


# Join the Office of Women's Health as we celebrate women in a "Healthy Woman Art Contest"

The contest is open to all artists - amateur and professional.  
The theme of the contest is "What is a healthy woman?"


Entries will be accepted beginning **May 15, 2013, through August 15, 2013**. Entrants may submit only one piece of work into the contest. The contest will consist of two art mediums - either a written piece (essays, poetry, songs, etc.) or two dimensional (2D) art (photos, paintings, drawings, etc.). The pieces will be judged in two age brackets, youth (17 and under) and adults.

**Judging:** The panel of judges will be Division of Public Health Staff. They will select the top 12 entries for essays and the top 12 entries for 2D art. There will be six youth essay winners and six adult essay winners, as well as six youth 2D art winners and six adult 2D art winners. Of the 24 finalists; one adult essay, one youth essay, one adult 2D art, and one youth 2D art will be announced grand prize winners in November 2013. All 24 winning artworks will be published in a **2014 Office of Women's Health Calendar** and acknowledged in the **Office of Women's Health Newsletter**. Each month will feature a writing piece and a 2D art winner.



**Requirements:** All participants must adhere to the Delaware Office of Women's Health Art Contest Rules and Guidelines found within this document. All images must be submitted by using the art contest form with this document. All artwork entries must be submitted by the original artist. All writing pieces must be 300 words or less. 2D art must be no larger than 8" x 10", with no frames or mats and no markings or signatures on the front or back. Normal processing of RAW image files, minimal cropping and minor adjustments to color and contrast are acceptable. Images that involve harmful or explicit content should not be submitted and will not be accepted.

**The entrant must hold all rights to the photograph and must not infringe on the rights of any other person. Entries will not be returned and become the property of the Office of Women's Health solely for publication within the 2014 calendar. By submitting any artwork, entrants grant permission to the Delaware Office of Women's Health to edit, publish and reuse the image.**





FREE Contest Entry

**Eligibility:** All entrants must be Delaware residents with a valid Delaware address. Members of the judging panel and their relatives are not eligible to submit entries.

**Submission:** Submissions for the writing category should be in Word.doc or PDF format and 2D artwork should be photographed or scanned and sent as a JPEG or PDG. Email entries to [Glenda.Krause@state.de.us](mailto:Glenda.Krause@state.de.us) or send postal mail entries to:

Glenda Krause  
OWH Art Contest  
417 Federal Street  
Dover, DE 19901

Anyone with original artwork who is unable to send in the above manner may come into the OWH, at the Jesse Cooper Building, 417 Federal Street, Dover, DE, and staff will scan the submission for you.

**Property Insurance for Entries:** All contestants are hereby notified of the advisability of obtaining adequate property insurance coverage for their respective entry. The Office of Women's Health will not insure the entries that are received. The Office of Women's Health is not responsible for damage in the mail or loss by fire or theft.

**The Office of Women's Health:** The Office of Women's Health is committed to the ongoing health and well being of all Delaware women and girls. The Office was designed to address women's health issues across their lifespan through forums, programs, and initiatives designed to educate the public regarding women's health and healthy lifestyles. For more information, visit the official OWH website at [www.dhss.delaware.gov/dhss/dph/](http://www.dhss.delaware.gov/dhss/dph/) and click on Sections and Programs, then Women's Health. You may also call our office at (302) 744-4703.

We look forward to  
seeing your amazing  
works!