Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			ents who to fore the s										
			he survey)										
					40.2	35.8	45.0		36.4	35.2	Decreased, 2013-2023	Not available [§]	No chang

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. ^{*}Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Total Injury :	and Viole	nce											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag or from sc								chool or o	on their			
4.8	4.6	5.3	6.3	5.1	8.2	5.3	5.1		7.6	13.6	Increased, 2003-2023	No change, 2003-2017 Increased, 2017-2023	Increased
	Percentag a gun, kn									orty			
7.7	6.2	5.6	7.8	6.4	5.6	6.2	6.0		4.7	7.8	No linear change	Decreased, 2003-2013 No change, 2013-2023	Increased
	Percentag	e of stude	nts who v	vere in a	physical f	ight (one	or more ti	mes durir	ng the 12	months			
	he survey))											

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Injury a	nd Viole	nce	Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		e of stude of stude			physical f	ight on sc	hool prop	erty (one	or more t	imes			
11.4	9.8	10.5	8.6	8.8	9.3	8.1	8.4		3.4	8.5	Decreased, 2003-2023	No quadratic change	Increased
QN19: 1 did not v		e of stude	ents who v	were ever	physicall	y forced t	o have sez	cual interc	course (w	hen they			
7.6	7.5	7.6	9.9	8.5	7.7	6.6	6.3		7.6	7.8	No linear change	No quadratic change	No change
things [c	ounting s	such thing	s as kissir	ng, touchi	ng, or bei	ng physic	(being for ally force g the 12 r 7.7	d to have	sexual		Increased, 2017-2023	Not available [§]	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
were dat physical the 12 n	ing or goi ly forced	ng out wi to have se ore the su	th to do s xual inte	exual thir rcourse] the	igs [count hat they d	ing such id not wa	blence (bes things as l nt to do, o ent out wi	cissing, to one or more	ouching, o re times d	r being uring			
					10.4	7.9	5.2		6.9	7.8	No linear change	Not available [§]	No chang
nto son he surv	by someo ething, or	ne they w injured v	ere datin vith an ob	g or going	gout with eapon] one	[counting e or more	violence (t g such thir times dur during the	ngs as bei ring the 12	ng hit, sla 2 months	mmed before			
nto son he surv	by someo ething, or	ne they w injured v	ere datin vith an ob	g or going	gout with eapon] one	[counting e or more	g such thir times dur	ngs as bei ring the 12	ng hit, sla 2 months	mmed before	No linear change	Not available	No chang
purpose into som the surv survey)	by someo ething, or ey, among Percentag	ne they w injured v students	ere datin, /ith an ob who date	g or going ject or we d or went	y out with eapon] one out with 8.9	[counting e or more someone 8.6	g such thir times dur during the	ngs as bei ing the 12 e 12 mont	ng hit, sla 2 months hs before 5.6	mmed before the 8.7	No linear change	Not available	No chang

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Injury a	and Viole	nce											
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					ronically nedia, eve								
					13.4	11.7	10.1		9.7	11.5	No linear change	Not available [§]	No change
					hopeless ever durin					row so			
27.4	27.5	26.9	26.5	26.8	22.9	24.2	27.6		36.9	32.9	Increased, 2003-2023	Decreased, 2003-2013 Increased, 2013-2023	No change
	Percentag		nts who s	eriously o	considered	l attempti	ng suicide	e (during	the 12 mo	onths			
15.6	12.7	11.1	13.5	13.5	12.8	14.0	16.1		18.3	17.4	Increased, 2003-2023	Decreased, 2003-2007 Increased, 2007-2023	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Injury a	and Viole	nce											
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag before the		ents who n	nade a pla	an about h	low they v	would atte	empt suici	de (durin	g the 12			
11.7	11.0	9.2	9.9	10.3	9.9	11.0	12.0		15.7	13.9	Increased, 2003-2023	Decreased, 2003-2009 Increased, 2009-2023	No change
	Percentag before the		ents who a	ctually at	tempted s	uicide (or	ne or more	e times dı	iring the 1	12			
8.6	7.1	6.2	8.2	7.8	7.0	7.6	7.2		8.7	9.5	No linear change	Decreased, 2003-2007 Increased, 2007-2023	No change
	Percentag lay during					veapon (s	uch as a g	un, knife	, or club,	on at			
16.0	16.6	17.1	18.5	13.5	14.4	13.0	13.5		9.1	10.4	Decreased, 2003-2023	No quadratic change	No change

Delaware High School Survey

Trend Analysis Report

Injury a	and Viole	nce									******		
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag ing or for												
5.8	5.4	6.2	6.3	4.4	5.2	4.7	5.0		1.4	1.7	Decreased, 2003-2023	Decreased, 2003-2017 Decreased, 2017-2023	No change
	Percentag	em or emo	otionally l	nurt them	one or me	ore times	(such thin		ng told wl	no they			
could ar did not o	d could n do what th t with son	ey wante	d, during	the 12 mo	onths befo	re the sur		ng student	s who da				
could ar did not o	do what th	ey wante	d, during	the 12 mo	onths befo	re the sur		ng student	23.1		No linear change	Not available [§]	No change
could ar did not o went ou QN107:	do what th	ey wanted neone dur ge of stud	d, during ing the 12 lents who	the 12 mo 2 months 1 had texte	onths befo before the ed, e-maile	re the sur survey)	22.5 ed electro		23.1	23.9	No linear change	Not available [§]	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Injury a	nd Viole	nce											
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 *
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
-		0	lents who days befor		ved a text vey)	or an e-n	nail with	a revealir	g or sexu	al photo			
									19.9	21.2	No linear change	Not available [§]	No change
					a revealin r permissi						·		
							2.2		1.2	2.7	No linear change	Not available	Increased
	n as cuttin				thing to p purpose of								
							13.5		21.1	20.7	Increased, 2017-2023	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. ^{*}Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

njury a	and Viole	nce	Health	Risk Beh	navior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			2021-2025
N111:	Percenta	ge of stuc	lents who	currently	use JUUI	L brand o	r a similaı	r brand lik	e myblu	or Logic			
									5.3	4.0	No linear change	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

Total Tobacc	o Use												
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN31:	Percentag	e of stude	ents who s	moked a	cigarette	even one	or two p	uffs)		•			
62.4	55.0	51.7	47.7	46.4	37.3	30.2	22.7		13.3	11.6	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	No change
QN32:	Percentag	e of stude	ents who s	moked a	cigarette 1	before age	e 13 years	s (even on	e or two p	ouffs)			
							9.6		5.1	4.8	Decreased, 2017-2023	Not available [§]	No change
	CIG: Perce he 30 days				ntly smok	ed cigaret	ttes frequ	ently (on	20 or mor	e days			
12.1	9.6	8.5	7.8	7.6	4.9	4.0	1.7		0.2	0.9	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	Increased
	YCIG: Pe lays before			s who cui	rrently sm	oked ciga	rettes dai	ly (on all	30 days d	uring			
10.4	7.9	6.7	6.2	5.1	3.5	2.9	1.6		0.2	0.9	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	Increased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Tobacc	o Use												
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
-	Percentag ne survey)		ents who c	currently s	smoked ci	garettes (on at leas	t 1 day du	ring the 3	30 days			
23.5	21.2	20.2	19.0	18.3	14.2	9.9	6.2		2.7	2.2	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	No change
	Percentag ape pens,												
und bruj)					40.5	37.9		33.4	33.4	Decreased, 2015-2023	Not available [§]	No change
	VP: Perc ys during					electronic	c vapor pr	oducts fre	equently ((on 20 or			
						3.2	2.2		5.5	6.7	Increased, 2015-2023	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. ^{*}Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Total Tobacco) Use		Health	Risk Beh	avior and	l Percent	tages				Linear Change*	Quadratic Change [*]	Change from
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			2021-2023
			of student fore the su		rrently use	ed electro 2.3	nic vapor 1.9	products	daily (on 3.9	all 30 5.7	Increased, 2015-2023	Not available [§]	No change
vapes, va	ape pens,	e-cigars,	ents who c e-hookahs luring the	s, hookah	pens, and	mods [su							
						23.5	13.6		17.9	18.3	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. ^{*}Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Total Tobacco	o Use												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
themselv vapes, v	ves in a co ape pens, , during th	nvenienc e-cigars,	e store, su e-hookahs	permarke s, hookah	t their elec et, discoun pens, and , among st	it store, or mods [su	gas stati ch as JUU	on (inclu JL, SMO	ding e-cig K, Suorir	garettes, 1, Vuse,			
									6.3	6.9	No linear change	Not available [§]	No change
tobacco, Camel S	snuff, dip	o, snus, or counting	dissolvat	ole tobacc	ntly used to products or products	s [such as	Copenha	igen, Griz	zzly, Skoa	ıl, or			
							1.6		0.1	0.6	Decreased, 2017-2023	Not available	Increased
snuff, di		dissolva	ble tobacc	co produc	rrently use ts [such as acts, on all	s Copenha	agen, Griz	zzly, Sko	al, or Can	nel			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Tobacc	o Use												
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
snus, or Nicotine	dissolvab	le tobacco s], not co	o products	s [such as	Copenha	gen, Grizz	zly, Skoal	wing toba , Camel S t 1 day du	nus, or V	'elo			
							3.5		1.6	2.5	No linear change	Not available [§]	No change
		centage of) or more						ly (cigars,	, cigarillo	os, or	· · · · · · · · · · · · · · · · · · ·		
1.3	1.6	2.0	2.3	2.2	2.3	2.7	1.7		0.4	1.1	Decreased, 2003-2023	Increased, 2003-2015 Decreased, 2015-2023	Increased
		ercentage ays durin					ars daily ((cigars, ci	garillos, o	or little			
0.9	1.2	1.4	1.8	1.5	1.7	2.2	1.4		0.3	1.1	Decreased, 2003-2023	Increased, 2003-2015 Decreased, 2015-2023	Increased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Tobacco) Use												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		age of stu the surve	dents who ey)	currently	smoked	cigarettes	or cigars	(on at lea	ast 1 day o	luring			
26.1	24.0	23.4	21.9	21.9	18.4	14.1	9.6		3.7	5.0	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
			dents who e 30 days			cigarettes	or cigars	or used s	mokeless	tobacco			
							10.5		4.6	6.1	Decreased, 2017-2023	Not available [§]	No change
			dents who s (on at le						mokeless	tobacco			
							17.7		18.3	18.5	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Total Tobacco	o Use												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change fron 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			dents who e 30 days			cigarettes	or used e	electronic	vapor pro	oducts			
		e	2		•								
		0	2		•	25.8	15.4		17.8	18.1	Decreased, 2015-2023	Not available [§]	No cha
wisher		Middleton	ents who c 's (includi			gars, ciga	rillos, or		rs, such as	3	Decreased, 2015-2023	Not available [§]	No chan

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

2003 2													2021-2023
	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN41: Perc ew sips)	rcentage	e of stude	nts who h	ad their f	irst drink	of alcoho	l before a	ge 13 yea	rs (other t	than a			
30.3 2	27.2	24.9	23.5	22.7	19.8	15.3	16.1		12.9	14.4	Decreased, 2003-2023	No quadratic change	No change
QN42: Perce lay during t					Irank alco	bhol (at le	ast one dr	ink of alco	ohol, on a	it least 1			
45.4 4	43.1	45.2	43.7	40.4	36.3	31.4	28.7		20.2	19.9	Decreased, 2003-2023	No change, 2003-2009 Decreased, 2009-2023	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. ^{*}Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Total Alcohol	and Othe	er Drug I	Use										
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentagore (within								ad in a ro	w was			
					4.9	3.4	2.6		1.4	2.1	Decreased, 2013-2023	Not available [§]	No change
QN46:	Percentag	e of stude	ents who e	ever used	marijuana	(one or r	nore time	s during t	heir life)				
48.9	42.2	43.9	42.8	46.0	42.6	41.5	44.1		29.4	30.7	Decreased, 2003-2023	Decreased, 2003-2017 Decreased, 2017-2023	No change
QN47:	Percentag	e of stude	ents who t	ried marij	uana for t	he first ti	me before	e age 13 y	ears				
13.4	11.3	10.0	11.4	10.4	9.6	7.8	7.4		4.1	5.8	Decreased, 2003-2023	No quadratic change	No change
	Percentag ne survey)		ents who c	currently u	ised marij	uana (one	e or more	times du	ring the 30) days			
27.3	22.8	25.1	25.8	27.6	25.6	23.3	26.1		15.9	18.2	Decreased, 2003-2023	No change, 2003-2017 Decreased, 2017-2023	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Alcohol	and Oth	er Drug U		Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			2021-2023
prescrip	Percentag tion or dif , OxyCon	ferently the	han how a	doctor to	old them t	o use it (c	ounting d	lrugs such	as codei	ne,			
							10.1		8.0	9.8	No linear change	Not available [§]	No change
	Percentag ase, one o					iny form	of cocaine	e, includir	ng powder	, crack,			
7.4	6.4	6.1	5.8	5.3	4.0	4.4	2.9		0.9	1.9	Decreased, 2003-2023	Decreased, 2003-2015 Decreased, 2015-2023	No change
	Percentag nore times			ver used]	heroin (al	so called	"smack,"	"junk," oi	r "China V	White,"			
2.3	2.6	2.4	2.5	3.1	2.8	2.6	1.6		0.6	1.2	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Alcohol	and Oth	er Drug V	U se										
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag "ice," or						s (also cal	led "speed	l," "crysta	al meth,"			
6.2	5.5	4.3	4.0	3.7	2.7	2.7	1.7		0.6	1.6	Decreased, 2003-2023	No quadratic change	No change
	Percentag ring their		nts who e	ever used	ecstasy (a	lso called	I "MDMA	a" or "Mo	ly," one o	or more			
9.6	6.7	5.6	6.6	7.2	5.7	4.7	3.0		1.6	2.1	Decreased, 2003-2023	No quadratic change	No change
	Percentag						(used a n	eedle to in	nject any	illegal			
1.7	2.2	2.2	2.6	2.7	2.3	2.4	1.4		0.5	1.0	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
	Percenta lamba, on	ge of stud e or more				rijuana (al	lso called	Spice, fak	e weed, I	K2, or			
Black M	,												

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Total Sexual 1	Behaviors	5											
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN56:	Percentag	e of stude	ents who e	ever had s	exual inte	rcourse		-		·			
57.3	55.1	59.3	57.5	59.0	48.7	46.8	45.4		30.7	34.8	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
QN57:	Percentag	e of stude	ents who h	nad sexua	l intercou	rse for the	e first time	e before a	ge 13 yea	rs			
11.3	10.8	9.6	9.7	8.8	5.9	6.8	3.6		2.6	3.6	Decreased, 2003-2023	No quadratic change	No change
QN58:	Percentag	e of stude	ents who h	nad sexua	l intercou	rse with fo	our or mo	re person	s during t	heir life			
20.6	19.1	21.8	21.0	21.7	15.2	12.9	12.4		5.5	7.4	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
QN59: one pers	Percentag	e of stude g the 3 m	ents who voorths befo	were curre	ently sexu rvey)	ally active	e (had sex	ual interc	ourse wit	h at least			
42.7	39.2	45.3	42.9	42.9	33.9	33.5	33.4		20.5	26.4	Decreased, 2003-2023	No change, 2003-2009 Decreased, 2009-2023	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

2007	2009	2011	2013	2015	2017						
	ents who d				2017	2019	2021	2023			
ere currenti	y sexually		hol or use	ed drugs b	before last	sexual in	tercourse	(among			
21.6	22.1	20.0	21.8	22.8	20.3		15.4	17.8	Decreased, 2003-2023	No quadratic change	No change
		sed a con	dom duri	ng last se:	xual interc	course (ar	nong stud	ents			
69.2	62.0	58.7	63.4	57.0	52.7		51.9	52.8	Decreased, 2003-2023	No quadratic change	No change
	age of stude ntly sexuall 69.2	age of students who untly sexually active) 69.2 62.0	age of students who used a connective) 69.2 62.0 58.7	age of students who used a condom duri ntly sexually active) 69.2 62.0 58.7 63.4	age of students who used a condom during last sently sexually active) 69.2 62.0 58.7 63.4 57.0	age of students who used a condom during last sexual intercently sexually active) 69.2 62.0 58.7 63.4 57.0 52.7	age of students who used a condom during last sexual intercourse (ar ntly sexually active) 69.2 62.0 58.7 63.4 57.0 52.7	age of students who used a condom during last sexual intercourse (among stud ntly sexually active)	age of students who used a condom during last sexual intercourse (among students ntly sexually active) 69.2 62.0 58.7 63.4 57.0 52.7 51.9 52.8	age of students who used a condom during last sexual intercourse (among students ntly sexually active) 69.2 62.0 58.7 63.4 57.0 52.7 51.9 52.8 Decreased, 2003-2023	age of students who used a condom during last sexual intercourse (among students ntly sexually active) 69.2 62.0 58.7 63.4 57.0 52.7 51.9 52.8 Decreased, 2003-2023 No quadratic change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Total Sexual I	Behaviors	5											
			Health	Risk Beł	navior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					d for a sex the 12 mo				TD) other	than			
									6.3	7.5	No linear change	Not available [§]	No change
themselv		st time th	ey had se	xual inter	course (an	nong stud	ents who 13.4	have had	sexual 11.2	12.3	No linear change	Not available	No change
QN115: times)	Percenta	ge of stu	lents who	have bee	n pregnan	t or gotte	n someon	e pregnar	it (one or	more			
7.7	7.2	7.4	8.6	8.0	4.1	5.1	3.4		1.2	2.4	Decreased, 2003-2023	No change, 2003-2009 Decreased, 2009-2023	No change
QN116:	Percenta	ge of stu	lents who	have eve	r given or	received	oral sex						
	53.8	57.6	54.9	56.9	47.6	45.8	45.9		31.3	34.9	Decreased, 2005-2023	No change, 2005-2011 Decreased, 2011-2023	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Dietary	Behavio	rs										
			Health	Risk Beh	avior and	d Percent	tages			Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	2023			
							rcentile fo th charts) [§]	or body mass index	, based			
			12.5	12.2	14.2	15.8	15.1	17.0	17.8	Increased, 2003-2023	No quadratic change	No change
				no were o	verweight	(>= 85th		e but <95th percent 000 CDC growth cl				
QNOW'	T: Percer	tage of st	udents wh	no were o	verweight	(>= 85th		e but <95th percen 000 CDC growth cl 15.4		No linear change	No quadratic change	No change
QNOW' body ma 16.5	T: Percer ass index, 14.9	tage of st based on 17.3	udents wh sex- and 15.6	no were o age-specif 16.9	verweight fic referen 16.3	(>= 85th ace data fr 15.8	16.6	000 CDC growth cl	narts) [§]	No linear change	No quadratic change	No change
QNOW' body ma 16.5	T: Percer ass index, 14.9	tage of st based on 17.3	udents wh sex- and 15.6	no were o age-specif 16.9	verweight fic referen 16.3	(>= 85th ace data fr 15.8	16.6	000 CDC growth cl	narts) [§]	No linear change No linear change	No quadratic change No quadratic change	No change No change
QNOW body ma 16.5 QN66: 31.4	T: Percer ass index, 14.9 Percentag 31.1	tage of st based on 17.3 e of stude 27.3	udents wh sex- and 15.6 ents who c 27.9	no were o age-specif 16.9 described 27.8	verweight fic referen 16.3 themselve	(>= 85th ace data fr 15.8 es as sligh 31.5	16.6	000 CDC growth cl 15.4 y overweight	narts) [§] 16.5			

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Delaware High School Survey

Trend Analysis Report

Total Dietary	Behavior	rs											
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN69: 1 survey)	Percentag	e of stude	ents who c	lid not ear	fruit (one	e or more	times dur	ing the 7	days befo	ore the			
									11.8	10.6	No linear change	Not available [§]	No change
	Percentag r Sprite, n	ot countir	ng diet soo	la or diet	pop, one	or more ti	mes durir		ays before	e the			
		19.0	20.4	21.6	25.3	29.0	31.8		31.8	33.8	Increased, 2007-2023	Increased, 2007-2017 No change, 2017-2023	No change
times pe	A1: Perc r day (suc ne survey)	h as Coke											
		32.4	28.8	26.1	22.2	19.1	18.3		13.0	16.1	Decreased, 2007-2023	Decreased, 2007-2015 Decreased, 2015-2023	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Dietary	Behavior	s											
			Health	Risk Beh	navior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019 2	2021	2023			
imes pe		h as Coke						da or pop two pop, during t					
		24.8	21.2	19.1	15.7	11.8	12.1	,	7.2	9.4	Decreased, 2007-2023	No quadratic change	No change
					•								
QN75: 1	Percentage	e of stude	ents who d	lid not ea 14.8	t breakfas 12.2	t (during 13.0	the 7 days	before the su	urvey) 19.6	20.1	Increased, 2009-2023	Decreased, 2009-2017 Increased, 2017-2023	No change
QNBK7			15.1	14.8	12.2	13.0	11.0		19.6		Increased, 2009-2023	<i>,</i>	No change
QNBK7			15.1	14.8	12.2	13.0	11.0	1 ing the 7 days	19.6		Increased, 2009-2023 Decreased, 2009-2023	<i>,</i>	
QNBK7 survey) QN118:	DAY: Pe Percentag	rcentage of stud	15.1 of student 34.4	14.8 ts who ate 32.3 did not e	12.2 e breakfas 40.3 at vegetab	13.0 t on all 7 39.0	11.0 days (dur 39.0	1 ing the 7 days	19.6 s before 29.2	e the 25.0	· · · · · · · · · · · · · · · · · · ·	Increased, 2017-2023 Increased, 2009-2015	No change Decreased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change*	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					he time or before the			ry becaus	e there wa	as not			
lough													

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
ays (in	Percentage any kind me during	of physic	al activity	that incre	eased thei								
				43.5	41.4	43.3	43.5		41.2	43.4	No linear change	No quadratic change	No change
					-								
ctivity of	DAY: Per on at least hard some	1 day (ir	n any kind	of physic	al activit	y that incr	eased the		of physica		No linear change	No quadratic change	No change
ONPA7I lays (in	on at least	1 day (ir of the tin rcentage of physica	any kind ne during of student al activity	of physic the 7 day 18.0 s who wer that incre	al activit s before t 19.1 re physica eased thei	y that incr he survey 18.5 ally active	eased the) 17.0	ir heart ra	of physica ite and ma 19.6 s per day	22.1	No linear change		No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			

Delaware High School Survey

Trend Analysis Report

Other													
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 *
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN65:	Percentag	e of stude	ents who d	lescribed	themselve	es as trans	gender.						
							1.4		2.0	3.4	Increased, 2017-2023	Not available [§]	Increased
	Percentag g tests don				tested for	human ir 13.3	nmunode 13.5	ficiency v	virus (HIV 6.6	(not 6.7	Desmand 2015 2022		
									0.0	0.7	Decreased, 2015-2023	Not available	No change
QN85:	Percentag	e of stude	ents who g	got 8 or m	ore hours	of sleep (erage scho		0.7	Decreased, 2015-2025	Not available	No change
QN85:	Percentag	e of stude	ents who g 27.4	got 8 or m 27.1	ore hours 26.6	of sleep (24.2		erage scho		19.4	Decreased, 2015-2023	Not available	No change
-	Percentag Percentag		27.4	27.1	26.6	24.2	(on an ave 23.8		ool night) 19.9	19.4			

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 *
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentage e and mase		ents who t	hink othe	r people a	t school v	vould des	cribe then	n as equal	ly			
							13.7		14.4	13.6	No linear change	Not available [§]	No change
	D	a of stude	nte who r	eported th	neir mothe	er's highes	st level of	complete	d aduanti	onia			
	Percentag gh school,								10.6	17.0	No linear change	Not available	Increased
ome hig		grade scl	hool, or le	ess (or the	slept awa	ho is like	a mother 13.7 eir parents	to them)	10.6 ians beca	17.0	No linear change	Not available	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Total Other													
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentaging on acti				at either	of their pa	arents or o	other adul	ts in their	family			
				14.7	14.7	11.5	13.2		10.6	9.6	Decreased, 2011-2023	No quadratic change	No change
QN92:	Percentag	e of stude	ents who a	are deaf or	have seri	ious diffic	culty hear	ing					
						1.7	1.8		1.9	3.2	No linear change	Not available [§]	No change
QN93:	Percentag	e of stude	ents who h	nave serio	us difficul	lty seeing	g (even wl	nen weari	ng glasses)			
						6.9	8.1		8.4	12.9	Increased, 2015-2023	Not available	Increased
QN95:	Percentag	e of stude	ents who h	nave serio	us difficul	lty walkir	ng or clim	bing stair	s				
						3.0	2.4		2.8	2.9	No linear change	Not available	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Total Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percenta nes (durin enter)												
									28.4	43.3	Increased, 2021-2023	Not available [§]	Increased
	Percenta l problem r												
	-								30.3	27.2	No linear change	Not available	No change
QN133:	Percenta	ge of stud	lents who	ever feel	sad, empt	y, hopele	ss, angry,	or anxio	15	,			
									76.4	74.8	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Total Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
						rately or g re packs o				ves			
						71.3	79.3		78.9	75.7	No linear change	Not available [§]	No change
	ly or in ot					rately or g e drinks of 70.4					No linear change	Not available	No change
						rately or g once or t			g themsel	ves			

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Total Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
						rately or g lrugs that				ves			
						79.2	80.5		82.2	78.7	No linear change	Not available [§]	No change
-	Percentag smoke tob	0	ents who	reported	their pare	nts feel it	would be	wrong o	r very wro	ong for			
						87.7	86.1		92.0	86.8	No linear change	Not available	Decreased
						nts feel it nearly ev		wrong of	r very wro	ong for			
						83.2	84.9		87.1	84.9	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

Total Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
-	Percenta smoke ma	0	lents who	reported	their pare	nts feel it	would be	wrong or	very wro	ng for			
						79.6	74.1		80.8	75.3	No linear change	Not available [§]	Decreased
					their paren to the stud		would be	wrong or	very wro	ng for			
						00.5	01.4						
						90.5	91.4		92.0	89.3	No linear change	Not available	No change
	Percenta smoke tob		lents who	reported	their frien	<u>.</u>		wrong or			No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

Total Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					their frien beverage			wrong or	very wro	ong for			
						62.3	59.7		67.9	68.2	Increased, 2015-2023	Not available [§]	No change
	Percenta smoke ma		lents who	reported	their frien	ds feel it	would be	wrong or	very wro	ong for			
						40.9	36.0		48.5	46.0	Increased, 2015-2023	Not available	No change
					their frien to the stud		would be	wrong or	very wro	ong for			
						78.6	79.1		84.4	82.7	Increased, 2015-2023	Not available	No change

Delaware High School Survey

Trend Analysis Report

Total Mental	Health										******		
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					ide attemp nurse (dur					or			
2.7	2.3	2.1	2.4	2.4	2.1	2.3	2.2		2.2	2.0	No linear change	No quadratic change	No change
		e of stude the surve		lescribed	their grad	es in scho	ool as mos	stly A's or	B's (duri	ng the			
57.4	56.9	57.8	60.9	61.4	68.1	68.5	65.8		72.8	69.7	Increased, 2003-2023	No quadratic change	No change
					us difficu notional p		ntrating, r	emember	ing, or ma	ıking			
		1 5	,	,	1	18.4	24.7		34.3	37.3	Increased, 2015-2023	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

l'otal Aental	Health		Health	Risk Beh	avior and	l Percent	ages				Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					he time or peless, an			d of help	they need	(among			
									20.3	18.7	No linear change	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
							their pare	ents or othe	er adults i	n their			
			lents who conseque				their pare 79.7	ents or othe	er adults i 74.6	n their 70.5	Decreased, 2015-2023	Not available [§]	No chang
amily h	ave clear	rules and	conseque	nces for t	heir behav	vior 78.5	79.7		74.6	70.5	Decreased, 2015-2023	Not available ^{\$}	No chan
amily h	ave clear p	rules and	conseque	nces for the reported	heir behav	78.5 nts or oth	79.7 er adults i	ents or othe	74.6	70.5	Decreased, 2015-2023	Not available [§]	No char

Delaware High School Survey

Trend Analysis Report

Total Birth Control												
		Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003 2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNIUDIMP: F as Implanon or pregnancy, amo	Nexplanon)	before la	st sexual i	ntercours	e with an							
								7.6	5.6	No linear change	Not available [§]	No change
								7.6	5.6			
ParaGard) or in as OrthoEvra),	plant (such or birth con	as Implar trol ring (s	on or Nes such as N	xplanon); 1vaRing)	or a shot before las	(such as st sexual	Depo-Pro intercours	Mirena or overa), pat	r ch (such			
QNOTHHPL: ParaGard) or in as OrthoEvra), opposite-sex pa	plant (such or birth con	as Implar trol ring (s	on or Nes such as N	xplanon); 1vaRing)	or a shot before las	(such as st sexual	Depo-Pro intercours	Mirena or overa), pat	r ch (such	No linear change	Not available	No change
ParaGard) or in as OrthoEvra),	plant (such or birth con rtner (to pro Percentage ls; an IUD, a an opposit	as Implar trol ring (s vent preg of student or implan	hon or Ne such as Nu nancy, an s who use t, or a sho	xplanon); uvaRing) oong stude ed both a t, or patcl	or a shot before las ents who condom d a, or birth	(such as st sexual were curr uring las control 1	Depo-Pro intercours rently sexu- st sexual in ring before	Mirena or overa), pat se with an ually activ 30.5 ntercourse e last sexu	ch (such ve) 27.5 e and tal			

Delaware High School Survey

Trend Analysis Report

Total Birth Co	ontrol		Health	Risk Beh	avior and	l Percent	ages				Linear Change*	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
									ancy durin sexually				
									15.3	16.2	No linear change	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
N123·					r been tau ases (STI		ool about ding HIV		se a cond	om to			
	pregnancy	y of serve	my diamon										

Delaware High School Survey

Trend Analysis Report

Male Injury a	and Viole	nce											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
1 day du	ring the 3	30 days be	ents who t efore the s he survey	urvey, an									
					40.8	37.9	42.8		33.6	38.4	Decreased, 2013-2023	Not available [§]	No change
			ents who c 30 days b			school p	roperty (s	uch as a g	gun, knife	, or club,			
6.6	8.1	7.0	5.9	7.1	4.5	5.2	4.7		1.8	2.3	Decreased, 2003-2023	No quadratic change	No change
			ents who c at least 1 c						school or	on their			
4.4	4.2	5.7	5.1	4.8	7.1	6.1	5.4		5.9	11.6	Increased, 2003-2023	No change, 2003-2017 Increased, 2017-2023	Increased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Injury a	and Viole	nce											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN15: (such as	Percentag a gun, kn	e of stude ife, or clu	ents who v ib, one or	were threa more tim	itened or i es during	njured wi the 12 m	ith a weap onths befo	oon on sch ore the sur	lool prope vey)	erty			
9.7	7.9	6.9	8.8	8.5	6.8	7.8	7.5		5.7	7.4	Decreased, 2003-2023	No quadratic change	No change
	Percentag ne survey)		ents who v	were in a j	physical f	ight (one	or more ti	mes durir	ng the 12	months			
42.2	36.7	38.4	36.2	33.9	32.4	25.4	24.7		19.0	21.5	Decreased, 2003-2023	No quadratic change	No change
	Percentag he 12 mor				physical f	ight on sc	hool prop	erty (one	or more t	imes			
15.5	13.2	13.0	9.6	11.1	11.7	10.1	10.4		4.5	9.1	Decreased, 2003-2023	No quadratic change	Increased
0110		e of stude	ents who v	were ever	physicall	y forced t	o have se	xual interc	course (w	hen they			
did not	want to)												

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Injury :	and Viole	nce											
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
things [Percentag counting s urse] that th	uch thing	s as kissin	g, touchi	ng, or beir	ng physic	ally force	d to have	sexual				
							4.6		2.4	4.1	No linear change	Not available [§]	No change
-	Percentag ting or goi			1		0		0	2	eone they			

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	navior and	d Percen	tages				Linear Change [*]	Quadratic Change [*]	Change fron 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
purpose into som	by someonething, or	one they w r injured v	vere datin with an oł	g or going oject or we	g out with eapon] on	[countin] e or more	violence (g such thin times du during the	ngs as bei ring the 1	ng hit, sla 2 months	ummed before			
uivey)													
survey)					6.8	7.2	7.6		4.3	6.2	No linear change	Not available [§]	No chang
	0	e of stude	ents who	were bulli			7.6 erty (ever o	luring the			No linear change	Not available [§]	No chang
QN24:]	0	e of stude	ents who v 12.7	were bulli 13.8				luring the			No linear change Decreased, 2009-2023	Not available [§] Increased, 2009-2013 Decreased, 2013-2023	No chang No chang
QN24: 1 he surve	ey) Percentag	e of stude	12.7	13.8 were elect	ed on scho 16.6 ronically	ool prope 13.6 bullied (c	erty (ever o	eing bulli	e 12 montl 6.9 ed throug	hs before 9.5 h		Increased, 2009-2013	

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Injury a	and Viole	nce	Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from
							0				0		2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019 2	021	2023			
								for >=2 weeks fore the surve		ow so			
21.0	19.9	18.4	20.2	19.2	15.7	15.3	18.4	2	3.3	18.9	No linear change	Decreased, 2003-2015 Increased, 2015-2023	No change
	Percentag ne survey)		ents who s	seriously o	considered	l attempti	ng suicid	e (during the 1	12 mor	nths			
11.0	9.6	9.2	9.8	10.3	10.4	10.0	10.8	9	9.4	9.8	No linear change	No quadratic change	No change
	Percentag before the		ents who r	nade a pla	an about h	ow they v	would atte	empt suicide (during	the 12			
9.2	8.8	7.8	7.4	8.7	7.5	7.2	8.9	,	7.7	8.6	No linear change	No quadratic change	No change
	Percentag before the		ents who a	actually at	tempted s	uicide (or	ne or mor	e times during	g the 12	2			
months		4.7	5.0	6.7	5.7	4.8	4.9	,	3.9	5.5	No linear change	No quadratic change	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Injury a	and Viole	nce											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag lay during					veapon (s	uch as a g	un, knife	, or club,	on at			_
24.8	26.4	25.5	26.7	20.3	23.3	19.6	20.5		13.0	12.3	Decreased, 2003-2023	Decreased, 2003-2017 Decreased, 2017-2023	No change
							ne days wl lay during						
10.0	9.3	10.4	10.2	7.3	8.8	8.2	8.2		2.3	2.1	Decreased, 2003-2023	Decreased, 2003-2017 Decreased, 2017-2023	No change
tried to a could an did not a	control the	em or emo ot spend t ney wante	otionally h ime with, d, during	nurt them being hu the 12 mo	one or mo miliated i onths befo	ore times n front of re the sur	dating or g (such thin others, or vey, amor	ngs as bein r being th	ng told wl reatened i	no they f they			
							14.7		15.1	15.3	No linear change	Not available [§]	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Injury a	and Viole	nce	Health	Rick Roh	avior and	d Percent	9065				Linear Change [*]	Quadratic Change [*]	Change from
			meann	KISK Deli	avior and	u i ei cent	ages				Linear Change	Quaurance Change	2021-2023 *
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentage hoto of the							onically a	revealing	gor			
							11.3		6.0	9.9	No linear change	Not available [§]	Increased
	Percentagone (durin					t or an e-n	nail with	a revealin	g or sexua	al photo			
									19.7	19.5	No linear change	Not available	No change
	Percenta l, or poste												
							2.5		1.2	1.9	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

		Health	Risk Beh	avior and	l Percenta	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
as cuttin)	g or burn	ing thems	erves on p	purpose of	ne or more	e times at	uring the	2 months	before			
						8.6		10.9	10.2	No linear change	Not available [§]	No change
a	ercenta s cuttin	ercentage of stud s cutting or burn	ercentage of students who s cutting or burning thems	ercentage of students who did some s cutting or burning themselves on p	ercentage of students who did something to p s cutting or burning themselves on purpose of	ercentage of students who did something to purposely h s cutting or burning themselves on purpose one or more	ercentage of students who did something to purposely hurt them is cutting or burning themselves on purpose one or more times du	ercentage of students who did something to purposely hurt themselves wit is cutting or burning themselves on purpose one or more times during the)	ercentage of students who did something to purposely hurt themselves without wan s cutting or burning themselves on purpose one or more times during the 12 months	ercentage of students who did something to purposely hurt themselves without wanting to s cutting or burning themselves on purpose one or more times during the 12 months before	ercentage of students who did something to purposely hurt themselves without wanting to s cutting or burning themselves on purpose one or more times during the 12 months before	ercentage of students who did something to purposely hurt themselves without wanting to s cutting or burning themselves on purpose one or more times during the 12 months before

Delaware High School Survey

Trend Analysis Report

Male Tobacc	o Use												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN31:	Percentag	e of stude	ents who s	moked a	cigarette (even one	or two p	uffs)					
60.5	53.3	52.0	44.8	46.2	39.4	29.8	23.7		11.9	9.3	Decreased, 2003-2023	Decreased, 2003-2013 Decreased, 2013-2023	No change
QN32:	Percentag	e of stude	ents who s	moked a	cigarette l	before age	e 13 years	(even on	e or two p	ouffs)			
							10.3		4.3	4.6	Decreased, 2017-2023	Not available [§]	No change
	CIG: Perce he 30 days				ntly smok	ed cigaret	ttes frequ	ently (on	20 or mor	e days			
11.2	9.4	8.5	7.6	7.9	6.0	5.0	2.8		0.1	0.9	Decreased, 2003-2023	Decreased, 2003-2013 Decreased, 2013-2023	No change
	YCIG: Pe lays before			s who cur	rently sm	oked ciga	rettes dai	ly (on all	30 days d	uring			
9.5	7.9	6.6	6.0	5.2	4.5	3.2	2.7		0.1	0.9	Decreased, 2003-2023	Decreased, 2003-2013 Decreased, 2013-2023	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Tobacco) Use												
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
-	Percentag ne survey)		ents who c	currently s	smoked ci	garettes (on at leas	t 1 day du	ring the 3	0 days			
21.8	19.7	20.7	18.7	17.3	15.6	10.3	7.2		1.5	1.8	Decreased, 2003-2023	Decreased, 2003-2013 Decreased, 2013-2023	No change
	ape pens,				an electro pens, and								
	, ,					42.2	39.7		28.3	28.0	Decreased, 2015-2023	Not available [§]	No change
			students ys before		ently used y)	electronic	c vapor pi	oducts fre	equently (on 20 or			
						4.2	3.6		3.5	4.9	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

Male Tobacco	o Use												
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	YEVP: Pe				rrently us	ed electro	nic vapor	products	daily (on	all 30			
duys du	ing the st	, duys ber	ore the se			2.7	3.1		2.8	3.8	No linear change	Not available [§]	No change
vapes, v	Percentag ape pens, , on at lea	e-cigars,	e-hookahs	s, hookah	pens, and	l mods [su					Decreased, 2015-2023	Not available	No change

Delaware High School Survey

Trend Analysis Report

Male Tobacco) Use												
			Health	Risk Beh	avior and	Percentag	ges				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
themselv vapes, v	ves in a co ape pens, , during th	nvenienc e-cigars,	e store, su e-hookahs	permarke , hookah	et, discoun pens, and	etronic vapo t store, or g mods [such udents who	gas statio 1 as JUU	on (inclu JL, SMC	ding e-cig K, Suorir	garettes, 1, Vuse,			
									6.7	10.8	No linear change	Not available [§]	No change
tobacco, Camel S	snuff, dip	o, snus, or counting	dissolvat	ole tobacc	o products	smokeless t s [such as C s, on 20 or r	Copenha	gen, Griz	zzly, Skoa	al, or			
							2.8		0.3	0.2	Decreased, 2017-2023	Not available	No change
		dissolva	ble tobaco			d smokeles Copenhag	en, Griz	zly, Sko		nel			
	ot countin	g any ele	etronic va	por produ	icts, on all	30 days du	iring the	e 30 days	before th	ie			

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Tobacc	o Use												
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 *
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
snus, or Nicotine	dissolvab	ele tobacco s], not co	o products	s [such as	Copenha	gen, Grizz	ly, Skoal	wing toba , Camel S t 1 day du	nus, or V	/elo			
							5.5		2.0	2.6	Decreased, 2017-2023	Not available [§]	No change
		centage of) or more						ly (cigars,	, cigarillo	os, or			
1.9	2.2	3.1	3.1	3.3	3.1	3.8	2.5		0.3	1.1	Decreased, 2003-2023	Increased, 2003-2015 Decreased, 2015-2023	No change
		ercentage ays durin					ars daily ((cigars, ci	garillos, o	or little	·		
1.4	1.7	2.1	2.4	2.5	2.1	3.1	2.0		0.3	1.1	Decreased, 2003-2023	No change, 2003-2015 Decreased, 2015-2023	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Tobacco	o Use												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		age of stu e the surve	dents who ey)	currently	/ smoked	cigarettes	or cigars	(on at lea	ist 1 day o	luring			
25.5	24.1	25.1	22.6	22.8	20.5	14.8	11.0		2.9	4.3	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	No change
			dents who e 30 days			cigarettes	or cigars	or used s	mokeless	tobacco			
							12.5		4.0	5.6	Decreased, 2017-2023	Not available [§]	No change
			dents who s (on at le						mokeless	tobacco			
							20.0		14.2	13.7	Decreased, 2017-2023	Not available	No change

Delaware High School Survey

Trend Analysis Report

Male Fobacco	o Use												
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change fron 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			idents who			cigarettes	or used e	electronic	vapor pro	oducts			
m at le	ast I day	during th	e 30 days	before the	e survey)								
ni at ie	ast I day	during the	e 30 days	before the	e survey)	28.5	17.4		13.4	13.7	Decreased, 2015-2023	Not available [§]	No chan
N39:	Percentag	e of stude	e 30 days ents who c 1's (includi	currently s	smoked ci	gars, ciga	rillos, or		rs, such as	5	Decreased, 2015-2023	Not available [§]	No chan

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN41: Tew sips	-	ge of stude	ents who h	ad their f	ïrst drink	of alcoho	l before a	ge 13 yea	rs (other t	than a			
32.5	30.9	27.8	23.6	26.1	23.3	16.2	17.8		10.8	10.5	Decreased, 2003-2023	No quadratic change	No change
			ents who c ore the sur		lrank alco	bhol (at lea	ast one dr	ink of alc	ohol, on a	nt least 1			
43.7	43.4	44.6	41.3	38.8	35.6	27.4	27.1		15.3	14.9	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
			ents who c e or five c										
			1 day dur					ey were n	nuie, with	ini u			
Jouple													

Delaware High School Survey

Trend Analysis Report

Male Alcohol	and Othe	er Drug I	Ü se										
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentagore (within								ad in a ro	w was			
					7.4	5.4	3.5		1.8	2.4	Decreased, 2013-2023	Not available [§]	No change
QN46:	Percentage	e of stude	ents who e	ever used	marijuana	(one or r	nore time	s during t	heir life)				
50.3	46.0	46.5	43.5	47.7	46.1	41.6	42.9		25.6	27.8	Decreased, 2003-2023	Decreased, 2003-2017 Decreased, 2017-2023	No change
QN47:	Percentage	e of stude	ents who t	ried marij	uana for t	he first ti	me before	e age 13 y	ears				
16.2	15.3	12.8	14.2	13.9	12.8	10.4	9.7		4.5	5.7	Decreased, 2003-2023	Decreased, 2003-2013 Decreased, 2013-2023	No change
	Percentagene survey)		ents who c	currently u	ised marij	uana (one	e or more	times dur	ring the 30) days			
29.5	25.2	28.4	26.7	28.2	28.1	23.1	26.0		15.3	15.7	Decreased, 2003-2023	No change, 2003-2017 Decreased, 2017-2023	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Alcohol	and Oth	er Drug V	Use										
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
prescrip	tion or dif	ferently t	ents who e han how a pcodone, a	doctor to	old them t	o use it (c	ounting d	lrugs such	as codei	ne,			
							9.2		5.2	6.7	Decreased, 2017-2023	Not available [§]	No change
			ents who e nes during			iny form	of cocaine	e, includir	ng powder	r, crack,			
8.3	7.2	7.7	6.5	6.9	5.4	5.2	3.5		0.7	2.1	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
	Percentag		ents who e neir life)	ver used	heroin (al	so called	"smack,"	"junk," or	r "China V	White,"			
3.2	3.8	3.1	2.7	4.2	4.0	3.3	2.1		0.6	1.2	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

		er Drug V		Risk Beh	navior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag ' "ice," or						s (also cal	led "speed	l," "crysta	ll meth,"			
6.7	6.1	4.6	4.0	4.9	3.8	2.8	2.4		0.6	1.4	Decreased, 2003-2023	No quadratic change	No change
	Percentag ring their		ents who e	ever used	ecstasy (a	lso called	"MDMA	or "Mol	ly," one o	or more			
9.4	7.5	6.8	7.1	8.2	7.0	5.5	3.7		1.1	2.0	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	No change
ON55:	Percentag o their boo						(used a n	eedle to in	nject any	illegal			
		2.9	3.1	3.7	3.3	3.4	1.9		0.6	1.3	Decreased, 2003-2023	No change, 2003-2015 Decreased, 2015-2023	No change
	3.1												
drug int 2.4 QN112:	3.1 Percenta Iamba, on					ijuana (al	so called	Spice, fak	e weed, H	K2, or			

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Alcohol	and Oth	er Drug	Use										
			Health	Risk Beh	navior and	d Percent	ages				Linear Change [*]	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
prescript		ferently t	dents who han how a										
							6.0		2.5	3.4	Decreased, 2017-2023	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

	Health	Risk Beh									
			avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2007	2009	2011	2013	2015	2017	2019	2021	2023			
of stude	nts who e	ver had s	exual inte	rcourse							
61.7	57.9	60.8	51.4	49.2	46.9		32.4	36.4	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
of stude	nts who h	ad sexual	lintercour	se for the	first time	e before ag	ge 13 yea	rs			
14.5	13.4	13.7	8.6	10.9	5.4		2.7	4.3	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	No change
of stude	nts who h	ad sexual	l intercour	se with fo	our or mo	re persons	s during th	heir life			
27.3	23.9	26.5	19.5	16.4	16.9		6.1	10.2	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	Increased
				ally active	e (had sex	ual interc	ourse wit	h at least			
44.3	41.5	42.7	34.3	31.6	32.0		19.8	28.5	Decreased, 2003-2023	No quadratic change	Increased
27 of s	.3 tude 3 mo	.3 23.9 tudents who v 3 months befo	.3 23.9 26.5 tudents who were curre 3 months before the sur	.3 23.9 26.5 19.5 tudents who were currently sexua 3 months before the survey)	.3 23.9 26.5 19.5 16.4 tudents who were currently sexually active 3 months before the survey)	.3 23.9 26.5 19.5 16.4 16.9 tudents who were currently sexually active (had sex 3 months before the survey)	.3 23.9 26.5 19.5 16.4 16.9 tudents who were currently sexually active (had sexual interco 3 months before the survey)	.3 23.9 26.5 19.5 16.4 16.9 6.1 tudents who were currently sexually active (had sexual intercourse wit 3 months before the survey)	tudents who were currently sexually active (had sexual intercourse with at least 3 months before the survey)	.3 23.9 26.5 19.5 16.4 16.9 6.1 10.2 Decreased, 2003-2023 tudents who were currently sexually active (had sexual intercourse with at least 3 months before the survey)	.3 23.9 26.5 19.5 16.4 16.9 6.1 10.2 Decreased, 2003-2023 No change, 2003-2011 Decreased, 2011-2023 tudents who were currently sexually active (had sexual intercourse with at least 3 months before the survey)

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

		S	Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
-	C 2		ents who c y sexually		hol or use	ed drugs b	before last	sexual in	tercourse	(among			
30.9	26.0	26.3	28.3	24.7	24.8	26.4	26.4		9.9	20.0	Decreased, 2003-2023	No quadratic change	Increased
	Percentag re current			ised a cor	dom duri	ng last se:	xual interc	course (ar	nong stud	ents			
71.0	70.8	75.9	69.5	64.1	71.5	66.3	61.8		58.7	57.9	Decreased, 2003-2023	No quadratic change	No change
		e of stude					e last sexu		urse with uch as Pla	un B or			

Delaware High School Survey

Trend Analysis Report

Male Sexual I	Behaviors	5											
			Health	Risk Beł	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					d for a sex the 12 mo				TD) other	than			
									4.5	5.3	No linear change	Not available [§]	No change
themselv		st time th	ey had sez	kual inter	course (an	nong stud	lents who 8.2	have had	sexual 7.8	9.9	No linear change	Not available	No change
QN115: times)	Percenta	ge of stud	lents who	have bee	n pregnan	t or gotte	n someon	e pregnan	t (one or	more			
6.4	6.6	6.5	7.2	6.5	4.0	4.7	3.9		1.3	2.6	Decreased, 2003-2023	No change, 2003-2009 Decreased, 2009-2023	No change
QN116:	Percenta	ge of stud	lents who	have eve	r given or	received	oral sex		•			-	
	57.5	61.9	55.4	58.0	50.8	48.2	45.5		32.1	34.5	Decreased, 2005-2023	No change, 2005-2011 Decreased, 2011-2023	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Dietary	Behavio	rs										
			Health	Risk Beh	avior and	d Percent	tages			Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	2023			
							rcentile fo th charts) [§]	r body mass index	, based			
			15.3	14.9	17.2	18.1	17.3	20.6	20.2	No linear change	No quadratic change	No change
			udents wh	no were o	verweight	: (>= 85th		e but <95th percen 00 CDC growth cl				
QNOW	Г: Percer	ntage of s	udents wh	no were o	verweight	: (>= 85th		e but <95th percen 00 CDC growth cl 14.5		No linear change	No quadratic change	No change
QNOW body ma 16.4	Γ: Percer ass index, 14.3	ntage of si based on 15.9	udents wh sex- and 14.8	no were o age-specif 14.1	verweight fic referen 15.3	(>= 85th ace data fr 14.3	rom the 20 15.4	00 CDC growth cl	harts) [§]	No linear change	No quadratic change	No change
QNOW body ma 16.4	Γ: Percer ass index, 14.3	ntage of si based on 15.9	udents wh sex- and 14.8	no were o age-specif 14.1	verweight fic referen 15.3	(>= 85th ace data fr 14.3	rom the 20 15.4	00 CDC growth cl	harts) [§]	No linear change Increased, 2003-2023	No quadratic change No quadratic change	No change No change
QNOW body ma 16.4 QN66: 2 26.7	T: Percer ass index, 14.3 Percentag 25.0	ntage of si based on 15.9 ge of stude 22.6	tudents wh sex- and 14.8 ents who c 23.7	no were o age-specif 14.1 described 21.7	verweight fic referen 15.3 themselve	(>= 85th 14.3 es as sligh 25.6	15.4	00 CDC growth cl 14.5 y overweight	harts) [§] 14.5	_		

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change*	Change fron 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN69: survey)	Percentag	e of stude	ents who c	lid not eat	fruit (one	e or more	times dur	ing the 7 c	days befo	re the			
										11.4		NT	Na shara
<u>)))74.</u>	Demonstra	a of stude				h = 441 = _ = = =			11.9	11.4	No linear change	Not available ⁸	
Pepsi, o	Percentag r Sprite, n								p (such as	s Coke,	No linear change	Not available ^s	No chang
Pepsi, o									p (such as	s Coke,	No linear change	Increased, 2007-2015 Increased, 2015-2023	No chang
Pepsi, o urvey) QNSOI imes po		ot countin 15.6 entage of th as Coke	ng diet soo 16.6 students	la or diet 20.7 who dran	pop, one o 22.8 k a can, bo	or more ti 26.6 ottle, or g	mes durin 25.8 lass of soc	g the 7 da	p (such as lys before 30.8 one or mo	S Coke, e the 30.6		Increased, 2007-2015	

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Dietary	Behavior	s											
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
times pe		h as Coke		who dranl or Sprite, 1									
		29.8	24.2	23.3	17.9	12.7	14.5		8.3	11.5	Decreased, 2007-2023	Decreased, 2007-2015 No change, 2015-2023	No change
QN75: 1	Percentage	e of stude	nts who d	lid not eat	breakfas	t (during	the 7 days	before th	e survey)				
			14.7	16.8	11.5	12.4	10.8		16.8	18.1	No linear change	Decreased, 2009-2017 Increased, 2017-2023	No change
QNBK7 survey)	DAY: Pe	rcentage	of student	ts who ate	breakfas	t on all 7	days (duri	ng the 7 c	lays befor	e the			
			39.2	35.6	43.4	42.6	44.6		36.2	30.6	Decreased, 2009-2023	Increased, 2009-2017 Decreased, 2017-2023	Decreased
						· · · ·	1 ()	unting no	tataaa an	e or			
				did not ea the survey		oles or sal	ad (not co	unting po	tatoes, on	0			

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
				most of the second s			ent hung	ry becaus	e there w	as not			
							3.9		1.9	3.1	No linear change	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

г пуяса	l Activity		Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
days (in	any kind	of physic	ents who v al activity ys before t	that incre	eased thei								
				52.1	51.9	53.1	51.9		49.1	54.4	No linear change	No quadratic change	No change
								<u> </u>					
activity	on at least	t 1 day (ir	of student n any kind me during	l of physic the 7 day	al activit	cipate in a y that incr	at least 60 reased the		of physica te and ma	al ade them			
activity	on at least	t 1 day (ir	n any kind	l of physic	al activit	cipate in a y that incr	at least 60 reased the		of physic:	al	No linear change	No quadratic change	No chang
QNPA7 days (in	on at least hard some DAY: Pe any kind	t 1 day (in e of the tin rcentage of physic	n any kind	l of physic the 7 day 14.5 ts who we that incre	eal activit s before t 12.0 re physic: eased thei	cipate in a y that incr the survey 14.1 ally active	at least 60 reased the 7) 13.6 e at least 6	ir heart ra	of physica ate and ma 16.2 s per day	al ade them 17.0 on all 7			

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

l ilysica	l Activity		Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
smart pl	one, or ot	her electi	lents who onic devid dia, not co	ce watchin	ng shows	or videos	, playing	games, ac					
Internet	0			0		0	, , ,						

Delaware High School Survey

Trend Analysis Report

Male Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN65:	Percentag	e of stude	ents who c	lescribed	themselve	es as trans	gender.						
							1.7		1.5	1.6	No linear change	Not available [§]	No change
	Percentag g tests don				tested for	human in 12.2	nmunode 10.3	ficiency v	irus (HIV 6.1) (not 5.8	Decreased, 2015-2023	Not available	No change
QN85:	Percentag	e of stude	ents who g	got 8 or m	ore hours	of sleep (on an ave	erage scho	ool night)				
			29.0	28.8	28.5	26.6	24.5		21.7	21.6	Decreased, 2009-2023	No quadratic change	No change
QN86: survey)	Percentag	e of stude						he 30 day			Decreased, 2009-2023	No quadratic change	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Other			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			2021-2023 *
	Percentage and mas		ents who t	hink other	r people at	t school w	vould des	cribe then	n as equal	lly			
Terminik	und mus	cume					10.6		10.4	8.3	No linear change	Not available [§]	No change
					neir mothe person wl				ed educati	on is			
							12.7		10.3	16.5	No linear change	Not available	Increased
					slept away (during th					use they		<u>.</u>	
									2.0	3.0	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

Male Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 *
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentaging on acti				at either	of their pa	arents or o	other adul	ts in their	family			
				14.1	14.6	12.5	13.4		11.0	9.3	Decreased, 2011-2023	No quadratic change	No change
QN92:	Percentag	e of stude	ents who a	re deaf or	have seri	ious diffic	culty hear	ing					
						1.2	2.3		1.8	2.2	No linear change	Not available [§]	No change
QN93:	Percentag	e of stude	ents who h	ave serio	us difficul	lty seeing	(even wh	nen wearin	ng glasses	3)			
						5.0	6.6		5.8	7.4	No linear change	Not available	No change
QN95:	Percentag	e of stude	ents who h	ave serio	us difficul	lty walkir	ng or clim	bing stair	s				
						2.4	2.1		1.3	2.2	No linear change	Not available	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Male Other													
			Health	Risk Beh	navior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	nes (durin				he school- survey, am								
									24.8	40.5	Increased, 2021-2023	Not available [§]	Increased
	l problem				ost likely lence they								
									36.4	29.6	Decreased, 2021-2023	Not available	No change
QN133:	Percenta	ge of stud	lents who	ever feel	sad, empt	y, hopele	ss, angry,	or anxio	us		· · · · · · · · · · · · · · · · · · ·		
									65.7	63.5	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

Male Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					ople mode					ves			
						69.3	75.4		77.0	72.4	No linear change	Not available [§]	No change
	ly or in ot				ople mode ve or more						No linear change	Not available	No change
					ple mode narijuana				g themsel	ves			

Delaware High School Survey

Trend Analysis Report

Male Other													
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percenta ly or in ot									ves			
						74.8	75.9		78.8	75.7	No linear change	Not available [§]	No change
	Percenta smoke tob		lents who	reported	their pare	nts feel it	would be	wrong or	very wro	ong for			
						84.2	81.4		90.9	85.7	No linear change	Not available	Decreased
	Percenta have one							wrong or	very wro	ong for			
						77.1	80.6		85.1	83.7	Increased, 2015-2023	Not available	No change

Delaware High School Survey

Trend Analysis Report

Male Other													
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percenta smoke ma		lents who	reported	their parei	nts feel it	would be	wrong or	r very wro	ong for			
						74.9	71.1		80.6	76.8	No linear change	Not available [§]	No change
					their paren to the stud		would be	wrong or	r very wro	ong for			
						88.6	89.1		91.9	88.9	No linear change	Not available	No change
			lents who	reported	their frien	ds feel it	would be	wrong or	very wro	ng for			
them to	smoke tot	Jueeo											

Delaware High School Survey

Trend Analysis Report

Male Other													
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					their frien beverage			wrong or	very wro	ng for			
						56.7	54.0		67.6	67.2	Increased, 2015-2023	Not available [§]	No change
	Percenta smoke ma		lents who	reported	their frien	ds feel it	would be	wrong or	very wro	ng for			
						36.8	35.0		50.2	46.2	Increased, 2015-2023	Not available	No change
					their frien to the stu		would be	wrong or	very wro	ng for			
						74.5	73.8		82.7	80.2	Increased, 2015-2023	Not available	No change

Delaware High School Survey

Trend Analysis Report

Male Mental	Health												
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
							ulted in an 2 months			or			
2.0	2.6	1.6	1.4	2.4	1.9	2.1	1.7		1.0	0.8	Decreased, 2003-2023	No quadratic change	No change
		e of stude the surve		lescribed	their grad	es in scho	ool as mos	tly A's or	B's (duri	ng the			
51.6	48.9	52.4	55.4	55.1	61.8	61.9	57.8		67.6	67.5	Increased, 2003-2023	No quadratic change	No change
		e of stude e of a phy					ntrating, r	emember	ing, or ma	lking			
						14.7	20.5		24.6	28.2	Increased, 2015-2023	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

Male Mental	Health		Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					he time or peless, an			d of help	they need	l (among			
									16.8	19.4	No linear change	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

05 2007	2009	0011									
		2011	2013	2015	2017	2019	2021	2023			
					their pare	nts or oth	er adults i	n their			
				78.2	77.7		76.0	73.5	No linear change	Not available [§]	No chang
	lear rules an	lear rules and conseque	lear rules and consequences for t	lear rules and consequences for their behav	lear rules and consequences for their behavior 78.2	lear rules and consequences for their behavior 78.2 77.7	lear rules and consequences for their behavior 78.2 77.7	lear rules and consequences for their behavior 78.2 77.7 76.0		lear rules and consequences for their behavior 78.2 77.7 76.0 73.5 No linear change	lear rules and consequences for their behavior 78.2 77.7 76.0 73.5 No linear change Not available [§]

Delaware High School Survey

Trend Analysis Report

Male Birth Co	ntrol												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
is Implan	non or Ne	xplanon)	before la		ntercours	e with an		ParaGard -sex partn					
									2.4	5.1	No linear change	Not available [§]	No change
			f of a low		a himin				-				
ParaGard) as OrthoE	l) or impl Evra), or	ant (such birth cont	as Implaı rol ring (s	non or Nes such as N	xplanon); 1vaRing)	or a shot before las	(such as st sexual	0 (such as Depo-Pro intercours rently sexu	Mirena or vera), pat e with an	ch (such			
ParaGard) as OrthoE	l) or impl Evra), or	ant (such birth cont	as Implaı rol ring (s	non or Nes such as N	xplanon); 1vaRing)	or a shot before las	(such as st sexual	Depo-Pro intercours	Mirena or vera), pat e with an	ch (such	No linear change	Not available	No change
ParaGard) as OrthoE opposite-s QNDUAI pirth cont	l) or impl Evra), or sex partn LBC: Pe trol pills; se with a	ant (such birth cont er (to pre rcentage an IUD,	as Implar rol ring (s vent preg of student or implan	non or Ne such as Nu nancy, an ts who use t, or a sho	xplanon); uvaRing) oong stude ed both a t, or patcl	or a shot before las ents who condom d	(such as st sexual were curr uring las control r	Depo-Pro intercours	Mirena or vera), pat e with an ially activ 19.0 ntercourse e last sexu	ch (such /e) 19.4 e and ial		Not available	No change

Delaware High School Survey

Trend Analysis Report

Birth C	ontrol		Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			of studen										

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			

Delaware High School Survey

Trend Analysis Report

Female Injury a	and Viole	ence											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
1 day du	ring the 3	ge of stude 30 days be s before tl	fore the s	urvey, an									
					39.8	33.4	47.1		39.8	31.5	Decreased, 2013-2023	Not available [§]	No change
		e of stude luring the				school p	roperty (s	uch as a g	gun, knife	, or club,			
2.9	3.2	3.9	4.1	3.3	1.6	2.6	1.5		1.1	1.8	Decreased, 2003-2023	No quadratic change	No change
		ge of stude hool (on a							chool or	on their			
5.1	4.9	5.0	7.2	5.4	9.2	3.9	4.6		9.4	15.3	Increased, 2003-2023	No change, 2003-2017 Increased, 2017-2023	No chang

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Female Injury a	and Viole	nce											
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
						njured wi the 12 mo				erty			
5.5	4.4	4.0	6.3	4.4	4.3	3.8	4.2		3.8	8.0	No linear change	No change, 2003-2017 Increased, 2017-2023	Increased
	Percentag		ents who v	were in a j	physical f	ight (one	or more ti	mes durii	ng the 12	months			
27.5	23.9	26.0	24.2	22.0	17.6	15.9	15.2		12.6	16.9	Decreased, 2003-2023	No quadratic change	No change
	Percentag he 12 mor				physical f	ight on sc	hool prop	erty (one	or more t	imes			
7.0	6.5	7.5	7.3	6.4	7.1	5.9	6.4		2.3	7.7	Decreased, 2003-2023	No quadratic change	Increased
QN19: did not v		e of stude	ents who v	were ever	physicall	y forced to	o have see	kual intere	course (w	hen they			
10.2	10.3	11.2	13.8	12.3	9.9	8.6	9.0		12.4	12.3	No linear change	No quadratic change	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Female Injury a	and Viole	nce											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
things [c	Percentage counting st rse] that th	uch thing	s as kissir	ıg, touchiı	ng, or beii	ng physic	ally force	d to have	sexual				
							10.4		13.1	15.4	Increased, 2017-2023	Not available [§]	No change
were dat physical the 12 m	Percentage ing or goi ly forced nonths before the	ng out wi to have se ore the su	th to do s exual inter	exual thin course] th	igs [count hat they di	ing such id not wa	things as int to do, o	kissing, to	ouching, o ore times o	or being luring			

Delaware High School Survey

Trend Analysis Report

injui y	and Viole	ence	Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
ourpose nto son	by someonething, or	one they w r injured v	vere dating with an ob	g or going oject or we	ed physica g out with eapon] on c out with	[counting e or more	g such thin times du	ngs as bei ring the 12	ng hit, sla 2 months	mmed before			
					10.7	9.8	11.1		7.0	10.3	No linear change	Not available [§]	No change
	-	e of stude	ents who v	were bulli	ed on scho	ool prope	rty (ever d	luring the	12 month	s before			
	-					• •		-	12 110110	is before			
QN24: he surv	-	,	18.8	19.3	20.4	18.6	17.1	-	13.4	18.4	No linear change	No quadratic change	Increased
N25:	ey) Percentag	ge of stude	18.8 ents who v	19.3 were elect		18.6	ounting b		13.4 ed throug	18.4	No linear change	No quadratic change	Increased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Female Injury a	and Viole	nce											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
							very day f months be			row so			
33.7	35.3	35.7	32.8	34.0	30.1	32.5	36.9		50.2	46.6	Increased, 2003-2023	Decreased, 2003-2013 Increased, 2013-2023	No change
	Percentag ne survey)		ents who s	seriously o	considered	l attempti	ng suicide	e (during	the 12 mc	onths			
20.0	16.2	12.9	17.2	16.7	15.5	17.5	21.3		26.6	24.7	Increased, 2003-2023	Decreased, 2003-2007 Increased, 2007-2023	No change
	Percentag before the		ents who r	nade a pla	an about h	low they	would atte	empt suici	ide (durin	g the 12			
14.0	13.4	10.5	12.2	11.8	12.3	14.8	14.8		23.1	19.0	Increased, 2003-2023	Decreased, 2003-2011 Increased, 2011-2023	No change
	Percentag		nts who a	ctually at	tempted s	suicide (or	ne or mor	e times dı	uring the 1	12			
11.5	8.7	7.6	10.8	8.8	8.2	10.2	9.1		12.9	12.9	Increased, 2003-2023	Decreased, 2003-2007 Increased, 2007-2023	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Female Injury a	and Viole	ence									******		
			Health	Risk Beh	navior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		ge of stude g the 30 da				weapon (s	uch as a g	un, knife,	or club,	on at			
7.2	6.5	8.0	9.9	6.6	5.5	6.0	6.3		5.2	8.0	No linear change	No quadratic change	No change
		ge of stude											
for hunt		ge of stude a sport su											
											Decreased, 2003-2023	No quadratic change	No change
for hunt survey)	ing or for	a sport su	ich as targ	get shootii	ng, on at l	east one c	lay during		iys before	the	Decreased, 2003-2023	No quadratic change	No change
for hunti survey) 1.5 QN98: 2 tried to a could an did not a	1.4 Percentag control the d could n lo what th	a sport su	1.9 ents who r otionally l time with, d, during	teported so hurt them being hu the 12 mo	ng, on at 1 1.6 omeone th one or mo umiliated i onths befo	east one of 1.1 ney were of ore times n front of ore the sur	lay during 1.7 dating or a (such thin 5 others, or	going out going sas bein being thi	0.5 with purp ng told wh reatened i	0.8 0.8 posely no they f they	Decreased, 2003-2023	No quadratic change	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percenta hoto of th							onically a	revealing	or			
							16.6		9.2	14.0	No linear change	Not available [§]	Increased
	Percenta one (durin					or an e-n	nail with	a revealin	g or sexua	al photo			
									20.4	22.8	No linear change	Not available	No change
	Percenta l, or poste												
e-mailed	· •												

Delaware High School Survey

Trend Analysis Report

						l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003 20)05	2007	2009	2011	2013	2015	2017	2019	2021	2023			
N110: Perc e (such as c													
e survey)	eatting	, 01 0 0111	ing menis	erres on p	unpose of			ing the					
							18.4		31.0	30.9	Increased, 2017-2023	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

Female Tobacc													
			Health	Risk Beł	navior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN31:	Percentag	ge of stude	ents who s	moked a	cigarette ((even one	or two pu	uffs)					
64.0	56.1	51.8	50.6	46.2	35.4	30.1	21.9		15.2	13.6	Decreased, 2003-2023	No quadratic change	No change
QN32:	Percentag	ge of stude	ents who s	smoked a	cigarette l	before age	e 13 years 8.9	(even one	e or two p 6.0	puffs) 4.8	Decreased, 2017-2023	Not available [§]	No change
QNFRC	CIG: Perc	entage of		who curre			8.9	ently (on 2	6.0	4.8	Decreased, 2017-2023	Not available [§]	No change
QNFRC	CIG: Perc	entage of	students	who curre			8.9		6.0	4.8	Decreased, 2017-2023 Decreased, 2003-2023	Not available [§] Decreased, 2003-2011 Decreased, 2011-2023	No change No change
QNFRC during t 12.8 QNDA	CIG: Perco he 30 day 9.8	entage of rs before t 8.2 ercentage	students v he survey 7.6 of student	who curre) 7.1	ntly smok 3.8	ted cigaret 2.9	8.9 ttes frequ		6.0 20 or mor 0.3	4.8 re days 0.7		Decreased, 2003-2011	_

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Female Tobacc													
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag he survey)		ents who c	currently s	smoked ci	garettes (on at leas	t 1 day du	ring the 3	0 days			
25.1	22.8	19.1	19.1	18.7	12.7	9.2	5.2		3.9	2.4	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	No change
	ape pens,				an electro pens, and								
						38.3	35.9		39.2	38.2	No linear change	Not available [§]	No change
	VP: Perc ys during				ently used y)	electronic	c vapor pi	oducts fre	equently (on 20 or			
						1.9	0.7		7.6	8.4	Increased, 2015-2023	Not available	No change

Delaware High School Survey

Trend Analysis Report

Female Tobacco) Use												
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			of student fore the su		rrently use	ed electro	nic vapor	products	daily (on	all 30			
aujs au	ing the se	, augs eer				1.4	0.6		5.0	7.4	Increased, 2015-2023	Not available [§]	No change
vapes, va	ape pens,	e-cigars,	ents who c e-hookahs luring the	s, hookah	pens, and	mods [su							
						20.2	12.6		22.8	22.0	Increased, 2015-2023	Not available	No change

Delaware High School Survey

Trend Analysis Report

Tobacco	o Use												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
hemselv vapes, v	Percentag ves in a co ape pens, , during th	nvenienc e-cigars,	e store, su e-hookahs	ipermarke s, hookah	et, discoun pens, and	nt store, on mods [su	gas stati ch as JU	on (inclue UL, SMO	ling e-cig K, Suorin	arettes, , Vuse,			
									6.1	4.8	No linear change	Not available [§]	No change
NEDG	KI · Perce	entage of	etudonte	who curre	ntly used	smokeles	s tobacco	£	<u> </u>				
obacco, Camel S	snuff, dip nus], not ne survey)	o, snus, or counting	dissolval	ole tobacc	o product	s [such as	Copenha	agen, Griz	zly, Skoa	l, or			
obacco, Camel S	snuff, dip nus], not	o, snus, or counting	dissolval	ole tobacc	o product	s [such as	Copenha	agen, Griz	zly, Skoa	l, or	Not available	Not available	Increased
Obacco, Camel S Defore th QNDAY Snuff, di	snuff, dip nus], not	o, snus, or counting rcentage	dissolval any electr of student ble tobacc	ble tobacc onic vapo	o products or products rrently use ts [such as	s [such as s, on 20 o ed smokel s Copenha	Copenha r more da 0.4 ess tobac agen, Grit	agen, Griz ays during co daily (zzly, Skoz	zly, Skoa the 30 da 0.0 chewing tal, or Can	l, or ays 0.7 tobacco, nel	Not available	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Female Fobacc													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
nus, or Vicotin	dissolval	ge of stude ole tobacco es], not co	o products	s [such as	Copenhag	gen, Grizz	zly, Skoal	, Camel S	nus, or V	elo			
	ne bar iej	/											
		,					1.4		1.3	2.0	No linear change	Not available [§]	No change
NFRC	CGR: Per	centage of 0 or more					s frequent	ly (cigars	-		No linear change	Not available [§]	No change
2NFRC	CGR: Per	centage of					s frequent	ly (cigars	-		No linear change	Not available [§]	
ONFRO ittle cig 0.7 ONDA	CGR: Per gars, on 20 1.0 YCGR: F	centage of 0 or more	days durin 1.3 of studen	ng the 30 1.1 ts who cu	days befo 1.4 urrently sn	re the sur 1.3 noked cig	s frequent vey) 0.9		, cigarillo 0.4	s, or 0.9			No change

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		age of stue e the surve		o currently	y smoked	cigarettes	s or cigars	(on at lea	ast 1 day o	luring			
26.5	24.1	21.2	20.9	20.6	16.2	13.0	8.3		4.6	5.5	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	No change
		age of stud during the				cigarettes	or cigars	or used s	smokeless	tobacco			
						cigarettes	or cigars 8.6	or used s	smokeless 5.2	tobacco 6.3	No linear change	Not available [§]	No cha
(on at lease of the second sec	ast 1 day : Percent		e 30 days dents who	before the	e survey) y smoked	cigarettes	8.6	or used s	5.2	6.3	No linear change	Not available [§]	No char

Delaware High School Survey

Trend Analysis Report

Female Tobacco	Use												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			dents who e 30 days			cigarettes	or used e	electronic	vapor pro	oducts			
						23.1	13.7		22.6	22.2	No linear change	Not available [§]	No change
Swisher	0	Aiddleton	ents who c I's (includi	2		0,0	,	0	,				
8.5	7.0	7.4	8.6	8.6	8.4	8.0	5.0		1.7	4.4	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	Increased

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN41: few sips	-	e of stude	ents who h	ad their f	irst drink	of alcoho	l before a	ge 13 yea	rs (other t	than a			
28.1	23.2	21.2	23.0	19.4	16.4	14.0	14.6		15.2	17.7	Decreased, 2003-2023	Decreased, 2003-2015 No change, 2015-2023	No change
			ents who c ore the sur		lrank alco	bhol (at lea	ast one dri	ink of alco	ohol, on a	nt least 1			
46.9	42.6	44.7	46.2	41.9	37.1	35.6	30.9		25.7	24.3	Decreased, 2003-2023	No change, 2003-2009 Decreased, 2009-2023	No change
in a row	if they w	ere femal	ents who c e or five o 1 day dur	or more di	inks of al	cohol in a	row if th						
1,	, .			8			15.2		11.2	10.2	No linear change	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

Alcohol	and Othe	er Drug l	Jse										
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentagore (within								ad in a ro	w was			
					2.4	1.1	1.7		1.0	1.4	No linear change	Not available [§]	No change
QN46:	Percentag	e of stude	ents who e	ever used	marijuana	(one or r	nore time	s during t	heir life)				
47.2	38.3	41.6	42.0	43.8	39.0	40.9	45.0		33.6	33.4	Decreased, 2003-2023	No change, 2003-2017 Decreased, 2017-2023	No change
QN47:	Percentag	e of stude	ents who t	ried marij	juana for t	the first ti	me before	e age 13 y	ears				
10.5	7.3	6.6	8.5	7.0	6.1	4.7	5.1		3.7	5.5	Decreased, 2003-2023	No quadratic change	No change
	Percentag ne survey)		ents who c	currently u	used marij	juana (one	e or more	times du	ring the 30) days			
25.0	20.5	21.5	24.7	26.5	22.9	23.2	25.6		16.9	20.7	No linear change	No change, 2003-2017	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
prescrip	tion or dif	ferently th	han how a	a doctor to	old them t	o use it (c	edicine w counting d mes during	rugs such	as codein	ne,			
							10.7		10.6	12.5	No linear change	Not available [§]	No chang
	Percentag ase, one o					any form	10.7 of cocaine	, includir			No linear change	Not available [§]	No change
						any form of 2.9		, includir			No linear change Decreased, 2003-2023	Not available [§]	No chang No chang
r freeb 6.4 N52:	ase, one of 5.3	4.5 e of stude	4.8 4.8	g their life 3.6	2.4	2.9	of cocaine		ng powder 1.1	, crack,			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beł	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					methampl uring their		s (also cal	led "speed,"	"crysta	l meth,"			
5.7	4.9	3.8	3.5	2.4	1.5	2.3	0.9		0.6	1.2	Decreased, 2003-2023	No quadratic change	No change
times du	ring their	life)						A" or "Molly,					
9.6	5.8	4.5	5.7	6.0	4.2	3.5	2.2		2.1	1.7	Decreased, 2003-2023	No quadratic change	No change
)N55·					ted any ill their life		(used a n	eedle to inje	ect any i	llegal			
		1.3	1.9	1.8	1.2	1.0	0.7		0.4	0.5	Decreased, 2003-2023	No quadratic change	No change
	1.2	1.5											
lrug int 0.9 2N112:		ge of stud				ijuana (al	lso called	Spice, fake v	weed, k	X2, or			

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percenta	nges				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
				-		cription pa	-						
211112:			han harri	doctor to	old them to	o use it (or	ne or mor	e times d	uring the	30 days			
prescrip	tion or dif	•	nan now a		na mem a	0 400 10 (01			U	2			

Delaware High School Survey

Trend Analysis Report

Female Sexual 1	Behaviors	5											
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN56:	Percentag	e of stude	ents who e	ever had s	exual inte	rcourse							
56.2	51.3	56.5	57.1	57.1	46.0	43.5	43.9		29.5	33.1	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
QN57:	Percentag	e of stude	ents who h	ad sexual	l intercour	se for the	e first time	e before a	ge 13 yea	rs			
6.7	4.5	4.8	5.8	4.3	3.3	2.4	1.7		2.6	3.0	Decreased, 2003-2023	No quadratic change	No change
QN58:	Percentag	e of stude	ents who h	ad sexual	l intercour	se with fo	our or mo	re person	s during tl	heir life			
17.8	15.7	16.7	18.0	17.0	10.7	8.8	8.4		5.0	4.5	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
	Percentag					ally active	e (had sex	ual interc	ourse wit	h at least		-	
44.6	39.8	46.5	44.2	42.9	33.6	34.3	34.7		21.5	24.2	Decreased, 2003-2023	No change, 2003-2009 Decreased, 2009-2023	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

				uvioi un	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
				hol or use	ed drugs b	efore last	sexual in	tercourse	(among			
15.7	16.1	16.0	15.9	18.4	19.2	15.1		20.5	15.6	No linear change	No quadratic change	No change
			ised a con	dom duri	ng last se:	xual interc	ourse (ar	nong stud	ents			
56.9	62.8	55.2	54.1	55.8	48.0	45.4		46.0	47.6	Decreased, 2003-2023	No quadratic change	No change
er d	rcentag ho were 15.7 rcentag currentl 56.9	rcentage of stude to were currently 15.7 16.1 rcentage of stude currently sexually 56.9 62.8	rcentage of students who d to were currently sexually 15.7 16.1 16.0 rcentage of students who u currently sexually active) 56.9 62.8 55.2	rcentage of students who drank alco no were currently sexually active) 15.7 16.1 16.0 15.9 rcentage of students who used a con currently sexually active) 56.9 62.8 55.2 54.1	rcentage of students who drank alcohol or use no were currently sexually active) 15.7 16.1 16.0 15.9 18.4 rcentage of students who used a condom durin currently sexually active) 56.9 62.8 55.2 54.1 55.8	rcentage of students who drank alcohol or used drugs b ho were currently sexually active) 15.7 16.1 16.0 15.9 18.4 19.2 rcentage of students who used a condom during last sec currently sexually active) 56.9 62.8 55.2 54.1 55.8 48.0	rcentage of students who drank alcohol or used drugs before last no were currently sexually active) 15.7 16.1 16.0 15.9 18.4 19.2 15.1 rcentage of students who used a condom during last sexual interc currently sexually active) 56.9 62.8 55.2 54.1 55.8 48.0 45.4	rcentage of students who drank alcohol or used drugs before last sexual in ho were currently sexually active) 15.7 16.1 16.0 15.9 18.4 19.2 15.1 rcentage of students who used a condom during last sexual intercourse (ar currently sexually active) 56.9 62.8 55.2 54.1 55.8 48.0 45.4	rcentage of students who drank alcohol or used drugs before last sexual intercourse ho were currently sexually active) 15.7 16.1 16.0 15.9 18.4 19.2 15.1 20.5 rcentage of students who used a condom during last sexual intercourse (among stud currently sexually active)	rcentage of students who drank alcohol or used drugs before last sexual intercourse (among ho were currently sexually active)15.716.116.015.918.419.215.120.515.6rcentage of students who used a condom during last sexual intercourse (among students currently sexually active)56.962.855.254.155.848.045.446.047.6	rcentage of students who drank alcohol or used drugs before last sexual intercourse (among no were currently sexually active) 15.7 16.1 16.0 15.9 18.4 19.2 15.1 20.5 15.6 No linear change rcentage of students who used a condom during last sexual intercourse (among students currently sexually active) 56.9 62.8 55.2 54.1 55.8 48.0 45.4 46.0 47.6 Decreased, 2003-2023	rcentage of students who drank alcohol or used drugs before last sexual intercourse (among ho were currently sexually active) 15.7 16.1 16.0 15.9 18.4 19.2 15.1 20.5 15.6 No linear change No quadratic change rcentage of students who used a condom during last sexual intercourse (among students currently sexually active) 56.9 62.8 55.2 54.1 55.8 48.0 45.4 46.0 47.6 Decreased, 2003-2023 No quadratic change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Sexual H	Behaviors	5											
			Health	Risk Beh	navior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					d for a sex the 12 mo				TD) other	r than			
									8.4	9.2	No linear change	Not available [§]	No change
themselv		st time th	ey had se	xual inter	course (an	nong stud	lents who 18.6	have had	sexual 14.6	15.0	No linear change	Not available	No change
QN115: times)	Percenta	ge of stud	lents who	have bee	n pregnan	t or gotte	n someon	e pregnan	t (one or	more			
9.1	7.7	8.8	9.9	9.0	4.1	4.9	2.8		1.1	1.9	Decreased, 2003-2023	No change, 2003-2009 Decreased, 2009-2023	No change
QN116:	Percenta	ge of stud	lents who	have eve	r given or	received	oral sex	:					
	50.1	53.5	54.0	55.7	44.6	42.7	46.3		30.9	35.1	Decreased, 2005-2023	Increased, 2005-2009 Decreased, 2009-2023	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Dietary	Behavio	ſS										
			Health	Risk Beh	avior and	d Percent	ages			Linear Change*	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	2023			
							rcentile fo th charts) [§]	or body mass index	, based			
	10.4	10.7	11.6	9.5	11.0	13.3	12.9	13.2	15.1	Increased, 2003-2023	No quadratic change	No change
		tage of st	udents wh					e but <95th percen				
QNOW'	T: Percer	tage of st	udents wh					e but <95th percen 000 CDC growth c 16.4		No linear change	No quadratic change	No change
QNOW body ma 16.6	T: Percen ass index, 15.6	tage of st based on 18.8	udents wh sex- and a 16.5	age-specif 19.7	fic referen	nce data fr 17.3	17.8	000 CDC growth c	harts) [§]	No linear change	No quadratic change	No change
QNOW body ma 16.6	T: Percen ass index, 15.6	tage of st based on 18.8	udents wh sex- and a 16.5	age-specif 19.7	fic referen	nce data fr 17.3	17.8	000 CDC growth c	harts) [§]	No linear change No linear change	No quadratic change No quadratic change	No change No change
QNOW body ma 16.6 QN66: 36.1	T: Percer ass index, 15.6 Percentag 37.7	tage of st based on 18.8 e of stude 31.8	udents wh sex- and a 16.5 ents who c	age-specif 19.7 lescribed 33.6	fic referen 17.3 themselve 36.7	nce data fr 17.3 es as sligh 37.7	17.8	000 CDC growth c 16.4 y overweight	harts) [§] 18.6			

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN69: urvey)	Percentag	e of stude	ents who c	lid not eat	fruit (one	e or more	times dur	ring the 7	days befo	re the			
									11.6	9.7	No linear change	Not available [§]	No change
							·						
epsi, o							glass of s mes durir 37.7				Increased, 2007-2023	No quadratic change	No chang
Pepsi, or urvey) QNSOE imes pe	Al: Perc	ot countir 23.2 centage of ch as Coke	23.8 students	la or diet 21.9 who dran	27.7 k a can, b	or more ti 31.2 ottle, or g	mes durir	ng the 7 d	ays before 32.8 one or me	37.3	Increased, 2007-2023	No quadratic change	No chang

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Dietary	Behavior	s											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
times pe		h as Coke						da or pop t pop, duri					
	-	19.5	18.3	15.2	13.5	10.8	9.6		6.0	7.0	Decreased, 2007-2023	No quadratic change	No change
QN75:	Percentage	e of stude	ents who d 15.1	lid not eat 12.7	t breakfas 13.0	t (during 13.5	the 7 days 10.9	before th	e survey) 22.3	21.5	Increased, 2009-2023	Decreased, 2009-2017 Increased, 2017-2023	No change
QNBK7 survey)	DAY: Pe	rcentage	of student	ts who ate	e breakfas	t on all 7	days (dur	ing the 7 d	lays befor	e the			
			29.5	29.1	37.3	35.4	33.3		22.4	19.6	Decreased, 2009-2023	Increased, 2009-2015 Decreased, 2015-2023	No change
				1.1 /	ot wagatak	les or sal	ad (not co	unting no	tatoes, on	e or			
			lents who ys before t			nes or sar		aning po					

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
-		0			he time or before th	-	0	ry becaus	e there wa	as not			
							3.7		2.8	2.0	No linear change	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

	l Activity		Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
lays (in	Percentage any kind me during	of physic	al activity	that incre	eased thei								
				35.1	31.5	33.3	34.9		33.6	32.7	No linear change	No quadratic change	No change
activity	DAY: Per on at least hard some	: 1 day (ii	n any kind	l of physic	cal activit	y that inci	reased the						
activity	on at least	: 1 day (ii	n any kind	l of physic	cal activit	y that inci	reased the				No linear change	No change, 2011-2017 Increased, 2017-2023	No change
QNPA7 lays (in	on at least	t 1 day (in e of the the rcentage of physic	n any kind me during of student al activity	21.5 s who we that incre	cal activity rs before t 25.8 re physica eased thei	y that incr he survey 22.9 ally active	20.2 e at least 6	ir heart ra	22.6 s per day	27.4	No linear change		No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			

Delaware High School Survey

Trend Analysis Report

Female Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 ⁺
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN65:	Percentage	e of stude	ents who d	lescribed	themselve	es as trans	gender.		-	-			
							0.9		2.1	4.8	Increased, 2017-2023	Not available [§]	Increased
	Percentage tests don				tested for	human in 13.6	nmunode 16.6	ficiency v	virus (HIV 7.1	7) (not 7.1	Decreased, 2015-2023	Not available	No change
QN85: 1	Percentage	e of stude	ents who g	got 8 or m	ore hours	of sleep (on an ave	erage scho	ool night)				
	C		25.8	25.3	24.3	22.0	23.2	C	18.6	17.5	Decreased, 2009-2023	No quadratic change	No change
QN86: Survey)	Percentage	e of stude	ents who e	experience	ed unstabl	e housing	(during t	he 30 day	s before t	he			
							2.2		1.4	2.6	No linear change	Not available	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

		Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		nts who t	hink othe	r people a	t school v	vould des	cribe then	n as equal	ly			
						16.7		17.8	19.2	No linear change	Not available [§]	No change
								d education	on is 17.8	No linear change	Not available	Increased
									use they			
	Percentag e and mase Percentag gh school, Percentag	Percentage of stude and masculine Percentage of stude gh school, grade sch	2005 2007 2009 Percentage of students who te and masculine Percentage of students who results who results and school, grade school, or lease Percentage of students who results are school, or lease Percentage of students who results are school, or lease	2005 2007 2009 2011 Percentage of students who think other and masculine Percentage of students who reported the school, grade school, or less (or the school) Percentage of students who have ever	2005 2007 2009 2011 2013 Percentage of students who think other people a e and masculine and masculine and masculine Percentage of students who reported their mother the school, grade school, or less (or the person we have a school the schol the schol the school the schol the school the schol t	2005 2007 2009 2011 2013 2015 Percentage of students who think other people at school we and masculine and masculine and masculine Percentage of students who reported their mother's highes the school, grade school, or less (or the person who is like and masculine Percentage of students who have ever slept away from the	Percentage of students who think other people at school would des and masculine 16.7 Percentage of students who reported their mother's highest level of gh school, grade school, or less (or the person who is like a mother 14.5 Percentage of students who have ever slept away from their parent	2005 2007 2009 2011 2013 2015 2017 2019 Percentage of students who think other people at school would describe then and masculine 16.7 Percentage of students who reported their mother's highest level of complete the school, grade school, or less (or the person who is like a mother to them) 14.5 Percentage of students who have ever slept away from their parents or guard	2005 2007 2009 2011 2013 2015 2017 2019 2021 Percentage of students who think other people at school would describe them as equal and masculine 16.7 17.8 Percentage of students who reported their mother's highest level of completed education is school, grade school, or less (or the person who is like a mother to them) 14.5 10.9	2005 2007 2009 2011 2013 2015 2017 2019 2021 2023 Percentage of students who think other people at school would describe them as equally and masculine 16.7 17.8 19.2 Percentage of students who reported their mother's highest level of completed education is the school, grade school, or less (or the person who is like a mother to them) 14.5 10.9 17.8 Percentage of students who have ever slept away from their parents or guardians because they	2005 2007 2009 2011 2013 2015 2017 2019 2021 2023 Percentage of students who think other people at school would describe them as equally and masculine 16.7 17.8 19.2 No linear change Percentage of students who reported their mother's highest level of completed education is gh school, grade school, or less (or the person who is like a mother to them) 14.5 10.9 17.8 No linear change	2005 2007 2009 2011 2013 2015 2017 2019 2021 2023 Percentage of students who think other people at school would describe them as equally and masculine 16.7 17.8 19.2 No linear change Not available [§] Percentage of students who reported their mother's highest level of completed education is the school, grade school, or less (or the person who is like a mother to them) 14.5 10.9 17.8 No linear change Not available Percentage of students who have ever slept away from their parents or guardians because they

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Other													
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentageng on acti				at either	of their pa	arents or o	other adul	ts in their	family			
				15.4	14.5	10.5	12.7		10.4	9.5	Decreased, 2011-2023	No quadratic change	No change
QN92: 1	Percentage	e of stude	ents who a	re deaf or	have seri	ious diffic	culty hear	ing					
						2.0	1.4		2.1	3.8	No linear change	Not available [§]	No change
QN93: 1	Percentage	e of stude	ents who h	ave serio	us difficul	lty seeing	g (even wl	nen wearii	ng glasses)			
						8.9	9.4		11.0	18.1	Increased, 2015-2023	Not available	Increased
QN95:	Percentage	e of stude	ents who h	ave serio	us difficul	lty walkir	ng or clim	bing stair	.s				
						3.6	2.7		4.2	3.7	No linear change	Not available	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

[§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percenta nes (durin enter)												
									31.9	45.8	Increased, 2021-2023	Not available [§]	Increased
	Percenta problem												
									24.6	25.2	No linear change	Not available	No change
QN133:	Percenta	ge of stud	lents who	ever feel	sad, empt	y, hopele	ss, angry,	or anxio	us	,,			
									86.1	84.5	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
						rately or g re packs o				ves			
						73.3	82.8		80.5	79.3	No linear change	Not available [§]	No change
	ly or in ot					rately or g e drinks of 75.6					No linear change	Not available	No change
						rately or g once or t			g themsel	ves			
•													

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 *
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
						erately or g drugs that				ves			
						83.9	85.6		85.5	81.7	No linear change	Not available [§]	No change
	Percenta moke tob		ents who	reported	their pare	nts feel it	would be	wrong or	r very wro	ong for			
						91.4	91.0		93.2	88.1	No linear change	Not available	Decreased
						nts feel it e nearly ev		wrong or	r very wro	ong for			
						89.3	89.0		89.0	86.4	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Other													
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
-	Percentag smoke ma	0	ents who	reported	their pare	nts feel it	would be	wrong o	r very wro	ong for			
						84.3	77.3		81.1	73.8	Decreased, 2015-2023	Not available [§]	Decreased
					their parent to the stud		would be	wrong of	r very wro	ong for			
						93.0	94.2		92.3	90.2	No linear change	Not available	No change
	Percenta smoke tob		ents who	reported	their frien	ds feel it	would be	wrong or	very wro	ng for			
						73.6	73.3		75.0	69.5	No linear change	Not available	Decreased

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. ^{*}Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					their frien beverage			wrong or	r very wro	ong for			
						68.4	65.2		68.4	69.6	No linear change	Not available [§]	No change
	Percenta smoke ma		ents who	reported	their frien	nds feel it	would be	wrong or	r very wro	ong for			
						45.2	37.4		46.7	45.7	No linear change	Not available	No change
					their frien to the stu		would be	wrong or	r very wro	ong for			
						83.2	84.5		86.1	85.6	No linear change	Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Mental													
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					ide attemp nurse (dur					or			
3.5	1.9	2.7	3.0	2.4	2.2	2.4	2.5		3.3	2.7	No linear change	No quadratic change	No change
	Percentag ths before			lescribed	their grad	es in scho	ool as mos	stly A's or	B's (duri	ng the			
63.4	65.2	63.1	66.7	68.0	74.7	75.1	74.1		78.0	72.3	Increased, 2003-2023	No quadratic change	No change
					us difficu notional p		ntrating, r	emember	ing, or ma	king			
						21.4	28.5		43.7	46.6	Increased, 2015-2023	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Mental			Health	Risk Beh	navior and	d Percent	ages				Linear Change [*]	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			dents who felt sad, o					d of help	they need	l (among			
									22.6	18.1	Decreased, 2021-2023	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

		Health I	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change fron 2021-2023
003 2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
1135: Percentage nily have clear ru						their pare	nts or othe	er adults i	n their			
					79.0	81.9		73.3	67.6	Decreased, 2015-2023	Not available [§]	Decrease
					79.0	81.9		73.3	67.6	Decreased, 2015-2023	Not available [§]	

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Birth Co	ontrol												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
as Implar	non or Ne	explanon)	before la		intercours	e with an		ParaGard s-sex partn					
									12.6	5.7	No linear change	Not available [§]	No change
)NOTHI	HPL: Pe	rcentage	of student	s who use	d birth co	ontrol pills	s: an IUD) (such as					
ParaGard as Orthol	l) or impl Evra), or	ant (such birth con	as Implat trol ring (non or Ne such as N	xplanon); uvaRing)	or a shot before las	(such as st sexual) (such as Depo-Pro intercours rently sexu	Mirena or wera), pat e with an	ch (such			
ParaGard as Orthol	l) or impl Evra), or	ant (such birth con	as Implat trol ring (non or Ne such as N	xplanon); uvaRing)	or a shot before las	(such as st sexual	Depo-Pro intercours	Mirena or wera), pat e with an	ch (such	No linear change	Not available	No change
ParaGard as Orthol opposite- QNDUA birth con	l) or impl Evra), or -sex partn LBC: Pe trol pills; se with a	ant (such birth com er (to pre	as Implat trol ring (event preg of studen or implan	non or Ne such as N nancy, an ts who use t, or a sho	xplanon); uvaRing) nong stude ed both a ot, or patcl	or a shot before las ents who condom d h, or birth	(such as st sexual were curr luring las control t	Depo-Pro intercours	Mirena or vera), pat e with an ually activ 41.7 htercourse e last sexu	ch (such /e) 36.6 e and ial		Not available	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Female Birth Co	ontrol		Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					l not use a r (among								
									13.9	14.2	No linear change	Not available [§]	No change

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. ^{*}Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Dercente	ge of stud	lents who		r been tau		ool about ding HIV)		se a conde	om to			
ON123:	I CICCIII												

^{*}Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [†]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

White* Injury a	and Viole	nce	Health	Risk Beł	avior and	d Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			2021-2023
1 day du		0 days be	fore the s	urvey, an	e-mailed v								
					45.2	39.7	43.9		39.8	37.7	Decreased, 2013-2023	Not available [¶]	No change
	Percentag st 1 day d				veapon on survey)	school p	roperty (s	uch as a g	gun, knife	, or club,			
4.2	5.4	4.5	3.7	3.8	2.9	3.2	2.1		0.5	1.1	Decreased, 2003-2023	Decreased, 2003-2015 Decreased, 2015-2023	No chang
					to school g the 30 da				chool or o	on their			

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

⁸Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

White* Injury a	and Viole	nce											
			Health	Risk Beh	navior and	d Percent	tages				Linear Change [†]	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag a gun, kn									erty			
7.7	6.2	5.0	5.4	4.3	4.6	4.2	4.8		3.9	7.4	No linear change	Decreased, 2003-2011 No change, 2011-2023	No change
	Percentag		ents who v	were in a	physical f	ight (one	or more t	imes durir	ng the 12	months			
33.7	28.8	28.8	26.7	23.9	19.8	15.1	16.5		13.3	14.7	Decreased, 2003-2023	No quadratic change	No change
	Percentag he 12 mor				physical f	ight on sc	hool prop	erty (one	or more t	imes			
10.6	9.1	9.0	6.5	5.2	6.4	4.4	5.0		1.7	3.6	Decreased, 2003-2023	No quadratic change	Increased
QN19: did not	Percentag want to)	e of stude	ents who v	were ever	physicall	y forced to	o have se	xual interc	course (w	hen they			
6.3	7.7	6.5	8.4	7.2	6.5	5.9	5.0		8.9	8.4	No linear change	No quadratic change	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change ^{\dagger}	Quadratic Change ^{\dagger}	Change fror 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
hings [c	ounting s	uch thing	s as kissin		ed sexual v ng, or beir					o sexual			
ntercou	rse] that th	ney did no	ot want to	do, one o	or more tir					urvey)			
ntercou	rse] that th	ney did no	ot want to	do, one o	or more tir					urvey) 11.3	Increased, 2017-2023	Not available [¶]	No char
QN21: 1 were dat physical the 12 m	Percentage ing or goi ly forced t	e of stude ng out wi to have se ore the su	nts who e th to do se exual inter	experience exual thin course] th	ed sexual d ed sexual d egs [count nat they di nts who da	dating vic ing such t id not wa	g the 12 n 7.4 blence (be things as l nt to do, c	ting force kissing, to one or mo	fore the second	11.3 one they r being uring	Increased, 2017-2023	Not available¶	No chan

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05. [§]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
ourpose nto som	by someonething, or	one they w injured v	vere dating with an ob	g or going	ed physica g out with eapon] on c out with	[counting e or more	g such thin times du	igs as beir	ng hit, sla 2 months	mmed before			
urvey)													
urvey)					9.0	7.4	8.1		5.9	7.5	No linear change	Not available [¶]	No change
QN24:	0	e of stude	ents who v	vere bulli	9.0 ed on scho			luring the			No linear change	Not available [¶]	No change
QN24:	0	e of stude	ents who v 18.2	vere bullio 19.3				luring the			No linear change No linear change	Not available [¶] No quadratic change	No change
QN24: the surve	ey) Percentag	e of stude	18.2 ents who v	19.3 vere elect	ed on scho 21.5 ronically	18.9	rty (ever c 15.4 ounting b	eing bullie	12 month 13.9 ed throug	ns before 19.0 h			
QN25:	ey) Percentag	e of stude	18.2 ents who v	19.3 vere elect	ed on scho 21.5	18.9	rty (ever c 15.4 ounting b	eing bullie	12 month 13.9 ed throug	ns before 19.0 h			

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

White* Injury a	nd Viole	nce											
			Health	Risk Beh	avior and	l Percent	tages				Linear Change ^{\dagger}	Quadratic Change †	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
							very day f months be			row so			
28.0	27.7	26.2	24.3	24.0	23.5	21.6	26.9		35.9	32.2	Increased, 2003-2023	Decreased, 2003-2013 Increased, 2013-2023	No change
	Percentag ne survey)		nts who s	eriously o	considered	l attempti	ng suicide	e (during	the 12 mo	onths			
18.1	15.4	11.4	12.8	11.8	13.0	14.2	17.1		18.8	18.5	Increased, 2003-2023	Decreased, 2003-2007 Increased, 2007-2023	No change
	Percentag before the		nts who r	nade a pla	an about h	low they	would atte	empt suici	de (durin	g the 12			
13.1	12.7	9.0	8.3	7.6	9.5	10.8	11.9		16.6	13.8	Increased, 2003-2023	Decreased, 2003-2009 Increased, 2009-2023	No change
	Percentag before the		nts who a	ctually at	tempted s	uicide (or	ne or mor	e times du	iring the 1	12			
9.3	7.8	5.6	6.0	4.6	6.3	6.5	5.9		7.7	7.7	No linear change	Decreased, 2003-2009 Increased, 2009-2023	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

White* Injury a	and Viole	ence		D' I D I							t: cu *		
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		ge of stude the 30 da				weapon (s	such as a g	gun, knife,	or club,	on at			
16.1	16.9	17.4	16.6	14.4	16.1	15.2	15.1		11.4	13.4	Decreased, 2003-2023	No quadratic change	No change
		ge of stude											
		ge of stude a sport su											
											Decreased, 2003-2023	No change, 2003-2015	No change
for hunt survey)	ing or for	a sport su	ich as targ	et shootii	ng, on at l	east one c	lay during		ays before	e the	Decreased, 2003-2023	No change, 2003-2015 Decreased, 2015-2023	No change
for hunt survey) 5.1 QN98:	4.9 Percentag	a sport su 5.0 ge of stude	4.9 ents who r	et shootii 3.8 eported so	ng, on at 1 5.2 omeone th	ast one c 3.9	lay during 3.2 dating or g	g the 30 da	0.4 with purp	the 1.0 posely	Decreased, 2003-2023		No change
for hunt survey) 5.1 QN98: tried to c could ar	4.9 Percentag control that	a sport su 5.0 ge of stude em or emo tot spend t	4.9 ents who r ptionally l time with,	3.8 eported so nurt them being hu	5.2 omeone th one or me miliated i	ast one of 3.9 ney were of ore times n front of	day during 3.2 dating or (such thir 5 others, or	going out ngs as beir r being thr	0.4 with purp ng told wl reatened i	1.0 posely ho they f they	Decreased, 2003-2023		No change
for hunt survey) 5.1 QN98: tried to could ar did not o	4.9 Percentag control the id could n do what th	a sport su 5.0 ge of stude em or emo	4.9 ents who r otionally h time with, d, during	eported so being hu the 12 mo	ng, on at l 5.2 omeone th one or me miliated i onths befo	ast one of 3.9 ney were of ore times n front of ore the sur	day during 3.2 dating or (such thir 5 others, or	going out ngs as beir r being thr	0.4 with purp ng told wl reatened i	1.0 posely ho they f they	Decreased, 2003-2023		No chang

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

⁸Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

j <i>u</i> r <i>j</i> u	nd Viole	nce	Health	Risk Beh	avior and	d Percent	ages				Linear Change †	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					d, e-maile s before th			onically a	revealing	or			
							15.7		9.0	14.8	No linear change	Not available¶	Increased
-		0		had recei re the surv	ved a text vey)	or an e-n	nail with	a revealin	g or sexu	al photo			
-		0				or an e-n	nail with	a revealin	g or sexua 21.7	al photo 25.2	No linear change	Not available	No change
of someo QN109:	one (durin Percenta	ge of stud	days befo	re the surv		g or sexua	al photo c	of them ha	21.7	25.2	No linear change	Not available	No chang

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		-							-				
									thout wan 12 month				
	as cuttin						e times di		12 months	s before	Increased 2017 2022	Net out lable	Na akana
lie (such	as cuttin										Increased, 2017-2023	Not available¶	No change
lie (such he surve	as cuttin ey)	g or burn	ing thems	elves on p	ourpose of	ne or mor	e times di	uring the	12 months 22.4	23.2	Increased, 2017-2023	Not available¶	No change

Delaware High School Survey

Trend Analysis Report

White* Tobacc													
			Health	Risk Beh	navior and	d Percent	ages				Linear Change †	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN31:	Percentag	ge of stude	ents who s	smoked a	cigarette	even one	or two p	uffs)					
62.5	56.3	55.9	48.8	49.0	41.0	30.9	27.2		16.9	17.9	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	No change
QN32:	Percentag	e of stude	ents who s	smoked a	cigarette	before age	e 13 years	s (even on	e or two j	ouffs)			
	C				C	U	9.5	X	4.5	6.7	Decreased, 2017-2023	Not available [¶]	No change
	CIG: Perce he 30 days				ntly smok	ed cigaret	ttes frequ	ently (on	20 or mor	e days			
16.0	12.9	11.5	10.0	10.9	7.0	4.0	2.5		0.1	1.4	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	No change
	YCIG: Pe ays before			s who cu	rrently sm	oked ciga	rettes dai	ly (on all	30 days d	uring	·		
14.0	10.7	8.8	7.8	6.4	4.8	2.5	2.3		0.1	1.4	Decreased, 2003-2023	No quadratic change	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

⁸Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

White* Tobacco	o Use												
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag ne survey)		ents who c	currently s	smoked ci	garettes (on at leas	t 1 day du	ring the 3	30 days			
28.2	26.5	26.6	23.2	23.4	19.3	11.1	9.3		4.2	3.5	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	No change
	ape pens,				an electro pens, and								
)					41.0	39.7		36.9	35.6	Decreased, 2015-2023	Not available [¶]	No change
	VP: Perc ys during				ently used y)	electronic	c vapor pi	oducts fre	equently ((on 20 or			
						3.9	2.9		10.2	9.1	Increased, 2015-2023	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

⁸Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

White* Tobacco) Use		Health	Risk Reh	avior and	l Percent	9065				Linear Change [†]	Quadratic Change [†]	Change from
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023	Lincar Change	Quant and Change	2021-2023 [§]
			of student fore the su		rrently use	ed electro 2.4	nic vapor 2.6	products	daily (on 7.4	all 30 7.9	Increased, 2015-2023	Not available [¶]	No change
vapes, va	ape pens,	e-cigars,	ents who c e-hookahs luring the	s, hookah	pens, and	mods [su							
						26.4	15.8		22.7	20.9	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

White* Tobacco Use												
		Health	Risk Beh	avior and	d Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003 2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN37: Percenta hemselves in a c vapes, vape pens and blu], during products)	onvenienc , e-cigars,	e store, si e-hookah	ipermarke s, hookah	et, discour pens, and	nt store, or l mods [su	gas stati ch as JU	ion (inclue UL, SMO	ling e-cig K, Suorir	garettes, 1, Vuse,			
								7.3	6.4	No linear change	Not available [¶]	No change
obacco, snuff, d Camel Snus], not	ip, snus, or t counting	dissolva	ble tobacc	o product	ts [such as	Copenha	agen, Griz	zly, Skoa	al, or			
QNFRSKL: Per tobacco, snuff, d Camel Snus], no before the survey	ip, snus, or t counting	dissolva	ble tobacc	o product	ts [such as	Copenha	agen, Griz	zly, Skoa	al, or	Not available	Not available	No change
obacco, snuff, d Camel Snus], not	ip, snus, or t counting () ercentage or dissolva	dissolval any electron of student ble tobact	ble tobacc onic vapo	o product or product rently use ts [such a	ts [such as s, on 20 o ed smokel s Copenha	Copenha r more da 2.3 ess tobac agen, Gri	agen, Griz ays during coo daily (zzly, Skoz	0.3 chewing al, or Can	ıl, or ays 0.0 tobacco, nel	Not available	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

⁸Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Говасс	o Use		Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			2021-2023 [§]
N38.	Percentag	e of stude											
nus, or licotine	dissolvab e Lozenge he survey)	ele tobacco s], not cou	o products	s [such as	Copenhag	gen, Grizz	zly, Skoal	, Camel S	nus, or V	'elo			
	5,	, ,					4.7		1.7	2.8	No linear change	Not available [¶]	No change
	CGR: Perc gars, on 20 1.7							ly (cigars,	, cigarillo 0.0	os, or 0.3	Not available	Not available	No change
ttle cig 1.2	gars, on 20) or more of 1.3 ercentage	days durin 1.6 of studen	ng the 30 1.1 ts who cu	days befo 2.4 urrently sn	re the sur 2.4 noked cig	vey) 1.8		0.0	0.3	Not available	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

⁸Based on t-test analysis, p < 0.05. Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

White* Tobacco) Use												
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		age of stu the surve		o currently	y smoked	cigarettes	or cigars	(on at lea	ist 1 day o	luring			
30.8	29.9	29.6	26.1	27.0	23.5	14.6	13.0		5.0	5.3	Decreased, 2003-2023	Decreased, 2003-2013 Decreased, 2013-2023	No change
		age of stu during the				cigarettes	or cigars	or used s	mokeless	tobacco			
							14.7		6.0	6.7	Decreased, 2017-2023	Not available [¶]	No change
							or cigars		mokeless	tobacco			
							21.5		23.1	20.8	No linear change	Not available	No change

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

White* Tobacco	o Use												
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			dents who e 30 days			cigarettes	or used e	electronic	vapor pro	oducts			
						28.0	18.7		22.9	21.0	No linear change	Not available [¶]	No change
Swisher		Middletor	ents who c I's (includi										
13.9	13.4	14.5	13.4	15.2	13.2	10.0	8.6		2.4	3.3	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05. [¶]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	navior and	d Percent	tages				Linear Change †	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN41: few sips	0	e of stude	ents who h	ad their f	irst drink	of alcoho	l before a	ge 13 yea	rs (other t	than a			
31.8	27.5	22.8	22.0	21.2	18.2	13.8	15.4		13.7	12.6	Decreased, 2003-2023	Decreased, 2003-2015 No change, 2015-2023	No change
	Percentag				drank alco	bhol (at le	ast one dr	ink of alc	ohol, on a	nt least 1			
52.6	50.6	54.5	49.0	46.5	42.6	34.7	33.2		27.5	27.1	Decreased, 2003-2023	No quadratic change	No change
							g (had fou						
					rinks of al 0 days bef		a row if th arvey)	ey were n	nale, with	in a			
couple of	, -												

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Alcoho	and Oth	er Drug U	Jse										
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag ore (within								ad in a ro	w was			
					6.8	4.3	4.0		2.1	2.8	Decreased, 2013-2023	Not available [¶]	No change
QN46:	Percentag	e of stude	nts who e	ever used	marijuana	(one or r	nore time:	s during t	heir life)				
49.5	44.0	46.1	43.3	45.9	43.3	37.2	41.5		30.1	31.9	Decreased, 2003-2023	No quadratic change	No change
				-									
QN47:	Percentag	e of stude	nts who t	ried marij	uana for t	he first ti	me before	age 13 y	ears				
QN47: 14.4	Percentag 11.1	e of stude 8.6	nts who t 11.1	ried marij 9.3	uana for t 8.1	he first ti 6.8	me before 6.2	age 13 y	ears 3.5	5.3	Decreased, 2003-2023	No quadratic change	No change
14.4 QN48:	-	8.6 e of stude	11.1	9.3	8.1	6.8	6.2		3.5		Decreased, 2003-2023	No quadratic change	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

White* Alcohol	and Oth	er Drug (U se										
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
prescrip	tion or dif	e of stude ferently the tin, Hydro	han how a	a doctor to	old them t	o use it (c	counting c	lrugs such	n as codei	ne,			
							9.8		6.6	7.1	No linear change	Not available [¶]	No change
		e of stude r more tin				any form	of cocaine	e, includir	ng powder	r, crack,			
9.9	8.5	8.1	6.9	5.7	4.5	4.2	3.3		1.0	1.2	Decreased, 2003-2023	Decreased, 2003-2015 Decreased, 2015-2023	No change
-	0	e of stude during th		ever used	heroin (al	so called	"smack,"	"junk," o	r "China V	White,"			
2.6	3.3	2.2	1.8	2.8	3.3	1.8	1.5		0.2	0.3	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Use									o	~
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag "ice," or						(also cal	led "speed	l," "crysta	l meth,"			
8.5	7.6	4.9	3.8	3.5	2.8	2.1	1.5		0.2	1.2	Decreased, 2003-2023	No quadratic change	No change
	Percentag ring their		ents who e	ever used	ecstasy (a	lso called	"MDMA	or "Mol	lly," one o	or more			
12.3	8.6	6.6	7.4	8.0	5.6	4.7	3.3		1.4	1.6	Decreased, 2003-2023	No quadratic change	No change
12.00											2000 2020	rio quantare enange	i to chunge
QN55:	Percentag o their boo						(used a n	eedle to in	nject any	illegal			
QN55:							(used a n 1.5	eedle to in	nject any 1	illegal 0.5	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	No change
QN55: drug int 1.8 QN112:	o their boo	ly, one or 1.8 ge of stud	2.0	used sym	their life 2.1 thetic mar	1.5	1.5		0.1	0.5		No change, 2003-2013	

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

White* Alcohol	and Oth	er Drug	Use										
			Health	Risk Beh	avior and	d Percent	ages				Linear Change ^{\dagger}	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
prescript		ferently t	lents who han how a										
							4.6		2.4	2.2	Decreased, 2017-2023	Not available [¶]	No change

Delaware High School Survey

Trend Analysis Report

White* Sexual 1	Behaviors	;											
			Health	Risk Beh	avior and	d Percent	ages				Linear Change †	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN56:	Percentag	e of stude	nts who e	ever had s	exual inte	rcourse				·			
51.2	49.7	53.7	51.7	55.7	46.8	40.4	42.3		33.3	32.8	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
QN57:	Percentag	e of stude	nts who h	ad sexual	l intercou	rse for the	first time	e before a	ge 13 yea	rs			
8.2	6.9	4.0	5.6	4.0	3.3	2.7	1.5		1.3	2.0	Decreased, 2003-2023	No quadratic change	No change
QN58:	Percentag	e of stude	nts who h	ad sexual	l intercou	rse with fo	our or mo	re person	s during t	heir life			
14.9	14.8	15.6	15.0	19.6	12.4	8.3	8.9		6.3	6.3	Decreased, 2003-2023	Increased, 2003-2011 Decreased, 2011-2023	No change
	Percentag son, during					ally active	e (had sex	ual interc	ourse wit	h at least			
38.7	36.9	42.0	40.9	42.2	33.6	28.9	32.5		23.1	27.5	Decreased, 2003-2023	No change, 2003-2009 Decreased, 2009-2023	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		e of stude e currently			bhol or use	ed drugs b	efore last	sexual in	tercourse	(among			
26.3	24.1	24.3	24.8	22.4	21.9	22.8	23.1		22.1	19.5	No linear change	No quadratic change	No change
		e of stude ly sexually		ised a con	idom duri	ng last sez	kual interc	course (ar	nong stud	ents			
58.5	61.7	69.0	61.9	56.5	63.3	55.8	55.0		55.8	57.9	No linear change	No quadratic change	No change

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

White* Sexual I	Behavior	s											
			Health	Risk Beh	navior and	d Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					d for a sex the 12 mo				TD) other	r than			
									7.3	6.8	No linear change	Not available [¶]	No change
intercou		st time th	ey had sez	xual inter	course (an	nong stud	ents who 9.9	have had	sexual 9.7	10.4	No linear change	Not available	No chang
QN115: imes)	Percenta	ige of stud	lents who	have bee	n pregnan	t or gotte	n someon	e pregnan	t (one or	more			
4.5	4.5	4.4	4.4	5.8	2.2	2.1	2.3		0.5	1.3	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No chang
QN116:	Percenta	ige of stud	lents who	have eve	r given or	received	oral sex						
	55.3	57.8	55.9	58.5	49.7	44.0	46.0		35.3	37.2	Decreased, 2005-2023	No change, 2005-2009 Decreased, 2009-2023	No change

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

White* Dietary	Behavio	rs										
			Health	Risk Beh	avior and	d Percent	tages			Linear Change [†]	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	2023			
							rcentile fo th charts) [¶]	r body mass index	, based			
			11.1	10.0	13.0	14.7	13.4	11.9	17.3	Increased, 2003-2023	No quadratic change	No change
				no were o	verweight	(>= 85th		e but <95th percen				
QNOW'	T: Percer	tage of st	udents wh	no were o	verweight	(>= 85th		e but <95th percen 00 CDC growth c 13.0		No linear change	No quadratic change	No change
QNOW ⁷ body ma 14.1	T: Percen ass index, 14.0	tage of st based on 14.1	udents wh sex- and a 13.2	no were o age-specif 16.2	verweight fic referen 13.6	(>= 85th ace data fr 13.7	15.6	00 CDC growth c	harts)¶	No linear change	No quadratic change	No change
QNOW ⁷ body ma 14.1	T: Percen ass index, 14.0	tage of st based on 14.1	udents wh sex- and a 13.2	no were o age-specif 16.2	verweight fic referen 13.6	(>= 85th ace data fr 13.7	15.6	13.0 CDC growth c	harts)¶	No linear change No linear change	No quadratic change No quadratic change	No change No change
QNOW body ma 14.1 QN66: 34.0	T: Percer ass index, 14.0 Percentag 32.7	tage of st based on 14.1 e of stude 27.2	udents wh sex- and a 13.2 ents who c 27.6	no were o age-specif 16.2 lescribed 29.1	verweight fic referen 13.6 themselve	(>= 85th 13.7 es as sligh 32.4	15.6	000 CDC growth c 13.0 y overweight	harts)¶ 12.2			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

¹Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Delaware High School Survey

Trend Analysis Report

Dietary	Behavior	rs	Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change fron 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN69: survey)	Percentag	e of stude	ents who c	lid not eat	fruit (one	e or more	times dur	ing the 7	days befo	ore the			
									8.9	8.0	No linear change	Not available [¶]	No change
	Percentag r Sprite, n										Increased, 2007-2023	Increased, 2007-2017	No change
												No change, 2017-2023	
												<i>e</i> ,	
times pe	DA1: Perc er day (suc he survey)	h as Cok											

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

White* Dietary	Behavior	s											
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change †	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
times pe		h as Coke						la or pop t pop, durir					
		24.9	19.9	19.4	14.7	9.2	12.1		7.2	9.4	Decreased, 2007-2023	No quadratic change	No change
QN75:	Percentage	e of stude	ents who d 14.3	lid not eat 12.0	t breakfas 11.2	t (during t 11.2	the 7 days	before the	e survey) 20.6	22.1	Increased, 2009-2023	Decreased, 2009-2017	No change
												Increased, 2017-2023	
	DAY: Pe	rcentage	of student	ts who ate	breakfas	t on all 7	days (duri	ng the 7 d	ays befor	e the		Increased, 2017-2023	
	DAY: Pe	rcentage	of student 37.8	ts who ate 35.1	breakfas 40.9	t on all 7 43.7	days (duri 39.1	ng the 7 da	ays befor 31.0	re the 26.6	Decreased, 2009-2023	Increased, 2017-2023 Increased, 2009-2015 Decreased, 2015-2023	
survey) QN118:		ge of stud	37.8 lents who	35.1 did not ea	40.9 at vegetab	43.7	39.1	ng the 7 d	31.0	26.6	Decreased, 2009-2023	Increased, 2009-2015	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

			Health	Risk Beh	avior and	l Percenta	ages				Linear Change [†]	Quadratic Change †	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		0			he time or before th	-	0	ry becaus	e there wa	as not			
10 a B													

Delaware High School Survey

Trend Analysis Report

White* Physica	l Activity	,											
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
lays (in	any kind	of physic	al activity	were physic that increases the survey	eased thei								
				45.8	43.3	47.2	47.6		45.8	50.5	No linear change	No quadratic change	No change
								:					
activity	on at least	t 1 day (ii	n any kind	ts who did l of physic g the 7 day 10.6	cal activit	y that incr	eased the		of physica	ıl	No linear change	No quadratic change	No change
QNPA7 days (in	on at least hard some DAY: Pe any kind	t 1 day (in e of the time ercentage of physic	n any kind me during of student al activity	l of physic ; the 7 day	eal activit rs before t 15.7 re physic: eased thei	y that incr the survey 15.2 ally active	teased the 11.6 at least 6	ir heart ra	of physica ite and ma 14.0 s per day of	al ade them 15.9 on all 7			No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Delaware High School Survey

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			

Delaware High School Survey

Trend Analysis Report

White* Other													
			Health	Risk Beh	avior and	l Percent	tages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN65: 2	Percentage	e of stude	ents who d	lescribed	themselve	es as trans	gender.						
							1.3		1.8	3.6	Increased, 2017-2023	Not available [¶]	No change
	Percentage g tests don				tested for	human ir 9.3	nmunode 10.4	ficiency v	irus (HIV 7.5	7) (not 7.3	No linear change	Not available	No change
QN85: 1	Percentage	e of stude	ents who g	got 8 or m	ore hours	of sleep ((on an ave	erage scho	ool night)	<u>.</u>			
			27.2	28.5	28.0	24.1	26.2		20.8	18.6	Decreased, 2009-2023	No quadratic change	No change
		e of stude	ents who e	experience	ed unstable	e housing	(during t	he 30 day	vs before t	he			
QN86: 1 survey)	Percentage	e of stude					Č,						

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

White* Other													
			Health	Risk Beh	avior and	Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentage and mase		nts who t	hink other	people a	school w	ould dese	cribe them	n as equal	ly			
							13.6		12.0	10.6	No linear change	Not available [¶]	No change
					neir mothe person w			complete to them)	d educatio	on is			
							7.9		6.5	9.3	No linear change	Not available	No change
							eir parents	s or guard he survey	ians becau		No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

White* Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			ents who r n the mili		nat either o	of their pa	arents or o	other adul	ts in their	family			
				13.3	13.8	6.8	11.4		10.1	9.8	No linear change	No quadratic change	No change
QN92: 1	Percentag	e of stude	ents who a	re deaf or	have seri	ous diffic	culty hear	ing					
						1.0	1.5		1.8	2.8	No linear change	Not available [¶]	No change
QN93: 1	Percentag	e of stude	ents who h	nave serio	us difficul	ty seeing	(even wł	nen wearii	ng glasses	;)			
						4.8	5.0		7.7	8.7	Increased, 2015-2023	Not available	No change
QN95: 1	Percentag	e of stude	ents who h	nave serio	us difficul	ty walkir	ng or clim	bing stair	s				
						1.2	1.5		2.0	2.2	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

White* Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	es (durin				he school- urvey, am								
									28.7	42.3	Increased, 2021-2023	Not available [¶]	Increased
	problem				ost likely ence they								
									32.6	28.7	No linear change	Not available	No change
QN133:	Percenta	ge of stud	ents who	ever feel	sad, empt	ty, hopele	ss, angry,	or anxio	us				_
											No linear change		

Delaware High School Survey

Trend Analysis Report

White* Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		ge of stud her ways								ves			
						76.0	81.1		82.1	78.0	No linear change	Not available [¶]	No change
-	y or in ot	ge of stud her ways									No linear change	Not available	No change
ON139-		ge of stud							g themsel	ves			
	y or in ot	ner ways	when the	y smoke i	narijuana	once of t							

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

Delaware High School Survey

White* Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					ple mode cription d					ves			
						84.9	84.1		86.1	82.3	No linear change	Not available [¶]	No change
	Percenta moke tob		ents who	reported	their pare	nts feel it	would be	wrong or	very wro	ng for			
						90.0	85.9		92.1	88.7	No linear change	Not available	No change
QN142:					their pare			wrong or	very wro	ng for			
hem to l		or two un	iiks of all	alconone	beverage	lically cv	ory duy						

Delaware High School Survey

White* Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag moke ma		lents who	reported	their pare	nts feel it	would be	wrong o	very wro	ong for			
						81.2	73.7		80.8	76.4	No linear change	Not available [¶]	No change
					their pare to the stue		would be	wrong of	r very wro	ong for			
						94.2	92.9		94.2	91.0	No linear change	Not available	No change
QN145:			lents who	reported	their frien	ds feel it	would be	wrong or	very wro	ng for			
hem to s	smoke tor	Jucco											

Delaware High School Survey

White* Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
						nds feel it e nearly ev		wrong or	very wro	ong for			
						64.8	58.5		62.8	67.7	No linear change	Not available [¶]	No change
-	Percentag moke ma		ents who	reported	their frien	nds feel it	would be	wrong or	very wro	ong for			
						43.6	36.1		43.4	45.4	No linear change	Not available	No change
					their frien to the stue	nds feel it dent)	would be	wrong or	very wro	ong for			
						82.1	81.9		85.7	85.5	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

White* Mental	Health		Health	Risk Beh	avior and	d Percent	tages				Linear Change [†]	Quadratic Change ⁺	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		ge of stude to be trea								or			
3.1	2.4	1.3	1.6	1.6	1.8	1.8	1.0		2.4	1.0	No linear change	No quadratic change	No change
		ge of stude the surve		lescribed	their grad	es in scho	ool as mos	stly A's or	B's (duri	ng the			
64.8	62.2	64.4	68.0	67.2	72.2	75.9	71.0		79.8	77.4	Increased, 2003-2023	No quadratic change	No change
		ge of stude e of a phy					ntrating, r	emember	ing, or ma	king			
						18.8	23.8		36.0	37.4	Increased, 2015-2023	Not available [¶]	No chang

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change †	Change from 2021-2023
003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
134.					he time or peless, an			d of help	they need	(among			
	who repe	0											

Delaware High School Survey

			Health	Risk Beh	avior and	l Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					agree or a heir behav		their pare	nts or othe	er adults i	n their			
							their pare 80.8	nts or othe	er adults i 76.4	n their 71.9	Decreased, 2015-2023	Not available [¶]	No chan
amily ha	ave clear	rules and	conseques	reported	heir behav	80.0	80.8 er adults	nts or othe	76.4	71.9	Decreased, 2015-2023	Not available [¶]	No chan

Delaware High School Survey

White* Birth Co	ontrol												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
as Implai	non or Ne	explanon)	before la		ntercours	e with an		ParaGard -sex partn					
									11.0	8.4	No linear change	Not available [¶]	No change
)NOTH	HPL: Pe	rcentage	of student	s who use	d birth co	ntrol pills	s; an IUD	(such as					
ParaGard as Orthol	l) or impl Evra), or	ant (such birth cont	as Implai trol ring (non or Ne such as N	xplanon); uvaRing)	or a shot before las	(such as st sexual	(such as Depo-Pro intercours rently sexu	Mirena or wera), pat e with an	ch (such			
ParaGard as Orthol	l) or impl Evra), or	ant (such birth cont	as Implai trol ring (non or Ne such as N	xplanon); uvaRing)	or a shot before las	(such as st sexual	Depo-Pro intercours	Mirena or wera), pat e with an	ch (such	No linear change	Not available	No change
ParaGarca as Orthol opposite- provide QNDUA pirth con	d) or impl Evra), or -sex partn LBC: Pe ttrol pills; rse with a	ant (such birth cont er (to pre crcentage an IUD,	as Implan trol ring (: vent preg of studen or implan	non or Ne such as N nancy, an ts who use t, or a sho	xplanon); uvaRing) oong stude ed both a t, or patcl	or a shot before las ents who condom d n, or birth	(such as st sexual were curr luring las control t	Depo-Pro intercours	Mirena or vera), pat e with an ually activ 42.1 ntercourse e last sexu	ch (such ve) 32.4 and ial		Not available	No change

Delaware High School Survey

White* Birth C	ontrol		Health	Risk Beh	navior and	d Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					d not use a er (among								
									8.1	9.3	No linear change	Not available [¶]	No change

Delaware High School Survey

			Health	Risk Beh	avior and	Percent	ages				Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
N123·					been tau ases (STI	ght in sch (incluc			se a conde	om to			
	pregnancy	y of serue			`	, ,							

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	navior and	d Percent	ages				Linear Change †	Quadratic Change †	Change fron 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
1 day di	Percentag uring the 3 he 30 day	30 days be	fore the s	urvey, an									
					34.1	29.0	44.8		32.4	29.9	No linear change	Not available [¶]	No chang
	Percentag ast 1 day c					school p	roperty (s	uch as a g	gun, knife	, or club,			
5.9	6.3	5.2	5.4	5.7	2.1	4.5	3.6		2.7	1.5	Decreased, 2003-2023	No quadratic change	No chang
	Percentag				to school g the 30 da				school or o	on their			
way to o													

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Black* Injury	and Viole	nce											
			Health	Risk Beh	avior and	l Percent	tages				Linear Change ^{\dagger}	Quadratic Change ^{\dagger}	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag a gun, kn									rty			
7.4	5.7	4.8	8.5	7.5	5.3	8.5	7.8		5.7	5.7	No linear change	No quadratic change	No change
	Percentag he survey)		ents who v	were in a j	physical f	ght (one	or more ti	mes durin	ig the 12 i	months		· · · · · · · · · · · · · · · · · · ·	
37.2	34.7	36.8	33.0	34.4	33.3	26.5	24.9		20.0	27.8	Decreased, 2003-2023	No quadratic change	Increased
	Doroontog	e of stude	nte who r	vere in a i	hysical fi	oht on se	hool prop	erty (one					
	he 12 mor				, significant in	gift of se	noor prop	enty (one	or more u	imes			
					14.4	11.0	13.3		5.1	14.4	No linear change	No quadratic change	Increased
12.1 QN19:	he 12 mor	11.5	e the surv 10.2	rey) 13.8	14.4	11.0	13.3		5.1	14.4	No linear change	No quadratic change	Increased

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change fro 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	0		ents who e				0	2	-	o sexual			
			ot want to					d to have nonths be		irvey)			
										urvey) 6.3	No linear change	Not available [¶]	No cha
QN21: 1 Vere dat bhysical he 12 m	Percentaging or goi ly forced	e of stude ing out wi to have se ore the su		do, one o xperience exual thin course] th	r more tin ed sexual d gs [count nat they di	dating vio ing such t id not war	g the 12 n 6.8 lence (be hings as h nt to do, o	ing forced	fore the st 5.3 d by some puching, o re times d	6.3 one they r being uring	No linear change	Not available [¶]	No cha

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05. [¶]Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Black* Injury a	and Viole	nce											
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
purpose into som	by someonething, or	one they v r injured v	ents who e vere dating with an ob who date	g or going	g out with eapon] on	[counting e or more	g such thi times du	ngs as bei ring the 1	ng hit, sla 2 months	ummed before			
					8.7	9.1	12.8		4.5	7.0	No linear change	Not available [¶]	No change
QN24: the surv	-	e of stude	ents who v	vere bulli	ed on sch	ool proper	rty (ever o	during the	e 12 mont	hs before			
			10.5	11.9	15.3	12.9	13.2		7.8	8.1	Decreased, 2009-2023	No change, 2009-2013 Decreased, 2013-2023	No change
			ents who v ok, or othe										
					9.2	8.1	7.6		8.6	8.7	No linear change	Not available	No change

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Black* Injury a	and Viole	nce											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change ^{\dagger}	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
								for >=2 weel fore the surv		row so			
24.8	25.0	25.7	26.1	26.5	19.9	22.6	28.8		33.4	29.7	Increased, 2003-2023	Decreased, 2003-2015 Increased, 2015-2023	No change
	Percentag		ents who s	seriously o	considered	d attempti	ng suicide	e (during the	e 12 mo	onths			
9.9	8.4	8.7	11.2	12.6	11.1	11.9	15.4		16.4	18.0	Increased, 2003-2023	No quadratic change	No change
	Percentag before the		ents who r	nade a pla	an about h	now they	would atte	empt suicide	(during	g the 12			
8.4	7.9	7.2	8.6	10.7	8.6	9.8	11.7		15.6	14.2	Increased, 2003-2023	No quadratic change	No change
	Percentag		ents who a	actually at	tempted s	suicide (or	ne or more	e times durir	ng the 1	12			
	5.2	5.5	9.4	8.7	6.3	8.5	9.0		8.8	11.4	Increased, 2003-2023	No quadratic change	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Black* Injury a	and Viole	ence	Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from
			Incurtin		u (101 un)	. I el cent					Linear Change	Qualitate change	2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		e of stude the 30 da				veapon (s	uch as a g	un, knife,	or club, o	on at			
15.8	15.6	14.2	16.3	10.8	12.5	10.3	10.9		7.5	7.0	Decreased, 2003-2023	No quadratic change	No change
	ing or for	a sport su	ch as targ	et shootii	ng, on at l	east one d	lay during	the 30 da	iys before	e the			
survey)	ing or for 6.0	a sport su	6.6	get shootii	1g, on at 1 5.7	5.4	ay during	the 30 da	2.6	1.5	Decreased, 2003-2023	No change, 2003-2017	No change
											· · · · · · · · · · · · · · · · · · ·	Decreased, 2017-2023	8
												Decreased, 2017-2023	
tried to a could an did not a	control the d could n do what th	e of stude em or emo ot spend t ney wante neone dur	otionally h time with, d, during	urt them being hu the 12 mo	one or mo miliated i onths befo	ore times n front of re the sur	(such thir others, or	igs as beir being thi	ng told wh reatened i	no they f they			

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Injury <i>ถ</i>	and Viole	nce	Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change [†]	Change fron 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percenta hoto of th							onically a	revealing	gor			
							12.6		6.1	7.0	Decreased, 2017-2023	Not available [¶]	No chang
	Percenta one (durin					t or an e-n	nail with	a revealin	g or sexu	al photo			
									21.6	16.6	No linear change	Not available	No chang
	Percenta l, or poste												

Delaware High School Survey

			Health	Risk Beh	avior and	d Percent	tages				Linear Change †	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	D	6 .							-				
							hurt them re times di		thout wan 12 months				
lie (such	as cuttin										Increased, 2017-2023	Not available [¶]	No change
lie (such	as cuttin						re times di		12 months	s before	Increased, 2017-2023	Not available [¶]	No change
die (such he surve	as cuttin ey)	g or burn	ing thems	elves on p	purpose of	ne or mor	re times di	uring the	12 months 19.2	17.3	Increased, 2017-2023	Not available¶	No change

Delaware High School Survey

Trend Analysis Report

Tobacco	o Use												
			Health	Risk Beh	avior and	d Percent	ages				Linear Change †	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN31:	Percentag	e of stude	ents who s	moked a	cigarette (even one	or two pu	uffs)					
62.2	53.4	44.2	45.0	39.9	30.9	28.1	16.6		8.2	2.9	Decreased, 2003-2023	Decreased, 2003-2015 Decreased, 2015-2023	Decreased
QN32:	Percentag	e of stude	ents who s	moked a	cigarette l	before age	e 13 years	s (even on	e or two p	ouffs)			
							10.1		4.7	1.5	Decreased, 2017-2023	Not available [¶]	Decreased
	CIG: Perce he 30 days				ntly smok	ed cigaret	ttes frequ	ently (on	20 or mor	e days			
4.5	3.1	2.6	4.3	3.6	2.1	3.7	1.0		0.0	0.0	Not available	Not available	Not available
	YCIG: Per ays before			s who cui	rrently sm	oked ciga	rettes dai	ly (on all	30 days d	uring			
3.3	2.6	2.1	3.5	2.5	1.7	3.1	1.0		0.0	0.0	Not available	Not available	Not available

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Black* Tobacco) Use												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag ne survey)		ents who c	currently s	moked ci	garettes (on at least	t 1 day du	ring the 3	30 days			
14.4	11.0	8.5	12.9	10.9	6.8	8.0	2.0		0.9	0.0	Not available	Not available [¶]	No change
	ape pens,				an electro pens, and						Decreased, 2015-2023	Not available	No change
		-									2000000,2000 2020		
	VP: Perc ys during				ntly used y)	electronio	e vapor pr	oducts fr	equently ((on 20 or			
						1.9	1.0		1.2	3.9	Increased, 2015-2023	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Black* Tobacco	o Use		Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			of student fore the su		rently use	ed electro 1.6	nic vapor 0.7	products	daily (on 0.8	all 30 3.5	Increased, 2015-2023	Not available [¶]	Increased
vapes, v	ape pens,	e-cigars,	ents who c e-hookahs luring the	s, hookah	pens, and	mods [su							
						18.7	11.3		12.3	16.0	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

Black* Tobacco Use												
		Health	Risk Beh	avior and	l Percent	ages				Linear Change †	Quadratic Change ^{\dagger}	Change from 2021-2023 [§]
2003 2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
2N37: Percentag hemselves in a co vapes, vape pens, and blu], during t products)	onvenienc e-cigars,	e store, si e-hookah	upermarke s, hookah	et, discour pens, and	nt store, or mods [su	r gas stati ich as JU	ion (inclue UL, SMO	ling e-cig K, Suorii	garettes, 1, Vuse,			
								8.4	4.4	No linear change	Not available [¶]	No change
obacco, snuff, di Camel Snus], not	p, snus, or counting	r dissolva	ble tobacc	o product	s [such as	Copenha	agen, Griz	zly, Skoa	al, or			
QNFRSKL: Perc tobacco, snuff, di Camel Snus], not before the survey	p, snus, or counting	r dissolva	ble tobacc	o product	s [such as	Copenha	agen, Griz	zly, Skoa	al, or	Not available	Not available	Not available
obacco, snuff, di Camel Snus], not	p, snus, or counting) ercentage or dissolva	r dissolva any electron of studen ble tobac	ble tobacc ronic vapo ts who cur co produc	o product r product rently use ts [such a	s [such as s, on 20 o ed smokel s Copenha	copenha r more da 0.7 ess tobac agen, Gri	agen, Griz ays during coo daily (zzly, Skoz	22ly, Skoa the 30 d 0.0 chewing al, or Can	al, or ays 0.0 tobacco, nel	Not available	Not available	Not available

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Black* Tobacco	o Use												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
nus, or Nicotine	dissolvab	ge of stude ele tobacco es], not con)	o products	s [such as	Copenhag	gen, Grizz	zly, Skoal	, Camel S	nus, or V	elo			
	•						1.7		1.3	1.0	No linear change	Not available [¶]	No change
		centage of) or more (ly (cigars	, cigarillo	s, or			
1.1	0.9	1.9	2.9	3.5	2.7	1.9	1.6		0.4	0.6	No linear change	Increased, 2003-2011 Decreased, 2011-2023	No change
		ercentage lays during					ars daily ((cigars, ci	garillos, c	or little			
0.8	0.6	1.0	2.1	2.3	1.8	1.7	1.0		0.4	0.6	No linear change	Increased, 2003-2011 Decreased, 2011-2023	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Black* Tobacco	o Use												
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
-		age of stu the surve		currently	y smoked	cigarettes	s or cigars	(on at lea	ist 1 day o	during			
17.0	13.0	11.9	16.0	16.2	13.9	12.7	4.7		2.5	4.0	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	No change
		age of stud during the				cigarettes	s or cigars	or used s	mokeless	tobacco			
							4.6		3.3	4.6	No linear change	Not available [¶]	No change
							s or cigars before the		mokeless	tobacco			
	-	_			-	-	12.6		13.1	17.0	No linear change	Not available	No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05. [¶]Not enough years of data to calculate.

Delaware High School Survey

Black* Tobacco	o Use												
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			dents who e 30 days			cigarettes	s or used e	electronic	vapor pro	oducts			
						22.3	11.6		11.9	15.7	No linear change	Not available [¶]	No change
Swisher		Aiddletor	ents who c I's (includi										
8.9	6.6	7.7	8.7	9.5	11.4	10.1	5.1		1.9	4.5	Decreased, 2003-2023	Increased, 2003-2013 Decreased, 2013-2023	Increased

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	ages				Linear Change †	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN41: few sips		e of stude	ents who h	ad their f	ïrst drink	of alcoho	l before a	ge 13 yea	rs (other	than a			
25.9	26.9	24.7	21.6	19.0	21.0	15.4	17.0		10.3	12.6	Decreased, 2003-2023	No quadratic change	No change
			ents who c ore the sur		drank alco	bhol (at lea	ast one dr	ink of alc	ohol, on a	it least 1			
31.9	29.6	29.2	38.5	32.1	27.3	24.2	23.0		10.9	10.1	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
in a row	if they w	ere femal	ents who c e or five c 1 day dur	or more di	inks of al	cohol in a	row if th						
							8.7		1.5	4.2	Decreased, 2017-2023	Not available [¶]	No chang

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Black* Alcohol	and Oth	er Drug I	U se										
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change †	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag ore (within								ad in a ro	w was			
					2.0	1.0	0.9		0.6	0.0	Not available	Not available [¶]	No change
QN46:	Percentag	e of stude	ents who e	ever used	marijuana	(one or r	nore time	s during t	heir life)				
49.0	40.1	42.1	43.5	46.4	43.5	49.0	48.9		33.7	28.2	Decreased, 2003-2023	No change, 2003-2017 Decreased, 2017-2023	No change
QN47:	Percentag	e of stude	ents who t	ried marij	juana for t	he first ti	me before	e age 13 y	ears				
11.7	11.6	10.1	11.2	11.2	11.4	8.5	8.5		4.9	4.9	Decreased, 2003-2023	No quadratic change	No change
	Percentag he survey)		ents who c	currently u	used marij	uana (one	e or more	times dur	ring the 30) days			
26.5	18.1	23.4	25.8	26.7	26.0	26.8	29.6		16.8	15.9	Decreased, 2003-2023	Increased, 2003-2017 Decreased, 2017-2023	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Black* Alcohol	and Oth	er Drug U	Jse										
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
prescrip	tion or dif	e of stude ferently the tin, Hydro	han how a	a doctor to	old them t	o use it (c	counting d	lrugs such	as codei	ne,			
							10.0		8.8	9.8	No linear change	Not available [¶]	No change
		e of stude r more tin				any form	of cocaine	e, includir	ig powder	, crack,			
2.2	1.8	1.9	2.9	3.5	2.9	2.8	1.9		0.4	1.1	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	No change
		e of stude during th		ever used	heroin (al	so called	"smack,"	"junk," oi	"China V	White,"			
1.1	0.6	1.1	2.0	1.9	2.2	2.6	1.1		0.4	0.6	No linear change	Increased, 2003-2013 Decreased, 2013-2023	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	ages				Linear Change ^{\dagger}	Quadratic Change ^{\dagger}	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					methampl uring their		(also cal	led "speed	d," "crysta	al meth,"			
1.2	1.2	1.2	2.3	2.2	2.4	1.9	1.4		0.6	0.6	No linear change	Increased, 2003-2013 Decreased, 2013-2023	No change
	Percentag ring their		ents who e	ever used	ecstasy (a	lso called	"MDMA	a" or "Mo	lly," one o	or more			
3.7	2.4	2.9	2.7	3.9	3.7	3.7	2.1		1.2	1.0	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	No change
					ted any ill their life		(used a n	eedle to i	nject any	illegal			
0.9	0.7	0.9	2.1	2.0	1.9	2.4	1.0		0.8	0.3	No linear change	Increased, 2003-2011 Decreased, 2011-2023	No change
		an of stars	lents who	used syn	thetic mar	ijuana (al	so called	Spice, fal	ke weed, I	K2, or			
	Percenta amba, on				life)								

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

				avioi and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023
005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
									2007 2009 2011 2013 2015 2017 2019 2021 entage of students who currently took prescription pain medicine without a doctor			

Delaware High School Survey

Trend Analysis Report

Black* Sexual	Behaviors	5											
			Health	Risk Beh	navior and	d Percent	tages				Linear Change †	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN56:	Percentag	e of stude	ents who e	ever had s	exual inte	rcourse							
72.3	66.9	71.3	67.8	67.4	56.0	58.7	49.4		32.9	37.0	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
QN57:	Percentag	e of stude	ents who h	nad sexua	l intercou	rse for the	e first time	e before a	ge 13 yea	rs			
18.3	17.7	15.9	14.8	15.7	11.1	14.4	6.4		4.5	3.9	Decreased, 2003-2023	Decreased, 2003-2015 Decreased, 2015-2023	No change
QN58:	Percentag	e of stude	ents who h	nad sexua	l intercou	rse with fo	our or mo	re person	s during t	heir life			
33.1	27.3	32.1	32.5	25.6	21.8	21.8	17.8		6.2	9.1	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
	Percentag son, during					ally active	e (had sex	cual interc	ourse wit	h at least			
one per		-			•								

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

Delaware High School Survey

Black* Sexual I	Behaviors	5	Health	Risk Beh	avior and	l Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			2021-2023 [§]
	Percentag who were				hol or use	ed drugs b	before last	sexual in	itercourse	(among			
19.9	15.5	12.7	20.6	16.0	22.7	23.3	16.4		6.5	13.2	No linear change	No quadratic change	No change
	Percentag e currentl			ised a cor	dom durii	ng last se	xual intere	course (ar	nong stud	ents			
70.2	67.2	71.2	65.8	63.9	60.1	59.9	51.3		47.2	39.9	Decreased, 2003-2023	No quadratic change	No change
opposite	-sex partr	ner (to pre	vent preg	nancy, no	ot counting	g emerger	e last sexu ncy contra ally active	ception s					
									7.4	18.3	No linear change	Not available [¶]	No change

Delaware High School Survey

Trend Analysis Report

Black* Sexual l	Behaviors	5											
			Health	Risk Beh	avior and	d Percent	ages				Linear Change †	Quadratic Change [†]	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					d for a sex the 12 mo				TD) other	r than			
									6.3	10.0	Increased, 2021-2023	Not available [¶]	No change
intercou		st time th	ey nad ser	xuai intero	course (an	nong stud	18.5	nave nad	11.4	9.2	No linear change	Not available	No change
QN115: times)	Percenta	ge of stud	lents who	have bee	n pregnan	it or gotte	n someon	e pregnan	nt (one or	more			
13.9	11.6	11.1	15.6	10.1	5.9	10.2	3.6		0.9	2.9	Decreased, 2003-2023	No change, 2003-2009 Decreased, 2009-2023	No change
ONILLC	Percenta	ge of stud	lents who	have eve	r given or	received	oral sex						
QN116:													

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Black* Dietary	Behavio	rs										
			Health	Risk Beh	navior and	d Percent	tages			Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	2023			
							rcentile fo th charts)	or body mass index	, based			
14.5	17.8	16.2	16.4	14.7	16.1	19.6	18.0	24.3	17.6	Increased, 2003-2023	No quadratic change	Decreased
								e but <95th percen				
								e but <95th percen 000 CDC growth cl 17.7		No linear change	No quadratic change	No change
body ma	ass index, 17.7	based on 20.6	sex- and a 18.3	age-specif 18.9	fic referen	nce data fr 17.5	19.4	000 CDC growth cl	narts)¶	No linear change	No quadratic change	No change
body ma 21.5	ass index, 17.7	based on 20.6	sex- and a 18.3	age-specif 18.9	fic referen	nce data fr 17.5	19.4	000 CDC growth cl	narts)¶	No linear change Increased, 2003-2023	No quadratic change No quadratic change	No change No change
21.5 21.6 QN66: 25.8	17.7 Percentag 28.8	20.6 20.6 ge of stude 22.9	sex- and a 18.3 ents who c 26.5	age-specif 18.9 lescribed 26.6	fic referen 20.6 themselve	nce data fr 17.5 es as sligh 30.0	19.4	000 CDC growth cl 17.7 y overweight	narts)¶ 19.2			

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

¹Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Delaware High School Survey

Trend Analysis Report

Dictal y	Behavior	:S	Health	Risk Beh	avior and	d Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN69: survey)	Percentag	e of stude	ents who c	lid not eat	fruit (on	e or more	times dur	ing the 7	days befo	re the			
									16.1	14.1	No linear change	Not available [¶]	No change
Pepsi, o	Percentag r Sprite, no				,	,	0	-	1 `	,			
-	0				,	,	0	-	1 `	,	Increased, 2007-2023	No quadratic change	No change
Pepsi, o survey) QNSOE imes pe	0	ot countin 19.6 eentage of th as Coke	ng diet soo 19.1	da or diet 22.4 who drant	pop, one 25.6 k a can, b	or more ti 27.4 ottle, or g	31.4 lass of so	ng the 7 da	35.7 one or mo	37.2	Increased, 2007-2023	No quadratic change	No chang

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Black* Dietary	Behavior	s											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change †	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
imes pe		h as Coke						da or pop t t pop, durii					
	-	24.5	25.5	21.2	18.2	14.9	12.2		7.9	10.7	Decreased, 2007-2023	No quadratic change	No change
)N75+ I	Percentag	e of stude	ents who d	lid not ea	t breakfas	t (during	the 7 days	before the	e survey)				
-			12.9	15.4	13.2	14.5	11.0	before the	19.0	16.7	No linear change	No quadratic change	No change
QNBK7			12.9	15.4	13.2	14.5	11.0	before the	19.0	16.7	No linear change	No quadratic change	No change
			12.9	15.4	13.2	14.5	11.0		19.0	16.7	No linear change Decreased, 2009-2023	No quadratic change Increased, 2009-2013 Decreased, 2013-2023	No change No change
QNBK7 survey) QN118:	DAY: Pe Percentag	rcentage	12.9 of student 29.9 lents who	15.4 ts who ate 30.1	13.2 e breakfas 39.8 at vegetab	14.5 t on all 7 33.9	11.0 days (dur 36.0		19.0 ays befor 25.7	16.7 re the 22.7		Increased, 2009-2013	

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change ^{\dagger}	Change fron 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					he time or before th			ry becaus	e there wa	as not			
lough													

Delaware High School Survey

Trend Analysis Report

-	l Activity		Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
ays (in	any kind	of physic	al activity	were physi that incre he survey	eased their								
				40.2	35.9	37.3	40.4		40.4	38.5	No linear change	No quadratic change	No change
		rcantaga	of student					minutes c					
activity of	on at least	t 1 day (ir	n any kind	s who did of physic the 7 day 26.1	not partic	cipate in a y that incr	at least 60 reased the		of physica		No linear change	No quadratic change	
Ctivity of the preather preather preather preather preather preasure of the pr	on at least hard some DAY: Per any kind o	t 1 day (ir e of the tin rcentage of of physic	any kind me during of student al activity	s who did of physic the 7 day	not partic cal activity s before t 26.6 re physica cased thei	cipate in a y that incr he survey 24.6 ally active	at least 60 reased the ?) 23.3 e at least 6	ir heart rat	of physica te and ma 26.4	ll de them 27.5 on all 7			No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[§]Based on t-test analysis, p < 0.05.

Delaware High School Survey

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			

Delaware High School Survey

Trend Analysis Report

Black* Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN65:	Percentag	e of stude	ents who d	lescribed	themselve	s as trans	gender.						
							1.3		1.3	2.5	No linear change	Not available [¶]	No change
	Percentag g tests don				tested for	16.9	17.3		5.4	7.3	Decreased, 2015-2023	Not available	No change
	Danaantaa	a of stude		act 9 on m	ore hours	of clean (on an ave	erage scho	ol night)				
QN85:	Percentag	e of stude	ents who g	got 8 of m	ore nours	of sleep (Un an ave		of fingine)				
QN85:	Percentag	e of stude	26.6	24.8	25.7	25.8	19.6		17.9	20.7	Decreased, 2009-2023	No quadratic change	No change
	Percentag		26.6	24.8	25.7	25.8	19.6		17.9		Decreased, 2009-2023	No quadratic change	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Black* Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentage and mase		nts who t	hink othe	r people a	t school v	vould des	cribe then	n as equal	ly			
							14.6		13.8	17.1	No linear change	Not available [¶]	No change
					neir mothe person w				ed education 8.3	on is 21.1	No linear change	Not available	Increased
					slept awa					use they			

Delaware High School Survey

Trend Analysis Report

Black* Other													
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentageng ng on acti				at either o	of their pa	arents or o	other adul	ts in their	family			
				18.5	15.1	16.0	16.2		12.5	10.4	Decreased, 2011-2023	No quadratic change	No change
QN92: 1	Percentage	e of stude	ents who a	re deaf or	have seri	ous diffic	culty hear	ing	-	. <u> </u>			
						1.5	2.1		1.6	2.4	No linear change	Not available [¶]	No change
QN93: 1	Percentage	e of stude	ents who h	nave serio	us difficul	ty seeing	even wł	nen weari	ng glasses	3)			
						8.7	10.1		8.4	15.7	Increased, 2015-2023	Not available	Increased
QN95: 1	Percentage	e of stude	ents who h	nave serio	us difficul	ty walkir	ng or clim	ıbing stair	s	,			
						4.6	2.1		3.4	2.7	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Black* Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	es (durin				he school- urvey, am								
									29.1	44.7	Increased, 2021-2023	Not available [¶]	Increased
	problem				ost likely lence they								
									28.0	24.0	No linear change	Not available	No change
QN133:	Percenta	ge of stud	ents who	ever feel	sad, empt	ty, hopele	ss, angry,	or anxio	us				

Delaware High School Survey

Trend Analysis Report

Black* Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
						rately or g re packs o				ves			
						64.0	74.9		75.4	70.9	No linear change	Not available [¶]	No change
	y or in ot					rately or g e drinks of 68.9					No linear change	Not available	No change
						rately or g			g themsel	ves			
	y or in ot	her ways	when the	y smoke r	narijuana	once of t	wiee a we						

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

Delaware High School Survey

Trend Analysis Report

Black* Other													
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					ple mode scription d					ves			
						71.0	74.4		75.9	73.6	No linear change	Not available [¶]	No change
	Percenta moke tob		ents who	reported	their pare	nts feel it	would be	wrong o	r very wro	ong for			
						84.1	85.8		90.0	82.1	No linear change	Not available	Decreased
					their pare			wrong or	r very wro	ong for			

*Non-Hispanic.
*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
*Based on t-test analysis, p < 0.05.
*Not enough years of data to calculate.

Delaware High School Survey

Black* Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percenta smoke ma		lents who	reported	their pare	nts feel it	would be	wrong or	very wro	ong for			
						76.3	71.2		77.5	70.4	No linear change	Not available [¶]	No change
				reported			would be	wrong or	very wro	ong for			
						87.4	90.2		89.5	85.3	No linear change	Not available	NT 1
									07.0	05.5	No linear change		No change
	Percenta smoke tob		lents who	reported	their frier	nds feel it	would be	wrong or					No change

Delaware High School Survey

Trend Analysis Report

Black* Other													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [†]	Quadratic Change †	Change from 2021-2023 §
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					their frien beverage			wrong or	r very wro	ng for			
						62.0	59.1		73.4	71.7	Increased, 2015-2023	Not available [¶]	No change
	Percenta smoke ma		lents who	reported	their frien	ds feel it	would be	wrong or	r very wro	ng for			
		U				39.0	32.0		46.9	43.7	Increased, 2015-2023	Not available	No change
-		0			their frien to the stu		would be	wrong or	r very wro	ng for			
						76.3	76.0		81.7	81.0	No linear change	Not available	No change

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Black* Mental	Health		Health	Risk Beh	avior and	d Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					ide attemp nurse (dur					or			
1.3	1.6	2.3	2.3	1.8	1.8	2.2	3.7		2.7	2.6	No linear change	No quadratic change	No change
-	C	e of stude the surve		lescribed	their grad	es in scho	ool as mos	stly A's or	B's (duri	ng the			
42.9	48.0	46.2	51.4	53.2	59.3	58.5	59.4		64.5	65.1	Increased, 2003-2023	No quadratic change	No change
					us difficu notional p		ntrating, r	emember	ing, or ma	ıking			
						15.4	25.6		31.8	33.3	Increased, 2015-2023	Not available [¶]	No chang

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Black* Mental	Health		Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					he time or peless, an			d of help	they need	l (among			
									21.6	17.7	No linear change	Not available [¶]	No change

Delaware High School Survey

			Health	Risk Beh	avior and	l Percent	tages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					agree or a heir behav		their pare	nts or othe	er adults i	n their			
							their pare 78.1	nts or othe	er adults i 76.8	n their 71.7	Decreased, 2015-2023	Not available [¶]	No chan
amily h	ave clear	rules and	conseque	nces for t	heir behav	vior 78.4 nts or oth	78.1 er adults	nts or othe	76.8	71.7	Decreased, 2015-2023	Not available [¶]	No chan

Delaware High School Survey

Trend Analysis Report

Black* Birth Co	ontrol												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change †	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
is Impla	non or Ne	explanon)	before la	st sexual i		e with an		ParaGard -sex partn					
									1.7	1.9	No linear change	Not available [¶]	No change
									1.7	1.9	i to inicia change	1000 00 0010010	ε
			-					,	1.7				
ParaGarc as Orthol	d) or impl Evra), or	ant (such birth con	as Implai trol ring (on or Ne such as N	xplanon); uvaRing)	or a shot before las	(such as st sexual i	(such as Depo-Pro intercours rently sexu	Mirena or vera), pat e with an	ch (such			
ParaGarc as Orthol	d) or impl Evra), or	ant (such birth con	as Implai trol ring (on or Ne such as N	xplanon); uvaRing)	or a shot before las	(such as st sexual i	Depo-Pro intercours	Mirena or vera), pat e with an	ch (such	No linear change	Not available	No change
ParaGarc as Orthol opposite- QNDUA oirth con	d) or impl Evra), or -sex partr LBC: Pe ttrol pills; rse with a	ant (such birth com her (to pre ercentage an IUD,	as Implai trol ring (vent preg of studen or implan	non or Ne such as N nancy, an ts who use t, or a sho	xplanon); uvaRing) nong stude ed both a o t, or patcl	or a shot before las ents who condom d a, or birth	(such as st sexual i were curr uring las control r	Depo-Pro intercours	Mirena or vera), pat e with an ially activ 12.4 ntercourse e last sexu	ch (such re) 25.2 and ial			

*Non-Hispanic. *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

Delaware High School Survey

Black* Birth C	ontrol		Health	Risk Beh	avior and	l Percent	ages				Linear Change [†]	Quadratic Change [†]	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					d not use a r (among								
									26.3	28.7	No linear change	Not available [¶]	No change

Delaware High School Survey

			Health	Risk Beh	avior and	Percent	ages				Linear Change [†]	Quadratic Change †	Change from 2021-2023 [§]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
N123:					been taug ases (STE				se a conde	om to			
	pregnanc	,	•										

Delaware High School Survey

Trend Analysis Report

Hispani Injury a	c ind Viole	nce											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
1 day du	ring the 3	30 days be	ents who t efore the s he survey)	urvey, an									
					41.6	40.7	49.8		33.9	38.7	Decreased, 2013-2023	Not available [§]	No change
			ents who c 30 days b			school p	roperty (s	uch as a g	gun, knife	, or club,			
5.8	3.8	8.0	9.2	6.2	2.7	5.4	4.2		1.7	4.6	Decreased, 2003-2023	No quadratic change	No change
			ents who c at least 1 c						school or	on their			
10.1	10.4	8.5	8.4	7.8	10.1	8.7	7.0		7.9	21.9	Increased, 2003-2023	No change, 2003-2017 Increased, 2017-2023	Increased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispan Injury :	ic and Viole	nce											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
								oon on scho ore the surv		erty			
10.3	7.3	7.5	13.5	7.7	8.2	8.1	5.5		5.6	11.1	No linear change	No quadratic change	Increased
	Percentag he survey)		ents who v	were in a	physical f	ight (one	or more ti	mes during	g the 12	months			
39.6	25.3	41.1	35.1	26.1	28.9	27.1	21.0		16.7	16.4	Decreased, 2003-2023	No quadratic change	No change
	Percentag he 12 mor				physical f	ight on sc	hool prop	erty (one o	r more t	imes			
14.2	10.0	13.1	10.5	6.9	10.6	11.4	9.8		4.5	8.5	Decreased, 2003-2023	No quadratic change	No change
	Percentag want to)	e of stude	ents who v	were ever	physicall	y forced t	o have se	kual interco	ourse (w	hen they			

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispan Injury	ic and Viole	nce											
			Health	Risk Beh	avior and	d Percen	tages				Linear Change [*]	Quadratic Change*	Change from 2021-2023 *
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
things [Percentag counting s urse] that th	uch thing	s as kissin	ng, touchi	ng, or bei	ng physic	ally force	d to have	sexual				
							9.0		5.9	10.2	No linear change	Not available [§]	No change
were da physica the 12 n	Percentag ting or goi lly forced nonths bef before the	ing out with to have so ore the su	ith to do se exual inter	exual thir rcourse] t	ngs [count hat they d	ing such id not wa	things as int to do, o	kissing, to	ouching, o ore times o	or being luring			

Delaware High School Survey

Trend Analysis Report

Hispani Injury a	ic and Viole	nce											
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
purpose into son	Percentage by some nething, on rey, among	one they w r injured v	vere dating with an ob	g or going	gout with eapon] on	[counting e or more	g such this times du	ngs as bei ring the 1	ng hit, sla 2 months	mmed before			
					9.1	11.3	7.2		8.2	13.4	No linear change	Not available [§]	No change
-	Percentag ey)	e of stude	ents who v	vere bulli	ed on scho	ool prope	rty (ever o	luring the	12 montl	ns before			
QN24: the surv	U U	e of stude	ents who v 16.3	vere bullio 13.6	ed on scho 14.3	ool prope 15.9	rty (ever o 11.8	during the	e 12 montl 8.4	ns before	Decreased, 2009-2023	No quadratic change	No change
he surv	U U	e of stude	16.3 ents who v	13.6 vere elect	14.3	15.9	11.8 ounting b	eing bulli	8.4 ed throug	10.3	Decreased, 2009-2023	No quadratic change	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispani Injury a	c ind Viole	nce											
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
								for >=2 we fore the su		row so			
33.6	36.6	35.6	34.1	34.8	25.3	35.5	27.8		45.9	38.4	Increased, 2003-2023	Decreased, 2003-2017 Increased, 2017-2023	No change
	Percentag ne survey)		nts who s	seriously c	considered	l attempti	ng suicide	e (during tl	he 12 mo	onths			
13.2	7.9	12.3	21.9	16.6	14.8	14.8	13.9		18.4	16.1	No linear change	No quadratic change	No change
	Percentag before the		nts who r	nade a pla	an about h	low they	would atte	empt suicid	le (during	g the 12			
9.4	9.0	12.1	16.7	13.5	13.1	12.2	12.1		12.5	13.5	No linear change	No quadratic change	No change
	Percentag		nts who a	actually at	tempted s	suicide (or	ne or mor	e times du	ring the 1	12			
	5.5	7.3	14.3	13.3	8.7	8.4	7.8		11.3	11.4	No linear change	No quadratic change	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Injury :	and Viole	ence	Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		ge of stude g the 30 da				weapon (s	uch as a g	un, knife,	or club,	on at			
16.6	14.2	20.9	23.6	14.0	12.8	11.1	12.5		7.2	11.0	Decreased, 2003-2023	No quadratic change	No change
							ne days wh						
for hunt							ne days wl lay during						
											Decreased, 2003-2023	No quadratic change	No chang
for hunt survey) 4.8 QN98: tried to a could ar did not o	4.6 Percentag control the id could n do what th	a sport su 9.4 ge of stude em or emo tot spend t	6.6 ents who r otionally l time with, d, during	4.2 reported so hurt them , being hu the 12 mo	4.0 omeone th one or mo miliated i onths befo	east one of 5.6 ney were of ore times n front of ore the sur	lay during	the 30 da going out gs as bein being thi	2.0 with purp ng told wl reatened i	3.7 bosely no they f they	Decreased, 2003-2023	No quadratic change	No chang

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispanio Injury a	c nd Violei	nce	Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			2021-2023
					d, e-maile s before th			onically a	revealing	g or			
							10.5		7.7	14.0	No linear change	Not available [§]	Increased
	Percentagone (durin				ved a text vey)	or an e-n	nail with	a revealin	g or sexu	al photo			
									15.1	21.2	No linear change	Not available	No change
					a revealin r permissi								
							4.5		0.9	3.0	No linear change	Not available	Increased

Delaware High School Survey

Trend Analysis Report

		Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003 2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
N110: Percent e (such as cutti e survey)												

Delaware High School Survey

Trend Analysis Report

Hispani Tobacc													
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN31:	Percentag	e of stude	ents who s	smoked a	cigarette (even one	or two pu	ıffs)					
67.2	48.0	51.1	55.0	49.9	42.1	33.7	23.7		14.5	13.5	Decreased, 2003-2023	Decreased, 2003-2011 Decreased, 2011-2023	No change
												Decreased, 2011-2025	
QN32:	Percentag	e of stude	ents who s	smoked a	cigarette l	before age	e 13 years	(even one	or two p	ouffs)		Dereased, 2011-2023	
QN32:	Percentag	e of stude	ents who s	smoked a	cigarette l	before age	e 13 years 8.9	(even one	e or two p 6.1	ouffs) 6.9	No linear change	Not available [§]	No change
QNFRC		entage of	students	who curre			8.9	(even one ently (on 2	6.1	6.9	No linear change		No change
QNFRC	CIG: Perce	entage of	students	who curre			8.9		6.1	6.9	No linear change Decreased, 2003-2023		No change No change
QNFRC during t 7.9 QNDA	CIG: Perco he 30 day 6.7	entage of s before tl 9.4 rcentage of	students v he survey 6.1	who curre) 3.7	ntly smok 2.8	ed cigarer 3.8	8.9 ttes freque		6.1 0 or mor 0.9	6.9 e days 2.0		Not available [§]	_

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispani Tobacco													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change*	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
-	Percentag he survey)		ents who c	currently	smoked ci	garettes (on at leas	t 1 day du	ring the 3	30 days			
20.6	17.9	20.4	19.0	16.1	11.9	8.9	6.4		2.9	3.5	Decreased, 2003-2023	No change, 2003-2011 Decreased, 2011-2023	No change
	Percentag ape pens,												
und ordj)					45.7	38.0		36.1	37.4	No linear change	Not available [§]	No change
	VP: Perc ys during					electronic	e vapor pi	oducts fre	equently ((on 20 or			
						3.2	2.2		3.3	7.7	Increased, 2015-2023	Not available	Increased

Delaware High School Survey

Trend Analysis Report

Hispani Tobacc													
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	EVP: Pe				rrently use	ed electro	onic vapor	products	daily (on	all 30			
uays du	ing the st	days bei	ore the su	nvey)		2.9	1.9		1.9	6.1	Increased, 2015-2023	Not available [§]	Increased
-	0			-	used an elopens, and				0				
					pens, and before the			01, 51410	K , Suorin	i, vuse,			

Delaware High School Survey

Trend Analysis Report

TODACCO	Use												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
hemselv vapes, v	res in a co ape pens, during th	nvenienc e-cigars,	e store, su e-hookahs	usually go upermarke s, hookah he survey,	et, discoun pens, and	t store, or mods [su	gas stati ch as JU	on (inclue UL, SMO	ding e-cig K, Suorin	arettes, , Vuse,			
	,								1.9	12.5	No linear change	Not available [§]	No change
			atu danta i	who curre	ntly used	smokeles	s tobacco	frequent	v (chewi				
obacco, Camel S		o, snus, or counting	dissolval	ble tobacc	o product	s [such as	Copenha	agen, Griz	zly, Skoa	l, or			
obacco, Camel S	snuff, dip nus], not (o, snus, or counting	dissolval	ble tobacc	o product	s [such as	Copenha	agen, Griz	zly, Skoa	l, or	Not available	Not available	Increased
Obacco, Camel S Defore th QNDAY nuff, di	snuff, dip nus], not e survey) (SKL: Pe p, snus, or	o, snus, or counting rcentage	dissolval any electr of student ble tobacc	ble tobacc	o product r products rently use ts [such as	s [such as s, on 20 o ed smokel s Copenha	Copenha r more da 2.0 ess tobac agen, Grit	agen, Griz ays during co daily (zzly, Skoz	zzly, Skoa the 30 da 0.0 chewing tal, or Can	l, or ays 3.1 tobacco, nel	Not available	Not available	Increased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispan Tobacc													
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 *
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
snus, or Nicotin	dissolval e Lozengo	ge of stude ole tobacco es], not co	o products	s [such as	Copenhag	gen, Grizz	zly, Skoal	, Camel S	lnus, or V	elo			
efore t	he survey	r)											
efore t	he survey	7)					3.5		2.6	5.2	No linear change	Not available [§]	No change
QNFRO	CGR: Per	centage of 0 or more					s frequent	ly (cigars		,	No linear change	Not available [§]	No change
QNFRO	CGR: Per	centage of					s frequent	ly (cigars		,	No linear change	Not available [§] No quadratic change	No change
QNFRC ittle cig 2.5 QNDA	CGR: Per gars, on 2 2.6 YCGR: F	centage of 0 or more	days durin 4.0 of studen	ng the 30 2.8 ts who cu	days befo 2.1 urrently sn	ere the sur 4.4 noked cig	s frequent vey) 1.9		, cigarillo 0.9	s, or 4.2			

Delaware High School Survey

Trend Analysis Report

Hispanio Tobacco													
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		age of stue e the surve		currently	smoked	cigarettes	s or cigars	(on at lea	ist 1 day o	during			
22.0	20.6	24.0	20.6	18.1	13.7	13.7	9.7		3.2	7.4	Decreased, 2003-2023	No quadratic change	Increased
		age of stud during the				cigarettes	s or cigars	or used s	mokeless	tobacco			
							10.1		4.6	8.6	No linear change	Not available [§]	Increased
							s or cigars before the		mokeless	tobacco			
							16.4		18.1	18.0	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			dents who e 30 days			cigarettes	or used e	electronic v	vapor pro	ducts			
						cigarettes 28.3	or used e 14.6	electronic v	vapor pro 17.8	ducts 17.9	No linear change	Not available [§]	No chang
N39: 1 wisher	ast 1 day of	during the e of stude Aiddleton	e 30 days	before the	e survey)	28.3 gars, ciga	14.6 rillos, or l	electronic v little cigars at least 1 da	17.8 s, such as	17.9	No linear change	Not available [§]	No chan

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN41: few sips	-	ge of stude	ents who h	ad their f	ïrst drink	of alcoho	l before a	ge 13 yea	rs (other t	han a			
34.1	23.9	28.5	33.9	31.6	23.7	16.5	18.8		15.2	20.9	Decreased, 2003-2023	No quadratic change	No change
		e of stude days befo 45.5			lrank alco 35.8	hol (at lea 35.9	ast one dri 28.8	ink of alc	ohol, on a 21.4	tt least 1 19.3	Decreased, 2003-2023	Increased, 2003-2009 Decreased, 2009-2023	No change
day duri 36.2 QN43: in a row	35.8 Percentag	days befo 45.5 ge of stude	ents who c	44.3 44.3 currently vor more dr	35.8 were binge	35.9 e drinking cohol in a	28.8 g (had four a row if the	r or more	21.4 drinks of	19.3 alcohol	Decreased, 2003-2023	·	No chang

Delaware High School Survey

Trend Analysis Report

Hispani Alcohol	c and Othe	er Drug I	U se										
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentagore (within								ad in a ro	w was			
					4.6	5.1	1.8		1.0	4.0	No linear change	Not available [§]	Increased
QN46:	Percentage	e of stude	ents who e	ever used	marijuana	(one or r	nore time	s during t	heir life)	<u> </u>			
47.3	32.8	46.4	46.5	46.4	43.8	43.8	40.0		23.1	33.2	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	Increased
QN47:	Percentage	e of stude	ents who t	ried marij	uana for t	he first ti	me before	e age 13 y	ears				
13.0	10.6	13.9	14.0	10.7	9.0	9.3	8.4		3.0	9.2	Decreased, 2003-2023	No quadratic change	Increased
	Percentagene survey)		ents who c	currently u	ised marij	uana (one	e or more	times du	ring the 30) days			
21.8	16.0	25.7	24.2	25.8	26.7	26.3	23.7		11.1	18.4	Decreased, 2003-2023	No change, 2003-2013 Decreased, 2013-2023	Increased

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
prescrip	tion or dif	ferently th	nan how a	doctor to	old them t	o use it (c	edicine w counting d mes during	rugs such	as codein	ne,			
							11.4		10.6	13.5	No linear change	Not available [§]	No change
	Percentag ase, one o					any form	11.4 of cocaine	, includin			No linear change	Not available [§]	No change
						any form 6.7		, includir			No linear change Decreased, 2003-2023	Not available [§]	No change No change
6.4 QN52:	ase, one of 5.9	r more tin 4.5 e of stude	nes during 7.1 nts who e	g their life 6.4	5.2	6.7	of cocaine		ng powder 1.2	, crack, 4.3			

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

5 2007	Health 2009	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change*	Change from
5 2007	2009										2021-2023
		2011	2013	2015	2017	2019	2021	2023			
					s (also cal	led "speed	l," "crysta	al meth,"			
5.7	6.4	3.9	2.4	5.3	2.5		1.2	4.3	No linear change	No quadratic change	No change
tage of stude eir life)	ents who e	ever used	ecstasy (a	lso called	"MDMA	" or "Mol	lly," one o	or more			
5.1	9.6	7.7	7.2	6.1	3.6		2.6	4.5	Decreased, 2003-2023	No quadratic change	No change
					(used a n	eedle to ir	nject any	illegal			
4.8	5.6	4.8	2.9	4.7	1.8		1.2	3.2	Decreased, 2003-2023	No quadratic change	No change
t	or "meth," o 5.7 tage of stude eir life) 5.1 tage of stude body, one or	or "meth," one or mor 5.7 6.4 tage of students who e eir life) 5.1 9.6 tage of students who e body, one or more tim	or "meth," one or more times de 5.7 6.4 3.9 tage of students who ever used eir life) 5.1 9.6 7.7 tage of students who ever inject body, one or more times during	or "meth," one or more times during their 5.7 6.4 3.9 2.4 tage of students who ever used ecstasy (a eir life) 5.1 9.6 7.7 7.2 tage of students who ever injected any ill body, one or more times during their life)	or "meth," one or more times during their life) 5.7 6.4 3.9 2.4 5.3 tage of students who ever used ecstasy (also called eir life) 5.1 9.6 7.7 7.2 6.1 tage of students who ever injected any illegal drug body, one or more times during their life)	or "meth," one or more times during their life) 5.7 6.4 3.9 2.4 5.3 2.5 tage of students who ever used ecstasy (also called "MDMA eir life) 5.1 9.6 7.7 7.2 6.1 3.6 tage of students who ever injected any illegal drug (used a n body, one or more times during their life)	or "meth," one or more times during their life) 5.7 6.4 3.9 2.4 5.3 2.5 tage of students who ever used ecstasy (also called "MDMA" or "Moleir life) 5.1 9.6 7.7 7.2 6.1 3.6 tage of students who ever injected any illegal drug (used a needle to inbody, one or more times during their life)	or "meth," one or more times during their life) 5.7 6.4 3.9 2.4 5.3 2.5 1.2 tage of students who ever used ecstasy (also called "MDMA" or "Molly," one of eir life) 5.1 9.6 7.7 7.2 6.1 3.6 2.6 tage of students who ever injected any illegal drug (used a needle to inject any body, one or more times during their life)	5.7 6.4 3.9 2.4 5.3 2.5 1.2 4.3 tage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more eir life) 5.1 9.6 7.7 7.2 6.1 3.6 2.6 4.5 tage of students who ever injected any illegal drug (used a needle to inject any illegal body, one or more times during their life)	or "meth," one or more times during their life) 5.7 6.4 3.9 2.4 5.3 2.5 1.2 4.3 No linear change tage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more eir life) 5.1 9.6 7.7 7.2 6.1 3.6 2.6 4.5 Decreased, 2003-2023 tage of students who ever injected any illegal drug (used a needle to inject any illegal body, one or more times during their life) 5.1 9.6 7.7 7.2 6.1 3.6 2.6 4.5 Decreased, 2003-2023	or "meth," one or more times during their life) 5.7 6.4 3.9 2.4 5.3 2.5 1.2 4.3 No linear change No quadratic change tage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more eir life) 5.1 9.6 7.7 7.2 6.1 3.6 2.6 4.5 Decreased, 2003-2023 No quadratic change tage of students who ever injected any illegal drug (used a needle to inject any illegal body, one or more times during their life) 5.1 9.6 7.7 7.2 6.1 3.6 2.6 4.5 Decreased, 2003-2023 No quadratic change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percenta	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			

Delaware High School Survey

Trend Analysis Report

Hispani Sexual 1	ic Behaviors	5											
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN56:	Percentag	e of stude	ents who e	ever had s	exual inte	rcourse	-	-	-				
62.1	50.3	62.8	61.9	59.7	52.0	47.9	46.6		26.4	36.7	Decreased, 2003-2023	No quadratic change	No change
QN57:	Percentag	e of stude	ents who h	ad sexual	intercou	se for the	e first time	e before a	ge 13 yea	rs			
13.0	12.7	14.9	14.0	7.8	5.9	7.1	4.1		1.9	5.7	Decreased, 2003-2023	No quadratic change	Increased
QN58:	Percentag	e of stude	ents who h	ad sexual	intercou	se with fo	our or mo	re person	s during tl	neir life			
25.6	17.8	26.3	23.7	20.6	14.9	11.6	11.8		2.3	9.0	Decreased, 2003-2023	No quadratic change	Increased
	Percentag					ally active	e (had sex	cual interc	ourse wit	h at least			
45.6	37.0	50.1	42.4	45.2	36.0	35.9	34.8		16.7	25.3	Decreased, 2003-2023	No quadratic change	No change

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change fron 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			ents who d y sexually		hol or use	ed drugs b	efore last	sexual in	tercourse	(among			
21.4	20.9	24.0	22.3	17.1	19.2	23.5	19.7		12.1	24.6	No linear change	No quadratic change	No change
who wer	e current	ly sexuall	y active)			0	xual interc	course (ar	C			X 1 1 1	
53.5	57.4	66.6	50.5	57.9	65.3	55.1	47.2		45.7	58.3	No linear change	No quadratic change	No change

Delaware High School Survey

Trend Analysis Report

Hispani Sexual H	c Behaviors	8											
			Health	Risk Beł	navior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					ed for a set the 12 mc				TD) other	r than			
									4.6	5.8	No linear change	Not available [§]	No change
	ves the fir				their parti course (ar					an 17.6	No linear change	Not available	No change
QN115: times)	Percenta	ge of stu	dents who	have bee	en pregnan	t or gotte	n someon	e pregnan	t (one or	more			
12.2	10.0	11.7	10.9	9.1	6.2	5.9	5.9		3.3	4.3	Decreased, 2003-2023	No quadratic change	No change
QN116:	Percenta	ge of stu	dents who	have eve	r given or	received	oral sex		:				
	44.7	59.0	51.7	51.4	46.1	44.0	44.7		23.9	29.3	Decreased, 2005-2023	Decreased, 2005-2017 Decreased, 2017-2023	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispani Dietary	c Behavio	*S										
			Health	Risk Beh	avior and	d Percent	tages			Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019 2021	2023			
							rcentile fo th charts) [§]	r body mass inde	x, based			
	10.0	16.3	16.1	13.2	17.5	16.3	15.1	18.5	21.9	No linear change	No quadratic change	No change
		tage of st	udents wh					e but <95th percen				
QNOW'	T: Percer	tage of st	udents wh					e but <95th percer 000 CDC growth c 20.8		No linear change	No quadratic change	No change
QNOW' body ma 18.0	Г: Percen ass index, 12.3	tage of st based on 24.4	udents wh sex- and a 19.4	age-speci: 19.1	fic referen	ice data fr 16.3	rom the 20	000 CDC growth c	harts) [§]	No linear change	No quadratic change	No change
QNOW ⁷ body ma 18.0	Г: Percen ass index, 12.3	tage of st based on 24.4	udents wh sex- and a 19.4	age-speci: 19.1	fic referen	ice data fr 16.3	rom the 20	000 CDC growth c 20.8	harts) [§]	No linear change Increased, 2003-2023	No quadratic change No quadratic change	No change No change
QNOW ⁷ body ma 18.0 QN66: 32.0	T: Percentass index, 12.3 Percentag 28.0	tage of st based on 24.4 e of stude 36.1	udents wh sex- and a 19.4 ents who c 30.4	age-speci 19.1 described 29.3	fic referen 18.6 themselve	ace data fr 16.3 es as sligh 34.2	18.1	000 CDC growth c 20.8 y overweight	harts) [§] 20.0	_		

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

⁸Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN69: urvey)	Percentag	e of stude	ents who c	lid not eat	fruit (one	e or more	times dur	ing the 7	days befo	re the			
									11.8	9.3	No linear change	Not available [§]	No change
										~ .			
	Percentag r Sprite, n										Increased, 2007-2023	No quadratic change	No chang
Pepsi, or survey) QNSOE imes pe		ot countir 17.5 eentage of ch as Coke	ng diet soo 18.1 students	la or diet 15.5 who dranl	pop, one o 24.9 k a can, bo	or more ti 22.6 ottle, or g	mes durin 30.0 lass of soo	ig the 7 da	30.8	29.0	Increased, 2007-2023	No quadratic change	No chang

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispani Dietary	c Behavior	rs											
			Health	Risk Beh	navior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019 2	2021	2023			
times pe		h as Cok						da or pop two pop, during					
		24.5	16.5	16.9	14.2	14.9	10.6		5.4	9.1	Decreased, 2007-2023	No quadratic change	No change
QN75: 1	Percentag	e of stude	20.3	lid not ea 16.7	t breakfas 14.3	t (during 14.4	the 7 days	before the s	urvey) 18.2	18.6	No linear change	Decreased, 2009-2017 Increased, 2017-2023	No change
QNBK7			20.3	16.7	14.3	14.4	11.5		18.2	18.6	No linear change	<i>,</i>	No change
QNBK7			20.3	16.7	14.3	14.4	11.5	ng the 7 days	18.2	18.6	No linear change Decreased, 2009-2023	<i>,</i>	
QNBK7 survey) QN118:	DAY: Pe Percenta	ercentage ge of stud	20.3 of studen 32.1	16.7 ts who ate 33.8	14.3 e breakfas 35.6 at vegetab	14.4 it on all 7 34.7	11.5 days (dur 42.0	ng the 7 days	18.2 s befor 28.3	18.6 e the 25.0		Increased, 2017-2023 Increased, 2009-2017	No change No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispani Dietary	c Behavioı	s											
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					he time or before th			ry becaus	e there w	as not			
							4.6		2.9	4.2	No linear change	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

Physica	ic 1 Activity	7											
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
days (in	any kind	of physic	ents who v al activity ys before t	that incre	eased thei								
				38.2	38.3	41.2	36.2		30.2	38.3	No linear change	No quadratic change	No change
	-			:				5					
activity	on at least	t 1 day (ii	of student n any kind me during	l of physic	cal activit	y that inci	eased the				No linear change	Decreased, 2011-2015 Increased, 2015-2023	No chang
QNPA7 lays (in	on at least hard some DAY: Pe any kind	t 1 day (in e of the time ercentage of physic	n any kind	l of physic the 7 day 26.6 ts who we that incre	cal activit vs before t 19.1 re physic: eased thei	y that incr he survey 18.2 ally active	23.2 e at least 6	ir heart ra	24.1	24.6 on all 7	No linear change	,	No chang

 * Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. * Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			

Delaware High School Survey

Trend Analysis Report

Hispani Other	c												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QN65:	Percentage	e of stude	nts who c	lescribed	themselve	es as trans	gender.	-					
							2.1		2.4	3.8	No linear change	Not available [§]	No change
	Percentage g tests don				tested for			ficiency v					
						18.0	14.5		6.1	5.2	Decreased, 2015-2023	Not available	No change
QN85:	Percentage	e of stude	nts who g	got 8 or m	ore hours	of sleep ((on an ave	erage scho	ool night)				
			30.4	27.7	21.4	24.7	24.5		22.4	21.8	No linear change	No quadratic change	No change
	Percentag	e of stude	nts who e	experience	ed unstabl	e housing	(during t	the 30 day	s before t	he			
survey)													

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispani Other	с												
			Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag e and mas		nts who t	hink othe	r people a	t school v	would des	cribe then	n as equal	ly			
							12.8		18.0	13.4	No linear change	Not available [§]	No change
					neir mothe person w				d educati	on is			
							32.9		24.7	30.1	No linear change	Not available	No change
					slept away (during t					use they			
									1.8	5.8	Increased, 2021-2023	Not available	Increased

Delaware High School Survey

Trend Analysis Report

Hispani Other	c												
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percentag				hat either	of their pa	arents or o	other adul	ts in their	family			
				10.3	15.4	14.3	13.4		9.6	8.4	Decreased, 2011-2023	No change, 2011-2015 Decreased, 2015-2023	No change
QN92: 1	Percentag	e of stude	ents who a	are deaf of	r have ser	ious diffic	culty hear	ing					
						3.7	2.5		2.7	4.8	No linear change	Not available [§]	No change
QN93: 1	Percentag	e of stude	ents who h	nave serio	us difficu	lty seeing	(even wł	nen wearii	ng glasses	3)			
						9.5	11.3		9.5	15.5	No linear change	Not available	Increased
QN95: 1	Percentag	e of stude	ents who h	nave serio	us difficu	lty walkir	ng or clim	bing stair	.s				
						5.6	3.4		3.4	4.1	No linear change	Not available	No change

 *Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05.

Delaware High School Survey

Trend Analysis Report

Hispani Other	c												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	nes (durin				he school- urvey, am								
									28.8	43.9	Increased, 2021-2023	Not available [§]	Increased
	problem				ost likely ence they								
									28.2	28.3	No linear change	Not available	No change
QN133:	Percenta	ge of stuc	lents who	ever feel	sad, empt	y, hopele	ss, angry,	or anxio	15	· · · · · ·			
									78.6	77.5	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

Hispanio Other	2												
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change*	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
						rately or g re packs o				ves			
						67.0	80.8		74.3	73.7	No linear change	Not available [§]	No change
	y or in ot					rately or g e drinks of 63.8					No linear change	Not available	No change
						rately or g once or t			g themsel	ves			

Delaware High School Survey

Trend Analysis Report

Hispanio Other	c		Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 †
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
			ents who when the							ves			
						75.7	80.5		79.7	76.9	No linear change	Not available [§]	No change
	Percenta smoke tob		ents who	reported	their pare	nts feel it	would be	wrong or	r very wro	ong for			
						86.7	87.4		95.1	85.7	No linear change	Not available	Decreased
			ents who nks of an					wrong or	r very wro	ong for			
						83.1	83.5		83.4	82.7	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

Hispani Other	с												
			Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
	Percenta smoke ma		lents who	reported	their pare	nts feel it	would be	wrong o	r very wro	ong for			
						80.8	79.0		86.7	78.9	No linear change	Not available [§]	Decreased
					their paren to the stud		would be	wrong of	r very wro	ong for			
						86.7	89.3		90.6	90.5	No linear change	Not available	No change
	Percenta smoke tob		lents who	reported	their frien	ds feel it	would be	wrong or	very wro	ng for			
						66.8	66.5		75.8	70.4	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

Hispani Other	c												
			Health	Risk Beh	avior and	d Percent	tages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		ge of stud or two dri						wrong or	very wro	ong for			
						58.1	58.8		67.7	63.9	Increased, 2015-2023	Not available [§]	No change
	Percenta smoke ma		lents who	reported	their frien	ds feel it	would be	wrong or	very wro	ong for			
						37.1	39.3		59.1	50.1	Increased, 2015-2023	Not available	No change
		ge of stud ription dru					would be	wrong or	very wro	ong for			
						72.4	75.5		83.6	78.7	Increased, 2015-2023	Not available	No change

Delaware High School Survey

Trend Analysis Report

Hispani Mental													
			Health	Risk Beh	avior and	d Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					ide attemp nurse (dur					or			
3.3	2.7	3.0	6.4	4.4	2.1	4.5	3.7		1.7	3.7	No linear change	No quadratic change	No change
	Percentag hs before			lescribed	their grad	es in scho	ol as mos	stly A's or	B's (duri	ng the			
44.7	49.8	51.1	52.3	58.1	63.0	62.3	59.7		67.5	58.9	Increased, 2003-2023	Increased, 2003-2013 No change, 2013-2023	No change
-	0				us difficu notional p	•	ntrating, r	ememberi	ing, or ma	lking			
						24.0	22.8		38.0	42.2	Increased, 2015-2023	Not available [§]	No change

Delaware High School Survey

Trend Analysis Report

entai	Health		Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
N134		ge of stuc ort having	lents who					d of help	they need	(among			
	who repe	0	Tert Sud, C	Jupty, no	peress, an	51 <i>9</i> , 01 ull	Alousy						

Delaware High School Survey

Trend Analysis Report

Hispani Protecti	ve Factor	'S	Health	Risk Beh	avior and	l Percent	tages				Linear Change [*]	Quadratic Change [*]	Change fron 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
					-		-			-			
							their pare	nts or othe	er adults i	n their			
					agree or a heir behav		their pare 78.7	nts or othe	er adults i 70.5	n their 67.1	Decreased, 2015-2023	Not available [§]	No chan

Delaware High School Survey

Trend Analysis Report

Hispanic Birth Control												
		Health	Risk Beh	avior and	l Percent	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023 [†]
2003 2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
QNIUDIMP: Per as Implanon or N pregnancy, amon	explanon)	before la	st sexual i	ntercours	e with an							
								8.7	7.5	No linear change	Not available [§]	No change
)NOTHHDI · Da	rcentage o	of student	s who use	d hirth oc	ontrol nill	an II IF) (such as					
ParaGard) or imp as OrthoEvra), or	ant (such) birth contr	as Implar rol ring (s	on or Ne such as N	xplanon); 1vaRing)	or a shot before las	(such as st sexual	Depo-Pro intercours	overa), pat se with an	ch (such			
QNOTHHPL: Pe ParaGard) or imp as OrthoEvra), or opposite-sex parti	ant (such) birth contr	as Implar rol ring (s	on or Ne such as N	xplanon); 1vaRing)	or a shot before las	(such as st sexual	Depo-Pro intercours	overa), pat se with an	ch (such	No linear change	Not available	No change
ParaGard) or imp as OrthoEvra), or	lant (such birth contri her (to prev ercentage of an IUD, of	as Implar rol ring (s vent preg	ton or Ne such as Na nancy, an s who use t, or a sho	xplanon); uvaRing) oong stude ed both a t, or patcl	or a shot before las ents who condom d h, or birth	(such as st sexual were curr luring las control 1	Depo-Pro intercours rently sexual st sexual in ring before	evera), pat be with an ually activ 23.8 ntercourse e last sexu	cch (such ve) 22.6 e and ial	No linear change	Not available	No change

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percenta	ages				Linear Change [*]	Quadratic Change [*]	Change fron 2021-2023
003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
JRCN					l not use a r (among s								
	nercourse												

Delaware High School Survey

Trend Analysis Report

			Health	Risk Beh	avior and	l Percenta	ages				Linear Change [*]	Quadratic Change [*]	Change from 2021-2023
2003	2005	2007	2009	2011	2013	2015	2017	2019	2021	2023			
		ge of stud	lents who	have ever	r been tau	ght in sch	ool about	how to us	se a condo	om to			
					ases (STE	Ds) (incluc	ting HIV))					