

SUBSTANCE AND ALCOHOL USE AMONG DELAWARE HIGH SCHOOL STUDENTS

When you know their behaviors, you can learn how to help.

Delaware's Youth Risk Behavior Survey (YRBS) is conducted every other year (odd years) and helps to measure the progress our schools are making to address key behavioral areas. Your school can use the collected data to help keep students on the right path and away from high-risk behaviors. Below are the reported substance use statistics for the state of Delaware.

Based on the 2023 Delaware YRBS



2.2% currently smoke cigarettes.*



19.9% currently drink alcohol.*



18.3% currently use an electronic vaping product.*



18.2% currently use marijuana.*

*Current use means using a substance one or more times during the 30 days prior to the survey.



**Be sure your school participates in the Delaware YRBS.
Learn more: HealthyDelaware.org/Activate.**