

IMPACTS OF THE COVID-19 PANDEMIC ON DELAWARE HIGH SCHOOL STUDENTS

When you know their behaviors, you can learn how to help.

Delaware's Youth Risk Behavior Survey (YRBS) is conducted every other year (odd years) and helps to measure the progress our schools are making to address key behavioral areas. Your school can use the data collected to make a difference in students' lives. Below, you'll find that the COVID-19 pandemic didn't just limit the ways students learned and socialized — it also affected their behavior.

Based on the 2021 Delaware YRBS

29.6% drank more alcohol during the COVID-19 pandemic.



35.2% reported a decline in their mental health during the COVID-19 pandemic.



37.6% used more tobacco and vaping products during the COVID-19 pandemic.



**Be sure your school participates in the Delaware YRBS.
Learn more: HealthyDelaware.org/Activate.**