

Delaware Prevention Newsletter

Increasing Knowledge, Skills and Awareness to Prevent Substance use, misuse, & abuse among Delawareans across the Lifespan

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DPBHS Team Attends the 2012 CADCA Leadership Forum

During the week of Monday, February 6, 2012 through Thursday, February 9, 2012, Chiara Fox, Yvonne Bunch, Mary Polk and Vickie Artis attended the 22nd Annual Leadership Forum for the Community Anti-Drug Coalitions of America (CADCA) in National Harbor, MD. This year's Forum encouraged us to "Collaborate. Advocate. Innovate." Offering many opportunities to learn from one another and brainstorm on how to improve communication and collaboration across and between organizations and funding sources.

State and Territory meetings provided a chance to network with other attendees from our state and strategize for our scheduled Congressional visit. During the Congressional visit Delaware attendees had the opportunity to meet with staff from the offices of our United States Congressional delegates, John Carney, Thomas Carper and Christopher Coons to discuss the

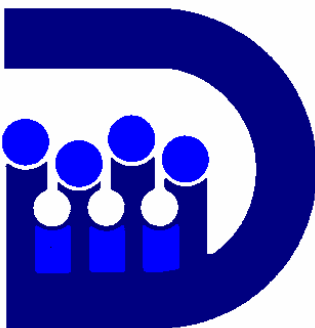
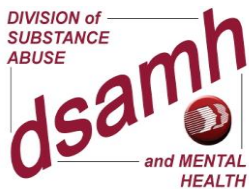


importance of continued federal funding for substance abuse prevention and highlight not only Delaware's need but the notable efforts being made by our communities, providers and partners. There were 39 attendees from Delaware representing organizations such as DPBHS, the Division of Substance Abuse and Mental Health Services (DSAMH), Capital School District, the Delaware National Guard Counter Drug Task Force, the Kent County Prevention Coalition, the University Schools Alliance and the Delaware Prevention Coalition. Not many in attendance could recall a

time when so many from Delaware had been in attendance. *Thank you to Roberta Gealt (USA) and Yvonne Bunch for organizing us all for a productive meeting and visit with our legislators.*

The Forum also offered nearly 80 skill-building workshops and multiple "Federal Power Sessions". In an effort to gather as much relevant information as possible, the attendees from DPBHS attempted to spread out and attend as many workshops as possible based on our individual interests and programming needs. Each attendee from the Prevention Unit has shared their feedback:

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DSCYF/DPBHS

Delaware's Fetal Alcohol Spectrum Disorder Task Force Update

The Delaware Fetal Alcohol Spectrum Disorder Task Force has gained remarkable momentum in the last year with its efforts and partnerships that span statewide. The task force kicked off this year with its first and second meetings, which took place January 31st and March 20th, 2012 at the Appoquinimink State Service Center. It is pleased to announce appointment of first its Chair, Mike McHugh of Children & Families First, first co-chair Sara, Yarnall, from Brandywine Counseling and Community Services.

The task force has garnered attention from the office of Lt. Governor Matt Denn and staff, and showed its support by having representative, Emily Cunningham attend

on his behalf. Cunningham expressed the office's genuine interest to learn more about the task force and its future endeavors, and its hope to become more involved with time. The task force will soon finalize completion of its strategic plan and by-laws, and begin planning towards potential events to take place later this year. It seeks to coordinate an FASD

Awareness/Introductory Day, scheduled to take place on **October 11, 2012 from 9am to 4pm at the Delaware Technical Community College in Dover, DE**. Its purpose will be to educate professionals, families and young adults about the spectrum of disorders and increase awareness of its existence and prevalence in the state, as well as ways to prevent this 100% preventable disorder.

Delaware's Policy Summit on Substance Abuse Prevention

State professionals, federal representatives, and workers from all facets of prevention in the state of Delaware came together on Friday, March 9th, 2012 for the state's Working Summit on Substance Abuse Prevention, its overarching theme being *Sharing Strength, Building Networks* at the Smyrna National Readiness Center in Smyrna, Delaware. Its purpose lay in highlighting current prevention initiatives taking place in the state, in addition to calling attention to untapped resources our state is strongly urged to take advantage of. Jack Claypool from the Office of National Drug Control Policy (ONDCP) discussed the availability of the Drug Free Communities (DFC) grant, and the reality of Delaware being the only state in the country currently without this resource. He continued by detailing the enormous effect such federal funds will have on current prevention initiatives working to combat substance abuse.

Mr. Claypool concluded lastly by encouraging coalitions to take advantage of this opportunity and broaden the state's means of prevention outreach by applying for the Drug Free Communities Grant. Many other state and federal representatives educated the audience about current conditions and future ambitions for the state regarding prevention. Community Anti-Drug Coalitions of America (CADCA) Representative Carlton Hall, spoke in an effort to inform and remind attendees of the invaluable position statewide community coalitions hold and the effect it can have on enacting change to policies that may pull against substance abuse prevention efforts in the state. At the end of the day, many came away from the experience with renewed faith in the power of prevention and motivation to work towards the common goal of lowering the incidence and prevalence rates of substance abuse in Delaware.

Collaborative Practice between Child Welfare and Substance Abuse Prevention

Ms. Mary Polk found ways to connect the CADCA conference to Child Welfare through attending the workshops that focused on practices, engagement, collaboration and skill building in specific areas related to coalition building, community engagement and ownership, and creating community change. The Power of Coalitions and Community Leaders, Empower Sabores, How to increase African- American and Multi-ethnic Faith-based Leadership provided innovative methods and reiterated techniques to engage a diverse community to build a coalition to address a common purpose. Environmental Change Strategies, Enjoy Becoming a Business with a

Mission, Systems and Education, Advocacy and Lobbying helped build skills in empowering, sustaining a coalition and supporting local system changes. Transforming Communities through the Lens and Social Media 101 demonstrated various ways to increase awareness through the media and technology. Finally Collaborative Practice Model for Child Safety demonstrated how a collaborative practice between Child Welfare and Substance abuse can be framed to improve outcomes for children and families. This particular conference was very supportive. It validated that regardless of what field you are working in, coalition building and creating community local change does not come easy, takes time and skill must be obtained and shared.

Strengthening Partnerships and Integrating Innovative Technologies

Ms. Chiara Fox from the Division of Prevention and Behavioral Health shares her experience as a first time attendee to the CADCA Leadership Forum: I was most impressed by the number of opportunities offered to network and brainstorm, not only with my fellow attendees from Delaware but with state-level administrators from across the country. One of the most informative workshops I attended was one facilitated by the New York State Commissioner for the Division of Prevention, Recovery, Technology and Management Services entitled, “Weaving Training and Technical Assistance throughout the Prevention

System to Promote Sustainability of Coalitions and their Partners”. During the session administrators from the State of New York discussed their experiences working with providers and partners around the Strategic Prevention Framework and the importance of fostering community-level change through coalitions. They stressed the importance of effectively training providers and disseminating information effectively throughout the state to improve access for local communities. A conference call has been planned with the Acting Commissioner and her staff to discuss their process, success and challenges.

Delaware Prevention Advisory Committee (DPAC) Update

The Delaware Prevention Advisory Committee gathered for its first meeting two meetings of the year on January 20th and March 14th, 2012 at the Appoquinimink State Service Center. Subject matter of the first meeting surrounded Delaware’s recently awarded State Prevention Enhancement Grant, given as support to improve and strengthen Delaware’s Prevention workforce and overall statewide prevention efforts. Mini-plans geared toward Technical Assistance, Performance Management, Evaluation, Service Coordination, Data Collection, Analysis, and Reporting were distributed and members were encouraged to utilize them as resources for their

respective strategic prevention plans.

In addition, discussion of the grant and mini-plans gave way for attention to be called where statewide prevention initiatives already in place can be improved.

Our state’s second meeting, which took place in mid-March, allowed for more discussion of current agency efforts taking place. Updates regarding the Strategic Prevention Framework-State Incentive Grants Strategic Plans being reviewed were given to the committee, as well as statewide efforts in conducting town-hall meetings as means for combating underage drinking in Delaware.



Sobering Truth on Preventing (STOP Act) Underage Drinking

Ms. Yvonne Bunch from the Division of Prevention & Behavioral Health Services attended the Sobering Truth on Preventing (STOP Act) Underage Drinking workshop conducted by SAMHSA's STOP Act Committee Members. The purpose of the STOP ACT program is to prevent and reduce alcohol use among youth age 12-20 in communities throughout the United States. This program was created to strengthen collaboration amongst the Federal Government, State, local and Tribes. The goal is to enhance intergovernmental cooperation and coordination on the issue of alcohol use among youth. Serve as a catalyst for increased citizen participation and greater collaboration among all sectors and organizations. Through the demonstration of a long-term commitment to reducing alcohol use among youth through the dissemination of timely information regarding state-of-the-art practices and initiatives that have proven to be effective in preventing and reducing alcohol use among youth. Also, enhance and not supplant, effective local community initiatives for preventing and reducing alcohol use among youth. The workshop provided an overview and requirements to apply for the STOP Act Grants. SAMHSA

has issued an RFA for the STOP Act Grants. Approximately 78 grants will be awarded up to \$50,000 per year for 4 years. In Delaware, there are 4 former Drug-Free Communities grantees eligible to apply for the STOP ACT funding. These groups are: New Castle Community Partnership, First State Community Action Agency, University Schools Alliance, and Kent County Prevention Coalition (formerly Dover's Caring Community Coalition). Several of these groups are collaborating to submit a Drug-Free Communities Support grant. The purpose of the Drug Free Communities Support grant program is to establish and strengthen collaboration among communities, public and private nonprofit agencies, and Federal, State, local, and tribal governments to support the efforts of community coalitions working to prevent and reduce substance use among youth.

SAMHSA's Nationwide Initiative Against Underage Drinking

In November 2011, the Substance Abuse and Mental Health Services Administration (SAMHSA) launched a nationwide effort to bring additional awareness to the efforts of underage drinking. This initiative afforded community based organizations all over the country the opportunity to be awarded a \$500.00 stipend to conduct a town hall meeting (THM) on the subject of underage drinking this spring, in honor of April's significance being Alcohol Awareness Month. At least 15 Community Based Organizations (CBOs) on behalf of Delaware applied and were awarded SAMHSA's \$500.00 stipend to conduct THMs this spring. Congratulations to them!

Please find below a table detailing all THMs that have taken place throughout the season. Pictures can also be found on the next page. Additional THMs will be publicized as details are finalized. The Division of Substance Abuse and Mental Health in collaboration with the Division of Prevention and Behavioral Health would like to highlight the great efforts that are taking place throughout our state through these community based initiatives. For more information on upcoming THM, please go to:

<https://www.stopalcoholabuse.gov/townhallmeetings/find-meeting/eventlist.aspx?id=10>

CBO	Date	Time	Address	Contact
Shechinah Empowerment Center	Monday, April 16 th , 2012	6:00-9:00 PM	231 South Race Street, Georgetown DE 19947	Jane Hovington- 302-856-7656
YMCA	Wednesday, April 18 th , 2012	11AM-1PM	Wm. Hick Anderson Community Center- 501 N. Madison Street Wilmington, Delaware 19801	Rochellda Adderley- 302-472-9622x 23
University of Delaware Wellspring	Thursday, April 19 th , 2012	7:00 PM	231 S. College Avenue, Newark DE 19716	Regina Dixon- 302-831-3115
La Esperanza Community Center	Friday, April 20 th , 2012	5:30-7:30PM	216 North Race Street, Georgetown DE 19947	Frannie Esparza 302-854-9262 x.28
Edgemoor Community Center	Wednesday, April 25 th 2012	7:00-8:30PM	Wilmington Police Athletic League- 3707 North Market Street, Wilmington	Scott Borino 302-762-1391
Edgemoor Community Center	Thursday, April 26 th , 2012	7:00-8:30PM	500 Duncan Road Suite A. Wilmington DE 19809	Scott Borino 302-762-1391
Kent County Action Prevention Coalition/ Kent Sussex Counseling Services	Saturday, April 28 th , 2012	12:00PM-2:00PM	Capital Park Community Center 2 North Capital Drive Dover, DE 19901	Star Fuentes 302-672-8235
Each 1 Teach 1	Monday, April 30 th , 2012	5:30-7:30PM	19 Lambson lane New Castle DE 19720	Alyson Lang 302-245-8744
Rose Hill Community Center	Monday, April 30 th , 2012	6:00-8:00 PM	19 Lambson lane New Castle DE 19720	Deb Deubert 302-656-8513
Cab Calloway School of the Arts	Wednesday, May 2 nd , 2012	7:00PM	100 North Dupont Road Wilmington, DE 19807	Tammy Petrucelli 302-651-2700
Charter School of Wilmington	Thursday, May 2, 2012	6:00 PM Room 321	100 North Dupont Road Wilmington, DE 19807	Yvonne Johnson- 302-651-2727
Neighborhood House	Thursday, May 24 th , 2012	5:30PM-7:30PM	1218 B Street Wilmington DE 19801	Ken Davis 302-652-3928
Open Door Inc.	Thursday, May 24 th , 2012	6:00PM-8:00PM	118 South Sixth Street Odessa DE 19730	Alana Wilder 410.398.4060

Save The Dates!

-Delaware Prevention Advisory Committee Meeting- Wednesday, June 27th, 2012

-Fetal Alcohol Spectrum Disorder Task Force Meeting- Tuesday, June 26th, 2012

-Fetal Alcohol Spectrum Disorder Awareness Training for Professionals- Wednesday, September 26th, 2012

-Delaware's 1st Fetal Alcohol Spectrum Disorder Conference (Tentative)- March 2013

Contact Information

Go to

<http://dhss.delaware.gov/dhss/dsamh/prevention.html> to see The Division of Substance Abuse and Mental Health's Prevention Website to receive news on upcoming events, past events and prevention resources.

Need prevention resources?

Go to The Division of Prevention and Behavioral Health Services Resource Center website

<http://www.deprc.com/>

For more information on the Substance Abuse and Treatment Block Grant (SAPT BG) please contact: **Prevention Specialist/NPN Representative- Isabel.Rivera-Green@state.de.us (302)255-4722.**

For more information on the Strategic Prevention Framework- State Incentive Grant (SPF-SIG) please contact: **SPF-SIG Project Director- Cecilia.Willis@state.de.us (302) 255-9433**

We encourage feedback on *The Delaware Substance Abuse Prevention Newsletter.*

Please send an email to DSAMH's Prevention Team's email address with questions and feedback to

Amaka Aneke at

Uzoamaka.Aneke@state.de.us

SAMHSA 2012 Town Hall Meeting Pictures!



Participants of the La Esperanza Town Hall Meeting Against Underage Drinking gather to take a photo together.



Speaker Chris Herren takes a photo with student athlete Jarvis Threatt at the University of Delaware Wellspring Town Hall Meeting.