

Delaware Strategic Prevention Framework State Incentive Grant

Year-to-Date Summary Report

January 19, 2011

The Delaware Strategic Prevention Framework-State Incentive Grant (SPF-SIG), awarded in July, 2009, is a five year cooperative agreement between the Office of the Governor and the Substance Abuse Mental Health Services Administration - Center for Substance Abuse Prevention (SAMHSA/CSAP). The grant is administered through the Delaware Department of Health and Social Services' Division of Substance Abuse and Mental Health (DHSS/DSAMH).

States must provide funding at the community level utilizing the Strategic Prevention Framework (SPF) five step planning process. The Five Steps of the Framework are as follows:

1. *Assessment*: Profile population needs, resources, and readiness to address needs and gaps in service delivery;
2. *Capacity Building*: Mobilize and/or build capacity to address needs;
3. *Planning*: Develop a comprehensive Strategic Plan;
4. *Implementation*: Implement evidence-based prevention programs, policies, and/or practices;
5. *Evaluation*: Monitor and evaluate programs, policies, and practices.

The goals of the SPF-SIG initiative are to provide funding to States in order to:

- Prevent the onset and reduce the progression of substance abuse, including childhood and underage drinking;
- Reduce substance abuse-related problems; and
- Building prevention capacity and infrastructure at the state and community-level.

Delaware's SPF-SIG Vision and Mission are as follows:

Vision

Delaware's statewide substance abuse prevention system will be created utilizing the Strategic Prevention Framework.

Mission

The mission of the Delaware Strategic Prevention Framework – State Incentive Grant (SPF-SIG) is to create a culturally competent, evidence-based, statewide, substance abuse prevention system that is relevant to and sustainable at the community level.

Milestones:

During the first year and a half of the grant, Delaware made incredible strides in meeting and/or exceeding the designated milestones specified in the grant award.

These milestones include, but are not limited to:

- Hired SPF-SIG Staff, Project Director and Project Manager;
- Formed the SPF-SIG Advisory Council (DAC);
- Formed the Evidence-based Practices (EBP) and Cultural Competency workgroups; and

- Completed an initial needs assessment (2009 Epidemiological Profile).

The development of SPF-SIG priorities are fundamental in developing the comprehensive, culturally competent, substance abuse prevention strategies that sub-recipients will implement with SPF-SIG funds. The priorities, as identified and approved by the DAC are as follows:

- Reduce past month alcohol misuse and abuse of Delaware residents, 12-25 years of age. Indicators of change may include, but are not limited to: a decrease of underage and binge drinking (consumption), alcohol related traffic crashes, death, and/or injuries (consequences).
- Communities that identify an additional substance related priority must provide state epidemiological data to justify its approval.

These accomplishments have played an integral role in the development the Delaware SPF-SIG Strategic Plan. The State's SPF-SIG Strategic Plan on October 28, 2010.

To ensure continuity and fidelity to the SPF-SIG process, nationally and locally, the following Training and Technical Assistance opportunities have been provided to SPF-SIG staff, members of the DAC and related prevention professionals throughout the State:

- *Strategic Prevention Framework*: October 30, 2009, Ms. Lourdes Vazquez, NE RET Training and Technical Assistance Specialist, provided DSAMH, SPF-SIG Project Staff and the DAC with training on the fundamentals of the Strategic Prevention Framework (SPF). This training included a comprehensive overview the foundation of the SPF-SIG program, the five steps of the SPF, as well as general roles and responsibilities of the Advisory Council and Workgroup members.
- *Systems Assessment*: December 1, 2009, Ms. Vazquez provided DSAMH and SPF-SIG Project Staff with technical assistance to complete a prevention systems assessment and provide guidance in the development of community level training and technical assistance.
- *Cultural Competence*: August 9 – 11, 2010, the NE RET collaborated with the Central Regional Expert Team (CE RET) to provide two and a half days of training on Cultural Competence. The trainings were facilitated by Mr. Tracy T. Johnson, Central Regional Expert Team Coordinator, and Ms. Kara Endsley, Central Regional Expert Team Associate. This set of trainings sought to accomplish the following objectives:
 - Enhance participant understanding of cultural competency;
 - Increase knowledge of the core components of cultural competency to be integrated into current practices; and
 - Identify strategies to engage and ensure community integration of Cultural Competency within the SPF process.
 - **August 9, 2010**, training was held for the Full (voting) members of the Delaware Advisory Council (DAC) at Appoquinimink State Service Center (Middletown, DE). There were 13 participants at this training, DSAMH Staff, as well as Delaware's SPF-SIG Federal Project Officer. As this training was open to only DAC members, this training focused on how Cultural Competency is integrated into each of the SPF steps, and the role the Advisory Council plays in ensuring this is met throughout the process.

- **August 10, 2010**, training was held for community-based substance abuse prevention professionals at Delaware Technical and Community College (Wilmington, DE). There were 45 participants at the Wilmington training.
- **August 11, 2010**, training was held for community-based substance abuse prevention professionals at the Dover Sheraton (Dover, DE). There were 49 participants at the Dover training.
- *Evaluation- Scope of Service, Community Models and Data Utilization:* September 13, 14, 2010, Dr. Wayne Harding – MA SPF-SIG Lead Evaluator and CAPT Chief Evaluator; Chuck Klevgaard, Regional Coordinator NE CAPT and Lourdes Vasquez provided a two day training that focused on overall project evaluation; local evaluation models; collection and utilization of data and strategies for engaging communities to participate in the SPF-SIG process.
- *Functionality of the SEOW:* September 30, 2010, Dr. Rene Boothroyd, Evaluation Consultant, Ms. Lourdes Vazquez, NE RET Training and Technical Assistance Specialist,

Data Collection:

In August 2010, the SPF-SIG Project Staff developed and distributed an assessment survey statewide to identify the training and technical assistance needs at the community level. The goal of the survey was to assist in developing a master Training and Technical calendar that accurately reflects the needs expressed by local communities.

The survey will be administered annually to assess the needs and revise the calendar accordingly.

In May, 2010, the Evaluation Team developed and administered a Community Needs Assessment Survey and a Community Resource Assessment to help determine the capacity within communities to identify substance abuse prevention needs and to help determine the prevention resources currently available and the gaps in services to be filled through the SPF-SIG project.

Professional Development:

Qualified staff and a well informed Advisory Committee are essential to the long term success of any project effort. SPF-SIG is no exception. During the past twelve months, SPF-SIG Staff, DAC members have participated in the following professional development events:

- SPF-SIG New Grantees' Meeting, Cohort IV (November, 2009 – Rockville, MD)
- SPF-SIG Cohort III/IV Cross-Site Evaluation Conference (November, 2009 – Rockville, MD)
- SPF-SIG National Grantees' Meeting Cohort II, III, IV (May, 2010 – Rockville, MD)
- Building Fetal Alcohol Spectrum Disorders State Systems Conference (May, 2010 – Nashville, TN)
- Changing Communities for the Better (June, 2010 – Dover, DE)
- Northeast Regional Technical Experts Panel Meeting (July, 2010 – Boston, MA)
- SPF-SIG Cohorts III/IV Cross-Site Evaluation Conference (August, 2010 – Baltimore, MD)
- Regional Technical Assistance Academic on Underage Drinking (January, 2011 – Providence, RI)

In addition to the professional development of staff and council members, the Delaware SPF-SIG seeks to build the prevention infrastructure in the state and offer capacity building opportunities at the community level.

On behalf of the Delaware Certification Board (DCB) and DSAMH, the State announces the availability of a new substance abuse prevention credential. The Certified Prevention Specialist (CPS) credential is for the professional who facilitates and promotes positive growth in self, specific populations (i.e. groups at risk developing drug and alcohol problems), and the community at large. This professional uses specific knowledge and skills to design, implement and evaluate programs aimed at precluding or reducing problems caused by the use of alcohol and other drugs. This is an international credential that is recognized throughout the world via reciprocity.

A grandparent application process for the Certified Prevention Specialist (CPS) will be available to anyone meeting the requirements effective from January 1, 2011 until March 31, 2011 without testing. After March 31, 2011, anyone applying for the CPS credential from that date on will have to take the IC&RC prevention specialist written exam. The final information session regarding the process is scheduled for January 28, 2011 at Appoquinimink Service Center

The Delaware SPF-SIG in partnership with the SAPTBG will support the CPS credential by offering community based trainings statewide to build the capacity of our prevention professionals throughout the lifespan of the grant.

Next Steps:

While much has been accomplished, much is left to be done. The following are the highlights of those events:

- Panel Participant at Community Day for the Community Anti-Drug Coalitions of America's 21st Annual National Leadership Forum (February 2011)
- Hire program monitors and T/TA program coordinator
- Awards to sub recipients (Planning and Implementation grants)
- Development of community evaluation model
- Preparation of guidance documents for sub recipients (application process; strategic planning, evaluation)
- Assessment of statewide prevention efforts
- Development of statewide Training and Technical Assistance calendar