

# Delaware's Prevention Newsletter

*Increasing Knowledge, Skills, and Awareness to Prevent Substance Use, Misuse, and Abuse among Delawareans across the Lifespan*

Spring/Summer 2011

ISSUE #3

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## Newly Formed Fetal Alcohol Spectrum Disorder Task Force

The Division of Substance Abuse and Mental Health (DSAMH) is leading a newly formalized effort on Fetal Alcohol Spectrum Disorders (FASD) throughout the state. On May 25<sup>th</sup> DSAMH convened a meeting with the technical support from SAMHSA's FASD Center for Excellence representatives: Ms. Sharon Dorfman and Mr. Dan Dubovsky. The mission of the Delaware FASD Task Force is to provide leadership and foster effective collaboration in addressing FASD prevention and intervention statewide. If you support our mission, we encourage you to join.

The Task Force will reconvene on July 13, 2011 from 9:30am to 3:30pm to meet new members of the FASD Task Force and to begin the development of a FASD Strategic Plan. For more information, please contact: Isabel Rivera-Green at 302-255-4722.



**DELAWARE HEALTH  
AND SOCIAL SERVICES**  
DIVISION OF SUBSTANCE ABUSE  
AND MENTAL HEALTH

## Congratulations to our Newly Credentialed Certified Prevention Specialists in Delaware!

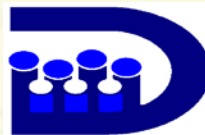
This past fall, the Division of Substance Abuse and Mental Health's (DSAMH) Prevention Team worked with the Delaware Certification Board (DCB) and the International Certification & Reciprocity Consortium (IC&RC) on developing the Certified Prevention Specialist (CPS) credential in the state of Delaware. The DCB approved this credential in October of 2010. As with new credentials, the DCB offered a "grandparent period" allowed individuals to apply for this credential without sitting for the IC&RC Prevention Specialist examination. Prevention professionals were eligible to apply for the CPS credential without examination from January 1 – March 31, 2011.

During November – January, DSAMH's Prevention Team coordinated three information sessions facilitated by Mary Jo Mather, the DCB and IC&RC Executive Director. These sessions reviewed the CPS application, as well as reviewed the benefits of obtaining the certification.

Upon review of all the CPS applicants, the State is happy to announce there are now **72** Certified Prevention Specialist's in Delaware.

DSAMH and the Division of Prevention and Behavioral Health Services (DPBHS) Prevention Teams will continue to work towards enhancing and building the prevention workforce in our state to allow more individuals the opportunity to apply for this credential, as well as sustain those who currently hold it.

See Page 2 for a list of Delaware's Certified Prevention Specialists!



Department of Services for Children,  
Youth, and their Families  
Division of Prevention and Behavioral  
Health Services

*Delawareans reaching their fullest potential*

*Always the Right Time, Always the Right Place, To Get the Right Service*

## Highlights from the 2011 DPBHS Prevention Forum

### Delaware's Certified Prevention Specialists

Rabia Ahmad  
Lanae Ampersand  
Jill Anderson  
Leslie Baker  
Claudette Bell  
Akosua Bempomaah-  
Akowuah  
Renee Boyer  
William Boyer, Jr.  
James Bratt  
Yvonne Bunch  
Joan Carr  
Nancy Jean Chase  
Abraham Cheluget  
Brenda Chisholm  
Malcolm Chisholm  
Brenda Cibroski  
Raymond Copp  
Deborah Cornelison  
Gregory Corrigan  
Christine Czajkowski  
Crystal Dalton  
Octavia Dryden  
Kenneth Dryden  
Martina Duffy  
Danielle Ennis  
Patricia Evans  
Little Star Fuentes  
Marce Garbett  
Mirna Garcia  
Roberta Gealt  
Tonya Guinn  
Sandra Hagans  
John Harper  
Vera Harris  
Lauren Hubbard  
Erin Isaacs

Wade Jones  
Alfonso Jones, III  
Pamela Justice  
Sachin Karnik  
Alicia Kendorski  
Alyson Lang  
Margaret Leister  
Judith McCormick  
Erica Melman  
Wanda Mullen  
Michael Nichols  
Norman Oliver  
Vincent Partridge  
Domenica Personti  
Janet Ray  
Catherine Riggs  
Isabel Rivera-Green  
Ruth Rono  
Joseph Sapp  
Dwayne Saunders  
Basha Silverman  
Megan Smiley  
Nicole Solomon  
Rhonda Swanson  
Brenda Timmon-Gunter  
Lorie Tudor  
Ana Velasquez  
Claire Vincent  
Patricia Walp  
Lynn Widdowson  
Bernie Wilkins  
Tammy Williams  
Harriet Williams-Glover  
Cecilia Willis  
NaTasha Wilson  
Sara Yarnall

*Congratulations to our Certified Prevention  
Specialists!*

On Monday, May 2<sup>nd</sup> and Tuesday, May 3<sup>rd</sup>, the 2011 Delaware Prevention and Behavioral Health Forum was held at the Sheraton Hotel in Dover. The conference featured 13 workshops and hosted talks by national and local experts from the fields of prevention, early intervention and treatment. Keynote Speakers included the Director of the Substance Abuse and Mental Health Administration (SAMHSA) Center for Substance Abuse Prevention (CSAP), Frances M. Harding and Dr. Richard P. Keeling, M.D., Principal and Senior Executive Consultant for Keeling and Associates, LLC.

Allen "Duffy" Samuels and Dannette Butler received the 2011, "Live the Village Awards" for their outstanding contributions to the field of prevention. Ms. Krysta Pritchett, a sophomore at Sussex Technical High School, received the 2011, "Build the Village Award" for her dedication to improving her community.



Over 500 people registered to attend the two day conference. Each attendee received a certificate with up to nine (9) content hours of education workshops and they took home a free gift provided by the Delaware's B.E.S.T. for Young Children and Their Families (Bringing Evidence-Based System-of-Care and Treatment) B.E.S.T. team.

Dr. Keeling's keynote address has been made available to all at:

<http://www.keelingassociates.com/news-item/2011/05/delaware-prevention-behavioral->

## DEA Drug Take Back Day

April 30, 2011

On April 30, 2011, the Drug Enforcement Administration (DEA) coordinated with state and local law enforcement agencies to remove potentially dangerous drugs from our nation's homes in the form of a national take-back day. The Drug Take Back initiative provided an opportunity for the public to surrender expired, unwanted, or unused pharmaceuticals and other medications to law enforcement officers for proper disposal.

Prior to the April 30<sup>th</sup>, DSAMH disseminated multiple emails promoting the initiative to a prevention distribution list reaching nearly 400 individuals throughout the state. These emails included information about prescription drug abuse, general information about the Take Back initiative, and location information for the take back sites in Delaware's three counties.

This year, the Philadelphia Division of the DEA coordinated the collection and destruction\* of more than **12 tons** of unused, unwanted, and expired controlled, non-controlled, and over-the counter drugs. Pennsylvania and Delaware combined led the nation with a **294%** increase from the first take back in September 2010 (for a total of **24,894.46 lbs** or drugs collected). Delaware's **30** registered take back sites collected a total of **4395.39 lbs**.

According to the 2009 Substance Abuse and Mental Health Administration's National Survey on Drug Use and Health more than seven million Americans currently abuse prescription drugs. Each day, approximately, 2,500 teens use prescription drugs to get high for the first time according to the Partnership for a Drug Free America. Studies show that a majority of abused prescription drugs are obtained from family and friends, including the home medicine cabinet. This drug take back initiative addresses a vital public safety and public health issue regarding the misuse and abuse of prescription drugs.

Delaware will continue to support the DEA drug take back initiatives.

\*In keeping America "green", all the drug/substances collected were incinerated in accordance with state regulations.

## Underage Drinking Town Hall Meetings

The Delaware Prevention Network Alliance held its third Town Hall Discussion to Reduce Underage Drinking on Wednesday, June 1, at the Police Athletic League in Hockessin. The guest speaker was Attorney General Beau Biden. This Town Hall meeting also featured the Division of Prevention and Behavioral Health Services underage drinking video for the Step Up campaign, and a panel presentation with representatives from the Division of Alcohol and Tobacco Enforcement and Christiana Care. A parent and youth discussion took place on the impact and consequences of underage drinking.

Attorney General Biden was also the guest speaker at the June 13th Town Hall meeting, at the Claymont Community Center. Previous Town Hall meetings were also held on Tuesday, May 17 at the Latin American Community Center and Tuesday, May 24, at Sussex Central High School. The overall purpose of these Town Hall meetings was to increase awareness of the prevalence and consequences of adults providing alcohol to minors and engage the community in discussing the issue. All of the Town Hall meetings were supported through the federal prevention set-aside of the Substance Abuse Prevention and Treatment Block grant managed by the Division of Prevention and Behavioral Health Services.

### THE 17th Annual COMMUNICATOR AWARDS

HONORING EXCELLENCE IN COMMUNICATIONS

*Time to Rethink, Teens & Drink* - Delaware's underage drinking prevention state video has won the award of Excellence for the **2011 Communicator Awards!** The Communicator Awards receives over 9,000 entries from companies and agencies of all sizes, making it one of the largest awards of its kind in the world. Winning entries for the Communicator Awards are selected by the International Academy of the Visual Arts. This video was produced under the Substance Abuse and Mental Health Services Administration's (SAMHSA's) Underage Drinking Prevention Education Initiative in collaboration with the Division of Prevention and Behavioral Health Services (DPBHS). The Video is noted in the Winners List here: <http://www.communicatorawards.com/winners/list/?l=I&event=6&category=2&award=E>

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## Upcoming Events

### 40<sup>th</sup> Annual Summer Institute *Innovations and Outcomes*

This year's 40<sup>th</sup> Annual Summer Institute on Substance Abuse and Mental Health, an annual week-long conference, will take place on **July 25-29, 2011** at the Embassy Suites, in Newark, Delaware. The Institute brings in internationally and nationally renowned faculty to present on new and emerging evidence-based and best practice approaches. Participants of the Institute are engaged in learning new skills and honing the skills that they use every day.

This year, DSAMH is excited to announce, workshops focused on substance abuse prevention are included in the Institute! Below is a list of the prevention sessions available at the 40<sup>th</sup> Annual Summer Institute:

- Improving Outcomes: Prevention and Treatment of Fetal Alcohol Spectrum Disorders (July 25)
- Ethics for the Prevention Profession (July 25)
- An Environmental Approach to Substance Abuse Prevention: Planning for Sustainability (July 26-27)
- Building an Effective Coalition Using the Strategic Prevention Framework (July 28-29)

Additional workshop sessions and registration information can be found at:

<http://dhss.delaware.gov/si09/traininginstitute.html>

If you have questions about the Institute, please contact the DSAMH Training office at 302-255-9480 or via email at [dsamh.training@state.de.us](mailto:dsamh.training@state.de.us).



### 4<sup>th</sup> Annual Teen Summit *Hollywood Invades Delaware*

On Saturday, **August 6, 2011**, 11:00 AM to 3:00 PM, the Delaware Prevention Network Alliance, a coalition of 10 community organizations statewide that promotes advocacy for prevention by implementing prevention curricula, providing program guidance and coordinating services and resources for youth and their families, will host the 4<sup>th</sup> Annual Teen Summit at the Double Tree Hotel in Wilmington, DE as a part of the 2-day series of events known as, "Hollywood Invades Delaware."



The Summit is an opportunity for teens and their families (parents/guardians) to be exposed to current issues facing today's teens. Teens will engage in interactive, open dialogue workshops facilitated by their peers on topics of interest such as underage drinking and prescription drug abuse, dating and relationships, and financial issues. The Summit will provide teens a voice to articulate these issues in their community and with their peers. Teens will learn information that will encourage positive and critical thinking skills and promote self-respect and self-esteem.

DPNA and the Division of Prevention and Behavioral Health Services are currently holding statewide focus groups with teens to gather input on possible discussion topics and celebrity guest. The first was held in Dover on Wednesday, June 1, 2011 at the Greater Dover Community Foundation Building, and the second in Georgetown on Wednesday, June 8, 2011 at the First State Community Action Agency Offices. So far, we have received input from 19 youth in Kent and Sussex Counties. A third focus group will be held with teens in New Castle County on Thursday, June 16, 2011 at the Edgemoor Community Center.

Information and updates on the event are being made available at [www.hollywoodinvadesdelaware.org](http://www.hollywoodinvadesdelaware.org). Fliers, posters and other promotional information will be made available soon. Please feel free to forward questions to [Chiara.fox@state.de.us](mailto:Chiara.fox@state.de.us).