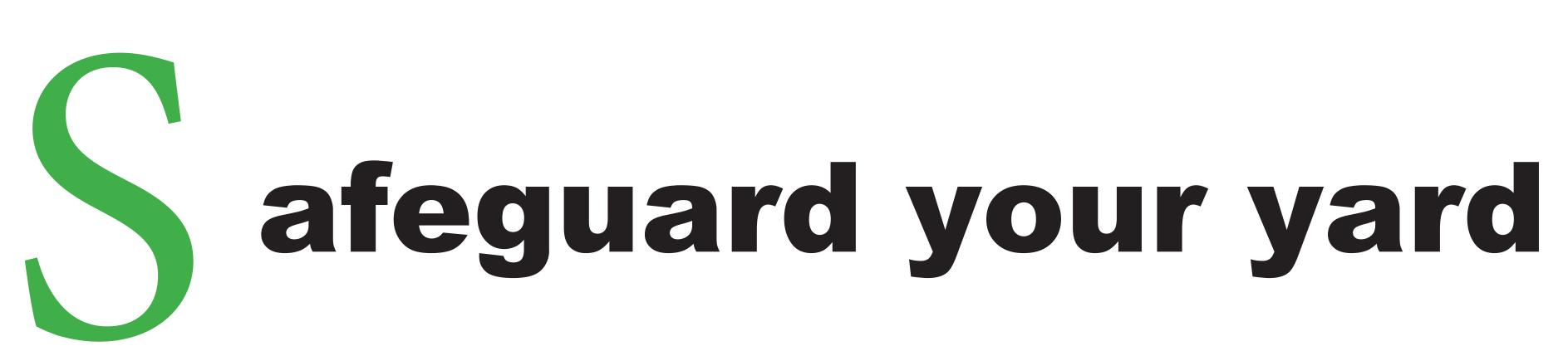


ook for ticks on your body and remove them

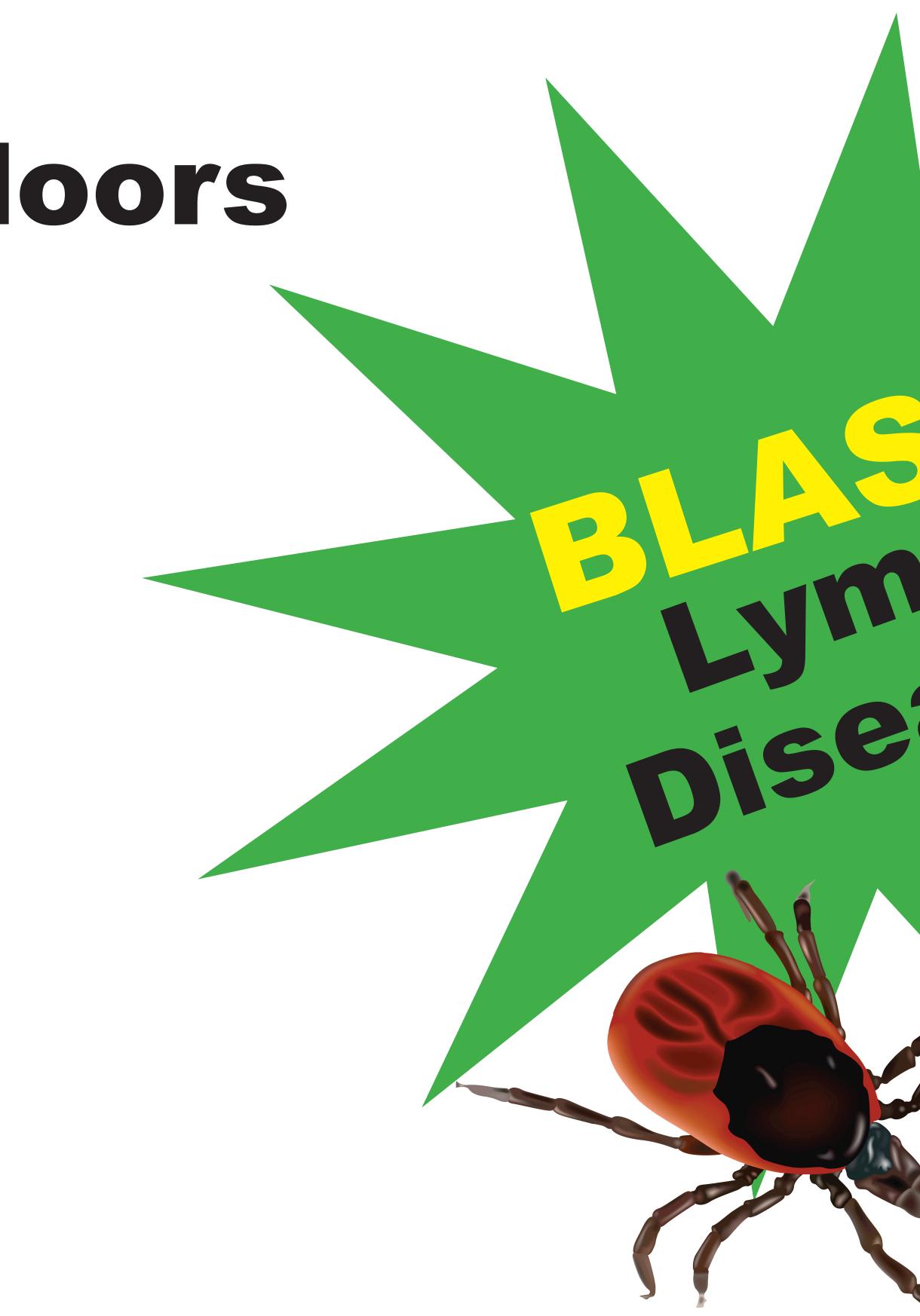
pply repellent to your body and clothes



reat your pet

Adapted from the Ridgefield, Connecticut, BLAST Program (used with permission).

athe or shower within two hours of coming indoors



What is it?

Lyme disease is a bacterial infection, spread through the bite of a "black-legged tick" or "deer tick." These ticks are commonly found in Delaware.

1-888-295-5156 de.gov/lyme



DELAWARE HEALTH AND SOCIAL SERVICES **Division of Public Health**