

# SFL/CHAP NEWSLETTER

The resource for Screening For Life and Community Healthcare Access Program Updates

ISSUE 2

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## Provider Education

**Screening for Life** is committed to providing provider education that assures all Delaware health care professionals are aware of appropriate screening guidelines and have the knowledge and skills to provide high quality clinical services so that more Delawareans will receive appropriate screenings and diagnostic services.

Screening for Life helps detect CERVICAL, BREAST, COLORECTAL & PROSTATE pre-cancerous or cancerous lesions at its earliest stage to reduce morbidity and mortality.

Procedures covered under SFL include clinical breast exams (CBE), mammograms, pelvic exams, pap tests, fecal occult blood tests (FOBT), flexible sigmoidoscopy and colonoscopy.

The SFL network includes primary care providers, mammography facilities, a mobile screening unit, laboratories, pathologists and surgeons.

Case management is available to all clients who require diagnostic evaluation resulting from abnormal screenings. Our case managers work extensively with our

clients to determine client needs, service provider and social service agency coordination, and client counseling. Case managers also work with our network providers to coordinate efforts by performing authorization of services, and ensuring patient treatment goals and objectives are met.

Should a patient present with symptoms relating to any of the above anatomy, please consult a case manager for assistance by dialing 302-744-1040. Our case managers determine whether SFL will pay the costs of patient visits and exams rather than having patients feel the burden of paying themselves.



screening  
for life

SFL/CHAP Newsletter is a product of the Delaware Division of Public Health's Screening For Life program. To subscribe or for more information, please call 302-744-1040. To submit to the newsletter, send fax to 302-739-2546 or e-mail [teresa.gallagher@state.de.us](mailto:teresa.gallagher@state.de.us)

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# Nurse's Nook:

## The Importance of Re-Screening

Re-screening is the process of returning for a screening test at a predetermined interval. Detection of breast, cervical, colorectal and prostate cancers at early, more treatable stages through regular breast self-examination, clinical breast examination, screening mammography, pelvic exam, digital rectal exam, Pap test, fecal occult blood test, prostate specific antigen test, and colonoscopy is critically important in attempting to decrease the morbidity and mortality rate of these cancers. Pre-authorization by a SFL Case Manager is required for any variation to the following re-screening protocols.

**Breast Cancer Re-screen Protocol:** SFL will reimburse for a CBE and mammogram within 10-18 months of the previous negative (normal) breast cancer screening.

**Cervical Cancer Re-screen Protocol:** SFL will reimburse for a Pap test per the CDC Pap re-screening interval policy. The screening interval for negative (normal) Pap tests is once every three (3) years for woman ages 21 to 30, and once every three years for a pap **or** once every 5 years with Pap and HPV co testing for women ages 30 to 64.

**Colorectal Cancer Re-screen Protocol:** SFL will reimburse for a negative (normal) fecal occult blood test (gFOBT or FIT) once a year, a Double Contrast Barium Enema (DCBE) every 5 years, a flexible sigmoidoscopy every 5<sup>th</sup> year with a gFOBT or FIT every 3 years, and a colonoscopy every 10 years.

**Prostate Re-screen Protocol:** SFL will reimburse for a negative (normal) prostate specific antigen (PSA) test and digital rectal exam once a year.

For additional questions regarding re-screening procedures, eligibility and information, please contact the SFL/CHAP/DCTP Nurse Consultant, Sue Mitchell, at SusanE.Mitchell@state.de.us or, 302-744-1040 ext. 1080.

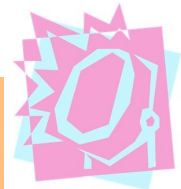
### DO YOU KNOW 2-1-1?

*Delaware 2-1-1 provides information and referral services through the easy-to-remember three-digit phone number, 2-1-1. Please remember to continue to dial 9-1-1 in emergencies.*

*By dialing 2-1-1 you can speak confidentially to a Referral Specialist who can help you assess your problems and situation and can connect you with a human service agency or program where you can get the help that you need.*

*Delaware 2-1-1 is made possible by United Way of Delaware, the State of Delaware, and the American Recovery and Reinvestment Act, which is administered in Delaware by First State Community Action.*

## In the Spotlight



The SFL/CHAP Quarterly Newsletter will now spotlight our partners' initiatives that follow in our mission to improve the quality of life for Delaware's residents by promoting health and well being, fostering self-sufficiency, and protecting vulnerable populations.

This month our focus is on LaRed Health Center in Sussex County.

Since, 2001, LaRed has effectively linked target audiences to accessible health services by identifying and reducing barriers. *Promotores*, are a group of dedicated staff that focus strictly on eliminating transportation and language barriers in order to improve quality healthcare for LaRed patients.

Kay Malone, Chief Operating Officer of LaRed Health Centers, describes the development and implementation of the *Promotores* program as part of a strategic initiative to identify barriers to care. The focus is getting patients the medical care they need in a timely manner. When an individual presents at the facility during a health-related visit, a group of trained individuals pinpoints patients lacking transportation or language efficiency. Patients encountering these barriers are immediately partnered with a *Promotore*. *Promotores* are able to offer extended services to these patients through the use of additional allocated human and programmatic resources. The *Promotore* program has a distinct staff with its own fleet of vehicles. Not only are *Promotores* scheduling appointments for their patients, but they also assist with translation and transportation services. *Promotores* act as both language translators and door-to-door delivery personnel. Ms. Malone also described specialty-care scenarios, such as the Prenatal Program offered at LaRed, when *Promotores* work in conjunction with neighboring health providers by reserving designated portions of providers' schedules. Specific hours with certain doctors are offered only to those patients working with a *Promotore*.

For more information on the *Promotores*, or any of LaRed Health Center's services, please contact 302-855-1233 or visit [laredhealthcenter.org](http://laredhealthcenter.org)

## New to CHAP/SFL! Vision USA Offers FREE Eye Exam

Vision USA provides eye examinations to low-income US citizens or legal residents. Member doctors of the American Optometric Association donate services, and in some cases provide free eyewear.

Only approved agencies may submit applications on behalf of the individuals; Delaware Division of Public Health is NOW one of those approved agencies.

Applicants must meet ALL eligibility requirements and supply proof of income documents:

- No Private or government insurance (Medicare, Medicaid)
- Household Income Levels between 100-150% FPL
- No previous eye exams in last 24 months
- MUST provide valid Social Security Card or Legal Resident I.D.
- Have not received a doctor referral through Vision USA in last 24 months

ONLY Level B & C CHAP/SFL applicants may be eligible for the Vision USA program

