not available
QNOF	on sex-	and age	e-specif	20.0 tudents	14.9 who ha	18.0 d obesit	the 2000	24.4 5th perc	growth (charts) [§]	18.6	16.3	18.1		20.8	No linear change	No quadratic change	Not available
based QNOF	on sex-	and age	e-specif	20.0 tudents	14.9 who ha	18.0 d obesit	12.3 by (>= 9.	24.4 5th percents)§	19.4 eentile f	charts) [§]	18.6	16.3	18.1		20.8	No linear change	No quadratic change No quadratic change	Not available
QNOF	on sex- BESE: :	and ago	e-specif age of s e data fi	20.0 tudents rom the	14.9 who ha 2000 C 12.7	d obesit DC gro	the 2000 12.3 $xy (>= 9)$ with chain	24.4 5th percents) [§] 16.3	19.4 eentile f	charts) [§] 19.1 or body	18.6	16.3 ndex, ba	18.1		20.8			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Ü	Weight Management and Dietary Behaviors Health Risk Behavior and Percentages															Linear Change*	Quadratic Change*	Change from 2019-2021
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
											pop (su survey)		oke, Pep	psi, or Sp	rite,			
								17.5	18.1	15.5	24.9	22.6	30.0		30.8	Increased, 2007-2021	No quadratic change	Not available
											op one of			er day (s	uch			
								33.4	25.9	27.3	20.9	22.8	15.8		12.4	Decreased, 2007-2021	No quadratic change	Not available
											op two o			er day (s	uch			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

	Health Risk Behavior and Percentages														Linear Change*	Quadratic Change*	Change from 2019-2021	
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
ON76	Percei	ntage of	studen	ts who	did not	eat brea	kfast (d	uring th	ne 7 day	s hefore	e the cui	waw)						
Q 1 () 0					ara mot	cut orcu	Krust (a	uring u	ic / day	3 OCTOIC	c uic sui	vey)						
Q 1170						out orou	Krust (u	uring u	20.3	16.7	14.3	14.4	11.5		18.2	No linear change	Decreased, 2009-2015 No change, 2015-2021	Not available
		: Perce							20.3	16.7	14.3	14.4	11.5		18.2	No linear change	· · · · · · · · · · · · · · · · · · ·	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Delaware High School Survey Trend Analysis Report

Hispanic **Physical Activity Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 38.2 38.3 41.2 36.2 30.2 Decreased, Not available§ Not available 2011-2021 QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 26.6 19.1 18.2 23.2 24.1 No linear change Not available Not available QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey) 21.2 22.7 20.2 21.1 14.3 Decreased, Not available Not available 2011-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

991 1993 1	1995 199	1000	-													2019-2021
		7 1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	•		
N80: Percenta	0						am (cou	inting a	ny team	s run by	their s	chool or	r			
		58.2	50.3	44.4	51.9	49.2	46.9	52.1	58.7	52.2	47.5		37.4	Decreased, 1999-2021	No change, 1999-2015 Decreased, 2015-2021	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

Hispaı Site-A																		
	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2019-2021			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
	Percei the sur		studen	ts who ı	ısually	did not	sleep in	their pa	arent's o	r guard	lian's ho	me (du	ring the	30 days				
		•											4.0		3.0	No linear change	Not available§	Not available
QN88: mascul		ntage of	studen	ts who t	hink ot	her peop	ole at sc	hool wo	ould des	scribe th	nem as e	equally	feminin	e and	18.0	Increased, 2017-2021	Not available	Not available
QN89:	Percei	ntage of	student	ts who a	are trans	sgender							2.1		2.4	No linear change	Not available	Not available
						their m			level of	compl	eted ed	ucation	is some	high sc	hool,			
													32.9		24.7	Decreased, 2017-2021	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

	dded				Heal	th Risk	Behavi	or and	Percen	itages						Linear Change*	Quadratic Change*	Change from 2019-2021 †
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		2017-2021
QN91 the sur		ntage of	studen	ts who	describe	ed their	grades i	n schoo	ol as mo	stly A's	or B's (during	the 12 n	nonths be	fore			
					53.6	44.7	49.8	51.1	52.3	58.1	63.0	62.3	59.7		67.5	Increased, 2001-2021	No quadratic change	Not available
ON93	Perce	ntage of	studen	ts who	reported	l that eit	her of t	heir par	ents or	other ac	fulte in	their for	nily oro	serving c	'n	-		
					- F			nen pui	circs or	ourer ac	aurts III	uicii iai	illiy are	sci ving c)II			
		the mili			F			p	cincs of	10.3	15.4		13.4	serving e	9.6	No linear change	Not available [§]	Not available
active	duty in	the mili	itary		are deaf					10.3		14.3	13.4	serving c		No linear change	Not available [§]	Not available
active	duty in	the mili	itary							10.3			•	serving		No linear change	Not available [§]	Not available Not available
QN94	duty in	the mili	studen	ts who		or have	e serious	s difficu	lty hear	10.3	15.4	3.7	13.4		9.6			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. †Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Hispanic Site-Added **Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 ON96: Percentage of students who have serious difficulty concentrating, remembering, or making decisions (because of a physical, mental, or emotional problem) 38.0 24.0 22.8 Increased. Not available§ Not available 2015-2021 QN97: Percentage of students who have serious difficulty walking or climbing stairs 5.6 3.4 3.4 No linear change Not available Not available QN98: Percentage of students who carried a weapon (as a gun, knife, or club, on at least 1 day during the 30 days before the survey) 30.0 17.8 16.6 14.2 20.9 23.6 14.0 12.8 11.1 12.5 7.2 Decreased. No quadratic change Not available 1999-2021 QN99: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least one day during the 30 days before the survey) 8.6 4.8 4.6 9.4 No quadratic change Not available 7.6 4.2 5.6 5.8 2.0 Decreased. 1999-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Hispanic Site-Added **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN100: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey) 25.2 27.7 No linear change Not available§ Not available QN101: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey) 10.5 No linear change Not available Not available QN103: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey) 4.5 0.9 Decreased. Not available Not available 2017-2021

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Hispanic Site-Added **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN104: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey) 15.4 21.9 Increased, Not available§ Not available 2017-2021 QN106: Percentage of students who currently took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey) 5.7 No linear change Not available Not available QN107: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse) 15.0 15.2 No linear change Not available Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Hisnanic

	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2019-2021 †			
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021			
QN10	8: Perc	entage o	of stude	nts who	have b	een preg	gnant or	gotten	someon	ne pregn	ant (one	e or mo	re times)				
				11.3	7.5	12.2	10.0	11.7	10.9	9.1	6.2	5.9	5.9		3.3	Decreased, 1999-2021	No change, 1999-2007 Decreased, 2007-2021	Not available
QN10	9: Perc	entage o	of stude	nts who	have e	ver give	n or rec	eived o	ral sex					•			-	
							44.7	59.0	51.7	51.4	46.1	44.0	44.7		23.9	Decreased, 2005-2021	Decreased, 2005-2015 Decreased, 2015-2021	Not available
QN11	0: Percelays bef			nts who	did no	eat veg	getables	or salac	d (not co	ounting	potatoe	s, one o	r more t	imes du	ring			
													15.2		16.8	No linear change	Not available§	Not available
													13.2		10.0	Tto Imear change	1,000 4,4114010	1 (or a variable
QN11	1: Perco						ne or alv	ways we	ent hung	gry beca	use the	re was r		gh food				

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Site-Added **Health Risk Behavior and Percentages** Linear Change* Quadratic Change* Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN115: Percentage of students who ever been told by a doctor or a nurse that they have asthma 29.3 25.5 24.8 17.5 Decreased. Not available§ Not available 2013-2021 QN119: Percentage of students who strongly agree or agree that their parents or other adults in their family have clear rules and consequences for their behavior 75.6 78.7 70.5 No linear change Not available Not available

66.0

60.5

44.6

QN121: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they smoke one or more packs of cigarettes per day

QN120: Percentage of students who reported their parents or other adults in their family talked with them about what

67.0 80.8 74.3 No linear change Not available Not available

Not available

Not available

Decreased.

2015-2021

Hispanic

they expect them to do or not to do when it comes to sex

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Hispanic Site-Added **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN122: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they have five or more drinks of an alcoholic beverage (once or twice a week) 63.8 72.5 74.1 Increased, Not available§ Not available 2015-2021 QN123: Percentage of students who think people moderately or greatly risk harming themselves physically or in other ways when they smoke marijuana once or twice a week

39.5 45.3

75.7 80.5

46.0 No linear change

79.7 No linear change

Not available

Not available

Not available

Not available

ways when they use prescription drugs that are not prescribed to them

QN124: Percentage of students who think people moderately or greatly risk harming themselves physically or in other

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey Trend Analysis Report

Hispanic Site-Added **Health Risk Behavior and Percentages** Linear Change* **Quadratic Change*** Change from 2019-2021 † 1991 1993 1995 1997 1999 2001 2003 2005 2007 2009 2011 2013 2015 2017 2019 2021 QN125: Percentage of students who reported their parents feel it would be wrong or very wrong for them to smoke tobacco 86.7 87.4 95.1 Increased. Not available§ Not available 2015-2021 QN126: Percentage of students who reported their parents feel it would be wrong or very wrong for them to have one or two drinks of an alcoholic beverage nearly every day 83.1 83.5 No linear change Not available Not available QN127: Percentage of students who reported their parents feel it would be wrong or very wrong for them to smoke marijuana 80.8 79.0 86.7 Increased. Not available Not available

86.7

89.3

2015-2021

Not available

Not available

90.6 No linear change

QN128: Percentage of students who reported their parents feel it would be wrong or very wrong for them to use

prescription drugs (not prescribed to the student)

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

 $^{^{\}dagger}$ Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Hispanic Site-Added																	
	Health Risk Behavior and Percentages												Linear Change*	Quadratic Change*	Change from 2019-2021 †		
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	-		
QN129: Perce tobacco	entage of	f studer	nts who	reporte	d their	friends	feel it w	ould be	wrong	or very	wrong	for then	n to smo	ke			
											66.8	66.5		75.8	Increased, 2015-2021	Not available§	Not available
QN130: Perce or two drinks							feel it w	ould be	wrong	or very	wrong	for then	n to have	e one	· · · · · · · · · · · · · · · · · · ·		
											58.1	58.8		67.7	Increased, 2015-2021	Not available	Not available
QN131: Perco	entage of	f studer	nts who	reporte	d their	friends	feel it w	ould be	wrong	or very	wrong	for then	n to smo	ke		-	
											37.1	39.3		59.1	Increased, 2015-2021	Not available	Not available
QN132: Perco						friends	feel it w	ould be	wrong	or very	wrong	for then	n to use		.		
											72.4	75.5		83.6	Increased, 2015-2021	Not available	Not available

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.